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Volume 60 Issue 20



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October 21, 2021

**INSIDE**  
This Issue



COS wanted to be a pilot after joining CAF Page 4



Nellie McClung honoured in Wawanesa Page 6



Base tailor busy with Nov. 11 alterations Page 8

**Want to play water polo?**



Fitness and sports instructors Yuko Onosato and Janna Dzubinski (with ball) battle for position during a morning water polo game at the GSH pool. Dzubinski fires the ball on goaltender Darris Hardern (inset) during a spirited game of three-on-three.

Photos Jules Xavier/Shilo Stag

**Jules Xavier**  
Shilo Stag

Taking careful aim, sports and recreation co-ordinator Andy Depner fired the ball with deft accuracy, beating the goaltender's outstretched arms for the first of many goals.

Fitness and sports instructor Janna Dzubinski was between the pipes, just missing the ball fired her way after it deflected off the pool surface. She had replaced fellow fitness and sports instructor Darris Hardern as goaltender following previous forays on offence.

Depner, Hardern and Dzubinski and other PSP staff were in the GSH pool on a Monday morning, introducing water polo to the *Shilo Stag*.

Depner introduced water polo to the Base in mid-September, opening the pool every Wednesday at 7 p.m. for anyone interested in trying a new water sport.

What is water polo?

It's a competitive team sport played in water between two teams of seven players each. The game consists of four quarters in which the two teams attempt to score goals by throwing the ball into the opposing team's goal.

The team with the most goals at the end of the game wins the match.

Water polo has been part of the Summer Olympics since 1900 for men, while women started playing in 2000.

The sport was created in the 19th century in Scotland.

A full-contact sport, besides swim attire, the equipment used includes a water polo ball, two nets and players wear water polo caps in order to know where their teammates are in the water.

Depner would like to grow the sport on this Base, and enjoys his time in the pool playing against his fellow GSH staffers and anyone else looking to try water polo.

"I have seen water polo be very successful as an intramural in my other roles before working at this Base, and wanted to try to bring it to Shilo," explained Depner.

"I think there's a perception [water polo] is an intense aquatic game, and not something that would be easy for beginners."

See **FLOTATION** page 8





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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at [stag@mymts.net](mailto:stag@mymts.net), dropped off at the Stag office located in CANEX or via Inter-base mail.

**Submitting articles and photos for print:**

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a cutline which names the individuals in the photo; what's taking place; and the name, rank, and unit of the photographer.



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# RCA will award Royal gift for 'exemplary leadership'

## Queen presents Captain General's sword

### Stag Special

Members of The Royal Regiment of Canadian Artillery United Kingdom Public Duties Contingent (RCA UK PDC) began their month-long public duties earlier this month in London and Windsor with Changing of the Guard ceremonies held at Buckingham Palace and St. James's Palace.

From Oct. 4 to 22, the 90 soldiers of the RCA UK PDC will comprise the Queen's Guard at the four Royal residences in the London District – Buckingham Palace, St. James's Palace, Windsor Castle and the Tower of London.

The honour marked the first time the Regiment had undertaken these duties and was the first overseas Guard Mount since the start of the pandemic.

For the mount and dismount ceremonies, which will occur several times throughout the month-long tasking, the Queen's Guard will be accompanied by the 36-person RCA Band, based at Garrison Edmonton.

The Queen's Guard are soldiers and officers charged in support of the civil authorities with guarding the Sovereign and the official royal residences in the UK.

The RCA UK PDC was invited by Queen Elizabeth II to form the Queen's Guard to honour and commemorate the 150th anniversary of the formation of The Royal Regiment of Canadian Artillery (RCA) A and B Batteries.

The founding of A Bty (in Kingston, Ont.) and B Bty (in Quebec City) of 1RCHA in 1871 led the way for Canada's professional Army. It allowed Canada to bear responsibility for its defence and laid the groundwork for political autonomy.

This opportunity to conduct Public Duties perpetuates the tradition of Commonwealth soldiers working closely with the British Armed Forces while demonstrating the professional capabilities of The Royal Regiment of Canadian Artillery and the Canadian Armed Forces (CAF) in an international setting.

"This is truly a once in a lifetime opportunity for our sol-

diers and they are embracing every moment of it. While training and preparations leading up to this were at times long, when Canadian soldiers marched onto the forecourt of Buckingham Palace, they truly felt the full magnitude of their duties," said RCA UK PDC Guard Commander Maj Michael Crosier.

"This is not something that is by any means a common task for Canadian Armed Forces members and it is an honour and a privilege to be here as a member of the Queen's Guard."

RCA UK PDC Sergeant Major MWO Jason Power added, "This is the first time that The Royal Regiment of Canadian Artillery has had the privilege of undertaking Public Duties in the United Kingdom. It is quite the honour, especially with this month being the 150th anniversary of the forming of the Regiment's A and B Batteries."

At Windsor Castle, the Queen visited the Guardroom to speak to soldiers from 1RCHA who are on guard at the castle.

After speaking to the soldiers, she presented the Captain General's sword to representatives of the Royal Regiment of Canadian Artillery on the parade ground.

The sword will be used annually to recognize "exemplary leadership in the rank of captain" by an officer selected from each of the Royal Regiment's Regular and Reserve Force components.

### Quick Facts

- Queen Elizabeth II holds the Royal Appointment of Captain General for The Royal Regiment of Canadian Artillery and in this capacity serves as the ceremonial head of the Regiment.
- In addition to guarding the official Royal residences in the London District, the RCA UK PDC participated in ceremonial events supporting the 150th anniversary of the formation of A and B Batteries while in the UK.
- 1RCHA was one of Canada's first military units, formed as the Regiment of Canadian Artillery (RCA) in 1883.



RCA Col Comdt BGen (Ret'd) JJ Selbie looks on as the Queen talks about the Captain General's sword which was presented at Windsor Castle. Observing from the back is Captain of the Guard Maj Mike Crosier (beard). The Queen (inset) had a chance to meet with 1RCHA soldiers.

Photos Capt Natasha Tersigni



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# ICCM here to help military members navigate difficult situations today, everyday

**Maj Peter Fuerbringer**  
Stag Special

The ability to work in a healthy, safe and respectful workplace is the right of every Defence Team (DT) member.

Each year, International Conflict Resolution Day (ICRD) is observed on the third Thursday in October, offering DT members a natural opportunity to take stock of the conflict resolution resources available in case they, a colleague, or a subordinate are in need.

The Integrated Conflict and Complaint Management (ICCM) team is available to help Defence Team members resolve workplace conflicts or complaints they may be facing, as well as give chains of command better awareness of the workplace climate and potential systemic issues within their fields.

Additionally, ICCM is helping to modernize the way DND/CAF deals with conflict and complaint resolution through ongoing updates to harassment and resolution tools and policies, online training opportunities, and initiatives to streamline the grievance process.

ICCM services are available to all serving members of the

CAF.

In addition, all DND civilians can access local Conflict and Complaint Management Services (CCMS) for Alternative Dispute Resolution, assistance with workplace conflicts where CAF members are involved, and to obtain specialized training in conflict resolution skills and strategies.

Wondering how you can use ICCM's services?

Simply reach out to one of the sixteen different CCMS offices located across Canada! Our agents can provide local information, guidance and support in order to help resolve your conflict or complaint.

The CCMS offices are designed to assist you to resolve conflicts early, locally and informally, and provide the tools necessary to create and sustain healthy and safe workplaces.

Health, wellness and the safety of our Defence Team are a top priority within the CAF and DND. Harassment, grievance, or failure to uphold human rights in any form is incompatible with the values and culture of National Defence.

To find out more about ICCM's services and support to Defence Team members, visit us online <https://www.canada.ca/en/departement-national-defence/programs/integrated-conflict-complaint-management.html>

*Maj Peter Fuerbringer/ICCM PAO-VCDS*

# STAR program established for kids

**Ryan Cane**  
Stag Special

Children and youth from military families can be some of the most resilient kids out there.

But they also face a number of unique challenges such as: repeated relocation; absences of one or both parents due to work; parental deployments to volatile areas; and unpredictable work hours for their parent(s).

All of this can represent sources of stress that regular kids never have to worry about in their day-to-day lives.

Young people's resilience is determined by the interplay of their individual characteristics — including skills they have developed — the characteristics of the families in which they live, and the characteristics of their physical and social environments.

Meaningful participation in the home, school and community contributes to the resilience of children: it increases their sense of connection while decreasing their sense of isolation.

Everyone needs skills and supportive people in their lives

to help cushion them from problems they may encounter. Introducing even a few positive elements into their lives can shift the balance and help many children and youth flourish.

STAR is a new resilience-based program for children of military families, and it's free. It builds self-esteem and leadership skills and allows children to grow and thrive: physically, emotionally and mentally.

"In between the arts and crafts, games and activities, something special happens. Friendships blossom, self-confidence emerges, independence grows, and through it all, children build resilience to help them face new challenges as they grow up," said PSP vice-president operations Ben Ouellette. "We are empowering children to lead healthier, happier lives by helping them learn how to handle life's curve balls."

Registration for CFB Shilo with limited spaces will occur sometime next month once staff are in place. Priority registration will go to children from families affected most by the military lifestyle — dad or mom are currently deployed. Don't miss out on this great opportunity. Visit [www.facebook.com/shiloFSandR/](http://www.facebook.com/shiloFSandR/) to learn about start-up date.



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## CAF veteran serves community

Former 1RCHA Sgt (Ret'd) David Castellanos has teamed up with Tracey Moore as the two are military relocation specialists working for Sutton-Harrison Realty. They visited CANEX recently to meet with military members who might be posted next summer and are looking to put their homes on the market. This real estate team provide service in English and Spanish.

*Photo Jules Xavier/Shilo Stag*

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- NOV. 19 VS MOOSE JAW 7 PM
- NOV. 23 VS SWIFT CURRENT 7 PM
- NOV. 26 VS MEDICINE HAT 7 PM





# Taking flight as pilot did not come to fruition for Maj Scott Youngson

## COS left RCAF during training, switching to artillery

**Jules Xavier**  
Shilo Stag

As a child, Maj Scott Youngson played "Army man" with his friends.

However, when he chose a career path in the Canadian Armed Forces (CAF) it was the RCAF which garnered his attention — following in his father's footsteps.

However, taking flight as an RCAF pilot did not work out for Maj Youngson. Instead, the RCA benefitted from the decision made by the Base's newest COS to find a different CAF trade.

Born in Moose Jaw, SK, the RCAF brat lived in Bushell Park in 15 Wing's RHUs until he was seven. His father Capt Jack Youngson retired from the RCAF in 1979, which saw a young Scott Youngson move to Regina where he grew up until joining the CAF in 1990.

Looking to learn more about the COS, and what the job entails for CFB Shilo, the Stag reached out to the former 1RCHA 2IC for a Q&A interview.

**Shilo Stag (SS):** Tell me about your introduction to the CAF, and how you went from RCAF to Army (artillery) — what made you choose a military career, and why initially RCAF? Why the decision made to re-muster and switch to artillery? Was it an easy transition?

**Maj Scott Youngson (SY):** "Even though I spent my first years on an Air Force Base, I always played 'Army man' with my friends. I was focused on sports throughout high school and didn't think about joining the military until the middle of Grade 12.

"A first-year Cadet from the Royal Military College gave a presentation on the Regular Officer Training Plan [ROTP] — and I was hooked and enrolled as a pilot in June 1990. After graduating from RMC in 1995, I was posted to 15 Wing Moose Jaw for the Basic Flying Course on the CT-114 Tutor.

"Three-quarters of the way through the course, I found myself looking for another trade. I discounted the Combat Arms because I was 'old,' and since the other trades I was interested in were closed, I transferred to the Primary Reserves as an Artillery Officer.

"After working eight years as a full-time recruiter ... and part-time with 10th Fd Regiment ... I component transferred back the Regular Force and was posted to 1RCHA. The transitions from the Reg Force, to the PRes, and back to the Reg Force were all fairly seamless, and each fit well within my family dynamic at the time."

**SS:** Tell me about your family history when it comes to serving their country and why choose to join the military? Are there any parallels to your own career?

**SY:** "I'm not positive on the history of my mother's side, but I come from a line of soldiers on my father's. Even though he was underage, my grandfather William John Youngson [68th 'Overseas' Battalion] enrolled Sept 1915, and then my great-grandfather William Youngson [239th Battalion, CEF, enrolled Aug. 1916] enlisted for the First World War and survived combat.

"My father enrolled with the RCAF in Nov. 1947 and served from BC, to PEI, to the NWT and the Yukon during his 31 years. He began as a radar operator and retired in 1979 as a Personal Administration Officer at 15 Wing Moose Jaw as 2 CFFTS' adjutant.

"Over his career, he was involved in operations and training, employed as a Russian language instructor, a SAGE Weapons Director, and spent significant time at the Air Defence



A young Scott Youngson dressed up as an "Army man" alongside his sister Nola.

Photos supplied

Command HQ and the NORAD Region HQ.

"We all had very different reasons for joining, and varying experiences throughout our times in uniform. The one parallel is we all made the choice to serve our country, and in doing so, experienced many unique and exciting situations."

**SS:** What are some of the highlights in your military career — deployments et al?

**SY:** "Two highlights in my career were my deployments to Afghanistan. In 2009-10, I spent seven months in Zhari as the Forward Observation Officer/Forward Air Controller (FOO/FAC) for 3VP's Operational and Mentor Liaison Team (OMLT).

"I saw some of the worst days of my life, but also had some of the best days with our team I deployed with. Combat with the enemy was balanced by meeting with local families and the other Afghan people. This was an exciting tour as I was finally doing what I had trained for as an Artillery Officer.

"Another highlight was on my deployment to KABUL in 2016-17 as the Acting Com-



A young Maj Scott Youngson (left) when he was honing his flying skills at Portage La Prairie during his early years in the CAF with the RCAF. Switching to a career with the RCA, Maj Youngson posed with two brothers (below) while out on patrol during one of his deployments in Zhari in 2010 during the Afghan War.

mander of Op AD-DENDA. Our mission was providing the close protection of the Canadian Ambassador to Afghanistan. This was a valuable experience as I worked closely with the embassy staff on topics such as security, training, and developing SOPs with the local Quick Reaction Forces.

"During the six weeks I was deployed, I gained an appreciation for the importance of our embassies overseas, how they operated, and learned a little bit about Global Affairs Canada.

"Most notably though was being able to help Canadians this spring [when I was 2IC]. As part of Op VECTOR, 1RCHA was tasked with enabling the vaccination campaign in Manitoba's northern communities. Our team consisted of members from the Regiment, Health Services, and because we had to fly in and out of all these communities, an Air Task Force from the RCAF consisting of two Twin Otters, two Chinooks, a Hercules, and their support personnel.

"Since many of our personnel came from all across Canada, this was a challenging operation to plan. It was extremely rewarding to participate from the planning process through to the execution, and see the good that TF AURORA brought to our neighbours.

"Finally, I can't think of too many people, other than pilots, who have soloed in a jet."

**SS:** When people think of Chief of Staff, what is the role of the COS in the military hierarchy? What does a COS do working alongside the Command Team under BComd LCol Chris Wood's leadership?

**SY:** "Probably the most important aspect of being the COS is ensuring the efficient operation of our Base. This is critical because it not only affects our unit internally, but all the lodger units who are supported by CFB Shilo.

"I can facilitate this by ensuring our branch heads have the resources they require, and by co-ordinating our overall effort so the BComd's intent is achieved. This will ensure the day-to-day 'tactical' operations are conducted smoothly, leaving LCol Wood free to focus on higher level issues as well as the future.

"As the COS, I do not hold a command position on a daily basis, but when the BComd is away or unavailable, I act on his behalf to ensure decisions are made and direction is given."

**SS:** What was being part of 1RCHA and its history like when you switched from RCAF to Army artillery?

**SY:** "I was aware many Army units held battle honours, and when I joined the Royal Regiment, it instilled great pride to learn one of our mottos is UBIQUE. Translated, it means 'everywhere,' and was given to take the place of battle honours because of the widespread service in all battles and campaigns fought."



Maj Scott Youngson's father Capt Jack Youngson retired from the RCAF in 1979. Like father, like son, Maj Youngson initially was looking at a career as a pilot with the RCAF before he left three-quarters of the way through his course at 15 Wing Moose Jaw.

See **COS** page 5





Maj Scott Youngson stands on the tarmac in the Czech Republic (above) in 2009 during a break during a JTAC exercise. During his deployment to Afghanistan in 2009 he would carry 90-plus pounds of gear (right) while on patrol in Zhari.



# COS will miss deploying to field on Ex FROZEN GUNNER

From page 4

**SS: What are you missing when it comes to leaving 1RCHA to begin a new chapter in your military career?**

**SY:** "The biggest thing I'll miss is the tight knit family of the 1st Regiment. When soldiers work together, deploy overseas together, and share extreme hardship together, they forge an extremely tight bond."

**SS: What will you not miss — minus-42 Celsius out on Ex FROZEN GUNNER?**

**SY:** "LOL! I think Ex FROZEN GUNNER 2019 saw minus-54 Celsius with the windchill. Strangely enough, I'll miss deploying to the field, and even the sub-zero exercises in February. I've noticed the tempo and urgency of day-to-day operations is lower, and this has been a welcome change compared to the past seven years at the Regiment."

**SS: How have you adjusted switching from 1RCHA 2IC to Base-side COS working out of HQ?**

**SY:** "It's been an easy transition. The former COS [Maj Howie Nelson, now the G7 with 39 CBG HQ in Vancouver]

gave me a comprehensive handover, and then by participating in the Change of Command handover report to LCol Wood, I essentially had most of the 'tools' up front. This made it easy to get a running start before summer leave commenced."

**SS: What are some of the challenges you face doing your job as COS?**

**SY:** "One of the biggest challenges I see is managing lower than ideal staffing levels with both our military and civilian workforce."

"We're tasked with providing a certain level of support to the lodger units on Base, and with staffing levels not being at 100 per cent, we have to think outside the box in order to provide the same level of support with fewer people to do it."

**SS: With your experience at 2IC at 1RCHA, how can you draw on this doing your new job?**

**SY:** "There are many similarities to my former position: when the boss is away, I'm responsible; the branch heads are sub-unit commanders who have a mission to accom-

plish; and 'fires' have to be put out on a frequent basis."

"So, the job is generally the same, but as the new guy, I have to learn new processes and systems here. With that, applying good judgement based on my experience should be easy."

**SS: Finally, what are your aspirations working in the CAF — would you like to do a command posting such as CO for 1RCHA, or perhaps a BComd post when you are promoted to LCol, after colonel school in Toronto or perhaps Fort Leavenworth, Kansas like former A Bty BC (now) LCol Joe O'Donnell?**

**SY:** "Being much younger than me, Joe has longer legs than I do, both figuratively and literally,, and at this point in my career, I have decided to put the focus back on my family rather than my own career advancement."

"After 31 years of service, I'm looking to provide stability for my children — my youngest is starting high school this year. I would be happy to remain in this great area for my remaining years in uniform and will enjoy continuing to serve my country where I'm needed."



Maj Scott Youngson hands out drinks (inset) at the Officers' Mess during a Friday drive-thru lunch event. On another day, he stops by to receive his taco bowl from former PMC Maj Melissa Marshall. The drive-thru was a popular event for officers when their mess was closed due to COVID-19 pandemic protocols.  
Photos Jules Xavier/Shilo Stag

As the 2IC, Maj Scott Youngson salutes during an 1RCHA medal parade (above). In 2005, he was part of a gun salute (left).

Photos Jules Xavier/Shilo Stag & Supplied



## October is women's history month

# Social activist Nellie McClung married in Wawanesa

**Lori Truscott**  
Stag Special

"The exclusion of women from all public offices is a relic of days more barbarous than ours. And to those who would ask why the word 'person' should include females, the obvious answer is, why should it not?"



First female officers served with the Canadian Army Medical Corps during the Great War.

Photo Canadian War Museum

So said Lord Sankey, then the Lord Chancellor of Great Britain, in a decision announced on Oct. 18, 1929 proclaiming women as persons.

This story starts further back, of course. In Canada, the British North America (BNA) Act of 1867 set out the powers and responsibilities of the provinces and of the federal government.

The Act used the word "persons" when referring to

more than one person and "he" when referring to one person.

Many argued the Act implicitly stated that only a man could be a person, which prevented women from participat-



Nellie McClung, who grew up in Manitoba, became a famous suffragette here before moving to Alberta. Appearing before Premier Roblin and the province's Legislative Assembly in 1914, McClung made her case for granting women the vote: "Have we not the brains to think? Hands to work? Hearts to feel? And lives to live? Do we not bear our part in citizenship? Do we not help build the Empire? Give us our due!" The community of Wawanesa recognized McClung with a bust and special display south of the arena.

Photo C Jessop/Gladstone & Jules Xavier/Shilo Stag



igenous women and women of Asian heritage and descent, it did mark critical progress in the advancement of gender equality in Canada.

On Persons Day, we honour the bravery and determination of the Famous Five whose landmark case helped pave the way for women to participate equally in all aspects of life in Canada.

We also honour all those whose work in the years since then has expanded and strengthened those rights.

Advancing women's rights and gender equality has been an uneven process, with many women having to wait much longer to be extended equal rights.

In 1992, the Government of Canada designated October as women's history month, marking the beginning of an annual month-long celebration of the outstanding achievements of women and girls throughout Canada's history.

This year's theme — Women Making History Now — recognizes the amazing women who are making a lasting impact in our country, especially in the current context of the COVID-19 pandemic and efforts to advance reconciliation, through their work and commitment to make our country a better place.

### Milestones in Canadian history

- During the First World War, more than 2,800 women served with the Canadian Army Medical Corps, with the majority serving overseas in hospitals, on board hospital ships, in several theatres of war and in combat zones with field ambulance units.

- In 1916, Manitoba women were the first in Canada to gain the right to vote in provincial elections, thanks to the efforts of Nellie (nee Mooney) McClung and the Political Equality League. Born in Chatsworth, MB, in 1873, McClung was married at the Presbyterian church in Wawanesa. She was raised on a homestead in the Souris Valley. Her struggles against unjust laws, liquor, and anything which brought poverty and disgrace to women and children earned her recognition as one of Canada's heroes of the 20th century. The maternal feminist died in Victoria, BC, in 1951.

- In 2009, Comd Josée Kurtz became the first woman in Canadian history to assume command of a major warship when she took control of the frigate HMCS Halifax.

- In 1982, gender equality in Canada achieved another milestone with the creation of the Canadian Charter of Rights and Freedoms. The Charter enshrined foundational values into Canada's Constitution, including freedom of expression and equality rights for all the people of Canada, regardless of race, colour, ethnic origin, religion, ability, age, sex and a number of other identity factors.

Lori Truscott/Shilo Public Affairs

## Where's Willie?

Somewhere on the pages of this newspaper is a picture of Willie, the Wheat Kings' mascot. Tell us on what page, in what particular advertisement Willie was found and correctly answer the following skill-testing question for your chance to win two tickets to an upcoming Wheat Kings home game in Brandon.



### Entry Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Page #, ad: \_\_\_\_\_

Answer skill-testing question:

What position did Maj Scott Youngson have with TRCHA?

Clip your entry form, scan it or use your iPhone camera and e-mail it to stag@mymts.net or drop it off at the Stag's office at CANEX. Draw will be made on the Monday prior to game day.

ing fully in politics or affairs of state.

Governments also used the "persons" argument to keep women out of important positions. If the word "person" applied only to men, then the stipulation that only "qualified persons" could be appointed to the Senate of Canada meant that only men could be appointed.

In 1927, five women who have since become known as the Famous Five launched a legal challenge that would mark a turning point for equality rights in Canada.

Nellie McClung, Emily Murphy, Louise McKinney, Irene Parlby and Henrietta Muir Edwards were journalists, politicians, reformers and activists from Alberta who asked the Supreme Court of Canada to answer the following question: does the word "person" in Section 24 of the BNA Act include female persons?

After five weeks of debate, the Supreme Court decided the word "person" did not include women.

Although shocked by the Court's decision, the Famous Five did not give up the fight and took their case to the judicial committee of the Privy Council of Great Britain in London, which was then Canada's highest court of appeal.

On Oct. 18, 1929 Lord Sankey made this historic declaration and today we acknowledge Oct. 18 as Persons Day in Canada.

While this decision did not include all women, such as In-

## Fall march for 2PPCLI



Lugging 50-pound packs on their backs at the Brandon Hills on a cool morning, 40 2VP C Coy soldiers hiked 13 kilometres of rugged trails as part of their combat physical fitness training. C Coy OC Maj James Cressall explained members were hiking with their C8s and C7s, with empty blue training magazines in place to indicate no live rounds were being carried. The blue rounds are weighted to give soldiers first-hand experience in carrying their heavy packs and weapons, he explained. Oct. 12 marked the first day of the three-week fall training Ex KAPYONG SPADE.

Photo Kimberley Kielley/Shilo Stag



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## Employment

**CANEX needs you:** Sales associate part-time position with 13 to 32 hr/week required. Must be available days/evenings, and weekends. Starting salary is \$12.53 per hour, progressing to \$14.77 per designated pay band. Under the direction of the department supervisor, a clerk/cashier scans customer purchases, processes transactions, and accepts payment. He/she prices, stocks shelves, counters and display areas with merchandise and keeps stock in order. He/she performs cleaning duties as required. Apply in person at CANEX admin office, or NPF Human Resources office at base HQ.

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## Services

**Looking for a job** on the Base? Submit resumes to NPF HR office via e-mail quoting competition # to [npfhrshilo@cfmws.com](mailto:npfhrshilo@cfmws.com) OR for more detailed information on the jobs offered at CFB Shilo visit: [www.cfmws.com](http://www.cfmws.com)

## Base Chapels

**St. Barbara's Chapel**  
Next service: Battle of Britain Sept. 19  
Padre Lazerte - ext 3381  
Padre Smallwood - ext 6836  
Padre Walton - ext 3088  
Padre Chang - ext 3089  
**Our Lady of Shilo Chapel**  
Sunday at 10:30 a.m.

Confessions by appointment  
Padre Nnanna - ext 3090  
Padre Agustin - ext 3698  
(BTL chaplain)



## Home Station Regt Senate needs you

### Shilo Stag

The Home Station Regiment Senate (HSRS) exists to advance the welfare of members who are currently in service at the Home Station Regiment, as well as retired and former serving members of the Home Station Regiment.

Senate membership is open to the following: Past Commanding Officers (serving and retired), Seconds in Command (2ICs) (serving and retired) and Regimental Sergeants Major (RSMs) (serving and retired) of 1RCHA and 3RCHA; Past Home Station Commanders (serving and retired) and Base Sergeants-Major (BRSMs) (serving and retired); Past Battery Commanders (serving and retired), Battery Sergeants-Major (serving and retired) of 1RCHA and 3RCHA; Past Detachment Commanders (serving and retired), Detachment Sergeants-Major (serving and retired) of 3rd Canadian Division Training Centre - Det Shilo; Past Regimental Majors RCA (serving and retired) and Regimental Headquarters Sergeants-Major RCA (serving and retired).

If you'd like to be involved, contact the HSRS's president Col (Ret'd) Peter Williams via e-mail at [cdnig19@hotmail.com](mailto:cdnig19@hotmail.com)



## UBIQUE 150 coins

RCA Museum director Andrew Oakden (above) and collections manager Clive Prothero Brooks (below) received UBIQUE 150 coins from BComd LCol Chris Wood for their recent work on UBIQUE 150 events.

*Photos Jules Xavier/Shilo Stag*



## CFB Shilo's Military Family Resource Centre is looking to fill the following position: Veteran Family Program Co-ordinator

Under the direction of the executive director, this term position – Nov. 2021 to Nov. 2022 – provides support to medically-releasing Canadian Armed Forces (CAF) members, medically-released Veterans and their families as they transition to post-service life.

### Experience and Education:

Undergraduate degree in psychology or social work is preferred. Other social science degree or social service diploma with relevant experience may be considered. Minimum of two years of recent and relevant client contact experience.

For more details visit our website at: [www.cafconnection.ca/shilo/adults/employment/employment-opportunities](http://www.cafconnection.ca/shilo/adults/employment/employment-opportunities)

**Salary: \$ 25.28/ hour**

**Anticipated start date: Nov. 22, 2021**

Please submit resume by Oct. 31, 2021 to CFB Shilo's MFRC Executive Director Willemien van Lankvelt using e-mail:

[executivedirector@shilomfrc.ca](mailto:executivedirector@shilomfrc.ca)

*We thank all who apply, but only those applicants invited for an interview will be contacted.*



## LETTER HOME FROM FRANCE

*Editor's Note: During the First World War Pte Cecil Minary served in the CEE, beginning his military training at Camp Hughes prior to being shipped to England for further training. He saw his first action soon after Canada's involvement in the Battle of Vimy Ridge in France. His great-great-niece Kendra Minary has spent the COVID pandemic going thru the original letters he wrote home from England and France prior to being KIA on Aug. 28, 1918. The Lewis gunner died on the battlefield after his crew was hit by a German artillery shell. The Stag will share Kendra's great-great-uncle's letters with our Stag readers to give you a peek at what a soldier was contemplating with pencil and paper while in the UK training or in France in a trench waiting for the next attack or counter-attack. Cecil's letters are transcribed as they were written, so this includes his spelling, grammar and punctuation. Of note, from his letters home he rarely described his clashes with Fritz, instead preferring to enquire about life on the family farm or what his family and friends were doing back in Manitba. Unlike some some soldiers who would share their war stories in their letters, Pte Minary had his own distinct writing style no matter if it's his dad, sister or a relative. He also made the job of Army censors easier by not including war details which would be blacked out. That's the reason why his letters are "somewhere in France" once he left England for the Western Front.*

## Private shares east trip with final letter before departing Canada

Enroute in Quebec  
Sept 16th/16

Dear Sister Annie and all the rest  
Just a few lines to let you all know how things are going.

We have all enjoyed the trip fine so far, A fellow has no time to get lonely there is always something doing, some arguments, or we are shaking hands

and saying good bye to the girls along the line. We are of twice a day for a march.

We first got of at Ft William then at Schrieber yesterday at Cartier and North Bay and this morning at Montreal.

We have just left Montreal now, we have changed unto (sic) the grand trunk railway now. We will get into Halifax about this time tomorrow it is now 930 am.

That vaccination I got is beginning to work now, it is not sore yet it is just itchy. My gosh but the towns a thick here the farm building are about 200 yards a part.

Well Annie I don't know weather (sic) I will be able to write before we embark or not so I will say good bye till I reach England. I only hope I do not get to sea sick.

So Bye Bye with love to all From Cecil.



# NOTICE TO READERS

Newsprint is a porous material: there are no known cases of transmission of COVID-19 through paper products. The World Health Organization (WHO) says potential transmission of the virus is extremely low via commercial products. Papers are mechanically printed and bundled, wrapped for delivery and placed on news stands or delivered to outdoor points by our Base carriers. Be reassured, all of us involved in delivering the Shilo Stag to you are taking the recommended handling and distancing precautions. Newsprint does not transmit the COVID virus.

## Tailor Sandra O’Neill busy altering tunics before Remembrance Day

**Kimberley Kielley**  
Shilo Stag

Sandra O’Neill has 190 tunics to alter before Remembrance Day.

“I’ve said for a lot of years, I’ve never had a soldier naked on a parade square. I don’t intend to start today,” she chuckled.

O’Neill is the contracted tailor for the Base and works from Base Supply.

She was recently involved in tailoring the dress uniforms for 1RCHA’s RCA UK PDC up to the day they left for England Sept. 17.

“We sized 138 people in April and May with assistance,” she said.

The day MWO Jason Power met the Queen was a proud moment for O’Neill. He was wearing the dress uniform she altered.

“Seeing our stitches from that machine from little old CFB Shilo meeting the Queen ... that’s the closest I’ll ever get to meeting her,” she said pointing to the sewing machine in the

corner of the room.

Alterations to military members’ tunics were placed on hold until everyone was safely tucked away for England.

Since then, she’s feverishly been sewing, pinning and altering at Base Supply in the tailor’s shop she has set up as members’ tunics require altering in preparation for Remembrance Day.

Her role includes alterations, affixing ranks and medals for members’ DEUs, combat wear and anything DND personnel wear in the line of performing their duties, she said.

“Court mounting” is the process of mounting a serving member’s medals on a backboard for their tunics. O’Neill’s husband, Jason, has taken on that task.

“At first it was a little challenging,” he said.

The former MAT Tech with 1RCHA and Base, said it’s nothing like sewing a canvas. Sundays are his work day as he has already mounted roughly 200 orders since his

*‘I’ve said for a lot of years, I’ve never had a soldier naked on a parade square. I don’t intend to start today.’*

— Sandra O’Neill

wife took over the contract with Base.

The Canadian Forces Dress Regulations binder spells out exactly what alterations O’Neill can sew and how to do it.

Detracting from those regulations could spell extra duties for an insistent military member.

“I say, I’ll do the sewing, you do the extras.”

Aside from O’Neill’s husband, the tailor is a one-woman shop.

It’s a trade not everyone has the skill or patience for. If they do, chances are they’re working for themselves, O’Neill pointed out.

Throw in the pandemic and O’Neill has her hands full as the trade forces her to fit customers in-person, one member at a time.

With Remembrance Day looming, O’Neills’ working overtime just to catch up so members’ tunics will be ready.



Base tailor Sandra O’Neill (above) shows off the uniforms in need of tailoring before Nov. 11. She’s busy applying ranks (left) and other alternations to the DEUs.

Photos Kimberley Kielley/Shilo Stag



HARVEY BERNER	JENNA LETS	NIKKI FREE	NEIL FRASER	TANYA GRUCHMICH
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## Flotation devices assist new players navigate water polo

From the front

He added, “So, we’re trying to break down that myth, as it is very easy to learn, incredibly fun, and a great workout. Being able to make the game easier simply by using flotation devices is the key, I think, to opening this sport up to all abilities.”

Water polo equipment was readily available to Depner in the GSH’s storage area. So, he dusted it off and dropped the balls and nets into the pool for use.

“In the past, I believe water polo was occasionally used as unit PT, so the equipment has gotten some uses over the years,” he said. “There’s a great opportunity to play water polo people are missing simply because they don’t know much about it.”

Depner is encouraging soldiers and their families to drop by the GSH pool Wednesday and give this aquatic sport a try.

“With flotation aids there isn’t anyone who couldn’t play,” he offered, acknowledging currently the game runs about 45 minutes.

“Ultimately, we just want to remove barriers between players and sports on the Base. If we can do that by introducing new sports and increasing peoples’ recreation repertoire, that would be great.”

Depner pointed to the introduction of Esports tournaments in 2020, and he introduced dodgeball during the recent CAF Sports Day held at the GSH. He used water polo as an alternative if weather conditions did not allow for soccer to be played.

“Hopefully these new sports gain some traction as well.”