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INSIDE
This Issue



Soldiers brave frigid Arctic temperatures. Page 6



Rangers receive kudos from 2PPCLI. Page 8



MEDSAFE Pharmacy open for business. Page 10

Soldiers follow students' lead on bullying message

O'Kelly students met with BComd LCol David MacIntyre and BRSM CWO Don Askeland, along with more than 50 soldiers, at Base headquarters to mark Pink Day. The group then marched to the elementary school where LCol MacIntyre addressed his attentive audience about bullying. The Canadian Army's mascot, Juno, also took part in the march.

Photos Jules Xavier





Soldiers and civilians across the Base, including 2PPCLI (above), showed their support for the 16 who died in Humboldt, Sask., by wearing sports jerseys.



🐾 Pet of the Week 🐾

PET OF THE WEEK FALCOR

This dog is an escape artist. Spent a few hours at the Stag's office after being found on the highway running west from the Base. Posted a few photos to our Stag Facebook page, and people on the Base who know of the dog were able to let the owner know, so was picked up soon after. Do you have a photo of your pet — cat, dog, bird, snake, hamster — you'd like to share with our Stag readers? If so, e-mail it to us via stag@mymts.net



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Sign of spring

Have you seen a robin yet? If not, a sure sign of spring is the arrival from their winter hibernation — prairie gophers are leaving their dens to forage for food.

Photo Jules Xavier

Thinking about your retirement?

Capt Bradley Knoll
Stag Special

Are you ready for the future? Are you five years or less from possible retirement or thinking about a second career outside the Canadian Armed Forces (CAF)?

Or are you interested in learning about financial, education, and other benefits to prepare a long-term plan for retirement or to develop yourself professionally? The Second Career Assistance Network (SCAN) seminar is your recipe for success.

Many members of the CAF enter the civilian work-force following their military service. Others choose to hang up their uniform and live the good life. Either way, the CAF recognizes that this transition is a major life-event.

We address this issue by providing information and guidance to CAF members and their spouses on how to effectively manage career changes or retirement. SCAN offers a variety of services to help you prepare for a successful transition.

This spring's three-day SCAN seminar starts May 16 in the theatre at 1RCHA.

The first two days are general SCAN for all CAF members, while the last day is the medical SCAN for members who may be medically transitioning from the CAF.

This event will comprise a number of presentations by different agencies during the entire seminar.

Director Canadian Forces Pension Services (DCFPS) will facilitate sessions on the financial aspects of release including excellent information on pensions and severance.

The release section will discuss administrative details regarding the release process and SISIP Financial will be returning to discuss financial planning and insurance coverage after release.

There is also valuable information on wills, estate planning, and powers of attorneys.

If furthering your education is something you are considering, the CAF education reimbursement programs and benefits will be discussed.

As well, representatives from Assiniboine Community College and the Adult Collegiate will provide information on continued learning and adult education.

The third day of this seminar focuses on the medical aspects of release and will feature transition services, medical employment limitations, and vocational rehabilitation, clarifying the multi-services and benefits.

Representatives from these services, as well as Operational Stress Injuries Social Support (OSISS) and Case Management will present information to both Regular Force and Reserve Force members.

This seminar promises to be packed full of useful information which you will not want to miss.

Register on-line by going to CFB Shilo's DWAN homepage banner or under the G1/BPSO/SCAN.

The link is <http://acims.mil.ca/org/Shilo/default.aspx>

Complete and submit the registration form no later than May 11. Seating is limited, so be sure to reserve your seats early. Dress is appropriate civilian attire and we encourage your spouse or partner to attend as well.

Capt Bradley Knoll is your BPSO

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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

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CWOs' rank, role redefined

'Bring something to the rank'

Sara White

Stag Special

What is a chief?

The Canadian Armed Forces (CAF) has been taking a hard look at the rank for the past year, and the review team is ready to define the role — and the people who best serve in it.

CWO Graham James is the team lead, and he's been visiting Wings, Bases across Canada to meet interested non-commissioned members (NCMs) and officers to explain the extensive strategic employment model changes.

"We're now at the implementation stage," said CWO James. "So what? This review has touched every command — Navy, Army, Air Force; and there have been a huge number of stakeholders, enablers and departments involved at all levels."

The push to create an occupation for those at the rank of Chief Petty Officer first class (CP01) and Chief Warrant Officer (CWO) is coming from the top, said CWO James, as both the Chief of Defence Staff (CDS) and the CAF CWO want senior people in the occupation who "bring something to the rank ... credibility, subject matter experts, leadership team experience."

Cascading from this change will be Master Warrant Officers (MWOs) and Chief Petty Officers second class (CPO2) now "senior in their occupation," said CWO James.

"That puts credibility on them, and the opportunity to stay technical and operationally-focused."

The new employment model will place CWOs in two streams: part of a unique, command and leadership team at the Squadron, Wing or higher level; or, as subject matter experts. To move ahead in a career from there, however, chiefs will have to command and leadership team experience.

"We asked for a definition of 'command team' during our review, and there were five or six variations — the important piece is, if you're a Chief Warrant Officer working with an officer holding command, that's a leadership team," said CWO James.

"You're bringing something with the rank to the role. The rest of the CWOs will be subject matter experts ... they may not have a command team partner, but they do have specific qualifications and skills sets

essential at the CPO1 [and] CWO rank level to do their job."

CWO James offered assurances the review is not intended to reduce or grow the rank numbers, costing anyone a job or career opportunities. The team knows some NCMs will not want to become chiefs, happier with a hands-on role and responsibility within a unit.

And, with the reallocation of responsibilities within the higher rank, some of those NCMs will be recognized as senior in their field and tasked with more authority.

But, those who do want to advance will have clearer targets as the career plan, knowing what assets they need to advance.

"Knowledge, training expertise and core competencies. The new leader profile for the rank will be the benchmark of whether an individual has the right competencies to do a certain job," said CWO James. "It will be, 'what do you need to move into a position' not, 'it's your turn.' It's transparent that we get the right person in the right job for the right reason — and the person who wasn't picked that time will be documented. They made the list for some reason and we should know that and keep them in the talent pool."

Taking that development even further into the NCMs ranks, CWO James said everyone from aviators up through the ranks should be able to see talent development and management opportunities for themselves.

"We should be able to make a roadmap and define what happens in your career; you should be the expert in your craft, and we should see that."

14 Wing Greenwood CWO Luc Emond said the review is "reality" for the NCMs' ranks.

"It's about time they start looking at who's going to be the next chief, not just who's next in line or has years in service," he said. "How we train or mentor chiefs has to change, so they become what we want them to be. It's getting us the right people into positions we need to help the institution — and you're going to have to make yourself valuable."

CWO James briefed the west in Alberta with a visit to Garrison Edmonton, with BRSM CWO Don Aske-land briefing the Base-side senior NCMs here a few days later.

Sara White *The Aurora*

"Knowledge, training expertise and core competencies. The new leader profile for the rank will be the benchmark of whether an individual has the right competencies to do a certain job. It will be, 'what do you need to move into a position' not, 'it's your turn.' It's transparent that we get the right person in the right job for the right reason — and the person who wasn't picked that time will be documented."

—CWO Graham James

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Recognize children of military families this month

Harjit Sajjan
Stag Special

April is the Month of the Military Child. This gives us a special opportunity to recognize the children of military families, and the children of veterans, for their resilience and sacrifice.

The children of our Canadian women and men in uniform face challenges that many children do not. Military families move often, leaving schools and hockey teams and friends behind.

Family members are absent for long periods on deployments, training, or exercises. For some military families, change may be the only constant in their lives. Many children take these changes in stride and even thrive on them. Some of them will continue the tradition of military service in their family. Others will need more support.

Greater understanding from doctors and teachers has been helping children to manage the stresses of military life when these do occur, and we are grateful for these efforts.

The Department of National Defence (DND) and Veterans Affairs Canada (VAC) have also been working hard to strengthen resources for military families.

There are 32 Military Family Resource Centres (MFRCs) located at Bases and Wings in Canada, with additional service points in the United States and Europe, providing Canadian Armed Forces (CAF) families with programs and services, information, and referrals to local services and agencies.

The MFRCs offer special programs for children, such as deployment workshops. Our government is

proud to support recent improvements such as the modernization of MFRCs, and the extension of access to these centres to medically released CAF personnel and their families. These measures will have a positive impact on the children in the family.

Since 1947, the CAF's Children's Education Management program has been reducing the impact of relocation on schooling for military families both at home and overseas. Since 2008, more than 2,000 children of CAF personnel have participated in the Support Our Troops national summer camps.

If a child's parent tragically dies as a result of their military service, VAC provides eligible students with educational assistance in the form of monthly support for up to four years, or 36 academic months of educational study.

This month, join us in paying tribute to the children of military families. If you have one in your classroom, or in your clinic, aim to increase your understanding of their unique circumstances. Know that it takes one kind of courage to put on the uniform in service to your country, and another to share in that journey, wherever it may lead.

Quick Facts

- In January, DND announced \$6-million per year in new funding to modernize the Military Family Services (MFS) program and provide additional support, as outlined in Canada's Defence Policy, Strong, Secure, Engaged. This funding will go towards expanded programs for children and enhanced mental health services.

- CAF members who medically release on or after April 1, and their families will have unlimited access to the Veteran Family Program (VFP), including programs and services at MFRCs, in an effort to ease the transition to post-service life.

Harjit Sajjan is Defence Minister



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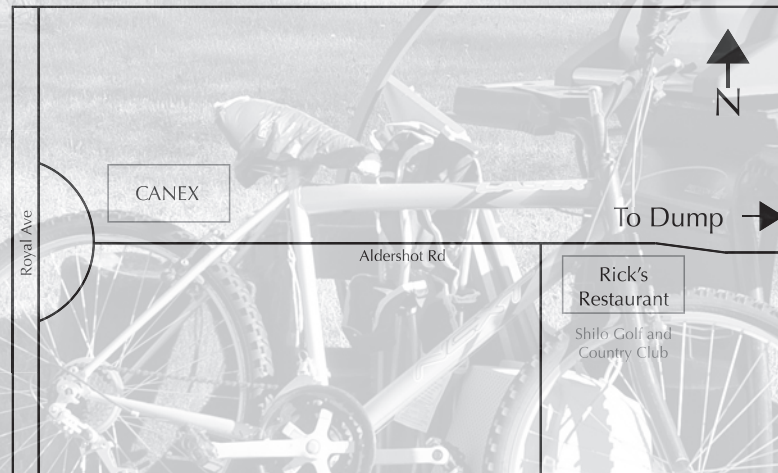
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Pizza Pizza opened for business April 13, with a steady stream of customers enjoying the products being offered at Garrison Grill. Want to order for pick-up or delivery from the new CANEX business? If so, call 204-765-5000. *Photo Jules Xavier*

Got Bulk Garbage?

Bulk items, yard waste, tires, and electronics may be disposed of Monday to Friday from 8 a.m. to 4 p.m. at the Shilo dump located two kilometres east of Rick's Restaurant on Aldershot Road



Items may be placed for curb-side pick-up the following date **ONLY** for spring clean-up:

May 22

Items should not be placed earlier than the evening prior to pick-up

CFB Shilo

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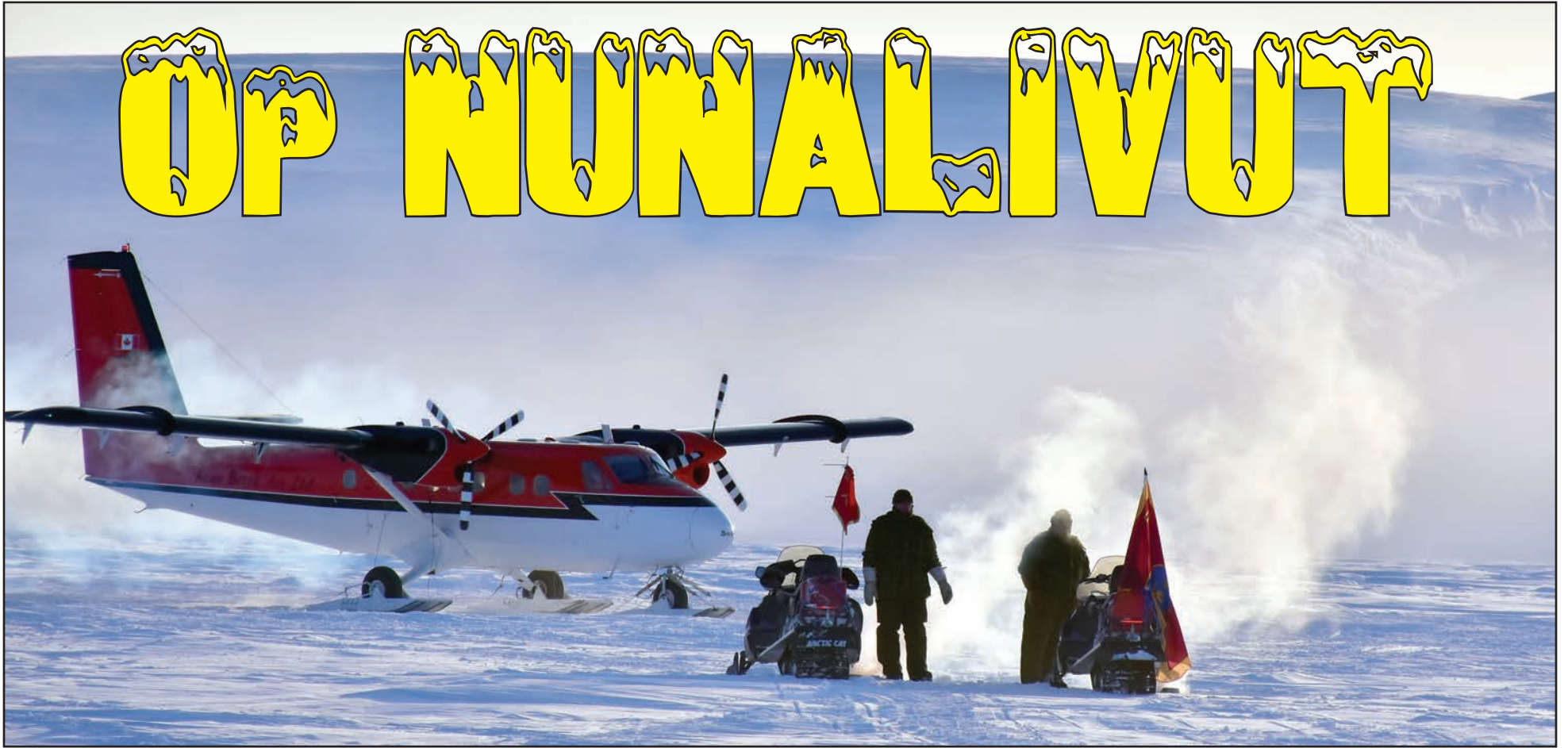
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For group reservations (12 and over) or more information call 204-765-3000 ext. 3073. Limited reservations accepted until 11 May. Plenty of rush seating available.

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Appearing Live...



2PPCLI soldiers arrive by snowmobile when a CC-138 Twin Otter landed on the Arctic tundra using skis on the wheels.

Photos Sarah Francis

2PPCLI brave Arctic chill training in Far North

Sarah Francis
Shilo Stag

With Rangers as their guides, members of 2PPCLI took on the harsh conditions associated with Canada's far north.

Speaking with BGen Mike Nixon, Commander Joint Task Force North, last month, said CFB Shilo's Patricias made up the nucleus of Op NUNALIVUT.

"They are deployed in the far north in two locations. Here, in Cambridge Bay, there is a smaller group and the larger group, the main effort is in Resolute Bay. Here, in Cambridge Bay, there is a platoon so about 30 infantry soldiers who are formed as a platoon to do platoon tasks.

"There is also a large ice dive component that is formed and co-ordinated by the fleet dive unit out of the Navy, on the Atlantic coast. They also have the Army dive team, they have RCMP divers and I believe there are some Parks Canada divers as well."

BGen Nixon added there were also scientists in the Arctic working on a project called Joint Arctic Experiment.

Training being conducted by 2PPCLI soldiers and others is part of the operation that reflects response to a number of emergency situations that might occur in the Canada's far north.

"We have 10 territorial defence battalion groups and each one of them have an Arctic response company group who are trained to deploy to the Arctic and conduct what ever type of mission Canada needs them to do," explained BGen Nixon. "Whether it be humanitarian relief, whether it be search and rescue, and even responding to an incursion into Canada's sovereign territory, which is very unlikely, but they have to be prepared to do that."

Reiterated by most the Stag spoke with during our visit was the challenge of surviving and handling the harsh conditions of the North, which can pose logistical challenges.

"It creates not only being cold and cold weather injuries, but it has a devastating effect on equipment. Again, it's another purpose for being here is to ensure that our equipment is satisfactory for the environment."



A special saw is used to carve out snow blocks used by 2PPCLI to build snow walls around their tents to keep the Arctic chill away from their sleeping quarters.

Most never have the chance to go north, let alone as far as Cambridge Bay or Resolute Bay.

BGen Nixon said this most recent trip as part of Op NUNALIVUT won't soon be forgotten by the soldiers.

"They will remember their experience for their whole career, if they never make it back up again. It's a little bit of a point of pride for a lot of them to have been up and proven they can function and do their jobs as members of the Canadian Armed Forces (CAF) in such difficult conditions."

Maj Chris Hartwick, 2PPCLI OC at Cambridge Bay, said his troops immersed themselves in the land and community.

The soldiers involved from CFB Shilo have been

involved in Cadet nights, before-school breakfast programs, public speaking at the elementary school in town, participating in the youth centre's youth mentorship program, as well as the after-school sports program for the high school and the elementary school.

Maj Hartwick was able to participate in a cadet parade night.

"We set up a table with our equipment and some of our rations. We had the divers come out and give a brief on what they were doing," he said. "We talked about the army in general. We talked about Op NUNALIVUT 18 and what we're doing here. These kids, what they really wanted, was to go up and play with all the equipment and try on the gear. They had a really good time. A lot of us stayed back and played some sports with the cadets and had a lot of fun."

Building these relationships is an important aspect for soldiers sent to the Arctic as part of CAF training.

"We need to remind and show the people that as Canadian citizens we're also here to help them if they ever need it and remind them we're also here to defend this area as well and defend them if required," he said.

"It's good to come up here and build a relationship with the community as well as our northern partners up here, the Canadian Rangers and local RCMP [detachments], so that if we ever have to operate in this area we're familiar with each other this way."

Maj Hartwick reiterated the challenge of weather and wildlife.

"The most extreme thing is respecting the elements and how quickly the weather can change here. You can go from clear skies to 10 minutes later completely whiteout conditions where you can't see 10 feet in front of you.

"Also, the wildlife up here, you have to be very respectful of the wildlife because they do have wolves in the area. We also have to respect the environment when we're up here because there is a lot of local sea life and other life we could potentially affect. We've taken a lot of precautions to make sure that we're careful."

Much of what our soldiers are doing in the Arctic is under the guidance of the CAF's Canadian Rangers.

See **RANGERS** page 7



The Stag's Sarah Francis (right) peers from the entrance to an Inuit's igloo during her adventures in the far north as part of Op NUN-ALIVUT. 2PPCLI soldiers were taught by Canadian Rangers how to build snow walls after carving out snow blocks (above left). The frigid conditions meant dressing in layers, but sometimes snow balls still materialized on ice lashes (above right).
Photos Sarah Francis



Rangers help soldiers hone survival skills

From page 6

While in Resolute Bay the media group on the tour was able to fly out to a site 50 kilometres away from Resolute Bay and observe the Rangers in action teaching 2PPCLI soldiers survival skills and tricks they have for getting the best use out of equipment in such a frigid climate.

Maj Jason Hudson, OC for A Coy, said the Rangers involved with his troops have taught them a lot.

"They lead us everywhere. As soon as we get there, they're always there shadowing us, showing us what we should be doing if we're doing it incorrectly. It's wild. It's a big eye-opener to see what the high Arctic can do."

One example of learning from the Rangers was a wall of snow created as a wind-break around tents set up on the Arctic tundra. Soldiers had the wall up, standing three or four feet tall, when the media group arrived. However, a Ranger had them disassemble it and showed them the proper way to build it.

He said one impressive feat is the Rangers' ability to manage their snowmobiles.

"These guys and gals can rip apart a snowmobile and put it back together quicker than you can imagine," he told the Stag. "The little tricks that they show you — that would maybe take me an hour, they can do in about 30 seconds. It's amazing what they know."

Snowmobiles are their main source of transportation and also their main source of challenge, with the extreme cold temperature affecting how they run. One night the temperature was -43 Celsius without wind chill factored in to how cold it was in the Arctic.

Walking for long periods was also not on the table for soldiers doing patrols.

"We could do low level foot patrols, but then you're exposed to sweating," said Maj Hudson. "Sweating is the worst thing you could do up here."

Some troops removed their parkas while carrying ice blocks or other work which required a lot of movement to keep themselves from sweating.

One soldier helping with the wind-break construction was reservist and armoured crewman Cpl Josh White. It was his first trip to Resolute Bay and he said, so far so good.

"It's a little cold, but it's good. I'm from Saskatchewan. It's similar, but to an extreme degree."

While it's his first trip in the Arctic, reservists like Cpl White were given time to work on skills before arriving to participate in Op NUNALIVUT.

"The Arctic Response Group did a practice in Ontario a few months back. We did a similar thing, but the temperature wasn't there obviously," said Cpl White, adding it was great having the Rangers around.

"They know things I wouldn't even think about. Even just little tidbits of advice on how to start sleds. They're really good at their jobs."

He added the Rangers also provided advice on keeping warm.

"Stuff like insulation when it comes to your boots, how to wear your gloves, how to wear different layers."

Cpl Janique Fillion is a full-time reservist supporting the operation with her medic skills. One aspect she looks out for is a soldier's morale.

"Keeping people happy. When people start going downhill, injuries happen, people become careless, so we try to make sure they're always happy," she explained.

"For sure keeping track of cold weather injuries. Specifically frostbite and hypothermia. Frostbite is getting a little close. We have seen a few little white spots here and there, nothing severe. My guys are keeping dressed and they're using my advice and when they get cold they for sure go inside."

While you may feel tingling and numbness, frostbite can act quickly.

Cpl Fillion told the *Shilo Stag* a few years ago dur-

ing a parachute exercise one man lost four fingers to frostbite.

"His fingers turned black. We do a — if you freeze in February, we wait until June to amputate. We wait for as many months as we can for blood flow to restart.

"It depends on the severity, but usually after a few months if it doesn't come back then unfortunately sometimes we do have to cut them off."

Being able to travel this far north has been a great opportunity for Cpl Fillion.

"Not many people, they say less than one per cent of the Canadian population, will ever reach the upper north. It's quite amazing to have this opportunity to see this vastness and it's all white and cold. It's definitely an experience of a lifetime and I've gotten to do this twice now."

2PPCLI rifleman Pte Joshua Sexton is 18 months into his military career and his Arctic experience has been educational.

"I've learned quite a few new things. Things I never thought I was going to learn," he said. "The last year and a bit I was going through all of my training to become an infantryman."

"Then right before coming up here we did our build-up training in Shilo in the winter, so luckily we got some of the temperature training. We worked on stoves we've never worked on before. We got a lot of prep before we came up here. They prepped us as much as they could."

The impact of working with the Rangers was educational, including having interaction with them prior to leaving Manitoba for the Arctic.

"They sent some down to Shilo. The Rangers taught us a bunch down in Shilo too with [building] komatiks, things like that. I guarantee if we had attempted figure it out on our own, they would have never lasted the way the Rangers taught us to do them."

Komatiks are long wooden sleds used by the Rangers to transport gear behind their snowmobiles.

Rangers earn kudos from 2PPCLI soldiers

Sarah Francis

Shilo Stag

2PPCLI soldiers who spoke to the *Shilo Stag* during the trip to the Arctic all having the Canadian Rangers as their guides during Op NUNALIVUT was important as part of their training.

From teaching them how to build komatik sleds for use with snowmobiles, to building walls made from snow to block wind as well as tricks to keep warm in the harsh climate, the Rangers they interacted with were not short on advice.

A few Rangers were sent to CFB Shilo to help train 2PPCLI soldiers before they headed north for Op NUNALIVUT last month.

Canadian Rangers are located across Canada's far north and can be recognized by their red sweaters, or red jackets.

MCpl Allen Elatiakhas has many years of experience with the Rangers — he spent time with 2PPCLI while they were in Cambridge Bay. He told the *Shilo Stag* being a part of the Rangers is an ever changing occupation.

"Everything has changed since I first started," he recalled. "Every time we go out on training [we] learn something new. Every exercise we have I learn something new every time."

MCpl Elatiakhas moved to Cambridge Bay with his parents in the 1950s from a small outpost near Hudson Bay. Being able to spend time in the field where he has lived for years is one of his favourite aspects of the job.

"Every time they call us for training out on the land ... I like," he said.

In his 30 years of experience, the Ranger said climate change has had an effect on his fellow Inuit.

"For instance, the animals. For grizzly bears they're coming into Victoria Island. Moose ... they're not too far from here on the mainland."

He's observed wildlife like the grizzly and moose are starting to pop up farther north.

MCpl Elatiakhas enjoys hunting in his spare time, "Myself, I like to hunt caribou during summer time. In the winter [I hunt] very little."

Cpl Katty Taipagak has been with the Rangers since 2002.

"I was born and raised out on the land and I like to be out on the land. I like to help other people that are out there and to teach others that need to learn."

While most will never travel as far north as Cambridge Bay, Cpl Taipagak said there is a lot of enjoyment in living in this remote part of Canada.

"Being around family and going out on the land, I know where I'm going. If I

moved somewhere else, I'd be bored because I don't know the land. I like it here. This is my home."

While up in Resolute Bay, MCpl Matthew Manik was assisting 2PPCLI while the infantry soldiers were training out on the land.

Joining the Rangers was an easy choice, he said.

"They've got the lifestyle I grew up with."

Being out with 2PPCLI soldiers in March was a good experience.

"Everyone comes from a different area, but everyone likes being out [here] pretty much."

MCpl Manik instructed soldiers on how to build a wall to protect tents from the wind after their first attempt was not up to snuff.

"Make the base strong. Make it like bricks," he instructed them. "You don't want to line them up like blocks. First, you make the base strong, make everything even and level [to] lay it like bricks."

MCpl Manik is originally from the Resolute Bay area and has been learning tips and tricks on Arctic survival from his relatives.

"I've always helped my uncles and stuff — it took me a while to learn," he said.

He enjoys the camping and exploring opportunities he receives from being a part of the Rangers. He also takes in those activities during his spare time, but likes to keep his winter excursions during the daytime hours.

"During spring and summer, that's when I like to do my camping."

The Canadian Armed Forces' 5,000 Canadian Rangers based in the far north can be found in 200 communities, and play a vital role patrolling the far north.



Komatiks are long wooden sleds used by the Canadian Rangers to transport gear behind their snowmobiles. Here, 2PPCLI prepares to go out on a patrol.

Photo Sarah Francis

Op NUNALIVUT conducted annually since 2007

Shilo Stag

Stag assistant editor Sarah Francis spent some time in Canada's far north, immersed among 2PPCLI soldiers who were part of Op NUNALIVUT, which is a sovereignty operation conducted annually since 2007.

It provides an opportunity for the CAF to assert Canada's sovereignty over its northernmost regions; demonstrate the ability to operate in the harsh winter environment in remote areas of the High Arctic; and enhance its capability to respond to any situation in the Canada's North.

It also allows the Canadian Armed Forces (CAF) to provide meaningful support to scientific research in the Arctic, and to demonstrate interoperability in the High Arctic with military allies and other Canadian government institutions.

The 2018 edition of Op NUNALIVUT took place from Feb. 23 to March 21, with about 350 CAF members, including 2PPCLI, taking part.

Some of the highlights of this year's mission included Arctic survival training and more than 30 patrols covering approximately 1,200 kilometres in total; more than 40 dives through thick ice; and more than 40 community relations activities, including reading buddy programs and sports.

The operation was in two locations this year: Resolute Bay and Cambridge Bay, Nunavut.

Joint Task Force (North) commanded this operation, which included Regular and Reserve Forces from all environments.

The CAF worked co-operatively with local and federal partners during this operation, including the Kitikmeot Inuit Association; RCMP; Canadian Coast Guard; local and territorial governments; and other government departments and agencies.

Divers from the CAF, RCMP, and the Canadian Coast Guard trained at Cambridge Bay. A diver from Sweden also participated. The CAF component in-

cluded divers from the Royal Canadian Navy's Fleet Diving Unit Atlantic, and Canadian Army combat divers from across Canada.

At both locations, troops trained in Arctic survival, conducting patrols, and supporting scientific research. These troops 2PPCLI, the Arctic Response Company Group from 38 Canadian Brigade Group, and the 1st Canadian Ranger Patrol Group.

A CC-177 Globemaster and a CC-130J Hercules transported troops, supplies, and equipment to and from Resolute Bay and Cambridge Bay. In addition, CC-138 Twin Otters provided local air transport during the operation.

Task Force NUNALIVUT comprises personnel and assets from across Canada, and may be drawn from any or all of the primary force-generators of the CAF: Royal Canadian Navy (RCN); Canadian Army (CA); and the Royal Canadian Air Force (RCAF).

The size and make-up of the forces deployed on Op NUNALIVUT vary from year to year, according to the planned mix of activities and exercises, but they always include the following organizations: 1st Canadian Ranger Patrol Group, a Reserve formation of the CA headquartered in Yellowknife, with 60 patrol units distributed in communities across the North, and 440 Vampire Transport Squadron, an RCAF unit based in Yellowknife, flying the CC-138 Twin Otter, a utility transport aircraft designed for short take-off and landing and adaptable to skis.

Op NUNALIVUT is conducted under operational command of the Commander CJOC and operational control of Joint Task Force North Headquarters in Yellowknife, Northwest Territories.

International military partners and Canadian federal departments and agencies often take part in Op NUNALIVUT activities.

As an Arctic nation, Canada regularly and fully exercises its sovereign rights and jurisdiction in its northern territories. The CAF has a significant role to

play in forestalling sovereignty challenges, defending Canada against threats in the region, and protecting Canadians by supporting whole-of-government efforts to ensure appropriate responses to security and environmental concerns in the North.

The objectives of the CAF in the North are to: assert Canada's sovereignty over its northernmost regions; enhance the CAFs' ability to operate in Arctic conditions; improve co-ordination and co-operation in whole-of-government operations; and maintain interoperability with mission partners for maximum effectiveness in response to safety and security issues in the north.

The Department of National Defence and the CAF define the north as the area encompassing: the Sub-Arctic Region — the part of Canada that lies between 55 and 60 degrees North latitude; the Arctic Region — the part of Canada that lies north of 60 degrees North latitude; and the High Arctic — the part of the Arctic Region that lies north of the Arctic Circle, which is 66.5 degrees north latitude.

The Arctic is known to have vast reserves of fossil fuels and an abundance of minerals, including gold and diamonds, and is increasingly accessible due to climate change. Consequently, this region is attracting more and more Canadian and international attention.

Because climate change is gradually eroding the Arctic icecap, the waters of the Arctic Archipelago are more navigable every year and more ships enter the region. Air traffic in the north is also growing; the annual total of flights on polar routes in Canadian airspace increased from fewer than 1,000 in 2003 to almost 10,000 in 2010.

The increase in traffic at sea and in the air, and the escalating exploitation of natural resources in the north, boost the risk of sovereignty challenges, environmental problems, accidents giving rise to search-and-rescue requirements, and criminal activity, especially illicit entry of people and goods.

An evolutionary Canadian Army in future

Maj Nicole Meszaros
Stag Special

The Canadian Army (CA) has become more versatile in the post-Afghanistan environment.

It has been an evolutionary process to make this change and to ensure Canadians and our allies are aware of these efforts.

"We have to change the way the army is perceived by other organizations," said CADComd LGen Christian Juneau. "There is a perception that the size of our contribution to the mission in Afghanistan represents the only force employment model.

"In other words, some believe that the Army always deploys outside our boundaries with force packages of thousands of soldiers, hundreds of vehicles, etc. although we have the capacity to do so, the Canadian Army of today is scalable, agile, responsive, and versatile."

This means the CA can quickly deploy to meet any mandate it is assigned; it is capable of building ready-to-go teams of 10 soldiers and is also prepared to deploy a full brigade group if necessary.

For example, with Op REASSURANCE, the first rotation of CA members of approximately 120 troops was in Poland within days of the announcement of Canada's participation, which is testimony to the CA's present-day versatility.

"I am very proud of the Canadian Army's ability to deploy so quickly," said LGen Juneau. "This is a great example of our leaders being responsive and agile and of our troops' ability to be versatile."

There are more recent instances in which the CA has demonstrated its ability to adapt to specific mission requirements. We have a few Canadian Training Assistance Teams (CTAT) deployed in countries such as Jordan, Lebanon and Niger. These teams of 10 to 30 soldiers are engaged in delivering capacity building in counter-terrorism, logistics, etc.

We currently have more than 150 soldiers deployed to Ukraine. Their mission is to contribute to the Ukrainian forces capability development.

In essence, our contingent trains Ukrainian Force in individual and small unit tactics, techniques and procedures. The CA also leads a multinational Battle Group in Latvia as part of NATO's Enhanced Force Presence.

For the next few years, LGen Juneau envisions the CA will have opportunities to increase interoperability with Canada's allies, a key objective.

"During our Afghanistan years, we worked predominantly with the Americans and the British — but with many other nations also. We developed command and control systems that worked at the time but interoperability is fleeting and must be worked at if it is to be maintained and improved."

Canada, he explained, will always work in a multinational environment and so interoperability will be key to the CA's success.

"The Canadian Armed Forces (CAF) must invest in technology that ensures our systems are compatible with those of our allies," said LGen Juneau. "When we buy or conceive systems, we must ensure they will work the systems our allies use."

Having served as the Deputy Commanding General for Operations with XVIII Airborne Corps in Fort Bragg, North Carolina, a highlight of his career where he was awarded the U.S. Forces Legion of Merit for his services, LGen Juneau's experience allows him to be an authority on such complex matters.

The CA will continue its high operational tempo with personnel deployed on missions around the world. This can only be maintained because of the high quality soldiers Canada produces.

"Canadian soldiers are second-to-none," said LGen Juneau, saying they protect Canadians and their interests in a number of important ways.

He added, "Our ability to always answer the call for domestic operations such

as natural disasters will remain steadfastly in place. When Canadians need us, the CA will be ready. When it comes to the service we provide to our nation, it is this of which I am most proud."

As the need for well-trained, well-led, and well-equipped soldiers remains in place, the future is bright for the CA.

Maj Nicole Meszaros Army Public Affairs

Volunteer Appreciation

Let's celebrate with our volunteers
at the Prairie Firehouse in Brandon

May 5 11 a.m. to 1 p.m.

Shilo Theatre

(Located in General Strange Hall)

April 27 12 Strong Rated 14A

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All movies start at 6:30 p.m. Doors open at 6:15 p.m.
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ROLLING RIVER SCHOOL DIVISION

Head Custodian
Douglas Elementary School
Douglas, MB
Full-time
(8 hours per day - split shift - 12 months per year)

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- A working knowledge of and experience with commercial cleaning equipment
- Prior experience planning work activities, providing work load direction or employee supervision
- Ability to work as a team member
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For further information, please contact Mr. Fred Scott, Asst. Maintenance Supervisor at 867-3132 or 867-2754 Ext. 239

Start date is June 25, 2018

Qualified applicants are requested to submit a resume including three work related references to the following by **Friday, May 4, 2018 at 4:00 pm**

Attention: Sarah Woychyshyn
Rolling River School Division
P.O. Box 1170
Minnedosa, MB
R0J 1E0
Ph: 867-2754
Fax: 867-2037
E-Mail: swoychyshyn@rrsd.mb.ca

The Division thanks all applicants for their interest in Rolling River School Division.
Only applicants selected for an interview will be contacted.



MEDSAFE Pharmacy now open

April 16 marked the first day MEDSAFE Pharmacy manager Dhawi Salih started serving customers at the newly opened pharmacy. Accepting all insurance plans, Salih is available for medication review and consultation, plus his venue supplies a variety of over-the-counter medications. Once established as customers become familiar with MEDSAFE Pharmacy, Salih plans to do more than just fill your prescriptions. Free delivery on the Base, too. Open Monday to Friday, from 8 a.m. to 5 p.m., visit his Facebook page to be updated on what's being offered www.facebook.com/medsafeshilo/

Photos Jules Xavier



Military logisticians celebrating their 50th anniversary

MCpl Annie-Claude Venne Stag Special

This year marks the 50th anniversary of the Canadian Armed Forces' (CAF) logistics branch.

A series of activities and events will take place throughout the coming months to highlight the contribution by logisticians to the success of Canadian military operations at home and around the world.

With a festive spirit, LGen Charles Lamarre, senior logistician in the CAF addressed a crowd of logisticians during a ceremony to launch the Year of the Logician in Ottawa.

"This year we will celebrate the continuing support that we are bringing to 20 operations around the world," said LGen Lamarre. "Fourteen thousand men and women from the Regular and Reserve Force make up the logistics branch. It is a massive occupation that enables the success of the Canadian Armed Forces on every operation that we undertake ... whether it's fighting floods like we had recently in the Gatineau area or any other event when Canadians need our help on top of our standing commitments with NATO and NORAD.

"We are also a great example of diversity. Thirty-three per cent of the Branch is made up of women that bring their own excellence to what we do. We've got visible minorities around the six to seven per cent range and about three per cent of us are of aboriginal extraction who are serving their country. That is a great turnout ... for diversity and inclusion for a branch that really repre-

sents the Canadian population."

Although the logistics branch is celebrating its 50th anniversary, LGen Lamarre explained that the history of logistical support to the CAF really began in 1901, with the establishment of four companies that became the foundation the Royal Canadian Army Service Corps.

After the First World War, the various Corps' were granted the "Royal" designation for the excellence of the work done supporting the Canadian Expeditionary Force (CEF).

In 1968, with the unification of Canada's military, the "Royal" designation was dropped and the CAF logistics branch was created. The contribution of logisticians is, since the very beginning, critical to the success of any CAF mission.

Throughout 2018, logisticians will celebrate in their work place and with a series of public events. A dominant activity is the logistics branch 50th anniversary flag relay.

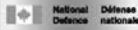
The relay began in July 2017 and since then, the flag has been greeted by logisticians in 17 countries and has travelled more than 44,000 kilometres — greater than once around the world at the Equator.


This flag will now make its way across Canada.


The event calendar also includes a skills-at-arms competition, mess dinners and on Parliament Hill in Ottawa Oct. 19, the logistics branch will receive the "Royal" designation from Her Majesty Queen Elizabeth as the branch becomes the Royal Canadian Logistics Service (RCLS).

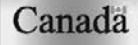
"We are also a great example of diversity. Thirty-three per cent of the Branch is made up of women that bring their own excellence to what we do."

— LGen Charles Lamarre


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Playoff pause to refresh

During warm-up prior to a post-season tilt at Westoba Place, 18-year-old centerman Connor Gutenberg hydrates. The Brandon-born five-foot-nine forward was drafted 106th overall in round four of the 2014 bantam draft by the Wheat Kings. This past season, Gutenberg scored 18 goals and finished with 53 points in 72 WHL games. Facing the Lethbridge Hurricanes in round two of the post-season, the Wheat Kings were eliminated April 13 4-1 in a best-of-seven series after losing that night in Alberta.

Photo Jules Xavier

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Services	Services	Services	Employment
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Blocking D-man

Up 2-0 less 45 seconds into the game played at Westoba Place — the first goal was scored at the seven-second mark — the Shilo Stags eventually needed overtime to prevail 5-4 over Brandon Toyota. For their efforts, the Stags garnered the Manitoba Adult Hockey championship title.

Photo Jules Xavier



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