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Your source for Army news in Manitoba

Volume 58 Issue 2





Road to High Readiness training underway. Page 2



Canadian Army looking at new ammunition. Page 5



D-Day veteran laid to rest in Boissevain. Page 9





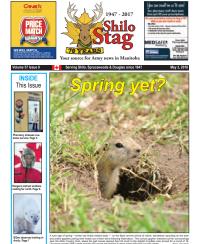


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January 24, 2019





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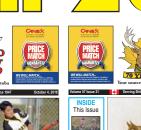




















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3 Div soldiers embarking on Road to High Readiness training

Stag Special

1CMBG CO Col Rob Ritchie addressed the Road to High Readiness with a video shown on the 3 Cdn Div Twitter site:

"All soldiers from 1 Canadian Mechanized Brigade Group based in western Canada, augmented by Army Reservists, have embarked on the 3rd Canadian Division's road to high readiness.

"As highlighted in *Canada's Defence Policy: Strong, Secure, Engaged,* the road to high readiness demonstrates the Canadian Army's commitment to providing Canada with an agile, scalable, and responsive land force.

"Progressive and challenging training will occur at Canadian Armed Forces training areas in Wainwright, Alberta and Shilo from now until June 2019.

"Initially, training activities will be decentralized to cultivate the fundamental soldier skills, by day and night, for success in full spectrum operations. We will then converge in April and May 2019 for combined arms live fire training followed by dynamic force-on-force scenarios using instrumented simulation. We are undertaking this journey to de-

liberately prepare Canadian Army soldiers to deploy on international operations during the period 1 July 2019 to 31 Aug. 2020 in support of the foreign and defence policy objectives of the Government of Canada.

"Our Road to High Readiness will culminate 1 July 2019 when 3rd Canadian Division soldiers are fully trained, certified by the appropriate Canadian Army authorities, and oriented to their specific international theatres of operation.



1CMBG CO Col Bob Ritchie talks about the Road to High Readiness during a video interview from his office at Garrison Edmonton. Photo DND

"Recognizing that the decision to deploy members of the Canadian Armed Forces [CAF] always rests with the federal government, Canadians can expect 3rd Canadian Division regular and reserve soldiers to deploy next summer to Latvia, in support of NATO defence and deterrence measures; Ukraine, for training and capacity-building of the Ukrainian Armed Forces; the Middle East, in support of the international coalition to degrade and defeat ISIL; and finally Mali, the Democratic Republic of the Congo, and the Republic of South Sudan in support of UN stabilization missions in Africa.

^{*1}Canadian Mechanized Brigade Group [1CMBG] is committed to providing the Government of Canada with a professional and well-trained military force.

"Our Way of War will arm and unite our leaders and soldiers with a common philosophy of how we will conduct ourselves on field training and deployed operations.

"I expect all members of our team to adhere to our shared Soldier Standards which will enhance our mobility, survivability and sustainability against peer adversaries.

"We will also make deliberate investments in our readiness, resilience and growth over the next year, including training tactically and realistically in an austere environment.

"And in the interim, the Canadian Army remains ever strong, proud and ready for concurrent operations at home and abroad on behalf of the Government of Canada."

Soldiers begin to prepare for CAF operations

Stag Special

Canadian Army's ability to be both effective and successful on missions at home and abroad is a testament to the effectiveness of the Road to High Readiness training program, its flagship training regime.

As of July 1, 3 Cdn Div will assume the responsibility for preparing soldiers who will be deployed on international and domestic operations.

3 Cdn Div is committed to generating and sustaining an agile, capable force, able to react at short notice, to support international and domestic commitments. The Army Reserve will continue to be integrated with the Regular Force both in training and operations.

Training will be held for Regular and Reserve Force

members of the headquarters staff, infantry, armoured corps, engineers, artillery, combat logistics, mortars, and influence activities units enabling capabilities in any environment. These events will take place within 3 Cdn Div from Sept. 1, 2018 to June 30 of this year.

As part of the Road to High Readiness (RTHR) training the following exercises will be conducted or have concluded:

• Ex UNIFIED RESOLVE (stage one) – Sept. 19 to 30, 2018;

- Ex PARATUS RAM Nov. 16 to 18, 2018;
- Ex VIRTUAL RAM Nov. 18 to 23, 2018;
- Ex UNIFIED RESOLVE (stage two) Feb. 2 to 7;
- Ex ORNERY RAM April 1 to May 2; and
- Ex MAPLE RESOLVE '19 May 10 to 24.

3 Cdn Div will responsible for High Readiness from July 1 to June 30, 2020. Possible deployments may include: Op REASSURANCE in Poland, Op UNIFIER in Ukraine, Op IMPACT in Iraq, Forward Group for High Readiness missions to places such as Afghanistan, Latvia, or Mali and Op LENTUS with domestic operations support at home.

The result of the Road to High Readiness training program is to ensure our soldiers are ready to deploy at a moment's notice.

Our One Team — Regular Force, Reserve Force, Canadian Rangers and civilians — does not deploy anywhere in isolation. Rather all members of the team do their part to achieve operational excellence at home and abroad.





A TAPV manoeuvres its way through the muddy roads CFB Gagetown's training area in New Brunswick. *Photo Cpl Peter Ford/Tactics School*

Versatile Tactical Armoured Patrol Vehicles (TAPV) increase Army capabilities in complex environments

2Lt Callum Prosper Stag Special

Boasting next-level agility and a wide range of applications, the Canadian Army (CA)'s Tactical Armoured Patrol Vehicle — more commonly known as the TAPV — is becoming a clear standout in the arsenal of vehicles used to train the next generation of Gunners at The Royal Regiment of Canadian Artillery School (RCAS).

Developed by Textron Systems and Rheinmetall Canada, the TAPV was adopted by the CA with the goal of modernizing defence capabilities.

ernizing defence capabilities. A top speed of 110 kilometres per hour and a cruising range of approximately 640 kilometres, coupled with the TAPV's robust yet agile frame means the vehicle presents an increase in capability, which sets it apart from earlier armoured vehicles in the CA fleet.

The RCAS was the first unit of The Royal Regiment of Canadian Artillery (RCA) to receive TAPVs in the spring of 2016, which enabled the Centre of Excellence for Artillery Individual Training (IT) to begin developing tactics, techniques and procedures for the employment of these vehicles. Possessing eight TAPVs within its vehicle inventory, the RCAS has found that this heart of a machine is well do

Possessing eight TAPVs within its vehicle inventory, the RCAS has found that this beast of a machine is well designed for surveillance and target acquisition (STA) and reconnaissance (recce) applications.

Capt Dan Hoyt, the Senior Instructor of RCAS' 45 Battery, explained that the real potential lies in its STA recce as well as Mini Unmanned Aerial System (MUAS) detachment capabilities.

"The MUAS operators are able to split up into their own TAPVs, detachment by detachment," said Capt Hoyt.

This increased mobility and independence enables each detachment to launch a MUAS system and maintain contact with it from a TAPV.

WO David Shea, an assistant instruc-

tor-in-gunnery at 45 Bty, agrees that the TAPV is a powerful tool for MUAS detachments.

"We can put the MUAS antenna on top of the TAPV to do mobile ops, and we have done it with great success. If we are doing a convoy, the MUAS can follow the vehicle and the home station can be assigned right to the TAPV instead of to a static position," said WO Shea.

Using the TAPV as a mobile base for the MUAS allows the operators to command and control the MUAS and extend its range, supporting operations on the modern battlefield.

Beyond its originally intended use as an armoured STA vehicle, the TAPV has proven to be an ideal platform for Field Artillery recce and deployment training.

Capt Philip Roberge, an instructor-ingunnery at the RCAS' 67 Bty, emphasized the importance of using the armoured vehicles when training officer candidates.

"The TAPV, for us, is primarily a recce vehicle, as we leverage its enhanced mobility and survivability to move through non-permissive environments. Utilizing the same vehicle at the RCAS that students will see in the field force is a vital component to ensuring realistic, relevant and world-class Artillery IT," explained Capt Roberge.

The TAPV's fusion of power, mobility, and survivability is increasing Gunners' ability to operate within complex environments, and in any weather conditions, day and night.

ditions, day and night. Part of Strong, Secure, Engaged: Canada's Defence Policy, the TAPV is vital component of an upgraded fleet of armoured vehicles, and an example of successful defence procurement.

The TAPV is enabling soldiers across the Artillery to safely traverse difficult terrain at home and when deployed on operations, as demonstrated by its successful use at the RCAS.

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 EXPERIENCE HISTORY WITH A BANG!

 OUR
 THE RCA MUSEUM

 CANADA'S NATIONAL ARTILLERY MUSEUM

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<u>L'ÉBETTER</u>

HEALTH CARE SOONER

IN LINE FOR CATARACT SURGERY?

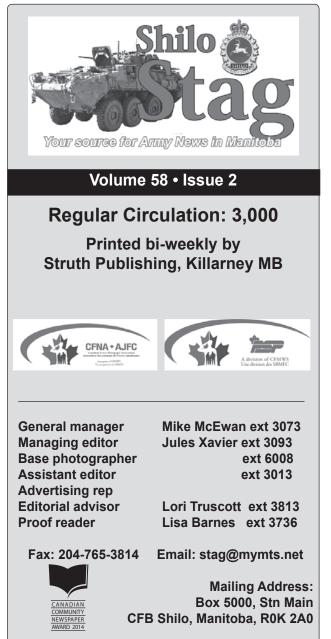
You deserve shorter wait times

If you're scheduled for cataract surgery, faster services are on the way.

Innovative changes and new funding will allow for at least 2,000 additional procedures in 2019. That's a 16 per cent increase over the previous year – all while ensuring safe and quality care.

Find out more at BetterHealthCareSooner.ca





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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

• Please submit articles as a MS Word Document. • Include the author's full name, rank, unit and contact information. · Include photos with your articles whenever possible, however, do not embed photos in word documents.

· Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format. • With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.



Follow the Shilo Stag on Facebook by visiting:

http://www.facebook.com/ShiloSTAG



www.brandonsalutes.ca



Garrison Grill open for business

Hungry soldiers can now order their poutine or large Pizza Pizza to go now that the area under renovations here has been completed, from the new flooring to the new ceiling tiles. Photo Jules Xavier/Shilo Stag

One does not need to win a race to find success

Padre Troy Dennis Stag Special

I had the great joy in 2018 of running the half marathon in the Army Run.

This annual Ottawa race raises money for the Soldier On and Support Our Troops funds. It is an inspiring event, particularly because many ill or injured veterans take part. It was an absolute honour to be part of the 3 Cdn Div team.

While I have always been active, I was not always a runner. In fact, when I started to get in better shape at one point in my life, I struggled to run for two minutes on a treadmill.

At the time, my goal was simply to improve my conditioning, and I never even dreamed it would be possible to run five kilometres at once, let alone some longer distance.

I'm a really self-conscious runner. I don't have a sleek "runner's body." I'm not fast. Nor am I a graceful runner.

At these races they take pictures hopping to sell them to you later. Yeesh! I always look miserable and tired.

Now, I know I am no slouch. I've run Ex MOUN-TAIN MAN twice, and completed various half- and full marathons. but it is hard not to compare, and to feel like I come up lacking at times.

But here is something I have learned: It does no good for me to compare myself to those other, lighter, sleeker, faster runners. All that does is discourage me.

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ASK US ABOUT OUR

DND MILITARY INSURANCE PROGRAM

There will always be someone faster, younger and "better."

I can only compare myself to myself, and take pride in my own accomplishments — a longer run, a better time, a new challenge — knowing that each step takes me closer to my goal of improving my conditioning.

I think there are lessons for life in this. It is easy to look at someone else and wish we cold be more like that person. It is easy to beat ourselves up when we fall short by comparison.

Here's the problem with that: When we compare ourselves, we never compare strengths against strengths. We always stack our weaknesses up against their strengths and we downplay those areas others find strong in us.

It is a losing game to compare ourselves to someone else. It is okay to look up, to admire, to be inspired, to follow an example. We must resist the urge to go beyond that.

A big part of spiritual resilience is perspective. How we view ourselves shapes our outlook and how we respond to life's difficulties.

If we only compare ourselves to others and fail to see our own progress, our resilience will suffer as a result.

The fact is, we don't need to win the race to find success. We don't have to be the best to do a good job. Taking on this perspective will help us to face the challenges life will send our way.

Your chaplain on this Base, or a mental health professional, is available to talk about this or any other concerns you may have.





Canadian Army assessing more precise artillery shells

Steven Fouchard

Stag Special

New technology now being assessed by the Canadian Army's (CA) research and development arm has the potential to increase the power of artillery munitions while also reducing the collateral damage they may cause.

Results from an initial trial conducted last fall at Defence Research and Development Canada's (DRDC) Suffield Research Centre in Alberta are promising, explained Jason Braden, DRDC's land combat systems program manager, though as much as five years of research still lies ahead.

The experimental shells are encased in structural reactive materials (SRM) rather than conventional steel. These have what Braden called "an illogical dual benefit."

"SRM reacts itself and with the air — burning and increasing the explosive power and blast pressure within the lethal radius of the munition," he added. "At the same time, because the fragments it produces are smaller and have more deceleration than with steel, they travel less distance and cause less damage outside of your intended blast area."

The rounds function similarly to thermobaric weapons, which use combustible liquids or aerosols, but with one key difference.

'Solid SRM can be used for munition shells owing to its high mechanical strength, with its fragments having a similar effect of combustion and spreading out but in a solid state and with only one fuse, one explosion," said Dr. Fan Zhang, lead scientist at the Suffield Research Centre. "So it very much simplifies the whole process, while giving significantly higher energy output than current explosive vields."

Making the blast power adjustable is also one of DRDC's objectives.

"We got positive results showing that there is the possibility of adjusting the burn rate in the fuse in order to further reduce the explosive power," said Braden, "to tune it or scale it as needed. But there's still a bit of work to do in finding how best to do it."

The CA first began investigating this area in 2005 and Braden noted that Canada has emerged as a leader in research and development along with the United States and Germany. All three nations have been sharing information, he added.

This year's trial also saw separate elements of the Canadian Armed Forces (CAF) collaborate. While the CA assessed the viability of SRM in an artillery context, Royal Canadian Air Force (RCAF) researchers tested it in the form of 500-pound (or about 227 kilograms) air-dropped bombs. Braden explained also that DRDC is also breaking new ground by bringing in-

dustry into the R&D process earlier than before.

"We as an organization have to recognize and partner with industry because they do a good job of finding cost savings and cost effectiveness in making the product. We ask, can a Canadian company or another defence industry actually produce it for a reasonable cost and make the business case?"

Maj Travis Maxwell, with the CA's directorate of land resources, said the CA is keenly watching developments.

"The CA needs artillery ammunition to exploit technological advancements that improve precision, limit collateral damage and concentrate effects so that commanders have options appropriate for a wide spectrum of tactical problems."



Elections Manitoba is looking for community leaders to work the provincial election. Returning officers and assistant returning officers are responsible for preparing and managing all election activities in their electoral division.

Requirements

- Non-partisan/no political affiliation
- Eligible voter (18 years or over, Canadian citizen, Manitoba resident)
- Project management experience
- People management experience
- Satisfactory security check French language skills are preferred in bilingual electoral divisions

This is a term position with some part-time work and paid training starting November 2019. A full-time commitment, including evenings and weekends, is required during the election, from August 1 to October 31, 2020.

Compensation for election period

- Approximately \$16,500 for returning officers
- Approximately \$14,300 for assistant returning officers
- Plus fees for preparation and training

For more information, please visit us online at electionsmanitoba.ca or contact us to request an application form:

Phone: 204.945.7940 • Toll-free: 1.866.628.6837 ext. 7940 • Email: RORecruit@elections.mb.ca

Closing date: February 22, 2019

Employment Equity is a factor in selection. Applicants are asked to indicate if they are from any of the following groups: Indigenous people, visible minorities and persons with disabilities.

We thank all those who apply and advise that only those selected for consideration will be contacted.





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multicultural



Canadian Army researchers are investigating cuttingedge materials with the potential to make munitions more powerful and reducing their potential for collateral damage. Photo Mylene Frenette



INDIA UKRAINE ENGLAND MAURITUS MÉTIS PHILIPPINES JAMAICA HONDURAS MEXICO





Stag scribe shares words from 24 editions

Jules Xavier Shilo Stag

There's something about a good quote that can provide your story with context, or colour depending on the flavour of the article being written — whether it be news, sports or a feature.

And the Stag staff had some great quotes from sources being interview during the past 12 months. So, we dug back into our archives and culled a few to share with our readers.

Here, in quotes, is a look back at CFB Shilo's 2018 with words scribbled in a reporter's notepad or recorded on an iPhone.

"Especially for Reservists, they come back and just spent six months doing their job overseas and might be augmented back to their unit, which is not who they went with. They're now sort of on their own, while the rest of the organization they went with might have stayed together. It's about looking in on that guy. Thinking about him and saying, 'You know, I haven't talked to so-and-so, maybe I'll give him a call.' Checking up on him because he may not be doing well."

- Solder of the Year MCpl Daniel McInnes "surprised" by Base honour 25/1/18

"I really like having people at the counter always happy. It's really nice to have interactions with them. For me my priority is always the member. If the member is coming to the counter with questions I will find the answer by myself or I will ask for help if I'm not sure. That's one more point, I'm not shy to ask questions if I don't know the answer. For me, it's important [the member] has their answer and has the information they need. I really pay attention to details. I'm not perfect, I'm still making mistakes like everybody, but I'm really taking care of what I'm doing."

 Cpl Marie-Eve Blais on her job working at Base HQ 25/1/18

"There was no one in the job prior to me taking it on. I had to set up a lot of the actual spread sheets and stuff where I track everything. It's very important because there's always deadline dates that have to be met. If you don't meet them, that's a persons career on the line."

– Civilian of the Year winner Linda Hildebrand on her job at the BPSO office 25/1/18

"Our Board voted unanimously in favour of the current model. This is a significant source of income for many of the MFRCs through fundraising, donations, grants et cetera. There is lots of discussion on how it would effect daycare. In Manitoba, we have one of the best daycare systems in the country as far as grants, fees et cetera is concerned. There has been talk on many occasions that daycare should become a mandated service on each Base, but then the question arises, where is the money coming from to fund that."

- Shilo MFRC executive director Willemien van Lankvelt on governance review 8/2/18

"Every kid [is] different. You have to get on their level. Distract them, if they're the type of kid that needs to be distracted. You find a way to talk with them in that way.

> There are kids that are really interested in it. So you need to explain everything and tell them what you're doing. The only thing you're concerned about is, if it hurts and how long it takes. Now that [I'm] on the other side of it, there's a lot that goes into this. You can really appreciate the guys who can do it really quick and really well."

> – Dr. Nathan Vercaigne on dealing with young patients at Brightside Dental Care 8/2/18

"We had a great group of about 30 canvassers. Nothing happens without the canvassers organizing events and going person to person, and that's just what they did."

- Base United Way campaign chairman Capt Troy Dennis on being honoured in Brandon after CFB Shilo raised \$49,350 during 2017 campaign 22/2/18

"I have become accustomed to being the only female in my peer group. Although I have noticed that recently there are more females than ever in my workplace, it is still vastly male environment. Despite this visible divide, I have had many wonderful experiences of the camaraderie typically expected from a group of people who work closely together, particularly during my infantry training. Those are friendships that will never disap the types of pear, and I have great things to say about those folks. My experiences have taught me that each individual contributes to a team in a valuable way. No two approaches are the same, and that is something to be treasured."

- 2PPCLI's Capt Megan Couto speaking about being woman in the military at an International Women's Day event at CFB Borden 8/3/18

"I was lucky enough to carry it at the commemoration of the 100th anniversary at Vimy Ridge. Every time we took it to a new



The Medak Pocket 25th reunion commenced with a sunset ceremony featuring a 2PPCLI rifle salute called a "feu-de-joie." 20/9/18

area, whether it was in Belgium or France itself, we smudged it. You have to lay out all of the pieces together, smudge each piece, give a little prayer to yourself as you're doing it thanking the local grandfathers and spirits, and putting it together and maybe a quick smudge after it's together."

- 2PPCLI's WO Sheldon Quinn shared the CAF's Eagle Staff with government officials, Canadian Army Rangers, elders, students and teachers during his trip to Nunavut. It was the first time the Eagle Staff was shared with Inuit in the Arctic. 5/4/18

"The most extreme thing is respecting the elements and how quickly the weather can change here. You can go from clear skies to 10 minutes later completely whiteout conditions where you can't see 10 feet in front of you. Also, the wildlife up here, you have to be very respectful of the wildlife because they do have wolves in the area. We also have to respect the environment when we're up here because there is a lot of local sea life and other life we could potentially affect. We've taken a lot of precautions to make sure that we're careful."

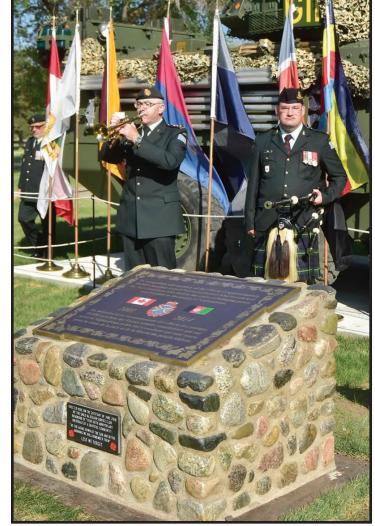
- 2PPCLI OC Maj Chris Hartwick at Cambridge Bay during Op NUNALIVUT 19/4/18

"They will remember their experience for their whole career, if they never make it back up again. It's a little bit of a point of pride for a lot of them to have been up and proven they can function and do their jobs as members of the Canadian Armed Forces (CAF) in such difficult conditions."

- Op NUNALIVUT Commander Joint Task Force North BGen Mike Nixon on 2PPCLI's braving an Arctic chill training in Canada's far north during winter 19/4/18

"I enjoy serving my clients and being open, especially to develop a relationship, more than just being a pharmacist dispensing medication. Trying to know people more closely, that's what I enjoy more."

- Medsafe Pharmacy manager Dhawi Salih on serving those who serve when pharmacy opened on Base in CANEX 3/5/18



Last Post performed by Padre Capt Troy Dennis during the Afghanistan War Memorial dedication ceremony held at Canoe River Park. 28/6/18

LAV III monument earns praise from BComd

From page 6

"During the course of my duties, I found it strange that as a young private, I was often personally asked by senior NCOs and some officers to play at various mess dinners. During my first posting here, I was a hot commodity for playing at various ceremonies.'

OCdt J-P Reil on playing his bagpipe early in his military career 17/5/18

"We took some of the key ingredients from Pizza Pizza and we said we were going to offer them at exactly the same price you can get them in Brandon and we're going to hold that. I did have to do a little bit of dancing to make that happen, but we've done it and I think Shilo really appreciates it."

- Pizza Pizza manager Crystal Miles on opening her venue out of Garrison Grill at CANEX 17/5/18

"I've noticed a lot of improvement

on my back. Things that I'm normally doing at home, groceries for example, I haven't felt that pain in a week, but there are still things that aggravate the pain in my back, but being in this program has so far been really beneficial. The thing I noticed the most, during my assessment for this program, I was not able to touch my toes," he recalled. "I was six inches off. After being here for a week I was able to touch my toes. It is a big improvement."

– 2PPCLI's MCpl Emerson Abanico on benefits being part of PSP's Rehabilitation for Performance (R4P) program 17/5/18

"The advantages to us is that we can acquire simple construction skills on a new building. So much of what we do domestically on Bases in Canada involves maintenance and repair of industrial-sized buildings, yet when we deploy we have to return to basics of building."

RPOU (W) Det Shilo OC Maj Jérémie Dulong on contributing to help build three bungalows by Habitat for Humanity in Brandon 14/6/18

"For a significant period of time this past year, Dan stepped into the fire chief position, which is two levels above his regular employment. Dan constantly exceeded the standard and immediately set the platoon at ease with his leadership. He is a pillar of reliability to subordinates, peers, and superiors, and has done an exceptionally job representing CFB Shilo and



A young moose garnered plenty of attention from traffic on Veterans Way.

emergency services."

3CDSG Comd Col Scott McKenzie recognized now Fire Chief Dan Barney with a 3CDSG commendation 14/6/18

"I pass on my thanks to the team from the museum who had the vision and tenacity to take what was a vehicle bereft of its normal accompaniment of equipment, and turn it into the symbol that you see today. We are fortunate to have a LAV III monument, and it is the only one on a military base in Western Canada. Its location in Canoe River Park is prominent within our community, reflecting CFB Shilo's prominent role in Afghanistan, and will serve as a reminder to all who reside here or visit us in the future."

- BComd LCol David MacIntyre commended the work done by the RCA Museum's Rob Love during the Afghanistan War Memorial dedication ceremony 28/6/18

"I grew up here in this Regiment. The Regiment and its soldiers have been good to me, some of my best

2PPCLI's WO Sheldon Quinn shared the memories are CAF's Eagle Staff with government ofof serving with ficials, Canadian Army Rangers, elders, this Regiment, students and teachers during a trip to [so] this kind of Nunavut. It was the first time the Eagle feels like com-Staff was shared with Inuit in the Arctic. ing back home again. It was an honour to

be offered the CO appointment to 1RCHA. I have always been honoured to be amongst such fine and distinguished soldiers, and being CO of my first unit will be a humbling experience."

LCol Ryan Stimpson's reaction to being informed he would be the new 1RCHA CO 28/6/18

Funny enough I will miss the weather and the landscape. Coming from Newfoundland we have nothing like it back home. I will miss the Prairie winter cold and the views. I find myself driving around southwestern Manitoba in awe of the landscape.'

- Outgoing 1RCHA CO LCol Stephen Haire will miss certain aspects of his two-year stint at CFB Shilo 28/6/18

"Shilo played a major role [in Af-

ghanistan]. Unfortunately, Shilo, more than most, paid for these efforts in blood. In Shilo, there are still lives with the scars of their efforts. This monument is both fitting, and absolutely necessary as an enduring symbol of our commitment to serve our country. This monument is not just for us here, and those who served, but is a reminder for future generations so that we can count on future generations of soldiers to serve our country."

3CDSG Commander Col Scott McKenzie speaking at the dedication ceremony for an Afghanistan War Memorial located in Canoe Park 28/6/18

"The one big thing is managing a military staff. So here you've got your Continental staff, your 1, 3, 4, and 8. Same thing over at the Regiment you've got your Ops O, training, etc, so just managing the staff and keeping them on task is certainly a transferable skill.'

- Maj Howard Nelson on transitioning from 1RCHA as 2IC to being the Base's new COS 12/7/18

"At the final farewell on July 1 we all shed a tear. I am 86 years of age and at the event this year I met

only 14 old buddies. One of them I saw in the mirror, so if I survive to the next one it is doubtful that I will attend."

- Former RCHA member John Harrison on attending the RCA reunion every three years 12/7/18

"I really have not thought of it yet. But the infanteer in me says I will have to conserve ammunition until I get the lay of the land. Once I get the hang of it, I will need to engage the targets one at a time, keep the objectives in focus and not let the fog of war creep in. All the while keeping in mind what an old RSM told me 'Stay off the high ground and don't rattle the brushes'."

– Capt Don Askeland, former BRSM, on goals for himself as adjutant of the Cameron Highlanders following his move to Winnipeg to work with the reserves

"My advice is for the serving members to attend these reunions as there is a lot to learn from those attending and it helps building relationships for their future.

I moved onto a second career in the field of health, safety and environmental working for PCL construction and the Alberta Construction Safety Association teaching and completing health, safety and environmental management audits. It was a former BSM and other leaders who provided me instruction and guidance that led me down that path. They knew my military skills such as leadership/training abilities could be easily transferred to civvy street of which I am totally thankful to them for this."

5/4/18

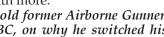
- Retired Airborne Gunner Bill Tremain's advice for the next generation of Gunners to attend the RCA reunion held every three years at CFB Shilo 12/7/18

"When I returned to Canada after the [Second World] War we were asked 'who wants to jump?' I put my hand up when they said you'd be paid an extra \$30 a month more."

92-year-old former Airborne Gunner Paul Gauci of Gibsons, BC, on why he switched his role in the Canadian Army after returning home from oversea 12/7/18



Held every three years, the RCA Reunion saw plenty of former Airborne Gunners return to CFB Shilo to rekindle friendships with former colleagues. On the final day there is a ceremony at Canoe River Park.12/7/18





24/6/18

Mason used sourced field stone to create cairns, plinths

From page 7

"Paint night might not be the most exciting assignment, but the images really capture the mood of the evening and draw the viewer in. The layout showcas-



Feb. 5 vs Saskatoon 7 p.m. Feb. 8 vs Swift Current 7:30 p.m. Feb. 13 vs Edmonton 7 p.m. Feb. 16 vs Prince Albert 7:30 p.m. Feb. 18 vs Swift Current 2:30 p.m. Feb. 20 vs Calgary 7 p.m.

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Hot Lunch

Face Painting

Bouncy Castles

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Saturday, February 9th

11am-2pm

Community Centre Annex Bldc, L25

Contact the Recreation Office at 204-765-3000 ext 3318/3588 for more info.

www.cafconnection.ca

ing main image of the artist being watched by the military portrait in soft focus was a wonderful visual. The story is fleshed out with the close detail of the paint brush, and the different stages of painting and instruction."

- CCNA judge on the Stag's second-place photo essay done by Stag editor Jules Xavier 26/7/18

"I almost relied on that vehicle more than my weapon in a lot of ways."

- Bdr (Ret'd) Jessica Wiebe said it was the feeling of dust on her fingertips that stirs memories of her TLAV during TF 1-08, with Afghanistan War Memorials across Canada using the LAV III as its centrepiece

"My little girl loves all things army. Today, at McDonald's she saw this gentleman in uniform and went up and asked for a picture with him. He said 'oh sure.' I think he was

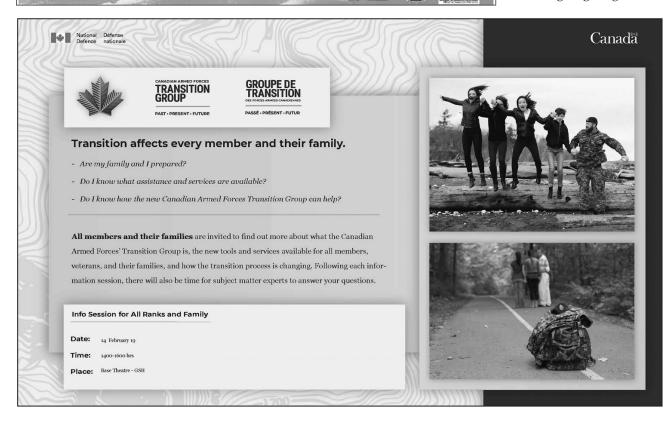


Artist Rob Benoit painted a wall mural featuring a horse and her colt on the brick facade of a business in Wawanesa. He chose the rural landscape when he started painting in mid-September. 29/11/18

taken aback, but he was very nice and kind to my daughter and if anyone knows him I just wanted to send a thank-you out to him. My daughter has a lot of mental issues and this meant the whole world to her. So thank-you for him. My daughter [Shay] is still beaming from it."

- Mom Erin Brown said a simple gesture by RCEME's MCpl Dave Deblois – posing for a photograph with her daughter – went viral on a social media platform 26/7/18

"One Brigade is known, in the Canadian Army, as the 'Warfighting Brigade,' and the Warfighting Brigade deserves the best possible leadership, and that's exactly what this team is going to get from



Col Bob Ritchie and [CWO Darren] Hessell."

- 3 Cdn Div Comd BGen Trevor Cadieu on the appointment of former 2PPCLI CO Bob Ritchie to his position as 1CMBG Comd at Garrison Edmonton 9/8/18

"Keeping up with Environment Canada's recovery strategies and listings for species at risk are just some of the challenges of my position. Weather is also a big challenge as there are certain things we can do in the rain and you have to have a certain amount of heat for other programs. There is a lot of co-ordination with Range Control as we are limited when we want to go out to the field because of training."

- Protecting species at risk fulltime occupation for CFB Shilo biologist Sherry Punak-Murphy 9/8/18

"The Base Commander at the time did not like how his son dressed, so he directed that there be a dress code for the school. Remember, this was before the Beetles. While a lot of the boys started growing their hair long, it had to be kept neat. The boys going to school in Brandon could not have long hair. So, we went to

school with buttoned shirts, slacks, no jeans, and wore a tie and laced shoes, no sneakers. If you looked at our photos in our yearbooks you'd think we all dressed up for the photos. It was because of the dress code."

- Shilo Brat reunion goer Ken Jenkins from Courtenay, BC, on the dress code students had attending the Base's high school while his artillery instructor father was posted here from '55 to '69 9/8/18

"The actual portion of getting our dangerous goods down was one of the biggest hurdles. Something as simple as lithium batteries actually takes a lot of high command approval to put on the back of a plane."

- 1RCHÂ's WO Tyler Syme on his involvement in Ex PITCH BLACK held near Darwin, Australia 6/9/18 "We had to source out field stone for this project be-

cause you can't just use any rock. You can't use limestone because it's soft, and will erode over time." — *Mason Justin Borody worked on the Shilo Coun*-

try Club's memorial golf campaign building plinths and cairns 6/9/18

"The opportunities these kids are going to get to do ... the nice thing about cadets, fortunately or unfortunately, our military kids transfer out, but anywhere they go, they can join another [corps]."

– Army Cadet League of Canada branch president Linda Wall during charter signing for 2502 Royal Canadian Army Cadet Corps Shilo 20/9/18

"There were people that would like to hover over you, intimidate you. You had to prove yourself to the NCOs, and to some of the officers."

- 37 CBG Comd Col Alex Brennan, who was Platoon Commander during Op HARMONY Roto 2, when 2PPCLI engaged in a battle with Croatian forces 25 years ago in an effort to keep peace in the former Yugoslavia 20/9/18

"Medak was not just another job ... I'm so, so proud to have been your commander. Quiet frankly, honestly, there have been times in quiet moments where I reminisce about the mission and wonder if anyone cares about what we endured and achieved those many 25 years ago — was it worth it? And I can say that it is a commemoration like this weekend that reinforces my belief, and probably that of most my fellow veterans here today, that the hardships we experienced, the incoming fire that we got, and the mental scars that some of us still carry, it was indeed worth it."

- Retired Col Jim Calvin reflected on his mission in the former Yugoslavia during the 25th Battle of Medak Pocket reunion 20/9/18

"It ate me alive when I finished fourth and didn't podium [in 2016]. Finishing fourth crushed me. My goal was just to finish the [2018] course."

January 24, 2019



Funeral for Frances Godon in Boissevain.



Screen grab of POW Frances Godon (right) from a German news reel. Godon (above) in Shilo early 40s.



Francis Godon 1924 - 2019 D-Day veteran trained at Shilo prior to his arrival on Juno Beach

Jules Xavier Shilo Stag

A veteran of the D-Day invasion 75 years ago was laid to rest in Boissevain's cemetery on a frigid winter afternoon.

It was a contrast to Francis Godon's experience on June 6, 1944, with B Coy 3 Div, when his landing craft finally reached a sandy beach in Normandy, France.

There were no birds softly chirping in nearby sunsoaked trees while family and friends gathered around his wood coffin, a handful of poppies sprinkled on the top. Seventy-five years ago just after 7 a.m., Godon was running full out, often falling to a crawl, then quickly moving forward to avoid heavy German machine gun fire and mortar rounds on Juno Beach.

"Don't let anyone tell you that you were not scared. You were scared," he told an interviewer in a *Veterans Voice of Canada (VVOC)* interview in 2014. "On the beach,



Frances Godon returned

to France, still able to

wear his uniform.

you had to go for yourself, which is hard to do when your buddies are crying out. You had to keep going. You had to stay alive [to continue the mission.]"

Godon acknowledged his objective was to clear the beach moving forward, taking out any German pillboxes which had escaped a constant pounding from warships out in the English Channel. B Coy faced the fiercest resistance on the beach that dreary morning.

The beach was defended by two battalions of the German 716th Infantry Div, nzer Div held in reserve near

with elements of the 21st Panzer Div held in reserve near Caen. More than seven decades after experiencing his arrival

at Juno Beach, Godon said he never forget the sounds of war, crying comrades with grotesque wounds scattered across the beach, or being struck by flying body parts.

"Crawl and run and crawl and run," he told an interviewer for the *Memory Project* about his Juno Beach experience on the morning of D-Day. "If your buddies got hurt during that and the yelling and crying, you couldn't stop. You had to keep going. If you stopped, well you were a dead duck, too. So you had to keep going. Which was a hard thing to do because the beach was something like ketchup ... that's how blood red the beach was."

Juno Beach was one of five beaches of the Allied invasion of German-occupied France in the Normandy landings that day in 1944 during the Second World War. Godon and the 3rd Cdn Div's D-Day objectives were to capture Carpiquet Airfield and reach the Caen–Bayeux railway line by nightfall.

In another interview for the *VVOC* documentary, Godon recalled the pep talk of an officer prior to the beach landing. That officer told his soldiers a lot of them would not be coming home. "So he said, 'Just go to your job. Do the best you can. You are all trained. You know your job, so give 'em hell.'"

Born on Aug. 19, 1924 in Dunseith, North Dakota, Go-

don died at 10:22 p.m. on Jan. 12. The father of three was 94. His wife Jane predeceased him on March 12, 2014.

He was five when his father left the Turtle Mountain region of North Dakota by wagon and relocated to southern Alberta. In his youth, young Godon learned the ways of the Metis from his father — living off the land by hunting, fishing and trapping. Plus farming, with Godon recalling picking potato bugs daily when he worked in father's potato field. Some of his survival skills helped him survive after being taken prisoner by the Germans four days into D-Day.

How did Godon find himself joining the Canadian Army to serve in the Second World War? It was not easy to enlist, he soon discovered. He was barely 17 when

he was rejected three times. In his VVOC video, he told the interviewer "I was going there to fix Hitler" as a reason to enlist alongside other Canadians.

In a documentary done when he was in his 80s, by *Aboriginal People's Television Network (APTN)* and *CTV*, with reporter Robert James at the helm, Godon said army recruiters dismissed his application because he was flatfooted, born in the USA or he had no formal education, plus spoke broken English. Persistence finally paid off a fourth time, when recruiters asked him to enlist as a French Canadian, not a Metis.

Sent to North Bay for his initial training, and with an idea of being part of the Lake Superior Scottish, Godon was tasked to do KP duty. It was not until he went on a long army march, after asking his orderly sergeant for the opportunity, did he finally receive a uniform, and could take up a rifle instead of a potato peeler. From North Bay, Ont., Godon was shipped to Shilo,

where he underwent further army training. It was here he switched to the Royal Winnipeg Rifles, then was sent to Nova Scotia to finalize training prior to being shipped overseas. Besides honing infantry skills at Shilo, he also was schooled in the operation of a "six-pounder" antitank gun. He was No. 1 on a six-man crew.

His voyage across the Atlantic was uneventful, besides dealing with ocean storms, because they had to avoid Germany's prowling U-boats. He was never seasick, he recalled. He said he promised his mother he would return home from the war, a promise he kept despite the horrors on the beach on June 6, and his subsequent 11-month POW experience.

Because the Germans kept the POWs hidden from the Red Cross, with a long march deep into Germany that ended July 1, plus being sequestered in cramped box cars that moved on Germany's vast rail network, Godon's family received three letters from the Canadian Army about his whereabouts.

First, his family back in southern Manitoba were told he was missing in action (MIA); then he was presumed to be dead; and finally, he was dead somewhere on a battlefield in Europe. Recalling his capture after four days in France, Godon said: "There were machine guns shooting at us, and we couldn't get up. First thing I know, there was my lieutenant, waving the white flag. What could we do? [The Germans] said 'for you the war is over.'" The surrender need not have happened, according to

Godon. He suggested a forested area might be a place for a German ambush, and B Coy should perhaps move in a different direction. This fell on deaf ears, and the lieutenant said move on. As a POW, Godon said he put on a brave face in front of his captors, and drew on his promise to his mother that he would return home.

The fear of beatings, or being shot, also kept the Canadian POWs in line. He recalled sleeping in fenced grave-

yards following the forced march for the next 21 days. Trying to escape was not an option.

"If you had one escape, [the Germans] would kill 10 of your buddies," he said in the *VVOC* interview.

He did escape an early execution after Hitler's Gestapo (SS) had the soldiers under guard. An SS commander who did not like the response he was receiving from interrogated POWs, who would only answer with their name, rank and serial number, had 23 soldiers merciless executed. He had his suspicions that his fellow POWs would be next, but a German officer stepped in and ended any further bloodshed.

He instructed his comrades to fight back and overpower the guards if they felt an execution was about to occur. "If you're going to do, then why not do something," he said in an interview.

In the *APTN/CTV* documentary, he recalled following his 11 months of captivity, before US soldiers liberated them from a POW camp, that he weighed 212 pounds arriving in

France, and 120 pounds by the time he was freed. Put to work in labour camps, Godon saw work digging water and sewage lines with shovels. He also did farm labour, working in sugar beet and potato fields. And despite being fed "slop" by the Germans, he learned you did not try to eat raw potatoes if you were out in the field.

"If you did, they shot you," he recalled observing this happen.

Reflecting on his time overseas fighting for our freedom alongside 22,000 other men who landed at Juno Beach, Godon said: "To look back we did something." This was evident when he returned to France in 2003.

"I saw what we had done," he said of a beach now featuring young families and children playing on the

shoreline, not fallen soldiers on a bloody beach in 1944. However, life for the young soldier was never the same after he returned to Canadian soil. He fought for his veteran's pension for 21 years before receiving it. Son Frank helped "smarten me up" after he relied on alcohol to drown out the war memories.

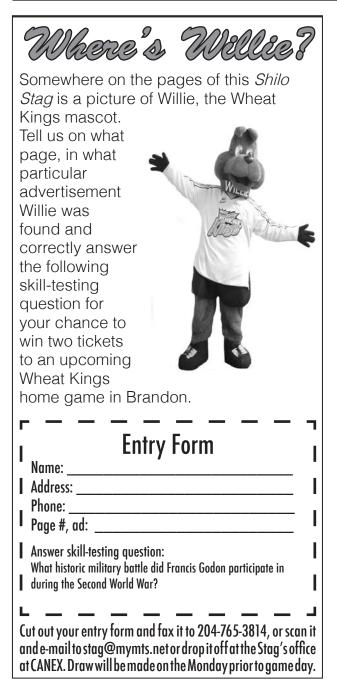
"We were not the same anymore," he said of his war experience. "We were half animal, half human."



Covered in poppies, a photo of Fran-

ces Godon taken in '42, when he was

a young soldier, lays on his coffin.



Father, son rescue drowning man in Cuba

From page 8

- 1RCHA's Cpl Jennifer Gagnon was the top under-40 female during Ex MOUNTAIN MAN held in Edmonton, winning by 18 seconds 20/9/18

"They were told if they did not cease their harassing fire that we would return fire. Thankfully, the Croats obliged and the shelling and shooting in our vicinity stopped. We did have the fire power to punch back if needed."

– 2PPCLI MWO John Brogaard reflecting on the 25th anniversary of the Battle of Medak Pocket in the former Yugoslavia 20/9/18

"I was quite excited. It's nice being recognized by your peers in your field of work."

- RCA Museum senior curator Kathleen Christensen acknowledging the RCA Museum was awarded an Association of Manitoba Museums (AMM) award of excellence for its exhibit series on the Canadian experience throughout the First World War 4/10/18 "I think we as human

beings underestimate the

power we have, we underestimate how resilient we can be. I believe there is more in each of us and we can tap into that in times



LAV rides and handling weapons used by 2PPCLI were two popular areas during the annual Family Day event. 20/9/18

unbelievable to see. There are people worst off than you, and if they can do it, you can do it too, I think is the takeaway."

- Maj Stuart Smoley on participating in a Soldier On activity where he went on a western trail ride in Alberta 18/10/18

"I did not have to push myself in the canoe because when I looked back behind me, I was the only canoe in the water. It was quite windy, so I just relaxed paddling and enjoyed the scenery."

- Ex MOUNTAIN MAN first-time winner 2PPCLI's Pte Christian Baun, who crossed the finish line five minutes ahead of the runner-up from 3PPCLI 18/10/18

"This has been an interesting adventure so far with much more to learn. The more we discover the more questions there are to answer. I learned that my great-grandfather seems to have had a sense of duty and as he served not only in the First World War for Canada, but in the Spanish American War prior to that while still living in the United States. I discovered

he was a cook both in his military career, but also in his civilian one having worked in that capacity with the railroad. I discovered he was very progressive for his time; he was in an inter-racial marriage helping to raise his wife's kids from a previous marriage. He was a family man committed to providing for his family sending home more than what he kept for himself during the Great War. I discovered he immigrated to Canada in 1904 and by 1917 he was enlisted in Canada's only all-coloured battalion."

- Base fitness co-ordinator Ginger Lamoureux is tracing her family history, discovering her greatgrandfather served in the First World War 1/11/18

"My dad was struggling — he had been caught up for several minutes trying to pull this guy back and he told me he couldn't bring him in himself. So, I grabbed the guy and started pulling him in, and my dad basically swam behind us."

- 2PPCLI's MCpl Ryan Kristy received a Medal of Bravery from Governor General alongside his father Capt (Ret'd) Michael Kristy after saving a drowning man while on his honeymoon in Cuba 15/11/18

"[His death] didn't feel real until they played Last Post. You look at his coffin at the funeral home during the service with other family and realize he's gone. Now when I hear [Last Post], it still makes me cry because I will be thinking about him."

– PSP admin assistant Lisa Barnes reflects on her grandfather Sgt Frank Christensen, a veteran of two wars, and a Japanese POW for four years following the surrender of Hong Kong on Christmas Day 1941 15/11/18

"It was a heartwarming and humble experience researching my great-uncles, David and Robert Richardson. Getting a brief glimpse into their lives gives me a better picture of what brave men they were. By looking into their lives I found out that David was a twin. Now I know where the twins come from in the family. He was a messenger with the Fort Gary Horse and one night he found himself behind enemy lines. Robert was killed at Paschendaele, but his grave was never found because of the bombings."

- Commissionaire Gwen Malyon was thinking about her great-uncles on the centennial of the end of the Great War 15/11/18



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Learn more: DAOD 9004-1, Use of Cannabis by CAF Members

may not be religious per se but are spiritual. Now I'm ministering to people of different backgrounds and the flock is much wider."

of adversity. For the past

several years I have met a

lot of young people who

– New Base padre Capt Joachim Nnanna, who is with 1RCHA 4/10/18

"On the ship you transfer equipment from one ship to the other, for practice, and we used a [gorilla] puppet. When the exercise was over they didn't want to keep it, so I took it."

- WO Guy Croteau explains how his Base HQ office is now filled with stuffed gorillas 18/10/18

"The rules are quite simple, Manitoba has a set of rules ... and if you're not sure, it's better to ask now."

- BComd LCol David MacIntyre discussing what cannabis legalization in Canada means for CFB Shilo during a briefing at the GSH 18/10/18

"The program was outstanding in helping you realize an injury [doesn't have] to stop you from getting out and doing things. Just to know other people are out there trying and giving it their all, it's

See **DILIGENCE** page 12

Lions celebrate three decades serving Base community

Sharon Brooks Stag Special

In July 1988, a group of Military Police and local residents sponsored the charter for the Sprucewoods and Area Lions Club in order to join the world's largest service club — the International Association of Lions Clubs.

The club was chartered to serve CFB Shilo, Sprucewoods, Cottonwoods and Douglas.

The club was not in competition with others — in fact, it has worked in the past jointly with the Shilo and District Service Club.

In 1925, Helen Keller asked the Lions to be the Knights of the Blind. They accepted the challenge and for this reason that is why you will fund us involved with sight services. We operate the Lions Foundation of Manitoba and Northwestern Ontario in Winnipeg.

The foundation promotes and sponsors programs for both adults and children in need of assistance. Our eyewink serves to improve the visually-impaired.

The Lions Foundation of Canada — guide dogs — raises dogs for the blind, hearing-impaired, disabled, autistic and more recently diabetic children.

There is not cost to the clients.

Of course, our first concern is for our own community. In that vein, the Sprucewood Club has assisted many individuals in past years, particularly with out-ofpocket medical expenses.

You might have heard rumours of our demise — or that we closed the doors on the club. Almost. However, the zone chair felt the club could be rejuvenated and she was correct. The local club is again up and running.

As a charter member of the Lions Club, and former long-term resident of Shilo/ Sprucewoods, I was appointed Guiding Lion.

Recently, we launched our Chase the Ace fundraiser at the Shilo Inn. This was followed by a meat draw, something that will now occur every Friday.

We invite the community to drop by and have supper. Bring your kids to have their faces painted by our professional clown MIMI. Win some meat, money or door prizes.

Follow us on Facebook. For more information on the Sprucewoods Lions Club contact me at 204-725-9846.

16th annual three-day event starts Jan. 31 Westman Multicultural Festival features 10 pavilions, welcomes Jamaica to fold

Stag Special

There will be a new pavilion joining the Westman Multicultural Festival (WMF) Society family when the 16th annual event starts Jan. 31.

Jamaica is the newest country to be showcased during the three-day festival in Brandon.

"We're very happy to be able to highlight Jamaica as part of the Westman Multicultural Festival. Planning for our new pavilion is well underway and while it's somewhat nerve-wracking to host a new pavilion we have a lot of support and a lot of enthusiastic people helping to put it all together," said Westman Jamaican Community president Emelio Brown.

Ten pavilions will take part in this year's festival, which is more than in the previous two years.

They include England, Honduras, India, Jamaica, Mauritius, Métis, Mexico, Philippines, Scotland, and Ukraine.

As well, the society is pleased to welcome back the Mauritius pavilion following a one-year hiatus.

During the past 15 years, Westman residents have become accustomed to celebrating the broad cultural diversity within our community as they visit the various host pavilions at locations throughout the city.

This signature event in Brandon has become a welcome winter respite as festival goers enjoy warm friendship, food, beverages, entertainment, art and customs from around the world.

Volunteers and organizers have already been planning for months to ensure they are prepared for the thousands of visitors which they will welcome to their individual pavilions.

It is estimated that 26,000 to 30,000 people attend the event each year.

The festival is entirely run by hundreds of volunteers recruited by the various cultural societies and associations that host the pavilions.

Admission to each pavilion is once again free, with free bus service also available — including handi transit – making this a very popular, inclusive, family event.

For new military members who were posted here during the summer of '18, details on the festival can be found by visiting www.gotothepavilions.com

You can also follow the festival on various social media platforms: Twitter @wmmfest, Instagram and Facebook/ wmmfest or hashtags #gotothepavilions and *#pavilions2019*

For more information contact the festival chairman Richard Bruce at 204-727-2225.

Or send an e-mail owl12@mymts.net

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\$10 for first 20 words, 10¢ for each additional word **Deadline for next issue:**

> January 31at noon Free ads (non-profit only) restricted to members of the CAF, employees of CFB Shilo and the residents of the surrounding area.

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Greg Steele Canadian Firearms safety course instructor/ examiner offering Red Cross first aid training. Manitoba hunter safety instructor. CFSC, CRFFC safety courses offered at least monthly and on demand. Firearm/hunter safety courses planned seasonally. Restricted and non-restricted. Visit social media page www. facebook.con/gregsteelehunterfirearmsafetymanitoba/ Dial 204-729-5024 E-mail gsteele4570@gmail.com

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Employment

Employment

CANEX needs you: Clerk/cashier part-time position with 13 to 32 hr /week required. Must be available days/evenings, and weekends. Starting salary is \$11.90 per hour. After two-month probation salary increases to \$12.15. Under the direction of the department supervisor, a clerk/cashier scans customer purchases, processes transactions, and accepts payment. He/she prices, stocks shelves, counters and display areas with merchandise and keeps stock in order. He/she performs cleaning duties as required. Apply in person at CANEX admin office, or NPF Human Resources office at base HQ.

Services



St. Barbara's Protestant Chapel Sunday at 10:30 a.m. with Sunday school & nursery Padre Johnston - ext 3381 Padre Dennis - ext 6836 Padre Walton - ext 3088 Padre Smallwood - ext 3089 Our Lady of Shilo **Roman Catholic Chapel** Sunday at 10:30 a.m. Confessions by appointment Padre Nnanna - ext 3090

Padre Shanahan - ext 3698

763-4357. OPEN ALL YEAR.



Diligence, enthusiasm key to United Way campaign's teamwork

From page 10

"I think he would be very appreciative for what you're doing here today. Having this here puts a face to the grave, not just his name, as these students kneel in front of it putting down a poppy."

- Son Brian Forsyth set up a display at the military grave of his father James Forsyth, where students placed poppies, Canadian flags as part of the No Stone Left Alone program 15/11/18

"These injuries often last longer than the physical and we must continue to combat them with empathy, compassion and support long after the guns go silent. However, all Canadian military veterans know the price paid for our freedom, and are passing the torch of Remembrance to the people of Canada. We can do this by keeping our history alive, cherishing the courage and sacrifice of those who have served Canada so

proudly and made it the great country it is today. Let's honour the memory, learn something new each year, find something that resonates with us — be it the stories of our veterans, the history from monuments or the simple acts of thanks and remembrance."

- BComd LCol David MacIntyre acknowledged those struggling silently during his Remembrance Day address during the Nov. 11 ceremony held at the MPTF 15/11/18

"The annual workplace charitable campaign would not happen without the diligence and enthusiasm to organize teams, plan events such as [Base Maintenance's] car care clinic, put up posters, collect money and canvas ... and sometimes spending your own money for these events. For that, we are grateful."

- Base United Way chairperson Capt Eliza Shanahan spoke at the wrap-up where it was announced the 2018 campaign raised more than \$47,000 29/11/18

"I may be Lutheran, but first and foremost, my door is open for everyone. I'm trying to listen — I'm not here to teach, I'm here to learn."

- *New Base padre Capt Sean Smallwood* 29/11/18 "The summers were warm and had long hours of sunlight. And I will miss the regiment – it's a good family,"

- Bdr Alexandre Boucher-Dumont left 1RCHA for Ottawa after being selected to be the driver for the Canadian Army Comd LGen Jean-Marc Lanthier 13/12/18

"It was really humbling to see the willingness to fight for other people's freedom. Canada didn't have to be there, but we were. Fighting for Italy's freedom [from Germany]. The sheer hell that some of those soldiers went through ... is surreal."

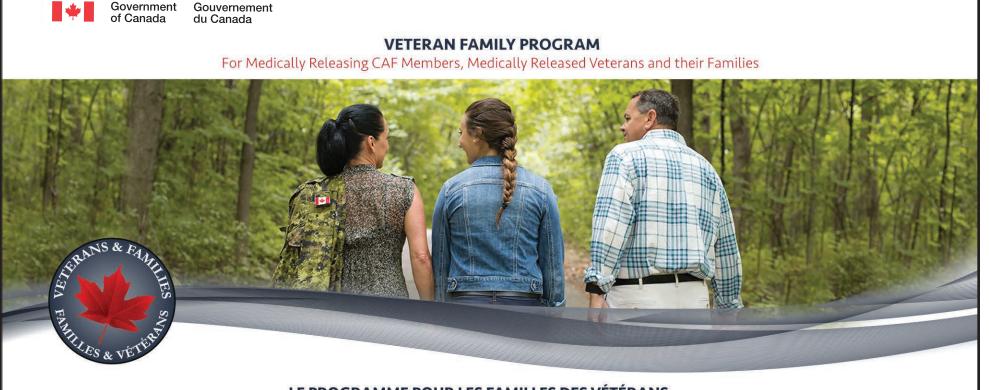
- Sgt Matthew Watson traced his grandfather's footsteps with a trip to Italy where Canadian soldiers participated in Op HUSKY in 1943 13/12/18



OCdt J-P Reil had a busy year playing his bagpipes at Base ceremonies. 17/5/18



Your 2019 Base calendar has arrived. If you'd like a free copy to hang in your office, or at home, drop by the Stag and see the editor.



LE PROGRAMME POUR LES FAMILLES DES VÉTÉRANS

Pour les membres des FAC en voie de libération pour des raisons médicales, les vétérans libérés pour des raisons médicales et leur famille

The Veteran Family Program supports medically releasing Canadian Armed Forces members, medically released Veterans and families. If you are transitioning visit your local Military Family Resource Centre, **CAFconnection.ca**, or call the Family Information Line at **1-800-866-4546**.

Ce programme appuie les militaires en voie de libération pour des raisons médicales, les vétérans libérés pour des raisons médicales et leur famille. Si vous êtes en transition, visitez **ConnexionFAC.ca** ou votre centre de ressources pour les familles des militaires, ou appelez la Ligne d'information pour les familles au **1-800-866-4546**

