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Volume 57 Issue 15



Serving Shilo, Sprucewoods & Douglas since 1947

July 26, 2018

INSIDE This Issue



Cougar, black bear spotted on Base. Page 2



Stag garners CCNA third-place award. Page 6



Shay Brown meets MCpl David Deblois. Page 9



CoA for new BRSM

Deja vu — CWO James Doppler returned to a familiar position at Base headquarters, taking the BRSM job he passed on to CWO Don Askeland three years ago when he was posted to Garrison Edmonton as RSM of 3CDSG. Besides the return of the pace stick to CWO Doppler from BComd LCol David MacIntyre (above), CWO Askeland saluted 3CDSG Comd Col Scott McKenzie (right) after he received his promotion (below) to captain. His wife Tracy and family helped him with his new jacket featuring pips. He's now off to Winnipeg-based 38 Brigade, where he will be adjutant for the Queen's Own Cameron Highlanders of Canada.

Photos Jules Xavier



Cougar, black bear with cubs spotted on Base

Shilo Stag

Hikers and outdoor enthusiasts in the vicinity of the wooded area adjacent to the north gate or the Base's training area need to be vigilant when it comes to recent wildlife sightings.

Base biologist Sherry Punak-Murphy and Range Control patrollers have confirmed the presence of both a cougar and a mother bear, with cubs, in vicinity of Area A — rifle ranges — and Sprucewoods Provincial Forest.

All personnel are advised to remain vigilant and aware of their surroundings when accessing these areas.

The cougar, or mountain lion, is Canada's largest wild cat and are solitary, except for mothers with young. Their prey species include deer, wild sheep, elk, rabbits, birds and other small animals.

Most active at dusk and dawn, cougars can roam and hunt throughout the day or night in all seasons. They have ranges up to 300 square kilometres and may roam up to 80 kilometres in a single day.

During late spring and summer, one to two year old cougars become independent of their mothers. While attempting to find a home range, these young cats often roam widely in search of an unoccupied territory. This is when they are most likely to come into contact with humans.

There is a healthy population of cougar in Alberta



and British Columbia. The big cats are also recolonizing Saskatchewan and parts of Ontario.

It is extremely rare that you will encounter a cougar in Manitoba, due to their low numbers, stealth, and general desire to avoid contact with people.

Although your chances of seeing one of these elusive cats is slim, you need to be aware of their existence if one has been spotted on the Base. What to look for — cougars mark their territory along trails, under trees, or on the edge of a ridge. They use mounds of scraped and

scratched earth, pine needles and other forest litter, soaked with urine and poop.

Cougar tracks look like those of a house cat, only much larger — the size of a baseball. The tracks have four toes with three distinct lobes present at the base of the pad. Claws usually do not leave imprints. The front paw is always larger than the back paw mark.

Cougars are predators at the top of the food chain, and their actions are often unpredictable. Following these general guidelines will reduce the risk of cougar conflict:

- Hike in groups of two or more, and make enough noise to avoid surprising a cougar
- Be extremely alert when biking — a human on a bike looks like a deer running

- Carry a sturdy walking stick and pepper spray to be used as a weapon if necessary
- Keep children close and under control
- Watch for cougar tracks and signs

Cougars seem to be attracted to children, due to their high-pitched voices, small size and erratic movements which are all similar to small prey animals.

Talk to children and teach them what to do if they encounter a cougar. Encourage them to play in groups, and always supervise children playing outdoors if there has been a cougar sighting.

A dog is an effective early warning system, as they see, smell and hear a cougar sooner than people

What do you do if you come across a cougar while out hiking in the Sprucewoods Provincial Forest, or are honing your C7 skills on the Base rifle range?

DO NOT RUN. Back away slowly, always looking them in the eye. Sudden movement or flight may trigger an instinctive attack. And never turn your back on a cougar — face the cat and remain upright.

Do all you can to make yourself look bigger. Hold a coat, branch or any other object over your head, or wave it around.

Don't crouch down or try to hide. Yell, throw rocks, speak loudly and firmly. Convince the cougar that you are a threat, not prey. Always give the cougar an avenue of escape.

Pick children up off the ground immediately. Children frighten easily and their rapid movements may trigger an attack.

If the cat attacks **FIGHT BACK.** Many people have survived cougar attacks by fighting back with anything they have, including rocks, sticks, fists, fishing poles, cameras etc.

The same precautions should be taken if you come across the mother black bear, and her cubs.

Shilo Stag

What should you do if you encounter a cougar? There are a few basic safety tips to keep in mind.

- Maintain eye contact.
- Pick up small children and pets so they do not panic and run.
- Stand and face the cougar. Give the cougar an escape route — most will try to avoid you.
- If the cougar does not leave immediately, back away calmly at first (keeping eye contact). If it comes towards you, do what you can to scare it away. Try to appear larger or taller and intimidating. Open your jacket wide, put kids on top of your shoulders, lift your hat up high and wave it. Speak firmly and loudly.

Encounter a cougar here's what you should do

Throw things!

- Don't play dead. You must fight back if a cougar attacks you. Throw stones, branches, or whatever you can reach without looking away or turning your back. Do not crouch down as you will look like a cougar's four-legged prey.

- Don't walk your dog in an area where a cougar has been sighted. They are attracted to small animals.

Moreover, if a cougar planned to attack you, he would be hidden and attack you with a surprise burst of energy.

That's cougar-style. In such a case, you have no time to prepare

defence except to fight as hard as you can.

Many cougars have been scared off by someone punching and kicking at them.

Pet of the Week

WILLIE MARTINI

Willie Martini is not your average family pet. This rambunctious canine has a dancing walk because of health issues at birth, but this does not deter him from chasing squirrels or crushing one of his favourite toys, a football. With a quirky personality, he's entertaining to be around, especially out for walks. Do you have a photo of your pet — cat, dog, bird, snake, hamster — you'd like to share with our Stag readers? If so, e-mail it to us via stag@mymts.net



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Met Tech set for new adventures on the high seas

OCdt J.P. Reil
Stag Special

Newly promoted MCpl Bradley Stouffer will learn to get his "sea legs" as he is posted to CFB Esquimalt this summer.

With the new rank comes new responsibilities — learning how to write PDRs and PERs, and enforcing policies.

Onboard ships he will learn what it is like to be a senior member of the mess — he may even take on the role as a "mess mom" (navy slang for a person in charge of a specific sleeping area).

"Basically every generation of Stouffers have been in the military. I have an uncle who's a lieutenant colonel," said MCpl Stouffer. "I tried a few career paths that didn't work out, and this was a backup plan and it gave me an opportunity to stay fit."

He added, "I didn't know anything about met [meteorology] and I thought I would give it a shot, and it just kind of happened and I ended up liking it."

Born in Brandon, but raised in Winnipeg, the Manitoba native has been posted to 1RCHA since 2012 after arriving here from the Joint Met Centre at CFB Gagetown, NB. He immediately learned what going to the field meant as the Regiment was preparing for high readiness training at Garrison Wainwright, AB.

When he is not busy supporting the Regiment or other units with met requests, MCpl Stouffer shares his love of hockey representing Base and unit teams.

"I started playing hockey when I was young and I wanted to continue playing in the military," MCpl Stouffer explained.

He was a valuable member of 1RCHA's Strong Contender ice hockey team, winning gold and other medals at the annual Brigade sports competition at Garrison Edmonton. He also competed in other tournaments — winning gold medals at regionals in ice and ball hockey, as well as representing Shilo at nationals held at CFB Borden, ON.

As his former boss, I would joke around at times that he would lose a point on his PER for being a puck-hog — sometimes he held on to the puck too

long, however he often made the defence look like it was standing still because of his strong skating.

He took every opportunity watching live games — whenever he was not out on Exercises — as you could see him wearing his Wheat Kings sweater at the rink when the WHL team was playing in town.

During the summer months, MCpl Stouffer would trade in his skates for running shoes and continue to work on his ball hockey skills.

Thanks to his agility as a hockey player, MCpl Stouffer set the FORCE tests' 20-metre shuttle run record for the Base with a time of 29 seconds — a feat that was just recently beaten.

Like all of us who joined the Forces hoping to go overseas to serve our country, MCpl Stouffer got his chance when he recently deployed to Latvia last fall as part of Op REASSURANCE.

"It was a nice short deployment, and it was the perfect deployment to get your foot in the door to get a feel for how things are done in another country," MCpl Stouffer explained.

"Getting to see a different country and working and meeting other people from different nations was very cool. I even got to see



MCpl Bradley Stouffer checks over some of the equipment he uses on a daily basis working as a Met Tech. However, he is off to the west coast where he'll have to get used to "sea legs" following his recent promotion, and posting, to CFB Esquimalt.

Photo OCdt J.P. Reil

a KHL (Kontinental Hockey League) game in Riga."

He added, "The Base Commander would have us on parade and he would be quizzing everyone on the different languages at the camp."

MCpl Stouffer will be turning in his rucksack and ground sheet for a bed — rack as it is called onboard ship — and his CADPAT for naval combat dress (NCDs).

However, before going to sea, MCpl Stouffer will be spending his time at Maritime Pacific HQ (MARPAQ HQ) where he will learn naval terminology and customs — even shipboard drill.

"It'll be a nice change. Instead of ballistic met, I'll be focusing more on briefings and watching the weather more," he said.

He will also learn what it's like to be a firefighter, as fires are a ship's worst nightmare and members of the ship's company need to know how to fight them.

"I don't know about deployments yet, but I'm looking forward to the travel as-

pect and seeing different parts of the world," MCpl Stouffer said.

He joked, "I'm a little worried about that motion sickness, but we'll see what happens."

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The *Shilo Stag* is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

...



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Fresh paint

CE painters were out enjoying the summer sunshine as they re-painted all Base crosswalks with their specialized equipment. 2Lt Ryan Bartlette found this crew out in front of Base HQ laying down fresh paint on the faded lines.

Vehicle, pedestrian safety is everyone's responsibility

OCdt J.P. Reil
 Stag Special

With warmer temperatures and a generous amount of sunshine, everyone wants to have a good time enjoying the outdoors.

Summer time also means more traffic on the roads, not just on the highways, but in our communities as well.

More traffic does not mean just vehicles, but more cyclists and more people are out and about.

Kids are breathing a sigh of relief that school is at an end, which means they'll be out longer doing various activities.

While everyone wants to get where they want to be, slow down for a minute to make sure you get there safely.

It only takes a second to realize your life has turned around because you were either the cause of, or a victim at an accident scene.

Here are a few tips to enjoy a safe summer:

Drivers — we're all busy and we need to get somewhere, however you need to drive safely. That means following the speed limits — they're there for a reason.

Keep in mind of high traffic areas where pedestrians are most active. If pedestrians are in crosswalks, stop and wait for them to cross.

Pedestrians can also cross the road at unmarked crosswalks — these are mostly at uncontrolled intersections — so be alert for them as well.

Be visible, that means having your lights on. Most vehicles have daytime running lights however, these are not enough when you are on the highway.

Also know when you have to have the lights on. I've seen too many vehicles with only daytime running lights at dusk or dawn.

The Highway Traffic Act states to have lights on a half hour before sunset and a half hour after sunrise.

Pedestrians — you also have a responsibility to

ensure they are following the rules and know when and how to cross the road. Yes pedestrians have the right-of-way, but only at designated crosswalks and intersections.

Don't cross in the middle of the street, this is jaywalking and it is illegal.

Pay attention to your surroundings. Too many incidents and near-misses happen as a result of pedestrians not paying attention, especially if you are using an iPhone while texting.

Look both ways before crossing the road — this is often a verbal cue to drivers that you intend to cross.

Parents need to maintain control of their children. Don't let them dart out in front of you.

Cyclists — as the warmer weather is now upon us, there are more cyclists on the road.

Cycling is great exercise and good for the environment. If you can cycle to work instead of driving, you also save money on fuel — this means more savings for enjoying that barbecue you have planned.

However, cyclists also need to know their responsibilities on the roads. Contrary to popular belief, cyclists are not pedestrians.

Cyclists operate the same way as vehicles do. Know your hand signals as you are required to signal your intentions, just like you are driving.

However, smaller bikes with the rear wheel diameter of less than 410 millimetres (41 centimetres) are allowed on sidewalks.

These riders are mainly toddlers up to teenagers. Don't just cross the street, but stop and make sure it is safe to cross.

Be visible, especially in low light situations — it is a great idea to buy lights for your bike, in some municipalities lights are required.

Above all, wear your helmet! It is a Base standing order to wear them and you can get ticketed by MPs if you don't wear it.

There are many more steps to enjoy a safe summer. Let's all take a moment to be safe out there for everyone's benefit.



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PHOTOS JULES XAVIER



Mother Nature provided excellent weather for the 11th annual BComd's golf tournament held at the Shilo Country Club. Action on the links saw plenty of birdie putts, or missed chips and errant drives. Everyone was a winner, including the last-place team.

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Mike McEwan, Senior Manager PSP/CFB Shilo
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Volume 56 Issue 3  Serving Shilo, Sprucewoods & Douglas since 1947 February 9, 2017

INSIDE This Issue

18CHA involved in Op PALAG in BC, Page 2

Stag attends self-defence training session, Page 6

Stag celebrating 70th anniversary, Page 10

Op UNIFIER Roto 3 soldiers finish training
 Jules Xavier
 Shilo Stag

From fingers made firing a Russian-made AK-74 problem...
 Sure the winter gloves and the weapon he grunted...
 easy to handle when taking aim at a target 100 metres away...
 when the wind chill made it feel like minus 30 C, Capt Hart...
 week's circulation showed in the fingers. Checking the safety on...
 and off, or trying to put in a new magazine was no easy task...
 Such is the life of a soldier training for an overseas deploy...
 ment where the winter conditions went from balmy one week...
 to blizzards the next. Being familiar with the AK-74 meant Capt...
 Hartwick, an OC for Left Coy Op UNIFIER Roto 3, led his sol...
 diers along with others visiting here from Garrison Edmonton...
 out to the Base's training area and the range.

The snow-covered practice ground's soldiers from two military...
 bases which navigated the icy dirt roads out to where their...
 weapons were laid out on tables at the 200-metre mark.
 The AK-47 and AK-74 are both Russian-made assault rifles...
 designed by Mikhail Kalashnikov. The AK in the name refers to

automatic (A) Kalashnikov (K) rifles and the numbers refer to...
 the year in which they were designed — 1947 and 1974.
 In 1975, the Soviet Union began replacing their AK-47 and...
 AKM rifles with a newer design, the AK-74.

Earlier, with hands exposed to the cold temperatures on the...
 first day of February because heaters for heat set up the day...
 before were not working, soldiers had to load their own mag...
 azines. Handling cold magazines along with cold AK-74 bullets...
 was a challenge.

Added to compare the C7 to using the AK-74, and how it...
 handled despite having frozen fingers, Capt Hartwick offered...
 "Mother nature always has her way in training, but today we...
 pushed through it and got it done."

The nature of Southern Ontario, where winter is often equivalent...
 to what we enjoy on the Manitoba prairies, added. "Luckily...
 the weapons we used today are simple to use and most actions...
 could be performed with worn gloves and mitts on, AK-74 itself...
 is highly very versatile, and had no issues firing in this cold...
 "What was the purpose of familiarizing soldiers with the use...
 of the AK-74, or other Russian weaponry as part of training...
 at CFB Shilo?"

See **TALK FORCE** page 7

April 20, 2017 Shilo Stag 7

PAINT NITE

OCs Maj Katherine Hare adds paint to her canvas.
 Colourful creativity with CFB Shilo officers...
 means the artistic venue for an inaugural Paint Nite with...
 instructor Shane Robbins. The evening event which ran...
 for more than two hours, featured 39 artists taking part...
 with a sunset on the river as the subject matter. Howev...
 ever, participants were able to devote away from the...
 subject — and create something on their own, or show...
 off their own creative bent.

Instructor Shane Robbins talks about brush sizes.

Detail done on a lighthouse with a smaller paint brush.

Instructor Shane Robbins takes a group photo on her cell.

Capt Steven Shout adds highlights to his waves. Katie Anselky (top) is watched as she paints.

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Volume 56 Issue 18  Serving Shilo, Sprucewoods & Douglas since 1947 September 21, 2017

INSIDE This Issue

Former soldier draws on her military career, Page 2

18CHA run camp for Ex EAGLE'S NEST, Page 6

Zip line popular with kids during Family Day, Page 9

Terry Fox Run

OCs Maj Katherine Hare and 18CHA CO Lt Col Shoshon Hare flanked their son during the 37th annual Terry Fox Run. The Hare family were just three of more than 700 who took part during the morning event. For more visuals see page 7.

CCNA competition

'Workmanlike product' judged third best among CAF newspapers

Shilo Stag

Your *Shilo Stag* might be third best among all military newspapers across Canada, but the community newspaper serving CFB Shilo and its hinterland is No. 1 among Canadian Armed Forces (CAF) Army newspapers.

News Media Canada announced the winners of the annual Canadian Community Newspaper Awards (CCNA) July 16 following judging, with the 12-page tabloid *Stag* finishing third behind two large Navy publications on the west and east coasts.

"Well done, Jules. Third-place behind the two largest and best staffed/funded papers in the CAF is quite an accomplishment for the *Stag*," offered senior PSP manager Mike McEwan.

"The lion's share of the credit goes to you for this. Thanks for making us look good again this year and keep up the great work."

Since arriving from the Comox Valley on Vancouver Island in June 2012, editor Jules Xavier has turned the *Stag* into a community-focused newspaper, with a two-person team covering not only military activities, but also including sports, history, business and family news in stories, features and photos.

"When I arrived from British Columbia, having worked for more than 30 years in mainstream media, and mainly on community newspapers, then BComd LCol Rick Goodyear asked me to turn the *Stag* into a community paper," recalled Xavier. "I've done just that, minus covering politics, school board, city council and the crime beats reporters have at your daily or community newspapers. People stories are the bread and butter of any community newspaper, so I try to bring that to the *Stag*, by being at the event and writing about it, versus relying on submissions."

He added, "I don't mind submissions if a soldier wants to write about their experience on deployment or being part of an exercise. The first-person view from a soldier can make for a good read. Even if you're not a writer, I'll use my editing skills to massage your words into a story or feature. Same goes with photographs. The *Stag* team sometimes has multiple events going on when this Base gets busy, so having someone provide us with words or visuals is awesome."

"I still think it's amazing how well the *Stag* did! A true testament of your hard work and your love of the community and your craft," said BGen Rick Goodyear, now Director General Budget and Canadian Armed Forces (CAF) J8 in Ottawa.

The *Stag* also finished third in 2013, 2015, 2016, with the best year being 2014 when it was second behind

CFB Halifax-based *Trident*. That same year Xavier and staffer Jillian Driessen submitted articles and photographs to the premier awards categories for the first time and garnered a second and third in photo essay, and a second in feature photos in its class of circulations up to 3,999. The *Stag's* circulation is 3,000.

The annual CCNA competition celebrate the best in community publishing from across the country. Newspapers of similar circulation size compete against each other and are judged by a panel of industry experts.

With a diverse array of awards categories covering editorial, photography and multimedia, the CCNA competition offer learning opportunities for publications of all sizes. The CAF newspapers are judged by their peers from mainstream news media outlets.

Judging is based on the total newspaper and recognizes outstanding overall excellence in community journalism serving a CAF community. An entry consisted of one copy of each of two issues — one from the month of February 2017, and one from the month of September 2017. Judging was done by experienced newspaper people familiar with the conditions under which CFB newspapers are produced.

Out of 50 points, judging was based on: quality of news content (20 points), photography (10 points), features and columns (10 points), make-up and typography (five points) and advertising and general impression (five points).

Here's what the judges had to say about the top-three finishers in the open circulation category:

• 1st *Lookout*, CFB Esquimalt, BC — "This is your CFB newspaper of the year. Bold decisions, clean copy presentation and a streamlined design. Modern looking, as well as in feel and content, design. Strong. The product reflects a larger staff firing on all cylinders, strong balance between CFB news and DND PR as well. Excellent work."

• 2nd *Trident*, CFB Halifax-Maritime Forces Atlantic, NS — "Perhaps the product that splits the difference between the competition; this crew is not just making due with tight numbers and staff, but shining. Headlines are a little jarring from a layout point of view, and the photos could use a crop as often 'dead space' occupies the frame. However, the moves and directions here are on point and generally strong. Lots of information contained within. This is a newspaper."

3rd *Shilo Stag* — "A workmanlike product. There it is. Photography does seem to stand out, the shooter has an eye for frame. The ledes (first paragraph of a story) jump. The pagination and layout here seems late 90s in style and effort. The individual talent and content here is strong, but should be given a more ap-

pealing plate in the design and presentation to shine."

In the best photo essay class for the *Stag*, Xavier's coverage of "paint nite" at the officers' mess earned a second-place finish.

Best photo essay — circulation up to 3,999

• 1st *St. Paul Journal*, St. Paul, AB, Janice Huser "Haying in the 30s"
 • 2nd *Shilo Stag*, CFB Shilo, Jules Xavier "Paint Nite"
 • 3rd *Hope Standard*, Hope, BC, Barry Stewart and XY Zeng "Class of 2017"

Here's what the judge had to say about Xavier's photo essay, "Paint night might not be the most exciting assignment, but the images really capture the mood of the evening and draw the viewer in. The layout showcasing main image of the artist being watched by the military portrait in soft focus was a wonderful visual. The story is fleshed out with the close detail of the paint brush, and the different stages of painting and instruction."

"I like the observations made by the judge on what I captured that night in the officers' mess," said Xavier. "Sometimes an assignment provides you with a lot of different shooting options, and watching neophyte painters all paint the same theme offered by the instructor gave me a plethora of images. The ambience and the setting, too, was excellent because you had all these large portraits of officers looking over the shoulders of the painters."

The *Lookout* and *Trident* also copped a few individual awards with CAF imaging techs finishing top-three:

Best News Feature Photo — circulation up to 3,999

• 1st — *Lookout*, CFB Esquimalt, BC, LS Mike Goluboff "First Kiss"
 • 2nd *Fort Frances Times*, Fort Frances, ON, Joey Payeur "High-Fives"
 • 3rd *Sundre Round Up*, Sundre, AB, Noel West "The King's Kiss"

Best News Feature — circulation 12,500 and over

• 1st *Goldstream News Gazette*, Victoria, BC, Kendra Wong "Crews battle large blaze"
 • 2nd *North Shore News*, — North Vancouver/West Vancouver, BC, Cindy Goodman "Tiny Dancers"
 • 3rd *Trident*, CFB Halifax Maritime Forces Atlantic, NS, LS Ogle Henry "Sea King Flight with Flares"

Best Spot News Photo Coverage — circulation 12,500 and over

• 1st *Prairie Post East*, Swift Current, SK, Dominique Liboiron "Paint Fight"
 • 2nd *Trident* CFB Halifax Maritime Forces Atlantic, NS, Mona Ghiz "Staying on their feet"
 • 3rd *Burlington Post*, Burlington, ON, Graham Paine "Arsonist torched Trinity Baptist Church"



The Afghan Memorial and cairn are part of Canoe River Park following a recent dedication ceremony. The LAV III is kitted out as it would look if it was an observer for 1RCHA A Bty during Canada's involvement in the war in Afghanistan where 162 individuals paid the ultimate sacrifice. *Photo Jules Xavier*

LAV III creates chance for dialogue on Afghan War

2Lt Ryan Bartlette
Stag Special

Every Remembrance Day, we see the films, and we hear the statistics of the horrors of war.

When we watch, we become familiar with the names. Juno. Dieppe. Kapyong. But do we really comprehend? How many soldiers have travelled down Cassino Trail in the training area without knowing about Monte Cassino?

During the recent dedication of the LAV III at Canoe River Park, there were no such gaps in comprehension. Soldiers wearing the Campaign Star and the SWASM alike were gazing upon the tool which they used in combat.

For myself, it was an incredibly different experience. The former SNCO in me wanted to be part of the parade and not behind a Nikon lens.

After hearing BComd LCol Dave MacIntyre speak, it really put into focus for me the numbers etched on the cairn. More than 140,000 soldiers served in Afghanistan — 162 never came home.

Countless more would return home irrevocably changed. It's not only important that we remember — it's important that Canada remembers.

For some, the LAV III is just a museum piece. For others, it is incredibly emotional. It is a stunning visual reminder of the time they spent in a theatre of war.

Const Chris Terleski now works with the RCMP, but looks back fondly on his time with 1RCHA's A Bty in Afghanistan from January to June of 2006.

"It was definitely our home" Terleski said of his Bison armoured vehicle.

The LAV III was indeed a home to many soldiers.

It provided security, as well as the tools needed to complete the mission.

During the ceremony, I could see many in attendance looking upon the LAV III with nostalgia. The connection is even more pronounced for those no longer serving.

"It played a significant part of my life, and shaped a lot of who I am today. I like to keep that connection. It's really important," said Terleski.

The connection between the LAV III monument and the women and men of the CAF that served in it is as strong as ever. It is difficult to describe to someone the feeling of validation and the sense of reward that comes with doing your job in a theatre of operations.

For those of us who have been "out of the game" for a while, that feeling creeps back the closer we get to our former instruments of warfare. I'm not certain whether it is because the memories are attached to adrenalin — but the feeling is hard to deny.

Bdr (Ret'd) Jessica Wiebe deployed with the 2PPCLI battle group in 2008. She now uses art to "bridge the gap between military experience and civilian understanding."

The LAV III can be used to create dialogue on the Afghan conflict and to her, "dialogue is the biggest, most important point around monuments."

This is an opportunity for soldiers and ex-soldiers alike to show the younger generation the vehicle that Canada fought in for the better part of a decade, and talk about what exactly that means to them.

For some drivers, there are moments you will never forget. During a brief period of TF 1-08, drivers were forced to wear a tourniquet on the pretext that they were in a hard to reach position, and that the extra time may have saved a life.

The rule was found to be excessive; it was never widely implemented. Still, the weight of the task was upon the drivers and is now something they can reflect upon as they view the monument.

For Wiebe, it was the feeling of dust on her fingertips that stirs memories of her TLAV during TF 1-08. Like others, she echoed that the vehicle was her home and "I almost relied on that vehicle more than my weapon in a lot of ways."

MCpl (Ret'd) Adam Cyr also deployed on TF 1-08 and remembers the LAV III in an exceedingly personal way.

"They all look the same, except to the people who were actually in them" he said.

Since deployment, he has shown some of his family members the LAV III to reveal "how and why it worked for us."

When viewing the vehicle, memories start to flood back.

"You remember how your drills go, all those bicycle memories keep coming back," he offers.

He also remembers his crew fondly, such as Pte Chad Horn, who Cyr remembers as "probably the best Gunner I've ever seen on it [LAV III]."

Horn was credited with saving the lives of many of his comrades in Afghanistan before paying the ultimate price in September 2008.

These are the stories that are important to remember. This is why some will look upon the monument in a way only they will truly understand. This is why G11 came to Shilo.

Whatever experience you had on either the LAV III or in Afghanistan, there is now an avenue to discuss Canadian history sitting on a cement platform across from a tank left by the German Army in CFB Shilo's Canoe River Park.



GRAND OPENING

Shilo Medsafe Pharmacy manager Dhawi Salih invited the Base out to his July 19 grand opening, with BComd LCol David MacIntyre and BRSM CWO James Doppler on hand for the ribbon cutting ceremony. PSP senior manager Mike McEwan (left) helped with the cake cutting, with this event providing nourishment in the form of homemade desserts as well as slices of Pizza Pizza. CANEX manager Melissa Kelly (right) grabs a piece of cake for her daughter, who took part in Salih's post ribbon cutting by having her face painted. There were plenty of kids out for this event, with the bouncy castle a fun outdoor activity when the kids were not enjoying having a balloon made for them or asking for their face to be painted like a cat. Salih also had door prizes, with the following five individuals winning after their names were drawn: Lisa Barnes, Julie Clemens, Nicole Roux, Linda Beauchemin and Mary Urbanovitch. Open since early summer, Salih is now offering seniors days every Wednesday, with 10 per cent off all over the counter products. Fill or transfer your prescription needs to Shilo Medsafe Pharmacy and you will be entered to win a Samsung Galaxy Tab E.

Photos Jules Xavier



Soldier has Shay Brown smiling after posing for photograph

Jules Xavier

Shilo Stag

RCEME's MCpl Dave Deblois has gone viral — and a nine-year-old girl having breakfast at a Brandon McDonald's is the reason.

A vehicle technician at Base Maintenance, MCpl Delbois made Shay Brown's day with a simple gesture one might expect if he was a Hollywood actor or a Brandon Wheat Kings player. We'll let mom Erin Brown relay the story:

"My little girl loves all things army," she wrote in a message on the Stag's Facebook page. "Today, at McDonald's she saw this gentleman in uniform and went up and asked for a picture with him. He said 'oh sure.' I think he was taken aback, but he was very nice and kind to my daughter and if anyone knows him I just wanted to send a thank-you out to him.

"My daughter has a lot of mental issues and this meant the whole world to her. So thank-you for him. My daughter [Shay] is still beaming from it."

On the Stag's Facebook page, more than a week after the Stag team posted Brown's photo, the image has reached more than 13,000 people, been shared more than 90 times, and endless comments from people who know or don't know him.

Here are some of the comments that this photo garnered because of MCpl Deblois taking the time to pose for a photograph with Shay while he was in grabbing a drink at the fast food restaurant.



MCpl Dave Deblois from Base Maintenance took time out from his morning to pose for this photo at McDonald's when Shay Brown asked. It has gone viral on the Stag's Facebook page.

Photo Erin Brown

Jeremy MacDonald: "Great example for our younger generation. BZ."

Douglas Jones: "Way to go Dave. Pass it on. A little goes a long way. Great job."

Klaus Knauer: "Well done. You can rely on a maintainer to do the right thing. ARTE et MARTE."

Nathalie Rhéaume: "On voit qu'après tout ces années tu as encore un coeur d'or."

Leah Hurley Myslicki: "You have a good heart David Deblois. Your boys have a great role model."

Capt Don Askeland: "Well done soldier!"

Dana Zieroth: "Kindness the best gift."

Dean Walker: "Bravo Zulu MCpl. A simple kindness makes a world of difference in peoples lives."

Brian Mitchell: "David is a great man! His boys will be big hockey stars."

Dane Adam: "All children can learn something from your daughter [Shay]."

Darlynne Clarkson: "Awe, so great to hear a happy story. Way to go young man."

Angie Jacobs: "Always making us proud! Kudos."

Erin Brown: "I am the mom and so very thankful to such a kind man. Thank-you from the bottom of my heart. A little pic meant the world to my daughter. Thank-

you."

Elizabeth McNamee: "Thank-you for showing the kinder gentler side of the uniform. You made a lasting memory for this young lady. Way to go."

Benoit Dugas: "I always made time for people when I was in uniform when the kids wanted to talk to a military person. Well done [as] one minute of your time brought a lifetime of a memory for a family. Thank-you for your service. Arte et Marte."

Scott Henry: "Arte et Marte brother, well done!"

Kathleen Trottier: "So nice to see her smile. A job well done MCpl [Deblois]."

Alexandre Mononcle Dionne: "David Deblois t'es le meilleur! On est fier de t'avoir comme superviseur!"

Sharon Richardson: "Awesome kind sir."

Cal St.Croix: "Arte et Marte brother, way to represent."

Danny Evans: "Kudos to the Canadian soldier. A simple act of kindness did go along way. YOU are the MAN!"

Wayne Hribar: "RCEME to the rescue. Arte et Marte."

Bob Beraskin: "Good on you MCpl [Deblois]. Something so simple can change someone's life. Ubique."

Teddy Stevens: "Awesome! Only took two seconds to say hello and take the picture. Good on you man."

Tanis Lee: "Awe, David so very sweet!"

John Dunklee: "A simple act of kindness. Of course, by a Canadian soldier. I hope he knows what he did for this little girl's sense of self worth."

Brian Pearce: "To make a child's day is awesome good job buddy."

Charley Nolan McKeever: "That is Dave. He is kind to everyone he meets."

Carolyn Hobson: "The simple things that can make a child's whole day."

Capt Thomas Oh in his Chain of Command as Maintenance Officer said he was impressed by this act of kindness shown to a young person at a Brandon restaurant.

"A Bravo Zulu for MCpl Deblois for bringing credit to the CAF (Canadian Armed Forces) in the public eye."



Ready to play?

Construction on three tennis courts, including one that caters to tennis and basketball, is nearing completion.

Photo Jules Xavier

Get involved with your Home Station Regiment



The newly-established Home Station Regiment Senate exists to advance the welfare of members who are currently in service at the Home Station Regiment, as well as retired and former serving members of the Home Station Regiment. If you'd like to get involved, contact the president, Col (Ret'd) Peter Williams, at cdnig19@hotmail.com

Grab a summer copy of your Base At A Glance magazine available now at CANEX, GSH and units

At A Glance

CFB SHILO



Visit Shilo Country Club

www.CAFconnection.ca

SUMMER 2018






DP1 training

There has been a hive of activity on the Base this summer with Reservists honing their soldiering skills, including those in the artillery. DP1 instruction is underway, with soldiers learning their craft in the classroom and outdoors prior to live fire.

Photo 2Lt Ryan Bartlette



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WARNING

SHILO RANGES

Day and night firing will be carried out at the Shilo Ranges until further notice.

The range consists of DND controlled property lying approximately 32 kms SE from Brandon and N of the Assiniboine River in Townships 7, 8 and 9; Range 14 WPM, Townships 8, 9 and 10; Ranges 15 and 16 WPM and Townships 9 and 10; Range 17 WPM in the Province of Manitoba. If required, a detailed description of the Shilo property may be obtained from the Base Construction Engineering Office at Canadian Forces Base Shilo.


All boundaries, entry ways, roads and tracks into the Range are clearly marked and posted with signs indicating that there is to be NO TRESPASSING. Hunting is no longer permitted on the Shilo Ranges.

STRAY AMMUNITION AND EXPLOSIVE OBJECTS
Bombs, grenades, shells, similar explosive objects, and their casings are a hazard to life and limb. Do not pick up or retain such objects as souvenirs. If you have found or have in your possession any object which you believe to be an explosive, notify your local police and arrangements will be made to dispose of it.

No unauthorized person may enter this area and trespassing on the area is strictly prohibited.

BY ORDER
Deputy Minister
Department of National Defense

OTTAWA, CANADA
17630-77



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AVERTISSEMENT

POLYGONES DE TIR DE SHILO

Des tirs de jour et de nuit seront effectués aux polygones de tir de Shilo jusqu'à nouvel ordre.

Les polygones de tir sont des terrains sous le contrôle du MDN situés à environ 32 km au sud-est de Brandon et au nord de la rivière Assiniboine dans les cantons 7, 8 et 9; polygone 14 OMP, cantons 8, 9 et 10; polygones 15 et 16 OMP et cantons 9 et 10; polygone 17 OMP, dans la Province du Manitoba. Au besoin, une description détaillée de la propriété de Shilo peut être obtenue du Bureau du génie construction de la Base des Forces canadiennes Shilo.

Toutes les limites, voies d'accès, routes et sentiers menant aux polygones sont clairement marqués et ornés d'écriteaux d'ACCÈS INTERDIT. La chasse est dorénavant interdite aux polygones de tir de Shilo.

MUNITIONS ET EXPLOSIFS PERDUS
Les bombes, grenades, obus et autres engins explosifs similaires et leurs enveloppes peuvent causer des blessures ou entraîner la mort. Ne ramassez pas ces objets et ne les gardez pas comme souvenirs. Si vous avez trouvé ou si vous avez en votre possession un objet que vous croyez être un explosif, signalez-le à la police locale, qui prendra les mesures nécessaires pour l'éliminer.

Aucune personne non autorisée ne peut entrer dans ce secteur où tout accès est strictement interdit.

Par ordre du
Sous-ministre
Ministère de la Défense nationale

Ottawa, Canada
17630-77

Interested in playing pickleball?

OCdt J-P Reil
Stag Special

Heard of the sport of pickleball, but have no idea what it is? Your in-training Public Affairs Officer (PAO) is learning the game while studying at Brandon University. Called "the fastest growing sport in North America" pickleball is a mixture of ping-pong, tennis, and badminton all into one. Popular in the United States, the game is gaining popularity here in Canada. Currently, the older demographic has taken this game by storm. Many players are former tennis players, and they find that pickleball has a lower impact on their body versus playing tennis. The younger crowd is starting to catch on to the sport as it grows in popularity. The game is played on a badminton-sized court with paddles similar to ping-pong, though larger. The ball is similar to a whiffle ball though unlike a tennis ball, it doesn't hurt when you get hit by it. It will sting for a second and then that's it. The rules are very close to tennis, but with unique differences. You must serve underhand and you cannot smash the ball at the net. There is a section of the court called the non-volley zone or "kitchen." As pickleball started out as a family sport, the common phrase which has caught on is "don't go into the kitchen."



OCdt J-P Reil enjoys a good game of pickleball, which is the fastest growing sport in North America. He'd like to see the sport offered on the Base via the GSH if there was interest from military and civilians alike.

the serving team does not score a point on their two serves, then it is a side-out and the other team gets to serve. This is different from tennis where one side serves until the game is over and then they switch servers. Pickleball can be played indoors and outdoors. Outdoor games have their own challenges as the wind can really affect the ball. What interested me about pickleball is that like curling, the game has a lot of integrity. If you're cheating to win, you'll be playing all by yourself as clubs will not stand for cheaters. Another aspect of the game is that you can laugh at your own mistakes and still have fun on the court. Sometimes you think you have all the time in the world to make a shot and when you miss, it often results in good humour. There are clubs in the local area, though the majority are based in the Winnipeg area. Brandon does not have an official pickleball club yet. However, the university offers some sessions at the Healthy Living Centre. I'm trying to see if there would be enough interest here on Base to start a league. I do not know about other military Bases, but 17 Wing Winnipeg has pickleball nights at its recreation centre. There are several sources online where you can find out more about pickleball. The best one I can recommend is the Pickleball Channel on YouTube. Yes, this is an actual visual you can watch to learn more about this sport. Pickleball was offered during the recent Manitoba Summer Fair. The Brandon Curling Club in the Keystone Centre was used to expose players to the game. If you would like to contact me to show some interest or ask questions, I am on Facebook. You can also e-mail me at jpreil82@gmail.com Who knows? Maybe pickleball might be another activity at the GSH in the near future.

www.rcamuseum.com
 Call 204-765-3000 extension 3570
CFB SHILO

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CF1 day at CANEX

Cake and coffee served during CF1 day at CANEX, with BComd LCol David MacIntyre and BRSM CWO James Doppler cutting the cake.

Photo Jules Xavier

CLASSIFIED ADS

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**\$10 for first 20 words,
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Deadline for next issue:**

August 2 at noon

*Free ads (non-profit only)
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residents of the surrounding area.*

Services



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 Padre Johnston - ext 3381
 Padre Dennis - ext 6836
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 Padre Smallwood - ext 3089

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 required. Apply in person at
 CANEX admin office, or NPF
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Shilo & Region Service Club

Inaugural Charity Open

SEPTEMBER 8th

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The Veteran Family Program supports medically releasing Canadian Armed Forces members, medically released Veterans and families. If you are transitioning visit your local Military Family Resource Centre, CAFconnection.ca, or call the Family Information Line at **1-800-866-4546**.

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