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Volume 57 Issue 21



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November 1, 2018

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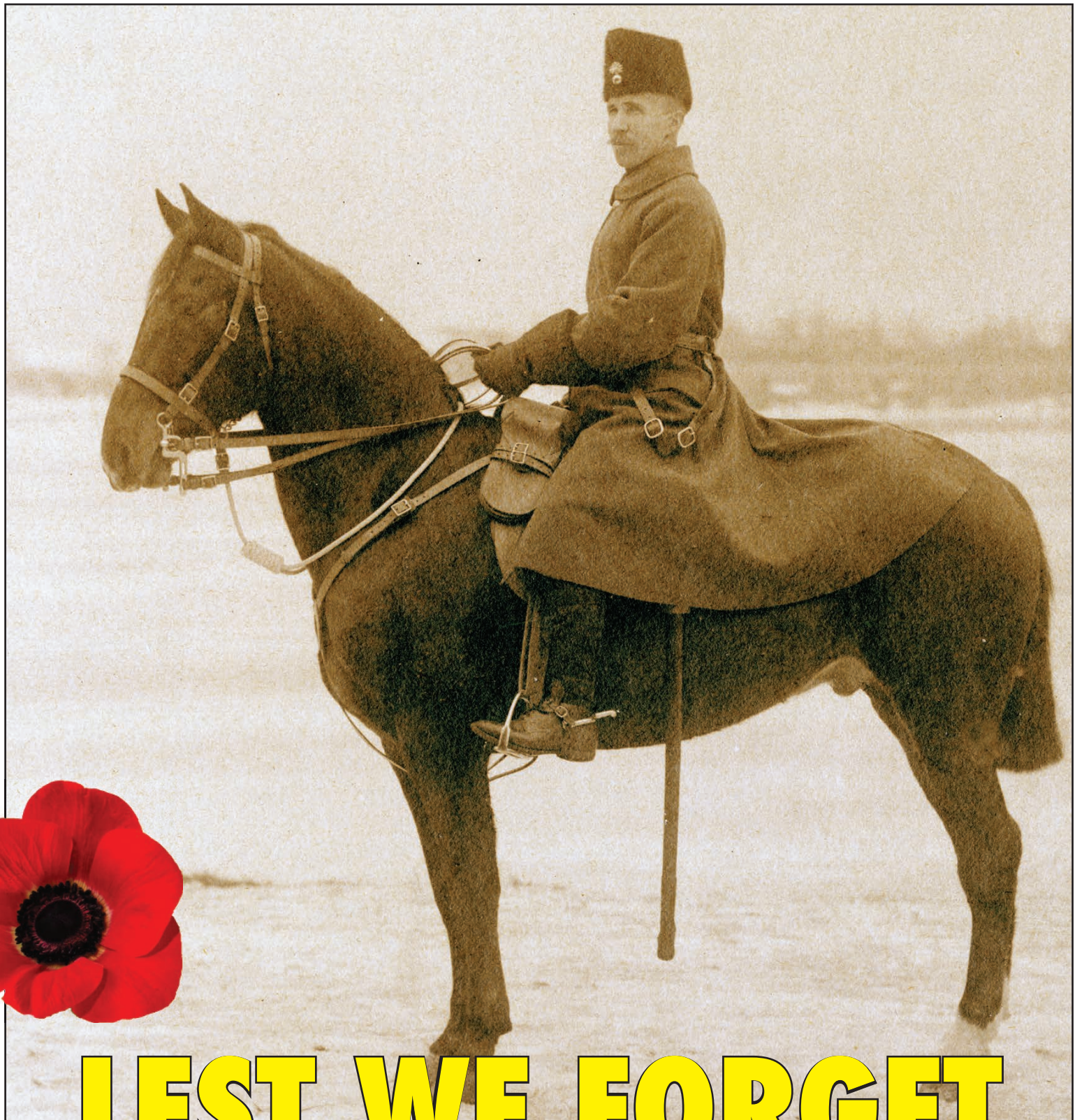
2PPCLI garner silver competing overseas. Page 2



New chili champion crowned at HQ. Page 5



Great-grandfather served in two wars. Pages 6 - 7



# LEST WE FORGET

Sgt Fred King — who served as a musketeer in the German army under Kaiser Wilhelm until his discharge in 1901 or 1902 — was the great-grandfather of RCA Museum curator Kathleen Christensen. She shared a few stories about relatives who served overseas with Canada during the Great War, including Sgt King, who joined the CEF on June 22, 1918, but did not see any overseas service prior to his discharge on Aug. 19, 1919. For more on Sgt King's military service and life in Manitoba, turn to page 8.

*Photo supplied*



# 'We got to prove ourselves on a national scale'

## 2PPCLI brings home silver from world-renowned military exercise

**Jenna Dulewich**

Shilo Stag

Proud.

That is the word 2PPCLI members used to describe how they felt receiving a silver medal for the infamous Ex CAMBRIAN PATROL competition held in Mid Wales, UK last month.

"We had our challenges, but it was very rewarding," MCpl Kevin Walker with the BCoy's Sect 2IC said. "Everyone came back with experience and being the only Canadian team at the [exercise], we got to prove ourselves on a national scale."

Well-known within the international military communities, the annual UK exercise is a gruelling 48 hours with more than 130 teams — consisting of eight members each — from around the world, carrying out patrolling missions across 60 kilometres while carrying personal kit and equipment.

"We not only accomplished [the exercise] but we exceeded standards," said MCpl Walker, who estimated the Shilo team covered close to 80 kilometres and carried approximately 100 pounds during the exercise.

For those who are unfamiliar with Ex CAMBRIAN PATROL, teams are given a set of orders based on a specific scenario involving enemy forces where they prepare for battle, map out designated routes for day and night, and go through numerous stands which test their military skills.

The first stand was mass causality.

"It was hard work but our training paid off and it was very rewarding," Sgt Marc Murray with Cbt Sp Coy said, noting he never doubted himself or the team during the exercise, knowing everyone did the best to their abilities.

"It was physically demanding, but everyone had a role to play. It was a real team effort," Sgt Murray said.

Other stands included dealing with a mock improvised explosive find, intelligence gathering, seeking protective measures against chemical, biological, radiological and nuclear threats, and a water crossing which had increased in size during the course of the exercise due to heavy rainfall.

"It was challenging — everyone was cold, wet and



Cpl Barrett, Pte Alma, Sgt Murray, Cpl Cazalais, Pte Robertson, Cpl Rees, Cpl Brushett and MCpl Walker post-Ex CAMBRIAN PATROL, held in Mid Walesm UK. As the only team representing Canada this year, the soldiers were proud to bring home a silver medal.

*Photo submitted*

tired," Cpl Mark Brushett with RECCE 2IC said.

From the time teams arrived at the stand and started receiving orders, it was 60-minute timer to complete the mission — in addition to not be spotted/caught by the enemy, which the Shilo team succeed in.

"We had to plan accordingly," Cpl Brushett explained. "It was good to see everyone get the job done to that high standard."

The sense of pride and praise between teammates was high during the Stag interview and with good reason — according to the official website, only an

average of five per cent of teams receive top awards while about a third of teams fail to finish.

And as the only team representing Canada, the men were proud to hear they were awarded with a silver medal for their performance, a mere six hours post-exercise during the ceremony.

"We couldn't stop smiling," Sgt Murray said.

"It's not so much bragging rights as a sense of pride," Cpl Barrett added.

"We all look at one another and hold our heads high," Cpl Walker said with a smile. "The teamwork displayed was excellent."

## Pet of the Week



**BEAR**

Bear is a fun-loving, energetic golden retriever who loves playing at the local dog park with all his friends. He loves going for walks around CFB Shilo and is always happy. According to owner Alicia George, Bear has two brothers Kaiden and Matthew — he loves giving kisses! Do you have a photo of your pet — cat, dog, bird, snake, hamster — you'd like to share with our Stag readers? If so, e-mail it to us via [stag@mymts.net](mailto:stag@mymts.net)



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# Finish Line Breakfast at L25 slated for Nov. 16

## Shilo Stag

What are your plans for this year's United Way campaign on the Base?

It has been busy lately as units and businesses alike run their respective annual programs, or showcase a new fundraising venture.

If you need your hockey skates sharpened at Gunner Arena, your \$2 fee will be donated to the Base's United Way campaign.

CFHA has an event which will see the winning ticket drawn Nov. 14. You'll need to buy your tickets for the Obermaier's gift certificate and basket raffle draw beforehand: three for \$10 or one for \$5. Tickets will be available at CANEX, or call ext 4111.

The gift basket, valued at \$300, contains various rubs, spices, sauces and beverages, while the gift certificate has a value of \$140. It can be used for any products or services in Obermaier's Sausage and Meat store.

JPSU has its own draw Nov. 16, with wine being raffled off.

On the same day, PSP has a family dinner in a basket raffle, while United Way organizers offer up their own grand prize package raffle.

This will all occur Nov. 16 on the last day of the 2018 campaign. L25 is the venue for the Finish Line breakfast featuring a number of raffles. Tickets will be on sale at this event, but also in advance with sales being held at CANEX.

What is PSP's family dinner in a basket raffle? Tickets are \$10 each and can be purchased from PSP mess administrative assistant Shandar Elmhirst at the Junior Ranks or PSP senior manager EA Lisa Barnes at Base headquarters.

"It's a great fundraiser and who doesn't like a bunch of free food," asked Elmhirst.

Ticket purchase deadline is Nov. 15, prior to the draw the following day. The basket containing everything you need for a family or holiday dinner (four to six people) will be delivered to the winner Nov. 17.

PSP staff also have an opportunity to show their sports colours Nov. 2 during casual Friday.

"There is no extra donation to this event as this is to promote participation and have some fun and maybe a little teasing about who supports the better team," said Elmhirst.

Spending the \$3 fee allows individuals to work in casual attire each Friday during the United Way campaign.



Photos Jenna Dulewich/Shilo Stag

Base Maintenance raised fund for the Base's United Way campaign by holding the annual fall car care clinic. Oil changes and tire rotations kept staff busy during the booked sessions.



## CANNABIS CAN HARM YOUR BABY.

### Don't use cannabis if you are pregnant or trying to become pregnant.

Heavy cannabis users, particularly those who also use tobacco, have a greater risk of having a premature baby.

These babies may also:

- Have a lower birth weight
- Experience lower alertness
- Grow at a slower rate
- Demonstrate memory and attentiveness problems as they get older

### Morning Sickness

Don't use cannabis to treat symptoms of morning sickness. There are better, safer ways to deal with it. Talk to your health care provider and find out what option is best for you.

### Breastfeeding

The THC in cannabis passes into breast milk and can enter into your baby's brain and fat cells. Mothers' cannabis use has been associated with a range of impacts on their babies, including sleep disturbance and poorer school performance later on.

## KNOW THE RISKS.



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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

**Submitting articles and photos for print:**

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.



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<http://www.facebook.com/ShiloSTAG>

# Did you attend daily immunization parade? Protect yourself from the flu

**Shilo Stag**

11 CF Health Services Centre has begun giving the flu shot to its members to help them remain healthy this winter.

It's important when deciding whether to get a flu shot that you have the right information about the flu and the vaccine. There are many misconceptions about influenza and the flu vaccine, and these misconceptions can lead to a decrease in the number of people who are vaccinated.

Influenza is a respiratory illness caused by the Influenza A and B viruses. This virus usually appears in the late fall and early winter when cold temperatures allow the virus to spread more easily.

The flu most commonly causes a sudden high fever, chills, sore throat and cough.

The flu can lead to more severe respiratory illnesses such as pneumonia. This is particularly dangerous in the very young and very old, the chronically sick and pregnant women as their immune systems are not as good at protecting them from disease even after they have been vaccinated.

Approximately 10 to 20 per cent of Canadians will get the flu each season, about 12,200 will be hospitalized and 3,500 will die.

The influenza virus is constantly mutating which means that people need to be vaccinated each year. The flu vaccine is formulated using data on flu viruses that circulated around the world in the previous year.

The flu vaccine formulation for the 2018-19 season was chosen in February of this year. It protects against two A strains including H1N1 and one or two B strains.

It is possible to be infected with the flu and have no symptoms, which means you can spread it without even knowing.

When more people are vaccinated, it reduces the rate of flu in the entire population. Therefore, less vulnerable people are exposed and infected.

Receiving a flu vaccine protects you and everyone else in your community. This contributes to maintaining the health of our military personnel and the overall effectiveness of the organization.

So why should you receive a flu vaccine? The most obvious answer is so that you do not get the flu or spread the influenza virus to other members of your family.

No one likes being sick, so why not do what you can to stay healthy? The flu vaccine is not perfect. But



Medsafe Pharmacy manager Dhawi Salih is providing flu shots when you visit his venue at CANEX.

*Photo Jules Xavier/Shilo Stag*

is proven to reduce the likelihood you will get the flu and even other flu-like illnesses.

Do you part to help protect your family and co-workers, and receive your annual influenza shot. For Regular Force members and Reserve Force members who get their usual medical care from CF Health Services on the Base, take part in the daily immunization parade. Contact your health care provider at ext

For civilians, see Medsafe Pharmacy manager Dhawi Salih in CANEX. He has the flu vaccine and appointments are not necessary. You just require your Manitoba Health Care number. He's open Monday to Thursday from 9 a.m. to 5 p.m. and Friday 9 a.m. to noon.

Or you can make an appointment with the doctors at the Western Medical Clinic in CANEX by calling 204-765-2370.

**DID YOU KNOW?**

- Influenza and pneumonia are ranked among the top-10 leading causes of death in Canada.
- The influenza vaccine is safe and well-tolerated; it cannot cause influenza illness because the inactivated influenza vaccine does not contain live viruses.
- Vaccination is the most effective way to prevent influenza and its complications.
- Life-threatening allergic reactions are very rare.
- Influenza viruses are always changing. The vaccine is updated each year to protect against the strains of the virus that are expected that year.
- You do not need your immunization book in order to have the influenza vaccine.
- Studies show that influenza immunization decreases the frequency of physician visits, hospitalization, and death in high risk groups.
- Like any medicine, the influenza vaccine is capable of causing side effects, most of which are mild. The risk of getting the flu and suffering serious complications is much greater.

**Reg Helwer**  
 MLA for BRANDON WEST

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# New HQ chili champ crowned

Shilo Stag

CFB Shilo HQ's was full during the annual United Way chili cookoff as organizers announced a new chili champion this year.

Cpl Leanne Taylor with Base Supply took the first-place title with her inaugural culinary entry.

"It's very exciting [to win]," she said. "This is my first year entering — I'm the United Way rep for Base Supply and I wanted to make sure I was involved as much as possible, so other people would get involved as well."

After de-throning last year's winner, Maj Stuart Smoley joked there might have been some "Russian meddling" going on, but still congratulated Cpl Taylor and shook her hand as they were cleaning up the leftovers.

"I'm never going to enter again so I can retire as reigning champion," Cpl Taylor said with a laugh.

The competition this year brought seven chili dishes to the table, with a mix of sweet or spicy entries, and even a deer meat chili from the kitchen of Capt Blake Grimeau. The top-three were announced at the lunch, with Cpl Taylor taking the crown — metaphorically, she was actually presented with a plaque — the Base Padre Maj Les Johnston awarded as a runner-up, and Capt Grimeau with Base Personal Services voted third-place. And for those wondering how they can get their chili to first-place status next year?

"It's grandma Louise's secret recipe with a Shilo twist," Cpl Taylor said with a smile.

Cpl Leanne Taylor with her first-place plaque.

Photos Jenna Dulewich/Shilo Stag



## Don't Forget!

There is still time to buy tickets for the United Way raffles:

- Obermaier's Gift Certificate & Basket Raffle
- Family Dinner in a Basket Raffle
- United Way Grand Prize Package
- Wine Raffle

Draws start Nov. 14.



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# JO-BROOK OUTDOORS



## Jules Xavier Shilo Stag

Tracing her family ancestry has led Ginger Lamoureux to discover her great-grandfather served in the Great War — specifically the No. 2 Construction Battalion.

"I have a sister who was given up for adoption and we have found each other and reconnected over the last 12 years," recalled Lamoureux, who is the Base's fitness co-ordinator. "We have been sharing some of the information about our family since then and this is a continuation of that bonding we have been lucky to build upon."

This sharing of family information provided her with plenty of family tree fodder, including locating rare photos in the form of large format black and white negatives. Among them is a now cherished photograph of her great-grandfather Cpl Damascus Virgil, and grandfather Owen Virgil. Born on Dec. 9, 1913, Owen was just three when his father left for France.

As a detective researching for your great-grandfather's life, what did you learn about him?

"This has been an interesting adventure so far with much more to learn. The more we discover the more questions there are to answer. I learned that my great-grandfather seems to have had a sense of duty and as he served not only in the First World War for Canada, but in the Spanish American War prior to that while still living in the United States.

"I discovered he was a cook both in his military career, but also in his civilian one having worked in that capacity with the railroad. I discovered he was very progressive for his time; he was in an interracial marriage helping to raise his wife's kids from a previous marriage. He was a family man committed to providing for his family sending home more than what he kept for himself during the Great War.

"I discovered he immigrated to Canada in 1904 and by 1917 he was enlisted in Canada's only all-coloured battalion, that he lived in many parts of this country including Alberta, Manitoba, Ontario and Quebec."

Cpl Virgil enlisted in the Spanish-American War in Savannah, Georgia on Aug. 8, 1899. The Spanish-American War was fought between the United States and Spain from 1898 to 1902. Hostilities began in the aftermath of the internal explosion of USS Maine in Havana Harbour in Cuba, leading to USA intervention in the Cuban War of Independence. Discharged June 30, 1901.

While American soldiers deployed to Cuba, Guam and Puerto Rico, Cpl Virgil



Ginger Lamoureux's great-grandfather Cpl Damascus Virgil with son Owen.

Photo supplied Lamoureux family archives

# Canada sent all-black military battalion overseas

was sent to San Isidro, Nueva Ecija in the Philippines. He was among 252 soldiers and 11 officers with 24th infantry, assigned to 49th volunteer infantry, E Coy. He was discharged on June 30, 1901.

How did Lamoureux learn Cpl Virgil was part of No. 2 Construction Battalion?

"Learning he was a part of No. 2 Construction Battalion was part of our journey of trying to discover more about my great-grandfather. My uncle had done some research years ago and we knew he had served for the USA when he was still living there so I decided to look into the First World War as I knew so many men had been conscripted to serve," she said.

"When I did a Google search I discovered there was a military file for him and, not only that, but it had

been digitized so I was able to download the whole file. To my surprise I found he signed up to serve his country prior to conscription and he served two years for his country. As I was doing this research along with my family, we heard the reports on CBC about the No. 2 Construction Battalion and were joking wouldn't that be astonishing if he was a part of that group only to discover a day or so later looking through the military personnel file more closely that he was in fact a part of that group of history making men."

Black soldiers like Cpl Virgil have played a major role in Canada's military history for more than 200 years. They helped the British fight off the Americans in the War of 1812, assisted in stopping the rebellion in Upper Canada in 1837. They travelled to South

Africa to fight in the Boer War from 1899 to 1902.

Like so many others swept up in the patriotism that the First World War initially brought on, young black Canadians were eager to serve King and country. At the time, however, the prejudiced attitudes of many of the people in charge of military enlistment made it very difficult for these men to

join the Canadian Army.

Despite the barriers, some black Canadians did manage to join up during the opening years of the war — they wanted the chance to do their part on a larger scale, however, and pressured the government to do so.

On July 5, 1916, the No. 2 Construction Battalion was formed in Pictou, Nova Scotia — the first large Black military unit in Canadian history. Recruitment took place across the country and more than 600 men were eventually accepted, most from Nova Scotia, with others coming from New Brunswick, Ontario, the prairies and even some from the United States.

The segregated battalion was tasked with non-combat support roles. After initial service in Canada,

Cpl Virgil's battalion boarded the SS Southland bound for Liverpool, England in March 1917. Its members were sent to eastern France later in 1917, where they served honourably with the Canadian Forestry Corps.

There they helped provide the timber required to maintain trenches on the front lines, as well as helped construct roads and railways. After the end of the First World War on Nov. 11, 1918, Cpl Virgil sailed to Halifax in early 1919 to return to civilian life and his unit was officially disbanded in 1920.

Conditions for soldiers on the front lines in the Great



No. 2 Construction Battalion members in Nova Scotia before leaving for France in the spring of 1917.

See **GREAT** page 7





From page 6

War were not the same as they are today — many spent time in trenches or in temporary tents. The men in Cpl Virgil's battalion were not treated well. They were given equipment and clothing which was below the quality other men in the army were provided.

Cpl Virgil and his fellow soldiers were often asked to perform dangerous tasks where they were injured by artillery fire and poisonous gas. The medical staff in the army refused to take care of them except for Dr. Dan Murray — grandfather of famous Canadian singer Anne Murray.

What does Lamoureux think about her great-grandfather's treatment overseas, his all-black battalion of construction workers not being issued weapons to protect themselves on a battlefield where they were exposed to snipers and artillery shells? "I am proud of all the soldiers who serve their country, but amazed that these men were willing to do so knowing they were not being treated with the same respect and dignity that everyone else was receiving. The fact they had accommodations and clothing that was not as protective from the elements and that other soldiers either didn't want to interact with them or even want them there is disappointing, but not surprising given the period," she said. "I can't imagine being thrust into a country you have never been to and given tasks to complete close to the front, but only having shovels and picks to defend yourself with."

A private when he signed his attestation papers in Edmonton on Feb. 5, 1917, the five-foot-10, 210-pound soldier — he was down to 195 pounds after the war — Cpl Virgil embarked for England from Halifax on March 25, 1917, arriving in Liverpool on April 7, 1917. He travelled to France on May 19, 1917. Once the war was over, No. 2 Construction Battalion left for England on Dec. 14, 1918, the returned to Canada on Jan. 12, 1919. He was discharged in Montreal on Feb. 10, 1919 just shy of his 40th birthday.



Cpl Damascus Virgil is buried in Port Arthur, now Thunder Bay Ont. following his death in 1947.

Photo supplied

While overseas, Cpl Virgil assigned \$20 from his monthly pay to wife Isabella starting on April 1, 1917. She had moved back to Montreal with three-year-old Owen, and her children from a previous marriage, Alice, 15, and Will, 13, Deteault. His regimental pay was \$1.10 per day, field allowance 10 cents per day and \$35 clothing allowance. His promotion meant his regimental pay bumped up a



Ginger Lamoureux discovered negatives featuring her grandfather Owen and great-grandfather Damascus Virgil.

Photo Jules Xavier/Shilo Stag

## Great-grandfather Cpl Virgil served overseas in Great War

dime per day.

While Lamoureux never met her great-grandfather, she knew her grandfather Owen well. Her father Lionel Lamoureux, who was born in 1949 in St. Paul, Alberta, married Owen's daughter Juliette, who was born in 1950.

According to the Canada 1916 census, Cpl Virgil and Isabella (nee Lachance) and their three kids called Edmonton home. Isabella, who was four years older than her husband, immigrated to Canada, via France where she was born, in 1901. Cpl Virgil in 1904 from the USA.

According to an obit in *Winnipeg Free Press*, Lamoureux's great-grandmother Isabella Virgil died on Dec. 9, 1929, age 54. She was buried at Brookside cemetery after a Dec. 10 funeral at Barker's Chapel in Section 21, Lot 9400. Born on March 22, 1879 in Hawkinsville, Georgia, Cpl Virgil died on Dec. 19, 1947. He was buried in what is now Thunder Bay as he was living in Port Arthur when he died at age 69.

If Cpl Virgil was alive today, what would Lamoureux tell him about his contribution to the Great War? What would she ask about his life in the Spanish American War, and Great War? Why do you think he enlisted to serve both the USA and Canada?

"If my great-grandfather was alive today I would want to tell him I think it is amazing he stepped up and was counted when it wasn't mandatory to do so. At a period in our collective history when he, as a black man, was seen as a second class citizen in many respects he still knew in his heart he had things he could contribute to winning the fight and was willing to do so," she said. "This isn't a situation where he needed the work — he was working for the railroad at the time of his enlistment so this was something he and his wife made a conscious decision to do. This wasn't the first time he had served in the military, albeit for a different country, he knew what was ahead of him having served in the Philippines. I would ask him about his service and ask if there was anything he wished he could have done additionally or differently. What was the tipping point that made

him sign up or was this something he always wanted to do."

When you see what soldier's were paid during the Great War, and a soldier's life could be taken in a blink of an eye from a bullet or artillery shell, the *Stag* asked Lamoureux why would her 38-year-old great-grandfather enlist in a second war, leaving his family back in Montreal?

"I am not sure what inspired him and his wife to choose this path. I don't know what he was making with the railroad at the time, but I can't imagine it being much less than that," she offered. "They obviously felt compelled by their connection to this country and to what they believed in to do so. This is something that I am truly proud of both of them for committing to."

Looking back at her great-grandfather's life serving two countries on the battlefield, Lamoureux acknowledged she is impressed by the resolve that both of her great-grandparents had with the advent of the early 1900s.

"They stuck to their beliefs and didn't let society dictate who they were, where they lived or who they loved. Which is amazing and awe-inspiring considering that they were in an interracial marriage made up of two blended families, with one child [grandfather Owen] who was deaf in the early 20th century," she said. "They were people who asserted themselves and believed

they had something to contribute to society and were determined to do so. I am building a family history with my siblings to keep this history alive so we can share it not only with our kids, but our cousins and their children as well. I want to ensure we have documents they can pour over and see handwriting to really make that human connection to who our family was and is.

"I want to inspire my son to take on some of the traits my great-grandparents displayed so he can forge his future into anything he wishes it to be and for him to learn that he is not confined or pigeon holed by anything or anyone except himself."

Lamoureux said she will continue researching Cpl Virgil's life. "This experience has been quite a ride and it hasn't stopped yet. I am looking forward to learning more about Damascus and Isabella and their story, but also about other members of my family on both my mom and dad's sides. I am glad my siblings are along for the thrill of the treasure hunt and can say this has brought us that much closer together.

"This research has inspired my mom and dad to fill out questionnaires about their lives and experiences to include in our family history on things like where they met and what their favourite things were growing up which will be invaluable for generations to come."

This Nov. 11 will be especially poignant for Lamoureux now that she has a connection to someone who was there as it was ending.

"Remembrance Day has always been important in my family. We were raised to honour those who came before us and all the work they did to give us the lives we have today. I knew other relatives served in past wars, but learning about this part of my family history has strengthened the significance of it all for me," she said.

"I always knew we had a strong connection to the history of this country, but now it is something even closer to my heart that I want to ensure my son understands as he grows up."





Sgt Fred King was 37 when he enlisted in the CEF in the summer of '18, but never was sent overseas. Instead, the German-born soldier and wife Emma raised a large family in Manitoba.

*Photos submitted by Kathleen Christensen*

## NEXT HOME GAME



Nov. 9 vs Red Deer 7:30 p.m.  
 Nov. 11 vs Tri-City 2:30 p.m.  
 Nov. 16 vs Medicine Hat 7:30 p.m.  
 Nov. 17 vs Prince Albert 7:30 p.m.  
 Nov. 21 vs Edmonton 7 p.m.  
 Nov. 23 vs Lethbridge 7:30 p.m.  
 Dec. 4 vs Medicine Hat 7 p.m.



## Where's Willie?

Somewhere on the pages of this *Shilo Stag* is a picture of Willie, the Wheat Kings mascot.

Tell us on what page, in what particular advertisement Willie was found and correctly answer the following skill-testing question for your chance to win two tickets to an upcoming Wheat Kings home game in Brandon.



### Entry Form

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_  
 Page #, ad: \_\_\_\_\_

Answer skill-testing question:

What was the date when Cpl Damascus Virgil signed his attestaton papers to join the CEF prior to going overseas?

Cut out your entry form and fax it to 204-765-3814, or scan it and e-mail to [stag@mymts.net](mailto:stag@mymts.net) or drop it off at the Stag's office at CANEX. Draw will be made on the Monday prior to game day.

### Shilo Stag

Born in Bleubeureh, Germany, Frederick Kopf, who was fluent in German, French and English, operated an elevator in Switzerland for a time.

According to great-granddaughter Kathleen Christensen, RCA Museum's curator, he was a musketeer in the German army under Kaiser Wilhelm until his discharge in 1901 or 1902, when he was 21.

He arrived in Canada in 1905 and joined the Royal Canadian Horse Artillery — A Bty for three years — in Kingston, Ont. Soon after, he married Emma Dixon, and they would have 11 children. He joined the newly formed Canadian Ordinance Corp (COC) on Jan. 22, 1908. At some point in time he achieved the rank of sergeant.

In 1914, due to prejudice against Germans, he moved the family from Ontario — Mary, Evelyn and Fred — to Winnipeg and became an active member of the COC at Fort Osborne. At the same time he

changed his last name to King.

He worked at the ordinance stores in a building located at the northwest corner of the legislative building grounds, where Fort Osborne Barracks was located.

At age 37, he attested for the Canadian Expeditionary Forces (CEF) on June 22, 1918 with the COC, but never saw overseas service.

His rate of pay with the CEF while still in Canada was \$1.35 per day, though his records show that some months it was \$1 or \$1.50 per day. When his account was closed he was owed \$200. From his monthly pay, he also assigned \$20 to his wife.

Standing five-foot-nine and weighing 141 pounds, Sgt King was discharged from the CEF on Aug. 19, 1919. However, he maintained his service with the COC until the mid-1920s.

He moved to Clarkleigh in 1932, where he farmed until his death in 1942. His widow lived to age 89, dying on Jan. 4, 1975 in Inwood.

## CFB Shilo's Remembrance Day ceremony @ MPTF — be seated by 10:30 a.m.



### GSH Bowling Alley

Open bowling for all ages  
 Saturday 2 to 4 p.m.  
 Sunday 2 to 4 p.m.

Adult: **\$2.50** per game  
 Youth: **\$2.25** per game  
 Child: **\$2** per game  
 Shoe rental: **75** cents

For more info  
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 recreation office  
 at **204-765-3000**  
 ext **3317** or **3588**

Prices subject to tax  
 Ask about Glow bowling  
 birthday parties!

### Shilo Theatre

(Located in General Strange Hall)

Nov. 2 Christopher Robin Rated G

Nov. 9 The Spy Who Dumped Me Rated 14A

Nov. 16 Teen Titans go! The Movies Rated PG

Children aged 10 and younger require adult supervision at all times.

All movies start at 6:30 p.m. Doors open at 6:15 p.m.

FREE GSH popcorn — h2o from CANEX

For more info, contact the community  
 recreation office at 204-765-3000 ext 3317/3588

# Remembrance Day CFB SHILO

Lest We Forget 2018







BComd LCol David MacIntyre and BRSM CWO James Doppler took part in the unveiling of the 'Armistice' coin at the Royal Canadian Mint in Winnipeg. Here, they stand by the coin for a photo taken by 38 CBG's OCdt Natasha Tersigni.

# 'Armistice' coin released by Royal Canadian Mint

## Stag Special

To recognize the 100th anniversary of Armistice, Winnipeg-based Royal Canadian Mint unveiled a \$2 commemorative circulation coin.

The coin, designed by Canadian artist Laurie McGaw, recalls the signing of the historic peace treaty ending the First World War on Nov. 11, 1918.

BComd LCol David MacIntyre was on hand representing the Canadian Armed Forces (CAF) during the unveiling ceremony.

During the event he spoke on the important role the commemorative coin will play in ensuring Canadians remember the sacrifices that were made by Canadian

soldiers during the Great War.

"It is very poignant that the Royal Canadian Mint has chosen Armistice as a theme for their latest hand-crafted coins depicting Canada's military honours," he said. "Armistice was a critical event and the conclusion of one of the largest, most difficult times in our history. The sacrifices of our men and women in uniform were extraordinary."

He added, "It is very fitting that in advance of this year's Day of Remembrance and the 100th anniversary of the signing of Armistice, that all Canadians will have a chance to reflect on this momentous event and be reminded of it every time they reach into their pocket."

# War veteran reflects on his War Amps involvement

## Stag Special

Charlie Jefferson was serving in the Second World War when he was injured by an anti-personnel mine explosion, resulting in the loss of his left leg below the knee.

When he returned to Canada, he was greeted by a war amputee veteran who reassured him that the War Amps would be there to support him.

The War Amps was started in 1918 by amputee veterans returning from the Great War to help each other in adapting to their new reality as amputees. They then welcomed amputee veterans following the Second World War, like Jefferson, sharing all that they had learned, as well as starting the Key Tag Service.

Jefferson said he gained practical advice from fellow amputee veterans, like how to protect the skin on his stump from blisters. He adds that the moral support he received was just as important.

"It became easier to accept your amputation and helped make the most of what you've got left," said Jefferson.

Over the years, he "paid it for-

ward" by visiting new amputees in hospitals and at their homes to provide the same guidance that he had been given. In 1975, war amputee veterans recognized that their knowledge and experience could help others so they started the War Amps child amputee program or CHAMP, which provides financial assistance for the cost of artificial limbs and regional seminars to young amputees. When war amputee veterans started the War Amps, they could not have predicted that their founding principle of "amputees helping amputees" would still be going strong 100 years later.

## The War Amps Key Tag Service

The War Amps returns nearly 13,000 sets of lost keys every year!

"I want to thank the person who found my keys and called the number on the back of my key tag. I received my keys back from The War Amps today by courier. You guys are fast!"  
— War Amps supporter

To order key tags, please visit [waramps.ca](http://waramps.ca) or call 1 800 250-3030. When you use key tags, you help support programs for amputees.

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# CFB SHILO'S HOUSE OF HORRORS



## LET'S GET SPOOKY

CFB Shilo's annual Haunted House was a hit this year, with children and adults of all ages, enjoying the no-scare and scare hour at L25. Organizers "upped the fear factor" this time around with all new rooms and monsters to encounter, adding numerous 'sensory scares' including a padded hallway, fog machines, a spider web room and the fan-favourite tangible table of terrors with werewolf bones, mummy skin and witches heart (to name a few). And the plan worked — within 10 minutes of the 'scare hour' on opening night, screams filled the hall with even some crying. Organizers reported more than 750 people visited the event, and for those who missed it this year, fear not — only another 360 days until the nightmare begins again.

Photos Jenna Dulewich/Shilo Stag





# Ceremony from Base being live streamed

**Jenna Dulewich**

Shilo Stag

What happens when a CFB Shilo major wants to utilize social media to commemorate history?

An innovate inaugural event is born.

"We are going to live stream each firing ceremony [on Remembrance Day]," Maj Trevor Michelsen explained to the Stag. "The brainstorming was basically the realization that for the 100th anniversary, it is cool to be firing the last round just like Canadians did in the First World War, and it would be neat to [live stream it] — and it would be cool to invite others in the Commonwealth to join."

What started as an idea for Maj Michelsen, turned into a conversation with a "British counterpart" to "bounce the idea off of" and it snowballed from there.

"Once [people] heard, New Zealand and the UK quickly jumped on," Maj Michelsen said with a laugh.

Now four Commonwealth nations will be participating in the inaugural Commonwealth Artillery live salute.

Utilizing Facebook's 'live video' option, the artillery salutes will be streamed in real time from CFB Shilo with 1RCHA firing the C3 105mm Howitzer, Newfoundland, New Brunswick, Ottawa, Lethbridge, Alta., British Columbia, Australia, New Zealand and the UK — the first of its kind.

"It starts in New Zealand, Australia, then some waiting and then it goes to the UK and then it starts in the Canadian time zones," Maj Michelsen said.

While videos of commemorative events is nothing new, typically those carrying out the coverage are local or national media.

This will be the first time this type of combined international coverage will be accessible to the public through social media, or more specifically a Facebook event page, titled "Commonwealth Artillery: Remembrance Day 2018" — spearheaded by a CAF major.

"It changed world history and a lot of people sacrificed," Maj Michelsen said. "And if we can do something to commemorate 100 years after the fact, to show we have not forgotten — why not?"

Canada's contribution to the First World War is notable as more than 100,000 Canadians advanced 130 kilometres and captured 32,000 prisoners and nearly 3,800 artillery pieces, machines and mortars. And the contribution also came with a price as the country, populated by less than eight million citizens at the time, suffered a loss of 66,000 Canadian soldiers and an additional 170,000 wounded.

"I am excited to see this work out ... and do this commemoration for the end of a very horrible war," Maj Michelsen said.

For two days, people all across the world will be able to watch the artillery salute with the first live stream to kick off in New Zealand Nov. 10 and the last shot to be fired from British Columbia on Remembrance Day.

For more information or to watch the artillery salutes live, visit [www.facebook.com/events/177904536474865](http://www.facebook.com/events/177904536474865)



## Medal presentation

Cpl Reuben Doerksen from Base Maintenance, who received his CD medal, and Cpl Derek Wilson from G1 (inset), who received his Op REASSURANCE medal, salute BComd LCol David MacIntyre.

*Photos Jules Xavier/Shilo Stag*

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## Services



### St. Barbara's Protestant Chapel

Sunday at 10:30 a.m. with  
Sunday school & nursery  
Padre Johnston - ext 3381  
Padre Dennis - ext 6836  
Padre Walton - ext 3088  
Padre Smallwood - ext 3089

### Our Lady of Shilo Roman Catholic Chapel

Sunday at 10:30 a.m.  
Confessions by appointment  
Padre Nnanna - ext 3090  
Padre Shanahan - ext 3698

## Services

**Greg Steele Canadian Firearms** safety course instructor/examiner offering Red Cross first aid training. Manitoba hunter safety instructor. CFSC, CRFFC safety courses offered at least monthly and on demand. Firearm/hunter safety courses planned seasonally. Restricted and non-restricted. Visit social media page [www.facebook.com/gregsteelehunterfirearmsafetymanitoba/](http://www.facebook.com/gregsteelehunterfirearmsafetymanitoba/) Dial 204-729-5024 E-mail [gsteel4570@gmail.com](mailto:gsteel4570@gmail.com)

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## Employment

**Looking for a job** on the Base? Submit resumes to NPF HR office via e-mail quoting competition # to [npfhrshilo@cfmws.com](mailto:npfhrshilo@cfmws.com) OR for more detailed information on the jobs offered at CFB Shilo visit: [www.cfmws.com](http://www.cfmws.com)

## Employment

**CANEX needs you:** Clerk/cashier part-time position with 13 to 32 hr /week required. Must be available days/evenings, and weekends. Starting salary is \$11.90 per hour. After two-month probation salary increases to \$12.15. Under the direction of the department supervisor, a clerk/cashier scans customer purchases, processes transactions, and accepts payment. He/she prices, stocks shelves, counters and display areas with merchandise and keeps stock in order. He/she performs cleaning duties as required. Apply in person at CANEX admin office, or NPF Human Resources office at base HQ.

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