



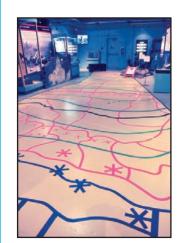


Volume 57 Issue 19

Serving Shilo, Sprucewoods & Douglas since 1947

October 4, 2018

INSIDE This Issue



RCA Museum garners major award. Page 2



CANEX facelift underway inside, and outside. Page 3



1RCHA's new padre arrives from west coast. Page 5



B Bty diamond champs

Down early on in a nine-inning slo-pitch tilt to 2PPCLI, 1RCHA's B Bty Down early on in a nine-initing sto-pitch title of 1 oc., 110 in the summer intersection title with a 24-19 victory.

Jules Xavier/Shilo Stag







Great War exhibits earn RCA Museum major award

2Lt Ryan Bartlette

Shilo Stag

The RCA Museum was awarded the Association of Manitoba Museums (AMM) award of excellence last month for its exhibit series on the Canadian experience throughout the First World War

"I was quite excited. It's nice being recognized by your peers in your field of work," said RCA Museum senior curator Kathleen

According to Christensen, the planning process for the exhibits started back in 2012, with former director Marc George. His team had a desire to present an encompassing, chronological effort that would span four exhibits.

The first was focused on training, and the beginning of the Great War.

The museum partnered with Brandon University, who did an archaeological dig at the Camp Hughes site.

Some of those artifacts would be part of the exhibit, alongside other artifacts that had come from donors or other museums.

Their second exhibit would focus on the mechanization of war at the Battle of the Sommes, and feature a vehicle which they finished restoring only days before the exhibit would open.

It was really "man against machine. That was truly one of the first times that was introduced [in combat]," said Christensen.

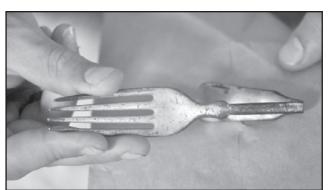
The third exhibit showed one of Canada's defining moments, the Battle of Vimy Ridge. In the exhibit, students could role play through the attack on

Vimy Ridge on a giant map covering the museum's

This helped museum patrons really understand what a creeping barrage was.

The fourth and final exhibit, which closes Dec. 14, is on the final 100 days of the First World War. It demonstrates some of the advancements during the four-year period from 1914 to 1918, including the first man-to-man direct blood transfusion in a battle atmosphere, which was supervised under the authority of a Canadian.





Artifacts found at Camp Hughes during a summer '13 dig, including this silver fork (below), were part of four Great War exhibits created by RCA iviuseum cam, Battle of Vimy Ridge (left). Jules Xavier/Shilo Stag created by RCA Museum staff, including the

The museum's staff are naturally proud of their award.

"This is the sort of ongoing recognition the museum continues to offer a quality visitor experience," noted Christensen.

The annual award is given out to an exhibit that "for innovative development and construction of high quality temporary, permanent, traveling, or on-line exhibitions that achieve effective and outstanding museum visitor experience."

AMM executive director Monique Brandt believed CFB Shilo's museum "eloquently and thoroughly presented the impact of the First World War."

Last year's winner was the Medd House Museum in Winnipegosis. Built in 1900, the house was Winnipegosis' first hospital, with some of the first operations taking place on the Medd family dining table.

The Winnipegosis Historical society worked tirelessly to bring the house to fruition. Without their work, this piece of history would be just that.

Up next, the RCA Museum will have a travelling exhibit called "fight hard, play hard" in January 2019 which focuses on the link between the military and sport.

After that, they will be setting their sights squarely on the 75th anniversary of D-Day, with exhibits focusing on Juno Beach and Canada's first footprints into France during the Second World War.

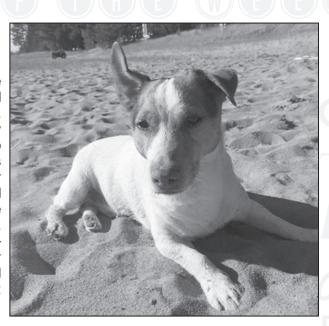
> "It's nice being recognized by your peers in your field of work."

— RCA Museum senior curator Kathleen Christensen

the Week

BART

Katarina Gala's canine companion Bart just turned 12. She says of her dog, "you are a completely unusual dog, a friend who never betrays." Bart is loveable, and provides her with lots of laughter based on his antics. Do you have a photo of your pet — cat, dog, bird, snake, hamster you'd like to share with our Stag readers? If so, e-mail it to us via stag@mymts.net





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October 4, 2018 Shilo Stag 3

Construction underway for CANEX's indoor facelift

Jules Xavier

Shilo Stag

CANEX customers and workers can expect a few inconveniences during the next few months for a good reason.

Besides some exterior improvements to the building's facade, it's the interior of the building which is receiving a major facelift, according to CANEX manager Melissa Kelly.

With work started in late summer, she estimates completion without any unforeseen construction problems will be done in early 2019.

Construction Services co-ordinator Travis May, with Defence Construction Canada, said the project will see an approach which has little disruption to customers and businesses in CANEX.

"Work producing excess noise and dust will be during evenings," he said. "Some work is scheduled during block leave [in December]."

What can customers expect once work is done in the main hallway running eastwest, plus the seating area in Garrison Grill?

May said the flooring is being replaced with onefoot-by-two-foot tile, mostly white in colour. The lighting being replaced will be similar, but in LED. Colour choices for the walls and columns are currently under review. The ceiling tiles will be replaced by a similar product.

What about the exterior of CANEX? May said workers are updating existing canopies with new signs, lighting, and paneling. The latter is specially designed, and will be installed once measurements are compiled and the manufacturer builds it.

Hungry soldiers looking for breakfast after PT or lunch will not be forced to go elsewhere. Same goes for families looking for their Pizza Pizza fix Friday night or on the weekend.

May said the bulk of Garrison Grill work currently planned will be completed around block leave to provide minimum disruptions.

Questioned by the Stag on some of the key new looks customers can expect to see when the project has come to fruition, May could not say how the cosmetic changes will improve the ambience of the inside, or outside of CANEX.

"Stay tuned," he said. "We can't give away all the details."

He added, "We appreciate the great working relationship with CANEX management and the various businesses within the mall. This renovation will involve most of the common areas over several months and will be an inconvenience to many businesses and their customers ... all have been exceptional to work with and very accommodating to our construction personnel with any needs they have on-site."



Workers remove the siding from one of two canopies which are part of the renovations being done to CANEX.

Jules Xavier/Shilo Stag



A section of the CANEX interior is blocked off to allow work on a section of the flooring. The entrance to the *Stag's* office is accessible through the plastic covering while work is done after the building has closed.



The annual seasonal flu vaccine is available to all Manitobans at no charge. It will offer protection against four seasonal flu strains.

An annual flu vaccine is especially important for those at increased risk of serious illness from the flu, their caregivers and close contacts.

If you are 65 or older or have a chronic illness, you should also get a pneumo vaccine. One pneumo vaccine may give you a lifetime of protection.

To get your free flu vaccine, contact your public health nurse, doctor, pharmacist or call Health Links – Info Santé at **204-788-8200** or toll-free **1-888-315-9257**.

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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.



Follow the Shilo Stag on Facebook by visiting:

http://www.facebook.com/ShiloSTAG



Soldiers can combat flu by getting their shot

Shilo Stag

Soldiers can combat the flu by getting their shot. Influenza is commonly referred to as the flu. It is a highly contagious respiratory disease which is caused by a virus.

Symptoms of influenza include: fever, head/body aches and pains, weakness, tiredness, sneezing, sore throat, cough and sniffles. Individuals with the flu are often laid up for a week or more.

How is it spread?

The influenza virus is spread through the air by coughing and sneezing, or by touching something which an infected person has contaminated.

How can you protect yourself during flu season? The most effective way to protect yourself against the flu is to get an annual flu shot.

Who should receive an influenza vaccine?

The Canadian Armed Forces (CAF) Surgeon General strongly recommends anyone who wants to protect him/herself from the flu should get an influenza shot. Some individuals really need the protection because

Some individuals really need the protection because a bout of influenza could be life-threatening. This includes people with chronic health conditions.

Individuals who provide care to those who are "high-risk" for complications from the flu should receive the shot so they do not pass the virus to someone who could die from it.

If you are pregnant or breastfeeding, the influenza vaccine is safe for mothers.

Who should not receive a flu shot?

People with moderate or severe acute illness. And people who have a known anaphylactic (shock-like) reaction to eggs or to any component of the flu vaccine

Does an influenza vaccine have any side effects?

The flu shot is safe. It is rare to have serious side effects. Most side effects involve some redness or soreness at the injection site.

A few people may experience mild fever, tiredness, and body aches for one to two days after getting their flu shot. Rarely someone will react to the vaccine and require medical attention.

With this and any drug there is an extremely rare

possibility of having a serious allergic reaction (anaphylaxis).

Occasionally, oculo-respiratory syndrome (ORS) has been associated with the flu shot. ORS involves red, sore eyes, cough, sore throat and shortness of breath.

These symptoms are usually mild and are gone in 48 hours.

For information visit www.forces.gc.ca/health FLU MYTHS & FACTS

Myth: Influenza (flu) is not a serious illness.

Fact: Most young, healthy people will completely recover from influenza after about a week of bedridden misery. However, each year in Canada about 500 to 1,500 individuals die from influenza or its complications.

Myth: I never get the flu so I don't need to be immunized.

Fact: you've been lucky! No one is immune from these viruses, which are spread easily just by breathing, coughing, sneezing and touching something contaminated with mucous from an infected person's nose.

Myth: Influenza vaccine can give you the flu.

Fact: The vaccine will not give you the flu. The vaccine is made from inactivated or killed bits of flu virus which cannot cause an infection.

Myth: Receiving an influenza shot every year weakens your immune system. *Fact:* The vaccine actually prepares and boosts your

immune system to help you fight the virus.

Myth: The vaccine does not work because you

caught the flu despite being immunized.

Fact: Influenza vaccine is designed to protect against

three of the most prevalent strains (types) of flu in any given year and not against the common cold and other illnesses frequently confused with the flu.

Influenza strains can change each year, therefore a new vaccine is developed to match the circulating strains. If there is a good match, the vaccine can be expected to prevent flu in seven out of 10 healthy adults. Even if the vaccine does not totally protect you from influenza it will make the illness you experience less severe.





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1RCHA's new padre Capt Nnanna offers 'calming presence'

Jenna Dulewich

Shilo Stag

Let's meet Capt. Joachim Nnanna.

As one of CFB Shilo's two most recent padres who is bringing two decades of experience, Capt Nnanna is ready to showcase support and faith while adding a new friendly face to the mix.

"I saw 'Friendly Manitoba' on the license plate and everything I have seen has been true to that," he said with a smile.

Fresh on the Base, Capt Nnanna started his residency in Shilo in early August, with job priorities such as advocating for members, offering spiritual support for the community, providing moral and ethical advice to the Chain of Command, acting as a "triage" for professional counselling and adding a "calming presence."

"I think we as human beings underestimate the power we have, we underestimate how resilient we can be," Capt Nnanna said.

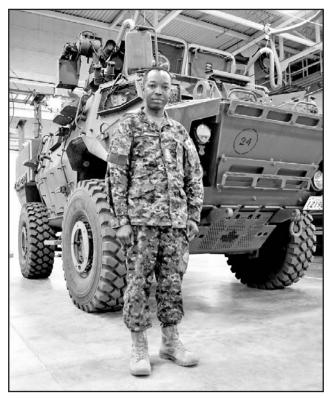
"I believe there is more in each of us and we can tap into that in times of adversity."

Ordained in Nigeria 20 years ago, Capt Nnanna started his life in the faith lane in Rome, Italy before being transferred to Peterborough, Ont. through a ministry exchange program.

dre said he knew he wanted a change.

"I felt I wasn't being challenged enough — we call

this 'ministry on the edge'," Capt Nnanna said with a laugh. "One of the challenges is that in the civilian life, people came to us — now as chaplains, we go to



After working 13 years as a "civilian priest," the Pa- Capt Joachim Nnanna is the new 1RCHA padre. Jenna Dulewich/Shilo Stag

Army chaplains have a long list of responsibilities but one of the biggest pieces for Capt Nnanna is the "ministry of presence" meaning simply working alongside Canadian Armed Forces (CAF) members and being a silent reminder that he is available for those who need to talk despite their religious beliefs.

"For the past several years I have met a lot of young people who may not be religious per se but are spiritual," Capt Nnanna said.

"Now I'm ministering to people of different backgrounds and the flock is much wider."

Initially wanting the opportunity to work with a more diverse group and the younger generation, Capt Nnanna compared his days of civilian ministry of knowing what his work day was going to look like, to his days now of always learning new things and working with people from all different faith backgrounds or no faith backgrounds at all.

"I don't want to use the word 'retraining' but adapting — before I knew what to expect ... I have learned so much from other Chaplains from different faith backgrounds," he said. "I have a greater appreciation for the [diversity]."

With his last posting at CFB Esquimalt, BC, Capt Nnanna is loving the challenge he has brought into his life in the last seven years joining the CAF Chapliancy, and said he is excited to join the Shilo ranks and start getting to know the community.

"People here are friendly - [Manitobans] do not just

walk by, they want to help out."

"I felt I wasn't being challenged enough — we call this 'ministry on the edge'. One of the challenges is that in the civilian life, people came to us — now as chaplains, we go to the people."

— Capt Joachim Nnanna



Retired!

WO Darrell Matthies has left his job at the MPTF following his retirement this summer from the Canadian Armed Forces. But he did not have far to go for his new job, returning to the MPTF to work out of the small arms training centre. Here, he shows off a portrait of himself taken after he graduated from basic training at Cornwallis, NS, while attired in his current dress uniform.





WESTMAN COMMUNICATIONS GROUP

Westman Communications Group is the operating name for Westman Media Cooperative Ltd. Westman is a customer-focused

cooperative providing leadership in communication and entertainment services in Internet, digital TV, home phone,

Westman owns and operates

local radio stations Q Country 91.5 FM (880 AM) and 94.7

STAR FM that broadcast to the

western area of the province. As a customer-owned cooperative,

Westman is proud of its strong

commitment to its customers and the communities it serves.

and data transport.

Call for **Nominations**

Westman Media Cooperative Ltd. (WMCL) officially announces the Call for Nomination of candidates for election to the Board of Directors. Nominations are now open. WMCL members 18 years of age or older are eligible, as outlined in the WMCL Charter Bylaws. Each nominee must be supported by at least two other WMCL members.

Completed nomination applications MUST BE RECEIVED at: Westman Communications Group, 1906 Park Ave, Brandon MB, R7B OR9 by 5 p.m., Friday, October 19, 2018.

For a nomination application or more information, call 204.717.2010 or 1.800.665.3337 ext. 2010 Email: bakers@westmancom.com or write to the above address.





westmancom.com

Register for SCAN if you are considering retiring

Capt Bradley Knoll

Stag Special

Are you ready for the future? Are you five years or less from possible retirement or thinking about a second career outside the Canadian Armed Forces (CAF)?

Or are you interested in learning about financial, education, and other benefits to prepare a long-term plan for retirement or to develop yourself professionally? The Second Career Assistance Network (SCAN) seminar is your recipe for success.

Many members of the CAF enter the civilian workforce following their military service; others choose to hang up their uniform and live the good life.

Either way, the CAF recognizes that this transition is a major life-event. We address this issue by providing information and guidance to CAF members and their spouses on how to effectively manage career changes or retirement.

SCAN offers a variety of services to help you pre-

pare for a successful transition.

Held at the 1RCHA's theatre, this fall's three-day SCAN seminar starts Oct. 24. The first two days are general SCAN for all CAF members, while the last half day is the medical SCAN for members who may be medically transitioning from the CAF.

This event will comprise a number of presentations by different agencies during the entire seminar.

Director Canadian Forces Pension Services (DCPFS) will facilitate sessions on the financial aspects of release including excellent information on pensions and

The release section will discuss administrative details regarding the release process and SISIP Financial Services will be returning to discuss financial planning and insurance coverage after release. There is also valuable information on wills, estate planning, and powers of attorneys.

If furthering your education is something you are considering, the CAF Education Reimbursement Programs and benefits will be discussed.

As well, representatives from Assiniboine Commu-

nity College and the Adult Collegiate will provide information on continued learning and adult education.

The third day of this seminar focuses on the medical aspects of release and will feature transition services, medical employment limitations, and vocational rehabilitation, clarifying the multi-services and benefits.

Representatives from these services, as well as Operational Stress Injuries Social Support and Case Management will present information to both Regular Force and Reserve Force members.

This seminar promises to be packed full of useful information which you will not want to miss. Register on-line by visiting http://acims.mil.ca/org/Shilo/default.aspx

Once there, then click on BRANCHES/G1/BSPO.

Complete and submit the registration form no later than Oct. 19. Seating is limited, so be sure to reserve your seats early. Dress is appropriate civilian attire and we encourage your spouse or partner to attend as well.

Capt Bradley Knoll is Base Personnel Selection Officer, BPSO

CAF release policy on cannabis use by military members

Stag Special

With Canada's new cannabis laws set to come into force Oct. 17, the Canadian Armed Forces (CAF) has issued a new policy that provides clear direction and guidance to CAF members regarding cannabis consumption.

The policy — known as Defence Administrative Order and Directive (DAOD) 9004-1, Use of Cannabis by CAF members — is an order that applies to officers and non-commissioned members of the CAF and a

directive that applies to employees of the Department of National Defence (DND) who supervise CAF members.

The DAOD comes into effect Oct. 17, and was developed to ensure that the Canadian military remains a fit, deployable, and effective force by establishing periods of prohibition for the consumption of cannabis while fostering a safe and healthy workplace for all members of the Defence Team.

Under the order of the Chief of the Defence Staff (CDS), Gen Jonathan Vance, the policy establishes

that all CAF members are prohibited from cannabis consumption within eight hours prior to performing any duty, while additional prohibitions of 24 hours and up to 28 days are also in place depending on the duty being performed by the member.

A total prohibition applies to members participating in a domestic or international operation, exercise, or collective training.

Every military member is strongly urged to read and fully understand the content of the policy to avoid the potential consequences of misuse.

Any alleged misuse of cannabis that jeopardizes the safety and operational effectiveness of the CAF, including reporting to duty impaired or being unable to safely and effec-

tively perform duties due to consumption of any intoxicants, will be investigated and dealt with through the most appropriate administrative or disciplinary action, or both, and may result in release from the CAE.

In addition to this policy, further guidance is under development and will soon be provided to civilian public servants, contractors, and employees of external organizations who work on National Defence properties to ensure safe and impairment-free work environments.

While the legalization of cannabis represents a societal and cultural shift, these rules will help ensure that CAF members are able to adequately balance service and operational effectiveness with responsible access to recreational cannabis, thus maintaining the public's continued confidence as a professional and disciplined military force.

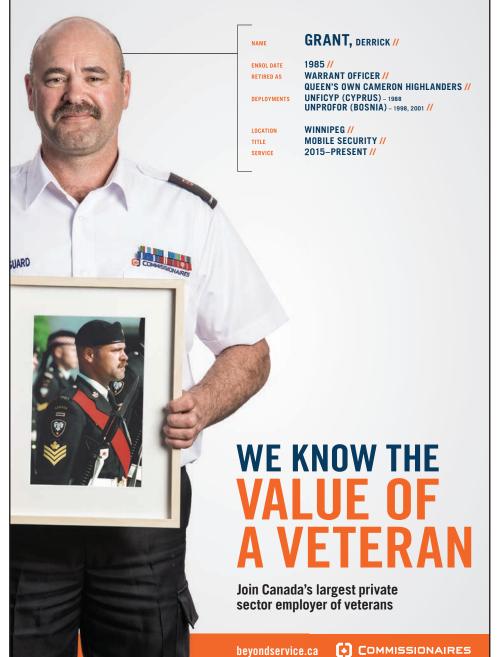
The importation or exportation across Canada's national borders of any amount of cannabis, including cannabis for medical purposes, remains prohibited under Canadian law.

CAF personnel should note that possession or consumption of cannabis is illegal in most countries and CAF members could be denied entry to these countries as a result of cannabis consumption or involvement in the legal cannabis industry in Canada.

Moreover, in Manitoba, like Quebec, provincial laws will be in place so you are not allowed to grow your own plants in the backyard, or a household greenhouse.

CAF members are responsible for obtaining information about the cannabis consumption and possession laws and policies of any country that they intend to visit.

Defence Team members are encouraged to visit the Cannabis: What you need to know on the Intranet page to receive updates on the DND/CAF policies, while additional information can be found on the Government of Canada's cannabis webpage.





Walking the dogs while going for a run on the Base.

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The Kicking Axe studio was full of laughter and chaplains as CFB Shilo's padres participated in the stress-busting activity for a professional development day last month in Brandon.

The idea for the inaugural event was brainstormed after the caregivers realized they weren't taking proper 'care' of themselves.

"We are dealing with people at their worst and their best and it takes a let out of us a you are always."

best and it takes a lot out of us ... you are always jumping from one crisis to the next," Base padre Maj Les Johnston explained. "[The event] fits in with the vision that soldiers need to be looking at the bigger picture of self care."

The group of nine spent the morning listening to a speaker discuss self-care, followed by a nature hike. Then after lunch the axes started flying.

"I've never done this. This is the kind of thing my mother would tell me not to do," Capt Elizabeth Shanahan said with a laugh. "I feel like I'm walking on the wild side. This is fantastic — what a treat!"



For more info call the community recreation office at 204-765-3000 ext 3317 or 3588

GSH Bowling Alley

Open bowling for all ages Saturday 2 to 4 p.m. Sunday 2 to 4 p.m.

> Adult: **\$2.50** per game Youth: **\$2.25** per game Child: **\$2** per game Shoe rental: **75** cents

Ask about Glow bowling birthday parties!

Where's Willie?

Somewhere on the pages of this *Shilo Stag* is a picture of Willie, the Wheat

Kings mascot.
Tell us on what page, in what particular advertisement Willie was found and correctly answer the following skill-testing question for your chance to win two tickets to an upcoming Wheat Kings



home game in Brandon.

	Entry Form
Name:	
Address:	
Phone: Page #, ad:	
Answer skill-to Where was new	esting question: v 1RCHA padre Capt Joachim Nnanna ordained?

Cut out your entry form and fax it to 204-765-3814, or scan it and e-mail to stag@mymts.net or drop it off at the Stag's office at CANEX. Draw will be made on the Monday prior to game day.

CAF introduces new beard policy for soldiers

2Lt Ryan Bartlette

Shilo Stag

Soldiers across Canada had long been waiting the official announcement of "Beardforgen," the CAN-FORGEN (Canadian Forces General Order) promulgated which gives the authority for soldiers to now wear beards while in uniform.

Beards have long been the domain of Special Forces, sailors and a select few who attained the holy grail of a beard chit from Base health services. Now, beards will be permitted for all. CFB Shilo may well look like a Seattle coffee shop in the not so distant future.

There will of course, be some rules to guide this updated policy. This is the military, after all. Beards shall be neatly trimmed, especially on the lower neck and cheekbones.

They shall be worn with a moustache, and they are not to exceed two centimetres in bulk.

Moreover, unsuccessful attempts to grow a beard will see soldiers asked by their CO to shave.

This will not affect those with either medical or religious exemptions. Additionally, soldiers must have completed either their operationally function point or development period one, whichever comes later. Soldiers on basic training will still have to shave.

Commanding Officers also retain the right to restrict the wearing of beards for safety or operational purposes. This may include deployment to a Chemical Biological Radiological Nuclear (CBRN) environment, or doing CBRN training where soldiers can be expected to wear a gas mask.

However, questions remain. Canadian soldiers are expected to look professional in uniform. That puts us ostensibly in the business of being pageant judges, carefully deciding whether 18-year-old Gnr Bloggins' beard qualifies as demonstrating the professionalism the Canadian Armed Forces (CAF) demands.

To be clear, it's a job no senior NCO wants or desires, but it is where we are. So how did this come about?

According to the DAOD, it became apparent the existing policy is broader than is required to maintain operational effectiveness. It goes on to say the policy will "strengthen organizational morale and team cohesion."

But that's not where it ends. CAF CWO Alan Guimond went on to say the policy "recognizes that



2PPCLI features a number of infantry soldiers with beards, not just members of the Pioneers (far left).

Jules Xavier/Shilo Stag

greater control over personal appearance enhances organizational morale and our ability to attract a wider range of Canadians," in a statement to CBC News.

If you've sewn your rank on to your olive drab uniform, or push started an ILTIS down the street, you've probably been around long enough to note that the CAF currently has a retention issue.

High command, it would seem, is well versed in this issue and are going to great lengths to make the CAF an attractive place to work for young Canadians.

As long as there have been soldiers, there has been gossip among the ranks about new vehicles, new policy or the possibility of deployment. With the trifecta of beardforgen, bootforgen and weedforgen, the rumour mill has hit a fever pitch.

Our operational pace has not slowed. CFB Shilo units will embark on their road to high readiness in the coming months, all while juggling the new policies of the CAF.

Like a 155mm illum round in a dark Shilo sky, beardforgen is illuminating for us the terrain in which we currently find ourselves deployed.

But don't show up to work in your uniform with a hipster-style beard.

Experience trench warfare at Camp Hughes

Shilo Stag

Want to experience life in the trenches as young men did in 1916 while undergoing preparation for the battlefields overseas?

If so, take part in Camp Hughes Heritage Day Oct. 14 at what was Canada's military training camp 102 years ago when Canada was involved in the First World War.

Camp Hughes was used to train soldiers who would go on to help capture Vimy Ridge in April 1917, and fought to the end at Passchendaele and Mons up to the Armistice in November 1918.

Camp Hughes is one of the few places in the world — the only place in North America — where trench works of the time remain in existence, according to organizer Bruce Tascona.



Bruce Tascona demonstrated bayonet skills during the 2017 Camp Hughes Heritage Day. Jules Xavier/Shilo Stag

No longer used by the Canadian Armed Forces (CAF) for training since the opening of CFB Shilo in the '40s to prepare soldiers for the Second World War, Camp Hughes has been designated both a provincial heritage site and a national historic site.

More than 10,000 metres of trenches still exist, including an enemy trench system and a "No Man's Land." "Presenters in period uniforms will guide tours of the trench system and even encourage visitors to go 'over

the top' in a simulated trench assault," said Tascona.

Each of the battle tours will be about one hour in duration, with the first starting at noon. The last tour group

goes out at 3 p.m.

Tascona said visitors to Camp Hughes are encouraged to bring water bottles and wear sturdy hiking footwear, plus suitable attire for the weather conditions.

Camp Hughes is located 10 kilometres west of Carberry on Hwy 1. Turn south at the junction of Hwy 351 and follow the signs.

For more information on Camp Hughes Heritage Day call Tascona at 204-825-2961.

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2PPCLI Op UNIFIER soldiers invited to Winnipeg for Oct. 14 event

Martin Zeilig Stag Special

The Ukrainian-Canadian community in Winnipeg will host a Canadian Armed Forces (CAF) appreciation evening Oct. 14 to say thanks to soldiers who have served in Op UNIFIER.

The event acknowledges the Ukrainian-Canadian community's appreciation for their service and contributions to both Canada's and Ukraine's security.

Building trust with their military counterparts in the Ukraine was key to a productive relationship for soldiers deployed on Op UNIFIER, according to former 2PPCLI CO LCol Wayne Niven, when he was CO for the second roto for Op UNIFIER.

For the deployment in August 2016, the 200 soldiers — more than half are from 2PPCLI — involved honed more than just military skills as they prepared to spend six months training Ukrainian troops.

According to LCol Niven in a July 2016 interview, language and cultural awareness training in the classroom was just as important before they arrived at the Yavoriv Training Centre which is located in the western area of the Ukraine, near the city of Lviv. To assist with this, his soldiers spent time with Ukrainian military personnel on two occasions in early 2016.

"Most of these soldiers we are training are combat veterans from the eastern part of their country," he explained. "They have experience in combat operations. We're there to assist them in developing their skills and bring them [up] to a more NATO standard."

He added, "They are proud soldiers. Establishing that trust and relationship is the key. If you can open that door, then everything becomes smoother. We like to say soldiers speak a universal experience ... everyone's got a war story. If you know how to open that door and make that connection, then things become much easier."

2PPCLI soldiers were not deployed to train raw recruits who join the Ukrainian army, but to work with that country's experienced soldiers who previously soldiered under the Russian system prior to independence, who then will use what they learn to educate their military recruits.

"They are transitioning from a Soviet state-style infrastructure and training system to try and transition to a NATO standard," said LCol Niven. "It will take a bit of work, but in conjunction with our international partners and our Ukrainian forces, we're already starting to see significant progress in certain lines of operation."

LCol Niven said the ultimate goal is to allow the Ukrainians to achieve NATO interoperability by providing them the tools to do so through military mentorships.

Hosted by the Ukrainian Canadian Congress-Manitoba Provincial Council (UCC-MPC), the event is being held at the Holy Eucharist Parish Centre at 460 Munroe Ave. to symbolically coincide with Defender of Ukraine Day in Ukraine, said Nick Krawetz, who helped organize the appreciation evening.

Military training is one part of Canada's overall support to Ukraine. The CAF launched Op UNIFIER in response to requests from the Ukraine government. Global Affairs Canada also provides support. The intent is to help Ukraine remain sovereign, secure, and stable.

The training mission harmonizes its efforts with other nations through a Multinational Joint Commis-

Medical evacuation training (left) was on the list to do for 2PPCLI soldiers prior to their departure from CFB Shilo for the Ukraine. They took these skills and shared with their counterparts overseas.

sion. Canada became a member in January 2015. It co-chairs the sub-committee on Military Policing with Ukraine.

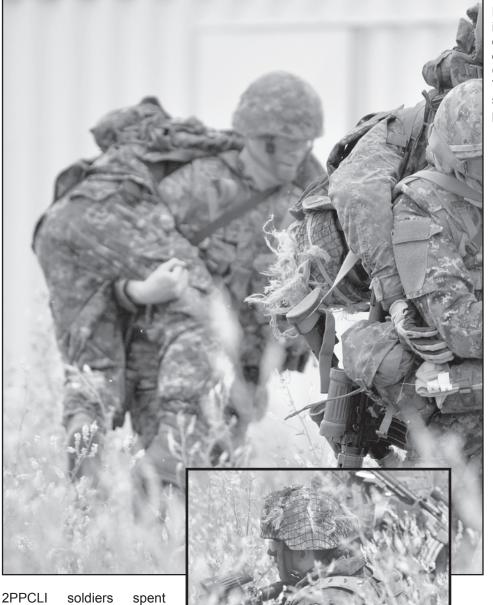
As of early August, the CAF Joint Task Force-Ukraine (JTF-U) has trained more than 7,900 Ukrainian soldiers. There have been 170 course serials that covered all types of training.

"At the event, a welcome reception will greet the participating soldiers followed by a complimentary Ukrainian meal and entertainment by some of our community's most talented dancers, singers and musicians," said Krawetz.

2PPCLI soldiers who were on Op UNIFIER looking for further information about this event can contact the UCC-MPC via e-mail info@uccmb.ca

With files from Jules Xavier





2PPCLI soldiers spent many hours (inset) in the Base's training area preparing for their August 2016 deployment to the Ukraine as part of Op UNIFIER. Then 2PPCLI CO LCol Wayne Niven was the CO during roto 2. Jules Xavier/Shilo Stag







Remember those who fell, sacrificing their lives so you could be free after two World Wars, as well as battles in Korea and Afghanistan

For our Nov. 1 Remembrance Day edition, your award-winning Base community newspaper would like to share stories, photos, and letters from the First and Second World Wars involving the men and women of CFB Shilo and area who went overseas. This could be your grandfather or great-uncle who fought in the trenches of France or Belgium in what became known as the Great War. Or your dad or grandfather who fought the Japanese in the Pacific campaign or the Germans in the liberation of Holland. What about an uncle or son — did they see action in Korea with 2PPCLI? What about the more recent Afghanistan War? We're also looking for submissions related to the centenary of the final year of the Great War. Dust off the family photo album and drop off your war treasures at the *Stag*. Deadline is Oct. 19. Call 204-765-3000 ext 3093 and ask for editor Jules Xavier.



He's now Sgt James Jones, following a promotion ceremony at Base HQ. Helping with his sergeant's stripes at Base HQ is BRSM CWO James Doppler.

Jules Xavier/Shilo Stag

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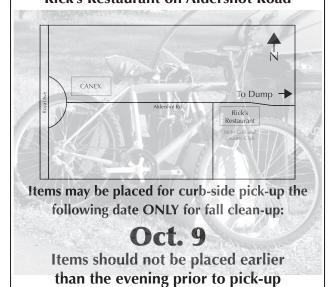
Contribution to Base Fund

Base Fund received a cheque for \$135,247 from SISIP Financial and CANEX this afternoon. Accepting the cheque from SISIP branch manager John Clarey (right) and CANEX manager Melissa Kelly out in front the Base store were BComd LCol David MacIntyre and BRSM CWO James Doppler.

Jules Xavier/Shilo Stag

Got Bulk Garbage?

Bulk items, yard waste, tires, and electronics may be disposed of Monday to Friday from 8 a.m. to 4 p.m. at the Shilo dump located two kilometres east of Rick's Restaurant on Aldershot Road





SkyHawks seek new jumpers

MCpl Antoine Collette

Stag Special

As a busy 2018 season winds down for the Canadian Armed Forces (CAF) parachute team, the team is recruiting for next year.

The SkyHawks travel from coast to coast each summer putting on thrilling parachute performances and meeting with Canadians as ambassadors of the CAF. Being a member of the team is a great opportunity to nationally represent your unit, your element, the CAF, and Canada.

The team is open to any trade across the CAF: all elements, Reserve Force or Regular Force. Applicants must be either a Second Lieutenant or a trade-qualified Non-Commissioned Member (NCM).

In order to apply for the team, you must have skydiving experience. Candidates must be qualified as a military freefall parachutist or have a US/Canadian Sport Parachuting Association "A" license with a minimum of 50 freefall jumps.

Finally, each applicant must be recommended by their unit Commanding Officer (CO). As SkyHawks members are representatives of the CAF, it is expected they uphold a high standard of dress, deportment, physical fitness, and personal conduct.

So, if you're an outgoing CAF member who is interested in joining this tight-knit team for the 2019 season, ensure you apply before Nov. 30.

For more details visit www.army-armee.forces. gc.ca/en/skyhawks/index.page or contact the Sky-Hawks via e-mail (skyhawks@forces.gc.ca) or on social media today.

Check out videos and photos from an amazing 2018 season on our Facebook, Instagram, or Twitter by searching for @SkyHawksCanada

MCpl Äntoine Collette is a SkyHawks demonstrator



ARMY 🔆 ARMÉE

Leave bulk garbage at PMQ curb

Jules Xavier Shilo Stag

If you have bulk garbage collecting dust in your PMQ basement mark Oct. 9 on your kitchen calendar.

Real Property Operations Unit (West) - Detachment Shilo (RPO-U) workers will be out on this day to collect your material left out at the end of your driveway.

"Items are not to be placed earlier than the evening of [Oct. 8]," said RPO-U OC Maj Jérémie Dulong. "As per the CFHA notice, all appliances that contain Freon — fridges, A/Cs, water coolers etc — will not be picked up by the fall bulk garbage pick-up. Residents may disposed of those items at the Eastview landfill site."

Further information can be found at the City of Brandon landfill overview website www.brandon.ca/sanitation/landfill/landfill-overview

However, if have been collecting bulk garbage at home since it was last picked up in the spring, there is another alternative you can do without leaving the Base, according to Maj Dulong.

"Shilo dump remains available for bulk garbage drop off throughout the year. It is located three kilometres east of CANEX following Aldershot Road and is open Monday to Friday 8 a.m. to 3:30 p.m."

Formerly Engineering Services (CE), RPO-U Det Shilo provides the infrastructure and municipal services found in most cities. Under the guidance of the OC, all activities pertaining to the design, construction and maintenance of works, buildings, roads and grounds as well as the operation of utility systems — heat, water and sewage treatment are looked after by RPO-U.

Maj Dulong and his staff are responsible for real property management services of 221 buildings encompassing 165,188.83 m2 of floor space and an additional 100,000 acres of range and training area.

If you have trouble calls dial 204-721-3000 ext 3111/3117. After hours call ext 3383.



When putting out your bulk garbage Oct. 8 it's advised you not just toss everything to the curb. This will help with pickup.

Jules Xavier/Shilo Stag

October 4, 2018 Shilo Stag 11

United Way campaign Base Maintenance offer fall car care clinic

Shilo Stag

A few weeks into the 2018 Base United Way campaign, and funds have been collected from a few scheduled events.

It will be busy during the next few weeks as units and businesses alike run their respective annual programs, or try another fundraising venture.

The Base's chaplains will have a pet blessing at the Faith Centre Oct. 4 starting at 5 p.m.

If you want your skates sharpened, your \$2 fee will be donated to the Base's United Way campaign.

Base headquarters staff, including the BComd's team, will host the annual chili cookoff Oct. 17 starting at noon. There's no cost to enter a chili recipe, but tasting the submissions will cost \$5. Contact Cpl Swanson or Cpl Dutchak to register.

The following day, as you arrive on the Base for work, the annual boot blitz will be run by Shilo's MFRC and 1 MP Reg.

From Oct. 24 to 25, Base Maintenance is offering its annual fall car care clinic, which runs from 8 a.m. to 4 p.m. Work will be done at Base Maintenance's location G400.

For an appointment call 204-765-3000 ext 3255. Customers must provide their own oil and filter for oil changes, which will cost \$15. Dismount/mount tires

CFB SHILD

FALL CAR CARE CLINIC

24 - 26 Oct 18

with wheel balance costs \$40. To rotate or install four mounted tires will cost \$25.

To mark Halloween Oct. 31, Forbidden Flavours will donate 15 per cent of coffee/beverage purchases that day to the Base's United Way campaign.

CFHA has an event that will see the winning ticket drawn Nov. 14. You'll need

to buy your tickets for the Obermaier's gift certificate and basket raffle draw beforehand: three for \$10 or one for \$5. Tickets will be available at CANEX, or call ext 4111.

The gift basket, valued at \$300, contains various rubs, spices, sauces and beverages, while the gift certificate has a value of \$140. It can be used for any products or services in Obermaier's Sausage and Meat store.

JPSU has its own draw Nov. 16, with wine being raffled off.

On the same day, PSP has a family dinner in a basket raffle, while United Way organizers offer up their own grand prize package raffle.

This will all occur Nov. 16 on the last day of the 2018 campaign. L25 is the venue for the Finish Line breakfast featuring a number of raffles. Tickets will be on sale at this event, but also in advance with sales being held at CANEX.

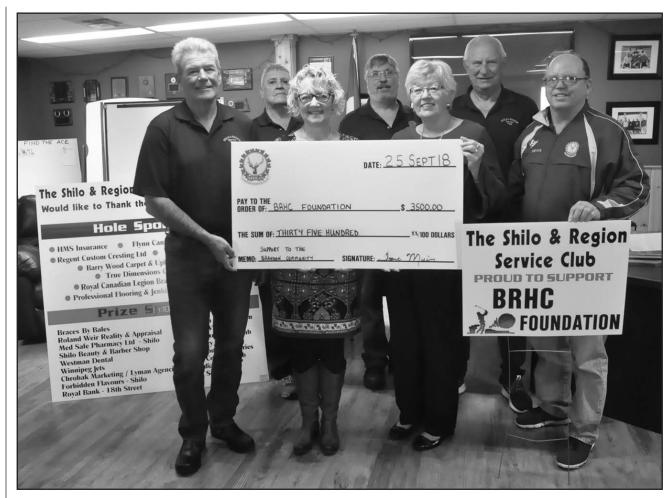
What is PSP's family dinner in a basket raffle? Tickets are \$10 each and can be purchased from PSP mess administrative assistant Shandar Elmhirst at the Junior Ranks or PSP senior manager EA Lisa Barnes at Base headquarters.

"It's a great fundraiser and who doesn't like a bunch of free food," asked Elmhirst.

Ticket purchase deadline Nov. 15 prior to the draw the following day. The basket containing everything you need for a family or holiday dinner (four to six people) will be delivered to the winner Nov. 17.

P\$P staff also have an opportunity to show their sports colours Nov. 2 during casual Friday.

"There is no extra donation to this event as this is to promote participation and have some fun and maybe a little teasing about who supports the better team," said Elmhirst.



Pediatrics unit benefits from golfers

Shilo and Region Service club president Ian Muir presented a cheque for \$3,500 to Brandon Regional Health Centre Foundation executive director Cindy Buizer and Peggy Turnbull at L25. The money was raised during the inaugural charity open, with the proceeds going to the BRHC Foundation's pediatrics unit. Muir was joined by fellow club members Ken Wells, Eugene Gondek, Randy Walker and Steve Blair.

Jules Xavier/Shilo Stag

CLASSIFIED ADS

Email: stag@mymts.net • Phone 204-765-3000, ext 3013 • Fax 204-765-3814

\$10 for first 20 words, 10¢ for each additional word Deadline for next issue:

October 11 at noon

Free ads (non-profit only) restricted to members of the CAF, employees of CFB Shilo and the residents of the surrounding area.

Services



St. Barbara's Protestant Chapel

Sunday at 10:30 a.m. with Sunday school & nursery Padre Johnston - ext 3381 Padre Dennis - ext 6836 Padre Walton - ext 3088 Padre Smallwood - ext 3089

Our Lady of Shilo Roman Catholic Chapel

Sunday at 10:30 a.m. Confessions by appointment Padre Nnanna - ext 3090 Padre Shanahan - ext 3698

Services

Greg Steele Canadian Firearms safety course instructor/ examiner offering Red Cross first aid training. Manitoba hunter safety instructor. CFSC, CRFFC safety courses offered at least monthly and on demand. Firearm/hunter safety courses planned seasonally. Restricted and non-restricted. Visit social media page www. facebook.con/gregsteelehunterfirearmsafetymanitoba/ Dial 204-729-5024 E-mail gsteele4570@gmail.com

We buy and sell good used furniture/appliances. We also deal in coins and coin/stamp supplies. People's Market Place, 32-13th St., Brandon, 204-727-4708.

Services

Need your taxes done? Fast, friendly, and personal service. Located outside the gate. For all your income tax needs contact Ingrid Wasserberg at 204-763-4357. OPEN ALL YEAR.

Dow Construction offers home renovations, new projects. Call 204-901-0350

Employment

Looking for a job on the Base? Submit resumes to NPF HR office via e-mail quoting competition # to npfhrshilo@ cfmws.com OR for more detailed information on the jobs offered at CFB Shilo visit: www.cfmws.com

Employment

CANEX needs you: Clerk/cashier part-time position with 13 to 32 hr /week required. Must be available days/evenings, and weekends. Starting salary is \$11.90 per hour. After two-month probation salary increases to \$12.15. Under the direction of the department supervisor, a clerk/cashier scans customer purchases, processes transactions, and accepts payment. He/she prices, stocks shelves, counters and display areas with merchandise and keeps stock in order. He/she performs cleaning duties as required. Apply in person at CANEX admin office, or NPF Human Resources office at base HO.





Anniversary in oils

Brandon en plein air oil painter Weiming Zhao (inset) spent his morning at the Korea Parade Square using his oils to create new artwork — he decided to visit the Base to mark the occasion of the Battle of Medak Pocket 25th anniversary commemoration and use his brushes to paint what he observed. Here's what he saw, and painted, during the ceremony. Check out his Facebook page: www.facebook.com/weimingart/
Jules Xavier/Shilo Stag



Dad on duty

With a child firmly held, a soldier salutes after arriving at the Korea Parade Square.

Jules Xavier/Shilo Stag