



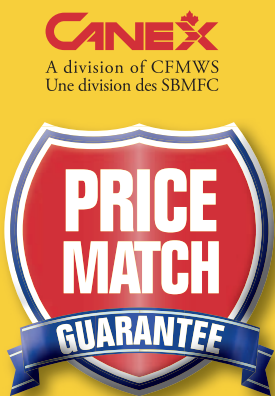
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Shilo Stag

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Quotable quotes from CFB Shilo in 2014. Page 6 & 7



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Karate club members get kick out of training. Page 12

A Bty weightlifters finish first overall



Jules Xavier
Shilo Stag

1RCHA's Bdr Simon Morin garnered bragging rights among his peers when it comes to lifting weights. The A Bty soldier earned this following the second annual Ex HEAVY LOADER held prior to block leave on the Base. Runner-up to Bdr Morin was HQ Bty's Cpl Jonathan Boucher-Kovaks. A Bty's Maj Joe O'Donnell finished third overall, but also garnered bragging rights of lifting the most combined weight from the competition with 1,360 pounds. The top female competitor was Bdr Sydney Mitchell, another A Bty weightlifter. Maj O'Donnell won the bench lift with 400 pounds on the bar, while the squat lift title went to Cpl Boucher-Kovaks. His bar held 445 pounds. In the dead lift competition, it was Bdr Morin prevailing with a lift of 555 pounds.



1RCHA's Bdr Simon Morin focuses on his squat lift, while (inset) Bdr Sydney Mitchell competes in the dead lift. Both A Bty competitors won their overall divisions during Ex HEAVY LOADER.

The *Stag* had an opportunity to grill Maj O'Donnell about this weightlifting competition which features:

Shilo Stag (SS): Where did the idea for Ex HEAVY LOADER come from at 1RCHA?

Maj Joe O'Donnell (JO): "The idea came from a conversation I was having with a few guys at the gym back in 2012. We were discussing how it seemed that every other month there was a 'fitness' competition in the army that focused on distance running. "There was nothing at that time that recognized soldiers who excelled as strength athletes."

SS: How has this event improved from its inaugural competition?

JO: "This is only the competition's second year ... this year we improved it by really honing in on the technical requirements of each lift like you would see in a professional powerlifting meet with the help from PSP."

See **BELT** page 3


I will imagine.


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Soldiers, civilians garner quarterly awards

Shilo Stag

Coins and commendations were just some of the accolades handed out during the fourth quarter CFB Shilo parade prior to the Christmas break.

There were three Command Team coins handed out in front of civilian staff and military personnel during the parade held at the MPTF.



Carr

Cpl Charlene Carr received a Command Team coin for her strong devotion to duty, excellent organizational skills and high level of occupational knowledge seen during her service on the Base. As 2IC Traffic, Cpl Carr demonstrates a high level of job knowledge and communication skills through her briefing of F&E regulations and policies to all members being posted in and out of CFB Shilo, and completes all tasks with a high level of professionalism and excellence.



Kennedy

As the Base cashier, LS Jaime Kennedy has displayed a high standard of professionalism and work ethic, setting a positive example to peers and subordinates in her trade. Through her initiative, she ensured members with ongoing issues of up to nine months from OP ADDENDA were compensated accordingly through coordination with other cashiers from bases across the Canadian Armed Forces (CAF).

She has also been a key player in the development and revision of Base policies relating to cash disbursements, DFT policies, and Component Transfer issues. It is for these reasons she was presented with a Command Team coin.

As the Base Auxiliary Security Force command team, Lt Andreas Schabetsberger and WO Robert Gerrow demonstrated outstanding initiative, flexibility, and professionalism while reacting to the changing security situation on this Base.

On top of balancing their primary roles and tasks, the command team was required to liaise with Base Operations, lodger units, Military Police, and many other agencies to ensure the response of the Security Force as a whole was organized, timely, and effective. Their leadership and competence contributed greatly to the success of Base security operations.

There were six Command Team commendations handed out during the quarterly parade.

The first recipient was Cpl Nikki Lafleur for her distinguished performance in the provision of excellent customer service, materiel management and outstanding support to CFB Shilo.

From FAR refueling, to drafting DRMIS stocktaking SOPs and conducting major warehouse stocktakings valued at more than \$18-million, she is always the consummate professional.

Her additional contributions as a member of BASF, the Base Supply Entertainment committee, and as an official Force Evaluator, made her an extremely deserving recipient of the Command Team commendation.

Mel Cullen was also recognized for her hard work and professionalism. She is a very dedicated and hardworking professional.

Cullen uses her expertise within the finance world to ensure Base Maintenance stays compliant within the FAA.

She can regularly be seen at her desk working through lunch hours researching documents for the library or assisting the troops with claims.

MCpl Gaudreault's dedication, tenacity and overarching desire to produce the best possible results has made her a vital member of 3CDTC C Coy. Her work ethic and professionalism has engendered the respect of both her peers and superiors alike.

Her actions were continuously above and beyond service requirements, and brought great credit to not only herself, but her unit and CFB Shilo.

The members of Shilo Emergency Services were presented with a Command Team commendation for their hard work, dedication, and professional conduct during the development, planning and execution of the Fire Ops 101



Schabetsberger & Gerrow

course.

The Fire Ops 101 course was developed specifically by Shilo Emergency Services to introduce and provide a better understanding to the key leadership on Base of what capabilities Emergency Services provides to the Base and the surrounding communities. Members of all major units on Base have participated in the course over the years.

During the past year MCpl Caleb Lalonde has taken an instrumental role in the training and development of the junior

vehicle technicians within Base Maintenance using the experience he gathered as the lead instructor during his summer task at the Royal Canadian Electrical and Mechanical Engineering School.

This has included providing mentoring after-hours, coaching on recovery operations and co-ordinating with 1CMBG units to ensure that the junior technicians have the training opportunities they require.

He displays a strong dedication to the Unit and the CAF by volunteering with the United Way car clinic, as a guest speaker for veteran's week, as a cenotaph guard and with the maintenance of the veterans' graves. For these reasons MCpl Lalonde received a Command Team commendation.

Engineering Services' works department was also recognized for its professionalism, tireless work ethic and commitment to CFB Shilo and its staff. Specifically, from Oct. 20 to 24 the works department built a purpose built facility to act as a gate house for the north entrance to CFB Shilo.

Within 15 hours works staff had a new facility in place that was heated and lit. Further, just as impressively they reinvigorated and brought the south gate back up to a fully functioning facility after being mothballed for several years.

Meanwhile, in recognition to the outstanding performance and dedication Cpl Dakota McGann has committed to CFB Shilo, he was recognized as the CFB Shilo soldier of the quarter.

Cpl McGann displayed excellent supervisory and administrative skills while acting IC SMP Section. Never afraid to take on new work and challenges he volunteered to be the OPI for both unit ice and ball hockey teams.

Cpl McGann has displayed his dedication to the RCME corps and his fellow soldiers by meeting with QL4 technicians after hours to mentor them towards completing their trade training.

Cpl McGann's performance and dedication facilitate the success of Base Maintenance and CFB Shilo.

In recognition of her dedication to the Engineering Services team and to the Base, Vera Tobin was awarded the civilian employee of the quarter award.

Tobin has demonstrated effort above and beyond the hard-working, mission based attitude that is becoming common-place in our current work environment. She has assumed the responsibilities of two of her peers who have either relocated or left DND.

These additional responsibilities were a no-fail requirement and she was able to effectively incorporate them into her already very hectic schedule. Tobin has continued to excel in all facets of her work.

The 2014 civilian of the year award goes to Kim Walker. Her tireless commitment and dedication to properties related issues brings great credit to CFB Shilo and the Department of National Defence.

Walker often has to communicate with local authorities and land owners, provincial governments, and other government departments on issues strategic in nature. Her steadfast professionalism and hard-working demeanour ensures the job is always done to an impeccable standard.



Lalonde



Cullen




Gaudreault



McGann



Walker



National Defence **Defense nationale**

WARNING

SHILO RANGES

Day and night firing will be carried out at the Shilo Ranges until further notice.

The range consists of DND controlled property lying approximately 32 kms SE from Brandon and N of the Assiniboine River in Townships 7, 8 and 9; Range 14 WPM, Townships 8, 9 and 10; Ranges 15 and 16 WPM and Townships 9 and 10; Range 17 WPM in the Province of Manitoba. If required, a detailed description of the Shilo property may be obtained from the Base Construction Engineering Office at Canadian Forces Base Shilo.


All boundaries, entry ways, roads and tracks into the Range are clearly marked and posted with signs indicating that there is to be NO TRESPASSING. Hunting is no longer permitted on the Shilo Ranges.

STRAY AMMUNITION AND EXPLOSIVE OBJECTS
Bombs, grenades, shells, similar explosive objects, and their casings are a hazard to life and limb. Do not pick up or retain such objects as souvenirs. If you have found or have in your possession any object which you believe to be an explosive, notify your local police and arrangements will be made to dispose of it.

No unauthorized person may enter this area and trespassing on the area is strictly prohibited.

BY ORDER
Deputy Minister
Department of National Defence

OTTAWA, CANADA
17630-77





National Defence **Defense nationale**

AVERTISSEMENT

POLYGONES DE TIR DE SHILO

Des tirs de jour et de nuit seront effectués aux polygones de tir de Shilo jusqu'à nouvel ordre.

Les polygones de tir sont des terrains sous le contrôle du MDN situés à environ 32 km au sud-est de Brandon et au nord de la rivière Assiniboine dans les cantons 7, 8 et 9; polygone 14 OMP, cantons 8, 9 et 10; polygones 15 et 16 OMP et cantons 9 et 10; polygone 17 OMP, dans la Province du Manitoba. Au besoin, une description détaillée de la propriété de Shilo peut être obtenue du Bureau du génie construction de le Base des Forces canadiennes Shilo.

Toutes les limites, voies d'accès, routes et sentiers menant aux polygones sont clairement marqués et ornés d'écriteaux d'ACCÈS INTERDIT. La chasse est dorénavant interdite aux polygones de tir de Shilo.

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Aucune personne non autorisée ne peut entrer dans ce secteur où tout accès est strictement interdit.

Par ordre du
Sous-ministre
Ministère de la Défense nationale

Ottawa, Canada
17630-77

hardworking professional. Cullen uses her expertise within the finance world to ensure Base Maintenance stays compliant within the FAA. She can regularly be seen at her desk working through lunch hours researching documents for the library or assisting the troops with claims. MCpl Gaudreault's dedication, tenacity and overarching desire to produce the best possible results has made her a vital member of 3CDTC C Coy. Her work ethic and professionalism has engendered the respect of both her peers and superiors alike. Her actions were continuously above and beyond service requirements, and brought great credit to not only herself, but her unit and CFB Shilo. The members of Shilo Emergency Services were presented with a Command Team commendation for their hard work, dedication, and professional conduct during the development, planning and execution of the Fire Ops 101



Winner Bdr Simon Morin received his title belt from 1RCHA CO LCol Stuart Taylor following the conclusion of Ex HEAVY LOADER. Maj Joe O'Donnell finished third overall (inset).
Photos by Jules Xavier

Belt goes to champ

From Page 1

"We also added a leader board to show the audience that the competition is not about the most weight lifted or 'absolute strength' but rather 'relative strength,' meaning that the goal is not just to be strong, but to be strong for your size."

"It's easy for a big guy to get some big numbers, but seeing a lightweight dead lift 400 pounds is like seeing Spud Webb win the [NBA] slam dunk competition."

SS: What are the goals with providing the artillery soldier with an opportunity to compete in powerlifting?

JO: "Aside from providing another avenue for soldiers in 1RCHA to test their fitness, it highlights another area of physical training and an important one for gunners. In my opinion, being strong is very much a prerequisite for being in the artillery, in order to continuously load a 97-pound projectile, manhandle a 10,000-pound howitzer or even if you're in a FOO party carrying 80 pounds of kit you need a strong posterior chain to prevent injury and optimize performance, especially in austere conditions."



"Too often I see people on the elliptical machine or recumbent bike during PT. Those exercises are fine if you like boring and ineffective workouts that get you nowhere, but it doesn't really assist you in dealing with the harsh conditions on the battlefield."

SS: How do you encourage others with 1RCHA to participate as I assume most artillery soldiers use your weight facilities?

JO: "We were only down by about two people compared to the first year as there were some injuries prior to the competition. Fifteen to 20 people is the target number of competitors otherwise it takes too long. Honestly, I think now that everyone understands what the competition is all about, there'll be more interest [for this December's competition]."

SS: What do you personally get out of being part of this competition, versus lacing on the skates to play in the annual Kingston Cup

hockey game between A Bty and B Bty?

JO: "I really enjoy being a part of the competition. Both years all competitors had fun and hit some PRs (Personal Records)."

"What I'd say I like the most is the hype during the months leading up to it and the speculation of who is going to win which is accompanied by a bit of trash-talking in the gym during the weeks prior."

"I like to have different goals throughout the year. This [past] year it was Mountain Man and Heavy Loader. [This] next year I'll look for something else ... maybe my skating skills as there is lots of room for improvement as you saw [at Gunner Arena]."

SS: Finally, what bragging rights come to the individual who is crowned No. 1 and receives the Ex HEAVY LOADER belt from 1RCHA CO LCol Stewart Taylor?

JO: "You don't need bragging rights when you've got that belt strapped around your waist, It speaks for itself."

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Fax: 204-765-3814 Email: stag@mymts.net



Mailing Address:
 Box 5000, Stn Main
 CFB Shilo, Manitoba, R0K 2A0

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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

...



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BComd LCol Stephen Joudrey and BRSM CWO James Doppler accepted a cheque for \$116,228 from CANEX manager Rick Kehler (left) and SISIP branch manager/financial counsellor John Clarey during a joint presentation prior to the Christmas break.
 Photo by Jules Xavier

CANEX & SISIP Working relationship benefits soldiers, families on Base

Jules Xavier
 Shilo Stag

It's a working relationship that benefits soldiers and their families at CFB Shilo.

Prior to the Christmas break, BComd LCol Stephen Joudrey received a cheque for \$116,228 during a joint presentation with CANEX manager Rick Kehler and SISIP branch manager/financial counsellor John Clarey.

CANEX and SISIP together work within the NPP/CF Morale and Welfare Services (CFMWS) framework for the benefit of all members of the Canadian Armed Forces (CAF) and their families stationed at CFB Shilo.

"Approximately half of all funding to our CFB Shilo Base Fund come from CANEX/SISIP contributions," acknowledged Kehler. "These contributions are possible only due to the patronage of our Shilo CAF members and their families who purchase goods and services from CANEX and SISIP."

Since 1968 and 1969, CANEX and SISIP respectively have been working within the NPP framework for the benefit of all members on the Base.

As divisions of the CFMWS, for 45 years with SISIP and 46 for CANEX, these two divisions have always endeavoured to enhance the quality of life of the military community, by contributing to many of the CAF activities on Base, especially the morale and welfare programs, within the Non-Public Property framework.

"It is toward these initiatives and activities that we will be presenting this cheque as a testimony of our commitment and support to the community of this Base," said Clarey.

Kehler added, "These Base Funds are integral to enhance the morale and welfare programs/events/activities on Base without which, many of the extra-curricular activities would not exist.

"Hobby clubs, unit Christmas events, celebrity concerts, community events such as the Halloween Haunted House, summer events, and much more would simply not be possible without Shilo base funding."

The cheque accepted on behalf of the Base by LCol Joudrey is also a reminder, to all CAF members, that these funds are possible thanks to the patronage at CANEX, and the services individuals subscribe to through SISIP Financial Services.

"Every dollar spent at your local CANEX and or through acquiring services from SISIP, contributes to generating growth and support to Non-Public Property beneficiaries," said Kehler. "By beneficiaries, of course, we mean you the CAF serving and former members and their families."

Kehler added, "Once again, we thank you all for coming to what we hope will be the first of many such gatherings. We will indeed continue to contribute to this Base by meeting, understanding and anticipating the needs of its members and their families through the tailored products and services offered by CANEX and ensuring members and their families have their desired financial health and security."

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Base sports teams seek players

Danny Hamilton
Shilo Stag

To reference a quote from the *Stag* editor, we intend to submit a military sports article once a month for your Base bi-weekly newspaper.

This column will cover what has happened with various military sports programs from the previous month. This will include articles on military personnel who have participated in the various sports programs such as CISM, regional and national sports championships, or community recreation Base leagues etc.

Upcoming in the months ahead, CFB Shilo will be looking to repeat as the regional champions in men's hockey.

Moreover, we will be looking forward to sending teams to the following Prairie regional sports championships: Basketball at 4 Wing Cold Lake Jan. 20 to 24; men's and oldtimer's hockey at 17 Wing Winnipeg

Feb. 1 to 6; swimming at 4 Wing Cold Lake Feb. 11 to 14; curling at Edmonton Garrison Feb. 2 to 6; men's and women's volleyball tournament is being hosted at the GSH from March 2 to 4; and badminton and squash is at 4 Wing Cold Lake from March 9 to 13.

If successful in any of the above Prairie regional championships, the team will have earned the right to participate at Canadian Armed Forces (CAF) national championships.

This means a trip to Ontario as all nationals are being hosted by CFB Borden: Women's hockey Feb. 21 to 27; men's hockey March 7 to 13; oldtimer's hockey March 21 to 27; basketball April 11 to 17; and badminton and squash May 2 to 8.

Community recreation no-hit hockey is underway at the Gunner Arena, with two games every Sunday, Monday and Thursday, with games starting at 5 and 7 p.m.

1RCHA's Z Bty is looking to defend as league champions, while B Bty is looking to once again prevail in

the playoffs.

In other Base sports news, CFB Shilo's Bdr Jared Gossen from 1RCHA was selected to represent this Base and the CAF at the CISM world golf championships held in the Kingdom of Bahrain for 11 days back in November. More results will be forthcoming in a future article in the *Stag*.

Danny Hamilton is CFB Shilo's sports co-ordinator based out of the GSH. Call ext. 3894



Intersection hockey is played three nights a week at Gunner Arena.
Photos by Jules Xavier



Tryouts for Base hockey teams start Jan. 20

Shilo Stag

Want to represent CFB Shilo at Prairie regionals in early February at 17 Wing Winnipeg?

If so, you first must make the cut with either the Base men's hockey team, or its oldtimer's roster. Tryouts at Gunner Arena for both teams commence Jan. 20. For the next 10 days, Monday to Friday, the coaches will evaluate potential players for both teams from 7:30 to 9 a.m.

Who can play for these teams?

You must be a part of the Canadian Armed Forces (CAF) with the regular force, or reserves Class B and C.

This year's Prairie regional hockey tournament runs Feb. 1 to 6, with the winning teams advancing to nationals at CFB Borden in the spring.

For information on either team contact Base sports co-ordinator Danny Hamilton at ext. 3894.

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Manitoba

Quotes from 2014

You said it in your award-winning Shilo Stag in 24 editions

Jules Xavier

Shilo Stag

The past 12 months flew by quickly when you consider the award-winning *Stag* published 24 newspapers for your reading pleasure on the Base.

And during those 52 weeks, Stag staff wrote countless stories related the return of soldiers from Afghanistan in the spring, or this Base assisting with flooding around Portage La Prairie in the summer.

We also covered two military funerals following the deaths of fixtures on the Base: Korean veteran Dave Lucas was 80 when he died at home, while Second World War veteran Morley Roney, 92, was laid to rest in Wawanesa after he died following a short battle with cancer.

We also snapped thousands of images which either appeared on these pages, as well as on our Facebook page. Or in the just arrived fresh off the Leech Printing presses the 2015 Base calendar or quarterly *At A Glance* magazine.

With this in mind, we returned to our 2014 editions and pulled from the ink-stained pages memorable quotes. And as part of the package on this page, some of our favourite images captured on our Nikon digital cameras.

"Dave [Lucas] was an artillery icon. His first encounter with myself was as the number one of a 105mm gun detachment. My first impressions 'who is this madman and why is he yelling at me.' Beyond his gruff personality was a soft-hearted father-type who looked after the underdog. Many young Gunners have looked up to him for advice and Dave never let them down."

— Roger Eppert of the death of the Korean War veteran

"This feels like a fairy tale that was 96 years in the making. It's quite emotional for me. As a little boy I was never able to meet my grandfather [Pte Charles Sharp] because he never returned home after the war, but now I have something tangible from that time which I can touch ... this humanizes him as a person as I hold these items. Holding this memorial plaque I never thought in my life I'd get this close to this ... you see them on eBay, but we never knew one existed in the family."

— Retired WO Reginald Sharpe on receiving his grandfather's Dead Man's Penny

"It was gratifying for me not only to serve the country that allowed me to immigrate here, but then to help out a country where I was born [Philippines] ... it was nice to be able to make a difference. I have done tours to Bosnia and Afghanistan, but who knew I would ever see a tour to my own home country. This was something I never expected in my military career."

— 1RCHA's WO Jason Buenacruz during Op RENAISSANCE

"In my section, I have 17 people. There are 10 in the weapons shop and six are QL4s ... that means they aren't yet qualified. They cannot work alone. It is tight sometimes, but we get the work done."

— Soldier of the Year MCpl Sara Thompson

"I really like a large Café Forbidden from Forbidden Flavours. I am not sure whether it is



Held by mom Pte Jessica Mullen of 1RCHA, one-year-old Cash Mullen had a big smile for his dad, Sgt Josh Mathers of 2PPCLI, during one of the final chaulks. Sgt Mathers was returning home from the final rotation of Op ATTENTION.

Photo by Jules Xavier

the drink itself, or the smiles that accompany the great service on very cold winter mornings from Sibyan and Brittany. The community-focussed efforts of Leita and Ray Piche and their entire team are even more impressive than I remember from my previous posting."

— BComd LCol Stephen Joudrey

"We became a team playing in the round-robin of the tournament. [Pte Spencer] Stolk just ran the table for us after he got the start."

— Shilo Stag coach Danny Hamilton after his team qualified for men's hockey nationals

"This is a tremendous endorsement of our facilities, curatorial processes and policies. It brings to fruition a three year process which began with an application that filled 17 binders. It confirms we have a rightful place among the top museums in the Canadian Armed Forces and in Canada."

— Former RCA Museum director Marc George on the Base venue receiving the highest level of designation for a museum under the Cultural Property Export and Import Act

"It's the first time coming home to my son and the first time being married, so knowing that, and that it's the last time [going to Afghanistan], it's a really good feeling."

— MCpl Adam McLeod after returning home on the final chaulk with the conclusion of Op ATTENTION in Afghanistan

"Manitoban's have made a great sacrifice on this war on terror and should be proud of themselves."

— 2PPCLI Padre Capt Kevin Olive to a CTV reporter during a

homecoming following the end of Op ATTENTION in



Funeral for Korean War veteran Dave Lucas at the Brandon Cemetery on a frigid afternoon.

Photo by Jules Xavier

Afghanistan

"Our training mission was small ... our footprint was not large. We've given Afghanistan the tools to succeed in the future" handling any threats from the Taliban. In some elements of the Afghanistan government there are challenges with corruption, logistics and intelligence functions ... they have a way to go."

— Col Lee Hammond, Deputy Commander of Canada's contribution to Op ATTENTION, during a media scrum at Brandon's airport

"Afghanistan is the hot thing of our military generation. I am happy I got my chance; I caught it just in a nick of time. I feel good, I feel fulfilled that I was able to contribute."

— 1RCHA's Capt Anne Pham on her Op ATTENTION deployment

"Light infantry is all about mobility and our ability to adapt. These training exercises give our soldiers a wider understanding on integrating navy, air force and army tactics into one."

— WO Todd McKee on taking part in Ex SPARTAN TRIDENT on Vancouver Island

"Europeans really like the Northwest Territories plate. The government there has discontinued issuing the polar bear plate. So I made a phone call and bought up 300 unused plates which I now sell. It's better to buy [plates] in bulk where you can. If they are in mint condition, which means the plate has never been on a vehicle then they will cost more. While there's a guide out there

for setting prices, it's all about what are people willing to pay based on supply and demand. Rare plates of course can earn a good dollar for the owner."

— 72-year-old licence plate collector and former soldier Lewis Risser

"Being an MP in Shilo is a privilege. Military units work with us to ensure a safe community and to support operations. These close relationships benefit everyone and make our jobs in the Military Police much easier. The members of the Shilo MP, whether military or civilian, are a fantastic group of hardworking, diligent, and thoughtful employees. Their consistent efforts made my job [mostly] easy! It will be hard leaving this group."

— Former Platoon Commander 1 Military Police Regiment at CFB Shilo Capt Dane Nicholson

"When we started a few weeks back to look at what the ceremony could look like here in Shilo, we knew we wanted to do something that was honouring the service of soldiers, recognizing the commitment of their families and acknowledging the support from those who helped us. What we did not want to do was turn this into 'the Army thanking itself for all of its wonderful work!' We chose instead to seek participation from 'all around', in keeping with the Royal Proclamation, to help recognize Canada's commitment to the mission in Afghanistan."

— BComd LCol Stephen Joudrey wanted CFB Shilo's Day of Honour ceremony to be community-focused

"2PPCLI is extremely proud of Cpl [Alex] Doduk for exhibiting technical excellence in parachute operations and for being selected to the coveted CAF parachute team for 2014. His participation in the Sky-Hawks' 43rd season is particularly significant given that he will play an active role in commemorating the PPCLI centennial, at events across Canada, descending under a Regimental parachute canopy."

— 2PPCLI CO LCol Bob Ritchie

Continued on Page 2

From Page 6

"I'm really happy with how this weekend turned out. The course record and the bogey-free round were both firsts for me, but the weather definitely made things challenging today. The course didn't seem too difficult at first, but once the wind picked up it became a very tough course to play."

— *CN Future Links Prairie female champion Jaclyn Lee, 17, of Calgary after finishing with a two-under-par 214 after rounds of 71-67-76 at the Shilo Country Club*

"For the last three years we've been able to spend two to three times more on maintenance than ever before. Now that we've entered leaner times of fiscal constraint the fact that we've maintained our infrastructure to the standard we have for the past three years will allow us to weather the storm. Having visited other Bases recently that are facing the same challenges, I am proud to say that Shilo's infrastructure and community is leading the pack."



1RCHA's WO Marc Lavoie is ready for his jump during D-Day 70th anniversary celebrations in France. *Photo submitted*

— *Former Base Engineer and Shilo Mayor Maj Reg Sharpe*

"It was a wonderful feeling that I'm doing what my airborne brothers did in the past. But we jumped into France, and were not jumping onto Juno Beach like some people thought we were doing. There's a misconception that paratroopers jumped on the beach. In fact, they were jumping behind the [enemy] lines to distract the Germans while the soldiers were coming ashore on the beach. It was a humbling experience let me tell you. Think about it. You are jumping on a day that 70 years

earlier changed the course of history. That was a day for the veterans who were able to return for this anniversary that changed the war."

— *1RCHA's WO Marc Lavoie on marking the 70th anniversary of D-Day by parachuting in France along with 49 other CAF members*

"We are definitely looking forward to being closer to family. There are so many things to do in Atlantic Canada, that I am sure that we will be busy. Good fish and chips are also high on the positives list."

— *Former Base COS Maj Scott Lloyd on his posting to Nova Scotia as the CO of the east coast recruiting centre*

"Really, I am not sure that most people know what my last name is. People just know me as Dean the Barber. That's what I sign on everything around here!"

— *Shilo barber Dean Grywacheski marked a quarter century cutting hair on the Base*

"With my feet looked after I am good to go. This has also been good training for me as I prepare for Mountain Man [later this summer]."

— *Cpl Richard Wieler on being part of 2PPCLI's Nijmegen team*

"The sheer distance we are covering, for a medic I'm usually in a clinic or a vehicle, not marching alongside the guys."



1RCHA soldiers filled many sand bags to help out with flooding in the Portage La Prairie area. *Photo by Jillian Driessen*

— *MCpl Scott Lawrence on being part of 2PPCLI's Nijmegen team*



Jaclyn Lee, 17, watches her ball clear the sand trap. *Photo by Jules Xavier*

"By having the baton relay it allows us to bring our Honour Roll across the country. By doing this we are able to connect with Canadians and celebrate our Regimental history with them. I'm thrilled. This is a once in a lifetime history event of our centennial. There won't be another one, so I'm glad to be part of it."

— *2PPCLI's A Coy OC Maj Robert Barker on the PPCLI Memorial Baton Relay (MBR) across Canada*

"I was here long enough that when I walk into any place, it's kind of like an episode of Cheers ... I lived in the bunker for one summer tasking. There are no windows. If you had an analog

watch and you took a nap after course at 3:30 and woke up at 7:30 you weren't sure if you had missed supper or if it was time for breakfast. You would have to get dressed and walk outside to see which side of the bunker the sun was on. But it was nice and cool!"

— *New Base COS Maj Trevor Michelsen*

"I am looking forward to seeing what a Manitoba winter is all about. We've heard the stories. I want to see it first-hand. I need to see if the hype is really justified. It's just the experience. I am sure I will complain as much as everyone else once it hits us. Just to say you've been where it's minus-40 or minus-50 degrees Celsius is an experience in itself."

— *New Base Engineer Maj Andrew Wall*

"It's not about winning, but beating myself based on my goals [during a race]. I want to improve on what I did the last time, and post decent times, so that you know you are getting better. It's not about being the fastest, but finishing in a time you set as your goal. There are always guys coming along who are faster [and younger]."

— *Ex MOUNTAIN MAN repeat winner Sgt Brian Weigelt of 2PPCLI, who erased records he set in 2005 and 2006 to establish a new one after finishing first overall in Edmonton with a time of 4:38.55*

"Our visit to the Base landfill was a marked difference from the 2012 visit. This was noticed by the judges as requiring improvement. The improvements began following the 2012 CFSC judges visit and has continued to improve to 2014. The site is well organized and maintained so as to cover all current trash thereby avoiding attracting both birds and animals. The site and its use are well known to the base resident's and will often be used throughout the week separate from the regular pickup. There is also provision for appliance, electronics, tires, scrap metal and wood waste easily accessible on the site."

— *On garnering four blooms, Community in Bloom judges Dave Hilton and Bruce Hay cited an improvement of the Base's dump*

"The Shilo Stag truly lives up to its claim to be 'Your source for Army News in Manitoba'. I think it offers a great balance between topical issues of the day, stories

about soldiers and fascinating period pieces honouring military history. I believe that like me, people in our local communities look forward to every other Thursday when the new Shilo Stag comes out!"

— *BComd LCol Stephen Joudrey on the benefits of having the award-winning community newspaper cover the Base*

"Despite the myriad of information mediums available ... the [Stag] provided the best possible means to communicate information and engage with the community. I remain impressed by the outstanding job the Stag does representing the interests of those it serves and keeping the pulse of the community."

— *Former BComd Col Rick Goodyear, now the Army Comptroller working out of DND HQ in Ottawa*

"There are very few moments which leave me at a loss for words — this was one. The words of guest speakers Honourary Col Rick Hansen and Maureen Eyeklenboom — her medic son from Comox, BC, was killed while attending to wounded comrades in Afghanistan in August 2006 — left me in tears. Having the opportunity to listen to their inspiring stories of heartache, resolve, and success is one I will never forget. I was both honoured and humbled that evening."

— *'Model' CFB Shilo soldier Pte Carmen Pietracupa on being chosen from 3 Div to be an honoured guest for the Army Run held in Ottawa*

"In the aftermath of these attacks, there exists much angst and various opinions on how Bases and military personnel should protect themselves. As part of increased vigilance across this country, CFB Shilo has tight-



2PPCLI's Sgt Brian Weigelt easily won the Shilo Run half-marathon, and broke his own Ex Mountain Record in 2014. *Photo by Bdr Jonathan Kaiser*

ened up access control onto the Base to ensure the safety and security of those who work and live here."

— *BComd LCol Stephen Joudrey acknowledges increased vigilance on military bases means tightened access control*

"I joined in 2004 as a musician. I was a naval reservist in Toronto. I play trumpet. I joined right out of high school. At first it was just to pay for my degree in criminology. Throughout the summers, I would travel the country and play in the band."

— *New Platoon Commander 1 Military Police Regiment at CFB Shilo Sub-Lt Greg Ansley*

"Our perspective on this matter is twofold ... to solemnly remember those who have paid the ultimate price for Canada and to raise awareness of veterans issues, both past and present."

— *R.M. Bartlette of the Defenders Motorcycle Club of Canada, Chapter 19 SW Manitoba, on why the military grave stones in the Brandon cemetery were dressed with Canadian flags for the first time*

"After they place the poppy we asked the children to take a moment and look at the name on the headstone and to look how old the soldier was."

— *Ryan Lawson, who spoke during the inaugural No Stone Left Alone poppy project in the military section of the Brandon Cemetery*

"By sharing a small part of his story, Morley [Roney] had reminded us all of the incredible sacrifices that brave Canadians have made in the name of our country. Not only the sacrifices of those who gave their lives, but also of those who returned home and began to rebuild."

— *Cousin Corrin Fraser commenting following the death of Second World War veteran Morley Roney*



The military section of the Brandon Cemetery was dressed with Canadian flags for the first time prior to Remembrance Day. *Photo by Jules Xavier*

Fitness instructor liked pace with Base job

Shilo Theatre
(Located in the General Strange Hall)

Jan. 16 *Gone Girl* Rated 14A

Jan. 23 *Alexander and the Terrible, Horrible, No Good, Very Bad Day*
Rated G

Jan. 30 *Interstellar* Rated PG

Children aged 10 and younger require adult supervision at all times.
All movies start at 6:30 p.m. Doors open at 6:15 p.m.

For more info, contact the community recreation office at 204-765-3000 ext 3317/3588

GSH Bowling Alley

Open bowling for all ages
Wednesday 6 to 8 p.m.
Saturday 2 to 4 p.m.

Adult: **\$2.50** per game
Youth: **\$2.25** per game
Child: **\$2** per game
Shoe rental: **75 cents**

Prices subject to tax
Ask about Glow bowling birthday parties!

For more info call the community recreation office at **204-765-3000** ext **3317** or **3588**

The Brandon Wildlife Executive committee would like to take this opportunity to thank the Shilo military community for all the support you have given us this past year.

We hope to see you at our events and on the range in 2015!

MANITOBA'S EMPLOYMENT STANDARDS


Construction Industry Minimum Wages to Increase

Minimum wages will increase in 2015, 2016 and in 2017 in the commercial, industrial and heavy-construction sectors. Visit manitoba.ca/labour/standards for updated wage schedules which take effect on the following dates:

Heavy Construction
May 1, 2015, May 1, 2016 and May 1, 2017

Industrial, Commercial & Institutional
January 1, 2015, January 1, 2016 and January 1, 2017

For more information contact:
Manitoba Labour and Immigration
Employment Standards
Phone: 204-945-3352
or toll free in Manitoba: 1-800-821-4307
Email: employmentstandards@gov.mb.ca

Manitoba 

Jillian Driessen
Shilo Stag

For Paul Thompson, landing a job as a fitness instructor at CFB Shilo happened by chance.

After studying corporate fitness at Minot State University, he found himself living in the Westman area.

"I'm originally from a small town called Pearson. It is a town of about 80 people in the south-west corner," said Thompson.

"I ended up in Brandon after university. I knew the Base was close to Brandon so when I saw the job posting, I applied. I had no idea about anything military when I started here. It was overwhelming. It was like people were speaking a whole different language."

Despite a hard and fast introduction to military lifestyle, Thompson has adjusted well to his surroundings. Having picked up on the military dialect of acronyms and short-forms, one would be left with little indication that Thompson's introduction to CFB Shilo was just in the spring of 2013.

For the fitness instructor, who previously was employed in Brandon as a rock wall-instructor, the pace on Base is what he likes best about the job. With the varied programming, Thompson is never bored.

"It's a little bit different every day — that's something I really like about it here," he said of his days at the GSH.

"The units like to do PT in the morning and get that out of the way. That's usually how the day starts. After a few sessions, we move into the afternoon. The recreation classes start at noon and at 1 p.m. we often have some kind of testing appointment."

In addition to the hustling pace of the fitness cell, Thompson also gets the chance to travel for training — an added benefit many fitness instructors don't receive working at civilian facilities.

Having travelled to places like Dauphin and CFB Borden for various courses, Thompson is grateful for the opportunity to build new skills and add new qualifications to his resume.

Although he enjoys his position as a fitness instructor, Thompson's real first love is sports.

"I love working with the sports teams. If I could do that all day, I would," he said.



Former fitness instructor Paul Thompson enjoyed working with soldiers.

Photo by Jules Xavier

"They are interested in things like conditioning and recovery and it's nice because they are very motivated."

Thompson has a strong love for hockey and baseball. The hurler played baseball at Minot State on a full scholarship.

"I had big NHL dreams growing up, but baseball paid my bills, I guess. When I was a teenager I moved away for a couple of summers to play in the Western Major — it's an amateur league. I got to live in Moose Jaw for a couple summers," he said.

His baseball summers helped him garner an education and a wealth of travel experience with his post-secondary team — an experience he is grateful to have had.

With Minot experiencing what Thompson calls "the usual" winter weather, his baseball team travelled several weeks of the year to play in places where the "usual" winter

is less common.

"We would spend two weeks in Arizona. We spent a lot of time in Missouri. You get to travel a lot. I spend a lot of time on the bus," said Thompson of his team's annual travels. "There are places I saw that I never would have just gone to. I wouldn't spend money to vacation in New Mexico or Arizona. But I'm glad I got to see those places [as a baseball player]. I got to see the mountains in Montana and all kinds of other places. It was cool."

While Thompson isn't looking to travel playing ball for weeks at a time, he hopes that baseball is in CFB Shilo's future.

"I am a big hockey guy. If there was ever baseball here, that would be awesome. That is my thing," he said.

He hopes one day to find a position offering a focus on sports activities, but for now, Thompson loves the pace, the job, and location of his current standing as a fitness instructor. He is grateful to have found his way to the PSP family.

"The timing for this position was perfect," said Thompson. "It couldn't have been any better. I always find it interesting working here. I get a lot of great opportunities I wouldn't get elsewhere. The added benefits of working here are unreal."

Editor's note: Paul Thompson has left his PSP job on this Base as of Dec. 31 for new adventures in Brandon

Canoe River Memorial Salute

It was a frigid morning when soldiers gathered to commemorate the disaster where 17 members of 2RCHA en route to fight the communists in Korea in November 1950 were killed following a train crash.

Photo by Jules Xavier



Infantry soldiers hone Bison driving skills

MCpl Matthew Hall Stag Special

In the cold months of this past fall, 2PPCLI conducted a Bison driver course for 11 students from various trades in the unit.

The Bison is an Armoured Personnel Carrier (APC) designed by General Dynamics Land Systems, and is currently used in many different roles within the Canadian Armed Forces (CAF).

The most common variants used today are the Mobile Repair Team (MRT), ambulances, and the command post (CP) variant used by Royal Canadian Corps of Signals for their CP and radio re-broadcast detachments.

Students were first introduced to the Bison itself, learning about all of the features and equipment that comes with the vehicle.

There was a considerable amount of time spent on how to properly maintain this vehicle. Everything from how to service the power train and suspension system to servicing the electrical system was covered

in depth.

This provided students with great knowledge and a practical skill set to keep the Bison well maintained and road worthy.

After a week of maintenance and classroom instruction, students then started driving. They were first introduced to negotiating minor obstacles, and then gradually worked up to driving cross-country.

As their confidence increased with operating the vehicle, they were confronted with more difficult and technical terrain. Once they became proficient in their driving abilities, students were then instructed on how to drive tactically.

This included everything from driving in defilade, jockeying, and bounding in an advance to contact.

Additionally, nighttime driving included driving cross-country with the

vehicle's built in night vision system and using the vehicle's blackout drive option.

Once students passed all of their off-road tests, it was time for them to drive along highways and in built-up areas. It is much different driving a 13-tonne armoured vehicle through downtown Brandon than a car, and Bison driving students had to quickly adapt and be well aware of their surroundings.

After completing an in depth road test, they are now fully qualified to drive the Bison and can use the knowledge and skills they've learned in their respective jobs.

MCpl Matthew Hall is with 2PPCLI

CANEX offers on-line shopping deals

Shilo Stag

CANEX's e-commerce online shopping site has launched and is now open for business.

This is another valuable addition to the Morale and Welfare Services available through CFMWS in support of the Canadian Armed Forces (CAF) "One Community — One Million Strong."

"Modernizing CANEX operations and offering an e-commerce online shopping platform will allow CFMWS to better meet the needs of the CAF members, their families and the community, particularly those who do not live in close proximity to a CANEX store," said Commodore Mark Watson, who is the director general of Morale and Welfare Services.

Some of the features www.CANEX.ca e-commerce shopping site provides:

- A compelling selection of Military affinity products, pride of association merchandise from participating kit shops/canteens, military accoutrements, optional military uniform clothing, Support Our Troops products and more.

- Merchandise the community is used to seeing in CANEX stores, as well access to an "extended aisle" in certain categories to a broader assortment of merchandise not typically available at CANEX stores.

- Free shipping on orders of \$75 or more — some restrictions apply; on order size, weight and destination — and discounted shipping rates with flexible options.

This has been a significant business undertaking and CANEX is committed to developing the site and improving the overall customer experience.

LOOK MUSIC SERVICES

- RECORDED
- DANCE MUSIC**
- KARAOKE
- LIGHTING & SOUND
- RENTALS & SALES**
- BAND AGENTS
- SOUND
- REINFORCEMENT**
- DOUG KOOL,**
- OWNER**
- 204-726-0794**
- BRANDON, MB**
- Fax: 204-728-0055
- Lookmusic@wcgwave.ca

Where's Willie?

Somewhere on the pages of this *Shilo Stag* is a picture of Willie, the Wheat Kings mascot.

Tell us on what page, in what particular advertisement Willie was found and correctly answer the following skill-testing question for your chance to win two tickets to an upcoming Wheat Kings home game in Brandon.



Entry Form

Name: _____
 Address: _____
 Phone: _____
 Page #, ad: _____

Answer to skill-testing question:
 What is the name of the national military cemetery in Canada?

Cut out your entry form and fax it to 204-765-3814, or scan it and e-mail to stag@mymts.net or drop it off at the Stag's office at CANEX. Draw will be made on the Monday prior to game day.

CFB SHILO SCOREBOARD

LABATT'S INTERSECTION HOCKEY
 Top-10 Scoring Race

	G	A	P
Pte Brandon Hillis A/C Coy	15	19	34
Gnr Fred Savard B Bty	12	14	26
Gnr Francis Gagnon A Bty	10	15	25
Bdr Dimetrias Moulton A Bty	13	8	21
Bdr Kevin Lefleche B Bty	13	7	20
Bdr Alex Boucher-Dumont A Bty	11	9	20
Bdr Steve Richer A Bty	7	13	20
MBdr JC Houle Z Bty	6	12	18
Pte Brad Phillips A/C Coy	7	10	17
Bdr Jon Wilson Z Bty	9	7	16

LABATT'S COMMUNITY RECREATION WINTER NO-HIT HOCKEY - January 8

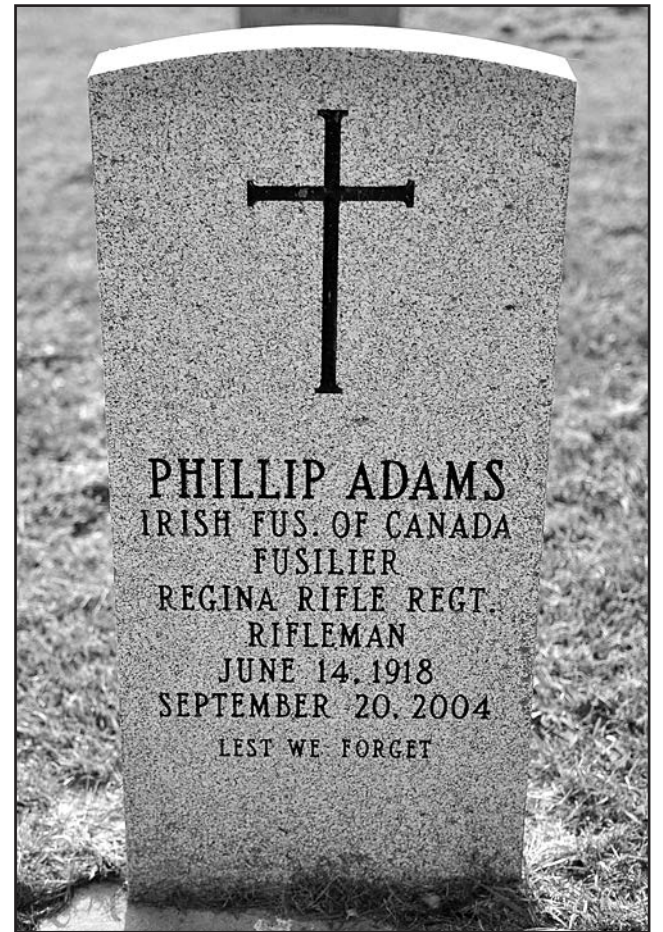
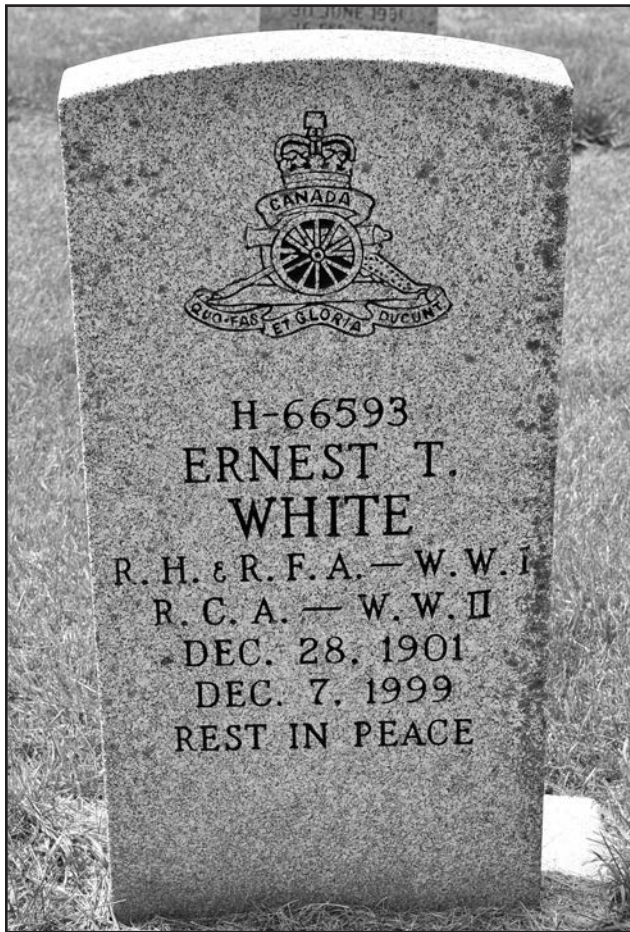
	GP	W	L	T	GF	GA	P
A Bty	11	10	1	0	80	36	20
A/C Coy	10	7	2	1	59	24	15
Z Bty	10	5	2	3	62	25	13
B Bty	11	5	3	3	61	50	13
HQ Bty	10	3	5	2	34	23	8
B Reps	11	3	6	2	36	47	8
B Coy	10	3	6	1	46	45	7
Adm/Cbt Sup Coy	11	0	10	0	16	144	0



JOIN OUR EDITORIAL TEAM

Interested in hanging out of a helicopter while photographer infantry soldiers repelling down to the ground? What about driving across the barren prairie landscape in a LAV while chasing down enemy targets? Does working on a military base in the middle of Canada pique your interest? If so, why not apply for the Shilo Stag's assistant editor's job — this Category I unionized position is open to all interested parties. Preference will be granted in accordance with the Collective Agreement for the UFCW bargaining unit for Category I NPF employees at CFB Shilo — by sending your resume to the NPF HR office by Jan. 22. This is a full-time position with the award-winning military newspaper which has been publishing since 1947. What are we looking for? Under the supervision of the managing editor, the Assistant Editor assists in the preparation of stories, advertisements, posters, and other material for publication in the twice-weekly Base newspaper. He/she ensures stories and photos meet quality, content and deadline standards, and submits them for final approval based on established deadlines. There are other duties as assigned, including filling in for the managing editor during vacations. If you have a college diploma or certificate in journalism, communications, or related field and some years experience or high school diploma and several years experience in journalism, communications or related field you have the qualifications we are looking for. English language is a requirement, but also proficiency working with digital photography and In-Design on MAC computers for layout and design of spot colour and full-colour ads/page design for newsprint or magazine. Other experience requirements include Photoshop editing, office administration, news and feature writing using CP Style, and adept at social media platforms such as Facebook and Twitter. Salary is \$15.24 to \$18.70 per hour. NPF employees must demonstrate the following shared competencies: client service, organizational knowledge, communication, innovation, teamwork and leadership. Start date for this position is "as soon as possible." Submit your resume and cover letter to NPF HR office quoting competition #SHI-15-02 via e-mail at: npfhrshilo@cfmws.com or you can go online by visiting www.cfmws.com

We thank all applicants in advance for their interest in this position, however, only those selected for an interview will be contacted.



The placement of the cross on a military grave stone does not signify a soldier committed suicide, according to former RCA Museum director Marc George. He said families can elect to have a badge inscribed on the grave marker, or other biographical details about the deceased, with the cross then being moved to the bottom.

Cross placement on stone not based on death

Jules Xavier
Shilo Stag

Mark Dams has always wondered why his brother's military grave stone is different from those around it in a Winnipeg cemetery.

"My brother Norbert Alex Wolfgang Dams is buried in the Field of Honour site at Brookside Memorial and my sister and I recently visited his grave," said Dams.

"Norbert died on Oct. 16, 1960 and over the years we wondered why his stone is slightly different to the others in that the cross is on the lower part of the stone as opposed to the vast, vast majority of the others where the cross is on the top."

Wanting to know why the grave stone looked different, Dams applied to Veterans Affairs to obtain the official death certificate to determine his 19-year-old brother's cause of death.

"Our parents, long gone now, told us that the cause

was suicide and we are assuming the reason for the difference in the appearance of the stone is a result of this. I have not yet heard from Veterans Affairs," he said.

Dams wanted to know if the cross on the lower portion of the stone is a result of someone in authority making a decision to differentiate the death of a soldier from suicide to the others who died, perhaps, of something more honourable.

The *Stag* asked former RCA Museum director Marc George about the military grave stones the military install at the gravesite of a fallen soldier.

"The circumstances of the individual's death have absolutely no bearing on the information on the gravestone. Families can elect to have a badge inscribed on the gravestone, in which case the cross is placed in a lower position," explained George.

"If the soldier's gravestone has no regimental or service badge engraved upon it, the cross is placed in the top position."

Looking at a photograph of Norbert Dams' gravestone, George observed there is a gravestone with an RCAF badge at the top.

"Norbert's gravestone has the Canadian Army badge at the top. Rest assured that this is the normal placement of both the badge and the cross for all deceased soldiers, including all those killed in action during wartime," he said.

"There is absolutely no differentiation on grave stones based upon the nature of the death of the soldier.

"Even soldiers executed by firing squad for crimes in the First World War have identical badge and cross placement on their gravestones.

"There is no judgement applied regarding the nature of a soldier's death. No death is considered any more of less 'honourable' than any other."

George added, basically, on most of the other military graves, the families chose not to engrave a regimental badge, so the cross went on top instead.

Want to be laid to rest in national military cemetery?

Stag Special

Walking through Beechwood Cemetery in Ottawa, BGen (Retired) Peter Atkinson points out the tombstone with his name engraved on it.

"I have had the honour and good fortune of serving in the Canadian Armed Forces (CAF)," he says. "I am proud that my final resting place will be amongst my brothers in arms."

BGen (Retired) Atkinson decided years ago to be buried at national military cemetery of the Canadian Forces (NMC). He says pre-planning for his funeral and burial provides peace of mind not only for him but his children as well.

"This cemetery brings together all those who died on active service, whose death was related to service, or who served honourably and chose to rest amongst their comrades in these sacred grounds," he says.

All serving or honourably released members of the Regular Force, Primary Reserves, Merchant Navy, and former services, are eligible to be interred in NMC.

One immediate family member may also be interred in the same plot as the service member.

Operations are overseen by Military Personnel

Command, Directorate of Casualty Support Management (DCSM).

Applications may be made by members while they are still living in anticipation of future needs, by a legal representative at time of death, or even well after death for those who have kept an urn or wish to transfer a loved one from another cemetery.

A completed application form must be forwarded to DCSM to determine eligibility. Once an application has been verified, successful applicants or their estates will be notified by letter and arrangements may then be made directly with Beechwood Funeral, Cemetery, and Cremation Services.

"Planning with Beechwood offers the finest facilities in Canada for serving or retired military personnel," says Beechwood director of family services James Patterson. "Our facilities and the national military cemetery were designed with the military in mind, to ensure any religious, cultural or burial type could



Honour guard at Beechwood Cemetery in Ottawa.

be fulfilled. The convenience of payment options, price certainty, and ensuring all honours due to a military member are all aspects of the pre-arrangement process at Beechwood."

For BGen (Retired) Atkinson, he says seeing his name on a tombstone is not morbid, but reassuring. From being an Officer Cadet at the Royal Military College in 1977 to his last position as Chief of Staff to the Vice Chief of the Defence Staff at National Defence Headquarters, the military has been a part of his life for 35 years.

"Beechwood is a fitting resting place for me and I encourage others to review this option, or at least begin having the discussions with family," he says. "Through

meaningful memorialization — that is, taking time to reflect on the unique life of a loved one and remember the difference they made you are not only honouring them, but beginning the healing process for yourself."

For further information, including how to contact NMC or DCSM, visit www.forces.gc.ca/CAF and follow the related links: Community - Support Services - Casualty Support.

Third edition of the Army's strategy takes centre stage

Helen Bobat
Stag Special

Last September, LGen Marquis Hainse, Commander Canadian Army, announced the publication of *Advancing with Purpose: The Army Strategy*.

The third edition of *Advancing with Purpose* lays out the Army's plan to remain a professional, medium-weight force that can fulfill all the roles and missions assigned to it under the Canada First Defence Strategy and continue to adapt to the evolving strategic operating environment.

LGen Hainse emphasized that the highest priority of the Canadian Army (CA) is to defend Canada and protect Canadians at home and abroad.

"Working closely with other government departments and agencies, the Army assists the Government of Canada, and, if required, civil authorities in responding to natural and man-made challenges and threats," he said. "In addition, the Army has a vested interest in the security and stability of the international community and consequently works closely with its international allies to address universal threats."

LGen Hainse also detailed the Army Operating Framework, which translates the Canada First Defence Strategy and the Strategic Direction and Guidance from the Chief of the Defence Staff, into the Vision and Mission for the Army, as well as a robust framework of activities to ensure success.

The Army Vision and Mission states: "The Canadian Army will be well-led, well-trained, well-equipped and properly sustained to succeed at adap-

tive dispersed operations across the full spectrum of operations. The Army will generate combat effective, multi-purpose land forces to meet Canada's defence objectives."

To achieve this goal, the Army Commander emphasized the following:

- The CA will focus on its soldiers in its efforts to prepare, modernize and sustain the force, and foster engagement.

- Soldiers will be well led with platoon and section-commanders understanding and meeting the strategic intent set out by higher level commanders and directing the soldiers accordingly.

- Soldiers will be well trained, physically fit, educated, and most importantly, possess initiative and problem-solving skills that will benefit them in the successful delivery of their commander's directives.

To ensure this, they will receive timely, high-quality, demanding, motivating, and relevant training through participation in military exercises and initiatives both at home and abroad.

- The welfare of soldiers and their families will be a priority, to ensure all soldiers are mentally resilient and prepared to the highest level. The CA will endeavour to build psychological and spiritual endurance in its soldiers, through programs and support.

- Soldiers will be well-equipped with resources and equipment, which will come through streamlining and refining internal efficiencies, and where required, cutting non-essential activities to free up financial resources.

"The realities of balancing all of the above while continuously searching for efficiencies, is not new to

the Army, but requires diligence and strong governance," said LGen Hainse.

He noted that all future Canadian Army efforts will rest under one of the CA's three lines of governance, "[...] developing military capabilities, consistent view of training, and management of performance."

"Advancing with Purpose and the Army's Operating Framework is our guide towards our strategic objectives. All our activities and priorities reaffirm our goals and remind us who we are — a strong, multi-purpose, and combat effective force, ready and deployable. We stand Strong, Proud, and Ready to advance with purpose," said LGen Hainse.

Helen Bobat is with Army Public Affairs



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CD for Master Corporal

BComd LCol Stephen Joudrey looks on as Maj Chantelle Alarie of 1 Dent Unit Shilo presents a CD to a member of her staff, MCpl Samantha Beausoleil. The presentation was made during the December quarterly parade.



CLASSIFIED ADS

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**\$10 for first 20 words,
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Deadline for next issue:

January 22 at noon

*Free ads (non-profit only)
restricted to members of the
CAF, employees of CFB Shilo and the
citizens of the surrounding area.*

Services



St. Barbara's Protestant Chapel
Sunday @ 10:30 a.m. with Sunday school & nursery
Padre Lee - ext 3088
Padre Neil - ext 3090
Padre Olive - ext 6836
Padre Costen - ext 3381
Our Lady of Shilo Roman Catholic Chapel
Sunday 10:30 a.m.
Wednesday 12:05 p.m.
Confession by appointment
Padre Inienwe - ext 3089

Services

Greg Steele, Canadian Firearms Safety Course Instructor/Examiner • Restricted and Non-Restricted • Manitoba Hunter Safety Instructor. Courses offered at least monthly and more often by demand. January 23, 24, 25 in Brandon and January 31/February 1 in Rivers. Examinations by appointment • 204-725-1608 • e-mail: ggs57@wcgwave.ca. huntershooterguy.com

Nad's Simply Clean For all of your cleaning needs weekly, bi-weekly, and monthly. Also available for offices, contract cleanup and single occasions. Receipts provided. 204-573-1509.

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Vacation Rental

River Crossing Guest House south of Shilo is a family retreat for up to 8 guests. Call 724-9903 or www.rivercrossing.ca
Equipped for winter activities.

PSP Clubs

Interested in playing table tennis? If you are over the age of eight years and would like to see a table tennis club formed, contact the recreation office at 204-765-3000 ext 3317.

Employment

Clerk/Cashier (part time/permanent), wage \$11.12 - \$13.05/hr. Visit www.cfmws.com or contact npfhrshilo@cfmws.com for further details.

Employment

Fitness & Sports Instructor (full time/permanent), wage \$16.87 - \$20.96/hr. Visit www.cfmws.com or contact npfhrshilo@cfmws.com for further details.
Competition closes Feb. 2, 2015.

Volunteer

ANAF Unit 10 Ladies Auxiliary is looking for new members. Meetings held first Monday of each month in Brandon from September to June. If interested, call Angie Smith at 204-752-2088

Pets

Free to a good home: Male and female English Bulldogs. If interested contact richardwilson19@outlook.com



We want you on our team

The Shilo Stag is looking for another sales consultant for its team. It's posting season, which is the perfect opportunity to sell the Brandon business market on advertising in the Stag. They have a captive audience — people are new to the community after being posted here from elsewhere in Canada. Where do you shop for new glasses; groom your dog; take the wife out for an anniversary dinner; buy a new car or have winter tires put on the van with the advent of winter; shop for back to school clothes and supplies? Working on commission, you can set your own hours. The more you hustle and sign advertisers up to promote their business in the Stag, the more you earn. Drop by the Stag's office in CANEX and see Jillian or Jules about the job. Or call 204-765-3000 ext 3013/3093. Be part of the award-winning Shilo Stag team.



Karate kicks!

Instructor Ben Thompson (top) has his karate students honing their skills at the GSH, with technique and sparring bouts part of the evening sessions. Capt Cart Noonan (left) and his son mirror each other during kick practice.

Photos by Jules Xavier

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- Jan. 24 vs Regina
7:30 p.m.
- Jan. 27 vs Swift Current
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