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Volume 54 Issue 9



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May 7, 2015

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1RCHA remembers Capt Keen at cairn. Page 2



CE sheet metal apprentice garners silver. Page 3



Artist donates painting to Shilo MFRC. Page 11



Forest floor tracking

Former *Mantracker* star Terry Grant offers tracking tips to members of 1RCHA A Bty during the first day of the three-day EX TRACKING GUNNER held at Riding Mountain National Park. For more on the exercise, see pages 6-7. Photo by Jules Xavier

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25 years later: Memory of Capt Keen not forgotten

Shilo Stag

It was a poignant moment as Marie Cotter, clutching a bouquet of flowers, made her way up the slope leading to a refurbished cairn that honours her late husband.

Born on June 8, 1958, Capt William Michael Keen joined the Royal Regiment in 1981. He served the guns of the Fifth (BC) Fd Regt, 1RCHA, RCA Battle School, and then the now defunct 3RCHA. He died on April 29, 1990 during a tragic training accident as a member of BK H Bty.

"While on his way to receive a gun area during Ex LIMBER GUNNER 9001 on April 29, his Iltis overturned as it ascended a steep incline," recalled 1RCHA Lt Matthew Hughes. "Despite the heroic efforts of his fellow Gunners, Mike did not survive the accident."

In the CFB Shilo range and training area, near the site of the accident, stands a Trig marker and memorial cairn in his honour. On the 25th anniversary of Capt Keen's death, his widow and other family members, plus former colleagues, returned to the site to mark the occasion at the cairn now enclosed by a white metal fence which

will weather the harsh winters in the training area better than the previous white wooden picket fence.

1RCHA also had a new engraved commemorative plate done to replace the previous plate which had faded after a quarter-century in the elements.

Marie Cotter examined the cairn that was placed in the training area in memory of her fallen husband, kneeling down and touching the stone base that holds a shell in the middle. Then, stepping back,

she listened as Lt Hughes gave a narrative of Capt Keen.

"Mike was a kind, gifted man and an outstanding soldier," he said as a light breeze mid-morning breeze wafted across the training area. Birds chirped and a ground squirrel scurried by, curious as to why so many people stood around the fenced cairn. "A genu-



Capt Mike Keen's cenotaph crew stand on the corners of his refurbished cairn during a ceremony held by 1RCHA to mark the 25th anniversary of his death during Ex LIMBER GUNNER 9001. For more photos see page 12. Photo by Jules Xavier

ine bon vivant, Mike's good love of fun, great sense of humour and quick wit, fuelled by a superior intelligence, made the mess and the Regiment a better place to be.

"Among Mike's defining characteristics were an easy laugh and that he never let the truth get in the way of a good story."

Lt Hughes acknowledged Capt Keen's name is inscribed on page 188 of the Seventh Book of Remembrance in the Memorial Chamber of the Peace Tower at Parliament Hill in Ottawa. "Trig Keen in the CFB Shilo range and training area was named in Mike's honour near the place where he fell," added Lt Hughes. "He is remembered with deep respect, honour, and love by his wife Marie, his family, and many good friends."

With Sgt Arthur Fleming leading the party, Capt Keen's cenotaph crew included Cpl Melanie Kibsey, Bdr Dustin Whalen, Bdr Travis Mcelhinney and Bdr Charles Marshall. After 1RCHA chaplain Padre Lee offered prayers for Capt Keen, Bdr Robert MacKay's bagpipes broke the morning silence. With the service concluded, Marie Keen was left by herself to reflect at her late husband's cairn.

It might be a quarter-century later, but his colleagues remember Capt Keen as though it was just

yesterday that he died while serving his country while stationed at CFB Shilo with 3RCHA. This is apparent based on the Stag's social media platform, Facebook, following the posting of images from the ceremony.

Jim Myler "RIP Capt Keen. We were on Regt Ex that day. Glad to see he is still remembered."

Del Peters "This was a sad day for both the Capt and his driver who I went through boot camp and Arty school."

Craig Lank "I was on that Ex. Very sad day, RIP."

Dean S. Clarke "Remember being on the H Bty position when we were informed of the accident and that he had passed away in the helicopter taking him to Brandon General Hospital. A tragedy which affected many who had the privilege of serving with him none less than Mongo our BC at the time."

Roy Smith "RIP Keener. You were a good Captain and a good volleyball teammate."

Jason Schneider RIP Capt Keen. "It was a sad day to lose you to this tragedy. I remember being on the Ex that day [and] hearing the news."

Sean Darling "We were up in the OPs when we heard. It hit Capt John Congdon hard. RIP Capt. Keen."

Al Howard "A great officer and friend to us all in 3RCHA. RIP Mike."

Michael Fox "Very nice tribute. Bravo Ubique!"

Bob Beraskin "I remember that day quite well. RIP."

Mark Keen "He was my TC in the Battalion School. Expedited my LOTRP. We had many a laugh together. I kept getting his mail. No relation."

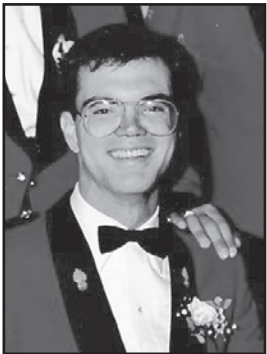
Kevin Mehrmann "I remember the day well. RIP."

Greg Binnie "RIP Sir. You were a very good man with the troops and I enjoyed training with you. Its wonderful to see this cairn in your honour. Ubique."

Don Sharma "He was my Troop Commander in Battle School (1986). Good guy. Used to be a survey Trig named Keen in the ranges. Trig Keen still exists."

Tom Watters "I served with Mike and he was a wonderful young man taken way to soon. Proper thing to do so we always remember and never forget. RIP. Ubique!"

Randy Moon "Mike was my Troop Comd when I worked at the RCA Battle School. I am honoured to have known him. Thanks to 1RCHA for remembering the passing of a good officer."



Capt Mike Keen

Pet of the Week

SHERLOCK & WATSON



Brechin Piper owns two very social dogs on the Base. Sherlock, at 10 months old, is a Bouvier Des Flandres who enjoys long naps, preferably on toys. Age two, Watson is an Old English Sheepdog. He likes his cuddles, and flaunting his good looks. You often find these two "detectives" out searching for clues at the Shilo Dog Park. Do you have a photo of your pet you'd like to share with out Stag readers? If so, e-mail it to stag@mymts.net.



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CE's Geoff Grudinski shows off his silver medal and the creation he did for a sheet metal challenge as part of the Manitoba Skills Competition held at Red River College in Winnipeg. *Photo by Jules Xavier*

Sheet metal challenge brings silver medal back to Base CE

Karen Simmons
Stag Special

Geoff Grudinski, a second-year sheet metal apprentice at Construction Engineering (CE) in Shilo, garnered a silver medal at the recent Manitoba Skills Competition held at Red River College in Winnipeg.

The sheet metal challenge consisted of two components. For the first part of the challenge, competitors were given one hour and needed to use their mathematical skills to complete complex drawings from a detailed set of instructions.

The second part of the challenge, with a seven-hour time limit, required

competitors to create a finely detailed 13.5 inch high lantern using identical plans and materials — using copper and brass.

Grudinski and his fellow competitors were judged exclusively on their skill.

When interviewed, Grudinski said that he really enjoyed the competition, but "we needed every minute of the time given to us" to complete the task.

He added, "Copper is so soft and unforgiving that if you made a mistake, you basically had to start over."

Competitors from across Manitoba attended the provincial skills competition, with categories of competition ranging from sheet metal to carpentry and everything in between.



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Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

• • •



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**Bargain hunting**

Aspasia Mitchell had her own yard sale last month. If you missed it then you'll want to mark May 16 on your calendar. From 10 a.m. to 2 p.m. CFB Shilo is hosting a Base-wide yard sale. *Photo by Jules Xavier*

Stag welcomes new reporter

From the airwaves to newsprint.

After almost two years at Brandon's local radio stations StarFM and CKLQ I'm making a career switch I never thought I would when I started college.

I'm very excited to join the Shilo Stag as its new assistant editor.

When I started college I was bound and determined to go into TV, therefore, specialized in technical broadcasting in ACC's interactive media arts program.

I also studied photography for four years in high school. If I had to pick a lifelong passion I'd say photography or roller derby would be the top contenders.

After a break of luck and encouragement from my instructors, I took a job at the college radio station. That led me to apply for a position at CKLQ/ StarFM in the news department.

I knew it would be a longshot, but I took it and got the job. I've spent two years covering politics, agricultural news, as well as world and local news.

I'm excited to transition from city council meetings, elections and breaking news for the community-oriented pages of the Base newspaper.

It's the experiences from college as well as at CKLQ/ StarFM that brought me to where I am now. It will be a huge learning curve, but I've always been a "jump

in with two feet kind of person."

Although I'm new to the Stag, I'm no stranger to CFB Shilo and military life. I grew up an army brat and my father was posted here 10 years ago.

I have primarily lived in Brandon during those years, but I lived on Base for a summer when I was working with CE in roads and grounds as a student.

Oddly there are some days where I miss being outside for eight hours a day just cutting grass. I now live on Base with my boyfriend — with 1RCHA — and look forward to getting more acquainted with the community and the people who live and work here.

Being able to take part in more community events after leaving the busy life of radio news is very exciting.

I'm keeping myself fairly busy with Wheat City Roller Derby League, as a member of team Gang Green, along with a number of other military spouses and military members. We practice and play our home games at L25.

I'm looking forward to this great opportunity and hope you won't hesitate to say hello when you see me out and about. If you have a question, concern or a story idea you wish to share I'm all ears.

In a small community like CFB Shilo, I believe it's important to share the stories and successes about yourself, your neighbours, friends and family.

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2PPCLI commemorate Kapyong 64th anniversary

Editor's note: Recently, 2PPCLI DCO Maj John Williams and CSM A Coy MWO William King, returned from South Korea where they took part in events commemorating the 64th anniversary of the Battle of Kapyong, where 2PPCLI earned its distinctive blue "pools" of the Presidential Unit Citation. The visit was at the invite of 1-72 US Armour, who have been stationed at Camp Casey, outside Seoul, but will be rotated out of the country soon. Since A Coy of their predecessor, 72 US Heavy Tank, fought alongside 2PPCLI and 3RAR during the battle, they wanted to commemorate the event on the actual battlefield one last time. Below is a brief synopsis from MWO King.

MWO William King Stag Special

1-72 Tank Bn hosted DCO 2PPCLI, Maj John Williams, and myself, in the Republic of Korea (ROK) from April 23 to 28 for a Kapyong staff ride.

Included in this staff ride were five members of the Third Royal Australian Regt (3RAR). All three units fought side-by-side during the Battle of Kapyong from April 23 to 25, 1951.

Under the name EX KAPYONG TERMINUS, the aforementioned units participated in the 64th commemoration of the battle at the 27 Commonwealth Bde monument in the village of Kapyong, the Canadian Korean War memorial at the base of Canadian positions on Hill 677, and the Australian and New Zealand Korean War monument in

the Kapyong River Valley April 24.

There were several Korean veterans from the commonwealth units at this commemoration, which allowed for time to take pictures and discuss the Korean War.

The highlight of the trip came April 23, when the units of 1-72 Tank Battalion, 3RAR, and 2PPCLI followed the deployment of the forces during the battle in 1951, and stopped at the previously mentioned monuments.

The 1951 positions of the 3RAR HQ, and 16 Royal New Zealand Field Battery, B Coy 3RAR, A Coy 3RAR, and the Chinese approach to our defensive on Hill 677 were visited.

Unfortunately, a road wash out, and the occupation of 2PPCLI positions by the Sixth Div ROK Army made our positions inaccessible for a visit.

However, the trenches, and fox holes of the 3RAR,

some 64 year later, were located and toured by all units. Several social functions occurred in the evenings, and, on the night of April 26, a mess dinner was held at Camp Casey to commemorate the event.

This event reinforced our regiment history and widened our understanding of the greater battle which was being fought throughout Korea in late April 1951.

The detailed research of our hosts painted a detailed picture of the lead up to the battle, the dire circumstances each unit found themselves in, and the courageous acts our predecessors made to defend this region; ultimately protecting Seoul from another Chinese occupation.

It is clear why this battle was so crucial, and why the three units of 1-72, 3RAR, and 2PPCLI were awarded the Unit US Presidential Citation.

2PPCLI commemorated Kapyong Day April 24 here on the Base.

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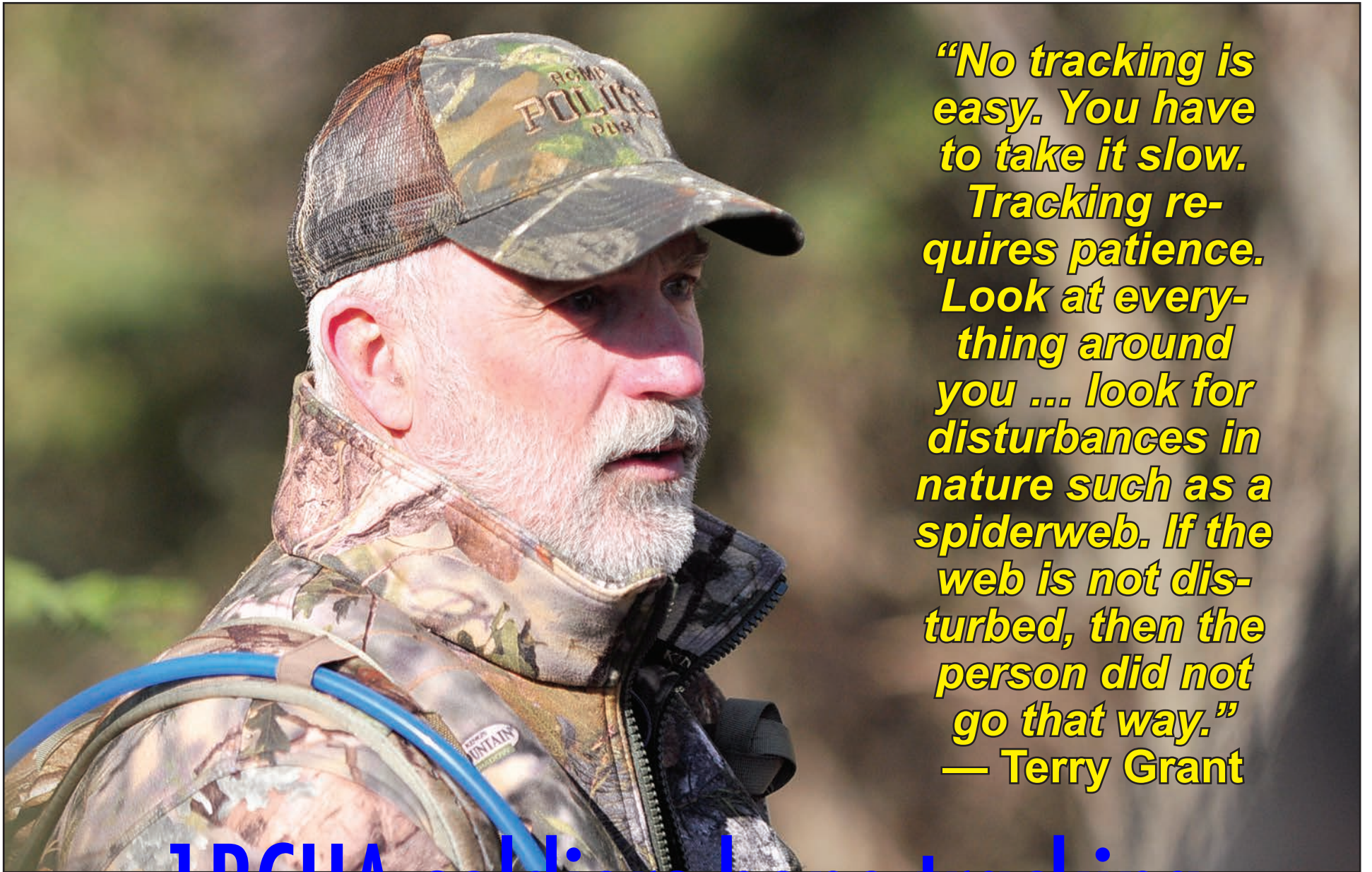


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“No tracking is easy. You have to take it slow. Tracking requires patience. Look at everything around you ... look for disturbances in nature such as a spiderweb. If the web is not disturbed, then the person did not go that way.”
— Terry Grant

1RCHA soldiers hone tracking skills with veteran tracker

Jules Xavier
Shilo Stag

From a squatting position, 1RCHA A Bty Bdr Sydney Mitchell meticulously looks for disturbances in the frost-covered mud which would give her a clue to a lone individual she's tracking on the shoreline of Clear Lake in Riding Mountain National Park.

After a few minutes on her own, she was joined on the path by human tracking expert Terry Grant, the former star of the Canadian reality television series created by Ihor Macijewski called *Mantracker*. It premiered in Canada in April 2006 on the *Outdoor Like Network*, and has a huge following, including A Bty OC Maj Joe O'Donnell.

Grant and Bdr Mitchell confer on what she's learned from muddy and icy depressions. She believes an ice-crust foot print tells her the person she is tracking has headed south on the trail. Grant, after perusing the area and sharing his tracking knowledge with other A Bty soldiers, plus 10 canine handlers from across Manitoba, concurs. He points to different signs on the forest floor which indicate someone has used the trail.

“No tracking is easy,” explains Grant to his attentive audience, police dogs barking in the background as Ex TRACKING GUNNER commences for three days at the national park north of Brandon. “You have to take it slow. Tracking requires patience. Look at everything around you ... look for disturbances in nature such as a spiderweb. If the web is not disturbed, then the

person did not go that way.”

Grant acknowledged tracking is common sense, but that does not mean you can look at a scene and necessarily determine what happened unless you've honed your skills as he has, and used during his six-year run on *Mantracker*.

“The tracks will tell a story,” he explains. “You just have to interpret what you are seeing ... what means what?”

He used the analogy from a popular Sesame Street song that when you see something that does not belong, then perhaps the person you are tracking has disturbed the terrain with their movement.

Tracking is not a sprint, but a marathon, so patience is imperative if you are tracking someone, said Grant, who would do his tracking on the reality show aboard his Appaloosa named Nickel.

“As humans, we make mistakes and leave a trail,” he explained. “We drag our feet and leave tell-tale marks. Look for different [markers] from the impression left, and if you are wondering if you still have the same foot impression during your search, then you can go back to those markers to confirm it.”

Advising the police canine handlers and artillery soldiers that people are creatures of habit, Grant said, “We gravitate downhill. We're lazy. We leave trails at 45 degrees, and look for open-

ings rather than walk where there are obstructions on the pathway.”

However, if you track someone who suddenly moves uphill, and at 90 degrees, there's the likelihood that something spooked them so they quickly made haste and went in that direction.

Based on his own experiences tracking as part of the reality show, or as part of a real search and rescue mission, Grant said he's learned that men and women are different in their habits, including when it comes to the call of nature in a forest setting. While a guy can urinate anywhere, he's learned females have a set way how they relieve themselves. They will always squat and look in the direction where they came in to pee, and it's not random.

“You need to look for these signs if you are tracking a woman or a man,” he said.

Likewise, trackers need to be observant in their surroundings, especially if looking for trails. He pointed to a pile of deer poop and said this could be an indication that where you are standing is a trail frequently used by animals. Or look for leaf bruising while searching for disturbances on a leafy forest floor. A crumbled leaf with bruising might indicate someone stepped on it. If the dead leaf is still plump, then it has not been disturbed since falling in the fall.

“Humans are creatures of habit and will follow a trail because we're lazy,” he said. “We all do it.”

When it comes to tendencies for people looking to avoid being caught, or those lost in the woods, Grant said individuals have a penchant for staying to the right side of a trail, versus walking down the middle. And coming to a fork in the road, our tendency is to go left, not right. But you still need to look for disturbances on the ground, or if going through thick brush, find bent blades of grass or branches, which will give you a direction to follow.

Also shown in the United States and United Kingdom, Grant's role in *Mantracker* was to pursue two individuals in the remote Canadian or American wilderness.

The pursued, referred to as prey, had to elude capture while attempting to reach a finish line within 36 hours.



A Bty Maj Joe O'Donnell



Photos by Jules Xavier

1RCHA A Bty Bdr Sydney Mitchell confers with Terry Grant on what she discovered on the trail during Ex TRACKING GUNNER.

Canine handlers expedite tracking with dogs

From Page 6

Grant is a 25-year veteran of the Alberta Foothills Search and Rescue team, and an expert in using clues such as footprints, probable path, and other signs of human presence to track prey.

Fuelled by necessity, his renowned skill was honed by trailing and gathering cattle on some of the most remote ranches in southern Alberta, complimenting his many years as a guide and outfitter in the unforgiving Rocky Mountains. His ability to read sign became a keen interest and he constantly studied in the wilderness, developing and refining his skill to a now legendary level.

He consulted with the British Military to provide

some basic ground and track awareness training for the Seventh Armoured Brigade, also known as the Desert Rats.

But on this day, he's sharing his wisdom with 1RCHA after being invited to participate in Ex TRACKING GUNNER. The early tracking exercises helped prepare A Bty, along with a team from C Bty, to deploy on a tracking and escape and evasion exercise in Riding Mountain National Park.

For up to 30 hours with and more than 40 kilometres of some of the most rugged terrain Manitoba has to offer, just one of 10 teams — three to four soldiers ranging in ranks from Gunner to Warrant Officer — successfully evaded the determined trackers and dog teams and made their objective.

"Sometimes you need to think outside the box," explained Grant when it comes to tracking. "Stand still and use your senses. Sound travels in the forest a long ways.

He said with his horse, he'd watch for twitching ears, which told him his mount has detected something in the hinterland he was tracking.

But with the police dogs part of the exercise, Grant acknowledged once the tracking teams found signs of the evading soldiers, the tracking would be "expedited" because of the sniffing capabilities of the four-legged trackers.

"Hold your ground so the dogs can work," advised a Mountie taking part in the exercise. "Avoid contamination so the dogs can do their job."



Soldiers with A Bty search for clues along a forest pathway. Police canine handlers (inset) also honed their tracking skills under the tutelage of Terry Grant.



How do you reduce relationship drama?

Capt Troy Dennis
Stag Special

As chaplains, we are often asked for relationship advice, whether with spouses, family members, children, co-workers, or friends.

Many relationship issues have common themes.

Let's look at some of these with the idea of becoming more aware of the areas we can improve in our own relationships.

Don't assume the worst about a person.

It is interesting that when we make a mistake, we can think of lots of reasons why it was reasonable, but when someone else does, we think there must be something wrong with them.

Don't assume the worst about a situation.

Our minds often race ahead to the worst possible

outcomes. Then we worry and stress, and we react poorly to the people we love the most.

In reality, things are rarely as bad as they seem in the moment.

Be careful with assumptions.

Our minds like to fill in missing pieces when we don't have all the facts.

Facts are the "what," "when" and "where." But when we try to fill in "why?" or "how?" we stand on shaky ground.

Resist filling in these missing pieces.

Resist the blame game.

It is easy to blame the world, or Chain of Command (COC), or someone else. We need to take responsibility for our own actions.

Let go.

Just as we must take responsibility for ourselves, we cannot take on what is someone else's issue to resolve. We will only become frustrated if we do not let their stuff go.

Don't take "bicker bait."

Take a breath. Step back from the situation. Avoid sarcasm and snippy comebacks. Remember that it takes two to fight.

Listen well.

We need to concentrate on what the other person is saying, not on how we will respond.

Seek help as needed.

We can find people who have gone through what we are experiencing or turn to a professional.

There are very few issues that cannot be worked out if all parties are willing to work at them.

Some matters require outside help. Matters of abuse or self-harm are larger than individuals.

These are some ways to improve the relationships in our lives.

For help with these or other matters, chaplains are available to all CAF members, DND employees, and their families through the COC, by calling the Faith Centre at ext 3091, or after hours at ext 3044.

Capt Troy Dennis is part of the chaplain team at CFB Shilo



The Public Utilities Board

REMINDER NOTICE OF PUBLIC HEARING FOR REVISED ELECTRICITY RATES

APPLICANT:

MANITOBA HYDRO

APPLICATION:

2014/15 & 2015/16 General Rate Application

By Notice of Application and Pre-Hearing Conference dated January 20, 2015, the public was advised that Manitoba Hydro has applied to the Public Utilities Board (Board) of Manitoba for approval of new electricity rates.

Manitoba Hydro has applied to the Public Utilities Board (Board) for approval to finalize a previously granted interim 2.75% rate increase effective May 1, 2014 and implement a 3.95% across-the-board rate increase effective April 1, 2015 to generate additional revenues of \$57 million, and a further 3.95% rate increase effective April 1, 2016.

By letter dated January 27, 2015 to Manitoba Hydro (confirmed in Board Order 17/15), the Board indicated that it would only consider finalization of the previously granted interim rates and the proposed increase effective April 1, 2015. In Board Order 17/15, the Board indicated that it will provide further direction, in its final GRA Order, as to any additional information to be filed and considered before determining whether any process should be undertaken for possible April 1, 2016 interim rates.

Manitoba Hydro has also applied to implement Time-of-Use rates for the General Service Large (GSL) Customer Class served at greater than 30 kilovolts, effective April 1, 2016, and approval to change the definition of Billing Demand. Pursuant to Board Order 18/15, the Board determined that it will examine Manitoba Hydro's time-of-use rate proposal at the cost of service review and not during the current proceeding.

A summary of the proposed rate changes and annual electricity bill impacts for the average residential customer (with and without electric space heat) is provided below:

	Energy Rate (¢/kWh)	Basic Charge (\$/month)	Average Annual Electricity Bill (no electric space heat, based on 1,000 kWh/month)	Average Annual Electricity Bill (with electric space heat, based on 2,000 kWh/month)
Existing Rate ¹	7.381¢	\$7.28	\$973	\$1,859
2015 Applied for Rate ²	7.672¢	\$7.57	\$1,011	\$1,932

¹ Includes the 2.75% Interim Rate Increase effective May 1, 2014.

² The Board will determine the effective date for any revised 2015 electricity rates.

Manitoba Hydro is also seeking Board approval to:

1. Finalize Light Emitting Diode (LED) rates for the Area and Roadway Lighting Class, approved on an interim basis in Order 79/14;
2. Rescind the Demand Side Management deferral account for the 2012/13 and 2013/14 fiscal years, established in Order 43/13;
3. Finalize the rate approval process for Option 1 of the Surplus Energy Program (SEP) as approved on an interim basis in Order 43/13; and final approval of all interim ex-parte SEP rate orders issued since April 26, 2013 as well as any additional interim ex-parte SEP rate orders issued prior to the Board's final order in this matter;

4. Finalize the rate approval process for the Curtailable Rate Program (CRP) as approved on an interim basis in Order 43/13; and finalize interim ex-parte Order 46/14 as well as any additional interim ex-parte CRP rate orders issued prior to the Board's final order in this matter; and,
5. Finalize the Interim Orders related to the four remote communities served by diesel generation, as outlined in Manitoba Hydro's Application.

PARTICULARS OF APPLICATION:

Full particulars of this Application can be obtained by interested parties from:

Manitoba Hydro
Attention: Odette Fernandes
360 Portage Avenue
Winnipeg, MB R3C 0G8
Phone: (204) 360-3633
(collect calls accepted)
oferlandes@hydro.mb.ca

The Public Utilities Board
Attention: Darren Christle
Executive Director
400 - 330 Portage Avenue
Winnipeg, MB R3C 0C4
Phone: (204) 945-2638
Toll free: 1(866)854-3698
publicutilities@gov.mb.ca

An electronic version of the Application is located at: http://www.hydro.mb.ca/regulatory_affairs/electric/gra_2014_2015/index.shtml

VARIATION:

Upon an application to it, the Board may make an Order granting the whole or part only of the Application, or may grant such further or other relief in addition to, or in substitution for, that applied for, as fully and in all respects as if the Application had been for such partial, or further or other relief.

PUBLIC HEARINGS:

A Public Hearing to consider Manitoba Hydro's Application will be held at the Board's offices, located at 400-330 Portage Avenue, Winnipeg. The hearing will begin on Monday May 25, 2015 at 9:00 a.m.

PUBLIC PARTICIPATION AS A PRESENTER:

Parties wishing to either submit a written brief or express oral comments to the Board, but not wishing to participate in the proceedings in their entirety are denoted as being 'Presenters'. Such parties should submit their written brief, or advise the Secretary of the Board of an intention to appear at the public hearing and make an oral presentation to the Board, as soon as possible and no later than one week prior to the start of the hearing. Persons wishing to address the hearing in French are required to notify the Board's Secretary on or before May 19, 2015.

PROCEDURE:

The Board's Rules of Practice and Procedure (Rules) apply to the conduct of the hearing. All interveners should familiarize themselves with the Rules, which can be seen at the Board's website www.pub.gov.mb.ca or obtained on request to the Board, by either emailing (publicutilities@gov.mb.ca), writing or calling the Board Secretary (945-2638 or 1(866)854-3698, toll free).

DATED this 21st day of April 2015.

Kurt Simonsen
Associate Secretary
The Public Utilities Board



Five days notice required.



Wheelchair access is available.

400 - 330 Portage Avenue
Winnipeg, Manitoba
R3C 0C4
www.pub.gov.mb.ca

Manitoba 



CFB Shilo Base Maintenance held a two-day Spring car care clinic and barbecue in support of the CFB Shilo Padre Fund.

Photo by MCpl Janie Jacobsen

Reg Helwer

MLA for Brandon West

204-728-2410
 reghelwer@wcgwave.ca
 www.reghelwer.com
 20 18th St.
 Brandon, MB R7A 5A3

Cliff Cullen

MLA for Spruce Woods

Constituency Office:
 Box 129, Glenboro, MB R0K 0X0
 Phone: (204) 827-3956
 Toll Free: 1-866-702-1241
 Email: ccullenmla@mts.net
 Website: www.cliffcullen.com

SISIP introduces 'no fee' financial planning option

Joyce Sharp
Stag Special

Clients of SISIP financial planning services who choose to file their own income tax returns, can now "opt out" of paying subscription fees for these services.

This went into effect for new clients Jan. 1, and for existing clients May 1.

Subscription rates are \$6 per month for all ranks, from recruits to Master Corporals inclusively, and to officer cadets, Second Lieutenants and Lieutenants. All other ranks and former CAF members are at \$12 per month.

"We've had very positive feedback with the introduction of this new 'no fee' option since our mass mailout to existing clients, and with new clients signing up for the service," explained said Larry Mohr, the senior vice-president, Commercial Services with Canadian Forces Morale and Welfare Services (CFMWS).

"In addition, this 'no fee' option allows our financial planners to dedicate more of their time to clients in the provision of relevant, tailored advice and investment solutions. Our objective is to align our products and services to be more flexible and responsive to the needs and lifestyle of the One Community — One Million Strong."

People have become more knowledgeable of the many alternatives which are now available to help them complete their own income tax returns.

There now exists a number of new and inexpensive choices which reinforce the decision to remove subscription fees and no longer provide the (one) free basic income tax return per year.

For those who choose to "opt-out" from paying subscription fees, they can now put that money towards other investment options, such as minimizing their taxes, maximizing investment returns, purchasing a home, retirement, etc.

They may want to consider putting them into the Canadian Armed Forces Savings Plans the new and easy way to pay yourself first — a simple savings solution that allows investments for as little as \$1/day;

less than a cup of coffee.

In fact, as little as \$25/month invested can grow to \$27,830 in 35 years. This is based on rate of return (five per cent) and refers to the average annual compound rate of return and does not take into account taxes.

Still unsure about filing your own income taxes?

There are many options available. Most e-filing software kits will walk you through tax credits step-by-step.

With "how-to videos" so readily available on the Internet, it is now fairly straightforward to file income tax returns. Options include:

- CANEX is selling preparation UFile tax software both in their stores and online (www.CANEX.ca) priced at \$19.99 and \$39.99;
- COne card holders (CF Appreciation), through H&R Block, can download free software and file up to four returns – for free. H&R Block also extends a 20 per cent discount on optional tax protection service when filing online for free using their online software.
- Alternatively, Canadian military members and their spouses can download H&R Block tax Software for free or receive a 10 per cent discount on their tax preparation services at participating H&R Block retail locations.

H&R Block also extends a 20 per cent discount on optional tax protection service when filing online for free using their online software.

• Canada Revenue Agency provides a list of free certified software packages and web-based programs for taxpayers; and

• iPhone has apps such as Intuit Turbo Tax, Snap Tax available on iTunes — snap a photo of your T4, answer a few questions and within minutes, SNAP Tax will download your information directly to NET-FILE.

Whether you are a current financial planning client who wants to "opt-out" of the subscription fees, or simply want to find out more about our financial planning services, visit our online Learning Centre or contact your local SISIP Financial office.

For more information visit www.sisip.com
 Joyce Sharp is a communications and marketing manager with SISIP Financial – Commercial Services

Shilo Theatre

(Located in the General Strange Hall)

May 8 *Spongebob: Sponge Out of Water* - G
 May 15 *The Wedding Ringer* - 14A
 May 22 *Chappie* - 14A
 May 29 *Strange Magic* - G

Children aged 10 and younger require adult supervision at all times.
 All movies start at 6:30 p.m. Doors open at 6:15 p.m.

For more info, contact the community recreation office at 204-765-3000 ext 3317/3588

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Starting in May

Every **test drive** = a chance to win a summer prize pack every week
 Every **purchase** = a chance to win a GUARANTEED \$5,000
 Only at Murray Chrysler. Call today to make an appointment!
Jeremy Schmidt for all your new or pre-owned vehicle needs
 204.727.0531 jeremys@murraychryslerwestman.com
A Brandon Salutes Supporter: \$500 Military Credit

www.murraychryslerwestman.com

Volunteer Appreciation

Let's celebrate with our volunteers on the Base during an informal gathering at the Jr. Ranks

May 22 at 6 p.m.

Gen Lawson addresses CAF report

Got Bulk Garbage?

Bulk items, yard waste, tires, and electronics may be disposed of Monday – Friday from 8 a.m. – 4 p.m. at the Shilo dump located 2 km east of Rick's Restaurant on Aldershot Road



Items may be placed for curbside pick-up the following date ONLY:
May 19

Items are to not be placed earlier than the evening prior to pick-up.

Stag Special

As you know, in April 2014, I ordered an independent external review to look into sexual misconduct and sexual harassment in the Canadian Armed Forces (CAF) following a number of media reports on the subject and a subsequent internal review.

I asked Madam Marie Deschamps, a former Supreme Court of Canada Justice, to conduct this independent external review, which she began in June 2014.

I received the English version of Mme Deschamps' final report late last Friday. This is an important development and I would like to thank her for her insight and rigour in helping us understand the significance of inappropriate sexual behaviour in the CAF.

During her review, she met with hundreds of CAF members and stakeholders across the country. Her perspective is invaluable in providing me with a clearer appreciation of the problem and what we, as an institution, must do to address it. You will remember that on Feb. 25, I directed the establishment of the CAF Strategic Response Team on Sexual Misconduct.

This team, led by MGen Chris Whitecross and supported by CWO Helen Wheeler, will conduct a detailed review of the report and develop an action plan to address its recommendations.

As I committed from the outset of this initiative, you will continue to be informed as we progress. Specifically, I will publicly announce the action plan and make the full report available to all CAF members once a comprehensive review of the report is complete.

CAF CWO Kevin West and I remind all CAF personnel that as a national institution, the CAF must nurture a respectful, healthy and professional environment for all members. This responsibility extends beyond the workplace.

The CAF's continued success in operations across Canada and around the world in volatile, dangerous mission areas depends on the unwavering trust and cohesion amongst our members, regardless of gender, ethnicity, orientation or background.

We are all brothers and sisters in arms the moment we take the oath to serve Canada, worthy of the same respect and dignity. I will take this opportunity to reiterate that all allegations of inappropriate sexual behaviour are to be treated seriously at all levels of the CAF.

Any member experiencing sexually demeaning or harassing behaviour of any kind, at work or off duty, has a range of options available to them.

You do not have to approach your chain of command if you are not comfortable doing so. You can seek assistance from the military or civilian police, your local health clinic, your Base Chaplain, the CAF member assistance program or the support network you are most comfortable with.

Our institution's culture and legacy of personal and professional respect is non-negotiable. Everyone in uniform will be required to support and engage in the measures directed once our review of the report is complete.

*Gen Tom Lawson
Chief of the Defence Staff*

BOI backlog eliminated in 2014

Stag Special

I welcome the release of the Ombudsman Report Boards of Inquiry: Families in Focus and I wish to thank the Ombudsman for recognizing the positive improvements that the Canadian Armed Forces (CAF) have made to the Board of Inquiry (BOI) process over the past few years.

These positive changes include a tiger team, created in February 2014 to clear the backlog of BOI reports into death or serious injury, within six months.

I was pleased that by June 1, 2014, the BOI backlog was eliminated, well short of the deadline.

During the past four years, several new initiatives have also been introduced to improve the BOI process, including the standardization of the conduct of BOIs across the CAF; the elimination of review levels to expedite approvals; a reduction in the number of findings resulting in

shorter, more concise reports; and a dramatic reduction in the average time required to approve a BOI report.

For example, the BOI process is now being completed in nine to 12 months.

Despite these improvements, we still have work to do. I concur with the Ombudsman's comment that the human dimension sometimes gets lost in a process designed for fact gathering, not family engagement.

I have therefore accepted the Ombudsman's offer to provide a member of his team to assist the CAF and work together to determine the most appropriate and effective means by which the CAF may be able to meet the information needs of families following a death or serious injury, whether through the BOI process or within the broader CAF engagement with families.

I wish to reiterate our commitment to caring for military families and that health and well-being continue to be a priority.

Military families often make significant sacrifices to support our members, and enable them to serve.

They are, without doubt, critical to our operational success.

We recognize this and deeply value their contributions and sacrifices.

We will work with the Office of the Ombudsman to find effective means of communication and liaison with them.

Our military families are the bedrock of our members' strength and well-being – we owe this to them.

*Gen Tom Lawson
Chief of the Defence Staff*

Budget 2015

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...fastest job growth in the country. Statistics Canada

"An economic leader in Canada." Conference Board of Canada

Manitoba's economy is strong and getting stronger.

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- 5.5 billion invested in Manitoba's roads, bridges and flood protection over five years
- Youth Jobs Strategy
- Record numbers of doctors and nurses on the job

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Manitoba 

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Basketball team requires coach

Danny Hamilton
Stag Special

Is basketball a sport you enjoy coaching?

If so, the CISM men's basketball team requires a coach to run the bench for a four-year team. This coaching position is open to all Military members and Class (B) Reservist or full time employees of CFMWS.

Besides a love of the game and an enjoyment to groom the national team for action in the paint at both ends of the court, the prospective coach needs to be fully certified NCCP level two when it comes to coaching credentials.

What are some of your duties as the CISM head coach?

- determining team composition;
- collaboration with team manager in the team selection process;
- liaising with athletes on a regular basis with regards to training and development;
- preparing training plans for selection and training camps and determining team-training requirements; and
- stay current with coaching certifications, doping regulations and the latest training methods in basketball and scouting potential Canadian Armed Forces (CAF) CISM athletes from within the CAF (including Reserves).

What do you need to submit when it comes to the coach hiring process? Full name and rank; Unit/Base; work number; list of sport specific qualifications; coaching experience civilian/military all levels; list of related experience in sport specific administration of management; list of other related experience in administration or management; letters of recommendation plus letters of support from the Chain of Command (COC); and any other info that is pertinent or the applicant would like to share.

E-mail your resume and all documents to denis.garboury@forces.gc.ca by the application deadline of May 12. For more information contact Garboury 613-995-7605.

Danny Hamilton is CFB Shilo's sports co-ordinator

UPCOMING HOME GAMES:



**Championship
WHL Playoffs**
versus
Kelowna Rockets
May 8
7:30 p.m.
May 9
7:30 p.m.



For Tickets Call 726-3555 or Visit Wheatkings.com



This is 17-year-old Clifford H. Anderson after he enlisted and went on to serve with the Nova Scotia Highlanders in the Second World War.

Photo submitted

Father inspires artist's painting

MFRC Special

Local artist Maria Egilsson has donated one of her paintings to the Shilo MFRC.

Her piece entitled *Field of Poppies* was inspired by her father Clifford H. Anderson, a veteran who served with the Nova Scotia Highlanders during the Second World War.

Anderson was born in Neepawa, but following the war, returned to England to live until the 1970s. He returned to Canada with his family.

They later moved to Shilo and lived with his brother, who at the time, was in the Canadian military. The family then settled in Rivers.

In the 80s and 90s, Anderson worked at the Shilo water treatment plant.

He died in June 2013.

Egilsson has fond memories of Shilo and is honoured to dedicate her art to those who proudly serve.

You can see her colourful painting *Field of Poppies* displayed at the MFRC.

CLASSIFIED ADS

Email: stag@mymts.net • Phone 204-765-3000, ext 3013 • Fax 204-765-3814

**\$10 for first 20 words,
10¢ for each additional word**
Deadline for next issue:

May 14 at noon

*Free ads (non-profit only)
restricted to members of the
CAF, employees of CFB Shilo and the
citizens of the surrounding area.*

Services	Services	Homes For Sale	Employment
<div style="text-align: center;">  <p>St. Barbara's Protestant Chapel Sunday @ 10:30 a.m. with Sunday school & nursery Padre Lee - ext 3088 Padre Neil - ext 3090 Padre Olive - ext 6836 Padre Costen - ext 3381 Our Lady of Shilo Roman Catholic Chapel Sunday 10:30 a.m. Wednesday 12:05 p.m. Confession by appointment Padre Inienwe - ext 3089</p> </div>	<p>Greg Steele, Canadian Fire-arms Safety Course Instructor/Examiner • Restricted and Non-Restricted • Manitoba Hunter Safety Instructor. Courses offered at least monthly and more often by demand. May 30 Neepawa Gun Show. Examinations by appointment • 204-725-1608 • e-mail: ggs57@wegwave.ca. huntershooter.guy.com</p> <hr/> <p>Nad's Simply Clean For all of your cleaning needs weekly, bi-weekly, and monthly. Also available for offices, contract cleanup and single occasions. Receipts provided. 204-573-1509.</p> <hr/> <p>We buy and sell good used furniture/appliances and we deal in coins and coin/stamp supplies. People's Market Place, 32-13th St., Brandon, 204-727-4708.</p>	<p>Recreational Paradise: Ranchhouse with wrap-around-deck built in 1992 on 14 acres . 1935 sq ft on main floor with a finished basement. 4 BR, 2 full bath, office with separate entrance, walkout basement, attached dbl garage, with 800 sq ft of undeveloped bonus space above it. Large 3 bay shed approx 3300 sq ft, with heated shop area. Must be seen to be appreciated. 6 mi west of Carberry and 20 miles east of Shilo. For more info contact Bob 204-834-1164. Ad to follow on KIJJI with photos.</p>	<p>Cook (casual), wage \$11.90/hr - \$14.28/hr. Visit www.cfmws.com or contact nfhrshilo@cfmws.com for further details. Competition #SHI-15-24 closes May 15.</p> <p>Kitchen Helper (casual). \$10.88/hr - \$11.64/hr. Visit www.cfmws.com or contact nfhrshilo@cfmws.com for further details. Competition @ SHI-15-24 closes May 15.</p> <p>Postal Officer Clerk (permanent part-time) at CANEX. \$11.43/hr to \$13.38/hr. Visit www.cfmws.com or contact nfhrshilo@cfmws.com for further details. Competition @ SHI-15-38 closes May 10.</p>
<div style="border: 1px solid black; padding: 5px; margin: 0 auto; width: 80%;"> <p style="text-align: center; margin: 0;">Services</p> <p style="margin: 0;">NEED YOUR TAXES DONE? Fast, friendly, and personal service. E-FILE. For all your income tax needs call Ingrid Wasserberg at 204-763-4357. OPEN ALL YEAR.</p> </div>			
<div style="border: 1px solid black; padding: 5px; margin: 0 auto; width: 80%;"> <p style="text-align: center; margin: 0;">Visit the RCA Museum open Monday to Friday 204-765-3000 ext 3570</p> </div>			

Pick up your FREE copy at any of the following locations:

<p>Brandon Safeway Brandon Armoury Women's Resource Centre - Town Centre Mall Royal Cdn Legion Branch No. 3 Sobey's</p>	<p>Forbidden Flavours ANAF CFB Shilo CANEX Mall Forbidden Flavours Shilo Community Centre GSH</p>	<p>Country Club (Rick's) All Messes Carberry East Side Service Carberry Legion Douglas General Store</p>	<p>Minnedosa Minnedosa Legion Sprucewoods The Shilo Inn 340 Esso Wawanesa Lucky Dollar</p>
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Militaires subalternes mutés dans la RCN, informez-vous!
Le SAL offre des logements fraîchement rénovés et abordables dans une communauté militaire à proximité des commodités.

www.pspottawa.ca/shho ou 613-521-2696



REMEMBER CAPT KEEN



It was a poignant ceremony on the 25th anniversary of Capt Mike Keen's death during 1RCHA's Ex LIMBER GUNNER 9001 in the training area. Padre Lee offered prayer, while a cenotaph guard stood around the refurbished cairn. Capt Keen's widow Marie Cotter laid a wreath and flowers at the cairn. Bdr Robert MacKay played his bagpipes to end the ceremony.
Photo by Jules Xavier