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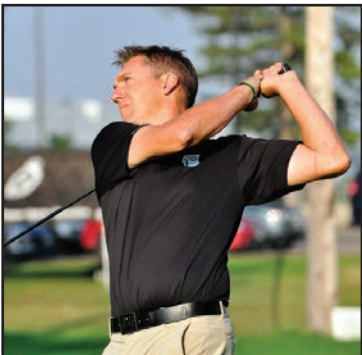
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INSIDE This Issue



Hercules upbeat despite trips to the vet. Page 2



Golf professional preparing for 2013 season. Page 4



Manitoba army cadets visit southern Ontario. Page 7



With AC Kuipers to his right, AC Alexander Lloyd marks off his space during parade practice held Thursday night for the Brandon branch No. 40 Stan Hawitt of the Navy League Cadet Corps. There are more than 40 kids signed up, with training under the leadership of Commanding Officer Lt (NL) Clayton Kozak held at the Brandon Armoury on Victoria Avenue. *Photo by Jules Xavier*

Cadet program offers navy theme

Jules Xavier
Shilo Stag

The Navy League of Canada wants you! Open to children aged nine to 12, this is a stepping stone to sea cadets, or perhaps air and army cadets if you choose to change following four years with the Navy League Cadet Corps (NLCC) program. Why should your child living on this Base enrol in the Navy League?

"[You] have fun and make friends," said interim president George Haggerty for Brandon's branch of the Navy League of Canada. "It's a structured program based on a naval theme. It gives you a chance to try different things, in a place where teamwork and respect are very important. This cadet program takes place in a very safe environment."

Besides having fun with others your own age, the retired

navy lieutenant said the cadets won't soon forget the experience of being part of this organization.

"It's different from the normal everyday life at school and home," he offered.

The NLCC can be a stepping stone to the sea cadets, or air and army cadets, according to Haggerty.

"It does give a cadet a leg up when joining a senior cadet corps, hopefully that would be sea cadets," he said. "Sea cadets are the only senior corps that are financially supported by both the Department of National Defence and the Navy League of Canada. Both the Sea Cadets and NLCC Stan Hawitt come under the under the Navy League of Canada Brandon branch."

There is plenty to keep a Stan Hawitt cadet busy once they sign up, noted Haggerty, who also works with Brandon's sea cadet program.

See **NAVY** page 12

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Day and night firing will be carried out at the Shilo Ranges until further notice.

The range consists of DND controlled property lying approximately 32 kms SE from Brandon and N of the Assiniboine River in Townships 7, 8 and 9; Range 14 WPM, Townships 8, 9 and 10; Ranges 15 and 16 WPM and Townships 9 and 10; Range 17 WPM in the Province of Manitoba. If required, a detailed description of the Shilo property may be obtained from the Base Construction Engineering Office at Canadian Forces Base Shilo.


All boundaries, entry ways, roads and tracks into the Range are clearly marked and posted with signs indicating that there is to be NO TRESPASSING. Hunting is no longer permitted on the Shilo Ranges.

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BY ORDER
Deputy Minister
Department of National Defense

OTTAWA, CANADA
17630-77

Canada 

National Defence **Defense nationale**

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Des tirs de jour et de nuit seront effectués aux polygones de tir de Shilo jusqu'à nouvel ordre.

Les polygones de tir sont des terrains sous le contrôle du MDN situés à environ 32 km au sud-est de Brandon et au nord de la rivière Assiniboine dans les cantons 7, 8 et 9; polygone 14 OMP, cantons 8, 9 et 10; polygones 15 et 16 OMP et cantons 9 et 10; polygone 17 OMP, dans la Province du Manitoba. Au besoin, une description détaillée de la propriété de Shilo peut être obtenue du Bureau du génie construction de la Base des Forces canadiennes Shilo.

Toutes les limites, voies d'accès, routes et sentiers menant aux polygones sont clairement marqués et ornés d'écriteaux d'ACCÈS INTERDIT. La chasse est dorénavant interdite aux polygones de tir de Shilo.

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Aucune personne non autorisée ne peut entrer dans ce secteur où tout accès est strictement interdit.

**Par ordre du
Sous-ministre
Ministère de la Défense nationale**

Ottawa, Canada
17630-77

Hercules offers canine thanks for support

Community helps with bull mastiff's veterinarian treatment

Jillian Driessen
Shilo Stag

Bethany Geisel's bull mastiff, Hercules, is a mild-mannered and gentle giant.

The two-year-old is a young, boisterous mastiff with plenty of energy — a misleading image considering this young canine was recently diagnosed with a chylothorax.

"We hadn't heard of it. Even our veterinarian had only seen it once in eight years — and it was with a cat," explains Geisel. "It is not as rare as people might think, but it is still fairly uncommon."

The condition causes lymphatic fluid, also called chyle, to slowly drain into his chest placing pressure on his lungs and heart.

"Everything seemed normal, but he just couldn't settle down at night. He was misdiagnosed with a stomach bug, which is not the vet's fault," says Geisel.

"We brought him back four days later because the antibiotics weren't working. That's when they listened to his chest and couldn't hear any breath sounds."

When the Geisel's returned to their local veterinarian with a distressed Hercules, immediate action was taken.

"If we hadn't brought him in, he would have died at home. It was a close call."

The young mastiff had his massive chest drained of chyle immediately following an x-ray.

In the weeks following the dog's diagnosis, Geisel was informed treatment would involve a litany of testing and possibly a major surgical procedure with a staggering cost estimated between \$6,000 and \$8,000.

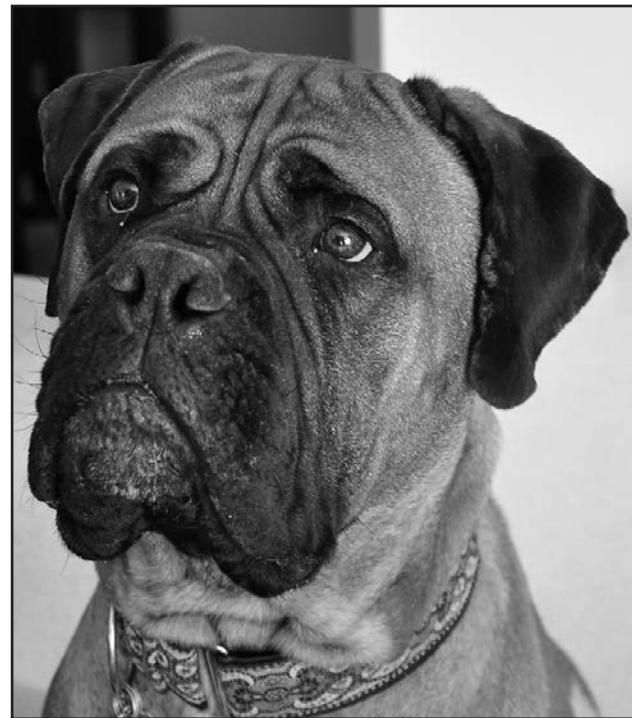
With emergency veterinarian funds dwindling from weekly chest draining, Geisel and her husband Jon reached out to the community for help.

"It is a terrifyingly large sum of money to raise. I am really happy with how well we have done so far," says Geisel. "Some people have apologized because they could only donate a small amount, but it is more than we had without their donation."

Having raised more than \$3,000 in just a couple of weeks, Hercules was able to travel to Saskatoon to undergo various testing procedures — a vital process considering he lacked the common markers for the condition, such as trauma.

"As far as we know, Hercules doesn't have any of the common markers. Common, of course, is a relative term considering this is not common," says Geisel, with a happy Hercules at her side.

Veterinarians in Saskatoon confirmed all common markers and diseases could be ruled-out. In an unexpected twist, veterinarians also discovered the condition appears to



Portrait of Hercules was taken by the Stag's Jillian Driessen.

be improving.

Significantly lower levels of chyle were drained from Hercules' chest.

Geisel and Hercules will return to CFB Shilo with the recommendation to forego surgery to see if the chyle build-up continues to decrease.

Hercules is not out of the woods yet, however, but the prognosis is promising.

In a couple of weeks, Hercules will be on his way to a clean bill of health, be it naturally or by surgical intervention. Throughout the entire process, Hercules has remained in good spirits.

"They are very stoic dogs. It is hard to tell when there is something wrong," says Geisel.

"If you didn't know he was sick, you would have no idea."

The only indicator of his frequent trips to the vet are the shaved patches on his sides.

He remains happy to play, laze, and indulge in the lavish attention he's received of late.

Geisel says the Base community has been tremendously supportive throughout the ordeal.

"It's incredible how people from Shilo have stepped up. It makes you see people may not always be right out there all the time, but they are there when it matters and we have really appreciated that," she says.

Through friends and family near and far, several donations, an online auction, and a handful of home-based businesses have raised the funds to get Hercules to Saskatoon.

With plans of a full recovery, Geisel hopes to give back with Hercules.

"When he's through all this, we are hoping to be able to take the Saint John's Ambulance test in May. He will learn to be a certified therapy dog," says Geisel.

"That is the plan, and hopefully he will pass his test. He already has his Canine Good Citizen and the tests are similar. One day maybe something else, but for now, therapy dog is fine."

Hercules is scheduled to complete his test this spring putting him on the fast track to giving back to the community.

For Hercules and his family, this has been a painful ordeal. With the finish-line in sight, there is relief for Geisel and her family.

"It's hard when people tell you 'You're crazy! He's just a dog,'" offers Geisel. "Well, he may be just a dog to them, but to me he is much more than just a dog. A lot of days he is probably the best part of my day."

Follow Help for Hercules on Facebook and Twitter.

DONATE

Give the 'gift of life' at blood donor clinic

Jillian Driessen
Shilo Stag

Wanting to build on last fall's 53 donors, Cpl Brad LeBel is hoping to see at least 65 people roll up their sleeves April 26.

Canadian Blood Services is bringing another blood drive to CFB Shilo's MPTF.

Recruiting donors is often challenging on Base.

"We would love to have higher numbers, but there is always something happening on Base," said LeBel, who has donated the "gift of life" 17 times, "be it a field exercise, training, courses, or the ramping up for the next rotation in Afghanistan."

He added, "People are busy and sometimes their unit can't afford to lose them for the time. We try to encourage bosses to allow their companies or batteries to come out."

In addition to military members rolling up their sleeves, several community members from the surrounding area offer up their time and blood for the drive.

"If we can get 100 people out to donate, we can save 300 people," said LeBel.

For many, donating blood may not be a possibility. For many more, they are simply unsure if they are able to donate. Often times, health concerns will stop willing donors from attending a clinic.

LeBel encourages those who aren't sure to ask before shying away from donation. Nurses are available to answer all donor questions and are often willing to do so before the barrage of paperwork to become a donor is completed.

"People don't want to wait a half hour to get to a nurse just to be told no. I always recommend people ask the nurse right away," says LeBel.

The first time may be intimidating, but LeBel encourages everyone to try it at least once. With experienced staff, first-time donors are always well-cared for.

"They can take extra care and watch a little closer. Most first-time donors don't know how they are going to react," he explained.

LeBel plans to donate regularly as long as he is able to give and hopes to inspire people to give whenever possible.

He may even catch up to CANEX manager Rick Kehler, who will contribute his 104th donation at the April 26 clinic.

Having donated blood since the tender age of 18, Kehler has seen many changes in the process and, despite the lengthy paperwork involved, also encourages anyone who is willing to donate.

"It's all for everyone's safety," said Kehler of the in-depth donor process.

Kehler has donated as often as allowable and adjusted his donation schedule from every three months to every 56 days when the regulations changed to allow more frequent donation.

It may sound as if Kehler is competing for a world record, but he's not.

"It is just the right thing to do," he said. "I have no other explanation. It's not for glamour. It's not for the doughnuts."

"I have no motivation — I haven't had a friend in a major accident or something like that — it's just the right thing to do."

Kehler is not a one-of-a-kind donor. He sees many of the same people donating on the same 56-day rotation.

Being an experienced donor, Kehler suggests taking a friend for your first donation. It may help ease your fears.

His first donation was in high school and he was accompanied by a group of friends.

He's been rolling his sleeves up ever since.

LeBel offers some simple advice as well: "Come on out and enjoy it. If you're nervous don't be. Sit down, get a cookie, get some juice, and watch the blood flow — or don't watch the blood flow — it's your choice."

The Shilo blood donor clinic at the MPTF runs from 11:30 a.m. to 3:30 p.m.

Ready to ride?

Angela Schriver of NPF accounts will be happy once the snow melts so she can cycle to work as she did in the fall. For now, however, many bikes on Base are encased in a snowy tomb (inset). Photos by Jules Xavier



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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

Follow the Shilo Stag on
Facebook by visiting:<http://www.facebook.com/ShiloSTAG>

Will Mother Nature co-operate? Golfing on the Base by April 26?

Stag Staff

Are you ready to dust off your golf clubs and hit the Shilo Country Club links?

CPGA professional Dave Scinocca is looking forward to it after working all winter with clients honing their outdoor skills via the virtual golf simulator.

"The countdown is on until the start of the 2013 season and I'm very excited about the upcoming year and continuing my position as the head pro at the Shilo Country Club (SCC)," wrote Scinocca in the spring newsletter.

New renovations to the SCC's current pro shop will be underway shortly.

Flooring, paint and some new furnishings will be very noticeable the first time you walk in this spring. A smaller Pepsi cooler will be brought in to free up some floor space; a new AC unit will be installed and new merchandise racks will all compliment the fresh look.

Scinocca announced Patrick Law will be returning for another year as his assistant professional. He will be full-time in the shop as in previous years, but will also be available for golf lessons and custom-club fittings.

Keith Friesen is back for another season and, he too, will also be around for golf lessons.

This summer, you will see a new face in the shop, with the hiring of Jason Martens. He has recently resigned from his sales position with Pepsico Beverages Canada to join the SCC team.

"His customer service skills are second to none and I know he will be a very valuable asset to the Shilo Country Club and Golf Brandon," offered Scinocca.

Meanwhile, the winter golf school has been picking up recently and he anticipates it getting even busier as the SCC is closer to its projected opening date.

For the first full year in the new Shilo location, Scinocca said he's been pleased with the overall turnout and support from the surrounding area.

Having two virtual golf simulators has been a great bonus to the overall operation, offering SCC clients more choices and options to compete and practice.

Scinocca said the golf school will remain open in April for those wanting to hit a few balls before the links open.

"Call ahead for virtual golf tee times as we are entering our peak season."

At the end of March, he started clearing out all remaining new and used inventory. All equipment, clubs, apparel, shoes, bags, balls and accessories will be drastically reduced in price.

"The first to arrive will get the best opportunities to grab some of these great deals before the new stock rolls in," he said.

Major brands the pro shop will carry this season include: Titleist, Foot Joy, Cobra, Puma, Sligo, Mizuno and Ecco.

The SCC will have three fitting carts as well — Titleist, Mizuno and a new Cobra one.

"We are very fortunate to have these at our facility as only a handful of accounts actually qualify to get them in Manitoba," he explained. "As most of

you know, my prices on new custom-equipment are always lower than Golf Town and other competitors in the area."

If you are thinking about new custom clubs this year, Scinocca asks that you consult with him or Law before you make any decisions.

"Our professional advice can go a long way in saving you time and money and the custom-fitting process is always included in our price," he said.

Major companies the SCC staff can order from include Titleist, Cobra, Mizuno, Callaway, Nike, Taylor Made, Adams and Cleveland. Save cash by shopping local, said Scinocca.

If you are a business owner who orders corporate logo merchandise and are looking for some fresh new ideas then check out his new company called Golf Brandon.

"We deal with the top brands and offer quick turnarounds at very competitive prices," he said. "Contact Jason Martens to set up an appointment to view our samples collection."

Or visit the new website www.GolfBrandon.com or call 204-761-6279.

In other golfing news, Scinocca has some new ideas for the club championship and inter-club team trials. "We are looking at a few options and are likely going to add a handicap/net division," he explained. "I would like to see more members participating in hopes

of resurrecting the excitement we once had rounding this annual event.

"I'm also developing a brand new match play tournament for our members only to compete in. Details, dates and particulars are 'in the works' with more info to come."

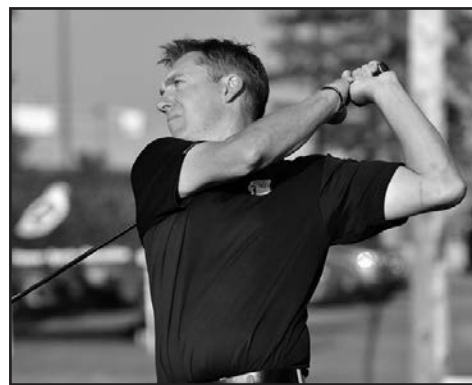
Lastly, the SCC has decided to remove the handicap computer from the pro shop. With the new online system, Scinocca observed less and less members are making use of it.

"You will have to get used to using your home computer to submit all your scores and stats moving forward," he said. "Any of the staff can certainly help you with the process and walk you through the steps to get it all set up for you."

MGA cards will still be available to all members and the SCC will continue to print golfer index cards and sign them for sanctioned events members compete in.

The SCC is tentatively looking to open by April 26 as long as Mother Nature co-operates.

There's a brand new event scheduled for May 5, with a better-ball two-person format. There's a shotgun start at 1:30 p.m. Participants will be in men's, ladies', mixed, or junior divisions. Members are encouraged to bring non-members out to showcase the course. Meal and prizes to follow at Rick's Restaurant and Bar. Tournament is open to anyone. Contact the pro shop to register and for more info at 204-765-3623. A day earlier, from 10 a.m. to 2 p.m., Golf Brandon will be hosting a demo day on the SCC range. Drop by and test new products from Titleist, Cobra and Mizuno. Hit a few shots with the Flight Scope and see how your skills stack up against the rest.



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C Coy training for soldiers boasts an 'artillery flavour'

Jillian Driessen
Shilo Stag

The Land Force Western Area Training Centre (LFWA TC) — better known as WATC — is somewhat of an enigma in Shilo.

Most are aware that LFWA TC C Coy calls Shilo home, but are unaware of the daily happenings within the confines of the detachment.

"The purpose of LFWA TC is to provide individual training," says Capt David Tower, the company's 2IC. "We're focused on basic qualifications for soldiering skills."

Courses taught at LFWA TC are fundamentally different from the collective training, such as field exercises and pre-deployment training, which are conducted at unit and brigade levels.

"We teach leadership courses like Primary Leadership Qualification (PLQ) Land," says Tower. "We also run DP-1 courses which are different in every trade. We could have a DP1 Artillery or a DP1 Infantry."

Shilo's C Company is also well qualified to run DP2 courses. According to Capt Tower, C Coy has an "artillery flavour."

With many resources on hand to successfully conduct artillery training, it is a popular choice for both Reserve and Regular Force units, therefore, requiring LFWA-TC staff in Shilo to have an artillery majority.

"The summer training at LFWA TC is primarily geared toward the reserves — especially within the artillery. They are spread out across the country," explains Capt Tower. "When considering ammunition and equipment, it is easier when they meet in one location. Most units also don't have a training area in their backyard."

Although reservists are the focus of C Coy's training during the summer months, Regular Force units are still hosted in the summer. Spring and autumn are the opposite of summer months at LFWA TC and feature a return to focusing on regular force training such as PLQ Land courses.

CFB Shilo is not the only place where LFWA TC exists as a training entity. As its name suggests, the unit has various companies across Land Force Western Area.

To help enlighten the public, keep companies informed, and include families, LFWA TC created a Facebook page.

"Initially the Facebook page was a little worrisome for some, but people are becoming accustomed to using it. It is not such a scary thing anymore," says Capt

Tower of the budding social media page.

In addition to a Facebook page, Capt Tower also developed an idea for a mini-series highlighting activities within C Coy.

"This is one of my brain-children, if you will. This is to try and develop an audience, but also try and advertise what we do in C Company," he says of the mini-series.

Tower's brainchild, which he describes as having a "home-grown, home-movie" feel will feature WO Walter Ukleja, who is a member of Shilo's C Coy.

After joining Facebook last fall, the unit posted a photo of WO Ukleja receiving a Queen's Diamond Jubilee medal and the commentary and "likes" were numerous.

Capt Tower vowed to film a mini-series profiling Ukleja if his post on Facebook could get just 20 "likes." It received more than 60 "likes" from friends, family, and comrades who fancied the idea.

"People like this guy— we've got an audience," says Capt Tower of the warrant officer.

The trailer for the mini-series has already garnered more than 3,000 hits and is still going strong.

Armed only with his iPad, Capt Tower has begun filming footage for the three-part mini-series.

As for footage, the captain says he has planned loosely and left a lot of the happening to creativity.

"There is stuff that happens everyday that you couldn't make up," he says.

Capt Tower's last day of filming will be May 11 and a late-May release is slotted for the first episode.

By profiling WO Ukleja, he wants to encourage more interest in LFWA TC, looking to shed light for the public about what happens within in the unit and to encourage more members to seriously consider coming to the unit.

As for WO Ukleja, he maintains that there are "far more interesting characters" within C Company, but is a willing participant.

The videos will be shared on the LFWA TC Facebook page as they become available.

Visit www.facebook.com/LFWA.LFWATC for the upcoming webisodes.

Shilo Theatre
(Located in the General Strange Hall)

April 11 Gangster Squad Rated 18A 7 p.m.
 April 12 The Guilt Trip Rated PG 6:30 p.m.
 April 15 Seven Psychopaths Rated 18A 7 p.m.
 April 18 Zero Dark Thirty Rated 14A 7 p.m.

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A member of Shilo's C Company, WO Walter Ukleja lifts jerry cans. Photo submitted

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EASTER FUN IN FOCUS



Photos by Jules Xavier

Combat uniforms undergo most radical change since 1970s

Ryan Ferrera Stag Special

After 18 months of testing and operational user feedback, production has begun on the Enhanced Combat Uniform for Canadian soldiers.

This product improvement to the combat uniforms includes more than 20 changes which will allow for greater comfort, enhanced protection and greater integration with personal protective equipment, allowing soldiers to more effectively train and perform their duties while deployed.

Some of the major changes include flat pockets and zippers to avoid pressure points. Some of the major changes are:

- flexible Mandarin-style collar;
- integrated soft kneepads;
- flat pockets and zippers to avoid pressure points;
- an action-back for increased range of motion; and
- a flexible waist for improved fit.

"The uniforms are better integrated with the rest of the combat equipment while increasing comfort and providing greater wearing options adaptable to the environment a soldier is deployed in," says Maj Stéphane Dufour of the Director of Land Requirements' Soldier Systems Requirements section.

For example, the integrated soft knee pads provide protection in and outside a vehicle.

The flat chest pocket style also removes any pressure points while wearing ballistic protection and fragmentation vests.



According to Maj Dufour, these enhancements are the "most radical combat uniform change since the 1970s," and are based on both feedback from soldiers and the last ten years of combat operations in Afghanistan.

The enhancements improve comfort, protection, fit and overall operational effectiveness.

The enhanced uniform has a flexible Mandarin-style collar.

The uniforms will continue to use the Canadian Disruptive Pattern, known as CADPAT, which allows soldiers to blend in with the field environment.

Under the current distribution plan, deployed soldiers will be the first to receive the uniforms, with a priority also being placed on filling the most critical sizing shortages within the Canadian Forces. Staggered production and distribution allows the Army to evaluate and adjust the uniforms over a longer period of time.

"The idea is to do regular but smaller uniform buys so that we can improve it each time we buy more, compared to one big buy that will last us 20 years.

Getting it in batches will allow us to make new improvements based on feedback we get," says Maj Dufour.

Initially, 45,000 uniforms, valued at \$8.5 million, will be manufactured by Winnipeg-based Peerless Garments using the Temperate Woodland Canadian Disruptive Pattern.

The contract has the option to manufacture additional trousers and jackets in this pattern or in the Arid Canadian Disruptive Pattern as required.



New flat pockets and zippers are now integrated into the new army combat uniform. Velcro is also used, making the uniform lightweight and flexible for each soldier wearing it.

Photos by MCpl Steve Bogue

Cadets explore sites in Southern Ontario

OCdt Betty Froese
Stag Special

More than 30 army cadets from Brandon/Shilo started their spring break early by flying to Toronto on an inter-provincial cadet exchange, joining about 130 youth from the Aurora-based 2799 Queen's York Rangers Army Cadet Corps.

The Ontario excursion began with the 2520 RCACC - 71 Bty RCA Cadets spending their first evening parading alongside the Aurora cadets, with more 160 youth marching side-by-side during their regular Friday training night.



Brandon cadet Doorrgesh Hurrydass looks down on Toronto from the top of the CN Tower.

Photos by OCdt Betty Froese

The evening continued with the cadets getting to know each other through inter-active games and team-building activities.

Brandon cadet Bombardier Eric Bolech commented on the first evening, "It was very interesting to see more of the army cadets and how different cadet corps do things differently; how they operate and function differently, even though we are all wearing the same uniform."

The following days were spent getting to know the Ontario cadets, officers and staff, while touring Niagara Falls and various sites in Toronto — like the CN Tower, Hockey Hall of Fame, and Medieval Times.

An afternoon was spent at Old Fort York in central Toronto, where Manitoba cadets learned of the rich history of the Queen's York Rangers — 2799 Army Cadet Corps' namesake — founded in 1756. It is the first Regiment of the Canadian Army of the America's, dating back hundreds of years to the very foundation of Canada when the City of Toronto was known as York.

Heralded as the largest city in Canada with a population of more two million, the Manitoba cadets were in awe of the sheer size of Toronto and its structures.

Noted first-year cadet Ryan Jenkins of going to the top of the CN Tower, "I was never in a building so high up. An apartment building in Toronto is taller than the tallest skyscraper of Winnipeg!"

Of the many attractions they visited, the highlight of the trip was certainly getting to know cadets from other parts of Canada on a daily basis, in both formal and informal settings.

The exchange is an initiative of the Department of National Defence.

"It gives cadets a chance to travel and broaden their knowledge of the country," said Rangers CO Capt Sue Lusk. "The cadets have plenty in common. The whole idea is for them to interact and learn how each corps does things differently."

Making new friends from across Canada is an added bonus. WO Will Cannon summed it up best, "In my cadet experience it was that once in a lifetime chance to make friends from another corps as far away as Toronto where, as a cadet, I'd otherwise never be able to go to."

"Manitoba cadets go west to summer camps, as far as Vernon, BC, and the Ontario cadets go east. We would never meet up at summer camps. So, it really is that once in a lifetime chance to meet new friends there; to go and have fun and hang out with them."

Memories, new friendships and more of Canada to be learned and enjoyed — that's the cadet experience.

2520 RCACC - 71 Bty RCA Cadets parade Wednesday from 6:30 to 9 p.m. at the Brandon Armoury, 1116 Victoria Ave., in Brandon and at the MPTF at CFB Shilo.

Youth between the ages of 12 to 18 are welcome to join at any time throughout the school year. For information contact Capt Rob Lussier at 204-720-1494.



2799 Commanding Officer Capt Sue Lusk drops the marble onto the plastic tube in an interesting game instilling teamwork among the cadets.

Are you posted? Purchasing your first house? First house in a while?

Join Realtor Glen Kirkland
and RBC Mortgage Specialist Sandra Cross
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April 17 – 7 p.m.

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Sandra.f.cross@rbc.com

BASE SCHOOLS

L'expo-sciences de Brandon au Centre Keystone

Richard Arcand
École la Source

L'expo-science s'est tenue cette année au Manitoba room du centre Keystone. C'était le 19 mars dernier qu'a eu lieu cet événement régional connu sous le nom de « The Western Manitoba Regional Science Fair ». C'est une des plus grandes expositions de l'ouest du Canada.

Cette année 44 élèves de l'élémentaire et du secondaire de l'école La Source ont participé à cette exposition en présentant 29 projets. Les élèves ont eu une heure entre 8 heure et 9 heure pour monter leur kiosque. Ils ont aussi reçu à ce moment-là des t-shirts pour commémorer l'événement.

Ensuite les juges ont débuté l'évaluation de chacun des projets. Il y avait des juges anglophones et des juges francophones. Les élèves pouvaient présenter leur projet dans la langue officielle de leur choix. Les élèves ont ensuite eu une heure pour prendre leur repas sur l'heure du dîner.

Les juges, eux, ont de leur côté eu droit à une bonne soupe, des sandwichs et un bon dessert avec des breuvages à volonté.

Après le repas plus de 500 élèves de la partie ouest de la province, ont présenté environ 350 projets au public. Durant ce temps des bénévoles ont animé de petits ateliers intéressants.

J'ai eu moi-même la chance d'aider les jeunes à fabriquer de petites fusées à l'aide de pailles, les enfants ont bien apprécié.

La remise des prix pour les élèves de la 1e à la 4e année s'est déroulée au pavillon UCT de 4:30 à 5:30. La classe de première année de Mme Geneviève a remporté la médaille d'argent dans cette catégorie.

La classe de Mme Claire et de Mme Isabelle a remporté le premier prix, soit la médaille d'or ainsi que le prix Kiwanis qui revient à la classe ayant présenté le meilleur projet de classe. Duvan, un élève de 3e année a eu droit à une médaille de bronze pour son volcan.

Ensuite il y a eu un souper et le démentellement des kiosques d'exposition. À 6:30 a eu lieu la remise des prix pour les élèves de la 5e à la 12e année au pavillon UCT.

Hannah, de la 5e année qui a présenté un atelier sur la fabrication du pain, a eu droit à une médaille d'argent. Aiden et Sienna de la 6e année, ont présenté un projet sur la similitude entre les jumeaux, ils ont remporté une médaille d'or pour ce projet hors du commun.

Christopher, un élève de la 9e année, s'est mérité de son côté une médaille de bronze pour avoir présenté un projet intéressant sur les bactéries.

Bravo à tous les gagnants et un merci spécial à M. Simard et à M. Joyal pour y avoir mis tant d'efforts.

On remercie aussi tous les bénévoles qui ont aidé à la réalisation de cette activité.



Semaine de relâche et récompenses pour la semaine de lecture

Richard Arcand
École la Source

Vendredi le 22 mars sera la dernière journée de classe avant la semaine de relâche.

Les élèves auront droit à toutes sortes d'activités pour leur bon travail lors de la semaine de lecture qui s'est terminée le 4 mars. En effet l'ensemble des élèves ont complété au moins 300 heures de lecture. Ils auront ainsi droit de participer à une promenade en traineau tiré par des chevaux.

Un bon chocolat chaud les attendra lors de leur entrée à l'école à la fin de leur promenade. Ensuite on leur servira un bon repas chaud et il y aura en prime de la tire sur la neige au début de l'après-midi.

Pour terminer la journée, les élèves pourront visionner un film. À la fin de cette journée les élèves débiteront toute une semaine de relâche.

Plusieurs parents, ont aussi pris une semaine de congé pour participer à toutes sortes d'activités hivernales avec leurs enfants. On souhaite à tous de bien se reposer et de nous revenir en pleine forme.

Le saviez-vous ...

Richard Arcand
École la Source

• Saviez-vous que M. Darcy Simard de notre école a remporté le Christie's Office Plus Award. Cet honneur est attribué à ceux qui ont mis du temps et de l'énergie pour leurs élèves dans le cadre des sciences et de la technologie. Il a reçu son prix lors de l'Expo Sciences qui a eu lieu le 19 mars dernier.

• Saviez-vous qu'à l'école La Source nous accordons une grande importance aux sciences. Nous tenons à faire participer les enfants à l'exposition régionale Westman Science Fair qui a lieu à Brandon à chaque année.

• Saviez-vous qu'à la fin de cette année scolaire 2012-13 nous assisteront à la graduation de la première personne à avoir terminé sa 12e année avec nous depuis la fondation de l'école en 2004.

• En effet l'École La Source aura 10 ans l'an prochain. L'École profitera aussi du plus grand nombre d'élèves inscrits au niveau secondaire depuis sa fondation. En plus, les élèves inscrits au niveau secondaire, pourront bénéficier d'un voyage au Québec à la fin de l'année 2013-14.

• Les amateurs de livres francophones seront contents d'apprendre qu'ils peuvent com-

mander des livres en français s'ils sont abonnés à la bibliothèque de Brandon. Ils doivent simplement communiquer avec la bibliothèque et demander le titre du livre et le nom de l'auteur.

On vous demandera souvent d'épeler le titre et le nom de l'auteur en anglais pour ne pas qu'il y ait d'erreurs.

Si le livre est disponible à la bibliothèque de St-Boniface ou dans une autre bibliothèque francophone du Manitoba, il vous sera livré dans un délai assez court.

En plus on ne vous chargera rien pour les frais de transport aller-retour du livre.

Rules for visiting Task Force soldiers

Capt Dane Nicholson

Are you new to Shilo for the forthcoming Task Force?

If so, welcome. This article will outline community safety points to ensure you enjoy your stay in Manitoba.

For existing residents this serves as a refresher on the Military Police (MP) and local laws and regulations that may have an impact on your day-to-day life.

Policing in Shilo is provided on a "24/7" basis by the MP. 911 services do work throughout the province, and emergency calls made on the Base are routed to our local dispatch centre at the MP guardhouse.

Non-emergency calls can be made via a Base phone at local 3337, or

any phone at 204-765-3337.

Crime Stoppers information can be shared confidentially to the MP by phone at 800-222-8477 or text at TIPAM (274637).

For community policing information or general queries we are available via Facebook.com/ShiloCommunityPolice

Traffic laws in Manitoba are similar to most provinces. The speed limit throughout Shilo is 50 km/h on the operational side of the Base — unless otherwise posted — and 30 km/h on the residential side of the Base.

During summer months there are frequent unit PT groups utilizing roadways.

Use extreme caution when passing. If you are issued a provincial traffic offence notice most prov-

CANADIAN MP The Military Police NOTEBOOK

inces will recognize the point deduction.

Urban areas in Manitoba utilize photo radar and red light cameras.

Out of province insurance can remain on vehicles which will be utilized only for the duration of your out-of-province employment.

For any vehicles left in Manitoba during the Task Force Manitoba storage or road insurance must be acquired from a Manitoba Public Insurance agent.

As with all defence establishments CFB Shilo and our neighbouring civilian communities have a zero tolerance for impaired driving. The provincial blood alcohol content limit is .05 mg per cent.

Penalties in the province include fines starting at \$1,000, license prohibitions, mandatory installation of an interlock, safe driver classes and vehicle impoundment. The Criminal Code blood alcohol content limit is .08 mg per cent as with all jurisdictions in Canada.

Use car pools, taxis, or the Shilo Courtesy Shuttle as an alternative.

For those who choose to ride a bicycle on this Base — remember that helmets are mandatory at CFB Shilo, and bicycles shall be ridden on the

roadway, not sidewalks.

Finally, lost and found property can be turned in or reported to the MP guardhouse, building L134 on Royal Avenue.

The MP wish all personnel training for the Task Force a safe and pleasant stay at CFB Shilo.

Capt Dane Nicholson is Platoon Commander 1 Military Regiment at CFB Shilo

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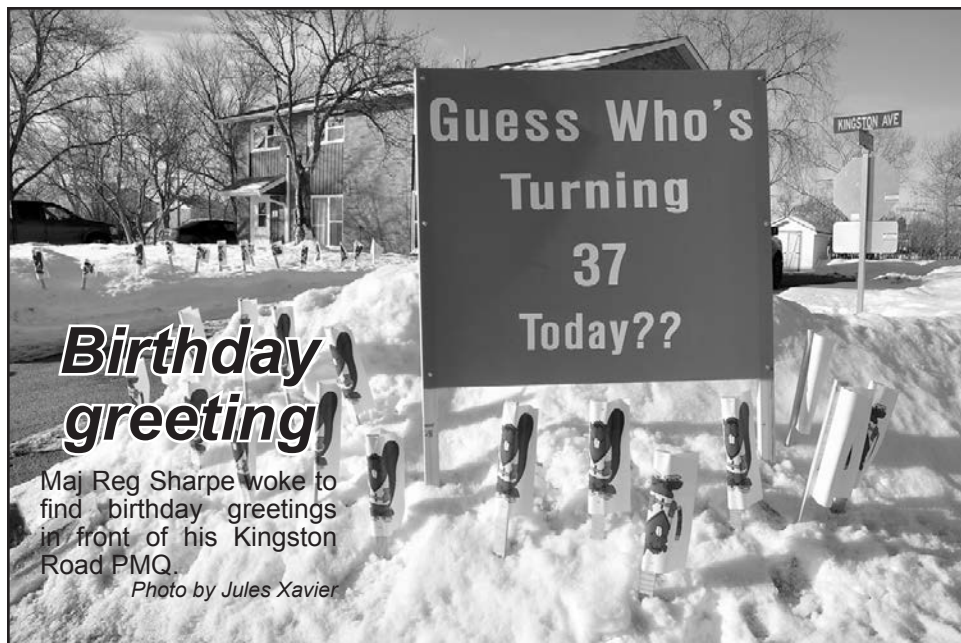
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Maj Reg Sharpe woke to find birthday greetings in front of his Kingston Road PMQ.
Photo by Jules Xavier

NEW CONTACT INFO FOR ALL SHILO MESSSES

Mess Manager — Patsy Marion
Local 3735, cell 204-720-6350 or patsy.marion@forces.gc.ca

Assistant Mess Manager — Rozy Lebel
Local 3395 or rosalind.lebel@forces.gc.ca

UNTIL FURTHER NOTICE,
Mess IN/OUT clearance routine is as follows:
TUESDAY: 0900 - 1200 HRS
WEDNESDAY: 1330 - 1530 HRS
Bldg L-117 (Junior Ranks) Administrative Offices Only

Hone your gun safety skills

Shilo Stag

Are you interested in hunting?

If so, you'll have to take a number of firearms and safety courses before you go out in the Manitoba wilderness to hunt deer or grouse.

There are a number of courses being offered at CFB Shilo, with Greg Steele taking the registrations plus instructing. Deadline to register is May 2 at 4 p.m., with Steele teaching the courses at GSH.

Open to all participants aged 12 and older, there are hunter safety, Canadian firearms safety and restricted weapons courses being offered next month. You must be 12 as of May 3.

• Hunter safety: May 3 5:45 to 9:45 p.m. and May 4 9:30 a.m. to 5:30 p.m. Exams written after 5:30 p.m.

Cost is \$70 with a GSH access card, or \$80 without this card.

• Canadian firearm safety: May 4 9:30 a.m. to 5:30 p.m., with the exam following afterwards.

Cost \$75 with a GSH access card, or

\$85 without this card.

• Hunter safety and Canadian firearm safety: May 3 5:45 to 9:45 p.m. and May 4 9:30 a.m. to 5:30 p.m. Exams to be written after 5:30 p.m.

Cost \$135 with a GSH access card, or \$145 without this card.

• Restricted firearms: May 5 12:30 to 6:30 p.m. Cost \$75 with a GSH access card, or \$85 without this card.

• Hunter safety and Canadian firearm safety, plus restricted firearms: May 3 5:45 to 9:45 p.m., May 4 9:30 a.m. to 5:30 p.m.; with exams written after 5:30 p.m., May 5 12:30 to 6:30 p.m. Cost \$210 with a GSH access card, or \$220 without this card.

All fees include course fees. Manuals can be picked up at the GSH recreation office. A \$20 deposit is required — to be returned when manuals are handed in.

It's recommended you bring a lunch. For further course information or to register, contact Steele at 204-725-1608 or via e-mail ggs57@wgcwave.ca

10th Annual Base Commander's Downhomer

LOBSTERFEST

Saturday June 8, 2013 CFB Shilo Community Centre Annex (Bldg L-25)

Featuring live music from Newfoundland

THE IRISH DESCENDANTS

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Come out and enjoy a whole lobster and steak dinner with salads and rolls along with live entertainment

Tickets Available March 1st at the following locations

* CANEX * Sobey's * 340 Esso * Douglas General Store * Carberry Signs

Only 800 tickets available! Don't wait because they go fast! \$30

DJ Services provided by Lock Music

Doors open at 5:30 pm
Meal from 7 - 9 pm
DJ starts at 7 pm
Bands start at 9 pm

FREE Knight-Line Transportation!

Buses depart Brandon Shoppers Mall at 5 & 7 pm and Town Centre (8th & Rossar) at 5:45 & 7:45 pm * Return trips at 10 pm and 1 am.
Knight-Line taxis also available to reserve/book at 204-717-6570

For group reservations and more information call 204-765-3000 ext 3073



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This Week's Deals!

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Mr. Noodle®
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 • 1 Kg
 • Reg. 10.19
 • While supplies last

Macaroni and Cheese **6⁹⁹**
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 • Reg. 18.99

Bathroom Tissue **6⁹⁹**
Purex®
 • Double rolls
 • 15 ct.
 • Reg. 18.99

Potato Chips **2/ 6⁰⁰**
Old Dutch®
 • 200 g
 • April 11-28



From 2PPCLI commander to coach



2PPCLI Commanding Officer LCol Michael Wright spent his weekend at Gunner Arena helping coach during an atom tournament. Sons Henry, 10, and nine-year-old Jonas — a novice age player — were on his squad. Jonas Wright recorded his 100th goal of the 2012-13 minor hockey season during the two-day event that saw 2PPCLI offering LAV rides between games.

Photos by Jules Xavier





GSH Bowling Alley

Open bowling for all ages
Wednesday 6 to 8 p.m.
Saturday 2 to 4 p.m.

Adult: \$2.25 per game
Youth: \$2 per game
Child: \$1.75 per game
Shoe rental: 75 cents

Prices subject to tax

Ask about Glow bowling birthday parties!

For more info call the community recreation office at 204-765-3000 ext 3317 or 3588

Prepared for the future?

SCAN seminar a recipe for success

Lt Noonan
Stag Special

Are you ready for the future?
Are you five years or less from possible retirement or thinking about a second career outside the Canadian Forces (CF)?

Or are you interested in learning about financial, education, and other benefits to prepare a long-term plan for retirement or to develop yourself professionally?

The Second Career Assistance Network (SCAN) seminar is your recipe for success.

Many members of the CF enter the civilian workforce following their military service; others choose to hang up their uniform and live the good life.

Either way, the CF recognizes this transition as a major life-event.

We address this issue by providing information and guidance to CF members and their spouses on how to effectively manage career changes or retirement.

SCAN offers a variety of services to help you prepare for a successful transition.

This spring's three-day SCAN seminar includes a one-day medical release brief May 10.

The three-day event will comprise a number of presentations by different agencies, starting May 8 at the 1RCHA Theatre.

Director Canadian Forces Pension Services (DCFPS) will facilitate sessions on the financial and administrative aspects of release. In addition, compensation and benefits will be discussed in detail.

SISIP Financial Services will be returning to discuss financial planning and insurance coverage after release.

There is also valuable information on wills, estate planning, power of attorneys, as well as litigation.

Representatives from Brookfield Global Relocation Services will brief participants on current regulations and entitlements.

If furthering your education is something you are considering, the CF education reimbursement programs and benefits will be discussed.

As well, representatives from Assiniboine Community College and the adult collegiate will provide information on continued learning and adult education.

The seminar's third day focuses on the medical aspects of release and will feature transition services, medical employment limitations, and vocational rehabilitation, clarifying the multi-services and benefits.

Representatives from these services, as well as Operational Stress Injuries Clinic and Case Management will present information to both Regular Force and Reserve members.


This seminar promises to be packed full of useful information that you will not want to miss.

You and your spouse are invited to register by calling the BPSO office at 204-765-3000 ext 3086, or register online. The registration form is located on the banner page or under the G1 Branch/BPSO.

Register no later than May 3.

Seating is limited, so be sure to reserve your seats early. Dress is appropriate civilian attire.

Lt Noonan is the Base Personnel Selection Officer (BPSO)



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**\$10 for first 20 words,
10¢ for each additional word**
Deadline for next issue:

Mar. 21 at noon

Free ads (non-commercial only)
restricted to members of the
CF, employees of CFB Shilo and the
citizens of the surrounding area.

Services



St. Barbara's Protestant Chapel
Sunday @ 10:30 a.m. with
Sunday school & nursery
Padre Lee - ext 3088
Padre Neil - ext 3090
Padre Olive - ext 6836
Padre Torchinsky - ext 3381

Our Lady of Shilo Roman Catholic Chapel
Sunday 10:30 a.m.
Wednesday 12:05 p.m.
Confession by appointment
Padre Inienwe - ext 3089

Services

Nad's Simply Clean For all of your cleaning needs weekly, bi-weekly, and monthly. Also available for offices, contract cleanup and single occasions. Receipts provided. 204-573-1509.

Greg Steele, Canadian Firearms Safety Course Instructor/Examiner • Restricted and Non-Restricted • Manitoba Hunter Safety Instructor. Courses offered at least monthly and more often by demand. May 10, 11 Brandon and May 31, June 1, 2 Brandon • Examinations by appointment • 204-725-1608 • E-mail: ggs57@wcvwave.ca.

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Employment

Join our team! The Shilo Stag is seeking a motivated individual to join our team as an advertising sales rep. For further info contact managing editor, Jules Xavier at 204-765-3000 ext 3093. Submit resume & cover letter in person Monday-Friday 8-4 or at stag@mymts.net



Ready for the roof

Despite adverse weather, construction crews on the Base have been busy this spring building storage sheds adjacent to the CANEX mall. Here, the roof goes up on a shed adjacent to the tennis courts.

Photo by Jules Xavier





(Clockwise from above) AC Walker works on her marching technique. The Cosxwain CPO2 Ricard salutes Commanding Officer Lt (NL) Clayton Kozak, with A/S Lt (NL) Salmon to her left. Standing at attention during parade are OC Lang, Krieser, Budach and AC Kuipers. PO2 Lohr works on his knots. While the CO helps another cadet, newly promoted PO1 Park works on her exam in the foreground. OC Ward (middle) sits precariously on the edge of her seat while taking notes during post-parade lessons.

Photos by Jules Xavier

Navy League cadets can use training as stepping stone to sea cadets

From the front

"Cadets will take nautical training classes," he explained. "By taking the classes they advance in rank and more leadership position. They do group activities where they learn to work together and experience some leadership. Our cadet program incorporates lots of fun using a naval theme as a platform to develop."

There's also patriotism, good citizenship, and a sense of duty.

"Of course one corps may do something different from another mainly due to the corps resources," he said. "We do try to teach boating and water safety, go camping, swimming, participate in parades and community events, play sports, learn knot tying communications and other seamanship skills, take citizenship tours and other trips and make friends."

He added, this makes a cadet an upstanding member of our community and country.

For those youngsters and their parents thinking about signing on, how much "military" is associated with Navy League?

"It is structured after the Navy so, therefore, it does follow a nautical military format," he said. "Remembering however that the Navy League Cadet Corps has no affiliation with the Department of National Defence as opposed to sea cadets that do have some affiliation with DND."

With so many other distractions in their day-to-day lives, how do the instructors keep young minds interested and returning to be part of Navy League as a cadet?

"We try to make the experience of being a cadet a good one," offered Haggerty. "Therefore, he or she will want to continue with the program. As they advance hopefully so does their rank and responsibilities in the corps and leadership responsibilities. This alone is a magnet for them to continue."

More importantly for a parent considering signing their kids up, Navy League is open to both genders, with each being exposed to the same training and advancement. Whereas the cost of registering for a sport like hockey might be prohibitive for some families, there is no cost to the Navy League cadet. All activities are free,

as is the uniform you wear, and the training which is offered.

"The only cost may be if there is a Navy League summer camp," he said.

"There may be a cost to the parent/guardian. The only other cost if one wishes is to purchase a treat at what we call 'stand easy.' Stand easy is a break in the evening routine."

The Brandon branch No. 40 Stan Hawitt of the Navy League Cadet Corp is based out of 1116 Victoria Ave., adjacent to the building now housing the Brandon Police Service. For information about signing up, call 204-728-3168.

There are a few Shilo-based Navy League participants: Able Cadets Alexander Lloyd, Samantha McLeod, Hayden Little-Lelond; Chief Petty Officer Second Class Madelaine Ricard; Leading Cadet Lilianne Ricard, Ordinary Cadet Nathaniel Lang; new entries Sophia Lang and Brody Ethelston.

You might recognize the last names and the parents working on the Base: Chief of Staff Maj Scott Lloyd, Sgt Claude Ricard, Maj Scott Lang and Maj Craig Ethelston.

If you are too old for the NLCC, then why not check out the 60 Royal Canadian Sea Cadet Corps Swiftsure.

Sea Cadets is a program for boys or girls aged 12 to 18 who are interested in participating in challenging, rewarding and fun activities, while learning about the Royal Canadian Navy and the Canadian Forces and their role in the Canadian community.

Sea Cadets learn seamanship, marksmanship, healthy lifestyles, first aid, uniform care, deportment, community service, citizenship and leadership.

They also participate in local national and international exchanges and training and have an opportunity to attend summer training centres.

There is no cost to join Sea Cadets — uniforms and most activities are funded by the DND/CF. RCSCC Swiftsure parade Monday nights 1830 to 2130 hours also at the Brandon Armoury on Victoria Avenue. Entrance is through the 11th Street door.

Call Lt (N) Debbie McArthur for information at 204-726-3498 or 204-724-7617.

