





Volume 49 Issue 14

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July 22, 2010

INSIDE This Issue



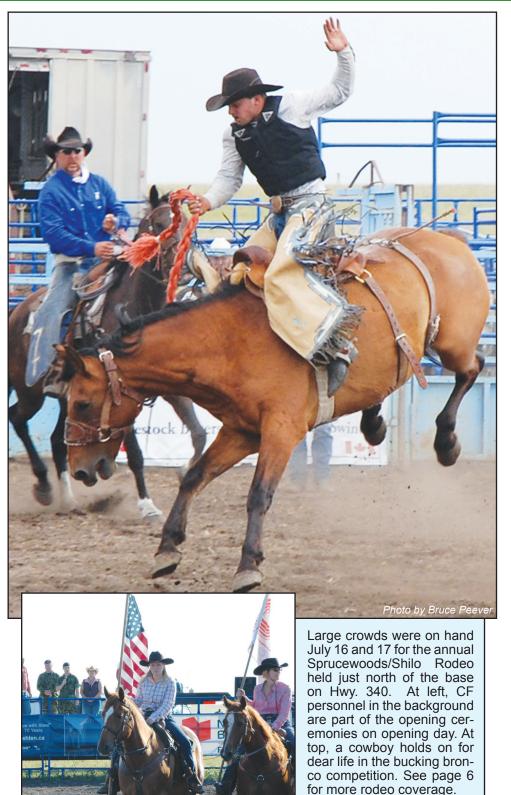
Social media concerns. Story on page 3.



U 16 players learn the army ropes. Coverage on page 5.



Make your way to Neepawa. See pages 8 & 9.



Base-wide barbecue Sunday

By Bruce Peever Shilo Stag

Get your fill of hamburgers or hot dogs at a community-wide barbecue this Sunday, July 25.

In what is hoped to be a regular monthly event, organizers want to see both individuals and families out for a mid-day party

Chaplain Lt (N) Kelly Boyden is the driving force behind the community barbecue and he invites one and all.

"People can bring salad or desserts and we will provide the hamburgers, hot dogs and all the fixings, as well as the coffee and drinks for the kids," Padre Boyden explains.

The event, which starts at 11:30 a.m. and runs to approximately 1 p.m., will be held in the Faith Centre (T-119).

"There will be lots to do for the kids including colouring books, markers and crayons. For the grown ups, we usually have music or a sporting event on the big screen." Padre Boyden says.

screen," Padre Boyden says.

While it is not the first such community barbecue at the Faith Centre, this Sunday's event will be the first one that will be widely known. Padre Boyden hopes the monthly get-togethers will help utilize the under-utilized centre.

"Everyone knows about the chapels, but not many use the Faith Centre. I would like to see more movies or sports events on our big screen," Padre Boyden says.

With the theatre at GSH shut down at least for the summer, the padre would like to offer something for those younger soldiers who don't have weekend transportation off the base.

"I would be willing to show movies here on Friday nights if that would help," the padre informs.

Anyone wanting to lend a hand can contact the Faith Centre at local 3091.



For their **wedding**, give them a Whole shopping centre of choices!



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N MEMORIA

CEFCOM

One Canadian soldier was killed after an improvised explosive device detonated during a foot patrol in the Panjwa'i District, about 15 kilometres southwest of Kandahar City, at approximately 9:00 a.m. Kandahar time on 20 July 2010.

Killed in action was Sapper Brian Collier from 1 Combat Engineer Regiment, based in Edmonton, Alberta. Sapper Collier was serving with 1st Battalion, The Royal Canadian Regiment Battle Group.

We are all thinking of the family and friends of our Canadian fallen comrade during this sad

Tryouts for the Men's Slo-Pitch team start next

members, along with

Class B and C Reserves

are invited to come out

on Monday, July 26 from

7:30 to 8:45 a.m. Tryouts

will also be held next

week at Diamond 2.

Regular

Slo-Pitch tryouts next week

Forces

time. We will not forget Sapper Collier's sacrifice as we continue to bring security and hope to the people of Kandahar Province.

Canada in partnership with the government of Afghanistan, the Af-ghan National Security Forces and ISAF remain committed to improving the security situation in order to set the conditions for reconstruction and development in the region. Joint Task Force Afghanistan, continues to be fully engaged in an initiative that serves to gradually enhance security, to strengthen governance and to expand the government's authority in key areas of Kandahar

Athletes selected will

be asked to represent CFB

Shilo at the PR Slo-Pitch

Championship which is

to take place Aug. 9 to 13

For more information,

Danny

please contact Sports

here in Shilo.

Co-ordinator



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Service Club thanked



Eugene Gondek, middle, president of the Shilo Service Club, and Kenny Wells, left, are presented with a commemorative jersey by one of the Team Westman Under 16 Football team captains. The service club donated \$1,000 to the team to fund its day camp. For more on the camp, please turn to page 5.

Photo by Quinn Roberts



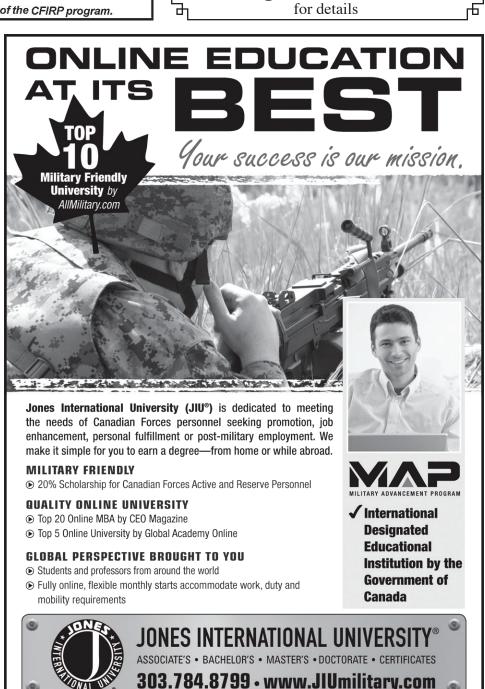
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July 22, 2010 The Shilo Stag 3

Use discretion on social networking sites

By Sara CummingShilo Stag

Do you update your Facebook status every hour, or Tweet what you had for breakfast? If so, be careful what you say your boss could be reading, and there are quite a few rules you could be breaking.

As the popularity of social networking websites increases, so do the issues associated with the sites, such as Facebook and Twitter. Shilo managers, both military and civilian, have voiced concerns about the consequences of employees posting job-related messages and photos on their Facebook pages.

Facebook pages.
Silvia Ukleja, Human
Resources Manager for
Shilo Non-Public Funds
(NPF) employees, says
that although Facebook
hasn't become "too much
of a problem in Shilo
yet," she has started to
hear stories from other
HR managers in the area
- like the story about the
girl who called in sick to
work, and then posted
pictures of herself partying in Mexico.

"There's a liability issue," Ukleja explains. "It breaches the trust between an organization and the employee. Normally people should use their own good judgment and not post anything that they wouldn't say to their boss directly, because it can come out. Even if it's a protected profile, that (information) can still be shared through other contacts."

"Social media has become an issue in many workplaces," states Wendy Lundy, a union rep with United Food and Commercial Workers Local 832, which represents Shilo's NPF employees. "The concern is that what you write on Facebook may come back to haunt you."

Lundy says the union advises that employees not talk about coworkers, supervisors, customers, clients, or their place of work in any negative

way.

"The best policy is to not write about or post photos from your workplace that might cause you problems at work," Lundy says. "There may be (disciplinary action) up to and including termination."

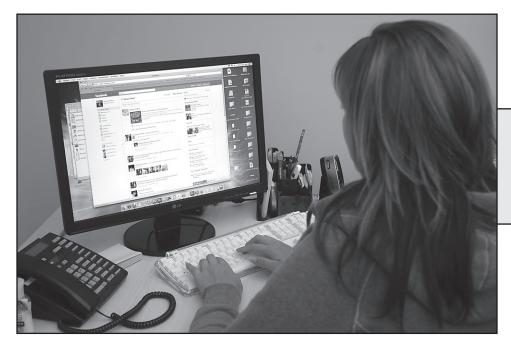
Offending your coworkers isn't the only thing at risk when one posts on Facebook; military members who post information, timings, and photos about operations on a social networking site could be posing a security risk.

CPO2 Ted Lee, WO in charge of police operations and one of the security specialists at Shilo's Military Police unit, educates military members each year on how to avoid letting sensitive information slip through the cracks.

"We try and educate (military members) in regards to what's out there," CPO2 Lee explains. "Little bits of information all add up to one big piece of information."

For example, Lee says, someone looking for information could go to a military member's Facebook page, identify which unit they're with, and then go through the member's contacts and find more information from friends who are with the same unit.

"We can very easily jeopardize plans and operations ahead of time," CPO2 Lee states. "Obviously it's not a very good thing when someone knows your operational plans before you go into an operation."



Be careful about what you post on Facebook — your boss may be reading!

Photo by Sara Cumming

"Security within the military is everybody's responsibility," he continues. "Everybody has a security clearance, and they've signed an agreement saying they will not disclose sensitive or classified information. They're advised all the time not to disclose this sort of stuff. There could be repercussions if this information gets out, especially purposefully."

Ukleja, Lundy and Lee all agree on one main point: once information is put on the internet, it's out there and there's no taking it back.

"(Facebook is) a great tool, but it shouldn't be abused and you should be cautious about your behavior," Ukleja says. "Use it for networking purposes, and use it in a positive manner. Whatever you put out there, you have to be prepared that it can come back to you."

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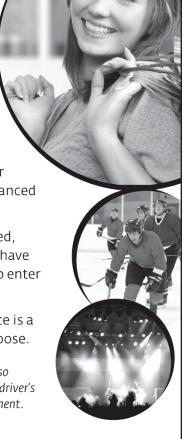
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The Manitoba Enhanced Identification Card is also available if you don't drive, or prefer to keep your driver's licence separate from your border-crossing document.



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MILITARY PERSONNEL

Volunteers Needed for Research Study

University of Manitoba research group in collaboration with the Veterans Affairs of Canada Operational Stress Injury Clinic in Winnipeg, MB is seeking volunteers to participate in a project aimed at improving our understanding of how traumatic experiences of military personnel influence emotional responding when viewing positive, negative and neutral images.

Your role: participate in an interview, complete questionnaires, and may or may not take part in a functional Magnetic Resonance Imaging (fMRI) picture viewing assessment.

Benefits: You will help us understand emotional processing in the brain as well as receive a research stipend and travel expenses for out-of-towners.

If interested please call the study coordinator at 204-975-7728





Letters & Opinions



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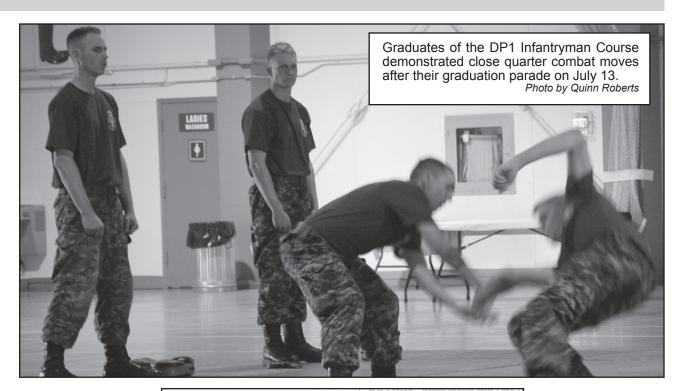
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The Shilo Stag is produced every second Thursday. Deadline for submissions is the Thursday prior to the week of publication.

Submissions can be sent to the Stag via email at stag@ mts.net, dropped off at the Stag office located in the Shilo Community Centre or via Inter-base mail.

Submitting articles and photos for print:

- · Include the author's full name, rank, unit and contact informa-
- · Include photos with your articles whenever possible, however, do not embed photos in word documents.
- · Please submit photos as high resolution jpegs (if scanned - 300 dpi), digital images or in hard copy for-
- · With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.



Letter to the Editor

Coffee sales near \$10 million for Camp Day

Dear Editor

Thank you for your support of Tim Hortons Camp Day, when more than 3,500 Tim Hortons stores in Canada and the United States donated their entire coffee sales, in addition to funds raised through other Camp Day events and activities, to the Tim Horton Children's Foundation.

This special day raised an unbelievable \$9.7 million CDN! We are extremely grateful for the support and generousity of our customers, store owners, staff, special guests and media who participated in Camp Day 2010.

Funds raised on Camp Day this year will help more than 14,000 deserving children to one of six Tim Horton Children's Foundation camps — all expenses paid. Each camp offers a wide range of first-class programs and activities that encourage campers to embrace and overcome challenges. The experience is designed to build self-confidence, self-esteem, leadership skills and provide campers with a positive view of their true potential.

On behalf of Tim Hortons, the Tim Horton Children's

Foundation and the thousands of children you have helped send to camp this year, thank you very much.

Sincerely,

Chief Brand and Marketing Officer Tim Horton Children's Foundation

Impressed with Stag

Just wanted to let you know that I have been really impressed with the quality of the *Shilo Stag* lately.

The articles are very well written and the pictures

The paper looks very professional. Good job!

> Sincerely, Willemien van Lankvelt **Executive Director** Shilo MFRC

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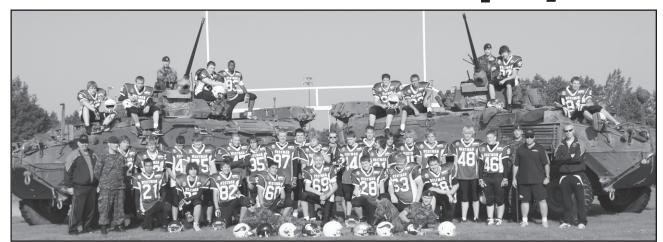
The Shilo Inn (Crang's) 340 Esso Station

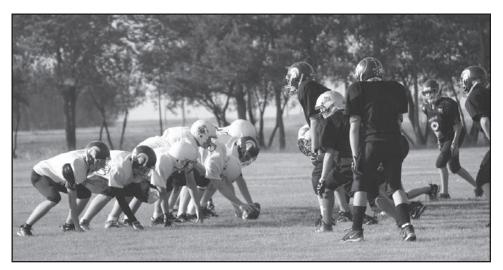
Wawanesa

Lucky Dollar

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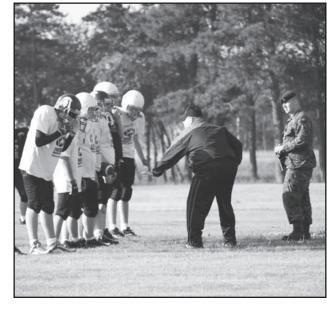
Westman U16 football players train at CFB Shilo





The Team Westman Under 16 Football team was at CFB Shilo July 16 for an intensive day-long training camp. Clockwise from above, players pose with coaches and CF staff in front of two LAV IIIs, lineman receive some pointers from coaches, swinging from a rope, presenting a signed jersey to BComd Luc Généreux, and taking part in scrimmage.

Photos by Quinn Roberts



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JULY 15 - IT'S THE LAW.

On the road? Put down your phone.

Changes to the Highway Traffic Act ban texting and talking on hand-held cell phones while driving. Studies show that 80% of all crashes are related to driver distraction and the number one source of driver distraction is texting and talking on cell phones.

Prohibited Activities

- Talking, texting or e-mailing using a hand-held cell phone or smartphone
- Any other cell phone or smartphone functions unless they are being used "hands-free" by voice commands or one touch

In case of emergency, prohibited devices may still be used to call fire, police or ambulance services.

Kids in the car? Put out your cigarette.

Changes to the Highway Traffic Act also ban smoking tobacco in cars when children under 16 are present.

Studies show the same toxic chemicals found in your car's exhaust such as formaldehyde, benzene and carbon monoxide are found in tobacco smoke. By smoking in your car when children are present, you are increasing their risk of developing serious respiratory illnesses.

Find out more

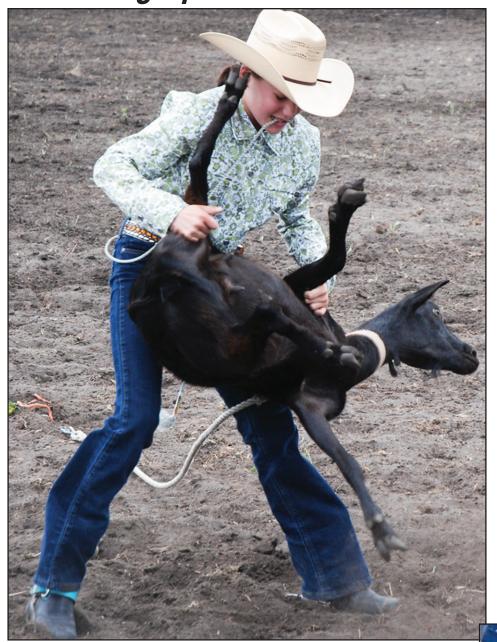
The new laws include fines for drivers who do not follow the cell phone and smoking bans. For complete details about this – and all of the changes to the Highway Traffic Act – please visit

manitoba.ca





Kicking up their heels at the annual Sprucewoods/Shilo Rodeo









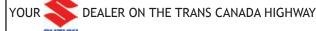
Action was fast and furious July 16 and 17 at the Sprucewoods/Shilo Rodeo. Clockwise from upper left, a cowgirl competing in goat-tying; staying aboard the bronc while losing the hat, securely on, then falling off during mutton busting, roping a calf, falling off the horse and lassoing a calf.

Photos by Bruce Peever





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Great Escapes

Stop and smell the lilies in escape to Neepawa

By Bruce Peever Shilo Stag

If you appreciate bright flowers and lots of them, there is only once place for you this weekend.

Neepawa is the Lily Capital of the World and plays host to the 14th annual Neepawa and Area Lily Festival on Friday, July 23 through until Sunday, July 25. Some 10,000 visitors are expected to converge on this town for this festival which has the theme of 'Welcome the Nations.'

Street entertainment, horse and bus tours, a tangled thread quilt show, food events and much more will thrill your senses over these three days. Among the events showcased are a Miss Lily Fest contest, classic car and tractor show and shine, a talent show and the Lily Duster 5 and 10 K Run. See www.



These three volunteers give their green thumbs a good workout at one of several flower boxes located throughout Neepawa. It's all in preparation for this weekend's 14th annual Lily Festival.

Photo by Bruce Peever

If you go...

Neepawa is about 70 kilometres northeast of Shilo or 90 kms northeast of Brandon. To get there from Shilo take Hwy. 1 east to Carberry, then head north on Hwy 5 to Hwy. 16. From Brandon head north on Hwy. 10 then east on Hwy. 16.

For more info, visit www.town.neepawa.mb.ca

lilyfestival.com for a full list of festival activities.

Festival Administrator Audrey Heffell notes the annual event is good for town coffers.

"We were looking at financial records from one ATM. The weekend before the festival one year there was \$16,000 withdrawn. Theweekend after there was \$27,000. The weekend of the festival it was \$50,000. That was from one ATM. There was a lot of money

spent here and it is bound to have a good effect on our businesses," Heffell outlines.

The festival is so popular that hotels and Bed and Breakfasts in Neepawa were booked solid one month ago.

"This is a significant event," outlines Neepawa's Chief Administrative Officer Allison Bardsley. "Our campground is booked and you can't get a hotel room anywhere close

over the festival period."

Neepawa itself gets spruced up for the big weekend. Hundreds of volunteers have been weeding and pruning area flower beds in the weeks leading up to this weekend's festival.

"Community pride is really strong in Neepawa from the spring until fall. When you look at all these beds, there is just one employed gardener and a few town staff. The rest of the work has been

done by volunteers," Bardsley states.

There is however more to Neepawa than thousands of lilies. It is also the birthplace and final resting place of renowned Canadian author Margaret Laurence. Her Manawaka series of books, including *The Stone Angel* and the *Diviners*, are thought to havebeen set in Neepawa. Her grandfather's house,

See **NEEPAWA** page 9



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NEEPAWA

From page 8

where Laurence lived for m o r e than eight years, is now Provincial

Heritage Site and museum.

Nearby the Riverside Cemetery, with a stone angel and cross monument that served as a cover photo for Laurence's book. The cemetery itself is a tourist attraction and not just because of the stone monument.

"We have a perpetual care program at our cemetery in which every grave is planted with petunias. In season it really does look like a beautiful field of petunias,' Bardsley informs.

Other sites to see include the Beautiful Plains Museum, converted CNR station that is now home to a general store, along with a medical hall, log cabin, Ukrainian Village, chapel and more.

Craving more culture?
The Viscount Cultural
Centre for the Arts displays local, Manitoban

and Canadian pieces of art along with pottery, fused and stained glass,

photographs and gift cards. There also a gift shop site. Meanwhile, down the

road is the Roxy Theatre, formerly the Neepawa Opera House and now a municipal heritage site serving as a stage for local drama.

For those wanting to connect with nature there is the Riverbend Park campground. At the south end of town is Park Lake with picnic tables and footbridge. There you can also check out the Neepawa Bird Sanctuary featuring mandarin ducks, pheasants, peacocks and other birds. Throughout town is a series of fitness, recreational and architectural walking trails and tours.

If hitting the links is more your thing, the Neepawa Golf Country Club is considered one of Manitoba's finest offering an 18 hole championship

With files from www. town.neepawa.mb.ca.



Above, a well-landscaped private home illustrates some of the outward charm of Neepawa. At low-er right is the Margaret Laurence Home which has been recognized as a Provincial Heritage Site. Inside is a museum highlighting the life of the renowned Canadian author. At lower left is a picture of Neepawa's downtown core.

Photos by Bruce Peever



Attractions

- Neepawa and Area Lily Festival, July 23 to 25. Log onto www.
- Margaret Laurence Home, a Provincial Heritage Site. Riverside Cemetery and Stone Angel Monument.
- Beautiful Plains Museum. Call 204-476-3896.
- Viscount Cultural Centre for the Arts. Call 204-476-3232.
- Neepawa Golf and Country Club. Call 204-476-5711.
- Park Lake and Neepawa Bird Sanctuary.



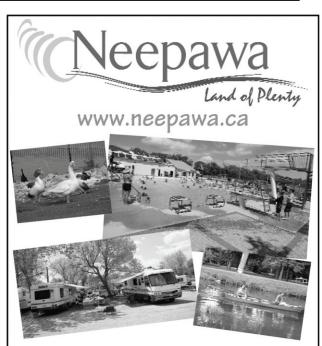
Beyond The Garden Gate

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287B Hamilton Street (next to the Roxy Theatre) Monday-Friday 9 a.m. - 5:30 p.m. Saturday 9 a.m. - 2 p.m. 1-800-880-0824 Email: beyond the garden gate @mts.net



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What's on Your Agenda?

- Vacation Bible School, a joint venture of Our Lady of Shilo and St. Barbara's Chapel. Aug. 9-13 from 9 a.m. noon. Registration forms available at the Faith Centre. For information call Julie at 765-3000 ext 3091 or Lizzy at 720-6072.
- Fun Mountain. Looking for something to do this summer? We'll provide the transportation and a great deal on your entrance fee to Fun Mountain on Friday, Aug. 20. The bus leaves the north side of CANEX at 8:30 a.m. and returns at 7 p.m. Cost: With GSH Access Card \$11 + GST. Without GSH Access Card \$15 + GST. To register, call or visit the Recreation Office (Community Centre, 765-3000 ext 3588). To register online, visit http://bk.cfpsa.com/shilopub. You must receive a username and password prior to login. Contact the Recreation Office for instructions. For more information, call 765-3000 ext 3317. Please note: All participants must be a dependent of or a DND member, Public/NPF employee and/or MFRC employee. A parent or legal guardian must accompany those 13 years and under.
- The Brandon Garden Club Flower Show & Tea. Monday, Aug. 9. Located at 311 Park Ave. East. (Seniors for Seniors). Show open to exhibitors and public from noon 7 p.m. Tea from 1-4 p.m.
- The Alzheimer's Society is hosting the 15th annual Motorcycle Poker Derby on Saturday, Aug. 21. The event kicks off at 9:30 a.m. with a pancake breakfast at Dinsdale Park in Brandon. Then the riders will take off travelling through Souris, Alexander, Virden and Rivers, then back to Brandon for a barbecue and motorcycle games. Prizes will be given for top fundraiser, best poker hand, along with a rainbow auction, 50/50 draw and other prize giveaways. Money raised from this event will go toward research and support for those living with Alzheimer's Disease. For more information, call Adam, Christa or Shaye at 729-8320 or email at wmevents@alzheimer. mb.ca You can also check out the website at www.alzheimers.ca.
- Do you like working with children? Do you like crafts, singalongs and games? Do you like camping and hiking? Then 1st Shilo Scouting is looking for you! We need to fill the following positions: Beaver Leaders (youth ages 5-7); Cub Leaders (youth

- ages 8-10); Scout Leaders (youth ages 11-14); Fundraiser for approximately five events a year. If interested or for more information, contact Linda Levesque 765-3000 ext 3396 or 763-8776 (after 5 p.m.)
- 1st Shilo Scouting Parent Information Night Aug. 24 at 7 p.m. at the Community Centre Servery
- 1st Shilo Scouting Registration Aug. 31 from 4-6 p.m. at the Community Centre.
- Visit Daly House Museum at 122-18th Street, Brandon, for a taste of Victorian living. This hugely popular historical event is a delightful trip to our Victorian past for all the family, so transport your family on a journey through time to experience a house decked out in Victorian style, as well as the strict rules of that era. Summer hours are 10 a.m. to noon and 1-5 p.m. Monday to Saturday, and 1-4 p.m. Sunday.
- Moonlight Movie Swim Come and join us at Shilo Pool for an evening of popcorn and a movie while swimming! Or, if you prefer, sit in the stands for the movie. Friday, July 23 from 8:30-11 p.m. Movie: Planet 51. Cost: \$3 drop-in or free for military members and GSH Card Holders. Contact the Aquatic Supervisor at 765-3000 ext 3318 for more information.
- Summer Yard Contest Judging on Wednesday, Aug. 18 at noon. No need to register, just decorate your yard! First place \$150 prize; Second place \$100 prize; Third place \$75 prize. For more info, contact the Recreation Office at 765-3000 ext 3317/3588.

BINGO

Sprucewoods Community Hall every Thursday evening
• Share The Wealth at 6:30 p.m.
• Early Birds at 7 p.m.

\$Win Cash\$
\$1,000 in 52 numbers
Canteen open!

- Shilo Al-Anon, Family Groups (for family and friends of alcoholics) Every Thursday 7 p.m.at Our Lady of Shilo Church. For more information call 724-9222. CONFIDENTIAL
- The RCA Museum. Open seven days a week, from 10 a.m. 5 p.m., until Labour Day.
- The Wii Fitness Room at the GSH is now open to the public! All equipment needed is available at the front desk to sign out. Children 11 and under must be accompanied by an adult. For more info, call 765-3000 ext 3899.
- **PSP Online** Did you know that you can now register for Community Recreation and Fitness Programs online, right from your own home? All you need to do is call the Recreation Office at 765-3000 ext 3588/3317 to receive a username and password by email. To find out what programs are being offered, visit www. cfcommunitygateway.ca.

Summer 2010 Fitness Sessions

Please register for one or all Sessions by calling Janelle Boyd, Physical Exercise Specialist, 765-3000 ext 3866. There are no costs for sessions.

FITNESS WORKSHOPS

(Open to military members, DND civilian employees & GSH card holders)

Kettlebell Training

Monday, August 9 Noon - 1 p.m. Combat Fitness Room Register by Friday, August 6

PRACTICE FITNESS TESTS

(Military Members Only) **CF EXPRES** Monday, August 23

1 p.m. Gym C

Registration Deadline: Friday, August 20 at 4 p.m.

CLASSIFIED ADS

Email: stag@mts.net • Phone 765-3000, ext 3013 • Fax 765-3814

Services



St. Barbara's Protestant Chapel

Sundays @ 1030 with Sunday School & Nursery Padre King – ext 3381 Padre Olive - ext 6836 Our Lady of Shilo

Roman Catholic Chapel Sundays 1030 hrs

Confession 1000 hrs Weekday Mass - Tuesday to Thursday, 1205 hrs Padre Boyden - ext 3089

Self storage space - U-Haul truck & trailer rentals - boxes moving supplies 725-0019

Housecleaning svcs. avail. Call Trish @ 763-4507 to make an appt. Criminal record check avail.

Services

Greg Steele, Canadian Firearms Safety Course Instructor/Examiner • Restricted and Non-Restricted • Manitoba Hunter Safety Instructor. Courses Held Regularly • Examinations by Appointment • 204-725-1608 • Email: ggs57@wcgwave.ca.

Next dates: MHSC Aug 27 & 28 Brandon. CFSC Aug 28 Brandon. CRFSC Aug 29. (Aug dates tentative) Then September 10, 11, 12. Call or email for training calendar.

Love to cook and looking for something fantastic? Everything from spices to cookware. All natural ingredients. 85+ salt-free products. All but 14 products are gluten free! Book your free tasting party or get a catalogue today! Please call or email Brice Verhoog to learn about Epicure Selections. (204) 765-2868 or nathanand-brice@hotmail.com.

Looking for a good used car truck sport utility call Advantage Auto & Trailer 729-8989

Services

Trailer hitches - wiring - best prices - service - Advantage Auto & Trailer 729-8989

Wanted

Looking for a full time babysitter in Shilo or Sprucewoods. Phone 204-720-6066.

For Sale

WAWANESA - Totally updated 2+1 bungalow, including flooring, windows, kitchen cabinets and bathroom. New garage (36x24) with insulated & heated workshop. Located close to school, hospital & rec centre. 20 minute commute to Shilo. For more info or to view, call Bob Daymond (204) 571-5918 Sutton-Harrison Realty.

WAWANESA 1363 sqft raised bungalow with double attached garage with in-floor heat. 3 + 2 bedrms, 2 full baths, sunken living rm with hardwood flooring, developed basement and fenced yard. (MLS # 1013734) Call Kathy McLean at 824-2651 to view Century 21 Westman.com.

For Sale

Aluminum Garden Shed 9'6"x8'x6' \$250. Kitchen Cupboards - wall, base and 3 drawer unit - 7 units in total with approx. 60" of counter space - GREAT addition to your PMQ or basement suite \$500. 30" Tri-View Medicine Cabinet \$50. Corner TV cabinet with Doors, Solid Wood, 30"x30" (interior dimensions). Available to view at 31 Alfriston or call 765-2989.

Wanted - New Owners. \$228,000. 115 Elgin St. -Carberry, MB. Owner posted - needs to sell this well built custom home. Over 1500 sqft - Great Value! Reward \$2000 redecorating bonus. Call Graham Garden 204-724-5998 RE/MAX Valleyview Realty

Out of Town Homes

Wawanesa - Family Home 2 storey - 3 bedrooms - 1.5 bathrooms - newer - shingles windows and flooring 2 treed lots - single garage - Price \$119,000. Countryland Realty J.D. Mooney 824-2094

\$10 for first 20 words, 10¢ for each additional word* Deadline for next issue: July 29, 12:00 PM *Non-commercial ads only. Free ads restricted to members

*Non-commercial ads only. Free ads restricted to members of the CF, employees of CFB Shilo and the citizens of the surrounding area (Sprucewoods, Douglas and Wawanesa, as well as local rural areas). Free ads will run for a period of two months, but can be extended upon request.

Save money while you advertise!
The Shilo Stag's

Surver Special

Pay only \$100

for colour!

Save \$110 on your ad!

Full page \$783

1/2 page \$452

1/4 page \$284

1/8 page \$169

Ask about prices for all ad sizes!

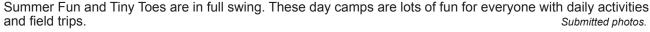


Shilo Shilo Military Family Resource Centre



It's summer time at the MFRC!















Upcoming events at the MFRC

Date	Program	Time	Cost	Registration

Special Events

August 11 Dinner's on us at the 4:30-6pm FREE No registration

Brandon Armoury

No programs this week

Deployment

August 7	Deployment Playtime	2-5pm	FREE for deployed	Register	Ьу	noon	on Friday
		·	•	August 6			
August 21	Children's Deployment	1-4pm	FREE	Register	by I	noon on	Wednesday
	Afternoon	·		August 1	8		
August 21	Deployment Childcare	1-4pm	FREE	Register	by I	noon on	Wednesday
	' '			August 18	8		

Youth

Adult

Looking for a parent free zone? Drop in to the Teen Centre for Video games, TV, fooseball, high speed internet, musical instruments and much more! Special activities planned throughout the month Hours of Operation are:

Closed Mondays & Fridays

Tuesdays & Thursdays: Tweens (12-14yrs) 4-7pm and Teens (14-17yrs) 7-10pm Wednesdays: Tweens 2-5pm and Teens 6-10pm

School Age

Keen, Kool & Kooler Kids is over for the season. See you in September!

July 26-30	Summer Fun - Around the World Week 4	Contact the MFRC for prices	Register by July 23
August 3-6	Summer Fun - Splishin & Splashin Week 5	Contact the MFRC for prices	Register by July 30

Preschool

July 27-30	Tiny Toes - Around World	10-3pm	\$40 per week	Register by July 23
August 3-6	Tiny Toes - Kids Chemistry	10-3pm	\$40.00 per week	Register by July 30

www.shilomfrc.ca



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