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Shilo Stag



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INSIDE This Issue



New BComd excited about new military job. Page 6



Bluefins ready to make a splash on Base. Page 9



Military spouse enjoys life as a volunteer. Page 10



Honing forest firefighting skills

With more than 120 wildfires burning timber and threatening communities in northern Saskatchewan, the Canadian Armed Forces (CAF) were called upon to assist with Operation LENTUS. With Garrison Edmonton deployed first, 2PPCLI and 1RCHA soldiers also went to the neighbouring province to offer support alongside the provincial forest firefighters. 2PPCLI soldiers had an opportunity to train under the tutelage of Matt Notta of Manitoba Conservation and Water Stewardship. After classroom sessions, soldiers then went outdoors to work with the tools and hose they would be using once deployed. The Canadian Armed Forces (CAF) completed fire line operations July 20 following an announcement that the Province of Saskatchewan no longer required assistance in their wildfire containment efforts. CAF members are currently redeploying back to their respective home bases. In total, the CAF deployed approximately 850 members of the Immediate Response Unit (IRU) to conduct both firefighting and support activities. CAF personnel supported local and provincial efforts by: conducting fire line operations including patrols, surveillance, digging and control; conducting fire line operations near cities and critical infrastructure; putting out hotspots in and around vulnerable communities; and providing logistic support such as moving fire hoses.

Photo by Sarah Francis



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Poop in the pool forces venue closure for health reasons

Not toilet trained? 'Little swimmers' available to parents at pool

Shilo Stag Special

Have you wondered why the GSH pool is often closed when you arrived for open swim or lessons?

If a child poops in the pool, the facility automatically must close, with protocols in place to clean up the contaminant and "shock" the water so that the "accident" is removed for health reasons so people can safely swim.

Here are a few pool use guidelines and rules for GSH pool users to be aware of when they arrive:

Toddlers

All infants and toddlers who are not toilet trained will be required to wear "little swimmers."

Did you know that you can buy little swimmers at the GSH's front desk for just a toonie?

Special Needs

Patrons must be accompanied by a parent/guardian/caregiver at a ratio of one (parent/guardian/caregiver) to one (child).

Children aged six and younger who cannot swim

- Must be accompanied in the water by a parent/guardian/caregiver at a ratio of one (parent/guardian/caregiver) to four (children).

- Parent/caregiver/guardian must be in the water within arms reach of the children.

- Must wear a lifejacket/Personal Flotation Device (PFD).

- Are restricted to the shallow end.

Children aged six and younger who can swim

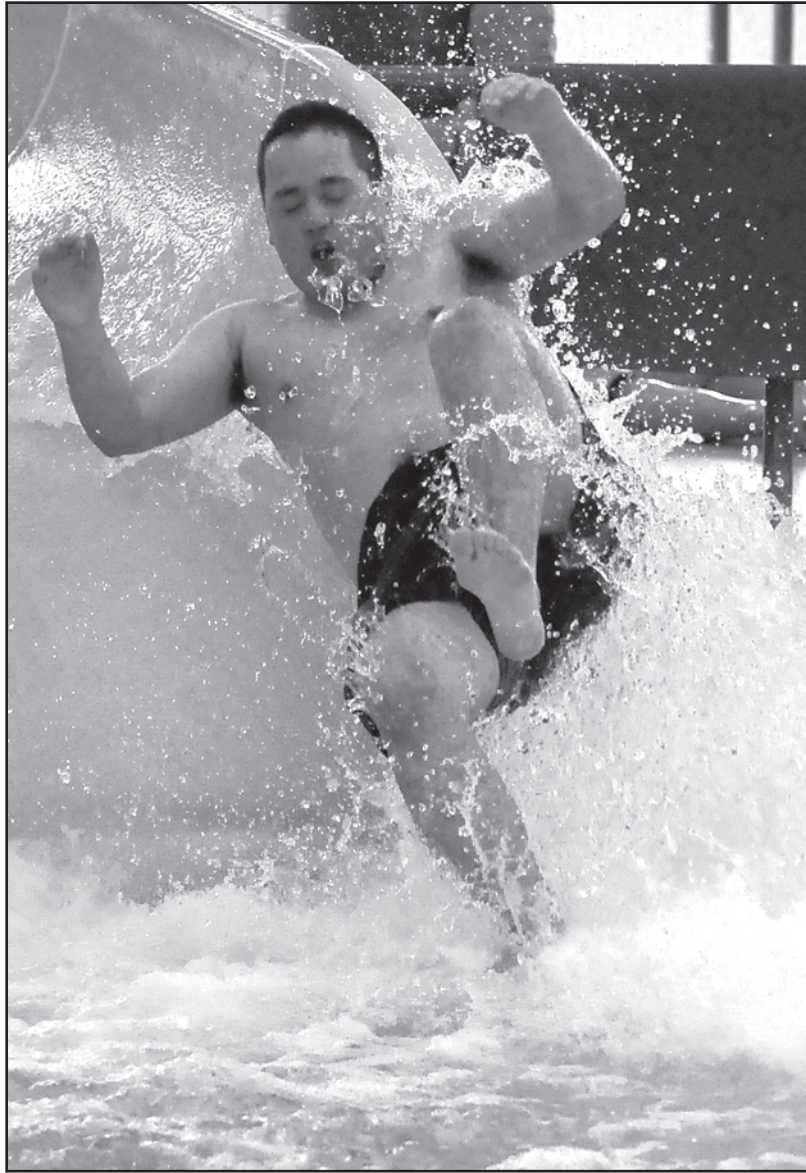
- Must be accompanied in the water by a parent/guardian/caregiver at a ratio of one (parent/guardian/caregiver) to four (children).

- Parent/caregiver/guardian must be within arms reach of the children.

- Upon demonstration of swimming ability, users may enter the pool without a lifejacket/Personal Flotation Device (PFD).

Children aged seven and older who cannot swim

- Are restricted to the shallow end where they can stand flat foot with their



It's feet first on the GSH Pool slide, according to rules. For safety reasons, it's important that slide users also clear the bottom of the slide immediately for the next person.

Photo by Jules Xavier

shoulders out of the water.

Children aged seven and older who can swim

- Upon demonstrating four laps of front crawl without stopping may enter the deep end upon lifeguards say.

- The onsite lifeguards have the right to allow or prevent access to any part of the pool or the pool in its entirety should there be any safety concerns regarding the patron's use of the facility.

POOL RULES

- All persons using the swimming pool must take a cleansing shower, using warm water and soap before entering the pool.

- All bathers who have used the toilet must shower before entering the pool.

- Spectators are not allowed on the pool deck.

- Persons having any skin diseases, sore or inflamed eyes, cold, nasal or ear discharge, open sores or any communicable disease will not be permitted in the pool.

- Spitting, spouting of water, blowing the nose, etc. in the pool is prohibited.

- Blowing the nose to remove water may force infectious matter into the sinuses and inner ear and cause serious consequences.

- No food is permitted on the pool deck or in the pool.

- No smoking.

- Individuals shall not engage in boisterous play.

- Bathing suites must be worn at all times.

- Children aged three and younger not potty trained must wear "little swimmers" diapers.

- Children aged six and younger must be accompanied by an parent/guardian in the water.

- Maximum swimmers permitted on the deck and in the pool at any one time is 75.

SLIDE RULES

- No standing on the slide.

- Feet first only going down the slide.

- One person at a time.

- No jewellery.

- Clear the bottom of the slide immedi-

ately for the next person.

- Line up in orderly fashion.

- No running.

Pet of the Week



ECHO

The McIntosh household has an excellent watchdog in one-year-old Echo, a Husky German Shepherd cross rescue. She likes to talk back to us, according to the owners, and cuddle under the blankets. Do you have a photo of your pet you'd like to share with our Stag readers? If so, e-mail it to stag@mymts.net



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Fire training

2PPCLI soldiers, prior to leaving for north Saskatchewan, honed their firefighting skills at home with both classroom and outdoors lessons. Here, a soldier receives a pointer on proper use of the forest fire hose when battling a blaze.

Photo by Sarah Francis

2520 Army Cadets win top corps award

Betty Froese
Stag Special

Brandon and CFB Shilo's 2520 Royal Canadian Army Cadet corps were awarded the top army cadet corps in the northwest region at its annual ceremonial review held June 6 at the Brandon Armoury.

LCol Michele Claveau, CO of Regional Cadet Support Unit (Northwest), presented the award to 2520's CO Capt Rob Lussier and RSM CWO Michael Brooks.

"To achieve top standing across three provinces and three territories is an amazing accomplishment," LCol Claveau said.

The northwest region, which includes Manitoba, Saskatchewan, Alberta and the three northern territories, is the home of 216 army and sea cadet corps and air cadet squadrons combined.

"That's a large region and this corps is top for army for good reason," she said. "It's the growth, the activities, applying for camps and various awards, involvement and tangible citizenship contributions to their communities that helped make the decision to name this corps top of the region. Due to the leadership here, these young people are able to accomplish their training levels and greater achievements."

She added, "We also recognize the mentoring of the satellite corps in CFB Shilo over the past three years has taken extra effort and extra time to grow such an amazing program for the kids in these communities."

This is the fourth year in a row the Brandon/Shilo corps has won top standings in its training region which includes most of Manitoba. But it is the first time they have achieved top corps in the northwest region, which spans the western half of Canada, not including BC.

"It's due to the dedication of the kids, their families and our staff that make this program so successful," said Capt Lussier. "That also includes the members of the Canadian Armed Forces (CAF) who work and train at CFB Shilo, and volunteer their time each week and throughout the year at various training exercises. This award belongs to all of us."

The cadet program is a national youth development program which aims to grow in youth the attributes of good citizenship and leadership, promote physical fitness, and stimulate the interest of youth in the sea, land and air activities of the CAF. 2520 RCACC parades Wednesday night from September to June at the Brandon Armoury and at the MPTF in CFB Shilo from 6:30 to 9 p.m. Visit www.2520armycadets.com or www.cadets.ca

2Lt Betty Froese is 2520 RCACC – 71 Bty RCA Cadets PAO

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This Week's Deals!

<p>Christie ® Oreo Cookies • Got milk? • 300g • Reg. 4.59</p> <p style="text-align: right;">2/6⁰⁰</p>	<p>Kraft ® Cheez Whiz • Regular or light • While stock lasts • 900g • Reg. 12.99</p> <p style="text-align: right;">6⁹⁹</p>
<p>McCains ® French Fries • 900g • Reg. price 3.99</p> <p style="text-align: right;">2⁹⁹</p>	<p>Gold Seal ® Pink Salmon • Wild Pacific • 213g • Reg. 1.89</p> <p style="text-align: right;">3/5⁰⁰</p>
<p>Ocean's ® Tuna Snack Kit • Onion, celery & sweet Thai chili • 103g • Reg. 2.79</p> <p style="text-align: right;">2²⁹</p>	<p>Blue Dragon ® Stir Fry Sauce • New • Assorted flavours • 140ml</p> <p style="text-align: right;">2/4⁰⁰</p>
<p>Reese's ® Snacksters • New • Peanut butter & chocolate with graham dippers • 51g • 1.99</p> <p style="text-align: right;">1⁷⁹</p>	<p>Gold Seal ® Red Sockeye Salmon • Wild Pacific • 213g • Reg. 5.29</p> <p style="text-align: right;">3⁹⁹</p>
<p>Materne ® GoGo Squeeze or Puddin' Squeez • Assorted Flavours • 340-360g • Reg. 3.99</p> <p style="text-align: right;">2⁹⁹</p>	<p>Quaker ® Chewy Mini or Dipps Mini • Chocolate dip or Chocolate chewy • 312g • Reg. 6.49</p> <p style="text-align: right;">4⁹⁹</p>

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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

...

Follow the Shilo Stag on
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Shilo Country Club CPGA professional Dave Scinocca helps customers looking to play a round of golf. The new pro shop offers an array of services the previous facility was unable to because of space. Photo by Sarah Francis

Shilo Country Club

Golfers offer kudos to new pro shop

Sarah Francis
 Shilo Stag

The new Shilo Country Club pro shop has been receiving rave reviews.

The shop, which was opened on the first day of this golf season, gives the course a more welcoming and professional feel.

"We have more room to display merchandise, we're able to check people in a little more easily," said head golf pro David Scinocca. "It definitely adds more appeal to the overall golf course and the property."

The old pro shop had three walls removed and now serves as a place for tournament registration and a meeting place. The space was small and could only fit about six people.

Scinocca said it didn't offer much in the way of customer service.

"It wasn't really meant to merchandise golf equipment in," he explained. "I think at the time when this whole renovation took place, that was something that filled the void I guess. As we've moved on and become a bigger player in the golf community out here in western Manitoba, a bigger pro shop was needed."

Scinocca, who has been with the Shilo Country Club for 10 years, said they've started attracting the attention of higher profile tournaments and needed a shop

to fill that need.

"Over the last 10 or 15 years I would say this golf course has really taken leaps and bounds with the appeal and the conditions and the popularity of the place," said Scinocca. "We've picked up a lot of the big corporation tournaments from Brandon. We're getting a lot of leagues and we're getting a lot of play outside of the military. It was fitting that eventually we would have to make improvements."

However, he said the old shop has been put to use. The walls were removed and the venue was turned into a place where you can register for tournaments.

"We call it a Tiki-bar — you can buy beverages and food before or after tournaments or on some league nights," said Scinocca. "It's also good for tournament scoring. With big tournaments coming in, it's a good place to meet before or after the round."

The shop now has much more space allowing customers to check out gear and the other services they provide. They do custom fittings and repairs on clubs. They also have an indoor golf simulator that runs through the winter.

In the end, the changes have been well received.

"It just looks more professional," said Scinocca. "It's more inviting. You feel like you're at a championship facility. We've had some really good comments about this pro shop and this golf course and it puts us on another level. It's exciting."

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 Aug. 28 Age of Adaline Rated G

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Bdr Jared 'Goose' Gossen will have home course advantage next month when CFB Shilo hosts the national golf championship.

Third at prairie regionals 'Goose' qualifies for nationals

Danny Hamilton
Stag Special

Bdr Jared 'Goose' Gossen of 1RCHA will be looking to improve on his prairie regional finish after qualifying for the Canadian Armed Forces (CAF) national golf tournament next month.

And he won't have far to travel for nationals, with CFB Shilo hosting the CAF tournament at the Shilo Country Club for the third time in six years next month.

With Garrison Edmonton hosting the prairie regional tournament, Bdr Gossen finished the three-day tournament in third place out of 25 golfers after firing a 228, including a 74 on the final day of competition in Alberta. He opened with a 75, followed by a 79 the next day.

Bdr Gossen was eight shots back of prairie regional winner Maj Cameron Lowdon of 17 Wing Winnipeg, who was four shots better than runner-up WO David Boland of 4 Wing Cold Lake.

CFB Shilo men's team finished third overall with a three-day total of 977. Garrison Edmonton was runner-up with a 955, while overall winner 17 Wing Winnipeg combined for a 934.

CFB Shilo did not send any women to this year's event, with just four ladies entered in the prairie regional tournament. Just the top two qualified for a ticket to nationals, with Sgt Brenda Woods of CFB Wainwright finishing first overall, recording a 292 during three days of competition. Runner-up Capt Manivone Morrison of 4 Wing Cold Lake was the other qualifier, recording a three-day total of 303. While Bdr Gossen returns to nationals again, his Shilo teammates finished top-20: Bdr Paul Dummit tied for seventh with a three-day total of 241 (74-83-84), Gnr Nick McMullin 15th with a 251 (83-89-79) and MBdr JC Houle with a 257 (85-85-87).

In other Base sports news, both the men and ladies had to pull out of the 17 Wing Winnipeg-hosted prairie regional slo-pitch tournament. Players who had made the two teams were deployed as part of Operation LENTUS, helping fight wildfires in northern Saskatchewan.

Shilo Military Family Resource Centre *Employment Opportunity*

The Shilo MFRC children's services area of the MFRC consists of three licensed facilities that includes a full-time daycare centre, pre-kindergarten and Occasional Childcare service. We are looking for people to fill positions that would fit into our team of professionals. The successful candidates must have experience with children and thrive in a fast-paced environment. We are looking for people who are open to new ideas and have creative ideas of their own to share.

Kitchen Supervisor - Daycare

Starting Sept. 8, 2015, this position is responsible for management of the day-to-day operations of the Shilo MFRC daycare kitchen. 35 hours/week position with wage \$13.50/hour.

Childcare Assistant - Daycare (part-time/permanent)

Starting Sept. 8, 2015, this position is responsible to cover breaks, engage in play and provide exceptional experiences on a daily basis. 27.5 hours/week position (lunch and break cover) with wage \$11.76/hour.

Childcare Assistant - Occasional Childcare program (permanent)

Starting Sept. 8, 2015, this position is responsible for daily programming and care in a mixed age group centre. 30hours/week with a wage \$11.76/hour.

All positions will be subject to a Criminal Record check and Child Abuse Registry check upon employment

Submit resumes with a cover letter outlining the position you are applying for by Aug. 14, 2015 to: Dana Thompson, Box 5000 Station Main, Shilo, MB R0K 2G0 or via e-mail dana.thompson@forces.gc.ca and fax 204-765-3859. You can also drop off a resume at the Shilo MFRC reception desk.

For further information call 204-765-3000 ext 3351



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Manitobans enjoy an abundance of recreational water activities. These activities are now threatened by aquatic invasive species (AIS), such as zebra mussels.

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CLEAN and remove all aquatic plants, AIS and mud.

DRAIN all water from motors, bilges, bait buckets and any compartments. Keep drain plugs out while transporting watercraft over land.

DRY all water-related equipment and any hard-to-drain compartments that have contacted the water with a dry towel or sponge.

DISPOSE of unused bait and worms in the trash.

Watercraft Inspection Stations

Watercraft inspection stations with decontamination units targeting AIS will be available at various locations throughout the province this summer.

For more information on:

- the Watercraft Inspection program
- how to inspect and clean your watercraft and water-related equipment
- zebra mussels and other aquatic invasive species
- how to report an AIS sighting

Please visit www.manitoba.ca/StopAIS or call 1-87-STOP-AIS-0 (1-877-867-2470).

Manitoba 

New BComd familiar with CFB Shilo's military history

LCol John Cochrane looks forward to new job

Jules Xavier
Shilo Stag

LCol John Cochrane can say farewell to traffic chaos en route to work each morning because he's a long way from Ontario's Hwy. 401.

While the amiable soldier won't miss the Greater Toronto Area (GTA) traffic, he will welcome the prairie winter and summer now that he's moved his family — wife Kate, and children 14-year-old Evan and 11-year-old Sydney — from Oakville to Brandon earlier this month.

As of July 31, following his Change of Command (CoC) parade at 10 a.m. in L25, LCol Cochrane will take on the responsibilities of Base Commander for CFB Shilo, while former BComd LCol Stephen Joudrey heads west with wife Penny, where the next chapter of his military career will have him working in Calgary.

Born in Toronto and educated in the GTA, LCol Cochrane was commissioned and posted to Lord Strathcona's Horse (Royal Canadians) in 1995, where he commanded a tank troop with B Squadron during his first regimental tour of duty. On subsequent regimental tours he commanded a tank squadron before serving as the Regimental Second-in Command.

Yes, the BComd's chair, historically having an artillery-trained soldier at the helm, is being occupied for the next year years by someone who has honed his military skills in a tank. The past two BComds have been non-artillery: current Army comptroller Col Rick Goodyear served 2010-12, while LCol Joudrey is 2PPCLI infantry-trained.

The new BComd has had the opportunity to participate on a variety of foreign and domestic deployments. His overseas deployments include Bosnia in 1997 as a platoon commander; Kabul, Afghanistan as the Kabul Multinational Brigade Reconnaissance Squadron Second in Command in 2004, and Kandahar, Afghanistan as a tank squadron commander in 2009.

In addition, he has participated in a number of domestic deployments to Manitoba for the Red River floods in 1998; the British Columbia forest fires in 2003, and once again Manitoba for floods in 2011.

His additional key experiences include a four-year posting to the Royal Canadian Armoured Corps school in Oromocto, NB, and postings to Land Forces Western Area Training Centre in Wainwright, AB, as the Officer Commanding (OC) Training Support Company; 4th Canadian Division as G3 Domestic Operations and 32 Canadian Brigade Group as the Chief of Staff (COS), both in Toronto.

LCol Cochrane is a graduate of the Canadian Forces Joint Command and Staff Program in Toronto. When he's not working, he likes to run, read and hang out with his kids at the arena during hockey season. Prior to arriving for his new posting, LCol Cochrane had an opportunity to take part in a Q&A with the *Shilo Stag*:

Shilo Stag (SS): Why did you pursue a career with the Canadian Armed Forces (CAF)? What was your influence in choosing the army, and more specifically the Royal Canadian Armoured Corps?

John Cochrane (JC): "Well, I joined the Summer Youth Employment Program (SYEP), a Reserve recruiting program in Toronto in 1988. It was a three-month program that allowed individuals to work for the summer and then determine if they wanted to enrol in the Reserves following the summer training. I signed on with the Reserves following the summer for about six years and then moved across to the Regular force in 1994. I decided on the Armoured Corps because my grandfather was a dispatch rider in Africa during World War Two and as he described it: 'was blown up a few times.' For that reason I opted for something with a little more meat on the frame than a motorcycle."

SS: What were your thoughts when you were informed you had been appointed BComd of CFB Shilo?

JC: "I couldn't have been more excited! The opportunity to command is always an incredible honour, but CFB Shilo is special. It has an impressive history and has been a key contributor to all of Canada's deployed operations. It is the Home Station for the Royal Canadian Artillery (RCA) and is currently home to two storied units: 1 Royal Canadian Horse Artillery (1RCHA) and the 2nd Battalion Princess Patricia's Canadian Light Infantry (2PPCLI). The Base has a reputation for 'getting the job done' and providing support to the units however it is required to ensure they are able to achieve their missions. However, all this being said, CFB Shilo is more than a military base — it is a community that is essential to the surround-



New BComd LCol John Cochrane is looking forward to his new job, and no longer having to deal with GTA traffic headaches now that he's moved from Oakville, Ont., to Brandon.

Photo by Jules Xavier

"I couldn't have been more excited! The opportunity to command is always an incredible honour, but CFB Shilo is special. It has an impressive history and has been a key contributor to all of Canada's deployed operations."

ing areas for infrastructure support and emergency services. It has two primary schools, over 600 married quarters, its own sports associations, an extremely well-equipped gym, a theatre, and a fantastic CANEX Mall ... all on the Base!"

SS: What are you looking forward to being posted to the middle of Canada, and life on the prairies? What will you miss about your previous posting?

JC: "There are a couple of reasons I am really looking forward to this posting. First, although I have visited Shilo several times for Exercises and for the occasional flood, I have never been posted here. I am looking forward to the opportunity to exploring the local communities that I have heard so much about. Second, the weather. I am a big fan of a warm summer and a cold winter. My previous posting was in Toronto as the Chief of Staff for 32 Canadian Brigade Group. It was a great job with a fantastic team. What will I miss the most, probably the traffic, 50 minutes to work in the morning, over an hour going home in the evening. I am definitely not going to miss [the traffic]."

SS: How has your military career prepared you for the role of BComd?

JC: "My experiences working as the G3 of Domestic Operations at 4 Canadian Division and as the Chief of Staff at 32 Canadian Brigade Group have certainly provided me a solid foundation from which to step into the BComd role. Additionally having had extensive experience in operational units and at multiple training institutions gives me some significant insight into the needs of the units on the Base that we will be supporting."

SS: What will be your approach/style when it comes to running the Base and all that comes with it?

JC: "I firmly believe in communication and collaboration; no one person has all the answers and there is no monopoly on good ideas. If there is a better way to accomplish something, I want to hear about it. There are a great number of experienced people on this Base and I believe in trusting their experience and judgement to permit them to complete their assigned tasks and responsibilities."

SS: Describe your personality when it comes to soldiering, and when you are away from the job relaxing with friends and family?

JC: "I very much try to maintain the same personality at home and at work. I enjoy good conversations and do my best to maintain a sense of humour with everyone. I try not to take myself too seriously and attempt to have fun in everything that I do, although I'm still working on 'having fun' writing PERs."

SS: What makes a good commander when it comes to dealing with the day-to-day operations of CFB Shilo?

JC: "I believe that this can be outlined in three simple parts: Understanding that our role is to support the units on Base; understanding the issues of those who we support, and determining the best way to provide that support."

"I believe all this can be effectively achieved through sound communication and collaboration. This includes not only the members of the Base, but must also include the lodger units on Base as well."

SS: Looking to the future, what are the objectives for yourself, and the Base, during your two-year tenure at the helm of CFB Shilo?

JC: "First and foremost is the provision of support to the units here on the Base. Of course this support includes normal military activities, but also extends beyond simply the provision of personnel and equipment. I want to continue the outstanding support that this Base provides to its military families serving and retired. There are a number of other projects that have been started by my predecessors and I want to continue moving these along towards completion."

SS: Finally, having arrived at CFB Shilo this summer after having been here the past year studying French, what goals have you set for yourself as the BComd, as well as goals for the soldiers under your command?

JC: "Firstly, both I and RSM [CWO Don] Askland want to further the fantastic work that LCol Joudrey and CWO Doppler have started. Their work over the last two years supporting the Base and its units has been nothing short of outstanding. They have done an incredible job in creating a 'Unit' with Base personnel. Second, with 1 Canadian Mechanized Brigade Group (1CMBG) heading into high readiness, we will ensure that we provide the best support possible for this intense period of training, while maintaining outstanding support to all units who depend on the Base and its team."

RUGBY ACTION



There was plenty of action when soldiers got together for a rugby game on the Base. Used to playing football or soccer during PT, on this day the art of rugby was taught and executed during a friendly game.



Photos by MCpl Janie Jacobsen

Board members required



The Shilo Military Family Resource Centre (MFRC) is looking for board members. The MFRC board of directors meets monthly to discuss/develop policies which will assist the centre in fulfilling its mission now and in the future. We are looking for military spouses and/or MFRC daycare parents in particular, but others may apply as well. Visit our website at www.familyforce.ca or stop in at the reception desk for an application form. E-mail your application, complete with resume, to christine.helgason@forces.gc.ca

Applications are due by Aug. 14, 2015

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Airborne Gunner exhibition open for viewing

Shilo Stag

A century ago Canada entered into what would become one of the greatest and horrendous world events that mankind had yet to experience. The First World War changed the human experience, the map of Europe, Britain's relationship with its colonies and Canada forged an independent sense of itself as a nation. This is just part of the story told at the RCA Museum.

Exploring the five galleries in 18,000 square-feet, visitors will discover the contribution of the Royal Regiment of Canadian Artillery to Canada's military involvement on this continent and abroad and its impact upon those events which have shaped this country from before confederation to the Cold War.

With its collection of military equipment, weaponry and related artifacts, the RCA Museum provides an interactive, educational and exceptional visitor experience. Its galleries feature 26 large artillery guns and vehicles as well as a small arms weapons vault, a First World War gun pit, Manitoba Pemmican War diorama and Cold War era observation drone.

Uniforms, medals and personal items of the ordinary and extraordinary Gunners are highlighted, including two Victoria Crosses of two Manitobans — Capt Christopher O'Kelly and Sgt Robert Spall— as part of the Manitoba Military Heritage Gallery.

Currently, the temporary exhibit space features The Airborne Gunner until the end of November.

An award-winning Manitoba star attraction, the RCA Museum is located at N118 Patricia Road, CFB Shilo in the heart of the Westman region of Manitoba since 1962. It is open to all Manitobans and visitors throughout the year. Winter hours: September long weekend to May long weekend, Monday to Friday 10 a.m. to 4 p.m.; Summer hours: May long weekend to September long weekend, daily 10 a.m. to 5 p.m. Admission is charged for the general public.

Group rate applies to 10 or more. Guided tours should be booked in advance and may be subject to an additional fee. To book a guided tour call 204-765-3000 ext 4563.

There are a number of displays featuring the Airborne Gunners.

Photo by Jules Xavier



Focus on annual photo contest

Shilo Stag

Are you in focus with your digital or film camera? If so, why not enter some of your images to the Canadian Armed Forces (CAF) photography contest which runs from July 2 to Sept. 15.

Send your best photo captures and you can garner bragging rights on this Base, if not across the CAF community.

Whether you're a seasoned professional or an amateur photographer this is the contest for you. The photography contest, comprising eight diverse categories, is open to all members of the Defence Team and their families.

Participants will be eligible to win \$10,000 in prizes

from the photography contest sponsors.

This year's contest features a new award, the Military Photographer Achievement Award, which recognizes the contributions military photographers have made to the CAF community.

For 47 years, the photography contest has been celebrating the talented photographers who capture life in CAF communities across Canada.

Keep the photography contest in mind as you capture special moments this summer

Family gatherings, sports tournaments, scenic vacations, work events — the possibilities are endless.

Visit the photography contest website to enter: www.cfmws.com/en/AboutUs/PSP/recreation/DND%20Photography%20Contest%202012/Pages/default.aspx

Throw-in practice

Youngsters involved in the Base's minor soccer program honed various skills during their nightly sessions on the soccer pitch. Here, a group of players with the lime green team prepare to show their coach throw-in skills.

Photo by Jules Xavier



Bluefins make a splash on Base starting this fall

Shilo Stag

Big on team building, the Brandon Bluefins will make a splash as a swim club in new digs this fall.

Because its home pool at the Brandon-based Sportsplex is being closed for extensive repairs, the swim club reached out to CFB Shilo in June to see if it could accommodate an enthusiastic group of swimmers and the coaches.

According to Marquita Stewart, Bluefins fundraising co-ordinator, last month the team was given the news they were about to be Bluefins without a tank to train in.

"There were some pretty intense moments as board members scrambled with what they were going to do," Stewart said in a press release. "Then they had the idea to seek out the help of their neighbour, CFB Shilo, who were very accommodating."

The Bluefins have been unable to train out of their home pool at the Sportsplex due to pool renovations since June 17. With the end of the 2014-15 season, swimmers who were continuing on to the Manitoba/Saskatchewan swim championships were lucky enough to get their feet wet in the GSH pool during the last two weeks of June to prepare for their final championship meet of the year.

In September, the rest of the swimmers on the team will have their chance, as the GSH pool will become their new place to call home until the Sportsplex is able to finish renovations sometime in 2016.

"The staff at the GSH have been very accommodating to the Bluefins as they have been making the transition," noted Stewart, whose daughter lives on the Base and trains with the Bluefins.

Who are the Bluefins and what do they have to offer? The Bluefins are a swim club which has something to offer to all of the various levels of swimmers.

For younger swimmers, there is the Learn to Swim program which allows swimmers to work on the development of the four main strokes while gaining a love of the sport.

Learn to Swim consists of three levels. This is the pre-competitive stage. These swimmers have fun in the pool and are the future of the club.

Once finished the Learn to Swim program, swimmers move onto Level four and five — called Minifins. During this time, the skills acquired previously during Learn to Swim will be refined and speed swimming is introduced.

This group of swimmers are also introduced to advanced starts and turns, using the pace clock and swimming "sets" in as part of their training.

During Level four and five, swimmers also begin to compete. Once swimmers attend their first swim meet, it becomes addictive and they want to compete more.

Finally, there is the Bluefins competitive group — these swimmers continually refine skills such as technique, building up speed and endurance, reaction, starts and

turns, rhythm abilities, diving, streamlines and propulsion. This group attends several meets in Manitoba and Saskatchewan.

This group of swimmers will tell you that swimming and training isn't only addictive, but it is a life-



style.

Some Bluefin swimmers, like Isabelle Stewart, have competed at higher level meets such as Western Canada championships in Edmonton and East Coast championships in Halifax.

She has also been selected, along with her teammate Iwan Levin as alternates for the Western Canada Games, which will be held in Wood Buffalo, AB, this summer. Stewart is currently training in Winnipeg for the month of July and first week of August

with Team Toba.

The Brandon Bluefins pride themselves in the fact the club coaches are highly-trained and have mountains of experience, both as coaches and as previous competitive swimmers. They spend several hours a week on deck having fun with the swimmers helping them to improve their technique and Personal Best (PB) times.

To learn more about the team now training on this Base until the Sportsplex pool reopens, visit www.bluefins.com or check out the Facebook page at <https://www.facebook.com/bdnbluefins>.

Registration is in August, with swimming starting Sept. 8. According to Stewart, swimmers who have been out to CFB Shilo have been very impressed with the GSH facility and can hardly wait for the 2015-16 swim season to begin.

If you just moved to the Base during this summer's posting season, and your child or teenager is interested being part of the Bluefins swim club, drop by the pool to observe training sessions.

Or visit the team's website or Facebook page.



Isabelle Stewart

Ferdinand Ross Dujardin Obituary



Ferdinand (Fred) Ross Dujardin, of Shilo, died June 28, 2015 at the Winnipeg Health Science Centre of a brain aneurysm. He was 72. Born on Feb. 10, 1943 to Ross and Gabe Dujardin, Fred grew up in Deloraine, MB, where he went to school and helped out with the family business. He married Judy Desender on July 31, 1964 and from this union Patti and Randy were brought into this world. Fred and Judy started their business, Dujardin's Leisure Centre in 1978. Over the years Fred enjoying racing snowmobiles with the Rumlbers, hang-

ing out at the cabin at Lake Metagoshe, hunting, golfing and curling. After a divorce in 1984, Fred met his soulmate Carole Ginter. The couple moved to Brandon and, after Fred's mother's death, they moved Fred's family home to Shilo where they resided until their deaths. Fred had ran his own business, been a curling icemaker, greenskeeper, and worked with a paving crew for Zenith Paving before he retired. After retirement, Fred enjoyed golfing, fishing and travelling. He reconnected with the Catholic faith and became president of the Shilo Service Club. Throughout his life Fred had a love of music, singing and dancing — many dance cards will be empty now! Fred was predeceased by his soulmate Carole Ginter (2010) and his parents Ross (1977) and Gabe (1999) Dujardin. He is survived by his children: Patti (Tuffy) Kirkwood of Souris; Randy (Maureen) Dujardin of Brandon; Jeff (Brenda) Ginter of Dawson Creek, BC, and Duane Ginter of Portage; grandchildren Cory (Jana) Kirkwood and Joey Kirkwood, both of Calgary, Kia and Jade Dujardin of Brandon, Jason and Kelsey Ginter of Dawson Creek; great-grandchildren Keelan Kirkwood of Calgary. Funeral service was held July 3 at Shilo Catholic Church in Shilo with burial at Deloraine Cemetery. In lieu of flowers a donation can be made to Dad's second family — the Shilo Service Club — at Box 252, Shilo, MB, R0K 2A0.



We want you on our team

The Shilo Stag is looking for another sales consultant for its team. It's posting season, which is the perfect opportunity to sell the Brandon business market on advertising in the Stag. They have a captive audience — people are new to the community after being posted here from elsewhere in Canada. Where do you shop for new glasses; groom your dog; take the wife out for an anniversary dinner; buy a new car or have winter tires put on the van with the advent of winter; shop for back to school clothes and supplies? Working on commission, you can set your own hours. The more you hustle and sign advertisers up to promote their business in the Stag, the more you earn. Drop by the Stag's office in CANEX and see Jules or Sarah about the job. Or call 204-765-3000 ext 3013/3093. Be part of the award-winning Shilo Stag team.

Volunteering opens doors for military spouse

Sarah Francis
Shilo Stag

Military spouse Myrna Lane solved the problem of meeting people in new communities during 40 years of volunteering.

Her volunteer career began when she started working at a Sunday school in 1972. Since then she has moved to a number of places, including Germany. She has helped in thrift shops, Christmas hamper programs, cancer fighting causes as well as supporting Alzheimer's research.

Being a military spouse often means moving around frequently. Volunteering helped her adapt to her new surroundings.

"That was one way to meet people — to become involved in an activity," said Lane. "I think being part of a community and helping it with the activities that are there makes it better for everyone."

The organizations she's been involved with have varied over the years. However, she's stuck with some jobs for a long time. While in Germany she volunteered at a library. When she moved to CFB Shilo she started working at the library and stayed there for 19 years.

The Christmas Cheer Fund has been reaping the rewards of her commitment to volunteering since 1986. After wrapping countless gifts and preparing food hampers for years she became the chair of the board three years ago.

At Christmas Cheer the mission is to provide a family with a Christmas dinner and if there are children, they receive gifts.

"At Christmas time I think it's a really special time in everyone's life," said Lane. "If you're someone that's out of work or low income or you become ill, you may not be able to provide for your family at Christmas. It's a magical time, especially if there are children. That's what I like doing is helping provide



Volunteer Myrna Lane looks at a photograph of herself volunteering, working with seedlings.
Photo by Sarah Francis

a hamper for that family. It seems to be very important to that family when you deliver a hamper to them."

She was heavily involved in the Larkhill Family Resource Centre, which was the predecessor of the MFRC.

As a member of the board of directors for five years she helped move the facility to the Shilo Community Centre.

She continues to do her part at the Thrift Shop in the same building, and volunteers weekly at the nearby library after retiring from working there.

You can also thank Lane when you go see the beautiful flowers at the International Peace Gardens. She has been helping transplant seedlings since 2008.

Lane encourages everyone who is new to a community to volunteer, saying it's a great way to get to know your community and meet many people with similar interests.

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WARNING SHILO RANGES

Day and night firing will be carried out at the Shilo Ranges until further notice.

The range consists of DND controlled property lying approximately 32 kms SE from Brandon and N of the Assiniboine River in Townships 7, 8 and 9; Range 14 WPM, Townships 8, 9 and 10; Ranges 15 and 16 WPM and Townships 9 and 10; Range 17 WPM in the Province of Manitoba. If required, a detailed description of the Shilo property may be obtained from the Base Construction Engineering Office at Canadian Forces Base Shilo.

All boundaries, entry ways, roads and tracks into the Range are clearly marked and posted with signs indicating that there is to be NO TRESPASSING. Hunting is no longer permitted on the Shilo Ranges.

STRAY AMMUNITION AND EXPLOSIVE OBJECTS

Bombs, grenades, shells, similar explosive objects, and their casings are a hazard to life and limb. Do not pick up or retain such objects as souvenirs. If you have found or have in your possession any object which you believe to be an explosive, notify your local police and arrangements will be made to dispose of it.

No unauthorized person may enter this area and trespassing on the area is strictly prohibited.

BY ORDER
Deputy Minister
Department of National Defense

OTTAWA, CANADA
17630-77

Canada



AVERTISSEMENT POLYGOUES DE TIR DE SHILO

Des tirs de jour et de nuit seront effectués aux polygones de tir de Shilo jusqu'à nouvel ordre.

Les polygones de tir sont des terrains sous le contrôle du MDN situés à environ 32 km au sud-est de Brandon et au nord de la rivière Assiniboine dans les cantons 7, 8 et 9; polygone 14 OMP, cantons 8, 9 et 10; polygones 15 et 16 OMP et cantons 9 et 10; polygone 17 OMP, dans la Province du Manitoba. Au besoin, une description détaillée de la propriété de Shilo peut être obtenue du Bureau du génie construction de la Base des Forces canadiennes Shilo.

Toutes les limites, voies d'accès, routes et sentiers menant aux polygones sont clairement marqués et ornés d'écriteaux d'ACCÈS INTERDIT. La chasse est dorénavant interdite aux polygones de tir de Shilo.

MUNITIONS ET EXPLOSIFS PERDUS

Les bombes, grenades, obus et autres engins explosifs similaires et leurs enveloppes peuvent causer des blessures ou entraîner la mort. Ne ramassez pas ces objets et ne les gardez pas comme souvenirs. Si vous avez trouvé ou si vous avez en votre possession un objet que vous croyez être un explosif, signalez-le à la police locale, qui prendra les mesures nécessaires pour l'éliminer.

Aucune personne non autorisée ne peut entrer dans ce secteur où tout accès est strictement interdit.

Par ordre du
Sous-ministre
Ministère de la Défense nationale

Ottawa, Canada
17630-77



Food for thought

Padre Greg Costen, the Base Chaplain, presented a cheque for \$500 from the Chaplain Services Fund to Thea Dennis of Samaritan House, which is a social agency in Brandon. Through its food bank and resource centre, literacy programs, second-stage housing, and family counselling service, hundreds of people are assisted every month in the community west of CFB Shilo. Chaplain Services and Samaritan House have an ongoing relationship through a shared desire to assist those in need. It was not just money provided to Samaritan House. Earlier this month, a group of CFB Shilo wives went out and collected food items by visiting the Qs — the Base donated more than 1,200 pounds of food to be used by the food bank. According to Natalie Pohjolainen, this is about 15 per cent of food collected by the entire Westman area during its last food drive in May.

Photo submitted

Literacy can be fun learning outdoors

Melanie Heinrichs
MFRC Special

Get outdoors and have some literacy fun. What is literacy? Is it really that important at a young age?

Literacy is not only the ability to read and write, but helps put skills and tasks to work in order to help in day-to-day activities. Parents are a child's first and most important teacher. Learning should be fun for everyone involved. There are many activities we can do each day to promote healthy learning for all ages.

We sometimes think that literacy is sitting down and reading a book. However, literacy can be encouraged through fun activities outdoors.

When we are taking a walk with our children we should look around for letters, numbers, signs, shapes and colours. If we make a list the children will talk about what they saw. If we find a stick, we can practice writing our letters in the sand or dirt.

Children can have a scavenger hunt looking for items and placing them in a paper bag. Once all items are found, they can use paper, markers, and glue to create a nature book.

Children will be able to express the items they found and with help, can create the letters to tell the story.

If you have a child who is interested in photography, take a camera with you. The child can take photographs of street lamps, signs, trees, flowers, pets, etc. When you print the pictures the children can create a story using them in sequence or make double prints to make a matching game.

Children love collecting rocks so why not take some paint along with you. They can write the letters on rocks to spell names. This can get the children to spell their own names, names they see on signs, or make a trail of letters.

Children love spending time outside — especially in fall and spring. What a great time to encourage the great outdoors with a few items up our sleeves.

Melanie Heinrichs is the Shilo MFRC children services co-ordinator

Shilo Family Medical Clinic

The Base's Shilo Family Medical Clinic located in CANEX will be closed from July 24 to Aug. 9. It will re-open Aug. 10. Walk-in service is still available at the Western Medical Clinic, 144 - Sixth St., Brandon Monday to Friday from 8 a.m. to 6 p.m. Lab service is available 8 a.m. to 5 p.m. Call 204-727-6451. Sorry for any inconvenience.



Great War in focus

The recent flea market held in Wawanesa featured an array of items being sold. Among the treasures Stag assistant editor Sarah Francis found was this framed First World War portrait likely featuring family members who went off to fight in the Great War.

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citizens of the surrounding area.*

Services



**St. Barbara's
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Sunday @ 10:30 a.m. with
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Padre Lee - ext 3090
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Padre Olive - ext 3088
Padre Dennis - ext 3698
Padre Costen - ext 3381

**Our Lady of Shilo
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Sunday 10:30 a.m.
Wednesday 12:05 p.m.
Confession by appointment
Padre Ihuoma - ext 3089

Services

Greg Steele, Canadian Fire-arms Safety Course Instructor/Examiner • Restricted and Non-Restricted • Manitoba Hunter Safety Instructor. Courses offered at least monthly and more often by demand. Firearm/hunter safety courses planned for Aug. 21, 22, 23. Examinations by appointment • 204-725-1608 • e-mail: ggs57@wcvwave.ca. huntershooter.org

Nad's Simply Clean For all of your cleaning needs weekly, bi-weekly, and monthly. Also available for offices, contract cleanup and single occasions. Receipts provided. 204-573-1509.

We buy and sell good used furniture/appliances and we deal in coins and coin/stamp supplies. People's Market Place, 32-13th St., Brandon, 204-727-4708.

Homes For Sale

BRANDON - New home; walkout basement; under construction. Pick all details to make it yours, or I can custom build the house of your dreams. Call Ian 204-724-3404.

Employment

Looking for a job on the Base? Submit all resumes to NPF HR office via e-mail quoting competition # to npf-hrshilo@cfmws.com OR for more detailed information related to qualifications and experience requirements on the jobs offered at CFB Shilo visit: www.cfmws.com

Employment

CANEX WANTS YOU: Clerk/cashier part-time position with 13 to 32 hr /week required. Must be available days/evenings, and weekends. Under the direction of the department supervisor, the clerk/cashier scans customer purchases, processes the transactions, and accepts payment. He/she prices, stocks shelves, counters and display areas with merchandise and keep stock in order. He/she performs cleaning duties as required. Starting salary is \$11.69 per hour after two-month probation. Apply in person at CANEX administration office, or at the NPF Human Resources office at base HQ.

Advertise with us! To place an ad, e-mail elainebullee@gmail.com or call 204-765-3000 ext 3736

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GSH

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Carberry Legion
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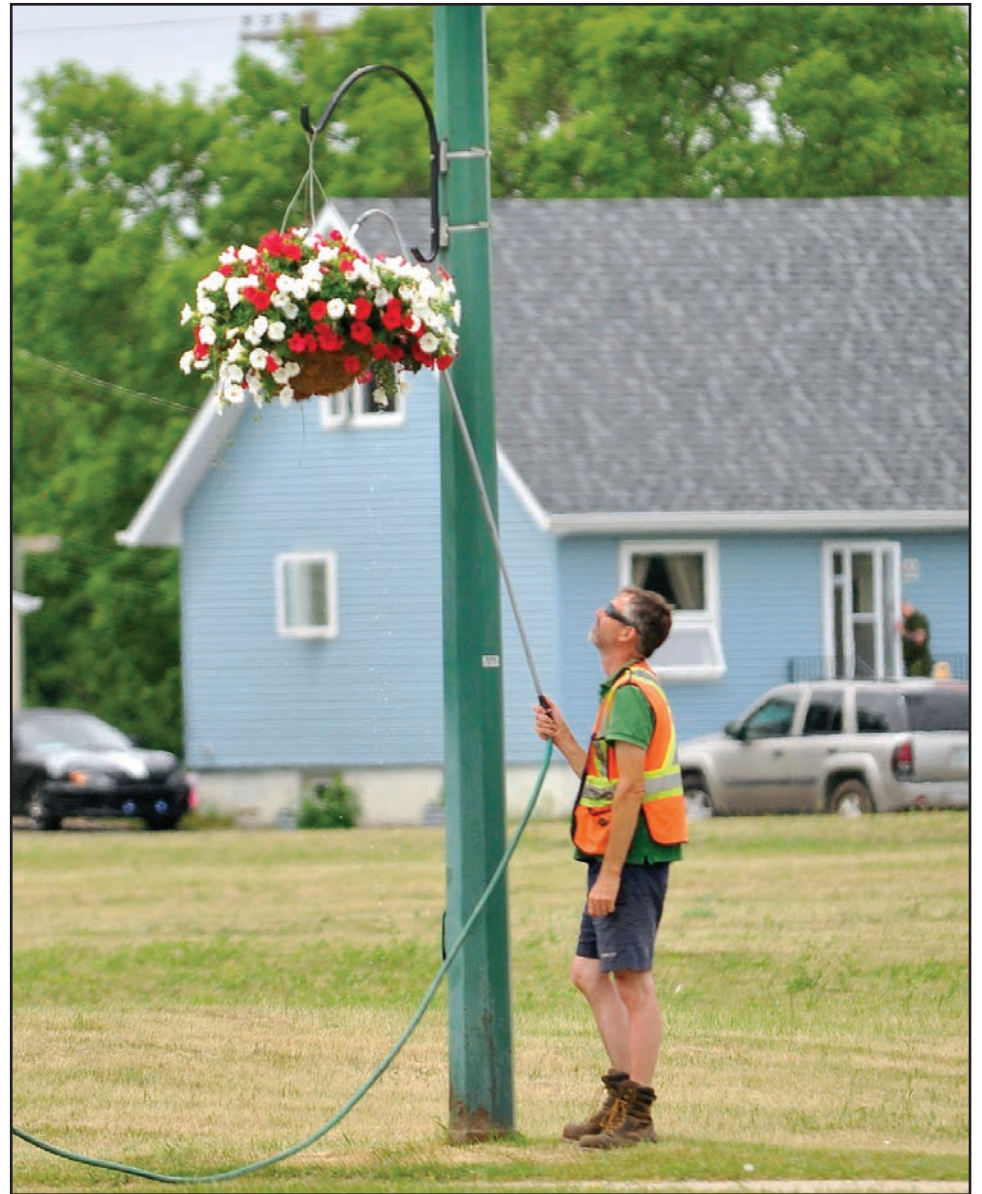
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Feeding the flowers

The colourful floral arrangements, including hanging baskets, around the Base during the summer months are cared for with continuous water and grooming of dead plants. For the bigger arrangements in front of the units or south gate entrance, to fend off hungry deer looking for an easy meal, human hair from the barber shop is scattered on the floral displays.

Photo by Jules Xavier





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Just like Tarzan

It was an excellent turnout, with more than 600 in attendance, when 1RCHA hosted its annual Family Day out on the training range. There were plenty of activities for the kids, including this rope swing over a pool.

Photo by Jules Xavier



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1 July - 31 August 2015

www.canex.ca