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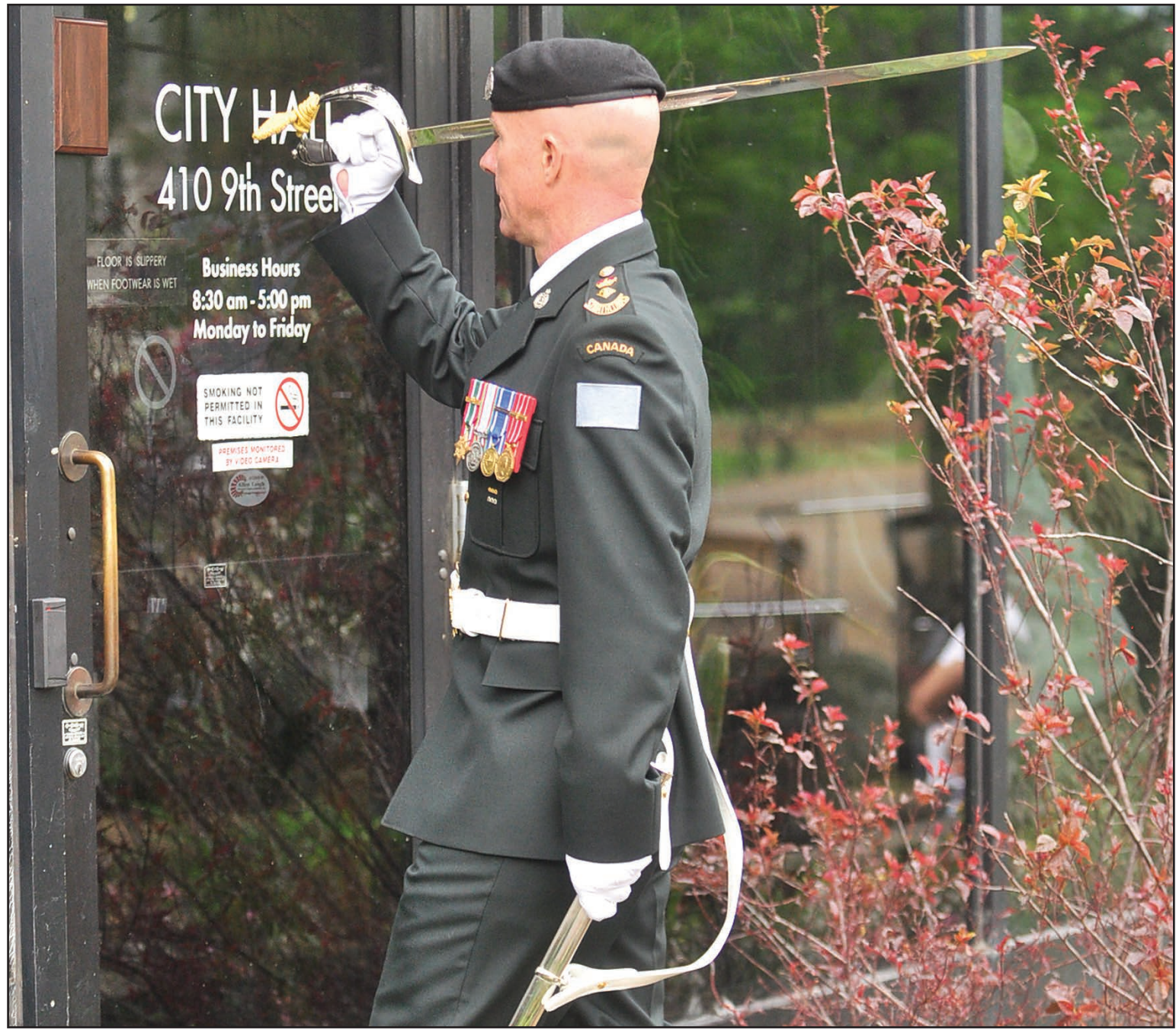
Loverboy perform here on Canada D'eh. Page 2



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Sarah Francis uses 'green thumb' on garden. Page 7



CFB Shilo BComd LCol John Cochrane used his sword to knock on the door to Brandon City Hall, with Mayor Rick Chrest opening the door to welcome soldiers from the Base who were on parade on Ninth Street. *Photo Jules Xavier*

CFB Shilo granted Freedom of the City in Brandon

Shilo Stag

CFB Shilo has been granted Freedom of the City in Brandon. The honour was bestowed on the unit during a parade and ceremony held the morning of June 10 at Brandon City Hall. About 100 soldiers marched to Brandon City Hall to be inspected by Mayor Rick Chrest, who then granted the freedom to march through the city.

The granting of the Freedom of the City is a traditional means for a municipality to honour a unit of the Canadian Armed Forces (CAF). It had its beginning in medieval Europe, when cities were walled and the citizens looked to their defences at the approach of a threatening army. When the force was friendly, however, it was permitted to pass into or through the city without first being required to

disarm; that is, with bayonets fixed, colours flying and drums beating. The granting is a private matter between civic officials and the unit concerned and the decision to grant this symbolic freedom rests with the municipal authorities. A unit may exercise its freedom as arranged between the civic authorities and the unit.

See **MAYOR** page 12

Fans of Loverboy can sing along when rockers celebrate July 1

Sarah Francis
Shilo Stag

CFB Shilo's Canada D'eh is one of the many stops on Canadian rock band Loverboy's upcoming tour.

In the meantime, singer Mike Reno spoke with the *Shilo Stag* from British Columbia while shopping for outdoor furniture with his wife at a mall.

The band, which has been together since 1978, has nearly 80 stops planned for this year.

"Paul and I got together in 1978, which next year will be 40 years. We're almost like — it's like we're married to each other almost," he said over the phone. "We've been together 40 years. How many marriages last 40 years really?"

Even after so many years, the singer still gets nervous before stepping out in front of a large crowd.

"I get so nervous before shows I can't eat after four [p.m.]," admitted Reno. "So, if I don't eat before four, I'm not eating until after the show. I pace. I get nervous, like a sick feeling in my stomach and I just can't kick it. It's been that way my whole life. It seems to be getting a little worse as I get older."

Reno added, "I guess I care so much maybe about the show."

Working for the Weekend, *The Kid is Hot Tonight*, and *Lovin' Every Minute of It* are some of the songs you may recognize from Loverboy's repertoire.

"After 36 years everybody knows exactly what we're doing," he said. "They know all these songs, they know every word and it's a celebration."

You can expect to hear them as you celebrate Canada's 150th birthday with the Base's Canada D'eh celebrations.

"We have a responsibility to interpret the songs like people learned them when they were young, when they were going to school, and they were listening to them on the radio. We don't mess 'em around too much," said Reno. "We play them pretty much the same. People appreciate that."

There are a few songs Reno still loves to perform.

"*Working for the Weekend*, I can barely hear myself singing it because the crowd is singing all the words, and the same with *Turn Me Loose* and *The Kid is Hot Tonight*. My personal favourite is *When it's Over*. What it is for me is, it's a very vocal song. It's a singers song."

"The song actually means something very personal to me. It was a reality about break-up that I wanted not to have happen anyway, but we remained friends. That's why I say, 'I hope you're with me when it's over. I hope we're still friends when it's over,' that's



Loverboy are ready to share your favourite tunes from the '80s at CFB Shilo on Canada D'eh.

kind of the whole vibe."

When performing or recording new music, Reno said it's important to pay attention to how he sounds.

"I have quite a resilient voice, and another thing is, I never tried to sing like anybody else," he explained. "A lot of people have trouble with their voice when they're trying to copy somebody they're not. I made sure when we were cutting our first records, I didn't sing too far out of key — too high."

While recording Reno said he would sometimes be caught not singing his true voice and be told, "You're putting on the old so-and-so voice. I'd say, okay let's do it again."

The songs Loverboy perform are all down to muscle memory at this point.

"These songs have become a part of us. It's like we're an audio library," he said. "They're definitely part of us. They're like our children really."

Reno said on the flip-side, there have been some minor changes.

"We're actually pretty good. We have a system where we've stepped it down a half step. Not a full note, but a half note. A lot of bands take [songs] down two whole notes."

He added this change allows more breathing room when performing.

"These songs were recorded at the top of my range and I'm still able to sing them. The one thing — I always look down at my shoes and think, I hope I can sing that scream in *Turn Me Loose*. It's something I did one night on a full moon when I was in my mid 20s."

However, Reno said they're often told by fans they sound even better than they used to.

"I thought wow what a compliment that is. That's the best compliment a band can ever get right?"

Reno said it's not uncommon to find those as young

as aged 10 who know the songs. What makes it all the better is seeing young faces in the crowd singing along.

"The young people are really getting into it and I'm sure it's because of the computer age."

It's been near 40 years since the band began its formation. But it was not an easy start for the group.

Before the band was signed, they were rejected by every record company in the United States.

It was when they looked to Canadian companies that they received their deal. Reno said they just kept trying and never gave up.

"We had no choice but to keep trying. What else do you do? You just keep trying."

They released their debut album *Loverboy* in 1980, seeing sales of two million in the United States, and four million worldwide.

It was on a trip to Mexico, with their girlfriends, with scraped together funds, when it hit him they had finally made it.

"After two days there, we got a phone call to the front desk," recalled Reno. "This is way before cell phones. They had to track us down at the beach and they said, 'Mr. Mike, Mr. Mike there is a telephone call.'"

Reno ran back to the hotel and the band was asked to do the Dick Clark's show called *American Bandstand*.

"I knew something big was going to happen and sure enough it did. It just exploded, it was insane."

Many of the bands Loverboy has performed alongside were musicians they looked up to.

"The experience I've had over the last 30 years of getting to know some of my idols as friends has been the ultimate experience."

Is there one artist Reno would have loved to be able to perform with?

"I would pick David Bowie, but sadly he's gone. Him and I were born on the same day, January 8. Different years, but the same day."

He chose Bowie because of his message.

"I think I connected with what he was saying. I connected with his art — he was very artistic. He had a lot going on with the imagination and he got everybody thinking about different things and I enjoyed the fact that he was into costumes and all kinds of interesting things. It's cool, I know a lot of people with costumes — David Bowie seemed too have done it with a touch of class that really stuck with me."

Reno and company are excited to head to Manitoba and as for participating in any military activities while here, Reno enthusiastically said, "I wanna drive a tank!"

Pet of the Week



WANT TO SEE YOUR PET IN THIS SPACE?

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Showing off the Base's go-karts are (back) Cpl Duris and Pte Thibodeau, with Cpl Organ and Cpl Birrell taking a seat as drivers. *Photo supplied*

Base go-kart drivers test their mettle racing

Stag Special

Earlier this month, CFB Shilo once again supported the 31st annual Kiwanis Kar Derby.

This event is a major fundraiser which enables the Kiwanis to provide assistance to numerous community activities and programs supporting youth and family well-being in our area.

Some of these activities include the Brandon police cadets, Navy cadets, and the Youth Homelessness Prevention program.

For this year's event, CFB Shilo sent five enthusiastic volunteers: Cpl Duris, Cpl Clark, Cpl Organ, Cpl Birrell and Pte Thibodeau helped with the go-kart racing's more physical portions once racing started.

CFB Shilo, through Shilo's MFRC, registered two cars and two Base youths took part in the festivities.

The event fell on a beautiful Saturday and the weather couldn't have been better. All participants had a great time and everyone involved left with a smile on their face.

A lot of work was put into ensuring the day went off without a hitch. Lifting the cars onto the platforms and positioning them prior to each race proved to be a lot of hard work, but the result was worth it.

Watching the kids laugh and having a great time was the most rewarding part of the experience.

All of the go-karts which came out were different in their own way, with their own designs and paint schemes, while some weighed much more than the others.

It was a great day for everyone. If you are given the opportunity to volunteer for next year's Kiwanis Kar Derby jump in — you won't regret it.



Your source for Army news in Manitoba

Your Base newspaper just finished third-place in the Canadian Community Newspaper Association's 2017 journalism competition featuring CAF publications. Congrats to the Stag Team!

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Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

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Canadian Armed Forces Defence Policy

Remaining combat-capable force requires significant investment

Gen Jonathan Vance
Stag Special

The Government of Canada has announced its new Defence Policy, which outlines how Canada expects to care for and employ its Canadian Armed Forces (CAF) during the next 20 years.

It also represents a significant investment in our future, one which will ensure we remain a flexible, responsive, combat-capable force that is prepared to deploy anywhere in the world.

As members of the CAF, your job is now to build a force that will meet this intent.

And during the coming weeks, your chain of command will communicate with you to help you understand what this new policy means for each of you and your families.

For now, I will offer a few overarching observations. Your primary mission is unchanged: you must stand ready to defend Canada and Canadians.

You belong to an agile operational force that can and will be called upon to respond to emergencies at home, and to face and defeat modern threats around the world.

Achieving this mission means we must be ready to operate in multiple theatres at any given time.

To ensure we meet Canada's objectives, the policy calls for a significant increase in our budget; the Government of Canada has indicated it will increase defence spending during the next 10 years from the current \$18.9-billion to \$32.7-billion in 2026-27, with a total increase of \$62.3-billion in new money during the next 20 years.

This funding will be used to pay for key CAF capabilities and equipment that will enable your success on operations, including:

- The Regular Force will grow by 3,500 personnel (to 71,500 total)
- The Primary Reserve will grow by 1,500 personnel (to 30,000 total)
- Enhanced command and control capabilities, as well as cyber, space and intelligence-gathering functions to ensure targeting efforts are effective across the full spectrum of conflict, giving the CAF an operational advantage over adversaries
- The Reserve Force will be properly equipped, trained and integrated into the total force so its members can play a greater role on domestic and international operations
- The Royal Canadian Navy (RCN) will acquire 15 new Canadian Surface Combatant ships, five to six Arctic offshore patrol ships, two joint support ships and enhanced weapons and reconnaissance systems
- The Canadian Army (CA) will acquire ground-based air defence systems, replace the family of armoured combat support vehicles, modernize logistics vehicles and upgrade the light armoured vehicle fleet

- The Royal Canadian Air Force (RCAF) will acquire 88 future fighter aircraft and replace the CC150 Polaris, CC138 Twin Otter and CP140 Aurora aircraft

- The Canadian Special Operations Force Command will increase its operational capacity so it can expand its capability to rapidly deployable as an agile force around the world

The new policy is also driven by a focus on you — it recognizes that you and your families are at the very heart of our operational success.

Because you have chosen to proudly wear the uniform and serve our country, you and your family deserve the best care throughout your career and beyond.

Under the policy, some of the improvements to the care you and your family receive will be:

- \$198.2-million will be spent on implementing a new total health and wellness strategy that focuses on the physical, mental, spiritual and familial health of our people
- \$144.8-million to support Military Family Resource Centres (MFRC)
- A new Personnel Administration Branch will be established
- International named operations will be tax free and the hardship and risk allowance will continue
- A new CAF Transition Group will be established to ensure a professional, personalized approach to transition and administration

A team is only as strong as the people within it.

Personalizing our approach to how we care for and value you and your families will make the CAF a more effective force; more flexible, more combat-ready, and able to respond quickly and decisively to any threat or situation, anywhere and at any time.

This is the CAF of the future.

As you read the policy, I want you to pay attention to its eight core missions, which recognizes the imperative of our ability to conduct concurrent operations.

This policy directs the CAF to be ready for simultaneous operations where we will show leadership on a variety of combat operations, peace support operations and humanitarian missions at home and abroad.

This means we could be called upon to operate and sustain two or more theatres of operation for both long and short periods of time conducting operations in support of the UN, alliances or coalition.

All planning, force generation and resource allocation from this day forward will ensure that the expected operational outputs are available to be employed on operations.

This policy will affect you for years to come. I want you to educate yourself on its content and meaning and seek advice from your leadership as needed.

Thank you for your continued professionalism and selfless dedication. You make me proud.

Gen Jonathan Vance is Chief of the Defence Staff (CDS)

Cliff CULLEN
MLA for Spruce Woods



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MPs have kids visit venue



CANADIAN MP The Military Police NOTEBOOK

MFRC toddler program kids had an opportunity to check out a MP cruiser during their visit to the 1 MP Regt Shilo PI building.

Photo supplied

MCpl Patrick O'Brien Stag Special

1 MP Regt Shilo PI recently hosted special visitors at their workplace on the Base. MPs welcomed the MFRC staff and one of the MFRC toddler programs, featuring kids aged 18 months to three years of age.

They dropped by for a tour of the MP detachment and our emergency vehicles. The children especially enjoyed playing with the vehicle's emergency lights and sirens.

You can contact MCpl Jennifer Amiro, the 1 MP Ops NCO/Community Relations Officer for availability for your group/events by calling 204-765-3000 ext 3358.



A vehicle is stopped before leaving the Base through the north gate as part a RIDE program coinciding with the 14th annual Base Commander's Lobsterfest.

Photo supplied

No DUI charges laid following Lobsterfest

MCpl Patrick O'Brien Stag Special

The 14th Annual Base Commander's Downhomer LobsterFest was an immense success with many in attendance.

The 1 MP Regt Shilo PI, led by this writer and Cpl Michael Cornforth, conducted a successful Reduce Impaired Driving Everywhere (RIDE) program throughout the evening with assistance

from members of MADD Canada Brandon Chapter, Brandon Police Service, Brandon RCMP, and the RM of Cornwallis. CFB Shilo's MPs would like to extend a sincere thanks to the community members on this Base and surrounding area for their patience with police, and especially for driving sober.

1 MP Regt Shilo PI is pleased to announce there were no charges for impaired driving nor any roadside prohibitions issued following Lobsterfest.



Promoted - new job

A weapons tech now at 2PPCLI, MCpl Sarah Bolland received her sergeant's "stripes" from BComd LCol John Cochrane and BRSM CWO Don Askeland following the Freedom of the City event held in Brandon on Ninth Street in front of City Hall.

Photo Lori Truscott

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LOBSTERFEST



Wasn't that a party? BComd LCol John Cochrane hosted a soldout 14th annual Base Commander's Downhomer Lobsterfest at L25, with event goers singing the praises of another successful dinner of steak and lobster. Many a selfie was taken at the dinner table, and for some, figuring out how to eat a lobster was part of the fun. To burn off their dinner calories, it was then time to dance.



PHOTOS JULES XAVIER

Putting a green thumb to the test

Novice gardener takes on challenge of growing various edible plants

Sarah Francis

Shilo Stag

Gardening is more than throwing some plants in the ground and hoping for the best.

Yet, at the same time, it is exactly that when you think about what you've just done in your garden.

You can do everything right — use the proper mulch, the best varieties for your space and plant per instructions, but you're still up against nature.

Nature, and in my case, human error.

Last year, I tried out a community garden plot offered on the Base in a fenced-in area with raised boxes. Overall, my tomatoes, jalapenos, onions and cucumbers did okay. More okay than my zero per cent gardening history would of had me expect.

My second variety of cucumber and melons did more accurately to my expectations — not well.

I was told by my boyfriend's mom it was a plant disease of some kind. We looked around the other plots and many others looked the same as mine.

This year, I decided to try something different. Instead of choosing what I thought would be pretty easy to grow and hoping for the best, I'm putting a bit more planning effort in.

Although, based on my skills and knowledge — or lack of — I'm still just hoping for the best, but with some actual intention this time around.

I don't think I've ever referred back to what I've saved on Pinterest so many times. I have more than 2,600 pins.

How many of those do I actually go back to? Maybe 10. They're all food.

Between Pinterest, Brandon-based The Green Spot and the help of some friends, I came up with a list of plants and a strategy.

My list features two types of tomato, three kinds of pepper — both hot and sweet — onions, as well as lettuce, beets, carrots, a few herbs and strawberries.

I 100 per cent picked them based on name. The choice between a Sweet pepper and a Big Bertha? Yup, Big Berthas and Gypsy peppers.

Some of the lovely workers at The Green Spot gave me advice on how many I could plant per bin and how to care for the varieties. I planned out each container based on what grows well together. It's called companion gardening.

There are many veggies and fruit which love to hang out together and will flourish. Take the three sisters crops for example. Beans, squash and maize (corn) were all grown together.



Transplanting went well into sunset, but there was still bright light in the front of the house for the plants afterward. A few of the pepper plants already have small buds growing between their leaves. With help from Mother Nature in a few weeks green and red peppers should start to grow.

According to the Old Farmers Almanac website, the Iroquois had been growing these plants for more than three centuries before European settlers arrived in the early 1600s.

The corn grows tall, giving support to the beans, which collect nitrogen for the benefit of all three and the squash acts as mulch. Its large leaves keeping the soil cool and preventing weeds.

I learned this from my many years of watching Food Network, specifically Good Eats. One of two reasons I miss cable, that and HGTV.

I decided to use some cheap plastic bins which were fairly sturdy. This way, there were handles to move them around and they were more than 15 inches tall and quite wide.

I painted stripes on them, and soon they will be surrounded by potted flowers.

One draw back was these things were heavy as all sin. Plus the shape does not co-ordinate with little arms and legs well.

Five days later, still sore. It took nearly four hours to get the dirt from the dirt pile, fill the bins and transplant. It was more than 30 degrees Celsius that day.

How anyone older than age 60 manages to pull this off is amazing. I need to find some grandmothers and learn a few tricks.

I had to fill the bins half way then use other containers, and three-gallon ice cream pails to fill the rest.

I nearly gave up and went inside at this point. Three hours of hauling dirt, avoiding many wasps — one of which flew into my car, and a brief moment of panic after inhaling plant food, takes a lot out of a girl.

My inner monologue at this moment went along the lines of "It doesn't say anything bad will happen. Just strongly direct-

ing not to ingest ... I'm fine, it will be fine ..."

Though now, I'm glad I kept going because it was even hotter the next day.

My lettuce is in for a rough go if it stays hot, which I planted seeds for. That was a production in itself.

Now I didn't expect seeds to be the size of a grape or anything, but their minute size made things a bit difficult.

The beet seeds weren't too bad, but the lettuce and carrot were — well I don't think I'll be planting them again.

I ended up spilling the seeds so I just tried to spread them out as best as I could. I'll probably have about 70 carrots trying to grow in one spot.

You're supposed to thin them out later anyway right? Right?

At this point, we're just going to see how that mess turns out.

It's come full circle back to hoping for the best again.



Some of the seedlings barely poke over the top of the bins after being planted. It will take a few weeks for the seeds to start showing through the soil. Soon the bins will be joined with a few flowers.

Photos Sarah Francis

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Canadians step up on D-Day

Canada's military history is filled with courage and sacrifice. Since Confederation, two million Canadian sailors, soldiers, airmen and airwomen of many backgrounds have served Canada with distinction overseas. More than 100,000 of them have made the ultimate sacrifice. To help commemorate that heritage and mark Canada's 150th year as a nation, we are presenting a series of stories to salute the bravery of our military predecessors who fought to defend Canadian values at home and abroad. In this installment, we look back at D-Day, June 6, 1944.

Steven Fouchard Stag Special

In the summer of 1943, with German forces on the retreat in Italy and weakening in Russia, it was decided to open up yet another front in France.

The D-Day invasion of Normandy was a costly but triumphant day for Canadian troops, who were given sole responsibility for the capture of Juno Beach.

The most obvious location from which to launch an assault on France was Pas de Calais, which sits at the shortest distance from England across the English Channel. The Allies strove to give the impression that it was their objective, even creating a faux army of wood and papier-maché equipment on England's southeast coast while forces actually marshalled in the southwest.

The real landing site would be Normandy, however and, in a testimony to Canada's valued contributions, its forces were given sole responsibility for capturing an area code named Juno Beach. The United States and Britain were the only other Allied nations to be tasked in such a way.

On June 6, 1944, more than 100 Canadian ships, just a small part of the larger armada of nearly 7,000, arrived at the French coastline just before daybreak. The 3rd Canadian Infantry Division would be first ashore at Juno. Most of its members had been training for over a year in England and Scotland and had yet to see action.

The German defences were largely unaffected by bombardments from both sea and air prior to the landing, leaving the troops exposed to heavy enemy fire. This makes the ultimate success of the invasion all the more impressive.

Among the most notable individual contributions to D-Day was that of the Regina Rifles' Lt William David Grayson. He was given the Military Cross for, among other acts of bravery, capturing a German machine gun post while armed only with his pistol.

D-Day was just the beginning of what would be a long fight through France, lasting until late August of 1944. It was essential that the Allies have a secure port from which to sustain the effort.

Total Allied casualties on the day exceeded 10,000, including 359 Canadians killed.

Steven Fouchard Army Public Affairs

MFRC, OSISS partner

Military, veteran families receive support with resiliency training weekend

Carolyn Senchuk-Lavergne MFRC Special

For the past four years, Shilo's MFRC has partnered with Operational Stress Injury Social Support (OSISS) to offer a resiliency training weekend for 30 spouses of still serving and retired military members who have an Operational Stress Injury (OSI).

OSI is defined as any persistent psychological difficulty resulting from operational duties performed by a member of the Canadian Armed Forces (CAF).

The term OSI describes a host of problems, including anxiety, major depression, alcohol or substance abuse, and post-traumatic stress disorder (PTSD).

The purpose of this training retreat is to provide an opportunity for military spouses to rejuvenate from the stresses of being a military spouse and living with someone with an OSI.

The focus of the training is both educational and skill building with an emphasis on self-care and resiliency.

Most importantly, it offers an opportunity for spouses to connect with others from across Manitoba and learn they are not alone in this difficult and challenging journey of mental health.

This training has grown during the passing years and has been delivered in Russell for the past three years.

Thanks to generous donations from various organizations, including Legions from across the province and Project New Hope Canada, we are busy organizing the fifth annual resiliency training this fall in Russell running from Sept. 29 to Oct. 1.

Without the donations we receive, this valuable training would not be able to continue and we appreciate the support.

If you would like more information on the OSISS program, visit www.osiss.ca or contact Christine Howell at 204-765-3000 ext 4031 or e-mail at christine.howell@osiss.ca

Shilo's MFRC offers numerous services to military families. Learn more by visiting www.cafconnection.ca

Carolyn Senchuk-Lavergne is Shilo's MFRC family liaison officer

WESTMAN'S BIGGEST FREE Canada Day Celebration

LOVERBOY

MICHELLE WRIGHT PETE ZEDLACHER TYLER SHAW

SHILO SHOW & SHINE CAR SHOW

FIREWORKS FOOD VENDORS BEER GARDEN

Family activities: foam party, obstacle course, dunk tank, and more

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Cpl Matthew MacKay shows off the equipment to Tzevi Egan inside a MP vehicle.
Cpl Glenda Gauthier photo

Shilo MPs help send student to Brandon U

Stag Special

Brandon resident Tzevi Egan became the latest recipient of funds from 1 MP Regt Shilo Pl.

The 21-year-old received \$2,255, including a laptop and specialty software, to assist him in his post-secondary studies.

The donation was made possible through the Military Police Fund for Blind Children (MPFBC). The cheque was formally presented to Tzevi and his family June 1 at CFB Shilo.

At the age of seven, Tzevi suffered a life-altering brain injury which almost took his life. It left him without speech, memory and paralyzed on the right side of his body, reliant on a feeding

tube, wheel chair, and intensive daily therapies for months at The Children's Hospital in Winnipeg.

He worked hard to defy the odds and regain his skills. Despite his challenges, he has become an active member of the community.

An aspiring author, Tzevi plans to continue his education at Brandon University this fall.

The MPFBC was founded in 1957 and specializes in assisting visually impaired children up to the age of 21. The fund is operated entirely by MP volunteers and has no paid employees.

All funds raised are used to benefit visually impaired children. For more information on the charity visit www.mpfbc.com



Rehearsal

2PPCLI Capt Megan Coutru and the rest of the Queen's Guard left for England June 8. Their first parade is June 18.
Photo Jules Xavier

WOLVERINE DAYS 2017

JUNE 24 10AM - 4PM
JUNE 25 10AM - 3PM

RAIN OR SHINE - STORE FRONT WILL BE OPEN LIMITED HOURS ON SUNDAY

OPEN HOUSE AND RANGE EVENT

ALL ARE WELCOME - ALL AGES - ALL EXPERIENCE LEVELS

NO LICENSE REQUIRED

BBQ LUNCH BOTH DAYS 11:00AM-2:00PM
SATURDAY'S PROCEEDS GO TO THE LOCAL BOY SCOUTS!

MANUFACTURER REPS

DANIEL DEFENSE, BARRETT, VORTEX, BROWNING, BUSHNELL, X-METAL TARGETS, RED AGENCIES - BENELLI, BERETTA AND MORE!

NEW! WOLVERINE DISCOUNT DEN
EVERYTHING IN THE DEN WILL BE ON SALE!

SCRATCH OFF DISCOUNT

GET **5%-50% OFF** YOUR PURCHASE!

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CAN'T MAKE IT OUT? ENTER OUR ONLINE PROMO!

OVER \$6,000.00 IN PRIZES! PRIZES INCLUDE A B&T AG APC 223 (NON-RESTRICTED), BUSHNELL OPTIC VOUCHER AND SAVAGE RIFLE BUILD!

LIMITED TO 1000 ENTRIES. WILL BE SOLD EXCLUSIVELY ONLINE JUNE 22 AND JUNE 23.

IF THERE ARE ENTRIES LEFT, THEY WILL BE AVAILABLE IN STORE JUNE 24 AND JUNE 25 AS WELL.

ALL PROCEEDS GO TO

RONALD MCDONALD HOUSE CANADA AND COURAGEOUS COMPANIONS!

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Celebrate Recreation Month by participating in PSP events

Stag Special

This month, PSP will celebrate June is Recreation Month (JRM).

The theme this year is "Why PLAY Anywhere Else?"

It was chosen to promote the value of PSP in providing recreation services to the military community.

As per previous years, each Canadian Armed Forces (CAF) Bases/Wing staff will organize a number of activities at their respective location.

Did you know?

In 1969, Treasury Board (TB) set out the basic principle that "a reasonable level of goods, services and recreational facilities should be available to CAF personnel in their areas of service. We believe that when Canadian Armed Forces personnel are able to take good care of themselves and their families, they can do better both at home and at work.

"Whether families need to sign the kids up for swimming lessons, improve their fitness or make friends in a new community, our recreation services are here to help."

From the largest Base to the smallest Wing, PSP recreation departments around the country, including CFB Shilo, are united in their mission of improving health and well-being, contributing to operational success, and providing safe and enjoyable recreation opportunities for all.

To learn more about community recreation and to enter the June is Recreation Month contest, visit www.CAFconnection.ca



Shilo Bosses Night

LOOK MUSIC SERVICES

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Lookmusic@wgcwave.ca



MWO Patrick Surprenant won the PMC challenge, defeating Maj Lindsay Jackson and Cpl Gord Duttie in sumo wrestling. In a challenge with BComd LCol John Cochrane (top), he suffered his only defeat. Base Adjutant Capt Vanessa Durand had trouble getting to her feet (above) in sumo wrestling. The event at the El Prado Club also featured bungee run (below with Padre Dennis) and gladiator battle (left with two combatants jousting). All three events will be part of the Base's Canada D'eh activities. Photo Jules Xavier



Shilo Theatre
(Located in the General Strange Hall)

June 16 Going in Style Rated PG
June 23 Power Rangers Rated PG
June 30 NO MOVIE

Children aged 10 and younger require adult supervision at all times.
All movies start at 6:30 p.m. Doors open at 6:15 p.m.
FREE GSH popcorn — h2o from CANEX

For more info, contact the community recreation office at 204-765-3000 ext 3317/3588

GSH Bowling Alley

Open bowling for all ages
Saturday 2 to 4 p.m.
Sunday 2 to 4 p.m.

Adult: **\$2.50** per game
Youth: **\$2.25** per game
Child: **\$2** per game
Shoe rental: **75** cents

Prices subject to tax

Ask about Glow bowling birthday parties!

For more info call the community recreation office at **204-765-3000** ext **3317** or **3588**

Canada Day - CFB Shilo

SHILO SHOW & SHINE

Follow us on Facebook @ Canada D'eh Shilo

FREE Fireworks at dusk
Evening concert starring
LOVERBOY • TYLER SHAW
MICHELLE WRIGHT

Family activities: foam party, obstacle course, dunk tank, and more

Food vendors and beer garden

FREE entry, all vehicles

NINE prize classes

ALL car show entrants have a chance to win a trip courtesy of

WESTJET

To register by June 23 e-mail Brian.Dempsey@forces.gc.ca

www.rcamuseum.com
 Call 204-765-3000 extension 3570
CFB SHILO
EXPERIENCE HISTORY WITH A BANG!
THE RCA MUSEUM
 CANADA'S NATIONAL ARTILLERY MUSEUM



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CAFconnection.ca
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1947 - 2017
Shilo Stag
 70 YEARS

Your source for Army news in Manitoba

We want you on our team

The *Shilo Stag* is looking for another sales consultant for its team. Help us sell the Brandon business market on advertising in the *Stag*. They have a captive audience — especially with people here who are new to the community after being posted here from elsewhere in Canada. Where do you shop for new glasses; groom your dog; take the wife out for an anniversary dinner; buy a new car or have winter tires put on the van with the advent of winter; shop for back to school clothes and supplies? Working on commission, you can set your own hours. The more you hustle and sign advertisers up to promote their business in the *Stag*, the more you earn. Drop by the *Stag's* office in CANEX and see Jules or Sarah about the job. Or call 204-765-3000 ext 3013/3093. Be part of the award-winning *Shilo Stag* team.



New OC for 3 Cdn Div TC C Coy Shilo

LCol Robert Tesselaar from 3 Cdn Div TC Wainwright was on hand to see outgoing OC Maj Yanick Robert hand the reigns of the training center to former Base G3 Maj Lindsay Jackson, who received her pennant from LCol Tesselaar. Maj Jackson will commence her new job as OC for 3 Cdn Div TC C Coy Shilo following her handover sessions with Maj Robert.

Photo Jules Xavier

CLASSIFIED ADS

Email: stag@mymts.net • Phone 204-765-3000, ext 3013 • Fax 204-765-3814

**\$10 for first 20 words,
 10¢ for each additional word
 Deadline for next issue:**

June 22 at noon

Free ads (non-profit only)
 restricted to members of the
 CAF, employees of CFB Shilo and the
 residents of the surrounding area.

Services	Services	Services	Employment
 <p>St. Barbara's Protestant Chapel Sunday at 10:30 a.m. with Sunday school & nursery Padre Costen - ext 3381 Padre Dennis - ext 3088 Padre Lee - ext 3090 Padre Neil - ext 6836 • • • Our Lady of Shilo Roman Catholic Chapel Sunday at 10:30 a.m. Faith Studies Tuesday 18:30 Confessions by appointment Padre Ihuoma - ext 3089</p>	<p>Greg Steele Canadian Firearms Safety Course Instructor/Examiner Offering Red Cross first aid training. Manitoba Hunter Safety instructor. Courses offered at least monthly, more often with demand. Firearm/hunter safety courses planned seasonally. Restricted and non-restricted. Call 204-725-1608. E-mail gstele4570@gmail.com</p> <hr/> <p>We buy and sell good used furniture/appliances and we deal in coins and coin/stamp supplies. People's Market Place, 32-13th St., Brandon, 204-727-4708.</p>	<p>NEED YOUR TAXES DONE? Fast, friendly, and personal service. Located outside the gate. For all your income tax needs contact Ingrid Wasserburg at 204-763-4357. OPEN ALL YEAR.</p> <hr/> <p>Employment Looking for a job on the Base? Submit resumes to NPF HR office via e-mail quoting competition # to npfhrshilo@cfmws.com OR for more detailed information on the jobs offered at CFB Shilo visit: www.cfmws.com</p>	<p>CANEX wants you: Clerk/cashier part-time position with 13 to 32 hr /week required. Must be available days/evenings, and weekends. Starting salary is \$11.68 per hour, and after two-month probation increases to \$11.94. Apply in person at CANEX admin office, or NPF Human Resources office at base HQ.</p>

Advertise with us! To place an ad, e-mail Sarah Francis at stag@mymts.net or call her at 204-765-3000 ext 3013

Mayor Chrest inspects troops on Ninth Street

From the front

This marked the first time CFB Shilo had been granted Freedom of the City — 2PPCLI received similar honours in 2015 during the centennial of the Patricias. A similar honour was also given by the City of Winnipeg in the same year.

BComd LCol John Cochrane led the parade on an overcast morning, marching with his soldiers south on Ninth Street. He was stopped by Brandon Police Chief Ian Grant, who then walked LCol Cochrane and BRSM CWO Don Askeland to the front door of City Hall.

With his sword drawn, LCol Cochrane then knocked three times on the door. Mayor Chrest opened the door and welcomed the BComd and his soldiers. He then walked with LCol Cochrane to the street, where he inspected the troops on parade.

CFB Shilo, following the Ninth Street ceremony, then participated in the annual Traveller's Day parade. Besides the Canadian Army's mascot Juno, the parade featured a number of vehicles from the RCA Museum.



PHOTOS JULES XAVIER

CFB Shilo soldiers paraded on Ninth Street.



BComd LCol John Cochrane was stopped by Brandon Police Chief Ian Grant (above) before walking up to front door at City Hall.



G1's Capt Bradley Knoll



Mayor Rick Chrest inspected soldiers alongside BComd LCol John Cochrane.



Comptroller Capt Nickie Witham