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Volume 55 Issue 12



Serving Shilo, Sprucewoods & Douglas since 1947

June 16, 2016

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Travellers' Day Parade



It was a cool morning when CFB Shilo's contingent, including the Canadian Army's mascot, Juno, and contributions from the RCA Museum participated in Brandon's annual Travellers' Day parade. Cpl Alex Otis of Base Transport had an opportunity to drive an old army jeep which carried Juno (here having his nose tweaked), BComd LCol John Cochrane and BRSM CWO Don Askeland. Prior to the parade, the 105mm gun (below) was polished "army style" with a dash of water and elbow grease.

Photos by Jules Xavier



See Who's Kickin' in focus with your baby

Sarah Francis

Shilo Stag

It's satisfaction guarantee with military friendly ultrasound See Who's Kickin'.

The non-diagnostic ultrasound service functions more as a pre-birth photo shoot for your baby.

"I always clarify that with clients," said owner Chantal Paddock. "It's elective. I guess a good way to say it is — a photographer taking pictures of babies."

She is, however, able to tell you gender.

A love of her work and wanting to be her own boss drove her to open her own ultrasound business.

The business is run with the help of her father and has been performing ultrasounds for four years. Getting her clinic off the ground has been done in baby steps, but things are coming along nicely.

"My dad and I had been talking about it and we had some of our own promotions we wanted to try and just to be my own boss, decorate the room [how] I wanted it to be. I like that it's kind of a cozy little nursery."

As she explained her desire to go out on her own *Part Of Your World* from *The Little Mermaid* began playing in the background.

Making the room a welcoming relaxing environment was her goal and she welcomes the entire family she said, "The more family the better."

Adding that about 75 per cent of their reviews mention how cozy and nurse-like the facility is.

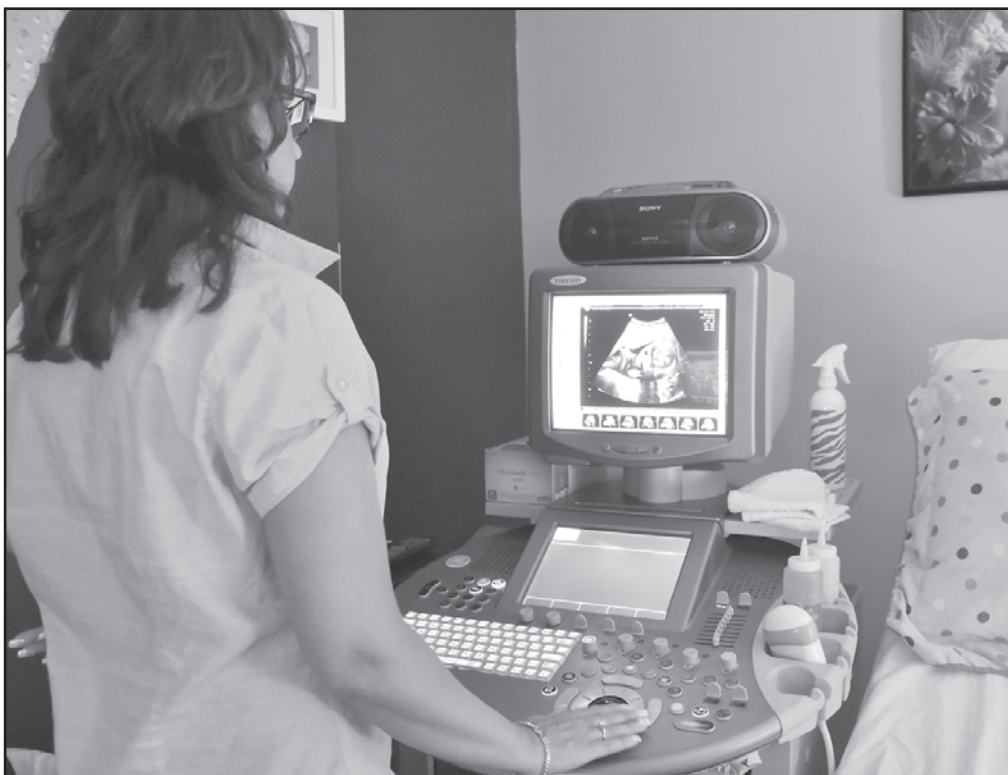
The room is decorated how she likes. She decides her hours and has control over all customer satisfaction points.

"There's a lot of factors. Some babies are in a position where they're looking down at moms spine, some have some cord or hands in front of their face. Some moms have more fluid than the others. That's one thing I do stress to women when they come in."

There are a few things which can be done to help improve the chances of the baby being co-operative.

She recommends drinking lots of water and eating something sugary that your baby responds to in the womb.

She also stresses to parents, when determining gen-



See Who's Kickin' owner Chantal Paddock looks over an ultrasound photograph on her diagnostic computer. This new business has opened in Brandon and offers a relaxing environment where you can take part in a non-diagnostic ultrasound service, which also tell you your baby's gender.

Photo by Sarah Francis

der, nothing is ever 100 per cent until the baby arrives. However, she will work with you to make sure she gets that shot.

"I can be 99 per cent [sure]. If I don't get that shot, I always tell people I will bring them back at no charge until I get that shot that I'm comfortable saying I can tell you 99 per cent, I can't tell you 100 per cent because nothing is 100 per cent, but this is my 99 per cent shot."

She showed this reporter a photo of a baby after being born and a photo they took during an ultra sound session at 28 weeks. The photo was very clear and you could certainly tell it was the same baby. She noted how you could tell it was the same nose.

It's recommended that moms-to-be wait until 24 weeks gestation to have a 3D ultrasound done.

"The reason being that you need baby to get a little bit more fat on them. They're starting to get their fatness and their skin on their face at 24 weeks and over."

It's a very exciting time, but if you get 3D earlier

on you may not enjoy your photos as much.

"They want to come at 18 weeks or 20 weeks. And I have to warn them, that baby is still very skeletal."

They're also able to accommodate special gender reveals.

"People are really big into these gender reveal parties now," explained Paddock.

"They will come and see me for a gender determination package — which is called our Prince or Princess package. They get picture of baby in the 2D, which is black and white. Then what will happen if they want to know gender, I will tell them the gender or they will want me to put the gender in an envelope and they won't see it and they have all these gender reveal parties."

People have made cakes with pink or blue inside. She has also seen people use firecrackers that exploded pink or blue.

Military members may be interested in some of their newer high-tech bonuses.

You can purchase a heartbeat card. It's the size of a credit card, with a photo of your baby, as well as a barcode you can scan with your phone. After being scanned the heartbeat will play.

Her father John Lorenowicz explained they can also send a digital copy.

"So say for instance the husband — they get moved out and they're in Italy. We can send this as a digital copy so they now see the picture of the baby and they can scan it with their phone — as long as they have Internet, they can now hear the baby's heartbeat."

Military members can also enjoy a discount on all packages.

Among their popular items is heartbeat bears, which you can get in a variety of styles. They played one of the sample heartbeats by squeezing one of the bears they had on hand.

Some moms Paddock has met use the bears heartbeat to call their babies. Explaining that it's a similar sound to being back in the womb.

The newest addition to their inventory is baby bottle USB sticks that can hold all of your ultrasound photos. Call Chantal Paddock at 204-761-4435 to book your appointment.

Pet of the Week

FARRAH

This is my dog Farrah, says Cheryl van der Raadt, the administrative co-ordinator at the RCA Museum. She was named for her long, flowing hair, just like the original late Farrah Fawcett! She's a pretty girl, with a small dog attitude! Farrah enjoys her daily walks at the mobile home park where she resides. Do you have a photo of your pet you'd like to share with our Stag readers? If so, e-mail it to us via stag@mymts.net




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From Alberta, country singer Aaron Lines is the headliner for Canada D'eh festivities on the Base around L25. Small Town Pistols (inset) is a Canadian country music duo composed of Amanda and Tyler Wilkinson, formerly of The Wilkinsons.

Photos supplied

Country talent perform during Base's Canada D'eh celebrations

Shilo Stag

Are you ready to blow out 149 candles on Canada's birthday cake?

If so, you'll want to be at this year's Canada Day festivities being planned by PSP staff, with support from the Base, at L25 when dawn breaks July 1.

The Base kitchen is working on a special "large" birthday cake which will be unveiled that day. With more than 1,200 in attendance for Canada's 148th birthday party in 2015, a big birthday cake is needed to feed an expected much larger turnout.

This will be LCol John Cochrane's first Canada Day celebrations as Base Commander, and he's inviting the Base's hinterland to drop by and enjoy the festivities. He's looking at this year's event as a spring board to an even bigger celebration in 2017 when Canada turns 150.

Activities on the Base commence at 3 p.m., with the afternoon focused on families and family activities for the kids and teenagers. Laser tag, an obstacle course and foam party (which proved popular in 2015) are just some of the activities planned.



A nearby beer gardens for the adults will feature local bands like Clubbing Fraggles and Whitemud Blues Band.

The night entertainment which runs from 7 to 11 p.m. is formatted after a variety show which soldiers would experience while deployed overseas.

Some of the performers on the main stage have previously entertained Canadian Armed Forces (CAF) mem-

bers overseas.

Country music star Aaron Lines is the headliner. He will be joined on stage by award-winning fiddler Stephanie Cadman and recording artists Small Town Pistols. This duet is the brother/sister tandem of Amanda and Tyler Wilkinson, formerly of The Wilkinsons.

Comedian Peter Zedlacher is the evening's emcee.

While the adults are listening to live music, the youngsters and teens in attendance can leave the warmth of a bonfire and head over to the GSH theatre for a free movie and popcorn at 7 p.m.

Fireworks will follow at dusk.

A bus service will operate during the evening bringing Canada Day goers who drink back to Brandon from the Base.

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Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

• • •

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Facebook by visiting:<http://www.facebook.com/ShiloSTAG>

There is still lots of intricate work to be done on this 1912 era vehicle before being unveiled July 1 as part of the RCA Museum's exhibit entitled *The Somme: Mechanization of War 1916-17*.
 Photos submitted

Restoration of 'Camp Hughes' truck underway

Shilo Stag

Last summer, the RCA Museum acquired an exceptional addition to its vehicle fleet from the Manitoba Automobile Museum in Elkhorn — a First World War Army truck which was reputedly used at Camp Hughes.

Showing evidence of being modified from the original chassis as were many vehicles at Camp Hughes in the mechanical workshops, it was most likely used to move troops and supplies around the camp.

Making use of the engine serial number the date of manufacture was confirmed to be 1912.

Manufacturers plate with years of patent are present on the engine.

Research is currently being conducted to its production and to confirm its first purchaser with Cadillac Archives.

However, Army paint is present and noticeable on woodwork, undercarriage and parts of wheel spokes and crank handle.

Only one other Great War Cadillac is listed on the United States Registry of Historic Vehicles and has not been modified from touring car usage although was used as a touring car for the YMCA in the First World War in Europe.

A website dedicated to this vehicle claims to be the only First World War Cadillac in existence.

After this use it was owned privately by a Chinese Laundry and Osbourne Garage — name is still in evidence in the final paint layers on the rear box.

It was acquired by Manitoba Automobile collector Isaac Clarkson, the originator of much of the collection at the Manitoba Automobile Association.

The Automobile Museum recognized that given its history and deteriorated state the RCA Museum was in a better position to take on its care and restoration.

After a few months of negotiation, the Manitoba Automobile Museum freely transferred ownership of the truck to the RCA Museum at no cost.

After assessing the vehicle with its arrival on the

Base, here is a description of its current condition:

- upholstery has burst and is missing a seat
- one wood hoop on the box is missing
- most of the canvas is present, but its roof is gone
- cab woodwork has been extensively weather damaged
- cab windshield frame is gone
- there are missing gauges, wiring and side lamp
- engine has minor missing parts, engine seized
- fuel system is present, but requires total restoration
- electrical system has been replaced inappropriately
- brakes, radiator, lighting, power-train, exhaust systems are present, but not functional
- some lighting is incorrect replacements
- current tires have irreparable damage/aging
- wheels are relatively solid with original spokes
- body work is stable, but damaged, especially front fenders and battery box areas.

Most of the body has been repainted and then weathered when used as a laundry delivery truck, and prior to that operated by a Winnipeg garage.

Initial restoration is already underway, with Rob Love doing the majority of the work.

Reproduction tires have been ordered and installed. Work has begun on the wheel restoration; disassembling, repainted and rebuilding.

Canvas and upholstery is being measured for re-production.

All originals will be retained.

Progress of this project will be posted on the RCA Museum's Twitter and Facebook page.

After body restoration, the vehicle will be on exhibit during the Great War temporary exhibit entitled *The Somme: Mechanization of War 1916-17* from July 1 to Dec. 16.

The use of vehicles for transport and artillery towing began in the First World War, especially during the Battle of the Somme, and aptly illustrates the mechanization of war.

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Capt Lussier received a parting gift from RSM WO Evan Dyson (left). New CO Capt Lowrie enjoys teaching bagpipes to young Army Cadets. *Photos submitted*

Capt Brent Lowrie new commander with Brandon Army Cadet Corps

2Lt Betty Froese
Stag Special

There's a new face at the helm of 71 Battery 2520 Royal Canadian Army Cadet Corps (RCACC) following a Change of Command (CoC) parade held at the Brandon Armoury.

With about 30 cadets in attendance, Capt Rob Lussier passed the leadership role to Capt Brent Lowrie during an evening parade.

Capt Lussier will now turn his attention to running the Shilo army cadets after handling double-duty the past few years.

A teacher at Crocus Plains Secondary School, Capt Lowrie has been involved with the Brandon army cadet program for six years, as both a pipe band instructor and training officer.

He believes the Army Cadet program provides incredible opportunities for youth across Canada and beyond our borders, including exchange programs overseas.

There is never a dull moment when cadets are exposed to experiences outside of the weekly activities at their home base.

"This month, our Silver Star cadets went hiking and canoeing at Bird's Hill Park as part of the Silver Star expedition course," he explained. "We conduct numerous training expeditions throughout the year, and in all seasons. Our field training exercises are held in various different locations, to ensure cadets have the greatest opportunity to learn as many outdoor skills as they can."

He added, "Our current Regional Sergeant Major (RSM) [WO Evan Dyson] just this past winter went on an ice-climbing and cross-country skiing expedition, which is considered a regional expedition, for a week in Cochrane, Alberta. This same cadet has also been selected on the Outbound Scotland Expedition this summer.

"So he's going to be four weeks in Scotland with other cadets from across the country in this international exchange. So, he'll be over there participating in cadet activities that the British Army Cadets normally do during their summer, and meeting cadets from all over Canada and the UK. That's pretty amazing for a 17 year old."

While WO Dyson is overseas for part of his summer break from school, his colleagues here at home will also be busy, according to Capt Lowrie.

"We've got lots of cadets going to summer camp this summer at the cadet summer training centres, doing everything from learning how to play the pipes and drums, to physical fitness leadership training, marksmanship training, expedition training ... all kinds of great opportunities, from Vernon, BC, to the Rocky Mountain Cadet Training Centre in Alberta, to the Yukon to Cold Lake."

Capt Lowrie's passion is playing the bagpipes and he has been playing since the age of nine. Since joining 71 Bty 2520 RCACC he has been teaching bagpipes to Brandon youth, as well as at the Rocky Mountain Cadet Summer Training Centre.

Shilo and area residents will recognize him performing at such functions as the Remembrance Day ceremony at the Keystone Centre, the annual Military Ball and at the Scottish Pavilion at the annual Winter Fair in Brandon, where he performs as a solo and with the 26 Field Regiment Pipe Band.

Meanwhile, Brandon is one of four cadet corps across the country which was awarded the Gerard Buckley Cadet Fund award.

The \$3,000 bursary covers direct training activities for cadets in Canada such as biathlon, music, marksmanship and hunter safety, adventure training and expeditions, citizenship activities and various other program for cadets.

The Gerard Buckley Cadet Fund is a special fund administered by The Army Cadet League of Canada.

The fund was created jointly by Gerard Buckley — a former Army cadet from Newfoundland — and Scotiabank.

The purpose of the fund is to benefit Army Cadets in Canada. As an overriding principal the monies must assist the greatest number of cadets possible in areas of training where the Government of Canada or the Department of National Defence (DND) does not provide funding.

Brandon's 71 Battery 2520 RCACC parades out of the Brandon Armoury each Wednesday from 6:30 to 9 p.m. from early September to mid-June. Open to kids aged 12 to 18, once summer arrives there are numerous opportunities to attend Army Cadet camps, both in Canada and overseas on international exchanges. There is a major camp in Whitehorse, Yukon for a rugged experience if chosen to attend. Visit www.2520armycadets.com

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PLQ graduation



Reviewing officer BComd LCol John Cochrane and BRSM CWO Don Askeland presented MCpl Sylvie Roy Garrett from CFB Kingston with the PLQ C Coy peer leadership award during a graduation parade held at the MPTF.

Photos by Jules Xavier

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It was a team effort, from the building of a new go-kart, to helping out at the actual Kiwanis Kar Derby held in Brandon. Here, some of the team members are all smiles as they show off the new go-kart along with a previous machine. However, only the new go-kart was used in this year's competition.

Photo submitted



Annual Kiwanis event held in Brandon

Base supports go-kart racing

Stag Special

CFB Shilo had a new go-kart compete in the recent Kiwanis Kar Derby held in Brandon. Here's MCpl Michel Beland's observations from the event, including the building of the machines.

May 21

By 9 a.m. the team showed up for its first timing to get the go-karts ready. We were so happy to see so many kids show up with their parents, ready to work.

Thanks to Cpl Evans who spent quite a bit of time moving kids with the Base Maintenance mule.

Pte Mount, a Mat-tech, immediately took charge in explaining the safety rules to the kids. The kids were impressed by his ability to utilize the welding machine.

By the end of the day the frame, steering, brakes and seat were installed.

Team members for the day included MCpl Beland, MCpl Deblois, Cpl Morris, Cpl Boucher-Kovacs, Cpl Gagnon, Cpl Evans, Cpl Dionne, Cpl Sentner, Pte Mount and MCpl (retired) Philpitt, who was a former RCME Vehicle Tech.

Darcy Cantlon, a Base Maintenance welder contributed immensely by spending an enormous amount of time working on the go-kart and sharing his own experiences with the rest of the team.

June 4

The team showed up in Brandon at 7:15 a.m. Mr Bright and his friends were extremely impressed by the CFB Shilo team, to the point where they could not stop thanking us. They invited us all to their party after the competitions and they were also willing to pay for all of us.

The team built the ramp, inspected the go-karts,

dressed the finish line and installed the safety rails. They were also in charge of loading the go-karts onto the ramp as well as loading the go-karts onto the trailer to be brought back to the top of the hill.

At the end of the go-kart derby, we tore everything down expeditiously and assisted in delivering the heavy equipment to the Kiwanis' storage facility.

I would like to acknowledge Cpl Birrell from Base Maintenance, who acted hastily when a buggy with a young child in it rolled over. His actions and quick thinking were invaluable in saving the child from further harm.

Base Supply should be proud of their people — Pte Thibodeau and Pte Desjardins. They did a wonderful job as they spent all day loading go-karts onto the trailer and through their professionalism, made CFB Shilo excel.

As we were not allowed to register more than one go-kart, we were proud to bring our old go-kart and let other kids drive it. Seeing the smiles on the children's faces made the day a great success.

Cpl Guerette did a great job showing his strong ability to design, cut and install the Shilo crest sticker onto our go-kart. He deserves great credit for his generosity, since all of the material used to make the sticker came out of his own pocket.

We did well at the race and learned a lot for next year.

A special thank-you to MCpl Deblois for allowing his son Mathiew to drive our go-kart at the competition.

Team members for race day included: MCpl Beland, MCpl Deblois, Cpl Evans, Cpl Morris, Cpl Maguath, Cpl Birrell, Cpl Dionne, Cpl Gagnon, Pte Thibodeau and Pte Desjardin.

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Cliff Cullen
MLA for Spruce Woods

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Shilo Theatre

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June 24 Whisky Tango Foxtrot Rated 14A

July 1 The Jungle Book Rated G (Canada Day starts at 7:30 p.m.)

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or by e-mail at Kgood.n01b@combinedmail.ca



For more info
call the community
recreation office
at **204-765-3000**
ext **3317** or **3588**

GSH Bowling Alley

Open bowling for all ages
Wednesday 6 to 8 p.m.
Saturday 2 to 4 p.m.

Adult: **\$2.50** per game
Youth: **\$2.25** per game
Child: **\$2** per game
Shoe rental: **75** cents

Prices subject to tax

Ask about Glow bowling
birthday parties!

Salad preparation

CFB Shilo had three military personnel aboard the HMCS Brandon as it sailed from CFB Esquimalt to Portland, Oregon for Fleet Week. Here, Lt Thomas Oh, a MATO assistant with Base Maintenance, helps with lunch alongside LS Zachary Warwick, a cook aboard HMCS Brandon. There was some seasickness at the start when Lt Oh, MCpl James Tucker of Base Supply and G1 MPSS clerk Cpl Amanda Dutchak left dock and headed out on the Pacific Ocean. The three CFB Shilo soldiers were able to tour the USS Howard.

Photo submitted



Health Promotion hands out prizes

Shilo Stag

The 2016 CAF Health and Wellness Challenge has come to an end, making this year a record breaking year.

According to Health Promotion calculations, May's event had 260 people register, while 145 sent in their results.

Health Promotion's big winners for this year are as follows: Giant dual suspension mountain bike Lt Adam Houghtaling; NordicTrack elliptical machine Renee Maillet; Vitamix blender Angela Smith-Gould; seven-inch Android tablet Sarah Fowler; Lifetrak personal fitness tracker Patricia Wells; Hamilton Beach Single Serve Blender Capt Kelly Holden; Fitbit Zip Jo-elle-Annick Buenacruz; yoga mat Gelina Alton; yoga mat WO Darryl Gould; and an early bird prize of a backpack Tracy McFadden. Health Promotion would like to invite everyone to its prize ceremony June 24 at 10 a.m. at L106 in classroom two.

Museum exhibit opens July 1

Shilo Stag

The Battle of the Somme was a pivotal moment in human history and warfare, where the machinery of war could crush the effort and ability of men meeting in battle. At the Somme, reliance for success was placed on a sophisticated transport system for supplies and equipment, plus massive and powerful artillery support. An agile Royal Flying Corps was also called on with aerial support.

In its next Great War temporary exhibit, the RCA Museum will review the Canadian experience at the Battle of the Somme through the equipment, supplies, guns and vehicles brought forward as well as the men who had to fight it. The exhibit, which runs until November, opens on Canada Day with a ceremony starting at 2 p.m. The museum will be open July 1 from 10 a.m. to 5 p.m.

Community Gardens seeks volunteer with green thumb



Shilo Stag

Do you have a green thumb?

Want to be involved in helping with the Base's Community Garden, which is a community initiative that has been co-ordinated by the Shilo Community Council?

However, since the gardens have been made available to gardening enthusiasts on the Base four years ago, the venue is starting to fall into disrepair.

"We are hoping that someone would be willing to volunteer some of their time to act as a garden rep for the council," said recreation supervisor Kristen Lu-

cyshyn.

"The garden rep would give council feedback and ideas on how to keep the gardens in better shape, help organize any repairs, and maintain the Shilo Community Garden's Facebook page."

An example of the type of work Lucyshyn had in mind included a proposal to spray for weeds, put landscape matting down, and spread gravel so weeds are thwarted from returning.

If you are interested in becoming the Community Garden OPI, give Lucyshyn a call at 204-765-3000, ext 3588. She can also be reached via e-mail kristen.lucyshyn@forces.gc.ca

Hands-on training



CFB Shilo's security force are often tasked to help range control with fire suppression. Here, they undergo some training to hone firefighting skills. *Photos by Jules Xavier*



The last time CFB Shilo hosted prairie region ball hockey at Gunner Arena, the Stags prevailed in the final by grounding 17 Wing Winnipeg in the championship game.

Photo by Jules Xavier

Ball hockey June 26 -29 Gunner Arena plays host to regionals

Danny Hamilton
Stag Special

Sunshine greeted golfers at the Shilo Country Club with the start of the community recreation golf league.

The team from Golf/FS&R produced the lowest ever two-team score of 135, (67, 68), good for 16 points to start the summer season.

Scoring in this league is based on using a two, two-person scramble format, and number of teams in the league. (i.e. 16 teams 16 points for lowest score, 15 points for second and so on). Listed here are the results for the opening week of golf action on the local links. The league started without teams from 2PPCLI and 1RCHA as golfers from these units were busy with Ex PROMETHEAN RAM held at CFB Wainwright.

Besides Golf/FS&R scoring a combined 135 based on scores of 67 and 68, good for 16 points, the runner-up team came from Base Supply and the MPs, with a 77 and 75. The combined 152 was good for 15 points. CE finished third with 14 points thanks to scores of 77 and 82.

In other golf news on the Base, today is the last chance to make the CFB Shilo golf team for regionals.

Tee time is between 7:30 and 8:30 a.m. at the Shilo Country Club. The top five males and two two females will wear CFB Shilo's colours at regionals being hosted this year by CFB Wainwright from July 11 to 15.

The team is comprised of only military members — Regular Forces or Class A, B and C Reserves.

At the Canadian Armed Forces (CAF) men's and ladies volleyball championships held at CFB Borden in late April, the regions represented included the Prairies' 17 Wing Winnipeg (ladies) and Garrison Edmonton (men); Atlantic Formation Halifax (ladies) and 14 Wing Greenwood (men); CFB Valcartier (ladies and men); Pacific 19 Wing Comox (ladies and men); and Ontario Garrison Petawawa (ladies and men).

In the ladies division, 17 Wing went undefeated in round-robin play and finished as the top seed. In the semi-final, 17 Wing won in five sets facing 14 Wing. In the finals, 17 Wing battled Garrison Petawawa, which defeated CFB Valcartier 3-0 in the other semi-final.

The gold medal game saw Garrison Petawawa prevailed 3-0 over 17 Wing.

In the men's side of the draw, Garrison Edmonton placed fifth and did not advance to playoffs. In the semi-finals, Garrison Petawawa defeated 14 Wing 3-1, while CFB Valcartier defeated 19 Wing 3-0.

In the championship game, Garrison Petawawa swept CFB Valcartier 3-0 to capture the title.

This writer is also in need of coaches for Base teams.

There are four teams requiring a bench boss or dugout coach: ball hockey, soccer and men's and ladies slo-pitch. Each of these four teams could represent CFB Shilo at the prairie region championships.

Ball hockey is scheduled for Gunner Arena from June 26 to 29.

Soccer is being hosted by 17 Wing Winnipeg from Aug. 20 to 25.

Men's and ladies slo-pitch, which was to have been hosted here initially, is now at Garrison Edmonton from July 17 to 21.

Tryouts for both Base slo-pitch teams start July 4, with sessions scheduled each morning — except Wednesday — from 7:30 to 9 a.m. Only open to military members from Regular Forces or Class A, B and C Reserves.

Contact me ASAP so teams can start tryouts and practices by call ext. 3894.

In other Base sports news, regional and national sports venues have been allocated for the 2016-17 seasons as follows:

- **Ball hockey** CFB Shilo June 26-29; nationals CFB Borden July 23-28
- **Golf** CFB Wainwright July 10-15; nationals CFB Borden Aug. 6-11
- **Slo-pitch** men's/ladies Garrison Edmonton July 17-21; nationals CFB Borden Aug. 20-23 (ladies), Aug. 25-28 (men)
- **Soccer** men's/ladies 17 Wing Winnipeg Aug. 14-19; nationals CFB Borden Sept. 10-15 (men), Sept. 17-22 (ladies)
- **Badminton/squash** CFB Moose Jaw Dec. 3-7; nationals CFB Borden Feb. 17, 2017
- **Triathlon camp** CFB Dundurn Jan. 15-18, 2017; nationals CFB Gatineau July 2017
- **Strong Contender** Garrison Edmonton January 2017; nationals CFB Borden April 2017
- **Hockey** men's, oldtimers Garrison Edmonton Jan. 29 - Feb. 4, 2017, ladies CFB Cold Lake Feb. 5-9, 2017; nationals CFB Borden March 2017
- **Swimming** CFB Dundurn Jan. 15-18, 2017; nationals TBD April 2017
- **Basketball** men's CFB Moose Jaw Feb. 2-6, 2017; nationals n/a
- **Basketball camp** ladies TBD; nationals n/a
- **Hockey** small base CFB Suffield Feb. 12-17, 2017; nationals n/a
- **Curling** CFB Dundurn Feb. 13-17, 2017; nationals n/a
- **Volleyball** men's, ladies 17 Wing Winnipeg Feb. 26 - March 3, 2017; nationals CFB Borden April 2017



WARNING SHILO RANGES

Day and night firing will be carried out at the Shilo Ranges until further notice.

The range consists of DND controlled property lying approximately 32 kms SE from Brandon and N of the Assiniboine River in Townships 7, 8 and 9; Range 14 WPM, Townships 8, 9 and 10; Ranges 15 and 16 WPM and Townships 9 and 10; Range 17 WPM in the Province of Manitoba. If required, a detailed description of the Shilo property may be obtained from the Base Construction Engineering Office at Canadian Forces Base Shilo.

All boundaries, entry ways, roads and tracks into the Range are clearly marked and posted with signs indicating that there is to be NO TRESPASSING. Hunting is no longer permitted on the Shilo Ranges.

STRAY AMMUNITION AND EXPLOSIVE OBJECTS

Bombs, grenades, shells, similar explosive objects, and their casings are a hazard to life and limb. Do not pick up or retain such objects as souvenirs. If you have found or have in your possession any object which you believe to be an explosive, notify your local police and arrangements will be made to dispose of it.

No unauthorized person may enter this area and trespassing on the area is strictly prohibited.

BY ORDER
Deputy Minister
Department of National Defense

OTTAWA, CANADA
17630-77

Canada



AVERTISSEMENT POLYONES DE TIR DE SHILO

Des tirs de jour et de nuit seront effectués aux polygones de tir de Shilo jusqu'à nouvel ordre.

Les polygones de tir sont des terrains sous le contrôle du MDN situés à environ 32 km au sud-est de Brandon et au nord de la rivière Assiniboine dans les cantons 7, 8 et 9; polygone 14 OMP, cantons 8, 9 et 10; polygones 15 et 16 OMP et cantons 9 et 10; polygone 17 OMP, dans la Province du Manitoba. Au besoin, une description détaillée de la propriété de Shilo peut être obtenue du Bureau du génie construction de la Base des Forces canadiennes Shilo.

Toutes les limites, voies d'accès, routes et sentiers menant aux polygones sont clairement marqués et ornés d'écriteaux d'ACCÈS INTERDIT. La chasse est dorénavant interdite aux polygones de tir de Shilo.

MUNITIONS ET EXPLOSIFS PERDUS

Les bombes, grenades, obus et autres engins explosifs similaires et leurs enveloppes peuvent causer des blessures ou entraîner la mort. Ne ramassez pas ces objets et ne les gardez pas comme souvenirs. Si vous avez trouvé ou si vous avez en votre possession un objet que vous croyez être un explosif, signalez-le à la police locale, qui prendra les mesures nécessaires pour l'éliminer.

Aucune personne non autorisée ne peut entrer dans ce secteur où tout accès est strictement interdit.

Par ordre du
Sous-ministre
Ministère de la Défense nationale

Ottawa, Canada
17630-77

What's on your summer bucket list?

MFRC Special

The end of the school year is quickly approaching, which means time for summer vacation.

Whether your children are in full-time daycare or home with you for the summer, you'll want to make the best of your summer with lots of fun activities — but with some downtime, too.

Organize your summer plans with a summer bucket list.

Have the whole family contribute ideas and suggestions of what they would like to do this summer. Then create your bucket list.

Finally, see how many items you can get checked off by the end of the summer.

Not sure where to start? Here are some ideas: Have a water fight; go to the zoo; tie-dye something; go to a drive-in movie; go berry picking; make s'mores; go to the beach; send a postcard; visit a playground you've never been to; visit a museum (RCA Museum is on the Base); go fishing; go camping; have a lazy movie day; eat dessert for dinner; try playing mini golf; visit a farm; bake cookies; go to the library; try a new ice cream flavour; have a picnic at the park; go to a splash park on a hot summer day; ride a train; feed ducks; build a blanket fort on a rainy day; play board games; go to the pool, indoor or outdoors; watch fireworks; do random acts of kindness; go bowling; fly a kite; let the kids plan dinner; build a sandcastle; stay up until midnight; see a baseball game; watch the sunrise/sunset; go on a nature scavenger hunt; go for a family bike ride; play laser tag; ride a bus and sign up for an MFRC program.

Now that you have some ideas, create your own list. Don't worry, it's not about checking off every item on the list, it's about making your summer fun and memorable.

And when your children say they are bored, you'll have a whole list of ideas to entertain them.



Adventure Bible Camp



CFB Shilo
August 2 - 5, 2016
9 to 12 PM

Contact: Sophie Egloff,
 Chaplain's Admin Assistant
 Ph: 204 765 3000 ext 3091
 sophie.egloff@forces.gc.ca

What to bring:
Hat & Water bottle

For more information, visit
 www.adventuredaycampmb.org




A ministry of:


With:


FREE

CLASSIFIED ADS

Email: stag@mymts.net • Phone 204-765-3000, ext 3013 • Fax 204-765-3814

**\$10 for first 20 words,
 10¢ for each additional word**
Deadline for next issue:

June 23 at noon

*Free ads (non-profit only)
 restricted to members of the
 CAF, employees of CFB Shilo and the
 residents of the surrounding area.*

Services	Services	Services	Employment
 <p>St. Barbara's Protestant Chapel Sunday @ 10:30 a.m. with Sunday school & nursery Padre Lee - ext 3090 Padre Neil - ext 6836 Padre Olive - ext 3088 Padre Dennis - ext 3698 Padre Costen - ext 3381 Padre Ihuoma - ext 3089 Our Lady of Shilo Roman Catholic Chapel Sunday 10:30 a.m. Wednesday 12:05 p.m. Confession by appointment</p>	<p>Greg Steele Canadian Firearms Safety Course Instructor/Examiner • Restricted and Non-Restricted • Manitoba Hunter Safety Instructor. Courses offered at least monthly and more often with demand. Firearm/hunter safety courses planned for the winter/spring. Examinations by appointment • 204-725-1608 • e-mail ggs57@wgcwave.ca</p> <p>We buy and sell good used furniture/appliances and we deal in coins and coin/stamp supplies. People's Market Place, 32-13th St., Brandon, 204-727-4708.</p>	<p>NEED YOUR TAXES DONE? Fast, friendly, and personal service. Located outside the gate. For all your income tax needs contact Ingrid Wasserburg at 204-763-4357. OPEN ALL YEAR.</p>	<p>CANEX WANTS YOU: Clerk/cashier part-time position with 13 to 32 hr /week required. Must be available days/evenings, and weekends. Under the direction of the department supervisor, a clerk/cashier scans customer purchases, processes the transactions, and accepts payment. He/she prices, stocks shelves, counters and display areas with merchandise and keeps stock in order. He/she performs cleaning duties as required. Starting salary is \$11.63 per hour, and after two-month probation increases to \$11.88. Apply in person at CANEX admin office, or NPF Human Resources office at base HQ.</p>
Home For Sale	<p>One-bedroom renovated house for sale in Brandon. Includes all new siding, shingles, windows, countertop and flooring. Located in a nice neighbourhood. \$114,900. Call 204-726-0909</p>		



Shilo Stag
 Your source for Army News in Manitoba

We want you on our team

The Shilo Stag is looking for another sales consultant for its team. Help us sell the Brandon business market on advertising in the *Stag*. They have a captive audience — especially with people here who are new to the community after being posted here from elsewhere in Canada. Where do you shop for new glasses; groom your dog; take the wife out for an anniversary dinner; buy a new car or have winter tires put on the van with the advent of winter; shop for back to school clothes and supplies? Working on commission, you can set your own hours. The more you hustle and sign advertisers up to promote their business in the *Stag*, the more you earn. Drop by the *Stag's* office in CANEX and see Jules or Sarah about the job. Or call 204-765-3000 ext 3013/3093. Be part of the award-winning *Shilo Stag* team.

Pick up your FREE copy at any of the following locations:

Brandon
 Safeway
 Brandon Armoury
 Women's Resource Centre - Town Centre Mall
 Royal Cdn Legion Branch No. 3
 Sobeys

Forbidden Flavours
 ANAF
CFB Shilo
 CANEX Mall
 Shilo Community Centre
 GSH
 Country Club (Rick's)

All Messes
Carberry
 East Side Service
 Carberry Legion
Douglas
 General Store
Minnedosa

Minnedosa Legion
Neepawa
 Legion & Fas Gas Hwy. 16
Sprucewoods
 The Shilo Inn & 340 ESSO
Wawanese
 Family Foods



CANADA D'EH SHILO



Aaron Lines

Small Town Pistols
Stephanie Cadman

Pete Zedlacher

Clubbing Fraggles

Whitemud Blues Band

Laser Tag

RCA Museum

Fireworks

Dunk Tank

Free Admission

Foam Party

Hamster Ball

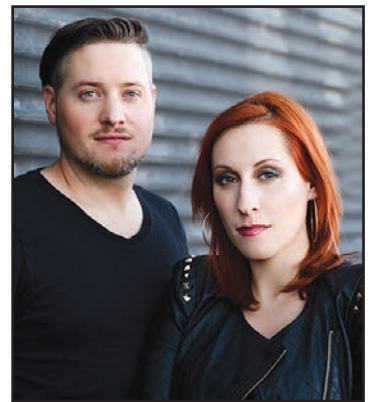
Beer Garden

Airbrush Tattoos

Obstacle Course

Safe Ride Home

And More!



FAMILY FUN rain or shine provided adjacent to L25 from 3 to 7 p.m.
VARIETY SHOW featuring country music recording artists
AARON LINES & SMALL TOWN PISTOLS starts at 7:30 p.m.
RCA MUSEUM open all day with **FREE** admission — Battle of the Somme exhibit opens at 2 p.m.
FREE MOVIE and **POPCORN** for the kids at the GSH starts at 7:30 p.m.

