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Volume 52 Issue 6



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March 28, 2013

**INSIDE This Issue**



**Stag staffer enjoyed her LAV ride experience. Page 4**



**Golf course has changes in the offing. Page 8**



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# General adjusts to hectic pace

**Cheryl MacLeod**  
Stag Special

Just a little more than 11 weeks in his new position, General Tom Lawson is getting accustomed to its hectic pace.

Trying to divide time as needed and follow the tight schedule isn't always easy when you're Chief of the Defence Staff.

Gen Lawson looked comfortable in his new office, surrounded by personal military memorabilia spanning a 37-year career, as he chatted about himself and the way forward for the CF.

He sees a positive future ahead for current serving members and future recruits.

**First trip overseas as CDS**

Gen Lawson and the CF CWO, Chief Petty Officer, 1st Class Robert Cl  roux, recently returned from his first trip overseas as CDS visiting the troops, and both are proud to see CF members carrying out their roles with such vigour and drive.

Gen Lawson drew energy from seeing the great work being done by the deployed men and women of the CF.

"They [CF members] are standing up the Afghan troops at such a great rate; they are able to move them [Afghans] from basic training into more advanced training, professionally and quickly. They're so well positioned to do what they do, they are literally working themselves out of jobs," he said.

The CDS also visited HMCS Regina in the Arabian Sea, his first time on ship since he was an RMC recruit. He arrived there by flying the ship's CH-124 Sea King helicopter, although there was some banter about him not coming too close to the ship for his fly by.

"And I think that was probably advisable," he said with a chuckle.

"Spending a day onboard the ship was tremendous," he added proudly. "Seeing our men and women taking Regina through her paces was an enormously heartening thing."

**What about the evolving role of the CF?**

Gen Lawson explained how he sees the role of the CF protecting Canadians at home evolving.

"I think it is less about evolution in terms of readiness and more about evolution in terms of how we link with like-minded groups in other areas of government and outside of government."

Canadians can rest assured the CF will always be there in times of need, and Gen Lawson said that will always remain true.

See **CDS TOM LAWSON** page 2



## Defending in the paint

BComd LCol Richard Goodyear (right) avoids an elbow during a basketball game at the GSH as part of sports day with the Base Commander. Besides hoops, participants played indoor soccer and dodge ball.

*Photo by Jules Xavier*



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# CDS Tom Lawson has his eyes on the horizon

## From the front

And just as the CF has proven itself in combat abroad, it has also fought fires, floods, and hurricanes here at home, and has assisted with security at the Olympics, G8 and G20, working closely with the RCMP, Public Safety, other government and non-government departments.

"This tie together has developed an interdependence that's helped us to not only get to know each other — the person at the other end of the phone — before the challenging things happen, but also in a way that has shown how we can help each to the greatest effect ... that's where I think the evolution will continue, our linkage to other like-minded groups."

In this time of budget reductions, belt tightening to identify efficiencies and finding new ways of doing business, the Defence Renewal Team has been hard at work studying the subjects in depth.

"This team was started before I came in, and I think it's brilliant," he said. "We've had budget challenges in the past, but now we have to refine how we do things ... there is very little fat, and while this is true, the Defence Renewal Team is not looking at whether there is fat, but how we can better refine the ways we do things across the Army, Navy and Air Force."

Staying on the topic of cuts and reallocating resources to the front line, the phrase "more tooth, less tail" is being used, but Gen Lawson doesn't feel this is a good descriptor.

"Having been a fighter pilot ... together with my sailor friends, tank drivers, and artillery officers, we



Gen Tom Lawson

are the 'tooth' out there, protecting Canadian interests, and it was fun to talk like that before," he said.

"And when you become part of the very support fabric that allows the men and women of the Canadian Armed Forces to do the things they do, you see it from the other side, you see the linkages, and it becomes less like an animal with teeth and a tail wagging and more like a team with many players working to the same end."

Gen Lawson explained how the CF finds the funds to reinvest in a place that puts more capabilities on the ramp and in the field.

"I think the way you do that in the months ahead is by looking at those processes that have worked well to shelter us from risk, and then find ways to accept a bit more risk and do things more efficiently. And that, I think, is going to be the way we meet the mandate of maintaining and delivering on those

capabilities required to give the government options when a need arises."

Defence Priorities and the Canada First Defence Strategy give DND/CF some clear direction and a way ahead as Canadians expect that capacities, capabilities and readiness will be at their highest levels.

And even with many budget restrictions, the CF will continue to invest more dollars in these priorities.

"Even through tough budget restraints, we will continue to invest in readiness and training," he reaffirmed. The CFDS was put in place in 2008 and largely gave the CF clear path forward, with a focus on do-

mestic capabilities and the Arctic. While those core missions were never forgotten, they did receive less public attention while the CF was involved in combat operations in Afghanistan.

"So, I don't think the Defence priorities have changed, but with the end of the combat mission, this will give us more time to focus more clearly on what we were told in 2008."

When asked what his most rewarding job to date has been, Gen Lawson said he could pick any of seven or eight tours. Like many CF members, he has had operational and leadership positions which have been interspersed with traditional staff jobs.

While he is able to claim a pretty good initial feel for his present position, Gen Lawson knows there will be some challenges to be tackled and rewards to be savoured in the years to come.

"But it's starting out extremely well, very interesting and challenging," he said.

He recalled with a smile his early days of flying a CF-104 over the German countryside and the excellent opportunities he's had in his leadership roles, but there are two roles that stand out.

"I would say either my job commanding 8 Wing, where I had one wonderful year, or my two years commanding the Royal Military College, which was pure leadership at a place with 1,000 of our finest Canadian youth and hundreds of highly motivated Canadian officers, are the highlights."

Gen Lawson knew how busy the CDS office would be, but said he is invigorated by the pace.

"I knew my schedule would be packed, and this has taken some getting use to."

This busy pace has led him to his New Year's resolution.

"I will continue to enhance my personal fitness so I can lengthen my days," he said.

Cheryl MacLeod is with Corporate Internal Communications

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# CFHA ask PMQ resident to prepare for melt

**Jillian Driessen**

**Shilo Stag**

It may not look like spring outside, but the new season is just around the corner.

With heavy snowfall throughout the winter, Shilo residents will have a few challenges come spring time. CFHA is asking residents to prepare for the melt.

"I know it's hard given all the snowfall we've had, but we are asking people to have a little space between their home and the snow so it doesn't go straight to the basement," said Jodi Laba of CFHA. "We don't have a problem with leaky basements in Shilo, in general, but we do get a few and the fewer we have, the better."

Also to be expected this spring will be localized flooding in the streets and between drainage holes.

A reminder from Shilo's mayor Maj Reg Sharpe — proceed with extra caution and discretion as well as to be patient with the melt. Most of the localized flooding experience on Shilo's streets will be unavoidable.

Signage is now up around the Base which permits the Military Police to tow vehicles parked on the street after 10 p.m.

"We finally have proper winter parking signage on the Base as of about a month ago," explained Capt Dane Nicholson. "We have been aggressive lately and we have towed about 22 vehicles."

The signage helps make the requirements for winter parking more clear to the public and, although spring is around the corner, the signage and regulations will remain the same for next winter.

Other business from the Community Council included:

- There have been incidents of residents blocking sidewalks with their vehicles. For safety of pedestrians, you are asked to refrain from doing so.

- CFHA's smoke and CO detector replacement is going well. CFHA would like to thank residents for allowing them access to their homes and co-operating with the changes.

- In conjunction with the CE apartment, CFHA will kick off a PMQ flower box program. Flower boxes for

PMQs will be available as the snow melts.

CFHA will help residents complete the application process and materials will be supplied by CE along with instructions for assembly. Watch the Stag for further info.

- The Community Gardens will receive renovations this spring, including a fence. To register for a plot, contact Jenn Roehl at 3552.

- Fitness Sports and Recreation will be hosting and Easter Egg Hunt March 30 from 1 to 3 p.m. at GSH. A pet vaccination clinic will also be held in the coming months, but a date is yet to be confirmed.

- Approximately 150 augmentees for Taskforce 2-13 will be arriving in April and will be in the community until June. GSH is making amendments to accommodate the additional personnel on Base and will also be offering two additional movie nights featuring adult-appropriate films Mondays and Thursday. Family movie night will remain Friday.

- Changes will be made to staffing at GSH. Commissionaires will no longer staff the reception desk as the task will be handed over to PSP staff and Base duty staff. Hours will remain the same, however, services such as card printing, will only be done by PSP staff during weekdays.

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## Top soldier

Soldier of the Quarter LS Justus received her citation from BComd LCol Richard Goodyear during the recent ASU CFB Shilo quarterly parade at L25.

*Photo by Jules Xavier*



MWO Brassington received his CF decoration.



Sgt Kooistra received a BComd coin.



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Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at [stag@mymts.net](mailto:stag@mymts.net), dropped off at the Stag office located in CANEX or via Inter-base mail.

**Submitting articles and photos for print:**

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
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Facebook by visiting:<http://www.facebook.com/ShiloSTAG>

Prone to motion sickness, Stag staffer Jillian Driessen enjoyed her LAV ride.

Photo by Jillian Driessen

## LAV ride answers reporter's questions

A LAV III weighs approximately 17,237 kilograms. My Honda Civic weighs less than a 10th of a LAV III.

Riding in a combat-ready vehicle that is 23 feet long, nearly nine feet tall and just as wide as it is tall is a stark difference from the daily puttering I do in my comparatively miniature Honda.

Last summer, Capt Ching Cheung invited myself and former Stag staffer Quinn Roberts for a cruise in a LAV III.

Manned by MCpl William Vannest of Base maintenance, our LAV ride took us in and around Shilo over trails, through fields, and through parts of CFB Shilo I didn't know existed — parts my car would and could not go. Ever.

Going on a LAV ride answered questions I've wondered about since first seeing a LAV on the move more than two years ago.

For the life of me, I always wondered why people ride with their heads out of the hatches. I've always wondered how you deal with branches, weather, bugs, and wind.

Turns out with ballistic glasses and helmets it's not half bad. For those of us who are prone to motion sickness, riding with your head poking out the hatch can also help save your stomach.

I also learned that the Forces personnel you see popping out the top are actually standing. For whatever reason, I assumed their seat was that high.

I guess I hadn't considered where they should sit with the hatches down.

When actually sitting in the turret seat, there are tiny sight windows to look out of and a large selection of buttons, levers, and what I am sure are sights for the weapon system.

I was definitely grateful to be allowed to stand.

Riding over bumps, up hills, down hills, around curves and corners while standing on a little seat does test your balance and co-ordination. It was a challenge for Quinn and myself to take photos and remain upright.

Taking photos with one hand is a skill I have yet to garner.

Bouncing around in the LAV gave me new insight

into how exhausting it could be to travel in a LAV for extended periods of time.

Bouncing for a few hours straight could be quite tiresome. Bouncing with the hatches down, I am sure, is no better.

Battling bouncing and dreaded motion sickness while trying to work radios, take notes, or even maintain conversation over the loud engine would be about it for me.

If you're on the spouse side of this life, when your better half comes home and claims exhaustion from riding in a LAV, it's likely true. I used to scoff and wonder how you could be tired from riding around here and there all week in the field.

I have a better understanding now. It is not like cruising around in a car or a minivan.

I suppose I could only liken it to riding in a car with flat tires down a bumpy dirt road with your head sticking out of the sunroof. That would not even be an accurate comparison, I am sure, because I've never rode in a car with my head out of the sunroof.

There aren't many amenities either. No comfy, cushy, heated seats. No road-noise reduction. Not even windows.

Now I understand why the field is exhausting — the travel alone would make me desperate for a nap.

Our LAV ride was about an hour including a quick stop to swap out seats. From experience, I can say that riding out to the training area takes about that long. A troop's LAV ride doesn't stop there.

While challenging from a photography perspective, a LAV ride is also enlightening.

A LAV ride is enlightening to the unique experience of those who travel in a LAV all day and a complete and total challenge for photos, it is also wildly entertaining.

I imagine the novelty wears off quickly, but for first-timers like Quinn and I, it was a blast.

I look forward to several more rides in military vehicles with the advent of 2013.

Let's face it, it's not every day that you get to be in one of the biggest vehicle roaming the roads.



Jillian Driessen

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# Soldiers refresh their skills

## Pte Sellyeh

### Stag Special

1RCHA Headquarters and Services Battery Commander Maj Moon has emphasised the philosophy that it is paramount for all members to take time to practice and refresh basic soldiering skills.

In keeping with this philosophy, Headquarters and Services Battery took part in an annual winter indoctrination exercise called Exercise Brass Monkey.

This exercise provided members with that opportunity, in conjunction with a review of cold-weather training.

Ex Brass Monkey was meant to give troops, who would not otherwise have exposure to basic winter warfare, a chance to refresh their soldiering skills in a cold-weather setting.

A focus on learning and education during the exercise allowed the troops to train and learn in cold weather operations.

The exercise began at N133, with the Battery snowshoeing out into the training area with rucksacks and toboggans. Upon arrival at the site, the troops set up 10-man tents, stoves, lanterns, and practiced track discipline.

As the day progressed, the troops completed four lanes of training.

One lane was devoted to practicing section attacks. This lane gave members preparing for PLQ the chance to practice leading a section attack, and junior members the opportunity to participate.

The second lane was a review of the uses and construction of cold-weather improvised shelters. A lean-to and wall shelter with a fire was built for demonstration.

The third lane was a lesson and familiarization with trip flares. Troops who had limited experience with them were able to set up the trip flares and pull the trip wire.

The fourth lane was an introduction to trapping animals and locating food in a winter environment. Various types of traps and snares were presented and demonstrated.

Nutritional significance of local wildlife and plants were also discussed.

Upon completion of the lanes, troops performed patrols in sections. The patrol served two functions.

The first function was to prepare potential PLQ candidates for their course, and the second function was to allow less experienced members to practice the principles of section attacks.

The patrol scenario involved a recce and an attack by a mounted enemy. Troops preparing for PLQ issued orders and led the patrols.

For some of them, this was their first experience in this role. The scenario offered an idea of how a patrol is supposed to run and simultaneously allowed troops to get a sense of what to expect on a PLQ course.

Throughout the patrol, the officers and NCMs running the scenario presented excellent teaching points

for all members. This was a valuable experience for all.

Following the completion of the scenarios, the troops walked back to the site where they could enjoy a nice smoker. Hotdogs and sausages were cooked over a modest, but welcoming fire.

The following day, the tents were torn down and equipment was packed up.

All who participated in the exercise marched back in tent groups to N133.

Standard post-exercise drills such as hanging and drying tents, cleaning equipment, properly disposing of fuel and oiling weapons were performed, and a hay box lunch was enjoyed.

Headquarters and Services Battery is primarily composed of support personnel.

As Maj Moon noted, many have "day jobs" which occupy a great deal of time. Despite that, it is vital that basic soldiering skills and basic winter warfare be maintained.

Ex Brass Monkey's purpose was achieved by the dedication and hard work of Headquarters and Services Battery.

*Pte Sellyeh is UMS with 1RCHA*



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# BED BUGS

## Be careful buying used furniture

### MCpl Jenkins Stag Special

Many of us consider the old adage "night, night, sleep tight, don't let the bed bugs bite" a quaint nursery rhyme no longer applicable in the 21st Century.

Not so. Bed bugs are making a major comeback in part due to increasing international travel and resistance to pesticides.

What are bed bugs?

Bed bugs are insects that, as adults, have oval-shaped bodies with no wings.

Prior to feeding, they are about quarter inch long and flat as paper. After feeding, they turn dark red and become bloated. Eggs are whitish, pear-shaped, about the size of a pinhead and are almost impossible to see on most surfaces. Clusters of 10 to 50 eggs can be found in cracks and crevices.

Bed bugs have a one-year life span during which time a female can lay 200 to 400 eggs depending on food supply and temperature.

What do bed bugs feed on?

Bed bugs prefer to feed on human blood, but will also bite mammals and birds.

Bed bugs bite at night, and will bite all over a human body, especially around the face, neck, upper torso, arms and hands.

Bed bugs can survive up to six months without feeding and thus stay in their hiding places and can

travel long distances and survive in suitcases, clothing, vehicles, aircraft, cruise ships and other modes of transportation.

Both male and female bed bugs bite.

Can I get sick from bed bugs?

There are no known cases of infectious disease transmitted by bed bug bites.

Most people are not aware that they have been bitten but some people are more sensitive to the bite and may have a localized reaction.

Scratching the bitten areas could lead to infection.

How do I prevent bed bugs from entering my home?

- Although even the cleanest homes and hotels can have bed bugs, regular house cleaning, including vacuuming your mattress, can help to prevent an infestation.

Clean up clutter to help reduce the number of places bed bugs can hide.

- Be careful when buying used furniture or clothes.

Make sure to inspect the used item, and feel free to ask the retailer if the items were checked for bed bugs.

- Use caution when bringing home used furniture or clothes from the curb side. These items may be infested with bed bugs.

When travelling take the following precautions:

- Inspect the room and furniture: inspect all cracks and crevices of the mattress and box spring, and look for blood spots or live insects. Request a different room if you find evidence of bed bugs.

- Protect your luggage: keep all belongings in your luggage and wrap your luggage in plastic to help prevent bed bugs from entering your luggage. Keep luggage on the shelf or away from the floor.

- Protect the bed: move the bed away from the wall, tuck in all bed sheets and keep blankets from touching the floor.

- Upon returning home: keep your luggage in an isolated area of your home, such as the garage. Inspect the luggage. Wash all your clothes in the hottest water possible and put them in a hot dryer for 20 minutes.

What can I do if I have bed bugs in my home?

Bedbugs are very hard to get rid of. If you do have bedbugs, it is strongly recommended that you hire a licensed professional pest control operator.

Professional pest control operators can use a variety of tools to control bedbugs.

These include liquid insecticide sprays, aerosol insecticide sprays, insecticidal dusts, diatomaceous earth, pressurized carbon dioxide snow, and steam and heat treatments.

Whichever treatment is used, it will only be effective if physical control methods and preventative measures are used together.

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### Operating/Electrical Technician Trainee

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You will have **one** of the qualifications listed below to be considered:

- High school diploma with Mathematics 40S (Applied or Pre-Calculus), Physics 40S and English 40, OR
- Journeyman licence as an Industrial or Construction Electrician with a high school diploma and willing to upgrade mathematics and physics to the qualifications listed above.

A two year Engineering Technology diploma would be considered an asset.

### Operating/Mechanical Technician Trainee (Industrial Mechanic)

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You will have **one** of the qualifications listed below to be considered for this program:

- High school diploma with Mathematics 40S (Applied or Pre-Calculus), Physics 40S and English 40, OR
- Journeyman licence as an Industrial Mechanic with a high school diploma and willing to upgrade mathematics and physics to the qualifications listed above.

A two year Engineering Technology diploma would be considered an asset.

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Aboriginal persons who may require academic upgrading to qualify should consider our Northern or Southern Aboriginal Pre-Placement Training Programs. During the 10 month program you will have the opportunity to take high school courses and gain on-the-job training experience in preparation for the Operating/Electrical or Operating/Mechanical Technician training programs, and Power Electrician training programs.

To be considered, you will have a high school diploma with at least **one** of the following courses:

- Mathematics 40S (Applied or Pre-Calculus) or Physics 40S, or English 40.

The Aboriginal Pre-Placement training programs are employment equity initiatives and proof of Aboriginal ancestry must be provided.



All applications must include a personal resumé, cover letter, proof of Aboriginal ancestry (for the Aboriginal Pre-Placement training programs only) and a complete transcript of marks (high school and any post-secondary). Only complete applications will be considered.

We thank you for your interest and will contact you if you are selected for an interview.

Visit our website at [www.hydro.mb.ca/careers](http://www.hydro.mb.ca/careers) to apply online. The deadline for applications is **April 8, 2013**.

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# Add to our virtual wall

## Stag Special

The Royal Canadian Legion is building a Virtual Wall of Honour and Remembrance to honour all deceased veterans.

The appearance of this virtual wall coincided with the recent National Remembrance Day ceremony, organized by the Legion on behalf of and for all Canadians.

It was displayed on the large video screens prior to the start of the actual ceremony Nov. 11, 2012 and will continue in future years.

As a way to honour their relatives and friends who have served Canada, Canadians are invited to forward a photograph of the deceased veteran to Dominion Command along with his or her name, years of service, element or force to which the departed belonged or regiment/unit.

Photos can be sent by mail to Dominion Command, 86 Aird Place, Ottawa, ON, K2L 0A1.

Do not post original photographs as they cannot be returned.

You can also use e-mail — RememberingThem@legion.ca or ALeurMemoire@legion.ca.

Any deceased veteran — including those who belonged to the Merchant Navy and of Ferry Command — whose death was attributable to any cause before or after they served (Second World War, Korea, peace support missions, Afghanistan, accidental death in Canada) will be honoured.



Military personnel on parade look for spacing during the quarterly awards presentation held at L25.  
Photo by Jules Xavier

## Plaudit for officer

2Lt Alan Muene received his officer commissioning scroll from BComd LCol Richard Goodyear.

Photo by Jules Xavier



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- Ask us about **civilian career opportunities**
  - Take advantage of **Career Transition Services**
  - Learn more about the **Jobs-Emplois** initiative
  - Access construction jobs through the **Helmets to Hardhats** program
- Register for **direct deposit** for your benefit payments
- Access programs and services at over **600 points** across the country, through our Service Canada partnership

You can learn more about services and benefits at **veterans.gc.ca/services**



## NOTICE

### Shilo Country Club Notice of Pesticide Usage for 2013

Public Notice is hereby given that the CFB Shilo Country Club intends to conduct the following pesticide control programs during 2013:

1. To control noxious weeds within the boundaries of the Shilo Country Club property. The projected dates of application will be from May 1, 2013 to Oct. 1, 2013. The herbicides to be used include: Cheminova Glyphosate and Trillion P
2. To control turf grass disease on greens, tees and fairways. The projected dates of application will be from May 1, 2013 to Nov. 1, 2013. The Fungicides to be used include: Banner Maxx, Instrata, Rovral Green, Daconil 2787

The public may send written submissions or objections within 15 days of the publication of the notice to the department below.

Manitoba Conservation  
Pesticide/Fertilizer Section  
Suite 160, 123 Main St.  
Winnipeg, MB R3C 1A5



Government of Canada

Gouvernement du Canada

Canada

# Golfers can expect changes on links

## Stag Staff

With the advent of another golf season, Shilo Country Club (SCC) general manager Scott Ramsay cannot wait for the snow to melt away.

"There will be some noticeable changes and upgrades taking place once again during the 2013 season," reported Ramsay in the SCC's spring newsletter. "I am optimistic that opening day will be April 12, weather permitting of course."

According to Ramsay, the SCC management and CFB

Shilo are continuing to work towards renovating golf facilities to include a much larger pro-shop, banquet area, and to better accommodate the winter golf school.

"This is a very large, expensive and complicated project that remains in the planning stages, but moving along, albeit slowly, in the right direction," he said.

"We will keep you informed on the status of this renovation as the required initial upgrades take place, and we are in a position to actually renovate."

In other golf news, the SCC has a shortage of electric cart storage space.

"We do not have the option of creating more electric spaces until such time as there is an upgrade to our hydro service," offered Ramsay.

"The SCC board has decided to keep electric cart storage rates at \$165 until May 21."

Every member who currently has an electric storage spot, will retain their spot for the upcoming golf season provided they pay \$165 for that spot by May 21.

After May 21, the rate for an electric spot will jump to \$200. Gas cart storage will remain at \$125 for the season.

"The SCC would appreciate everyone with cart storage paying for it by May 21 at the latest, as we are always faced with trying to accommodate and organize new carts into our storage plan," he said.

Meanwhile, the SCC offers an alternative to owning and storing personal golf carts — \$600 per season will get you an unlimited seat on a SCC golf cart. New and even older golf carts are expensive to purchase and maintain.

"The SCC is offering you the use of a fleet golf cart that

will always be fuelled or charged and ready to go without you ever having to worry about whether your batteries will last a round or bringing out some gas to fill your cart," noted Ramsay.

"I am quite certain if you do the math on purchase price, fuel, annual maintenance and storage costs and depreciation and compare that to our annual cart rental fee, it might be a worthwhile option."

Golfers this season will also notice changes on the 18th hole, according to Ramsay.

"The green on the 18th hole will be worked on throughout the spring and summer, with plans for it to be completed and in play by September. There will be some renovation work taking place on the blue/white tee on No. 9, the blue/white tee on No. 14, and the blue/white tee on No. 17 at different times throughout the season."


SCC staff will also work to improve the blemishes on the new No. 7 and No. 2 tees.

There will be new tee signs in place on all 18 holes on or shortly after opening day.

Ramsay acknowledged the current outdated black, polished granite maps which have been bolted to the grey granite slabs for almost two decades will be replaced with more accurate and aesthetically appealing signage.

"It is something that will be very noticeable and after years of researching a variety of options, we are very fortunate to finally be able to do it in a quality and affordable manner," he said.

For more information on the upcoming SCC golf season call Ramsay at 204-765-3625.



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From greens to the hole signs, golfers can expect a number of changes with the advent of the 2013 golf season at the Shilo Country Club.

*Photos by Jules Xavier*



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# Gang Green prevail



Gang Green defeated visiting Nodak Knockouts of North Dakota 324-185 during a roller derby game held at L25. The local team features three players with ties to CFB Shilo: Katee Lyons, Bethany Geisel and Kaydee Petkovitch. Referee Jon Geisel is a soldier stationed at CFB Shilo. It was a good turnout despite bad weather.

Photos by Jillian Driessen

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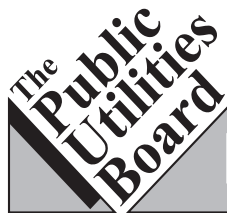
**1-800-866-4546**



## Canadian Forces Decoration

BComd LCol Richard Goodyear presented the following with their CF decoration (l-r) Capt Judge, MCpl Mills, MCpl Osha and MCpl Robinson during a CFB ASU Shilo quarterly parade.

Photos by Jules Xavier



## Notice of Public Hearing

### TO REVIEW MAXIMUM ALLOWABLE CHARGES AND FEES FOR PAYDAY LOANS

PURSUANT to *The Consumer Protection Act (Act) (C.C.S.M.2006 c.200)* the Manitoba Public Utilities Board (Board) will conduct a public hearing to review charges and fees for payday loans and related matters in order to make a report to the Minister. Specifically Sec. 164 of the Act provides:

- 164(2) Within three years after the first regulation under clause 163(1)(f.1) (maximum cost of credit) comes into force, the board must commence a review of
- the meaning of "cost of credit" for the purposes of this Part;
  - the maximum cost of credit — or any rate, tariff or formula for determining the maximum cost of credit — that may be charged, required or accepted in respect of a payday loan; and
  - the maximum amounts, or the rates, tariffs or formulas for determining the maximum amounts, that may be charged, required or accepted
    - in respect of any component of the cost of credit for a payday loan,
    - in respect of the extension or renewal of a payday loan,
    - in respect of a replacement loan, or
    - in respect of a default by the borrower under a payday loan.

Further, the Board will submit its report to the Minister which will include

- a description of the board's consultation and the results of the consultation, and
  - the board's recommendations about the matters reviewed under subsection (2); and
- (b) may include any other recommendations about the regulation of payday lenders or payday loans.

#### HEARING DATES AND LOCATIONS:

After receiving written evidence and submissions the Board will convene for those wishing to provide oral submissions or oral presentations.

Date: Wednesday, July 3, 2013 @ 9:00 a.m.

Location: Hearing Room – 4<sup>th</sup> floor, 330 Portage Avenue

#### PARTICIPATION AND SCOPE OF HEARING:

##### Intervener Status

All persons, firms or corporations wishing to intervene in respect of this matter, to provide evidence, or make oral submissions are required

to send an application for intervener status to The Public Utilities Board, 400 - 330 Portage Avenue, Winnipeg, Manitoba, R3C 0C4 by March 29, 2013. The forms are available on the Board's website – [www.pub.gov.mb.ca](http://www.pub.gov.mb.ca) and can be submitted by email. Interveners must identify their reasons for intervention and be prepared to cooperate with other interveners to avoid duplication of interventions.

The Board may determine whether an intervener is entitled to costs for participating in the hearing and may fix the amount of those costs. Criteria defining the award of costs are described in the Board's Rules of Practice and Procedures which are also available on the website.

Intervener applicants may also wish to make written submissions regarding the scope of the process and to address any specific issues, beyond the mandatory review requirements that they seek to have the Board consider in the review process.

The Board will issue a procedural order dealing with scope, process and intervener status following the March 29<sup>th</sup> filing deadline.

#### Presenter Status

Those parties wishing to submit a written brief or to express oral comments to the Board are known as presenters. They should submit their written briefs or advise the Secretary of the Board of their intention to appear at the public hearing by no later than June 15, 2013.

Persons wishing to address the Hearing in French are required to notify the Board's Secretary prior to June 15, 2013.

#### Filing of Information

The Board will circulate all material filed in this matter by interveners and presenters to all participants on the Board's mailing list. Interested parties can examine these filings at the Board's office. Anyone desiring copies of the material filed should contact the Board.

The Board will determine those parties who have been granted intervener status and will set out a timetable for the orderly filing of information and confirm the hearing dates.

#### Procedure

The Board's Rules of Practice and Procedure will apply to the conduct of these hearings. All Interveners must familiarize themselves with the Board's requirements. This document is viewable on the Board's website or is available upon request to the Secretary of the Board at 400 - 330 Portage Avenue, Winnipeg, Manitoba, R3C 0C4 or by calling (204) 945-2638 or 1-866-854-3698 (toll free). The Board's email address is [publicutilities@gov.mb.ca](mailto:publicutilities@gov.mb.ca).

Hollis M. Singh  
Secretary, Public Utilities Board

## Couple donate winnings

### Jillian Driessen

#### Shilo Stag

Sgt Devin Fraser and his wife, Jennifer, recently donated \$2,000 to Wounded Warriors fund.

"If I was put into a position where I couldn't do the things I love anymore without substantial help, I'd be heartbroken," said Sgt Fraser of 2PPCLI. "I know that there are guys out there in that predicament. Anything that can help them out makes me feel better."

Handing their cheque to Sgt (retired) Fred Connor and Capt Drew Richardson, who both suffer from PTSD, Jan. 16 proved a rewarding experience for the couple who enjoy outdoor activities like hunting and fishing.

The Frasers came across this \$2,000 cheque through a contest sponsored by Empire Capitol Theatres and Coca-Cola called Extraordinary You.

While checking online to see which movies were playing, Jennifer came across the link for the contest for \$2,000 to a charity of your choice where contests for free movies and popcorn are usually located.

To enter, you had to share a few words about someone you found extraordinary. Jennifer chose her husband, Devin.

"I wrote about two paragraphs, submitted it online, and a couple months later I got an e-mail saying we had won for our region," she explained.

Sgt Fraser, who was away at the time, received the news via a phone call from his wife. For him, there was absolutely no question — Wounded Warriors was his charity of choice.

According to Sgt Fraser, helping troops enjoy their lives after an operational injury — be it mental or physical — is invaluable.

"I can only imagine how terrible it would be to feel cooped up," said Sgt Fraser "There are so many of us that fish and hunt and do things outdoors to keep busy."

"If that was taken away from you suddenly, that would be terrible," added Jennifer emphatically.


Initially, Jennifer worried about the logistics of the donation as Wounded Warriors calls Ontario home. Wounded Warriors made Jennifer aware of Connor

and his team of cyclists gearing up for the Big Battlefield Bike Ride in France this summer.

Connor has set a goal to raise \$15,000 for Wounded Warriors on behalf of his Westman and area cyclists — all of whom deal with the challenges of PTSD daily.

Fraser said the donation has added meaning now that he has met Drew and Fred, who along with their teammates, benefit directly from Wounded Warriors.

"I know so many guys who have been injured in Afghanistan and other places," explained Fraser. "The work they [Wounded Warriors] do with them is amazing ... anything you can do to help them out is good."



**ROLLING RIVER SCHOOL DIVISION**

**PUBLIC NOTICE**

Public Notice is hereby given that Rolling River School Division intends to conduct the following Pesticide Control Programs during the 2013 school year.

To control noxious weeds and rodent control on all school division properties and in buildings, herbicides such as Roundup, 2-4 D Amine will be used. Dragnet, Ant and Roach Pyrodust, Dr. Doom Residual, Pro Aerosol, ATTACK Hornet and Wasp Killer, Fican D, Sevin, Rodent Doom, Gopher Doom, Final Blox and Contrac Blox will be used to control insect pests and rodents.

The public may send written submissions or rejections within 15 days of the publication of the Notice to the department below.

Manitoba Conservation  
Water Stewardship  
Pesticide and Hazardous  
Waste Section  
Suite 160, 123 Main Street  
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# Sign up for T-ball

## Jillian Driessen

### Shilo Stag

Although it is called the American past time, baseball has found itself at home in the past times of more than a few at CFB Shilo.

For the second consecutive year, T-ball is being offered to Shilo's youngsters — making baseball available to even the youngest community members.

"This is our second year and we have a brand new executive," says Michelle Hanson-Herbert, a representative for Shilo T-ball.

"Most of us [executive] were T-ball parents last year so we're just learning the ropes. We will go through our growing pains and we will learn a lot."

The executive is likely to find themselves learning on their feet. Last year's numbers were impressive — more than 30 children participated in the inaugural T-ball season and the 2013 numbers are expected to be similar — perhaps even surpass last year's total.

Using all three diamonds Wednesday night from 5:30 to 6:30, the t-ball association will field three teams of children from age three to seven, and organized by age and skill level.

On any given Wednesday evening, you will find two teams on each diamond. While the younger teams work on essential skills, the older and more advanced players often play a game.

As T-ballers become more skilled, the colour of their cap changes. The coaching program followed, which is offered by Manitoba Baseball, is outlined clearly for qualified coaches.

"They give us a book to coach from and anyone who coaches in Manitoba has to have their respect in sport card before they start ... it is mandatory for any sport in Manitoba," explains Hanson-Herbert.

Although there are unique challenges in coaching a wide age gap, it is rewarding.

See **TIM** page 16

## CFB ASU Shilo quarterly promotions



Cpl Christopherson



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Sgt Tremblay

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Arrivez tôt. Les articles en magasin pourraient différer de ceux qui sont illustrés.

## BASE SCHOOLS

## FESTIVAL MUSIQUE JEUNESE

**Richard Arcand**  
École La Source

Lundi de cette semaine a débuté le Festival Musique Jeunesse à l'École La Source sur la Base Militaire de Shilo.

Ce festival a pour but de motiver les élèves du secondaire à produire des pièces musicales en vue d'un spectacle.

Les animateurs Stéphane Tétreault et Darren Savard viendront à l'école à trois autres reprises pour une journée complète. M. Tétreault est le responsable des activités culturelles à la DSFM depuis les 6 dernières années.

Le but de ces ateliers est de faire apprendre 2 ou 3 pièces aux élèves de chacune des six écoles visitées.

Les élèves des différentes écoles visitées produiront au mois de mai 2013 un spectacle devant environ 600 élèves au CCFM de St-Boniface.

Ils produiront le même spectacle en soirée devant un public généralement composé de parents.

Les écoles impliquées sont les écoles de St-Lazare, l'école Jour de Plaine, l'école Notre-Dame de Lourde,

l'école St-Joachim, l'école de St-Claude ainsi que l'école La Source.

Darren Savard est guitariste à plein temps. Il étudie la guitare depuis 18 ans et fait l'accompagnement de plusieurs chanteurs. Il joue pour plusieurs groupes country et fait des tournées partout.

Il est même allé en Afghanistan au mois d'octobre dernier avec Jason McCoy un artiste bien connu. Darren fait aussi des tournées au Canada et aux États-Unis avec d'autres artistes. Il est même réalisateur.

Cette année Darren a été engagé par la DSFM du mois de janvier au mois de mai pour aider les élèves à produire de belles pièces de musique pour le grand spectacle qui aura lieu à Winnipeg en mai.

Je suis certain que nos élèves vont y faire bonne figure. Brett un de nos élèves les plus vieux qui joue de la guitare électrique est vraiment content de voir que le projet fonctionne.

Il a participé l'an dernier et est vraiment emballé de voir que le projet puisse encore avoir lieu cette année. Il a bien hâte au mois de mai.

Brett est accompagné à la guitare par Christian et Max. Max s'occupe aussi de la base et Darcy est à la batterie. Bonne chance à tout le groupe.



## COURS DE LEADERSHIP POUR LES ÉLÈVES DE LA DSFM

**Richard Arcand**  
École La Source

Sophie, notre plus vieille élève de l'école a eu la chance de participer cette année à l'atelier de leadership donné par le programme JMCA (jeunes manitoobains des communautés associées).

Le programme vise à former des leaders dans la communauté francophone. Ces programmes s'adressent aux élèves de la 9e à la 12e année des élèves des écoles de la DSFM.

Sophie a eu la chance cette année, de participer à ces ateliers. Elle a ensuite eu la chance de pratiquer ce qu'on lui avait enseigné en animant des ateliers à JMCA jouer et à la Grippe qui regroupaient plusieurs élèves et plusieurs animateurs de la DSFM.

JMCA jouer était un regroupement des petites écoles de la DSFM pour permettre aux élèves de jouer en français. Sophie a donc eu la chance avec une

trentaine d'animateurs de participer à l'animation de ces jeux.

Elle a aussi eu la chance de faire de l'animation lorsqu'elle a participé à l'activité La Grippe. C'est un camp d'hiver pour les élèves de la 6e à la 8e année, des petites écoles de la DSFM.

Cette activité s'est déroulée du 9 au 11 janvier 2013 au camp Red Rock dans le Parc Provincial White Shell et a regroupé 145 élèves.

Sophie est bien contente de faire de l'animation. Elle a pris beaucoup d'expérience au camp Circle Square Ranch où elle va à tous les étés depuis une dizaine d'années.

En effet depuis l'âge de 7 ans elle fréquente ce camp et elle en est maintenant une des animatrices depuis 3 ans.

Cette année, Sophie sera notre première finissante à l'École La Source. Elle est présentement à terminer sa 12e année.

Bravo Sophie, car tu donnes un bon exemple aux plus jeunes.



10<sup>th</sup> Annual  
Base Commander's Downhomer

# LOBSTERFEST

Saturday June 8, 2013  
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Busses depart Brandon Shoppers Mall at 5 & 7 pm and Town Centre (8th & Rosser) at 5:45 & 7:45 pm  
\* Return trips at 10 pm and 1 am. Knight-Line taxis also available to reserve/book at 204-717-6570

For group reservations and more information call 204-765-3000 ext 3073

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# Delayed reports hamper police

## Capt Dane Nicholson

The winter that just kept on giving has led to a lot of car accidents.

Last year, Manitoba Public Insurance (MPI) introduced new rules to streamline the claim process for those with vehicle damage, whether by accident or otherwise.

MPI only processes claims for privately-owned vehicles and not DND vehicles, so this article only applies to personal vehicles.

The following accident/damage categories require reporting to the police as soon as possible: vandalism, theft, attempted theft, and any damage to public property when on a Base or other DND property — this is a military requirement.

The following accident/damage categories require reporting to MPI within seven days of the occurrence or detection: fatality, injury leading to hospitalization, unlicensed driver and/or unregistered vehicle, hit and run, and/or suspected involvement of drugs/alcohol.

All of the accidents above should lead to an immediate 911 call to dispatch police or emergency medical services as may be required.

Remember at the scene of any ac-

## CANADIAN MP The Military Police NOTEBOOK

cident that you should collect all particulars of involved parties, a description of the scene, and photographs if you have the ability.

Why are the military police writing about insurance?

There have been accidents this winter season which required a police

report, but the incident was not reported. Obviously delayed reports make investigation much more difficult for the investigating MP, and creates complication for otherwise simple claims.

When on the Base, drivers are encouraged to contact the MP in the event of any accident. The dispatcher or MP will be able to determine if there is a need to generate a police report, and MPI will be able to use this after you report the accident, as required.

Questions about insurance and specific reporting should be directed to MPI, available online at [www.mpi.mb.ca](http://www.mpi.mb.ca).

Claims can be made via phone at 1-800-665-2410 — outside Winnipeg number — during business hours, or 204-729-9510 if you require an “after hours” tow in the Brandon area.

*Capt Dane Nicholson is Platoon Commander 1 Military Regiment at CFB Shilo*



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#### HELP SHAPE THE FUTURE OF MANITOBA PARKS

## Share Your Views on Manitoba's New Parks Strategy

There are five million visits to Manitoba parks annually to relax, explore and enjoy outdoor activities.

To sustain and grow our provincial parks and to provide the services and new opportunities you and your family expect, as outlined in TomorrowNow – Manitoba's Green Plan, the province is proposing a multi-year provincial parks strategy – *Building the Parks Province* to be completed in 2020.

### We want your input

You are invited to review this proposed strategy and tell us what you think. Your input will help shape how future investment can preserve our natural and cultural heritage and enhance your visits to Manitoba's great outdoors.

This plan will be open for comment until **June 1, 2013**.



To view the plan and submit comments, or for more information, visit [manitoba.ca](http://manitoba.ca) or call 204-945-4874.



**Shilo Theatre**  
(Located in the General Strange Hall)

April 4 Silver Linings Playbook Rated 14A  
 April 5 Thunderstruck Rated G  
 April 8 Django Unchained Rated 18A  
 April 11 Gangster Squad Rated 18A

Children aged 10 and younger require adult supervision at all times

Doors open at 6:15 p.m. Movie starts at 6:30 p.m.  
 For more info, contact the community recreation office at 204-765-3000 ext 3317/3588

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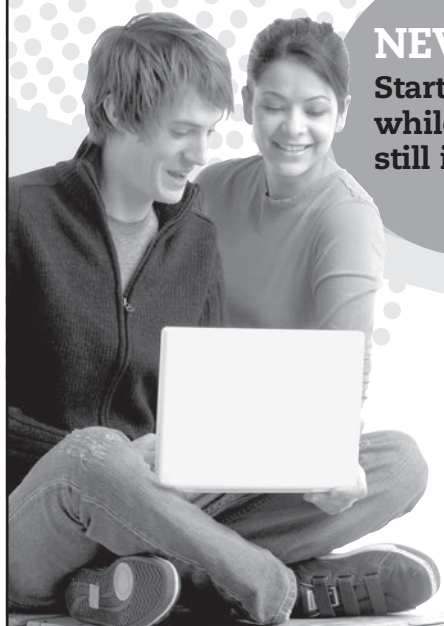
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Here are some examples of what this rebate could mean to you:

Sample Tuition Fees	60% Rebate
\$ 40,000	\$ 24,000
\$ 25,000	\$ 15,000
\$ 5,000	\$ 3,000



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**We are moving**

**Maintenance Enforcement Program (MEP)**

Our Winnipeg MEP office is relocating to 352 Donald Street on April 27, 2013. This will affect you if you make family support payments in person at our office.

Payment options include:

- Internet Banking
- Payroll Deduction
- Pre-authorized Debit
- Money Order/Bank Draft
- Debit or Cash Payment

MEP does not accept personal cheques.

For additional information, please visit [manitoba.ca/mep](http://manitoba.ca/mep)

Email: [manitobamepinquiries@gov.mb.ca](mailto:manitobamepinquiries@gov.mb.ca)  
 Call the MEPLine: 204-945-7133 or 1-866-479-2717

**New mailing address:** Maintenance Enforcement Program, Canada Building, 100-352 Donald Street, Winnipeg, MB, R3B 2H8



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**Mar. 21 at noon**

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 citizens of the surrounding area.*

**Services**



**St. Barbara's Protestant Chapel**  
 Sunday @ 10:30 a.m. with Sunday school & nursery  
 Padre Lee - ext 3088  
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**Our Lady of Shilo Roman Catholic Chapel**  
 Sunday 10:30 a.m.  
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 Submit resume & cover letter in person Monday-Friday 8-4 or at [stag@mymts.net](mailto:stag@mymts.net)



# Shilo Military Family Resource Centre



## Conference goers enjoy workshops

**Garry Reid**

The Shilo MFRC hosted the second annual Westman Women's Conference March 8, with more than 45 people attending at the Junior Ranks mess and Shilo Community Centre.

The morning session held at the Junior Ranks included keynote speaker Brenda Hewlko of Women at Pause. She led the participants through *The Passion Test: The Effortless Path to Discovering Your Life Purpose*. They were able to identify and discover their passions.

The Junior Ranks is an ideal venue to host a group of 40-plus people in a comfortable and relaxing setting.

During lunch we brought in a military spouse from Winnipeg to entertain the conference goers.

Comedian Heather Witherden has performed at the Winnipeg Comedy Festival, CBC Radio's *So You Think Your Funny* and *Definitely Not The Opera*.

This year, she will be featured in *Broad Comedy*, a new TV series on APTN.

Witherden works part-time at the Winnipeg MFRC, so we were able to get the support of neighbours to bring in this entertaining comedian to bring a little laughter to the day.

We then switched locations and held mini-workshops at the Shilo Community Centre in the afternoon.

Participants had their choice of workshops.

Our own Jen Roehl enticed the taste buds of most of the conference participants with her appetizers and desserts workshop. It was so popular, we ran it twice.

Participants also derived benefit from workshops related to financial planning, managing stress and meditation.

We received numerous positive comments on the day and were happy to be able to bring this event to CFB Shilo for the second consecutive year since its inception.

We are already working on how we can make this event bigger and better a year from now. Mark March 7, 2014 on your calendar and plan to attend the third annual Westman Women's Conference.

*Garry Reid is the MFRC's program co-ordinator*



**Visit [www.familyforce.ca](http://www.familyforce.ca)**

## Gardening 101

Spring is coming!  
No really... it is!

Join us and learn everything you need to know about starting your vegetable garden

**Thursday, April 25**  
**6:30 pm**

cost to be announced  
at the Shilo Community Centre

Register at the MFRC by April 19

### ADVERTORIAL

## CF members will see rate increases

### Stag Special

Following approval by Treasury Board ministers, Canadian Forces (CF) members contributing to the regular force (full-time) pension plan will see rate increases this year as of Jan. 1.

In Budget 2012, the Government of Canada announced its intention to increase pension contribution rates towards a 50/50 cost sharing model for the public service pension plan, and for comparable rates changes for the CF and RCMP pension plans.

In this case, a cost sharing model describes how employee and employer share the cost of a plan. The Jobs and Growth Act (Bill C45) received royal assent this past December. As per the Budget 2012 announcement, this act made changes to the public service, RCMP, and CF superannuation acts.

The Jobs and Growth Act changed the CF superannuation act to eliminate the 0.4 per cent limit on annual increases to member contribution rates.

The act also ensured CF members contributing to the full-time pension plan will not pay higher rates than public servants.

Treasury Board has set the CF full-time pension plan contribution rates from 2013 to 2015 at: 6.85 per cent in 2013; 7.50 per cent in 2014; and 8.15 per cent in 2015.

On any earnings over the maximum covered by the Canada/Quebec Pension Plan the rates will be 9.20 per cent in 2013; 9.80 per cent in 2014; and 10.40 per cent in 2015.

For 2013, earnings up to \$51,100 will be covered by the Canada/Quebec Pension Plan (year's maximum pensionable earnings). Contribution rates for 2016 and beyond will be set around the

2015 timeframe.

What this means to you?

By way of illustration, a member earning \$60,000 in 2013 will pay 6.85 per cent on earnings to a maximum of \$51,100 and 9.2 per cent on the remaining \$8,900 of earnings. This member would see a monthly increase of \$30.31 in contributions from 2012.

Members of the public service plan, the CF full-time plan, and the RCMP plan pay the same pension contribution rates; however, due to its unique provisions, like early retirement and military disability provisions, the CF full-time plan is more expensive than that of the public service.

Pension contribution rates are expected to continue to increase over a five year period until the Government has achieved its objective of a more equitable cost sharing ratio for the plans.

For more information, refer to the Treasury Board of Canada Secretariat webpage: <http://www.tbs-sct.gc.ca/pensions/notices-avis/2012-12-14b-eng.asp>

Reserve Force (RF) members who contribute to the regular force (full-time) pension plan will pay the new contribution rates. RF members contributing to the part-time plan will not and will continue to pay their current rates.

The Jobs and Growth Act also increased the retirement age to 65 for persons hired into the public service this year after Jan. 1. There were no changes to CF retirement policies.

CF members who release or retire and then become employed in the public service after this date will be subject to the new public service retirement age rules.

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# Tim Hortons helps with T-ball

From page 11

"It is phenomenal to watch these little guys. They all want to catch and learn to bat," explains Hanson-Herbert. "We just hope the kids are still interested in T-ball after [their] snack."

To play T-ball, any child must turn three by the end of the year.

Despite the challenges associated with keeping toddlers interested, the program has been successful with children of all ages.

There are more perks to playing T-ball in Shilo than skill-building.

"This is also a division of the Timbits program. Tim Hortons is a key sponsor.

The kids get a Tim Hortons t-shirt and a little Tim Hortons medal at the end of the season," says Hanson-Herbert.

"Last year, they had water bottles and if you flipped up the bottom of the t-shirt it said 'I just finished playing can I have a drink?' and they would get a free small drink."

T-ball is scheduled to begin May 1 and run until June 19, with a cost of \$35 per child.

"We are hoping the fields will be ready for May 1, but we do say weather permitting.

"You never know. We will run eight weeks from when we start."

To register you should visit the GSH or call local 3588 for additional information.



Besides T-ball being offered, youngsters on the Base can also try baseball.

Photo by Jules Xavier

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