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1947 - 2017

Shilo Stag

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INSIDE This Issue



Military in tune with its musicians. Page 2



Volunteers recognized prior to BWK game. Page 4



Chute girls pack parachutes. Page 6-7



NPF HR assistant Jennifer Wilbee (right) added a few sweet toppings to her pancakes and sausage when she visited the Faith Centre for the annual Shrove Tuesday pancake lunch. BRSM CWO Don Askeland (left) was all smiles when he arrived for his pancake lunch, waiting for Padre Ihuoma to add a few sausages to his plate. Besides soldiers and Base workers in attendance, the event also attracted a few families, with the kids enjoying syrup on their pancakes besides a side dish of strawberries and blueberries, plus some whipped cream. MCpl Albert Egloff (above) helped with his youngest.

Photos by Jules Xavier



Military musicians in demand for 2017 celebrations

Steven Fouchard
Lynn Capuano
 Stag Special

Music plays a vital role in the Canadian Armed Forces (CAF) and our musical men and women in uniform will be a big part of the celebration as Canadians prepare to mark several notable anniversaries next year.

In addition to being Canada's 150th birthday, 2017 is also the 100th anniversaries of Vimy Ridge and Passchendaele, and the 75th anniversary of the Dieppe raid.

The overall role of CAF's Music Branch (CF Music Branch) is three-pronged. It sustains the morale component of fighting power while contributing to state ceremonial events, and is an effective tool for engaging with Canadians.

First, building and sustaining the morale component of fighting power refers, in part, to the visceral response music creates in CAF members when, for example, their regimental march is played.

State events such as Remembrance Day, Royal tours, support to the Governor General or official commemorations serve as the second prong, while the ability of the musicians to open the doors of the military and engage with Canadians is the third.

The inherent flexibility of CAF musicians, many

of whom play second and third instruments, allows them to shift from the parade square to Rideau Hall, to jazz or rock combos, or perform the other duties that go into running a band, such as finance, supply and copyright matters.

CAF Regular Force Bands

The CF Music Branch holds a two-phase audition process each year for its Regular Force bands. The first involves a blind panel assessment of applicants' musical submissions through recordings.

Successful applicants from the first phase are invited to a second live phase with one of the Regular Force bands of the Royal Canadian Navy, the Canadian Army and the Royal Canadian Air Force.

The Regular Force also hires skilled musicians to fill vacancies and competitions are held periodically for available positions.

Successful applicants have typically been experienced, professional musicians, many of them having a degree in Music Performance, Conservatory or University Certification, or equivalent professional musical experience.

Musicians must be multi-talented performers with experience in several musical styles, and must be able to adapt to all types of performance situations and to diverse audiences.

For more information about the application process or the audition procedure, visit <http://www.forces.ca/en/job/musician-83#re>

Reserve Force Bands

Joining one of the Army Reserve's bands is a way to translate part-time employment into a full-time job, while being paid and having time to study or work in a civilian capacity.

Musicians may serve with the Royal Canadian Navy (RCN), Canadian Army (CA) or Royal Canadian Air Force (RCAF) and provide musical support for CAF events and operations.

Musicians employed on a part-time or casual full-time basis usually serve at a military base, wing, home port or ship located within Canada.

Band of the Ceremonial Guard

The Ceremonial Guard is a composite CAF unit of more than 400 people that includes a Foot Guard company and the Band of the Ceremonial Guard.

This year, the majority of the Guard is composed of Regular and Reserve Force Guard and includes soldiers from regiments across Canada and, for the first time, ceremonial members from Canada's Navy and Air Force.

The Ceremonial Guard was established to plan, prepare, and execute public duties in the Nation's Capital during the summer.

In the National Capital Region, the application deadline for the CAF's Band of the Ceremonial Guard was last October.

Steven Fouchard & Lynn Capuano are with Army Public Affairs



There are plenty of opportunities in the Canadian Armed Forces (CAF) if you have an interest in music, from being in a band, to the Ceremonial Guard (right).



Pet of the Week



FRITZ

Fritz is owned by Gnr Erich Streberg from 1RCHA B Bty. Aged five, he loves running through deep snow and working. Gnr Streberg says his dog is super loud when new people visit the house, But in fact is a softy and wants belly scratches. Do you have a photo of your pet — cat, dog, bird, snake, hamster — you'd like to share with our Stag readers? If so, e-mail it to us via stag@mymts.net



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Register for CFOne card

New card holder could win \$7,000

Stag Special

As its 20th anniversary celebrations come to a close, Canadian Forces Morale and Welfare Services (CFMWS) is launching one final activity this month: Be One of a Million contest.

Don't have your CFOne card yet? Or you have a CFOne card, but know other Canadian Armed Forces (CAF) community members who don't? Well then, this contest is for you.

During the month of March, all new eligible CFOne card registrants, as well as the people who referred them, have a chance to win a prize valued at \$7,000.

The prize includes a \$3,000 (CAD) Air Canada gift card (terms and conditions of Air Canada gift card apply; two travel vouchers, each valued at \$2,000 (USD), from Government Vacation Rewards and Our Vacation Centre - Resort Vacation for a total of \$4,000 (USD) (terms and conditions of Our Vacation Centre apply).

Here's how to enter: Between March 1 and 31, sign up for your CFOne card at www.cf1fc.ca and you'll be automatically entered for a chance to win.

Don't forget to sign up other family members — new registrants need to be 21 years of age or older to be entered in the contest.

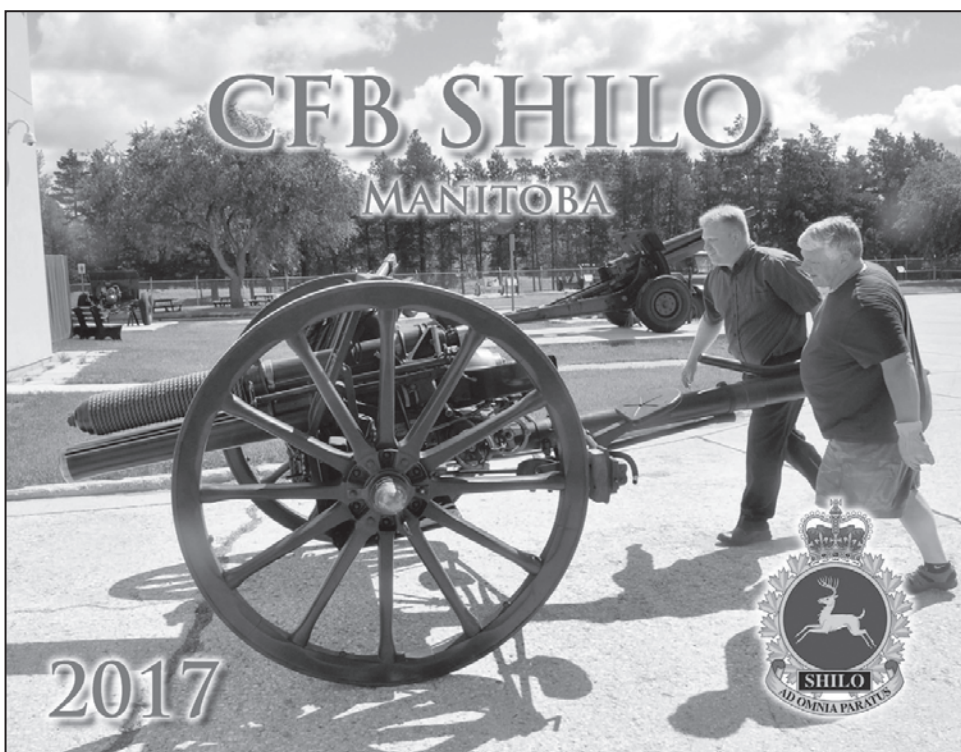
See contest rules and regulations at www.cf1fc.ca

Already have your CFOne card?

Spread the word to those who don't. Reach out to other eligible CAF community members and invite them to register for their CFOne card between March 1 and 31 at www.cf1fc.ca and increase your chances of winning.

In order to be entered in the contest, new registrants need to enter your name and e-mail address (as referrer) in the final stage of their registration process. For every referral that registers, you will receive an extra ballot.

For more details, refer to the contest rules and regulations at www.cf1fc.ca



Visit Stag for Base calendar

The 2017 Base calendar is fresh off the presses at Leech Printing in Brandon. This year's cover features staff at the RCA Museum bringing a new acquisition inside last summer. Drop by the Stag's office in CANEX and see the staff about acquiring your copy which would look great in your office or wall of your PMQ kitchen.

Photo by Jules Xavier



<p>Chef Boyardee® Canned Pasta • Assorted Varieties • 425 gr • Reg. 2.39</p> <p style="text-align: right; font-size: 2em;">2/3</p>	<p>Cloverleaf® Tuna Snacks • Tuna salad & cracker snack • 90 gr • Reg. 2.79</p> <p style="text-align: right; font-size: 2em;">1⁹⁹</p> <p><i>Benefit</i> <small>Healthier Choice</small></p>
<p>Christie® Cookies • Chips Ahoy Original and Chunky, Fudgee-O, Oreo • 300 gr • Reg. 4.99</p> <p style="text-align: right; font-size: 2em;">2/7</p>	<p>Kool-Aid Jammers® Kool-Aid • Assorted Flavours • 10 x 180 ml • Reg. 5.19</p> <p style="text-align: right; font-size: 2em;">3⁹⁹</p>
<p>Hunts® Pudding Snacks • Chocolate, Butterscotch, Vanilla, Banana Cream pie • 4/99 gr • Reg. 2.29</p> <p style="text-align: right; font-size: 2em;">2/3</p>	<p>Kellogg's® Cereal & Pop Tarts • Corn Flakes, Special K, All-Bran Flakes • 520 gr - 1.22 kg • Reg. 7.99-9.99</p> <p style="text-align: right; font-size: 2em;">6⁹⁹</p>
<p>Ital® Pasta • Special purchase • Elbow macaroni, penne, spaghetti • 450 gr</p> <p style="text-align: right; font-size: 2em;">.99</p>	<p>Aylmer® Canned Tomatoes • Diced or Whole • 796 ml • Reg. 2.19</p> <p style="text-align: right; font-size: 2em;">2/3</p>
<p>Betty Crocker® Fruit Snacks • Assorted Varieties • 128 gr • Reg. 3.79</p> <p style="text-align: right; font-size: 2em;">4/10</p>	<p>Sponge Towel® Paper Towel • Sponge Towel single roll • 1 roll • Reg. 1.99</p> <p style="text-align: right; font-size: 2em;">2/3</p>

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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

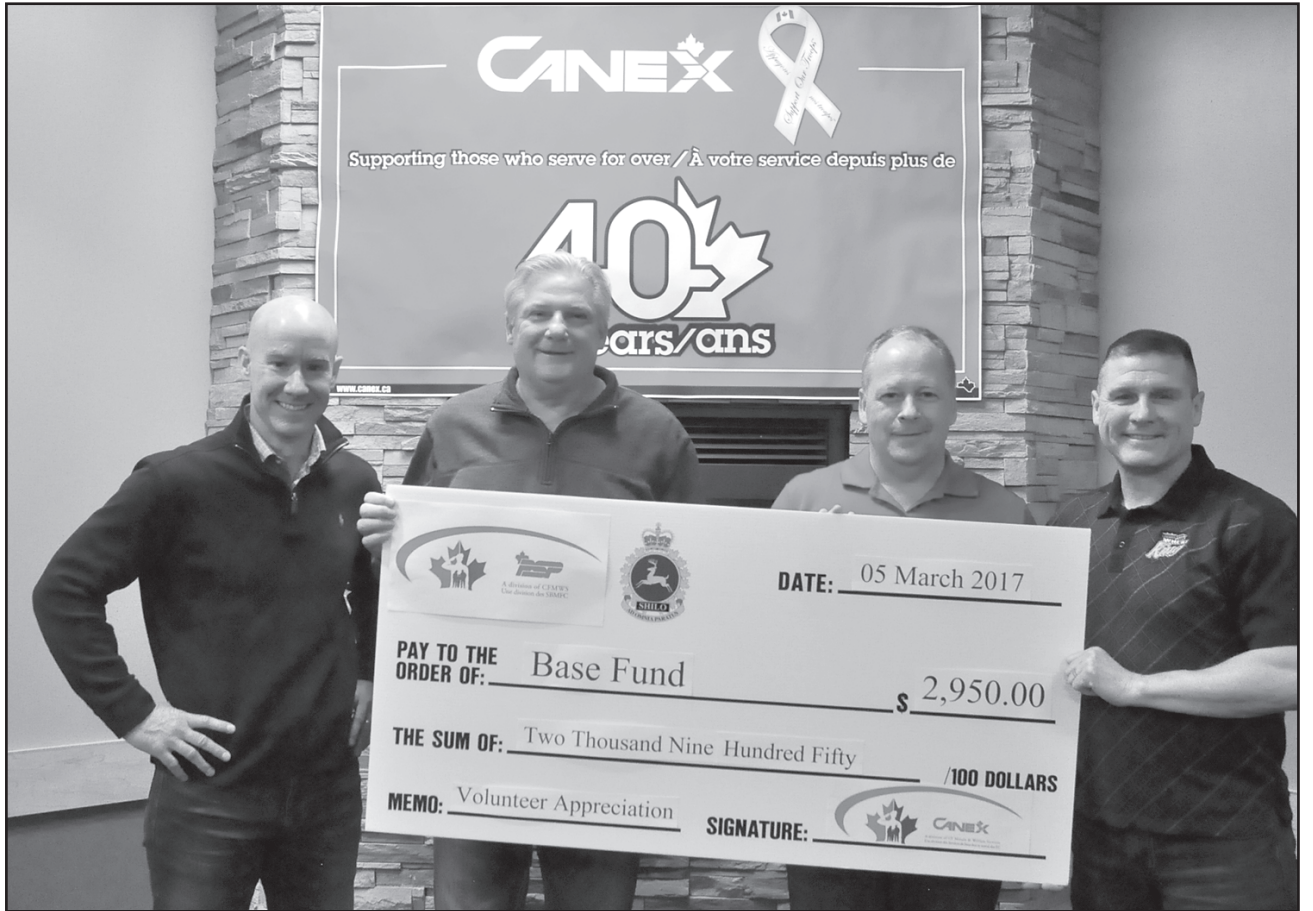
Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.



Follow the Shilo Stag on Facebook by visiting:

<http://www.facebook.com/ShiloSTAG>



Volunteer Appreciation

BComd LCol John Cochrane, BRSM CWO Don Askeland and PSP senior manager Mike McEwan accepted a cheque (top) from CANEX manager Rick Kehler prior to the volunteer appreciation lunch held prior to a Brandon Wheat Kings game. The 18th annual event is held to thank the more than 100 volunteers who give up their time to PSP, Shilo MFRC and Base activities as volunteers. Sgt Ian Taylor (left) looks over the variety of pizza being served.

Shilo Theatre
(Located in the General Strange Hall)

March 10 Passengers Rated PG
 March 17 Sing Rated G
 March 24 Why Him? Rated 14A

Children aged 10 and younger require adult supervision at all times.
 All movies start at 6:30 p.m. Doors open at 6:15 p.m.
 FREE GSH popcorn — h2o from CANEX

For more info, contact the community recreation office at 204-765-3000 ext 3317/3588

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New community centre for Shilo

Headquarters Camp Shilo very recently announced receipt of the final approval of a new community centre for the camp from Canadian Forces headquarters.

The centre will be located in the area known as Artillery Park, approximately midway between the two chapels. Construction of the building will begin immediately, with an estimated completion date of approximately December 1 of this year.

The centre, which will consist mainly of two Butler buildings, will contain such facilities for Shiloites as a Boy Scout, Cub and Brownie hall, auditorium and band stand, and a Maple Leaf Services coffee shop.

Financing for the project will come from a variety of sources. The initial or contributed costs of the Butler buildings amounting to \$15,000 will come from the Canadian Army Central Fund, and a special request



Your source for Army news in Manitoba.

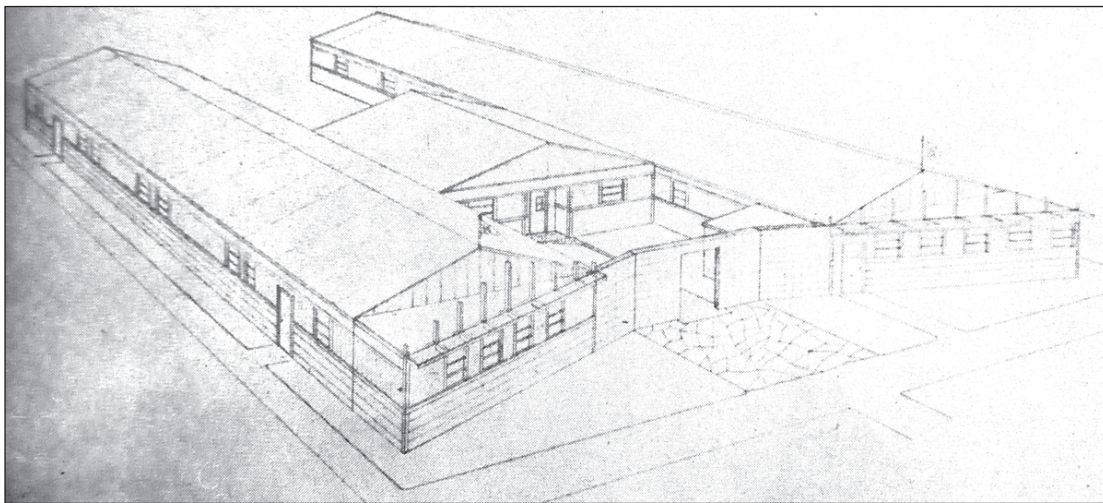
for \$10,000 from the GOC Maple Leaf Services Fund.

The \$20,000 originally approved for the building of an outdoor swimming pool will be transferred to the project, and the remaining money from local sources as follows: a contribution of \$5,000 from the RCSA fund, \$10,000 from Garrison fun, and \$5,000 from the special MLS rebate which Camp Shilo units agreed to contribute to the community centre.

Total cost of the project will be approximately \$65,000.

Landscaping of the grounds and maintenance will be on a self-help basis and it is hoped that our Shilo teen population will come out and give full support to making the centre not only a functional place, but also an attractive addition to our community.

Camp Shilo Stag Sept. 2, 1965



An architect's concept of the newly-approved Shilo Community Centre to be constructed in the Artillery Park area.

Trials resume

German armoured equipment cold weather trials planned for Camp Shilo, Manitoba last winter, but cancelled for technical reasons, will be conducted next winter by a team of approximately 100 German army technicians and civilian experts.

A total of eight armoured fighting vehicles will be tested, representing four different types.

They are the recently developed standard tank of the German army, the 42-ton "Leopard"; a 26-ton tank destroyer, a 22-ton anti-tank guided missile carrier and a 25-ton armoured personnel carrier.

Purpose of the trials is to determine the operational capabilities of the equipment in accordance with NATO standards under low temperature conditions.

Cost of the trials will be borne by the German government. Use of the military facilities of one NATO country for trials and training by the forces of another is an established form of co-operation between NATO partners.

The main body of the test team will arrive in early December and will conduct trials at Camp Shilo for about three months.

A liaison team of seven German experts and officials, headed LCol R. von Wallenberg, visited Camp Shilo Aug. 16-17, then returned to Ottawa for final talks.

Camp Shilo Stag Sept. 2, 1965

NEXT HOME GAME:

March 11 7:30 p.m.
vs Prince Albert
March 14 7 p.m.
vs Swift Current
March 18 7:30 p.m.
vs Regina

CFB Shilo Officers and SNCO combined

St Paddy's Day Bash and Brawl

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March 18th

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Prices subject to tax

Ask about Glow bowling birthday parties!

For more info call the community recreation office at **204-765-3000** ext **3317** or **3588**



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Renseignement : 1 800 699-3637

Courriel : dsfm@dsfm.mb.ca

NOTICE OF CONSULTATION

Public consultation on the need for a Franco-phone school in Brandon's West side.

Tuesday March 21, at 6:30 p.m.

Victoria Inn, Room 2
3550 Victoria Avenue
Brandon, Manitoba

Information : 1 800 699-3637

Email: dsfm@dsfm.mb.ca

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Parachute rigging done by 'Chute girls



Enlisted in the Canadian Women's Auxiliary Air Force (CWAAF), Anna Dundas (right) worked out of the No. 10 Flying Training School in Dauphin in 1942 looking after the parachutes airmen wore when they trained. A parachute (above) comes under inspection as an airmen shows off the rigging used as part of the parachute. *RCA Museum Archives*



Sarah Francis Shilo Stag

The life and death of airmen was often held in the diligent hands of women packing parachutes during the Second World War.

While growing up, it always seemed mothers were experts at folding sheets and towels. How did they get so neat and stay that way? What is the secret behind those darn fitted sheets?

There have been many camping trips where people have cursed as they cram a sleeping bag or tent back into a seemingly impossibly small bag in which it was sold.

Parachute packing was tedious and accurate work. And provided another opportunity for women to be involved in the war effort.

Folding the metres long contraptions of silk and leather needed to be done neatly and specifically. The fate of the men dropping from the sky in training and during missions was up to these women's expert packing skills.

The task was primarily the work for women. Nicknamed 'Chute Girls they packed hundreds of thousands of parachutes during the Second World War, with 20,000 put to use in one single day — on D-Day when Canadian soldiers dropped behind the lines on the Normandy coast.

This is according to www.elinorflorence.com — the website also cited an article written by Cpl Murial Ellis.



Rigging tables are set out so that 'Chute girls could prepare and pack parachutes used by airmen training to jump. Jumping was done at the parachute training tower located at Camp Shilo.

She wrote in her article titled, *Temptations of a 'Chute Girl*, "Ever miss those nice sheer pre-war silk stockings, girls? When you work all day with enough silk to make stockings aplenty for the next eight years, wearing cotton stockings, it's a great temptation to whip out the scissors. Particularly now, when real \$1.50 chiffons are as scarce as beefsteak in Berlin.

"That's what the girls in the parachute section, packing six to eight chutes a day, and thinking of the dear, dear days of silk-legged delight, are up against. The silk from one chute would make no less than 160 pairs of stockings, and if you like Nylons, there's 200 pairs of them in one of the big umbrellas.

"Chute rigging has been one of the chief activities of the Women's Division since Ottawa decided that there were hundreds of jobs in the air force that could be done by the ladies. And, as you can see, one of the most ironical jobs"

The use of materials such as silk, and later nylon by the military, led to shortages — meaning women struggled to cover bare legs.

There were riots by women trying to get their hands on stockings and nylons, according to the Smithsonian Mag website. It also states women painted stockings on their legs during the shortage with liquid

stocking makeup.

Some also created contraptions to paint a straight line up the back with eyeliner or a brow pencil or have a friend line their legs. Creating the seam line made the liquid stockings look more believable.

Women's clothing has changed multiple times base

on war time needs. Another example is in the corset. The metal used to make the boning was needed to help the war effort, a short supply of metal meant women's clothing changed to accommodate.

Prepping 'chutes for troops was no easy feat. Each one had to be examined with scrutiny for holes and imperfections, such as rust on metal fittings.

Each fold needed to be exact and any flaw fixed after numerous examinations.

Anna Dundas enlisted in the CWAAF (Canadian Women's Auxiliary Air Force) in January 1942. She was at the No. 10 Flying Training School (SFTS) in Dauphin and, with two other women, looked after the parachutes.

"We had to inspect parachutes for rips or tears and hang them in a well to air them for 48 hours. And then repack them," recalled Dundas in a recording from the Memory Project website.

"We were always conscious of doing the wrong thing, but we had good training and the only time I was nervous inspecting a parachute was where they brought it in after a crash and it had burned. And we had to go through it. We, when I say we, I had to ... I was the only one that worked on it, to make sure there were no body parts in it. And the smell of that burnt silk was very, very strong, it was nauseating. And it was kind of a daunting job. But we had to do it, that was part of the ritual, before they could throw it out."

The women were required to fly in any planes they helped repair.

"I was asked to repair a wingtip and our training planes [North American Harvards] were covered in canvas, actually cotton, not canvas, factory cotton. And they were covered with seven coats of dope, which is a heavy enamel," recalled Dundas. "And when the students were learning to take off and land, that's when some of those accidents happened and the wingtips touched the ground too soon and they'd rip."

She even spent a few days repairing the underside of one of those planes when the fuselage was ripped open from the cockpit to the tail.

See **AIRMAN** page 7

Airman tracks 'Chute girl who packed his parachute

From page 6

"But after each job, sewing job on an aircraft, I had to go up. A pilot had to take me up as a precaution that I did not sabotage the plane. I had to go up after it was repaired to make sure the job was genuine."

She met her husband on her first time flying during her familiarization flight. Dundas was scared of planes and flying and was the last one in her section to go up. "So finally, this gorgeous man came to our section. He says, 'I'm going up in 15 minutes and I hear there's one airwoman who hasn't been up yet

and she'd better be ready in 15 minutes.' So I had to go."

The following year, they were married. While women took personal responsibility for aircraft they mended, it was the same story with the parachutes. Records were kept on who packed each parachute. This is something RCAF Flying Officer (FO) T.R. Delaney took to heart when he bailed out of his burning plane. According to the website for author Elinor Florence, a news clipping tells the story of how he tracked down Leading Airwoman Irene Camken. He wanted to thank her because she "brought him back alive."

Camken was a fabric worker before enlisting and packing military parachutes.

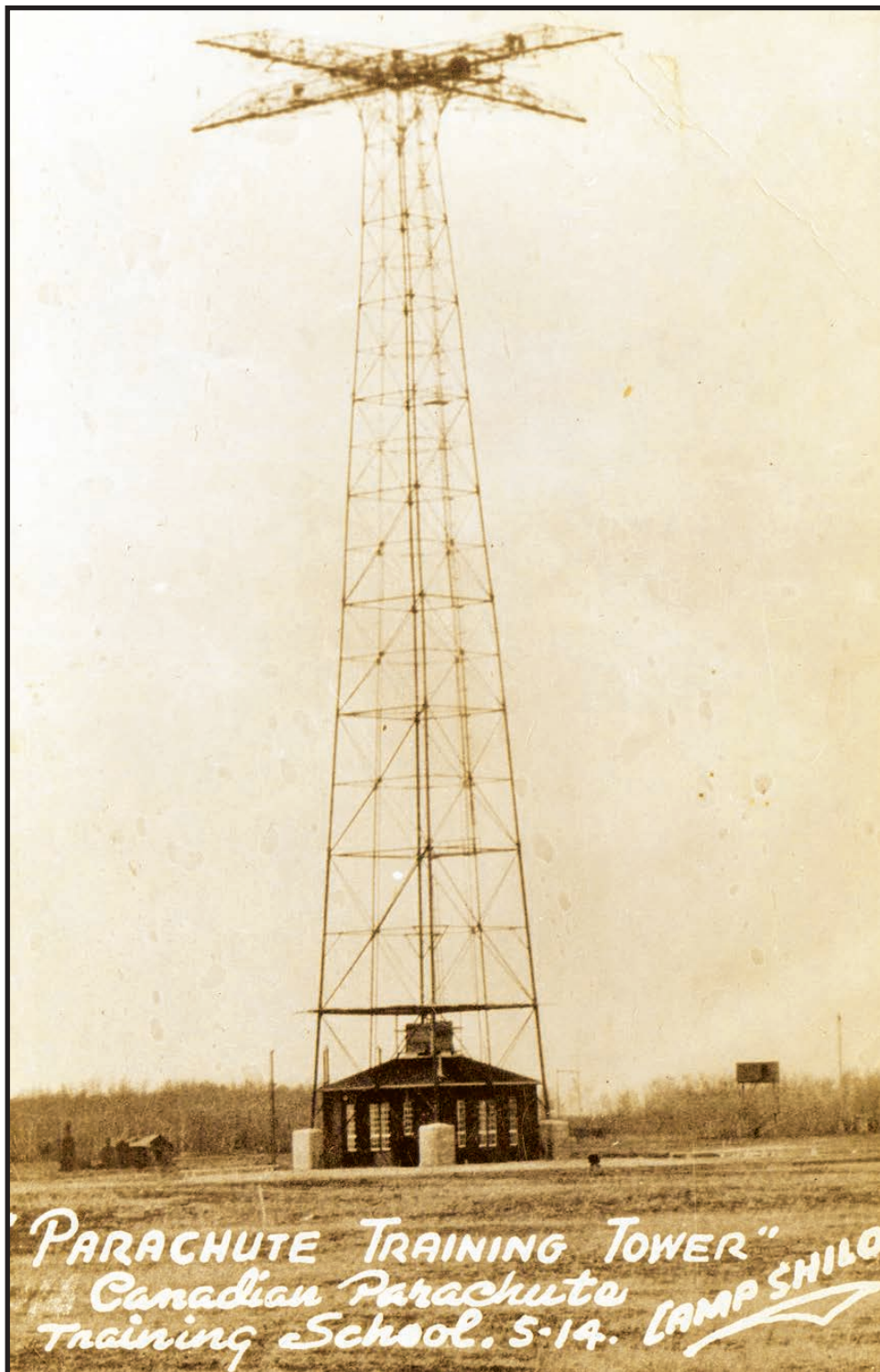
"You can never let yourself forget how important your work is when you're packing 'chutes," she said in the article. "It isn't your life that depends on them. It's somebody else's, and your best is the only job that's good enough."

He gifted her a bracelet featuring the RCAF crest, her name and Women's Division Number. On the underside it says, "With sincere thanks, T.R. Delaney."

These women's tales fit well with the RCAF Women's Division motto "She serves that men may fly."



It was a hive of activity at Camp Shilo during the Second World War, and post-war, when soldiers and airmen would hone their parachuting skills at the now defunct training tower (below). *RCA Museum Archives*



*PARACHUTE TRAINING TOWER"
Canadian Parachute
Training School, 5-14. CAMP SHILO*



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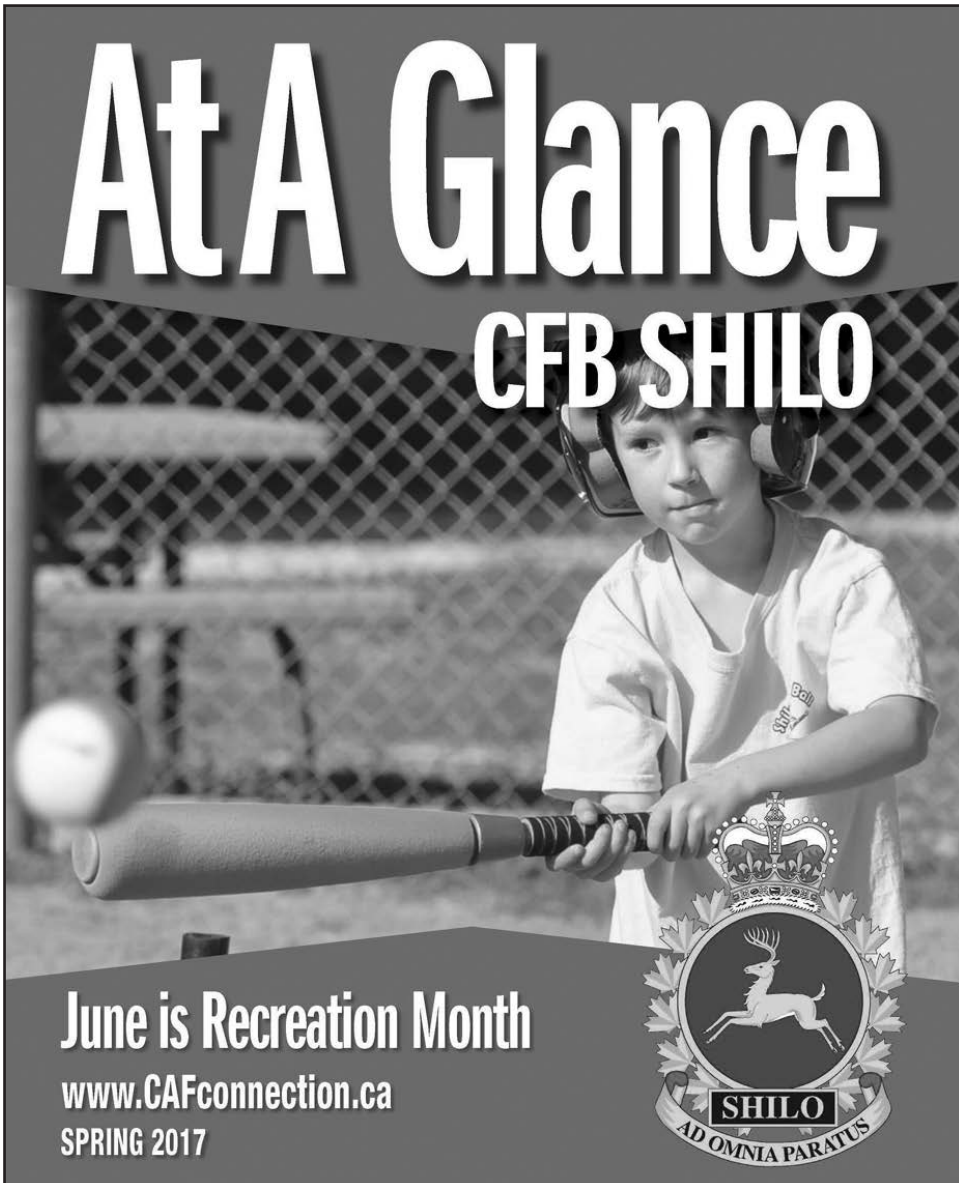
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At A Glance


CFB SHILO




June is Recreation Month

www.CAFconnection.ca

SPRING 2017



Your spring edition of *At A Glance* magazine, which also now incorporates the Base directory, is now available on the Base, including CANEX and the GSH.



Welcome to **CAFconnection.ca**

Our Military. Our Family.
Our Connection.

#GetConnected

Mandatory registration for the 100th anniversary ceremony at the Canadian National Vimy Memorial in France.

Register now.



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New, improved CF Appreciation website offers easy access

Stag Special

Since 2011, the CF Appreciation program has offered a variety of discounts to currently serving members of the Canadian Armed Forces (CAF), veterans, and their respective families in recognition of their sacrifices and dedication.

To help the entire CAF community to save on a daily basis, no matter where they are, www.CFAppreciation.ca has been updated with a modern "look and feel" that will allow users to find customized offers around them.

Users will be able to access the website wherever they are and on any hand held device from Smartphone to tablet to computer.

The site will also feature a new, more intuitive design making searching easier, by keyword, location, and company name, offering users customized search results.

In addition, users will be able to access their CFOne Card on their Smartphone, ensuring users always have their ID on hand.

Special features include: Mobile-friendly browser support; geo-location functionality and easier to find what you're looking for.

"I am excited to see first-hand the launch of the CF Appreciation mobile-friendly website. Whether in Canada or abroad, you can now easily see all the discounts and savings around you, on your tablet or phone in the area where you will be traveling," said Commodore Sean Cantelon, Director General Morale and Welfare Services.

"On behalf of the [CAF] community, I am grateful for all industry partners that are part of the CF Appreciation program. I look forward to continued growth in this regard."

With the aim of expanding its audience of users, new industry partners, including those local, regional, and national, have been approached to offer discounts, while some existing industry partners have chosen to enhance their offers, further increasing benefits to the CAF community.

At home, on the road, or abroad, www.CFAppreciation.ca wants to ensure you will have easy access to all discounts at your fingertips. Saving together will never be so easy.

Visit www.CFAppreciation.ca to see for yourself, or connect with the CF Appreciation team at 1-855-235-3099 for more information.



Syrup with your sausage

A youngster received her plate of sausage and pancakes from Padre Ihuoma during Shrove Tuesday held at the Faith Centre.

Photo by Sarah Francis

Real Property Operations Unit (West) - Detachment Shilo

2017 Pesticide Program

Public Notice is hereby given that Real Property Operations Unit (West) Detachment Shilo intends to conduct the following pesticide programs during 2017 on an, as required basis, based on monitoring thresholds and IPM control measures:

- **Treatment of Weed Control.**
 - Projected application dates = 15 May to 31 October 2017
 - Herbicide = Roundup Transorb HC Liquid
- **Control of noxious weeds.**
 - Projected application dates = 15 May to 31 October 2017
 - Herbicide = 2-4-D Amine
 - RPOU will NOT be applying 2-4-D Amine in the BASE/ PMQ area to control dandelions
- **Control of vegetation in gravel utility compounds and along compound fences.**
 - Projected application dates = 15 May to 31 October 2017
 - Herbicide = Glyphosate
- **Control of mosquitoes (Possible if required).** (as directed by B Surg)
 - Projected application dates = 15 May to 31 October 2017
 - Insecticide = Malathion
 - Larvicide = BTi ~ *Bacillus thuringiensis israelensis*
- **Control of horse tail weed at M-203 Range Training area as required.**
 - Projected application dates = 15 May 2017 and August 2017
 - Insecticide = Liberty 150 SN
- **Control of Richardson's Ground Squirrels (Gophers).**
 - Projected application dates = 15 May to 31 October 2017
 - Rodenticide = Chlorophacinone (Gopher Doom)

Signs will be posted prior the applications Further information may be obtained by calling WO Kelly Wilson, Contracts Officer at RPOU, 765-3000 ext 3169 or MWO David Keast, at RPOU, 765-3000 ext 3253.



UNDER CONSTRUCTION

If you happen to walk or drive by the three-storey apartment building currently under construction you'll see a marked difference now compared to when this image was taken in early fall. *Photo by Jules Xavier*

BMO enhances military banking program

Stag Special

BMO Bank of Montreal unveiled its enhanced Canadian Defence Community Banking (CDCB) program which is designed to better serve the banking needs of regular force personnel, reserves, recruits, military families, veterans and retirees, as well as Department of National Defence (DND) civilian personnel and the RCMP.

The new benefits incorporate suggestions from CDCB customers and apply to existing and new customers, and include: Free banking with the performance plan; free unlimited Interac e-transfer transactions; BMO employee pricing on a wide range of mortgage options; no annual fee for the BMO Support Our Troops Mastercard.

"BMO has a long history of assisting national defence personnel and we are pleased to offer this enhanced program to serve those Canadians who have served or continue to serve us, as well as their families," said Martin Nel, head of Personal and Small Business Banking, BMO Financial Group.

BMO has served as the official bank of the Canadian military since 2008. Through CDCB, the bank offers discounted banking rates and other special benefits, such as the integrated relocation program mortgage offer and the BMO Support Our Troops Mastercard, through which a portion of each transaction goes to Canadian Armed Forces (CAF) morale and welfare programs.

"I am thrilled at these significant enhancements to a program that has already delivered a wide range of

benefits to our defence community," said Commodore Sean Cantelon, Director General Morale and Welfare Services. "Through the Canadian Defence Community Banking program, BMO has proven itself an enthusiastic and loyal partner, thoroughly committed to improving the lives of our members, veterans and their families. On behalf of the entire defence community I wish to express our most sincere appreciation for their stalwart support."

BMO has a long history of supporting national defence efforts. During the First World War, BMO established temporary branches to pay troops at various encampments throughout Canada, and Canadian men and women in uniform overseas were paid through the bank's Waterloo Place office in London.

During the Second World War, BMO's president George Spinney headed the national war finance committee, which oversaw the sales of Victory Loan bonds.

During the post-war years when Canada had forces stationed in Europe, Bank of Montreal branches on the military bases provided banking services for Canadian servicemen and servicewomen and their families.

BMO is currently sponsor of the Canada Army Run, an annual event that brings together Canadians and the CAF to raise funds for two official charities of the CAF that provide assistance to ill and injured soldiers and military families in need.

PUBLIC NOTICE

Public notice is hereby given that CFB Shilo Country Club intends to conduct the following pesticide control programs during 2017:

- To control noxious weeds at the CFB Shilo Country Club. The projected dates of application will be from May 1, 2017 to Nov. 1, 2017. The herbicides to be used include: 2-4-D Amine and Glyphosate



- To control the following turf grass diseases including Dollar Spot, Anthracnose, Melting Out, Pink and Grey Snow Mould etc.

The proposed dates of application for these programs will be from May 1, 2017 to Nov. 1, 2017. The fungicides to be used include: Banner Maxx, Daconil 2787 and Trilogy

The public may send written submissions or objections within 15 days of the publication of this notice to the following address: **Manitoba Conservation, Pesticide/Fertilizer Section, Suite 160, 123 Main St., Winnipeg, MB, R3C 1A5**

RCA Officer's Mess Presents

When: 8 April 2017, Doors open at 1730hrs.
Painting starts at 1800 sharp!

Where: RCA Officer's Mess

This event is open to Members and a guest as well as Spouses of Members.

RSVP by 27 March: Please contact Patsy Marion at patsy.marion@forces.gc.ca or Ext 3735 to register

Hurry, there are limited seats for this event.

Cost: 10\$ due at the door

PaintNite
Drink Creatively

WESTMAN'S BIGGEST **FREE** Canada Day Celebration

Canada D'eh
CFB SHILO

LOVERBOY

MICHELLE WRIGHT PETE ZEDLACHER TYLER SHAW

SHILO SHOWSHINE CAR SHOW

FIREWORKS FOOD VENDORS BEER GARDEN

Family activities: foam party, obstacle course, dunk tank, and more

FOLLOW US ON FACEBOOK @ CANADA D'EH SHILO

Shilo Stag logo, WestJet logo, The Brandon Sun logo, and CFB Shilo logo.

Experience **Shilo Golf**
Great fun for Military Families!

Members receive **20% off** (does not include alcohol at Rick's Restaurant & Bar)

- 2017 early bird memberships \$649!
- CPGA professionals on-site to teach your family. Introductory FREE first lesson!
- Membership gets your kids access to Westman's best junior golf programs!
- Includes FREE winter golf school privileges.
- Kids 15 & under play free with an adult.
- Allotment monthly payment plan available to all military personnel.

2017 SHILO CC EARLY BIRD MILITARY RATES

SINGLE ADULT	\$649
STUDENT (UNDER 25)	\$449
JUNIOR (18 & UNDER)	\$149
FAMILY (2 ADULTS-2 KIDS)	\$1199

RATES EXPIRE DECEMBER 15, 2016

Customized memberships for those being posted, on exercise or away from base for a period of time during the golf season!

Westman's Best 18!
CFB SHILO

shilocountryclub.com f t

Mumps on the move

OPEN TO EPC MEMBERS AND GUESTS



EL PRAAD CLUB PRESENTS

ST PATRICKS

Celebration

SATURDAY, MARCH 18
OPENS AT 7PM
LIVE BAND BAD DOG!
PLAYING MUSIC FROM
AC/DC * BON JOVI * U2 * GREEN DAY * TRAGICALLY HIP
AND MUCH MUCH MORE!

Shilo Stag
Sarah Francis

With approximately 23 times the amount of mumps cases hitting Manitoba, you may want to start taking precautions.

The virus is highly contagious — being spread by saliva. It can live in your mouth, eyes, nose and skin.

Coughing, sneezing, talking and touching contaminated surfaces are ways you may pick up this illness.

According to the Manitoba Public Health website — as of March 2 — there are 184 confirmed cases of mumps since Sept. 1, 2016. Traditionally, the province sees between four to eight cases per year.

CFB Shilo's Medical Officer Capt Steven Nordstrom told the Shilo Stag there haven't been any reported cases on this Base. Generally younger people are affected by mumps.

"It's definitely a highly contagious disease that's spread in close quarters," explained Capt Nordstrom. "It typically affects school-age children and young adults. Some of our younger members might be more susceptible. Members into their mid to late 20s aren't necessarily susceptible to mumps."

Initially, this illness was affecting University of Manitoba students in Winnipeg between the age of 18 and 29 and, who live in the city or are involved in sports.

Mumps can spread quickly through sports teams due to the close proximity of the players, and sharing water bottles and food, and touching contaminated surfaces.

Now, it's spreading to all ages in Manitoba.

If you've been infected it can take between 12 to 25 days for symptoms to appear and you can pass it on before you even know you're sick or have the mumps.

"Particularly early on, it mimics a lot of other viral infections," explained Capt Nordstrom,

The NHL's Vancouver Canucks and Minnesota Wild as well as the local Brandon Wheat Kings have been afflicted by the highly contagious virus, with players removed from the line-up and kept away from their teammates.

You can help protect yourself by ensuring you and your family are vaccinated. While vaccines are not 100 per cent effective, they are still your best bet.

"Typically it's in the 97 to 99 per cent for most of our vaccines," noted Capt Nordstrom.



Mumps can cause swelling of glands on the neck. This is just one of the symptoms doctors look for when diagnosing this contagious virus.

Photo from Public Health Agency of Canada

Soldiers may get numerous Measles Mumps Rubella (MMR) doses.

"With mumps, most people get two doses, and our members get a booster dose if they come in and haven't received one in the 10 years previous," he said.

While soldiers aren't required to get vaccines, it could impact their ability to be deployed.

There is no cure for mumps, if a soldier contracts it. Instead there are isolation procedures.

"The member would be sent home from work. We would advise [them] to limit contact with other people, cover his mouth when he sneezes or coughs ... don't share glasses.

"However, like I said, it's highly contagious and likely the people in his family and that live around them are going to be exposed, and have been exposed by the time it presented here."

Mumps can also have some serious side effects in a small margin of those who become ill.

While the illness can be painful, uncomfortable and inconvenient from a work and school perspective, serious side effects are rare.

These side effects include, inflammation of the testicles, which can affect 15 to 30 per cent of men, and inflammation of the breasts and the ovaries affecting around five per cent of women.

Approximately 13 per cent of these cases can cause impaired fertility which varies in severity. Additionally, sterility is very rare.

Inflammation of the brain, also known as encephalitis, occurs in around one in 6,000 cases.


Capt Nordstrom told the Stag in a follow up e-mail, "Most with encephalitis secondary to mumps recover completely. Permanent hearing loss, arthritis, pancreatitis and heart involvement have also been reported but even less common than those above."

The mumps vaccine was approved in 1996, resulting in the number of reported cases decreasing by around 90 per cent — from 33,000 cases reported per year within 1951 to 1955 to roughly 180 cases per year in 2011 to 2013. That's according to the Public Health Agency of Canada.

To check that your vaccines are up to date or if you think you or your family member have been exposed to mumps, contact your healthcare provider.

"It's definitely a highly contagious disease that's spread in close quarters."

- Capt Steven Nordstrom

 National Defence / Défense nationale

WARNING

SHILO RANGES

Day and night firing will be carried out at the Shilo Ranges until further notice.

The range consists of DND controlled property lying approximately 32 kms SE from Brandon and N of the Assiniboine River in Townships 7, 8 and 9; Range 14 WPM, Townships 8, 9 and 10; Ranges 15 and 16 WPM and Townships 9 and 10; Range 17 WPM in the Province of Manitoba. If required, a detailed description of the Shilo property may be obtained from the Base Construction Engineering Office at Canadian Forces Base Shilo.


All boundaries, entry ways, roads and tracks into the Range are clearly marked and posted with signs indicating that there is to be NO TRESPASSING. Hunting is no longer permitted on the Shilo Ranges.

STRAY AMMUNITION AND EXPLOSIVE OBJECTS
Bombs, grenades, shells, similar explosive objects, and their casings are a hazard to life and limb. Do not pick up or retain such objects as souvenirs. If you have found or have in your possession any object which you believe to be an explosive, notify your local police and arrangements will be made to dispose of it.

No unauthorized person may enter this area and trespassing on the area is strictly prohibited.

BY ORDER
Deputy Minister
Department of National Defense

OTTAWA, CANADA
17630-77

Canada 

 National Defence / Défense nationale

AVERTISSEMENT

POLYGONES DE TIR DE SHILO

Des tirs de jour et de nuit seront effectués aux polygones de tir de Shilo jusqu'à nouvel ordre.

Les polygones de tir sont des terrains sous le contrôle du MDN situés à environ 32 km au sud-est de Brandon et au nord de la rivière Assiniboine dans les cantons 7, 8 et 9; polygone 14 OMP, cantons 8, 9 et 10; polygones 15 et 16 OMP et cantons 9 et 10; polygone 17 OMP, dans la Province du Manitoba. Au besoin, une description détaillée de la propriété de Shilo peut être obtenue du Bureau du génie construction de la Base des Forces canadiennes Shilo.

Toutes les limites, voies d'accès, routes et sentiers menant aux polygones sont clairement marqués et ornés d'écriteaux d'ACCÈS INTERDIT. La chasse est dorénavant interdite aux polygones de tir de Shilo.

MUNITIONS ET EXPLOSIFS PERDUS
Les bombes, grenades, obus et autres engins explosifs similaires et leurs enveloppes peuvent causer des blessures ou entraîner la mort. Ne ramassez pas ces objets et ne les gardez pas comme souvenirs. Si vous avez trouvé ou si vous avez en votre possession un objet que vous croyez être un explosif, signalez-le à la police locale, qui prendra les mesures nécessaires pour l'éliminer.

Aucune personne non autorisée ne peut entrer dans ce secteur où tout accès est strictement interdit.

Par ordre du
Sous-ministre
Ministère de la Défense nationale

Ottawa, Canada
17630-77




We want you on our team

The *Shilo Stag* is looking for another sales consultant for its team. Help us sell the Brandon business market on advertising in the *Stag*. They have a captive audience — especially with people here who are new to the community after being posted here from elsewhere in Canada. Where do you shop for new glasses; groom your dog; take the wife out for an anniversary dinner; buy a new car or have winter tires put on the van with the advent of winter; shop for back to school clothes and supplies? Working on commission, you can set your own hours. The more you hustle and sign advertisers up to promote their business in the *Stag*, the more you earn. Drop by the *Stag's* office in CANEX and see Jules or Sarah about the job. Or call 204-765-3000 ext 3013/3093. Be part of the award-winning *Shilo Stag* team.

Sign of spring?

Removed earlier this winter, the Shilo Community Gardens sign is back with a new look, but incorrect contact information if you are interested in planting a vegetable garden this summer. There are currently 24 raised beds, plus an adjacent fenced-in area can be used also. If you are interested in growing zucchini, carrots and strawberries this summer contact PSP recreation co-ordinator Kristen Lucyshyn at 204-765-3000 ext 3588.

Photo by Jules Xavier

CLASSIFIED ADS

Email: stag@mymts.net • Phone 204-765-3000, ext 3013 • Fax 204-765-3814

**\$10 for first 20 words,
10¢ for each additional word**
Deadline for next issue:

March 16 at noon

*Free ads (non-profit only)
restricted to members of the
CAF, employees of CFB Shilo and the
residents of the surrounding area.*

Where's Willie?

Somewhere on the pages of this *Shilo Stag* is a picture of Willie, the Wheat Kings mascot.

Tell us on what page, in what particular advertisement Willie was found and correctly answer the following skill-testing question for your chance to win two tickets to an upcoming Wheat Kings home game in Brandon.



Entry Form

Name: _____
Address: _____
Phone: _____
Page #, ad: _____

Answer skill-testing question:
When did Anna Dundas enlist with the CWAAF?

Cut out your entry form and fax it to 204-765-3814, or scan it and e-mail to stag@mymts.net or drop it off at the Stag's office at CANEX. Draw will be made on the Monday prior to game day.

Services



St. Barbara's Protestant Chapel

Sunday at 10:30 a.m. with Sunday school & nursery
Padre Costen - ext 3381
Padre Dennis - ext 3088
Padre Lee - ext 3090
Padre Neil - ext 6836

Our Lady of Shilo Roman Catholic Chapel

Sunday at 10:30 a.m.
Faith Studies Tuesday 18:30
Confessions by appointment
Padre Ihuoma - ext 3089

Services

Greg Steele Canadian Firearms Safety Course Instructor/Examiner Offering Red Cross first aid training. Manitoba Hunter Safety instructor. Courses offered at least monthly, more often with demand. Firearm/hunter safety courses planned seasonally. Restricted and non-restricted. Call 204-725-1608. E-mail gsteele4570@gmail.com

We buy and sell good used furniture/appliances and we deal in coins and coin/stamp supplies. People's Market Place, 32-13th St., Brandon, 204-727-4708.

Services

NEED YOUR TAXES DONE? Fast, friendly, and personal service. Located outside the gate. For all your income tax needs contact Ingrid Wasserburg at 204-763-4357. **OPEN ALL YEAR.**

Employment

Looking for a job on the Base? Submit resumes to NPF HR office via e-mail quoting competition # to npfhrshilo@cfmws.com OR for more detailed information on the jobs offered at CFB Shilo visit: www.cfmws.com

Employment

CANEX WANTS YOU: Clerk/cashier part-time position with 13 to 32 hr /week required. Must be available days/evenings, and weekends. Under the direction of the department supervisor, a clerk/cashier scans customer purchases, processes the transactions, and accepts payment. He/she prices, stocks shelves, counters and display areas with merchandise and keeps stock in order. He/she performs cleaning duties as required. Starting salary for this CAT 1 position is \$11.68 per hour, and after two-month probation increases to \$11.94. Apply in person at CANEX admin office, or NPF Human Resources office at Base HQ.

Tree Planting

1st Shilo Scouts are looking for acreages to plant trees on in the spring. If you are interested contact Linda Levesque at 204-765-3000 ext 3396 for more information.

Automobile For Sale

2010 Chevrolet Impala LT Silver Ice exterior with titanium-coloured cloth interior; five-passenger seating; 54,500 km, four-speed automatic transmission, 3.5L V6; power locks, window, trunk release, AM/FM stereo w/CD layer, MP3, six speakers, Bluetooth for phone, power driver seat, manual lumbar support, carpeted floor mats, leather wrapped steering wheel with radio controls, block heater, 16-inch aluminum wheels, all-season tires; well-maintained, up-to-date on service checks with dealership, clean, no rust. Always stored in garage. Rarely driven winter months. Current safety inspection. Non-smoker driven. Available immediately \$11,000. Contact Yvette or Mike 204-763-4990

Advertise with us! To place an ad, e-mail elaine.rempel@forces.gc.ca or call 204-765-3000 ext 3736
Contact Sarah Francis at stag@mymts.net or call her at 204-765-3000 ext 3013



Gunner Arena RCEME action

It was a hive of activity during the two-day RCEME hockey tournament held at Gunner Arena. There were 16 games played, with six teams involved. Besides the host Base Maintenance, other teams involved included 2PPCLI, 1RCHA, 17 Wing Winnipeg, Garrison Edmonton and BATUS from CFB Suffield. Besides game action, the tournament also featured a skills competition Friday night, not unlike what the NHL does for its all-star weekend. Here, action from Friday mid-morning games saw a penalty shot scored (above) in a game between 2PPCLI and 17 Wing Winnipeg. Garrison Edmonton (right) kept the BATUS goaltender busy, while its goalie (above right) had a puck deflect off his shoulder over the net.

Photos by Jules Xavier



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- **No annual fee** with the BMO[®] Support Our Troops Mastercard[®]⁵



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¹The monthly Plan fee is waived. You are responsible for all transaction, service and product fees not included in your Bank Plan. ²Proof of CDCB eligibility is required. Offers may be changed or withdrawn at any time without notice. ³Applications and the amount you can borrow are subject to meeting BMO's usual credit criteria. ⁴Some conditions may apply. These special offers are not available for the 5-year or 10-year BMO Smart Fixed Mortgage or a Homeowner ReadLine[®]. ⁵No annual fees apply for primary or authorized cardholder cards. Ongoing annual fees and all other applicable fees are subject to change. Visit your branch; call the Customer Contact Centre at 1-800-263-2263, or visit bmo.com/creditcards for current rates and fees.

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