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'Rite of passage' for new commander



Jules Xavier
Shilo Stag

Calling it a "privilege" to be part 1RCHA, Col Lee Hammond handed the reins of the Regiment to LCol Stewart Taylor during a May 10 change of command parade.

With 1RCHA since June 2011, Col Hammond applauded the "fine officers" who he worked with in a "busy unit" while stationed at CFB Shilo, and added a special thanks to his RSM, CWO Ed Smith.

"No Commanding Officer (CO) can succeed without a large cast around him, and that includes the RSM, battery commanders, BSMs ... we together have achieved amazing things together," he told an attentive audience on hand for the change of command parade that featured A, B, C, Z and the HQ Svcs batteries on the parade square.

Col Hammond said he is leaving 1RCHA in good hands, with the arrival of LCol Taylor now at the helm of 1RCHA, as Canada's first regiment and oldest in the Canadian Forces dating back 142 years this October "prepares for future operations."

He also credited the support of the military families, including his own, who have to sacrifice time away from spouses and children, with fathers and mothers who are on deployments.

"Our accomplishments are not done alone as we have the support of our families," he said.

With his departure from CFB Shilo back to CFB Edmonton prior to his journey to Afghanistan, Col Hammond posted one last message to his former troops on the 1RCHA Facebook page: "I just want to pass to all ranks of 1RCHA my deep appreciation for the outstanding performance of the Regiment during the change of command ceremony conducted Friday.

"The parade was flawless, and I was honoured very much to stand on parade with such a fine group of warriors. I would also like to thank the Regiment and the Base for the beautiful gifts I received; the generosity to me and my family was unbelievable.



Col Lee Hammond (above) handed the reins of 1RCHA to LCol Stewart Taylor (inset) during a May 10 change of command parade.
Photos by Jules Xavier

See **1RCHA** page 7



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9 May - 5 June 2013



The exhibition at the RCA Museum features an array of artifacts that cover the six decades Queen Elizabeth II has sat on the British throne. There are plates, photographs, and magazine covers to be perused to mark her diamond jubilee.

Photos by Jules Xavier

RCA MUSEUM

Queen's diamond jubilee commemorated with exhibition

Shilo Stag

The exhibition *A Queen and Her Country* commemorating Her Majesty's Diamond Jubilee is coming to Manitoba, specifically CFB Shilo.

The RCA Museum is featuring *A Queen and Her Country* to Manitoba, an exhibition which commemorates the Diamond Jubilee of Her Majesty Queen Elizabeth II from a uniquely Canadian perspective.

A Queen and Her Country is a travelling exhibition developed by the Canadian Museum of Civilization in Gatineau, Que. It officially opens at the museum May 30.

This exhibition recalls Her Majesty's first six decades as Canada's Head of State, her many visits to this country and her personal connection to major events in our recent history.

The exhibition invites visitors to reflect on her remarkable journey from young princess to long-serving monarch. It also illuminates Canada's development as a modern, diverse country with enduring ties to its British heritage and traditions.

The exhibition features 60 artifacts and a rich assortment of historical images gathered from across the country.

Artifacts include commemorative items such as decorated plates, spoons and tins, and an impressive collection of medals and Canada Post stamps associated with Her Majesty's reign.

Together, the artifacts and images recall Her Majesty's first Canadian visit as the captivating Princess Elizabeth in 1951, and events as diverse as the open-

ing of the St. Lawrence Seaway in 1959, the celebration of Canada's centennial in 1967 and the proclamation of the Constitution Act in 1982.

A Queen and Her Country will be on display at the RCA Museum until Aug. 18.

The museum is open seven days a week from 10 a.m. to 5 p.m. for the duration of the exhibition.

The RCA Museum was established in 1962 as Canada's national artillery museum.

The museum's principle role is to collect, preserve and display the material culture of the military history of Canada; with emphasis on The Royal Regiment of Canadian Artillery and the Province of Manitoba.

The museum's goal is to inform and educate our audience about the military technology, culture and heritage of Canada and to act as a catalyst for remembering the sacrifices made by Canada's military forces.

The Canadian Museum of Civilization is the centre for research and public information on the social and human history of the country.

Located on the shores of the Ottawa River in Gatineau, the Museum is Canada's largest and most popular cultural institution, attracting more than 1.3 million visitors each year.

The Museum of Civilization's principal role is to preserve and promote the heritage of Canada for present and future generations, thereby contributing to the promotion and enhancement of Canadian identity.



Blue Bomber long snapper helping vets with Cvet's Pets

Shilo MFRC are selling Cvet's Pets Helping Vets t-shirts during its eighth annual kite festival May 27. The shirts, costing \$15 for military and \$20 for civilians, are being sold to raise funds as part of Winnipeg Blue Bombers long snapper Chris Cvetkovic's program he started in 2012. Cvet's Pets is a volunteer-run, non-profit group dedicated to helping raise cash and awareness for Manitoba's animal rescue programs. Since February 2012, Cvet's Pets has helped raise more than \$25,000. Through this program he also decided to throw his weight behind Courageous Companions, a made-in-Manitoba project which provides specially trained service dogs for free to military veterans struggling with PTSD and other disabilities. For more information on Cvet's Pets, visit the CFL player's website at www.cvetpets.com. Cvet's Pets raises cash to help veterans with PTSD who need a service dog, so you can help out locally with the purchase of a Cvet's Pets Helping Vets t-shirt. The kite festival runs from 4 to 6 p.m. and features kite creations, face painting and contests. Kites will be available for sale, with quantities limited. For just a toonie, participants can enjoy a drink, chips and a hotdog.

Photo submitted

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Ticks opportunists when seeking food

Jillian Driessen
Shilo Stag

In this province, several prairie specific hazards exist — flooding, extreme cold, extreme heat, and dust, just to name a few.

Often times, the hazard which can be the most detrimental is the one we consider the least.

With the advent of spring finally here, it is time to start considering ticks, especially if you and your dogs enjoy the outdoors once winter departs. Despite their small stature, they are arguably the prairie's biggest pest.

Considering that all ticks have the potential to carry the bacteria that causes Lyme disease, being aware of ticks and prevention is valuable information.

There are two kinds of ticks found in Westman. CFB Shilo is close to several confirmed and suspected "deer tick" populations. Formally, deer ticks are called Blacklegged ticks. These are the ticks that are most likely to transport Lyme disease causing bacteria.

Although Shilo is not listed as a confirmed Blacklegged tick population, these ticks are likely to still be present in the area, given that ticks travel on animals that migrate, such as birds and mice.

The appearance of these ticks varies over their lifecycle and by

gender. Adult females are three to five millimetres, and are reddish and brown in appearance. Males are slightly smaller and are brown in appearance.

Larvae and nymphs, when unfed, are small and almost undetectable until fed.

The Blacklegged tick is active from spring right through to fall, with adults being most active in the early and later stages of the season.

To transmit the bacteria that causes Lyme disease, a tick must remain attached for a minimum of 24 hours.

The other variety of tick which may be found in this area is the wood tick, also referred to as "dog ticks."

These ticks are larger than Blacklegged ticks and are brown, with white markings on their backs. Although pestilent, these ticks do not often carry Lyme disease and are generally more common than Blacklegged ticks.

This Base is surrounded by the ideal habitat for ticks.

Ticks thrive best in wooded areas with longer grasses. Ticks do not jump and, therefore, require opportunities to crawl onto their hosts to feed.

They will perch on grasses and wait for a host to brush against the grass giving an opportunity to crawl onto their

host.

They will feed on humans or animals, which means it is advisable to check yourself and your pets for ticks after any potential exposure.

Blacklegged ticks are also collected for research to help determine tick populations and where carriers of Lyme disease are found. In the event that you find a Blacklegged tick, you may wish to submit it. To submit a tick, you must put it into a hard container with a dampened paper towel. A prescription pill bottle works well.

Be sure that the container is sealed, and put it into a box labelled: "Research Specimen — Fragile Handle With Care" and mail it to Dr. Terry Galloway.

For the doctor's information, a submission form, and further information on ticks and Lyme disease visit www.gov.mb.ca/health/lyme/blacklegged.html.

Health Canada suggests when in the outdoors people should wear repellent to reduce bites from ticks.

They suggest you use DEET products, soybean oil, or P-methane 3.8-diol.

For information about which repellents to use visit www.hc-sc.gc.ca/hl-vs/iyh-vsv/life-vie/insect-eng.php.

Remember to always read repellent labels and use only as directed.

Prevention and precau-

tion is the only way to help ensure your health and safety from a pest like ticks. Be proactive and take precautions!

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 Editorial advisor Lori Truscott ext 3813
 Proof reader Elaine Bullee ext 3736

Fax: 204-765-3814 Email: stag@mymts.net

Mailing Address:
 Box 5000, Stn Main
 CFB Shilo, Manitoba, R0K 2A0

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Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

Follow the Shilo Stag on
Facebook by visiting:<http://www.facebook.com/ShiloSTAG>

With his boots polished and uniform ready for inspection, 1RCHA Bdr Jonathan Kaiser stands at attention prior to the arrival of A Bty during the May 10 change of command ceremony. Bdr Kaiser is the "marker" for A Bty.

Photo by Jules Xavier

Uniform movement fascinating Boot polishing part of parade ritual

Attending parades on Base falls into my job description.

Some would say I am blessed, others, I am sure, would call me cursed.

In reality, I fall somewhere in between. I love watching parades. I find the uniform movement fascinating and I adore photographing parades.

The downside is outdoor parades in poor weather. It rarely happens, but I tend to enjoy those parades a little bit less.

Like most people, I enjoy a visual experience. The only downside to photographing a parade is missing out on some of the splendour and pomp. Thankfully, I got to take in the recent 1RCHA change of command parade without my Nikon attached to my face.

I suppose my interest in parades at 1RCHA is biased. I like to see the outcome after I hear about days of practice, witness religious boot polishing at home, and watch meticulous uniform preparation.

One could equate it to watching the director's cut before taking in the whole film.

We've been here for three years. I cannot tell you how many parades I missed before I started working in Shilo. I was usually too busy to come spectate.

For me, a parade was watching my significant other, Bdr Jon Kaiser, avoid our ever-curious and loving dogs while trying to escape our house with his DEU hair-free and his parade boots free of scuffs.

With a boxer dwelling under the same roof, this is an accomplishment of epic proportions.

Now, a parade bears a little more significance to me.

Regardless of which one of the Stag's staff of two is tasked with photographing the event, we are both in attendance.

It is not just for the Regiment, but for all units on Base.

We wouldn't be a paper if there wasn't a community, and there wouldn't be a community if these units were not stationed here.

We have a very reciprocal relationship and being present at parades — especially change of command events — is a big part of our relationships with the units on Base.

It's generally how we get to know individuals at the units.

It's also a lot more enjoyable than an afternoon in the office. Who doesn't want to take in a spectacle in the sun?

If you've never taken in a change of command parade, I suggest you take one in this summer. There is a deep sense of pride and extreme perfection in every movement.

It's incredible to watch your loved ones, both friends and family alike, on parade.

For uncoordinated souls, like myself, it is truly awe inspiring.

For those like me who enjoy a little more pomp in a parade, the Regiment didn't disappoint. It was

well done.

From a work perspective, it is the first of three change of command parades in Shilo this summer. Although the guns have set the bar high, I know 2PPCLI (June 18) and the CFB/ASU Shilo (July 9) will be equally as impressive.

The most admirable part of any change of command is the effort it takes to make a parade happen. I see first-hand the work put in at an individual level.

I know each unit puts just as much effort forth. I know the effort is more for pride in their own work than it is for entertainment value, but I appreciate the efforts nonetheless.



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Planning meals important for bodybuilder sculpting muscles

Jillian Driessen
Shilo Stag

Despite having what the Manitoba Amateur Bodybuilding Association (MABBA) considers a first-place physique, MCpl Jamie Legault is rather modest.

"I feel a little juvenile saying this, but I am very reserved around strangers," says MCpl Legault.

Reservations didn't stop him from competing and placing first in the light-heavyweight division at a MABBA sanctioned 2013 Gorilla Jack novice championship earlier this year.

This was the first competition for MCpl Legault, who has been lifting weights since he was a teenager.

"I got my first barbell set when I was 13. I wasn't serious lifting, but I've been doing this since I was about 15. I've liked bodybuilding and been interested since I was about 13," he says.

With 742 Squadron, MCpl Legault used the services of Craig and Julie Bonnett in the six months prior to the competition in March.

The fitness power-couple designed a nutrition and training schedule to assist Legault in his contest preparation.

The meal plan was helpful.

"I prep all my meals in one day. I freeze them and I'm good to go. I put as much emphasis on my meal plan as I do in the gym," explains Legault. "I gained a lot of lean mass in the six months prior to the show by following my meal plan."

He trains on his own at Shilo's GSH. Although he

does not mind training solo, there are very few competitive bodybuilders to connect with on this Base.

"It's harder out here. In Winnipeg there is a whole bodybuilding community. In Shilo, we are isolated," says Legault.

With services offered by the Bonnetts, the challenges of training solo were lessened for Legault.

Also accommodating to his training schedule and rigid meal plan is his workplace.

"My unit is really supportive. At 2 p.m. every day, unless there is a reason I can't that day, I have a quick meal. Everything is timed for my workouts," he explains.

Moving forward, Legault plans to spend the next year preparing for the 2014 MABBA provincial championships.

"I want to compete in the 2014 provincials," he says. "I want to spend a whole year on a meal plan and put some mass on. Peaking and dehydrating for a show is hard on your body. It is nice to do it once a year."

For this year's provincials, Legault will serve as a backstage volunteer. He says it's a great way to keep his face familiar on the competition circuit.

Legault wants to be a contender in the heavyweight category next year.

"I will not gain 20 pounds of lean mass in a year. But if I could put on 10 pounds, I could compete against heavier people who are not as lean," he explains. "A lot of bodybuilding is an illusion. A lot of people don't believe that I am a light heavyweight."

He adds, "I've got round belly muscle and I'm proportionate. I'm lucky."



MCpl Jamie Legault works on his upper body during a training session at the GSH. Photo by Jillian Driessen

Shilo Theatre
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May 23 Argo Rated 14A 7 p.m.
May 24 The Muppets Rated G 6:30 p.m.
May 27 Silent Hill: Revelation Rated 18A 7 p.m.
May 30 Dark Skies Rated 14A 7 p.m.

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Base Engineering Services 2013 Pesticide Program

Public Notice is hereby given that Base Engineering Services (Engr Svcs), CFB Shilo intends to conduct the following pesticide programs during 2013 on an, as required basis, based on monitoring thresholds and IPM control measures:

Treatment of Weed Control

Projected Application Dates	May 15 – October 31, 2013
Herbicide	Roundup Transorb HC Liquid

Control of Noxious Weeds

Projected Application Dates	May 15 – October 3, 2013
Herbicide	2-4-D Amine

*BCE will NOT be applying 2-4-D Amine in the BASE/PMQ area to control dandelions

Control of vegetation in gravel utility compounds and along compound fences

Projected Application Dates	May 15 – October 31, 2013
Herbicide	Glyphosate

Control of mosquitoes (directed by Base Surgeon)

Projected Application Dates	May 15 – October 31, 2013
Insecticide	Malathion
Larvicide	BTi ~ Bacillus thuringensis israelensis

Control of pine needle scale on pine and spruce trees (as required)

Projected Application Dates	June 1-30 & August 1-31, 2013
Insecticide	Diazinon

Control of Richardson's Ground Squirrels (gohpers)

Projected Application Dates	May 15 – October 31, 2013
Rodenticide	Chlorophacinone (Gopher Doom)

Signs will be posted prior the applications Further information may be obtained by calling MWO Robert Brassington, Contracts Officer at Engr Svcs, 765-3000 ext 3253.

LCol Stewart Taylor strives for equitable work-life balance

New CO 'humbled' by 1RCHA appointment

Jules Xavier
Shilo Stag

With four deployments on his military resume, and a number of postings in Canada since enrolling in the Canadian Armed Forces in the summer of '89, LCol Stewart Taylor's next step in his career has him at the helm of 1RCHA.

Born in the Newfoundland community of Stephenville, LCol Taylor took the reins of 1RCHA from the outgoing Commanding Officer, Col Lee Hammond, during a May 10 change of command ceremony.

Hammond served as boss of 1RCHA since June 2011, and is preparing for his second tour of duty to Afghanistan — a training mission which is designed to pass the security of that country to its own police and military — next month as part of the fourth and last rotation of the Canadian Contribution Training Mission.

LCol Taylor and his wife Kathleen, plus daughters Michaela and Eleanor, will call Brandon home once the family moves to Manitoba from Canada's capital.

Prior to his arrival on Base, the amiable LCol Taylor participated in a Q&A with the Stag about his new CF job with 1RCHA, telling us about his goals for the regiment and who influenced him to join the Canadian army.

Shilo Stag (SS): Why did you pursue a career with the CF?

Stewart Taylor (ST): "There are two things in my life that influenced my decision to pursue a career with the Canadian Armed Forces. The first was my role models growing [up], namely, my father, who was a police officer with the RCMP, and my grandfather, who served with the Canadian Army in Western Europe during the Second World War.

"In this regard, I guess you could say I was a product of my environment. The second had to do with my keen sense of adventure and desire to see the world."

SS: What was your influence in choosing the army?

ST: "I would have to say that the greatest influence came from my grandfather, who served with the North Nova Scotia Highlanders during [the Second World War]. Like many veterans, my grandfather rarely spoke about his experiences overseas, however; the 'war stories' he did share resonated with me and spiked my interest to pursue a career in this profession. I am proud to carry on his legacy of military service and hope to do so with the same level of humility and humanity as he did."

SS: What were your thoughts when you were informed you'd be taking command of 1RCHA?

ST: "I was deeply humbled. Given the number of other exceptional officers in the Royal Regiment who could have been selected for this command appointment, I feel very privileged and fortunate. Suffice it to say, I am extremely excited to be returning to a Regiment."

SS: What did you know about CFB Shilo, and the history of 1RCHA before arriving here?

ST: "My first opportunity to work at CFB Shilo was as a course officer at the RCA Battle School in 1996. Following that, I attended the Junior Officer's Course (JOC) in 1997.

"Although many years have passed since my last visit, I am looking forward to returning to Shilo and seeing the great changes that have occurred over these years. One thing that I know has remained the same is the outstanding range and training area that is offered by Shilo.

"Once more, the RCA Museum still stands as a focal point for gunners across Canada. This facility is an essential part of RCA heritage and allows gunners to celebrate and share with the public our service, commitment and sacrifice throughout Canadian history.

"1RCHA's rich history and achievements on operations at home and abroad are well known. I am looking forward to being a part of this history and maintaining those proud traditions and high standards."

SS: What advice did the outgoing Commanding Officer leave you?

ST: "I received a thorough handover from my predecessor Col Lee Hammond. He has certainly set the bar high and handed over the unit in excellent shape.

"In terms of advice, there is no single piece which sticks out. However, Col Hammond did share with me his insights and perspectives on a wide range of unit issues, from training, equipment, and personnel to name a few.

"This invaluable information has provided me with a great appreciation and understanding of the dynamics within the Regiment and will certainly serve me well as I settle into my new appointment."

SS: What is your approach when it comes to leading the soldiers under your command?

ST: "I try to set a positive example for my officers and soldiers through my actions. Doing so means I must be prepared to share in the same hardships that they themselves will be expected to endure.

"I am also an advocate of the mission command philosophy, a command philosophy that emphasizes instructing people as to what are their tasks without telling details as to how to they are to be accomplished.

"This requires that I communicate my intent in a clear and concise manner. We are blessed with some of the best soldiers in world. They are motivated, intelligent and well trained.

"What they need is a clearly articulated intent with defined left and right of arcs, and the necessary resources to do their job and they will get on with it."

SS: Describe your personality when it comes to soldiering, and when you are away from the job?

ST: "Soldiering is a profession that demands a considerable investment in time, energy and resources. I take a personal interest in my soldiers' training and professional development and I will do everything in my power to exploit training venues and leverage resources in order to afford my soldiers with opportunities to hone and master those professional and technical skills that they require to execute their missions and tasks efficiently and effectively.

"Soldiers are our most precious resource and we owe it to them to provide them with the best training possible to succeed on operations."

SS: What makes a good commander when it comes to dealing with the day-to-day 1RCHA operations?

ST: "Based on my personal experience and observations there are four qualities that come to mind. First and foremost, good commanders are not only professionally competent, but they are also of genuine character and true to who they are.

"Secondly, a good commander is one who communicates well. That is, he/she is adept at speaking to be understood and listening to understand.

"Thirdly, there is consistency. Consistency permits subordinates to know their boundaries and to get inside the commander's head, thus facilitating their accomplishment of assigned missions and tasks in accordance with the commander's intent.

"Finally, I would like to emphasize the importance of common sense. There are numerous policies and regulations which govern our actions and conduct.

"A good commander not only understands these policies and regulations, but is also adept at applying sound judgment and good old fashioned common sense for dealing with those situations [read grey areas] within which these policies and regulations are not neatly fitted."

SS: What are your objectives for yourself, and your soldiers, going forward during your two-year tenure at the helm of 1RCHA?

ST: "One of my primary objectives is to build on the outstanding work undertaken by the 1RCHA team under the leadership of my predecessor. This will provide some continuity between our command teams and will lend a certain degree of predictability to the regimental training plan.

"As much as possible, I want to continue to provide challenging and purposeful training activities that permit 1RCHA to maintain those core war fighting skills and artillery competencies required to effectively co-ordinate and synchronize fires at the Regimental level. Another objective is to continue to strengthen the strong affiliations between the Regiment and its partners from across 1CMBG. Our success is measured not only by our ability to deliver agile and accurate fires, but also by our ability to integrate these fires as part of a combined arms team.

"Strong affiliations facilitate close co-operation that is required to achieve this. These affiliations also extend to other stakeholders within LFWA including our reserve force, cadets, as well as with the community in and around CFB Shilo."

SS: Finally, having arrived at CFB Shilo, what goals have you set for yourself as the 1RCHA commander, as well as goals for the men under your command?

ST: "My first goal will be to learn from my officers and soldiers. Although it has only been four years since I last served in a Regiment, the way we conduct business is constantly evolving. There is always something new to be learned no matter how seasoned you may be.

"I will endeavour to maintain a high level of physical and mental fitness. It is often said that soldiering is a young person's game.

"The nature of our work is physically demanding and requires one to be able to withstand the daily rigours of operating under austere conditions void of those creature comforts of home.

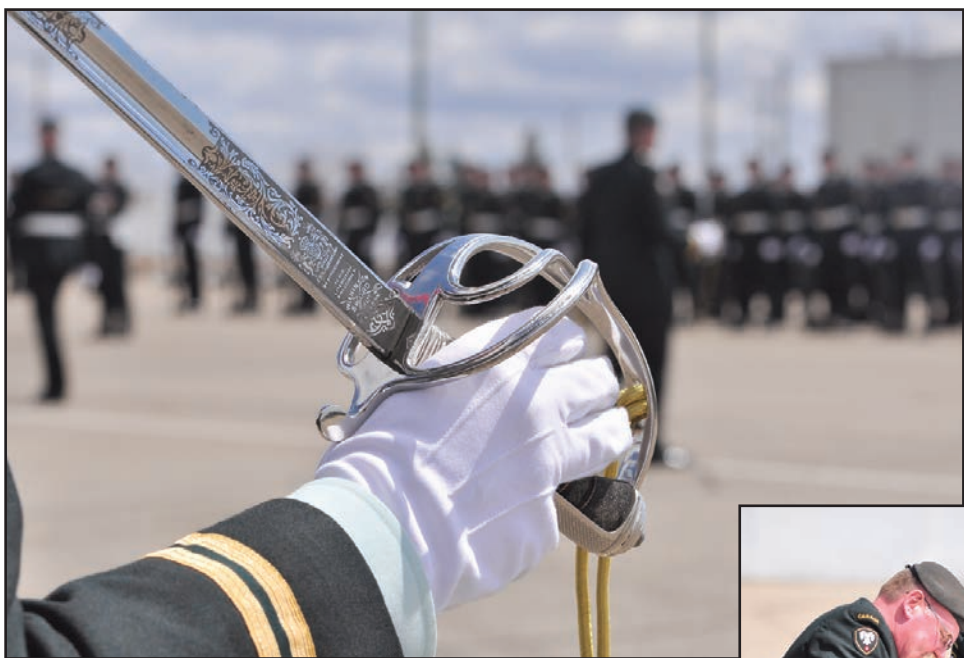
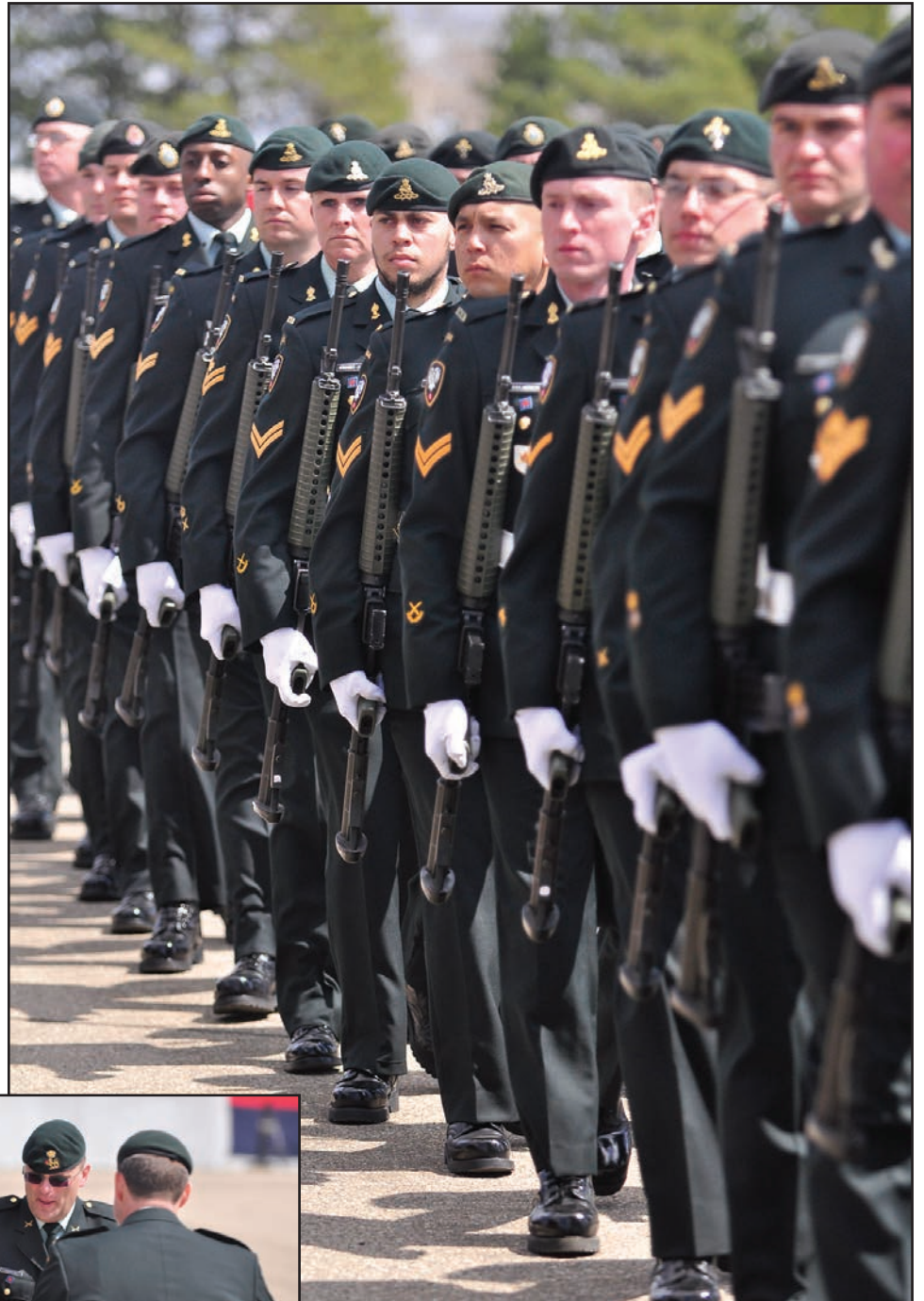
"However, as much as I am proponent of physical fitness, I believe it is equally important to develop the mental resilience to the stressors associated with operations.

"Finally, I will strive to maintain an equitable work-life balance. Given the nature of the work and the op tempo inside a combat arms unit this will be easier said than done. Nevertheless, I will aspire to attain a happy medium between my work and home. There is probably considerable overlap between my goals and those of my soldiers. That said, I expect and encourage my soldiers to have their own personal and professional goals. I think that this empowers them, to a certain degree, to take ownership of their own professional development and in achieving their true potential. It also bolsters their confidence and competence and ultimately makes them more productive members within the unit as well as the community within which they live."



New 1RCH Commanding Officer LCol Stewart Taylor leads his troops for the first time following his May 10 change of command ceremony.

Photo by Jules Xavier



JULES XAVIER PHOTOS



1RCHA will remain 'battle ready' says LCol Taylor

From the front

"No matter what happens in my future, my time as CO 1RCHA will be the highlight of my professional career, and I will always cherish the camaraderie and friendship I found in 1RCHA. Good shooting! Ubique!"

Col Hammond will now focus his full attention, with CWO Smith alongside him again, to the final preparations for a training mission which is designed to pass on all security missions in Afghanistan to that

country's own police and military forces.

This is the second Afghan tour for Col Hammond, who was deployed in 2009 for 11 months.

Col David Anderson, commander of 1 Canadian Mechanized Brigade Group (1CMBG), called the change of command parade a "rite of passage" for 1RCHA. He welcomed LCol Taylor to "the team" as he kept his speech brief.

The new 1RCHA Commanding Officer said he was "humbled" by his appointment, but the outgoing CO and RSM "put me on a solid foundation" with what

comes with running the Regiment that arrived in CFB Shilo and was designated 1RCHA in 1951.

LCol Taylor told his audience that 1RCHA would continue to "be battle ready."

And in addressing the soldiers looking on, he said: "I look forward to soldiering with you."

1RCHA has provided Batteries and personnel to the war in Afghanistan on a rotational basis since 2002. Moreover, the Regiment was the first to use the then new M777 howitzer in combat.

Taylor will call Brandon home during his command.

Visit us on Facebook

www.facebook.com/ShiloSTAG/

Captain to Major

2PCCLI Commanding Officer LCol Michael Wright had CFB Shilo Base Commander LCol Richard Goodyear change his wife's, Capt Tina Lam, rank from captain to major during a May 17 parade. Maj Lam is preparing for deployment to Afghanistan next month as part of Task Force 2-13 in support of Op Attention, where 2PPCLI's primary tasks will be ensuring the training and readiness of Afghan Security Forces.

Photo by Jules Xavier



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Wednesday, June 5th is HEROES' DAY!

A special Pay-One-Price ticket is available to Canadian Forces personnel and their family members (with ID). Just \$25 gets you gate admission as well as UNLIMITED RIDES! Pick yours up before June 5th at the Shilo MFRC, or the Provincial Exhibition Office.

Ticket must be purchased in advance.

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Shoppers Mall

MPs plan array of events June 1

Attending the June 1 Family Day at CFB Shilo?

Military Police will be there too, looking to add something helpful to your day.

During Family Day, we will have a few things to check out, and we would like you to consider taking advantage of our displays and services during this event.

All will be hosted in the main event area.

Here's what your MPs have planned:

- Car seat clinics — do you have a car seat or booster seat in your car?

Manitoba Public Insurance inspections will be available.

These no-cost inspections ensure you have the suitable type of seat, and that the installation is sound.

It takes between 10 and 20 minutes to complete an inspection. This is a great way to ensure the safety of your most precious cargo.

- Bicycle registration — your Military Police will have registration available for any bicycle on Base.

These registrations assign an individual identifying number to a bicycle.

With this number, that is retained for five years we can determine the owner should it be lost or found.

Unfortunately, during the summer months a few bicycles will inevitably go missing, and this service allows us to minimize the number of found bicycles without owners.

- Community Police Information for CFB Shilo — general information will be available on public safety items, with a Military Police member available to answer any questions you may have.
- Community Police In-

CANADIAN
MP
The Military Police
NOTEBOOK

formation for the City of Brandon — Citizens on Patrol Program (COPP) of Brandon will be on hand to give out community safety information for Brandon residents.

This volunteer program is funded by Manitoba Public Insurance and enhances safety for all by assisting police with minor

patrol duties and sharing educational programs.

This will be the first time the COPP have joined us at CFB Shilo and we are very excited to have them.

- Equipment display — a popular stop for kids, we will have some of our police equipment available for display.

Included will be a Crown Victoria police cruiser, soon to leave Shilo as we transition our fleet into new vehicles.

The Crown Victoria itself is now a relic, with production having stopped two years ago.

Along with all the other great events planned we are hoping to help you have a safe spring and summer.

CFB SHILO SCOREBOARD

LABATT'S INTERSECTION GOLF - May 16

TEAM	Stroke	Low	Team Low	Pts
B Bty	75.8	69	148	37
Z Bty	76	73	152	36
Golf Club	77.5	71	149	34
B Sup	78.8	75	154	32
1RCHA	79.5	76	157	31
Pats (1)	80.5	77	160	30
C Bty	84.8	74	171	23
B Maint	85.6	82	171	20
LMT	86.3	86	173	18
B TPT	86.3	86	173	18
BCE	87.5	82	170	17
OPS/G3	87.3	76	177	16
A Bty (1)	90.3	83	193	16
A Bty (2)	90.3	83	190	15
HQ Bty (1)	91	77	160	15
Pats (2)	94.8	79	Max 214	14
HQ Bty (2)	89	90	177	11
WATC	98.3	84	203	6
742 Sigs	104	92	213	4

BASE SCHOOLS

La charrette traditionnelle De la rivière Rouge

Richard Arcand
École La Source

M. Joyal enseigne en 5e et 6e année à l'école La Source.

Il a fait dernièrement un projet avec ses élèves.

Il leur a demandé de construire une reproduction miniature de la charrette traditionnelle de la rivière Rouge.

En effet le programme en sciences humaines de ce niveau demande aux enseignants de parler aux élèves de la façon dont se faisait le transport avant l'apparition du chemin de fer au Canada. C'est en parlant de l'entrée du Manitoba dans la confédération canadienne qu'ils en sont venu à parler de la façon dont le transport s'effectuait à ce moment là.

Ensuite M. Joyal leur a montré comment construire une réplique miniature de la charrette. Alex me dit qu'il a bien aimé ce cours car il a appris que la charrette de la rivière Rouge était considérée comme le symbole du Manitoba.

Il me dit que toute la classe a visionné un film indiquant comment on construisait la charrette.

Sienna et Shay me disent qu'ils ont construit cette charrette miniature car ils étaient en train d'étudier l'histoire du Canada et que la charrette était considérée comme un moyen de transport très important avant l'arrivée du transport ferroviaire.

Avery me dit que lui aussi avait trouvé ce travail très amusant car en plus de faire quelque chose dont ils étaient fiers, les élèves ont appris beaucoup sur l'histoire du Manitoba.

Bravo à toute la classe de M. Joyal.

BÉNÉVOLAT À L'ÉCOLE LA SOURCE

Richard Arcand
École La Source

Saviez-vous qu'à l'école La Source, il y a des parents qui viennent faire du bénévolat.

Mesdames Stéphanie, Peggy et Jaylynn viennent régulièrement faire du bénévolat à l'école pour aider les jeunes à pouvoir bénéficier d'un bon repas chaud.

Ces dames sont en effet des atouts précieux pour l'école.

Aujourd'hui, c'est vendredi, Darcy, Brett et Christian sont là pour préparer le dîner.

Mme Peggy est la conseillère pour les aider à bien s'organiser. Elle a même amené son petit garçon avec elle.

C'est dans le cadre de leur cours en arts ménager que les jeunes font ce travail.

Aujourd'hui les gars préparent du macaroni au fromage avec des saucisses.

Une fois le travail terminé, il restera à distribuer les repas dans les différents locaux.

Il faut d'abord aller en maternelle car les tout petits ont faim.

Ensuite les plus jeunes au premier étage pour terminer par les plus vieux au deuxième étage. Il n'en coûte que quatre dollars pour profiter de ce bon repas. Les enseignants ont eux aussi la possibilité d'en profiter.

En plus de profiter des cours de cuisine les plus vieux font bénéficier les plus jeunes d'un bon repas et c'est une excellente façon de se faire des fonds pour les différentes activités que les élèves du secondaire vont faire l'an prochain.

Il y a en effet un projet de faire un voyage avec les élèves du secondaire.

Ce voyage les mènera au Québec. Ils arriveront à Montréal et ensuite iront visiter la ville de Québec.

Quoi de mieux pour une immersion dans un milieu majoritairement francophone.

Bravo aux organisateurs.

10th Annual
Base Commander's Downhomer

LOBSTERFEST

Saturday June 8, 2013
CFB Shilo Community Centre Annex (Bldg L-25)

Featuring live from Newfoundland

THE IRISH DESCENDANTS

Come out and enjoy a whole lobster and steak dinner with salads and rolls along with live entertainment

And Westman's own *Nuthin' But Trouble*

Tickets Available March 1st at the following locations
* CANEX * Sobey's * 340 Esso * Douglas General Store * Carberry Signs

Only 800 tickets available! Don't wait because they go fast! **\$30**

Doors open at 5:30 pm
Meal from 7 - 9 pm
DJ starts at 7 pm
Bands start at 9 pm
DJ Services provided by Lock Music

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For group reservations and more information call 204-765-3000 ext. 3073

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Pensez vous devenir professeur ou éducateur (trice) en jeune enfance et vous voulez gagner de l'expérience?
Nous sommes à la recherche du personnel (temps partiel et suppléante) pour assumer le rôle d'éducateur (trice) à la garderie.

Préférence pour le poste d'éducateur (trice) sera accordée au candidat ayant une bonne maîtrise de la langue française.

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Division Scolaire
FRANCO-MANTOBAINE

L'école francophone de Shilo



RCEME Family Day

Food, fun and rockets taking flight were just some of the activities enjoyed by RCEME staff and their families. Soldiers also played cards or ball hockey, golfed and participated in a LAV pull. Afterwards, everyone in attendance posed for a group photo.



Jillian Driessen Photos



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Pte Mitchell Keast (left) of Base maintenance blends in with the budding trees while on sentry duty. Cpl Beth Thompson (above) of G1 leads soldiers on a day-light patrol as part of Ex Meandering Stag 13.

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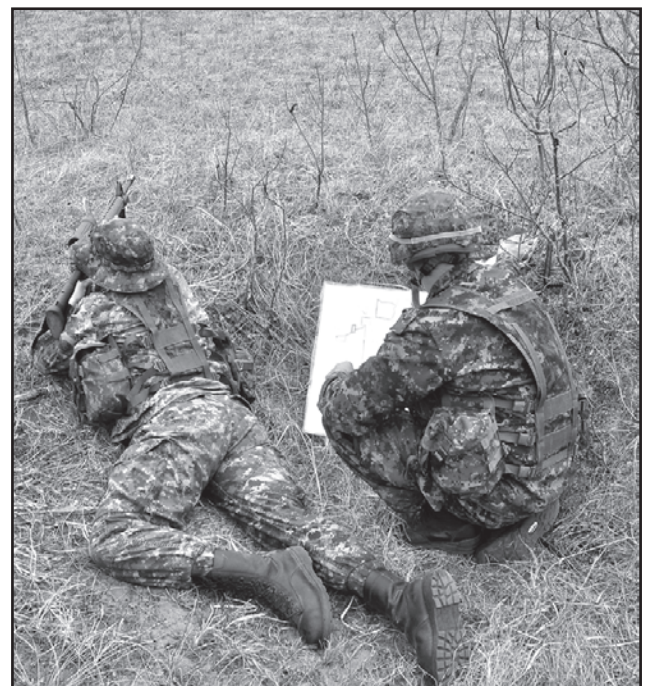
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Ex Meandering Stag 13



Base Commander LCol Richard Goodyear (above) and the RSM, CWO James Doppler, head out on a patrol. Two soldiers took position in a fox hole (below) with a tactical vantage to track enemy movement in a valley. Base side staff were in the field for the first time honing their soldiering skills, and spent the night in the forest under different tents, ground sheets, and housing apparatus they built. It was a learning experience for a lot of the junior officers, according to LCol Goodyear, with seasoned soldiers acting as mentors in the various groups out in the field. Led by Chief of Staff Maj Scott Lloyd, the exercise culminated with the launch of a surprise pre-dawn attack.

Photos by Jules Xavier



Services



**St. Barbara's
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 Padre Lee - ext 3088
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 Padre Olive - ext 6836
 Padre Torchinsky - ext 3381

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 Wednesday 12:05 p.m.
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 Padre Inienwe - ext 3089

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Homes For Sale

Home for sale in beautiful Wawanesa. Approximately 980 sq. ft. of living space on each level. 2 bedrooms upstairs and 2 downstairs with 1 and 1/2 bathrooms. Several upgrades including new shingles and windows. Completely renovated. Located on a huge corner lot with double detached garage, new deck, large driveway, garden, patio, and fenced yard. Close to school, recreation center, ball diamonds, and new pool/waterpark. Asking 192,500. Private sale only. No realtors. Please call 204-721-2824 for information or to book an appointment to view. Serious inquiries only.

New Home in Carberry 89' x 130' lot with double garage in new subdivision. 3 + 2 beds, 3 bathrooms, covered rear deck. Great Value. Asking \$339,900. Call Tim Drumm at 204-571-5926. Sutton Harrison Realty.

Acreages For Sale

160 acres, gently rolling native pasture with poplar bluffs, fence and dugout. \$800 per acre, 9 miles south of Richmond Ave.
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Wawanesa acreage with lots of poplar and spruce, nice sheltered yard. 1216 sq ft. 3 bedroom, 2 bathroom mobile home in good condition and barn.
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Treesbank large 4 bedroom home with over 2800 sq ft, swimming pool, double garage, large treed lot, very well-kept and private. MLS 1307255
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 Countryland Realty

Lake Property

Noble Lake, year round, like new 2 level home. Over 2200 sq ft, 4 bedrooms, 2 bath, wrap-around lake view deck. Hardwood floors, large lake front lot with mature oaks. Priced for immediate sale. MLS 1305026
 Dave Mooney 204-824-2094
 Countryland Realty

Employment

CANEX Clerk/Cashier (PT), Wage: \$10.84-\$12.67, competition ends May 31.
 SCC Greenskeeper (PT), wage \$10.70- \$12.67, competition ends May 23.
 Waiter/Waitress (Casual), wage \$11.30, competition ends May 24.
 Cook (Casual), Wage \$13.87, competition ends May 24
 Head Waiter/Waitress (Casual), Wage \$15.15, competition ends May 28.
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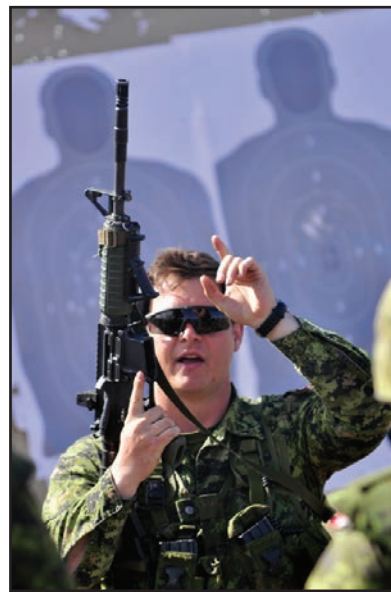
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2PPCLI is currently in the training phase of forming the nucleus of Task Force 2-13 in support of Op Attention, where their primary tasks will be ensuring the training and readiness of Afghan Security Forces. The Stag observed soldiers on the range honing their close-range firing tactics following a briefing from Lt Jesse Kettles (above).

Photos by Jules Xavier

