

# SHILO'S TAG

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Volume 48 Issue 22

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We Will Remember Them



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12 November, 2009



Photo by Bruce Peever

LCol Luc Généreux, BComd salutes alongside BCWO Stephen Walsh after laying the CFB Shilo wreath at the Canoe River Memorial Nov. 11. Large crowds were on hand both at the Base as well as at the Westman Communications Group Place in Brandon

as hundreds of area residents paid tribute to fallen heroes. Please see pages 2 and 3, along with 6 to 11 for more Remembrance Day coverage.

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# We will Remember Them, 2009



Top: Shilo soldiers stand during the Remembrance Day ceremony at Westman Communications Group Place on Nov. 11. Above: LCol S.B. Schreiber, CO of 2PPCLI, addresses the crowd during the ceremony.

## Remembrance Day Message From LCol S.B. Schreiber

**Commanding Officer  
2PPCLI**

Ninety-one years ago, guns fell silent across the Western Front, ending a cataclysmic war that had seen the demise of five great empires, millions of people, and the hopes and dreams of an entire generation. Across Canada, people gathered at solemn memorial ceremonies in the earnest and selfless act of remembrance. But just what exactly are we supposed to “remember” on Remembrance Day? Why does the cenotaph say “Lest We Forget?” What lessons were we to learn, what are we to reflect on, what should be the intellectual motive that drives our acts of Remembrance?

Some would have us remember that “war is a terrible thing,” and this is true; but it is not the most terrible thing. No one will more readily or truthfully attest to the horrors of war than those with firsthand knowledge of them: the warriors and the victims. But we also must remember that there are worse things than war. Populations living in constant and crippling fear, or with starvation, or with widespread disease know the horrors I speak of. The Spanish Influenza pandemic of 1918-1919 killed more people than the entire First World War. Stalin starved more than 20 million to death between the First and Second World Wars. Fear, hunger and disease continue to stalk the globe; War remains but one of the Four Horsemen of the Apocalypse. Despite the United Nations Declaration of Universal Human Rights,

Canadian soldiers have discovered that in many of the places that we have served, there are no such things as “Human Rights,” but rather only, “Human Privileges,” privileges that must be fought for and paid for at a heavy cost.

While governments may “declare” such concepts as “universal rights,” these high minded principles remain cold, lifeless words unless the efforts of soldiers, aid workers, statesmen, and everyday people breathe life into them, effecting the miracle of transubstantiation through their efforts and sacrifice. Even in Canada, these privileges cost, and those costs are borne not just by soldiers, but by the doctors and teachers and parents and construction workers and merchants and, yes, even from time to time, politicians, that have worked to make Canada such a magnificent place to live. I suspect that we in Canada take these “Human Privileges” for granted, as if they were truly rights, but one only has to visit some of the places I have visited to know what a thin veneer these “rights” are. Moreover, history has shown that those who take their rights and privileges for granted, abuse them, or who will not pay for them, do not long keep them. We must not forget that there is a price to be paid for the privileges we enjoy in Canada, and would have others enjoy, and the costs are not all borne fairly or equally. Others have paid that price for us in the past, and we may be asked to do the same for future generations. It is a debt that we owe to our future.

I think we need to remember those who, as the poet Milton says, “also serve who only stand and wait:” the families. I suppose I somewhat disagree with that famous patriotic bumper sticker that says: “If you love your country, thank a Vet.” The Vets I know didn’t serve their country and countrymen for thanks – although we’re very appreciative for the incredible support and thanks we get. And they sure didn’t do it for money. They did it because it needed to be done. But in so doing, they also conscripted into the service of the nation their entire family. Wives and husbands, mothers and fathers, and sons and daughters – especially sons and daughters - who had their lives as they know them and their futures as they dreamt them placed in jeopardy, so that our soldiers, sailors and airmen could pay the price for privileges that we all too often take for granted. Families of those serving still bear those heavy burdens, and some of them are among us today.

So if you love Canada, if you love your privileges and want to keep them, if you want to recognize the sacrifice of those who have gone in harm’s way to grant you and others your “Human Privileges,” don’t just thank a Vet; thank a Vet’s family. Because it is the family that has taken the risk, and that makes the sacrifice, to allow the Vets to serve.

Let us be mindful and worthy of that sacrifice;

Lest We Forget.

Thank you, and God Bless.



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# Remembrance Day Messages

## From the Base Commander, LCol Généreux

**LCol Luc Généreux**  
**Base Commander**

Every year, during Veterans' Week and on Remembrance Day, we honour those who served and fought for Canada, and especially those who lost their lives. Some went overseas with adventure in their hearts, while others tackled the war as a job they had to get done. They fought to defeat evil, and to defend their buddies. They fought to bring peace to faraway lands, and to ensure their chil-

dren would not have to go to war in their turn. This summer, we marked the 65<sup>th</sup> anniversary of D-Day, the invasion of Normandy, on June 6, 1944. It was the biggest military operation the world has ever seen; in one day, some 150,000 soldiers crossed the landing beaches. Among them were 15,000 Canadians.

The peace and freedom we enjoy in Canada came at a high price. Since Confederation in 1867, some two million Canadian soldiers, sailors and

air personnel have served overseas, and more than 110,000 of them lost their lives.

Every year, Veterans' Affairs Canada chooses a theme for Veterans' Week. In 2009, we are asked to focus on the campaign in Italy, where Canadian troops fought for nearly two years. The Italian campaign opened with the invasion of Sicily, where the assault battalions of the 1<sup>st</sup> Canadian Division waded ashore on July 10, 1943. It ended for the Ca-

nadians in March 1945, when they pulled out of northern Italy to join the fight to liberate the Netherlands.

Canadians are deployed in Afghanistan right now on another NATO mission, as part of a coalition of 41 countries. Our forces are there at the request of the Afghan government to help the people rebuild their country. Since January 2002, over 20,000 Canadian soldiers have served in Afghanistan. One hundred and thirty-

three (as of 4 November 2009) have lost their lives there in the line of duty, including 34 since last Remembrance Day.

Canada has a strong and proud military heritage. This week, and especially on November 11<sup>th</sup>, we remember the service of our veterans past and present, and think about what it means to us. One way to show respect is to wear a poppy, traditional symbol of the fallen.

If you see a veteran wearing his or her med-

als, you could introduce yourself, ask a few questions. Their stories are well worth hearing. Or you could attend your local Remembrance Day ceremony. On the 11th day of the 11th month at 11 o'clock in the morning, we stop and keep silence for two minutes — a pittance of time — to think about our veterans, and those who never lived to be recognized as veterans.

It is the very least we can do.

Lest we forget.

# From the Minister of National Defence, Peter MacKay

**Peter MacKay**  
**Minister of National Defence**

Today, Canadians will gather at cenotaphs and memorials across our country and around the world. They will pause in silence to pay tribute, to honour, and to remember the men and women who gave selflessly of themselves so that we might enjoy the freedoms we do today. I will join them in my own act of remembrance -- reflecting on the exceptional men

and women in uniform that I've met: the sailors in Esquimalt, British Columbia; the soldiers in Galetown, New Brunswick; the airmen and women of Cold Lake, Alberta; and the Canadian Rangers in the Arctic, to name a few. I will think about our sailors who are about to join anti-piracy operations off the Horn of Africa; our soldiers involved in peacekeeping operations in the Sinai Peninsula; and the men and women of the Air Force

patrolling our skies. And I will remember the humbling experience of standing with so many Canadian heroes on a silent dusty tarmac in Kandahar as one of our fallen soldiers began his journey home

to a flight line of sorrow and tears at Trenton. I will remember that the valour displayed by the men and women of today's armed forces is part of a great and lasting legacy


"Like all Canadians, I will remember that the things most worth fighting for come at a tremendous cost... A cost that has spared no part of our great country."

-Peter MacKay

built by our veterans. A legacy that includes the battlefields of Flanders, Vimy and Amiens, the cold seas of the North Atlantic, the skies over Britain, the beaches of Normandy, and places like Hong Kong, Ortona and the Scheldt. It is a legacy that prevailed even in the darkest hours of the Cold War and while facing the challenges of a fragile peace in distant lands. And like all Canadians, I will remember that

the things most worth fighting for come at a tremendous cost... A cost that has spared no part of our great country. And so, at eleven o'clock on the eleventh day of the eleventh month, we all fell silent. In those two minutes of silence, we joined together to think of our freedom, our democracy, our respect for human rights and rule of law. And we remembered those who gave so much to us and to Canada. Lest we forget.

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# ACC offering Project Hero scholarships

Assiniboine Community College (ACC) recently approved a scholarship that will provide financial aid for children of Canadian Forces personnel who have lost their lives while serving in an active mission. The project is a result of a national program called Project Hero that is being promoted by the Association of Canadian Community Colleges (ACCC).

"I am extremely proud

that ACC is participating in this important initiative," said Jim Brinkhurst, Interim President, Assiniboine Community College. "We have a close connection with military families because of our relationship and proximity to Canadian Forces Base (CFB) Shilo. These soldiers are sacrificing their lives for us; hopefully this can help ease some of the burden for the families who have lost a loved one."

The scholarship will provide the recipient with full tuition, plus a cash gift to cover the costs of textbooks and supplies on an annual basis. The amount awarded is dependent on the program the recipient has enrolled in. The new scholarship will be awarded starting September 2010.

Eligible recipients must be a dependant of a member of the Canadian Forces who lost his/her life as a result of

being deployed on an international operation; be under the age of 26, and be enrolled as a full-time student in any certificate or diploma program at Assiniboine Community College. Those that meet the criteria must apply for the scholarship.

Funding for the scholarship will be allocated by the Assiniboine Community College Foundation Inc. with funds coming from the Manitoba Scholarship and

Bursary Initiative.

Assiniboine Community College has been in operation for over 45 years. In 2007-08 the college had over 2,400 students attending college on a full-time basis. The college offers 37 certificate and diploma programs, as well as apprenticeship programs. The main campus is located in Brandon and the Parkland Campus is in Dauphin. Winnipeg has been home to

a permanent Practical Nursing site since 1998. Training sites in numerous rural communities extend program offerings throughout the province.

For more information, please contact:

Wanda Kurchaba  
Communications Officer  
Tel: 204.725-8717  
kurchabw@assiniboine.net

Submitted by Assiniboine Community College

## Remembrance Day Message From the Governor General

**Michaëlle Jean**  
Governor General

The annual commemoration of Remembrance Day is performed a strong reminder that defending freedom and keeping the peace come at a price. That of those who have undertaken to defend the ideals which made Canada a sovereign, prosperous, envied nation, a great many have, unfortunately, paid with their life for the advantages we enjoy today.

In this regard, we have a responsibility of

understanding to fulfil, a duty of respect to perform, an obligation of remembrance to honour.

Lest we forget the over 66,000 Canadian men and women killed and 173,000 wounded in the First World War, the more than 42,000 killed and 55,000 wounded during the Second World War, the 516 killed and 1,042 wounded in the Korean War, the 116 Canadians killed in United Nations peace operations since 1949 and, most recently, the 133 Canadian

soldiers who have died in Afghanistan since we joined the NATO-led coalition, not to mention their comrades who have been wounded there.

We think of all the brave men and women who never came home, all the grieving families, all the soldiers who have been wounded in body and spirit, something we talk about all too seldom.

We owe them a debt of endless gratitude. Let us never forget.

## Canada Post offering free parcel delivery

Canada Post will again be providing free regular parcel service for family and friends of deployed CF members between now and Jan. 15, 2010. Parcels will be delivered free of charge from any Canada Post retail outlet to designated CF bases, where they will be forwarded through the CF postal system to CF members overseas.

Additionally, Canada Post will also continue providing free delivery of letters to deployed troops through 2010.

Due to cargo limitations on military flights, this offer is restricted to those operations served by the Belleville, ON K8N 5W6 address and to any deployed Canadian ship.

Additional mailing

guidelines are available at the Write to the Troops link found at [www.forces.gc.ca](http://www.forces.gc.ca).

To ensure the proper customs declaration forms and correct addressing information, all letters and parcels must be deposited at a Canada Post retail outlet. Mail deposited in street letter boxes will not be delivered.

## Pick your favourite pic

Earlier this year military staff and their families from across Canada were urged to take part in the annual DND Photography Contest. With that contest closing Oct. 1, now comes the judging.

Between Nov. 16 and Nov. 30, you can log onto [www.DNDPhotoContest.ca](http://www.DNDPhotoContest.ca) to view the photos and vote for your favourite. All voters are eligible to win a digital photo frame.


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Image: Department of National Defence

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The Legion Service Bureau Command Service Officers are here to serve members of the Canadian Forces, Veterans, RCMP members, and their families while representing their interests in dealings with Veterans Affairs Canada (VAC) and the Veterans Review and Appeal Board (VRAB) in claiming disability benefits under the Pension Act or the New Veterans Charter.

The Legion professional Service Officers, whose role is mandated through legislation, provide representation services, advocacy and benevolent assistance FREE OF CHARGE, whether or not you are a Legion member. Visit [www.legion.ca/ServiceBureau](http://www.legion.ca/ServiceBureau).



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# Write to the troops - but no packages, please

## DNEWS

As the holiday season approaches, many Canadians will be thinking of the troops deployed overseas. Director General Personnel and Family Support Services (DGPFS) would like to remind the public that even though the military appreciates any

show of support, the collection of gift boxes and packages for shipment overseas is not practical. "Support for our troops has been tremendous over the years, and this year, Canadians again want to know what they can do to help," said Jim Peverley, Director of Deployment Sup-

port at DGPFS. "We appreciate that Canadians want to share their time and generosity with our troops, but unfortunately, we do not have the capability to send individual donations overseas." As the flights that re-supply CF personnel in places like Afghanistan are filled with priority items such as combat supplies, vehicle parts, equipment and mail from families, there is very limited space for any items that are

not critical to the mission, including donations from the public. One easy way for Canadians to show their support is through e-mail messages on the Canadian Forces website ([www.forces.gc.ca](http://www.forces.gc.ca)), using the "Write to the troops" message board. Also, postcards and letters without enclosures which are addressed to "Any CF member" will be accepted, although similarly addressed care packages will not be. In addition to

care packages from family and friends, each CF member deployed on operations over the holiday period will receive a package through DGPFS' Operation Santa Claus. These care packages are made possible through the generous donations of companies from across Canada. Canada Post will be providing free regular parcel service this year for family and friends of deployed military personnel, from Oct. 26

to Jan. 15, 2010. The "Write to the troops" website has mailing guidelines to assist families and friends in preparing their letters and parcels for delivery to CF personnel overseas. There are many other ways to show support to CF personnel and their families. To learn more, please visit the Director General Personnel and Family Support Services website at [www.supportingourtroops.ca](http://www.supportingourtroops.ca).

## Gear up for a real Christmas

Padre Dave Wilson  
Faith Centre



Well, Halloween is over. And now we turn our attention to Christmas.

I hesitate to bring this fantastic news to you, because many will say "I haven't got the Christmas Spirit." It takes time — sometimes longer than others. But eventually, as we hear the carols in the stores, see the tinsel trees and store counters bulging with gift suggestions, we begin to recapture the feelings of Christmases past and the spirit returns.

As Christians, we look for something more in Christmas than those material and tangible offerings: something deeper, a touch-back to the original event — a spirit of hope from God's own heart.

At St. Barbara's Protestant Chapel, we hope to help you get in the mood for Christmas when we begin our celebration on November 29, the first Sunday in Advent, with the Hanging of the Greens service. It is basically a service where we decorate the sanctuary with the greens.

There is no Sermon, just the activity of different families helping to decorate the sanctuary as well as the Christmas tree.

If you are interested in attending the service begins at around 10:30 a.m., and you certainly will be most welcomed.

As well as the Advent services we will be holding two Christmas Eve services: one at 7:30 p.m. and a second one at 11 p.m. Holy Communion will be celebrated at the 11 p.m. service.

A final note for now. On November 27 the Air Force Band from 17 Wing Winnipeg will be a Shilo for a 1 p.m. concert which will be held in General Strange Hall. Local schools will be in attendance and we hope you can make it to hear this wonderful band.

*God Bless,  
Padre Dave Wilson CLC  
(P)  
local 3088*

### If you have flu symptoms...

## Early treatment could be very important

You could have the flu if you have a **fever** that came on suddenly, a **cough** and one or more of these common symptoms — **sore throat, headache, muscle aches, joint pain, tiredness or fatigue**. You may sometimes feel sick to your stomach, vomit or have diarrhea. Elderly people and people with lowered immunity may not have a fever. Some people do not have all of the usual symptoms.

If your symptoms are mild and you don't have risks for severe illness (see below) stay home, treat your fever and other symptoms, drink fluids, limit unnecessary contact with others and rest until you feel well enough to return to work or school. Monitor yourself or your child for persistent or worsening symptoms. Most people have recovered from the flu without the need for medical care.

### Contact your health care provider...

- If you have any flu symptoms and you also have risks for severe H1N1 illness, for example:
  - children under five
  - **Aboriginal ancestry**
  - **disadvantaged populations (eg. homeless)**
  - **people living in remote or isolated areas**
  - **chronic medical condition**
  - **severe obesity**
  - **alcoholism**
  - **weakened immune system**
  - **pregnant women**

**People under 65 have been at greater risk for severe H1N1 illness. People over 65 and others at any age who may be frail, have mobility problems or live alone are also at risk for severe illness.**

- If your **flu symptoms get worse (even if you don't have risks for severe illness)** or if you are concerned about your health — even if you have already seen your doctor about this illness.
- **Early treatment including anti-viral medications (Tamiflu® or Relenza®) — within 24 to 48 hours — may be very important.** If you are not able to contact your health care provider for advice, you can call **Health Links-Info Santé** at 788-8200 or 1-888-315-9257.

### Go for emergency medical help...

If you or a family member has any of the following symptoms, go directly to an emergency room, nursing station, or health care provider, or call 911:

- shortness of breath or difficulty breathing
- severe or worsening symptoms (eg. increased thirst or a decrease in urination frequency, amount and strength)
- dehydration or no urination for 12 hours
- drowsiness or confusion
- fever in an infant under three months old
- any serious symptoms or signs of serious illness in a child under five years of age

For more information about the flu, call Health-Links-Info Santé at 788-8200 or

1-888-315-9257 or visit the flu website at [manitoba.ca](http://manitoba.ca)

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# Brandon's Richard Wright a hero of Italian Campaign

**Bruce Peever**  
**Shilo Stag**

Richard F. Wright remembers how CFB Shilo was just a collection of tents, a small hospital and a drill hall back in 1942.

He recalls it well, remembering the night a storm blew in and took out all the tents and clothes and how the replacements filled three rail cars with a fourth car carrying a tailor to make the new uniforms the right size. He was only 17 then and not completely sure what he was getting into.

His adventure started long before being flung into battle in Sicily and later the Italian mainland during the Italian Campaign. It started on board the Duchess of York, crossing the Atlantic en route to England.

"It was a merchant ship and we slept in hammocks. We had to eat pancakes at every meal while the officers ate turkey and such. One night we saw the guys inside the vat naked, stirring the pancake batter. We went on mutiny and were confined to barracks. We were on board that ship for two weeks," Wright recalls.

Landing in Liverpool, Wright joined up with the Winnipeg Rifles and was assigned as a runner, relaying messages. When his superiors found out he was underage, he was asked to hand over his rifle.

"There were 67 of us underage in that group, with more than 1,000 underage soldiers. We played a lot of sports and performed in a little band," Wright states.

In the spring of 1943, by then of legal age, Wright was sent to Scotland for training. After a few days training he was placed on board a ship in Glasgow and supplied with northern survival gear. After some four days at sea, he and his fellow soldiers were provided tropical gear. On July 10, 1943 the ship stopped on the southeastern coast of Sicily, and he and his comrades disembarked on DUKW landing craft. Wright remembers how the DUKW was not too stable with a mortar mounted on the bow.

"When they fired that thing it lifted the tail end of the DUKW right out of the water," he says.

Once on shore, his commanding officers asked the men to remove the mortars and carry them. This was no easy task, Wright said, as the bases weighed 120 pounds.

He recalls the fighting in



*Five-year-old Zack Meadows has a poppy pinned on his jacket by Second World War Veteran Richard F. Wright Nov. 6 at the 18th Street Sobseys.*

Sicily was not too hard, except when the Germans got on top of hills and were shooting down on Allied forces. Wright said the Canadians "had a penchant for sneaking up behind on them and knocking them out." He added the worst fighting was around Messina with the Allies slowed down after the Germans blew up all the bridges.

After the enemy was pushed off the island, fighting continued on the 'toe' of Italy. Wright vividly remembers lugging the 120 pound mortar base on his back up mountains.

"I really wasn't that scared in Sicily, but in Italy, the Germans really pounded us. After one full day of shelling, our mortar crew was the only one still operating. The rest of them were all shell-shocked."

In October 1943 just west

of Campobasso, Wright had to both sight and fire the mortar. The shell misfired and took all the hair off the left side of his head and singed his eye. He was in hospital in Foggia just long enough before the rains came. Six months later, Wright and his company were in mud up to their knees near the Senio River. His fingernails became infected and had to be operated on. Later he reported an upset stomach to a first aider and he was diagnosed with infectious hepatitis. He said that "was from eating too much army food" and not enough fruits and vegetables.

In the spring of 1944 near the Liri Valley, Wright, then a corporal, felt something in his leg. Others told him he was bleeding. Medics found that a 50 calibre slug had passed right between muscle and

bone.

"They told me if everyone was as lucky as I was, they wouldn't have a job," Wright said.

At the Gustav Line, Wright recalls 200 rounds of mortar fire was his order. Behind him were 1,100 feet of mortars, along with 900 medium guns and 500 heavy artillery pieces. The sound was deafening.

"There were so many casualties on that field. That's really the hard part. And it wasn't just the infantry — the men in the tanks, they burnt when they got hit."

Because he could speak Italian in 17 dialects, Wright was next posted as a translator. But instead of working as an interpreter, Wright found himself directing traffic. That was before he was asked to set up staging camps near Milan.

On May 8, 1945 Wright said he and his company found out the war was over. In the streets, girls were kissing them while men were shaking their hands.

"They treated us like kings. Coming back to Canada was the hard part."

In October, 1944 he married his wife Emma and he got a job installing pipelines for sewer and water in Shilo. Wright found he just couldn't make ends meet, and re-enlisted to fight in the Korean War. When he came back in 1956 he took a job with the fire department in Churchill. He served in several fire departments and fire marshal's offices across Manitoba until his retirement in 1994.

Now living in Brandon, Wright says he is on his third attempt at a book, writing it out long-hand with someone else transcribing.

## Rewarding WORK

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*We will  
Remember Them*

*Honouring  
our  
fallen  
11.11.09*



# We will Remember Them, 2009

## Tour's End

We wait at the airfield today, this is our tour's end,  
 We get to go back home, to our families and friends.  
 Our plane will land in Trenton, our families will meet us there,  
 To take us back to our hometown, in this nation somewhere.  
 Regina, Lethbridge, Nanaimo, Valcartier, St.Johns, or Waterloo,  
 We are soldiers who went to fight for you.  
 No matter what our hometown we were glad to keep you free,  
 Fighting terror overseas, so homeward it won't follow me.  
 The plane arrives, some friends of our far-away home,  
 Line up together to wish us well, we are not alone.  
 They thank us for our service, as we board the plane,  
 Then they get back to the duties of fighting everyday.  
 We may be engineers or gunners, police or medics too,  
 Doesn't matter where we're sent, we do what we're trained to do.  
 Bringing peace to our nation, comes sometimes at a cost,  
 For there is a ramp ceremony each time a soldier's lost.  
 We're now home in Canada, My friends and I  
 As we get off the plane, our families begin to cry.  
 They couldn't wait to see us, then in a car we go,  
 Escorted down a road, that all of us soldiers know.  
 You see, we gave our life for you, this was our tour's end,  
 Now you line the highway, so we know you don't forget.  
 You cry, cheer and salute us, as past you we go,  
 Heroes in your mind, because we died fighting the foe.  
 We waited at the airfield, in foreign lands so far away,  
 We're from Anytown, Canada and we gave our life today.  
 So those who wait for us to return, our nation, family and friends,  
 Please understand it's ok, this is our Tour's End.  
 -author unknown



Photo by Bruce Peever

Elder Frank Tacan offered the Dakota Prayer during the Remembrance Day ceremony.

We remember,  
 and salute all of  
 those who fought  
 and worked for  
 freedom.

**Star94★7**  
 Today's Best Music!

**CKLQ**  
 880

**WESTMAN**  
 Look to us :)



**The  
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 Canadian  
 Legion  
 & The  
 Canadian  
 Forces**

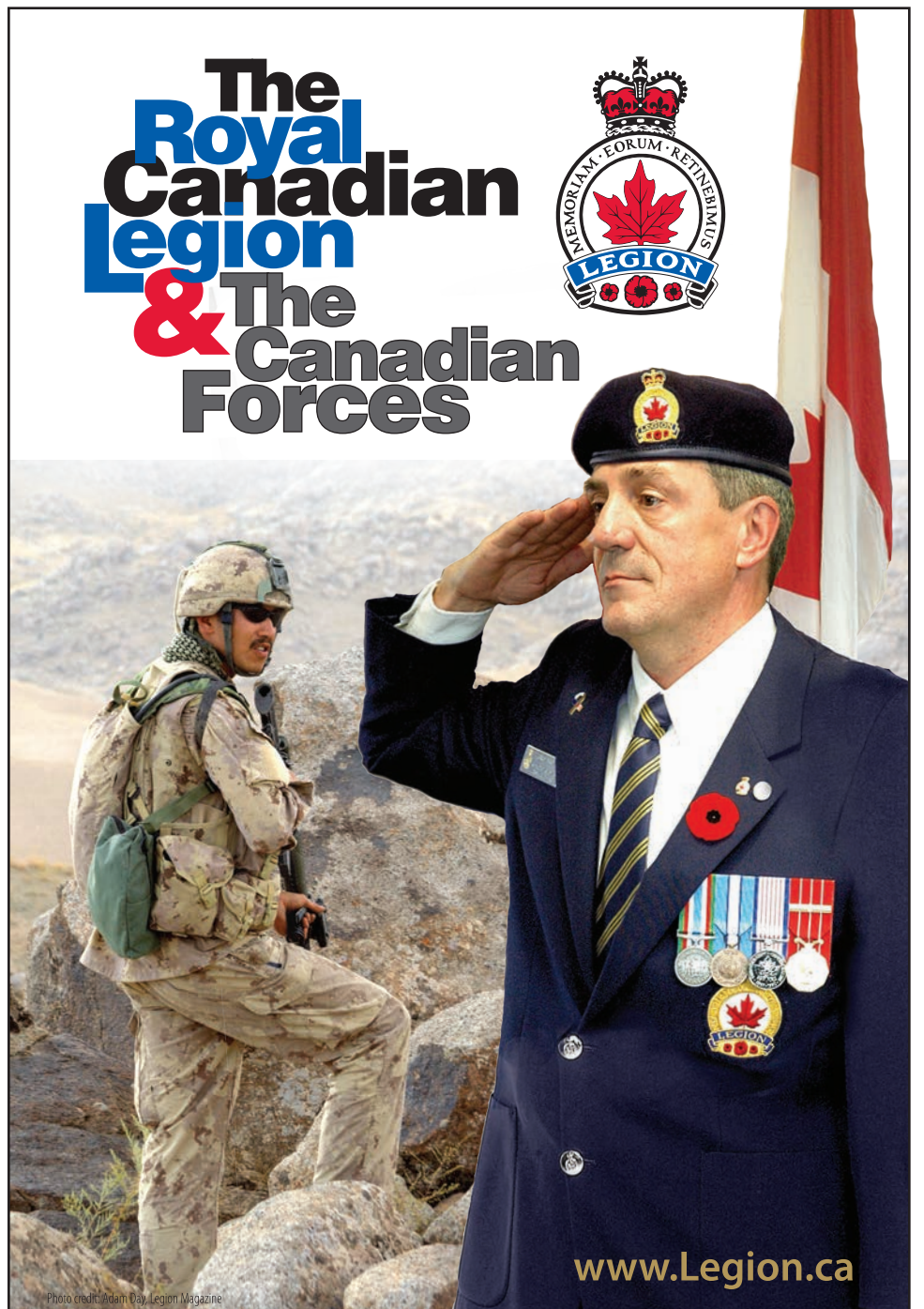


Photo credit: Adam Day, Legion Magazine

[www.Legion.ca](http://www.Legion.ca)



# We will Remember Them, 2009

Honouring and remembering our veterans

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*...because the memories are what we cherish*

330-18th Street North, Brandon  
 204.727.0330  
[www.memorieschapel.com](http://www.memorieschapel.com)

## Remembrance Day message from the Chief of Defence Staff

**Gen W.J. Natynczyk**  
 Chief of the Defence Staff

Each year on November 11, we gather in our cities, in our units or in our homes, across Canada and around the world, to remember those who have made the ultimate sacrifice for this country. It is an occasion to honour their memory by acknowledging their bravery and self-sacrifice. Let us remember the men and women who were lost in war and on peace-keeping missions. This year's theme is the 65th

anniversary of the Italian Campaign and the Battle of Normandy. During the Italian Campaign, over 90,000 Canadians fought the toughest of enemies up the rugged terrain of Italy. Over 5000 never returned. These brave soldiers are examples of the ordinary men and women who heard and answered the call of duty in defence of freedom. The men and women of today's Canadian Forces take inspiration and strength from the example set by our forebears. They

have chosen to serve in order to provide a better life for our fellow Canadians and countless others. I am proud to be their Chief of the Defence Staff. Let us remember our servicemen and women, past and present, for their sacrifice and courage, and for their sense of duty and honour. We will remember them.

*Gen Walter Natynczyk lays a wreath on the behalf of the Canadian Forces during the 2008 Remembrance Day ceremony.*



*We remember you and your family's sacrifice for all of us. Thank you for serving our country.*

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*Thank You to all Canadians, Young and Old, Near and Far, who protect our country, and the freedom of others, around the world. We honour and remember you.*

**Lest We Forget**

In Flanders Fields

In Flanders Fields the poppies blow  
 Between the crosses row on row,  
 That mark our place; and in the sky  
 The larks, still bravely singing, fly  
 Scarce heard amid the guns below.

We are the Dead. Short days ago  
 We lived, felt dawn, saw sunset glow,  
 Loved and were loved, and now we lie  
 In Flanders fields.

Take up our quarrel with the foe:  
 To you from failing hands we throw  
 The torch; be yours to hold it high.  
 If ye break faith with us who die  
 We shall not sleep, though poppies grow  
 In Flanders fields.

-Lieutenant Colonel John McCrae, MD

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**CANADIAN TIRE**

*Lest we forget ...*

*Come home safely!*

*Wishing a fond farewell to our deploying troops*

From the Army, Navy and Air Force  
 Veterans of Canada Unit 10  
 Brandon  
 "The Friendly Club"  
 31 14th Street - Brandon



# We will Remember Them, 2009

## New service medals, WW2 display unveiled at museum

**Bruce Peever**

Shilo Stag

Jane Westropp just couldn't bear to have her father's Second World War medals rusting away in a dusty bank vault.

And so about three years ago, the retired school teacher from the Maritimes, with some outside prodding, decided to donate them to a more fitting resting place.

"I live in Halifax and the first thing I thought of was donating them to the Citadel. But some friends of mine suggested 'Why not give it to the artillery museum in Shilo.' So that's what I did," Westropp said.

"I am pleased to have my father's medals on view. It's far more appropriate to have them in view here than in a bank vault," she added.

On Nov. 5, the medals belonging to Brigadier Harold Seaman Griffin, DSO, ED were put on permanent display at the Central Museum of The Royal Regiment of Canadian Artillery (RCA Museum). At the same time, the museum cut the ribbon to reopen its Second World War exhibit featuring a number of new artifacts. The afternoon exhibition attracted some 40 participants including military personal along with local civic and business leaders.



*At left, LCol Luc G n reux, BComd, holds the ribbon at one end with Museum Director Marc George at the other as Jane Westropp performs the honours to open not only a new Second World War exhibit at the RCA Museum, but also a display showcasing medals given to Westropp's father, Brigadier Harold Seaman Griffin, DSO, ED. Below, the pair listen intently as display details are announced.*

Museum Director Marc George said the exhibit reopening and medal unveiling were timely as Nov. 5 marked the first day of Veterans' Week.

In showcasing the new Second World War exhibit, George pointed out that it was 70 years ago that Canada made its first ever Declaration of War following Germany's invasion of Poland. And he also noted that it was 65

years ago that Canada was instrumental in breaking the Hitler Line in Italy. On May 1944, the 1st Canadian Infantry Division and 5th Canadian (Armoured) Division breached the line and eventually liberated Rome.

"During the war 89,000 Canadians served as Gunners and the 11 new mannequins we have on display here are each standing in for 8,000 Gunners," George stated.



He also noted that on D-Day, Canadians made

the deepest penetration into Normandy of any of the Allied landing units.

In the course of the ceremony LCol Luc G n reux, BComd, thanked Westropp for her donation. He noted that not only was Brigadier Griffin a hero of the Normandy landings, but he was also a commandant at CFB Shilo.

From that day's program, it was noted Griffin was a Lieutenant-Colonel commanding the 14th Field Regiment. For D-Day he was Commander of the 14th Artillery Group — comprising three units with 64 self-propelled guns — in support of the 8th Brigade landings.

As LCol Griffin came ashore in Normandy he was hit in the head by sniper fire but he was saved from injury by his helmet. He was awarded the Distinguished Service

Order with the citation noting "by his consistent courage, cool judgment and quick actions, though constantly under fire, afforded effective and aggressive artillery support, materially contributing to the successful advances of the Brigades with which he has been concerned."

In February 1945, Griffin was named Commandant of A3 Canadian Artillery Training Centre in Shilo. Later that same year he was awarded the Order of Orange Nassau for his role in the liberation of the Netherlands and his aid to an orphanage operated by nuns.

Griffin retired to civilian life in October, 1945 and accepted the manager's role at a financial institution in Halifax. He continued to serve in the militia, retiring as a Brigadier. He died on May 24, 1961.



*Military officials and civilians alike at left crowded the Nov. 5 ceremony marking a new Second World War exhibit and the unveiling of service medals at the RCA Museum. In the inset above, these are the medals of Brigadier Harold Seaman Griffin, DSO, ED, a former Commandant of CFB Shilo.*

*Photos by  
Bruce Peever*



# Veterans send troops off with honour guard

Sara Cumming  
Shilo Stag

Shilo's final group of soldiers leaving for Afghanistan were treated to a special send-off on the afternoon of Oct. 28.

Members from the Royal Canadian Legion, U.N. Peacekeepers, and Army, Navy and Air Force Veterans who live in Brandon and surrounding communities showed up at the MPTF to show their support for deploying soldiers with an honour guard. As departing soldiers left the building to board the bus, they walked between two lines of veterans, one side holding flags, the other side saluting. Once the troops were on the bus, veterans lined up outside and saluted the bus as it drove away.

Rob Lussier, Sergeant at Arms for the ANAF Veterans Unit #10 out of Brandon, said it was "very important" that the vets showed their support for deploying troops.

"These people are leaving family and friends behind and they're going into the unknown, some of them," Lussier said. "They need to know that the people of Canada and the veterans are behind them 100 per cent."



photo by Cara Czech

Members of the Royal Canadian Legion, U.N. Peacekeepers, and Army, Navy and Air Force Veterans salute a bus full of troops heading to Afghanistan. The veterans sent off Shilo's last group of deploying soldiers on Oct. 28 with an honour guard as their way of showing support and appreciation.

The event was organized by Robert Ferguson of the Royal Canadian Legion.

"The idea was to let these guys and gals know that... we support what they do,"

Ferguson explained. "We realize that freedom isn't cheap, somebody pays, and we want our guys to know that we appreciate what they're doing for us."

Roy K. Pierunek, CD, of the U.N. Peacekeepers, said the honour guard was about showing respect.

"We've got the greatest respect for those going over to Afghanistan. We appreciate them going over (there)," Pierunek said.

"I think (the honour guard) is a great thing because it shows the soldiers that our veterans are thinking about them and appreciate what they're doing," said Capt Lonnie Goodfellow of the Deployment Support Group.

MCpl Kevin Rostek of 2PPCLI, who was heading out on his second tour, put it more succinctly.

"I think it's really cool."

Ferguson said he hopes to make the honour guard a tradition, at both deployments and homecomings.

"I would hope that we will do that," he said. "We would line up as far as we could go and have the bus drive down the avenue with all our flags flying."

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Saturday 10:00 to 5:00  
Sunday 10:00 to 4:00  
For more info phone 204-725-4363



## WARNING SHILO RANGES

Day and night firing will be carried out at the Shilo Ranges until further notice.

The range consists of DND controlled property lying approximately 32 kms SE from Brandon and N of the Assiniboine River in Townships 7, 8 and 9; Range 14 WPM, Townships 8, 9 and 10; Ranges 15 and 16 WPM and Townships 9 and 10; Range 17 WPM in the Province of Manitoba. If required, a detailed description of the Shilo property may be obtained from the Base Construction Engineering Office at Canadian Forces Base Shilo.

All boundaries, entry ways, roads and tracks into the Range are clearly marked and posted with signs indicating that there is to be NO TRESPASSING. Hunting is no longer permitted on the Shilo Ranges.

### STRAY AMMUNITION AND EXPLOSIVE OBJECTS

Bombs, grenades, shells, similar explosive objects, and their casings are a hazard to life and limb. Do not pick up or retain such objects as souvenirs. If you have found or have in your possession any object which you believe to be an explosive, notify your local police and arrangements will be made to dispose of it.

No unauthorized person may enter this area and trespassing on the area is strictly prohibited.

BY ORDER  
Deputy Minister  
Department of National Defense

OTTAWA, CANADA  
17630-77

Canada



## AVERTISSEMENT POLYGOONES DE TIR DE SHILO

Des tirs de jour et de nuit seront effectués aux polygones de tir de Shilo jusqu'à nouvel ordre.

Les polygones de tir sont des terrains sous le contrôle du MDN situés à environ 32 km au sud-est de Brandon et au nord de la rivière Assiniboine dans les cantons 7, 8 et 9; polygone 14 OMP, cantons 8, 9 et 10; polygones 15 et 16 OMP et cantons 9 et 10; polygone 17 OMP, dans la Province du Manitoba. Au besoin, une description détaillée de la propriété de Shilo peut être obtenue du Bureau du génie construction de la Base des Forces canadiennes Shilo.

Toutes les limites, voies d'accès, routes et sentiers menant aux polygones sont clairement marqués et ornés d'écriteaux d'ACCÈS INTERDIT. La chasse est dorénavant interdite aux polygones de tir de Shilo.

### MUNITIONS ET EXPLOSIFS PERDUS

Les bombes, grenades, obus et autres engins explosifs similaires et leurs enveloppes peuvent causer des blessures ou entraîner la mort. Ne ramassez pas ces objets et ne les gardez pas comme souvenirs. Si vous avez trouvé ou si vous avez en votre possession un objet que vous croyez être un explosif, signalez-le à la police locale, qui prendra les mesures nécessaires pour l'éliminer.

Aucune personne non autorisée ne peut entrer dans ce secteur où tout accès est strictement interdit.

Par ordre du  
Sous-ministre  
Ministère de la Défense nationale

Ottawa, Canada  
17630-77





Health promotion offers many programs to help those affected by addiction.

# Stay addiction free

## Health Promotion

The best way to stay addiction free is to stay in, or work towards, being in a healthy state (in the green).

The best way to do this is to continue to develop effective coping skills to manage daily stress, develop healthy leisure activities and build a supportive network of family and friends. Also, when engaging in behaviours that may lead to addiction, such as drinking alcohol, do so in a responsible manner. Know the signs that may tell you

when your use is becoming unhealthy.

This model can be used as a guide to help you determine where you are with your alcohol and other drug use. If you are concerned, help is available through your local Medical Officer or Base Addictions Counsellor (BAC), or through the Member Assistance Program at: [www.forces.gc.ca/health-sante/ps/map-pam/default-eng.asp](http://www.forces.gc.ca/health-sante/ps/map-pam/default-eng.asp).

LRDG refers to the Low Risk Drinking Guidelines.

Tolerance is the need

for an increased amount of a substance to achieve the same desired effect.

**Major Life Areas** are considered to be: family, social, employment/ education, finances, legal, spirituality and health: physical, cognitive and emotional

For more information on Addictions Awareness Week and the Health Promotion program, please contact your local Health Promotion office or visit our website at:

[www.forces.gc.ca/health-sante/ps/hpp-pps/default-eng.asp](http://www.forces.gc.ca/health-sante/ps/hpp-pps/default-eng.asp)

Health Promotion in the Canadian Forces  
**STRENGTHENING THE FORCES**  
**ÉNERGISER LES FORCES**  
 Promotion de la santé dans les Forces canadiennes



# What can you do to maintain an addiction free lifestyle?

## Health Promotion

According to the CF Health and Physical Fitness Strategy, an addiction free lifestyle is one “that does not compromise health and performance with behaviours such as alcohol abuse, illicit drug use, problem gambling, and tobacco use.”

This Strategy also says that developing an addiction free lifestyle means, first, choosing a lifestyle that is about moderation or that strives to stay within reasonable limits; not too excessive or extreme. It also suggests that “developing effective coping skills” will go a long way in reducing the likelihood that you will become involved in these potentially harmful behaviours.

So, what does this really mean? How do you know what is reasonable when we talk about alcohol, illicit drug use, gambling and tobacco? Here are some guidelines and suggestions that have been developed by researchers and practitioners in this field. They are meant to help you make decisions about the lifestyle you choose.

**Alcohol Use:** An Addiction Free Lifestyle is one that limits alcohol intake.

The Low Risk Drinking Guidelines are suggestions to assist healthy adults to make informed decisions about their alcohol consumption. They describe drinking practices that minimize alcohol-related risks. They suggest the following guide for maximum daily and weekly drinking limits because research indicates that staying within these guidelines is a good way to remain healthy.

**Illicit Drug Use:** The Canadian Forces strives to maintain an impairment free workplace for many reasons, including safety and legal concerns. Therefore, choosing to use illicit drugs means making a decision to accept the various risks from the drug use itself; risks to your job readiness, as well as to your mental and physical health; along with the risk of putting your career and the safety of others in jeopardy.

**Gambling:** Gambling, like alcohol, is considered a behaviour that can be done in moderation, although there is a risk of problematic use developing. These tips for responsible gambling are suggestions to help people who choose to gamble make the experience safe and enjoyable. They are:

1. Have a plan. Before

you start gambling, have an idea about the kind of experience you want to have.

2. Decide how much time and money you want to spend on gambling and stick to it.

3. If you lose money, never try to get it back by going over your limit. Never borrow money to gamble. When the amount is gone, call it a night and have fun another day.

4. Don't gamble to escape your troubles. It's a form of entertainment and is supposed to be fun.

If you decide to gamble for fun, stay within your limits and gamble safe!

**Tobacco Use:** Research has consistently shown that there is no safe exposure to any type of tobacco and almost all use results in addiction. An addiction free lifestyle is one that does not include tobacco use, including the use of smoke free tobacco products such as chewing tobacco.

For more information on Addictions Awareness Week and the Health Promotion program, please contact your local Health Promotion office or visit our website at:

[www.forces.gc.ca/health-sante/ps/hpp-pps/default-eng.asp](http://www.forces.gc.ca/health-sante/ps/hpp-pps/default-eng.asp)

**Do you have a message for our deployed troops?**

**Contact The Stag to have your message published.**

Email: [stag@mts.net](mailto:stag@mts.net)  
 Phone: 765-3000 ext 3013  
 In person: Our office is located in the Community Centre

**it's about tea**  
 is inviting you to its **grand opening**  
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 \*Prize draws

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**CFB/ASU Shilo - Worker's Bus Schedule**

**Morning Pick-Up:**  
 6:20am - 1915 Richmond Ave (White "CFB Shilo Shuttle" sign)  
 6:22am - 22nd and Queens Ave (South East side of intersection)  
 6:25am - 25th and McTavish Ave (South West side of intersection)  
 6:30am - Town Centre on Rosser Avenue (South side by RBC, White "CFB Shilo Shuttle" Sign)

**Drop Off:**  
 CANEX  
 Base HQ  
 Flatlands Dining Hall  
 CE  
 Base Hospital  
 2 PPCLI  
 731 Sig Sqn  
 Base Maintenance  
 Base Transport

**Drop Off:**  
 20th and Richmond Ave.  
 22nd and Queens Ave.  
 25th and McTavish Ave.  
 Town Center on Rosser Ave.

**Afternoon Pick-Up:**  
 4:00  
 Canex  
 Base HQ  
 Flatlands Dining Hall  
 CE  
 Base Hospital  
 2 PPCLI  
 731 Sig Sqn  
 Base Maintenance

\*Other drop-off and pick up locations may be accommodated, subject to approval. Please call Base Transport dispatch at 765-3000 ext. 3280 for more information





# Shilo Military Family Resource Centre



## Join us for National Child Day - November 20

**Dana Thompson**  
Children Services

We have all been touched by a child in one way or another. A cute stare in the grocery line that encourages you to smile and wave, an untimely comment that makes the whole room giggle or an imagination that brings monkeys alive while on a safari trip.

Children help us to appreciate the small things in life; they bring us great joy and inspire us to live life to the fullest.

Children are our future and they need to be protected, respected and celebrated!

Join the MFRC to celebrate

National Child Day  
Friday, November 20  
11:30-1:30  
Free lunch and cake  
Face painting and



From left: Deidre, 4, Will, 2, and Tye, 5, explore the great outdoors. National Child Day is Friday, November 20.

more!  
Do you want to make the day special for your child?  
Ask your child what they would like to do to celebrate their day  
- Cook a special din-



ner with the kids and let them do everything  
- Donate time or money to a children's charity  
ity  
- Scrapbook highlighting your child  
- Create a book with

- your child
- Start a healthy living plan involving the kids
  - Have a messy day (children love messy days)
  - Do an art project with food from the kitchen
  - Tell your child they are special each and every day
  - Serve them breakfast in bed
  - Make a fort and eat supper in it
  - Join the MFRC for National Child Day Celebration

Whatever you plan to do, make it fun, memorable and even a tradition!

**Don't miss out on the programs and services of the MFRC**  
Join our weekly mailing list  
Send an email to [keepmeinformed@shilomfrc.ca](mailto:keepmeinformed@shilomfrc.ca)

## "Give a Gift" Tree

**Roddy Batson**  
Family Counsellor

Christmas Tree of Gifts

"And so the children begin to ask... how many sleeps until Christmas?"

With the Christmas season soon upon us, we begin thinking of our loved ones, especially the children. The MFRC

and Faith Centre will be again conducting their annual community toy drive for those children and families less fortunate. Christmas tree tags with a child's gender and age will be available at the MFRC reception desk "Christmas tree", for those who wish to purchase a gift for a child and spread the Christmas spirit. Un-

wrapped items are to be brought into the MFRC by December 7th in order for distribution to be completed before Christmas day. For information please call the MFRC at 765-3000 x 3352.

Merry Christmas  
Roddy Batson R.P.N., B.A.,  
Family Counsellor.

## Kids Christmas

**Linda Beauchemin**  
Deployment & Special Events Coordinator

The Shilo MFRC is hosting the Kid's Shopping at the Christmas Bazaar. For only \$1 children can purchase a recycled gift for mom and dad for Christmas.

This is where we need your help. If you

have items such as jewelry, ties, movies, knick knacks, anything that could be used as a gift, drop it off at the MFRC by Friday, November 20 and we'll do the rest. Help us recycle those items that you no longer need.

For further information, please contact Linda at ext. 4553.

## Laugh and Learn

**Roddy Batson**  
Family Counsellor

Come and hear Tina Holland (Director of Education - Mood Disorders Association of MB.) Tina is a person who has lived with depression and bipolar disorder all her life. Tina has enjoyed a full and successful life and wishes to share with the audience information to better help them understand these illnesses through her own personal stories. Tuesday, November 17th. 7 - 9 pm at the Faith Centre.

## Change for Kool Kids

**Garry Reid**  
Program Coordinator

Due to popular demand... we are making a few minor changes to serve you better!

An increase in numbers requires us to break our groups up into more manageable numbers. So starting December 2 there will be three groups offered instead of two.

**Keen Kids: (note age and time change)** There will be weekly themes with crafts, games and a snack.

Ages: 5 - 6 yrs

Time: 5- 6pm

Cost: \$5.00 per month

**Kool Kids (note age and time change)** There will be games, crafts and snacks available throughout the evening.

Ages: 7,8,9 yrs

Time: 6 - 7pm

Cost: \$ 5.00per month

**Kooler Kids (note age change)**

A place to hang out with old and new friends. There are games to play, Wii, pool and more. A canteen is available for kid's to purchase treats.

Ages: 10,11,12 yrs

Time: 7:30-9:00

Cost: \$1.00 drop in fee each Wednesday

## Bag Sale

The Thrift Shop is having a Bag sale  
Fill a shopping bag full of clothes,  
toys and more for only

**\$4.00**

**November 12,17,19**

[www.shilomfrc.ca](http://www.shilomfrc.ca)



# What's on Your Agenda?



**CFB Shilo's annual Christmas Craft Sale.** Sat, Dec 5 10 a.m. - 3 p.m. Community Centre Annex, Bldg L-25. FREE! come experience over 90 different craft tables!  
Info: Kristen at 765-3000 ext 3588.

**Shilo Al-Anon**  
Family Groups (for family and friends of alcoholics)  
Every Thursday 7 p.m.  
Our Lady of Shilo Church  
For more information call 724-9222 CONFIDENTIAL

**Arbonne Party!**  
Come to the Community Centre November 21st at 2:00 p.m. for an Arbonne party. Great deals and perfect ideas for Christmas gifts!  
Everyone Welcome.

**The Carberry Arts Council Presents "Lewis & Royal"**  
Sunday, November 22nd, 2009 at 7:30 p.m.  
Carberry Community Hall 224 2nd Ave.  
Tickets available at: East End, The Carberry North Cypress Library & at the Arts Council Office.  
\$15.00 in advance or \$20.00 at the door  
More info please contact Jen @ 834-6617  
crbyarts@wgcwave.ca  
Check out our Website at www.carberryarts.ca

**Forrest Elementary School 2nd Annual Craft & Bake Sale**  
November 15  
7 Kendrick St Forrest, MB 10 a.m. - 3 p.m.

**IPSC Open House and United Way BBQ Fundraiser**  
Nov. 27 11:30 a.m.-2:30 p.m.  
Building L-106 (North of BHQ)  
IPSC staff would like to invite all military members, families, units and community members to visit them in support of this fundraising event. Proceeds from the BBQ lunch will be donated to the United Way 2009 campaign. For additional information, contact Alexandra OR clerk at 765-3000 ext 3627. The IPSC provides services to ill and injured military personnel, serving and retired, their families and the families of the fallen.

**PSP Recreation**  
is looking for an energetic person to teach a children's skating program. The program will run every Monday night for ten weeks starting January 2010. For more information please contact the Recreation Office at 765-3000 ext. 3317/3588

**The Brandon & Area Suicide Bereavement Support Group**  
is for people who have lost a loved one to suicide. All are welcome. 4th Wednesday of every month 7-8:30 p.m. The group meets at the Manitoba Farm & Rural Stress Line office Unit 1, 217 10th St. Brandon (across from Westoba Credit Union) 571-4183

**Annual Senior's Singles Christmas Dinner**  
Sprucewood Community Club Hall  
December 5 at 6:30 p.m.  
In order to participate you must be: 60 years of age (if a couple-one must be 60)  
Singles: Must be single parent, widow or widower (without a live partner)  
There is no charge for seniors who qualify.  
Contact us to make sure you are on the guestlist. There will be great food and entertainment.  
Contacts:  
Sharon Brooks 763-4765  
Heather Walker 763-4163  
or any member of our Lions Club

**Christmas Concert**  
Prairie Grannies are hosting an Air Command Band Christmas Concert on November 27 at 7:30 p.m. held at Bethel Christian Assembly, 440 Richmond Ave. Tickets are \$10 and are available at Marquis Project, Ten Thousand Villages, Ted Good Music, Surridges or at the door. All proceeds will be used to assist grandmothers in Africa care for their orphaned grandchildren.

**Scrap Bookers Wanted:**  
Must enjoy scrapbooking, have an active imagination, own tons of pictures and simply like to have fun. If this is you then I invite you out November 14 to the Sgt & WO Mess for an all day scrapbooking event. For more information call Valerie at 727-2908.

**Hope Al-Anon**  
Family Groups (for family and friends of alcoholics)  
Every Tuesday 8 p.m. Knox United Church (back door) 451-18th St. 571-3684.

**H1N1 Vaccine Information**  
The Brandon RHA will be planning more H1N1 flu vaccine clinics based on the supply of vaccine. They will continue to screen to ensure that the priority groups receive the first H1N1 flu shots. Please listen to the radio, watch the newspapers, and check the RHA website at brandonrha.mb.ca

**The Alzheimer Society of Manitoba** is looking for volunteer canvassers to knock on doors and request donations during Alzheimer Awareness Month this coming January. If you can spare an hour or two canvassing a street in your neighbourhood, please call (204) 729-8320 in Brandon or email mvevents@alzheimer.mb.ca to volunteer or visit alzheimer.mb.ca for more information.

**Partners 4 Pints**  
Canadian Services Blood Donor Clinic  
Wednesdays 10 a.m. - 8 p.m.  
Thursdays 2 p.m. - 8 p.m.  
Town Centre 1-888-236-6283.

## BINGO

**Sprucewoods Community Hall every Thursday evening**  
• Share The Wealth at 6:30pm  
• Early Birds at 7:00pm  
\$Win Cash\$  
\$1000 in 52 numbers  
Canteen open!

# CLASSIFIED ADS

**\$10 for first 20 words,  
10¢ for each additional word\*  
Deadline for next issue:  
November 19, 12:00 PM**

*\*Non-commercial ads only. Free ads restricted to members of the CF, employees of CFB Shilo and the citizens of the surrounding area (Sprucewoods, Douglas and Wawanesa, as well as local rural areas). Free ads will run for a period of two months, but can be extended upon request.*

Email: stag@mts.net • Phone 765-3000, ext 3013 • Fax 765-3814

## For Rent

2BR apartment for rent in Wawanesa. \$500 + utilities. 824-2248 or 729-7608

## For Sale

2001 SIR Mobile home to be moved, open concept design with vaulted ceilings in kitchen and living room, large master bedroom with ensuite, jacuzzi tub, and walk-in closet, spacious kitchen with oak cupboards and walk-in pantry, electric forced air, blocking and skirting included, appliances negotiable, home is in great condition, call for viewing at 763-4139 or cell 724-5072.

Out of Town Home for Sale Wawanesa area estate like home 2 yrs old 2208 sq ft plus double attached garage. This beautiful home has 3 bedrooms, 2 bathrooms - unique design, located on 160 acres of rolling wooded land, great scenery and hunting area. For details call Dave Mooney 824-2094 Countryland Realty.

## For Sale

For sale: Large dog kennel \$100. Kitchen table & two chairs & extension \$75. Computer desk and chair \$75. Small wooden shelf \$20. Black wall unit \$100. Call 765-4556.

Wawanesa 3BR bungalow - finished basement - new garage - asking \$145,000 - willing to deal with agent - call 720-8768 or sendareply2@gmail.com

Star Choice/Shaw Direct Receiver box Motorola DSR 205 Perfect for that extra TV. \$50 call 763-8776 after 4:30

Wawanesa area, Noble Lake Beautiful 2 level log home over 2500 sq ft. on 4 large lots. 290 ft. of lake front. Double garage. One of a kind special home. Call Dave Mooney 824-2094 Countryland Realty.

Wawanesa area 160 acres. Rolling wooded scenic land. 2208 sq ft. 2 year old custom built home, attached double garage. Beautiful location. Home is as new. Call Dave Mooney 824-2094 Countryland Realty.

## Free

**FREE** to a good home! 4 kittens, 3 black females 1 orange male tabby. Call local 3409 or 765-4975

## Services

Childcare space available immediately. Please contact Rachael Taylor 702-0003 at \$30/day per child.

Housecleaning svcs. avail. Call Trish @ 763-4507 to make an appt. Criminal record check avail.

Hi my name is Melissa and I am a Mary Kay independent consultant. We have great gifts. I can do pamper sessions, foot spas or if you know what you want I can get it for you. Give me a call at 765-4692.

What is a True Home Business? It has a training program, huge market, unique product and a free evaluation. Most importantly, it needs to move when you do. www.see-it-do-it.com

**Advertise with us! Call 765-3000 ext 3013 or email stag@mts.net if you're interested in running a classified ad.**

## Services



**St. Barbara's Protestant Chapel**  
Sundays @ 1030 with Sunday School & Nursery  
Rev Wilson - ext 3088  
Padre King - ext 3381  
Padre Olive - ext 6836  
**Our Lady of Shilo Roman Catholic Chapel**  
Sundays 1030 hrs  
Confession 1000 hrs  
Weekday Mass - Wednesday to Friday, 1205 hrs  
Padre Boyden - ext 3089

## Wanted

Nursery Attendant Needed for St. Barbara's Chapel. Hours: 10:00 to 12:00 Every Sunday. First aid course an asset.

## Wanted

Our Lady of Shilo Chapel is looking for a full-time music coordinator for Sunday masses. We are looking for someone to sing and play piano and/or guitar. Should be able to engage both younger and older church members. The Position is full-time, beginning the first Sunday in October or as soon as possible. Mass is 10:30 am each Sunday with additional hours on religious holidays. If transportation to CFB Shilo is required, it can be arranged. Pay is \$60 for each Sunday or other engagement. This will in all likelihood be increased to \$100 in the new year. Interested parties may contact Father Kelly directly at: Kelly.Boyden@forces.gc.ca Cell: (204) 573-5035

Swim Coach - The Brandon Bluefins Swim Club is looking for an assistant swim coach. Applicants should have, or be working towards full coaching certification. Details can be found at www.brandon-bluefins.wordpress.com or by calling Barb at 726-4859. Resumes can be sent to Box 21033, West End Post Office, Brandon R7B 3W8

## Wanted

Shilo GSH Swimming Pool is looking for casual lifeguards to commence employment immediately. Applicants should be NLS, first aid and CPR qualified. Starting wage is \$11.05-\$12.20, depending on qualifications and experience. Please submit a cover letter and resume to NPF Human Resources, PO Box 5000 Station Main, Shilo, MB R0K 2A0, by fax at (204) 765-3815, by email to nairn.dana@cfpsa.com or online at www.cfpsa.com.

Les Amis de La Source Inc. recherche: -un/une EJE (temps plein) -un/une EJE (temps partiel) -un/une cuisinier(ère) (temps partiel). Les candidates doivent démontrer une bonne maîtrise de la langue française. Salaire très compétitif. Veuillez parvenir votre c.v. à: amislasource@atrium.ca ou Les Amis de la Source Inc. c.p. 118 Shilo (Manitoba) R0K 2A0 Pour plus d'infos. appelez : 765-3000 poste 3618.





# IN MEMORIAM



Lt Justin Boyes  
CEFCOM

One Canadian soldier was killed and two injured by an improvised explosive device that detonated near their dismount-

ed patrol. The incident occurred approximately 20 kilometres south-west of Kandahar City at around 9 a.m., Kandahar time, on 28 October 2009. Killed

in action was Lieutenant Justin Boyes of the 3rd Battalion Princess Patricia's Canadian Light Infantry, serving with the Kandahar Provincial Reconstruction Team. The injured soldiers were evacuated by helicopter to the Multi-National Medical Facility at the Kandahar Airfield and are in good condition. The next of kin for the injured soldiers have also been notified. The identities of the injured soldiers will not be released. Our thoughts and condolences go to the family and friends of our fallen comrade. Members of Task Force Afghanistan work with Afghan security forces for the greater good of Afghanistan. We remain focused and determined to bringing peace, stability and good governance despite the challenge imposed on us by the insurgents. We remain committed to Afghanistan.



Spr Steven Marshall  
CEFCOM

One Canadian soldier was killed by an improvised explosive device that detonated near his dismounted patrol approximately 10

km south-west of Kandahar City at approximately 4:30 p.m. Kandahar Time on 30 Oct 2009. Killed in action was Sapper Steven Marshall, from the 1 Combat Engineer

Regiment based in Edmonton, Alberta, serving as a member of the Task Force 3-09 Battle Group. Sapper Marshall was conducting a foot patrol in the Panjwayi District when the incident happened. No other soldiers were injured in this incident. We are all thinking of the family and friends of our fallen comrade during this sad time and our thoughts and prayers are with them. The commitment and sacrifice of our soldiers and their loved ones are helping to make a difference in the lives of the people of Kandahar Province. We will continue our mission as we remember the lives of our fallen soldiers. Members of Task Force Afghanistan work with Afghan security forces for the greater good of Afghanistan. We remain focused and determined to bringing peace, stability and good governance despite the challenge imposed on us by the insurgents. We remain committed to Afghanistan.

## Stag Christmas contests announced

Do you have a favourite Christmas memory from a bygone era? How about a knockout recipe for a well loved family treat that is prepared only at this time of year?

The Shilo Stag is pleased to announce two special contests that celebrate Christmas.



The Christmas Story contest is for local authors who want to write about a favourite memory or story from the past. Stories must be between 300 and 800 words and non fiction in nature.

The other is a Christmas Recipe contest. Dig out those yuletide recipes passed down

from past generations that have now become present day favourites. Please do not use recipes that have been published before.

Both contests will be judged by Stag staff and winners will be notified in early December. Winners from each category will receive a Christmas Gift

Basket provided by area retailers, including Brandon's It's About Tea.

The preferred format for sending in stories and recipes is by email at [stag@mts.net](mailto:stag@mts.net). Submissions can also be dropped off at our office inside the Shilo Community Centre. Please include your

telephone number and street address so we could reach you if necessary for prize purposes.

Deadline for submitted stories and recipes is Friday, Dec. 4. Submissions will be published in our Christmas Special issue coming out on December 10.

Pick up your FREE copy of the  at any one of the following locations:

### Brandon

Safeway - Corral Centre  
Safeway - Shoppers Mall  
Brandon Armoury  
Women's Resource Centre -  
Town Centre Mall  
Royal Cdn Legion #3

### Sobey's

• 1645B 18th Street  
• 3409 Victoria Ave  
Forbidden Flavours  
• 1060 18th Street  
• 3300 Victoria Ave  
ANAF - 31 14th St.

### Carberry

East Side Service  
Carberry Legion  
**Douglas**  
General Store  
**Minnedosa**  
Minnedosa Legion

### Shilo

CANEX Mall  
Forbidden Flavours  
Shilo Community Centre  
GSH  
Country Club (Rick's)  
All Messes

### Sprucewoods

The Shilo Inn (Crang's)  
340 Esso Station  
Dock's Restaurant

### Wawanesa

Lucky Dollar



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*This paper is issued by authority of LCol Luc Généreux, Base Commander, CFB Shilo. The views expressed herein are not necessarily those of the Department of National Defence or of the Editorial Staff. The Editorial Staff reserves the right to edit, to abridge, to reject copy or advertising to adhere to the policy, as outlined in CFAO 57-5, and for clarity and/or content.*

**We welcome your suggestions!**

The Shilo Stag is produced every second Thursday. Deadline for submissions is the Thursday prior to the week of publication.

Submissions can be sent to the Stag via email at [stag@mts.net](mailto:stag@mts.net), dropped off at the Stag office located in the Shilo Community Centre or via Inter-base mail.

**Submitting articles and photos for print:**

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned - 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.



# As seen around our community



Photo by Cara Czech



Photo submitted

Top left: MCpl Osztian, head of the Shilo Chef's Association hands a cheque to Marla Somersall, executive director of the United Way's Samaritan House. The Chef's Association held a charity dinner and raised over \$800 for the downtown food bank. Top Right: LCol Tim Young, CO of 1RCHA, receives the H1N1 vaccine at 11 Health Services.



Photo by Sara Cumming

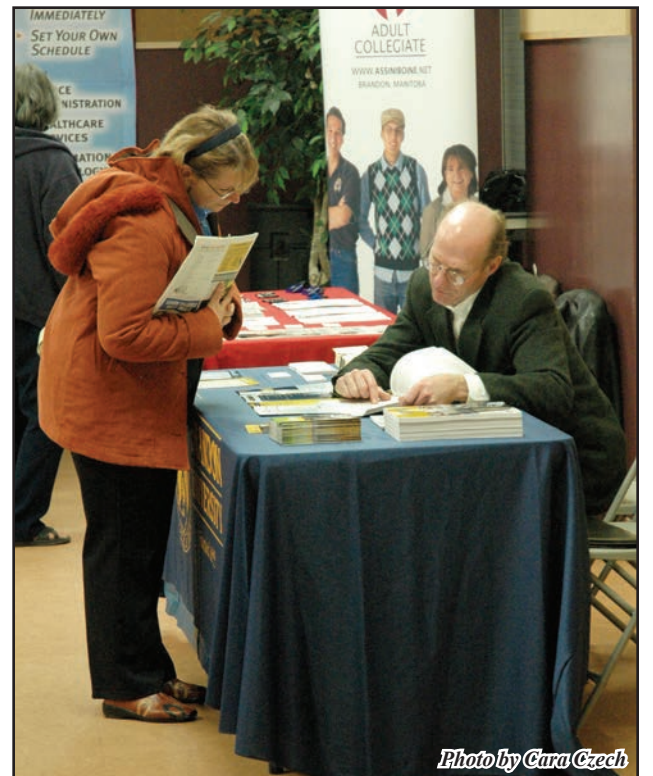


Photo by Cara Czech

Above left: Representatives from the MFRC pose with volunteers from around the base and military police officers following the annual United Way Boot Blitz on Nov. 5. Volunteers set up camp at five locations around base to collect donations for the United Way. Over \$2,100 was raised this year. Middle right: A woman gets information from a potential employer at the MFRC's Nov 4 job fair. Bottom left: Brig Gen K.L. Woiden, Deputy Commander of Land Force Western Area and Joint Task Force West, left, and Brandon Mayor Dave Burgess unveil a memorial cairn at the Brandon Armoury on Nov. 7. The memorial marks the 100 years that various units have served out of the Armoury. Bottom right: Members of the Canadian Veterans of Korean War gathered for lunch at the Warrant Officer and Sergeant's Mess on Nov. 28.



Photo by Sara Cumming



Photo by Cara Czech