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Volume 53 Issue 18



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September 11, 2014

INSIDE This Issue



Drive with caution near Base schools. Page 3



Graves of US war veterans marked with flags. Page 4



New Base Engineer settles into his new job. Page 6



Back to school

Former 2PPCLI DCO Maj Darcy Wright attended the first day of school at O'Kelly School alongside daughter Samantha, who is starting second grade French immersion. For more photos, see page 7.

Photos by Jules Xavier

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Enter annual CAF photo contest

Stag Special

Great photographs deserve to be shared.

A beautiful portrait, an awe-inspiring architectural shot or a gripping image of military members at work — any of these may be a winner when judging is done during the annual Canadian Armed Forces (CAF) photography contest.

“As the patron of the CAF photography contest, I’m thrilled to help promote the important role that photography plays in our lives,” said LGen Guy Thibault.

‘Photography helps us share our stories and our perspective on the world around us.’

— LGen Guy Thibault

“Photography helps us share our stories and our perspective on the world around us, whether that’s an in-depth look at a military exercise, or a great shot captured on a family vacation. I encourage all photographers in the CAF community to participate in this year’s contest and share their best images of the year with us.”

New to the judging panel this year will be retired LCol Jean Lapointe, a talented photographer and four-time CAF photographer of the year award winner. As a participant-turned-judge, he will bring a unique perspective and critical eye to judging this year’s entries.

“Since the judges only have one or two seconds to assess an image, it is important to choose photos that stand out,” said Lapointe.

He will be looking for photos that surprise him, show creativity, and create emotion. “A photo can be technically perfect, but if it doesn’t move you in any way, it doesn’t stand much of a chance of winning,” added Lapointe.

The CAF photography contest is open military members, veterans, Defence Team employees, and their families.

Deadline for submissions is Sept. 15. For full contest details and to enter, visit www.cafphotocontest.ca

CANEX barbecue winner

Ten family and friends will be enjoying dinner at Tammy Thiessen’s home after she won the CANEX backyard barbecue contest. Every time you spent \$50 or more at CFB Shilo’s CANEX SuperMart, shoppers received a ballot for their chance to win.

And Thiessen did just that after her ballot was pulled by CANEX manager Rick Kehler, who presented the Broil King barbecue to the winner. “Tammy said she is so excited that she actually won, as she hasn’t ever won anything,” said Kehler. The value of her prize is more than \$500, and included a propane tank plus food for 10 family and friends. “Thank you to everyone who entered this year’s contest,” added Kehler. Sponsors for this CANEX contest included Coca Cola, Tank Traders, Obermaiers Sausage and Meats, Frito-Lay’s and Old Dutch Foods.

Photo submitted



Defence ethics survey returns

We want to hear from you

Shilo Stag

The 2014 defence ethics survey, now on its fifth iteration and sponsored by the defence ethics program, will be released in month.

The voluntary, anonymous survey will collect input from a random sample of Department of National Defence (DND) and Canadian Armed Forces (CAF) personnel, including reserves. Those chosen to participate will be notified this fall.

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world stage in this research field.

What’s new for this year’s survey?

This year’s survey will measure perceptions of organizational conditions that promote ethical behaviour with questions such as, “Does your immediate supervisor set a good example in terms of ethical behaviour?”


The survey will also measure ethical risk — the likelihood of defence personnel acting contrary to one or more of the defence standards or values. And last but certainly not least, the survey aims to be the most user-friendly ever.

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It will also allow users to save a partially-completed survey if finishing it all at one time poses a challenge.

Your responses matter — if you are randomly selected to complete the survey, remember that every response matters.

We appreciate and value your input, and ask that you encourage your peers and subordinates to complete the survey if selected. All personnel will be hearing about the results of this important survey.



National Defence **Defense nationale**

WARNING

SHILO RANGES

Day and night firing will be carried out at the Shilo Ranges until further notice.

The range consists of DND controlled property lying approximately 32 kms SE from Brandon and N of the Assiniboine River in Townships 7, 8 and 9; Range 14 WPM, Townships 8, 9 and 10; Ranges 15 and 16 WPM and Townships 9 and 10; Range 17 WPM in the Province of Manitoba. If required, a detailed description of the Shilo property may be obtained from the Base Construction Engineering Office at Canadian Forces Base Shilo.


All boundaries, entry ways, roads and tracks into the Range are clearly marked and posted with signs indicating that there is to be NO TRESPASSING. Hunting is no longer permitted on the Shilo Ranges.

STRAY AMMUNITION AND EXPLOSIVE OBJECTS
Bombs, grenades, shells, similar explosive objects, and their casings are a hazard to life and limb. Do not pick up or retain such objects as souvenirs. If you have found or have in your possession any object which you believe to be an explosive, notify your local police and arrangements will be made to dispose of it.

No unauthorized person may enter this area and trespassing on the area is strictly prohibited.

BY ORDER
Deputy Minister
Department of National Defense

OTTAWA, CANADA
17630-77





National Defence **Defense nationale**

AVERTISSEMENT

POLYGONES DE TIR DE SHILO

Des tirs de jour et de nuit seront effectués aux polygones de tir de Shilo jusqu’à nouvel ordre.

Les polygones de tir sont des terrains sous le contrôle du MDN situés à environ 32 km au sud-est de Brandon et au nord de la rivière Assiniboine dans les cantons 7, 8 et 9; polygone 14 OMP, cantons 8, 9 et 10; polygones 15 et 16 OMP et cantons 9 et 10; polygone 17 OMP, dans la Province du Manitoba. Au besoin, une description détaillée de la propriété de Shilo peut être obtenue du Bureau du génie construction de la Base des Forces canadiennes Shilo.

Toutes les limites, voies d’accès, routes et sentiers menant aux polygones sont clairement marqués et ornés d’écriteaux d’ACCÈS INTERDIT. La chasse est dorénavant interdite aux polygones de tir de Shilo.

MUNITIONS ET EXPLOSIFS PERDUS
Les bombes, grenades, obus et autres engins explosifs similaires et leurs enveloppes peuvent causer des blessures ou entraîner la mort. Ne ramassez pas ces objets et ne les gardez pas comme souvenirs. Si vous avez trouvé ou si vous avez en votre possession un objet que vous croyez être un explosif, signalez-le à la police locale, qui prendra les mesures nécessaires pour l’éliminer.

Aucune personne non autorisée ne peut entrer dans ce secteur où tout accès est strictement interdit.

Par ordre du
Sous-ministre
Ministère de la Défense nationale

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Passing a stopped school bus in front of O'Kelly School (above) will cost you a \$673.65 ticket from the Military Police. Failing to yield to a pedestrian at a cross walk is another \$143.75 ticket. Cyclists are reminded to dismount from their bikes (below) and walk it across the cross walk. *Photos by Jules Xavier*

Drive with caution near schools

Shilo Stag

You will be lighter in the wallet if you happen to drive by a stopped school bus on the Base with its flashing lights on.

With the advent of another school year starting at CFB Shilo at two venues, Military Police want to remind motorists to continue to be prudent while driving in and about the PMQ area — especially within school zones.

"This means respecting the speed limits, rules, and regulations while in the schools bus loading and unloading zones," said Sub-Lt Greg Ansley, the new platoon commander for Shilo Platoon 1 Military Police Regiment, in a Base release. "To ensure the safety of the community, Military Police will be enforcing the Manitoba Provincial Highway Traffic Act diligently.

Examples of some of the offence fines are as follows:

- Passing a stopped school bus \$673.65
- Failing to yield to a pedestrian (at a crosswalk) \$143.75
- 10km/hr over the posted limit \$181.50
- 20km/hr over the posted limit \$312.25
- 30km/hr over the posted limit \$442.75

To address any confusion regarding the safety advisory initially released prior to the first day of school Sept. 3, Shilo Military Police want to clarify the law when a bus has its lights flashing:

- Stop at least five metres behind a school bus when the upper red lights begin to flash;
- Do not proceed until the "stop sign" is closed and the red lights stop flashing; and
- Motorists travelling in both directions must stop for the school bus.

"This law also applies to the loading / unloading zone in front of O'Kelly School," added Sub-Lt Ansley.





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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

Follow the Shilo Stag on
Facebook by visiting:<http://www.facebook.com/ShiloSTAG>

Sgt Joseph Randolph (left) served in the Civil War with the Michigan infantry, while Hugh Robertson (right) saw action in the Spanish American War. Both war veterans are buried in a rural cemetery in Pewamo, Michigan.
 Photos by Jules Xavier

Exploring war history in American cemeteries

More than 4,600 kilometres later, I'm back on Canadian soil following a photo safari to the United States that saw my Ford Escape wheel across North Dakota, Minnesota, Wisconsin and Michigan.

The return trip was back through Northern Ontario, via Sault Ste. Marie, after departing from Pewamo, Michigan was less exciting.

The trip across the border south of Boissevain was memorable, and afforded this scribe cheaper gas, compared to my vacation trip back — besides scenic views of Lake Superior, Ontario's north is just rock, trees and muskeg between forestry and mining towns.

Not a cemetery to be found off of the highway, where the speed limit was a constant 90 km/hr.

Travelling in the USA, however, afforded this vacationer and his copilot Purdy — my 12-year-old Jack Russell Terrier — a chance to explore American graveyards. These stops exposed me to plenty of history buried beneath the ground, with the information of their lives etched in the weathered grave stones.

Americans especially take pride in their history, moreso, with those who have served their country in countless wars, from their own Civil War from 1861 to 1865, to the US's declaration of war on Spain on April 25, 1898 following the sinking of the Battleship Maine in Havana harbour on Feb. 15, 1898.

I learned the war ended with the signing of the Treaty of Paris on Dec. 10, 1898. As a result Spain lost its control over the remains of its overseas empire — Cuba, Puerto Rico, the Philippines Islands, Guam,

and other islands.

The signing of the treaty in Paris, France established the independence of Cuba, ceded Puerto Rico and Guam to the United States, and allowed the victorious power to purchase the Philippines Islands from Spain for \$20 million.

The war had cost the US \$250 million and 3,000 lives, of whom 90 per cent had perished from infectious diseases.

American war veterans, when buried on home soil, have a US flag and marker placed at their grave site. Cemetery visitors instantly know where veterans are interred.

Like Pte Hugh Robertson, who served with the Detroit 15th Bty when he fought in the Spanish American War.

Born on April 12, 1881, he died on Nov. 20, 1965, and is buried in the Village of Pewamo graveyard in Michigan.

Civil War veterans' final resting spots — those who survived the carnage of that four-year conflict — dot the landscape of this rural cemetery.

There's Sgt Joseph Randolph, with the 13th Michigan Infantry. Nearby, lies Robert Clark who was with the 30th Michigan Infantry.

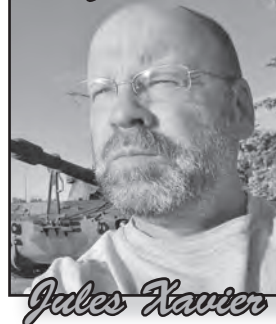
Their small weathered stones do not provide additional information, like birth or death dates.

This is unlike Capt A.W. Sherwood's tall monument.

While which northern unit the then 35-year-old commanded is not engraved on the grave stone, it did tell me he was born on Dec. 29, 1826, and died on Aug. 29, 1895.

See **WAR** page 9

Reflection



Jules Xavier

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Brrrrr!

MFRC executive director Willemien Van Lankvelt and BComd LCol Stephen Joudrey react to being immersed after taking part in the ALS ice bucket challenge, with CE's Max Bratzke dumping the ice water. To donate visit www.ALSA.org
 Photos by Jillian Driessen

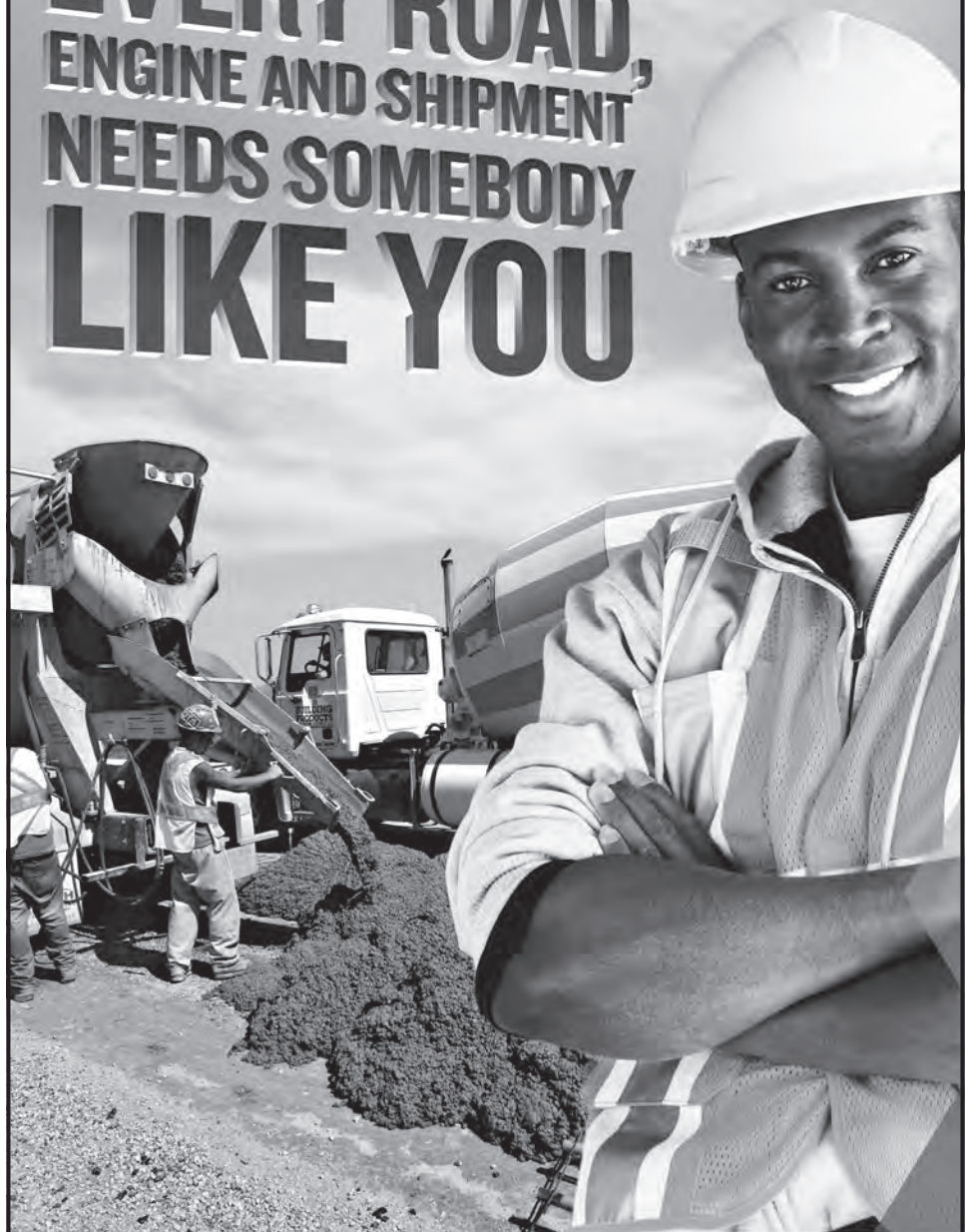
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New Base engineer ready for Army challenges

Jillian Driessen
Shilo Stag

For some, military postings are tough to tackle.

For Maj Andrew Wall — Shilo's new Base engineer — they're an opportunity to see new things, meet new people, as well as expose yourself to new adventures. "This was my first time in the prairies, really. I had done a brief stop in Winnipeg travelling once," recalled Maj Wall of his journey west from Ottawa.

"When the career manager told me I was going to Shilo, I took it as an opportunity to see part of the country I wouldn't have otherwise seen. For my wife, myself, and my children, it's a great opportunity for us to see the country."

Growing up in a military family, Maj Wall is familiar with the joys and challenges of postings. His own father served as both an infantryman and an image tech (formerly photographer).

Although the engineer didn't walk directly in his father's footsteps, he did still find himself joining the Canadian Armed Forces (CAF) after his third year at the University of Western Ontario.

"I joined three quarters of the way through my degree. Initially, I had applied to RMC and got into the ROTP program. I turned it down. I wanted to go out and experience life less regimented," explained Maj Wall of his choice in post-secondary education.

"In the summer, I was looking for work. I was wanting to do something outdoors and physical while using my degree. I decided to join the military. I joined the reserves and after I graduated, joined the regular force."

He added, "It was one less tuition bill, but it was something that had always been on my mind."

Following his basic and phase training, Maj Wall saw postings to 2 Combat Engineer Regiment in Petawawa, Meaford, and Ottawa. He also deployed on TF-308 to Afghanistan.

Throughout his military career, Wall has made the jump from combat engineering to infrastructure, gaining experience and qualifications along the way.

"A lot of members stay on the field side throughout their career," offered Maj Wall. "They don't get much opportunity to learn the other side of the business."

Before his posting to Ottawa, Maj Wall was the Base engineer at LFCATC Meaford, Ont.

"I dealt with a lot of the same issues I have to deal with here," said Maj Wall of his posting to Meaford. "A lot of the buildings were built in the 90s. But we had some built in the 50s and 60s that had some maintenance issues."

Prior to arriving at CFB Shilo, the major's position allowed him to be part of a planning committee for the upcoming Assistant Deputy Minister Infrastructure and Environment [ADM(IE)] transformation in Ottawa — knowledge he hopes he can share with this Base to help implement the transformation.

"I really hope within the next couple years we can move things along and set the conditions for success for ADM(IE) transformation. That's slotted for 2016 and in order for Shilo to have a seamless transition, I would like to start adapting now," he said. "Having first-hand knowledge of ADM(IE) is a valuable asset for me. I would like to make it as easy as possible for the staff here and the Base as a whole."

Postings for the Base engineer position are a great deal shorter than other typical postings to Shilo. Maj Wall will likely only be here a couple of years, which is a fairly average posting for the major and his family.

"The longest posting I have had was about three years. It becomes the new normal. After a while, I find I am antsy in a position. I want to start the next chal-



Maj Andrew Wall

lenge and to keep moving forward," he said of his past posting experience.

"When you stay in one position for too long, you become stale and stagnant. You don't learn to do business better. Moving forward is particularly important in an infrastructure program. If you're not up to speed with current technology and processes, your program won't move forward. It limits your staff."

Thankfully, his family was keen on tagging along to CFB Shilo.

"My wife and my oldest daughter were keen on coming to Shilo to have a new experience," said Maj Wall of his family. "From the people who were posted to Shilo before, I heard I would love it. We're still exploring and getting to know the area and the people."

Having only made a brief stop on the prairies prior to his posting here, Maj Wall has never experienced the bitter-cold Manitoba winter Shilo's residents are all too accustomed to.

"I am looking forward to seeing what a Manitoba winter is all about. We've heard the stories. I want to see it first-hand. I need to see if the hype is really justified," said Wall of the impending winter. "It's just the experience. I am sure I will complain as much as everyone else once it hits us. Just to say you've been where it's minus-40 or minus-50 degrees Celsius is an experience in itself."

Other than surviving a Manitoba winter, Maj Wall hopes to leave his mark on CFB Shilo.

"I would like to start looking at the future. If I can get people thinking about two, three, or 10 years down the road, I would say I am successful," he said. "My goal is to make a difference. If there is nothing tangible or different when I leave, I haven't done my job well enough."



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BACK TO SCHOOL



It was a hive of activity at O'Kelly School when parents and students arrived for the first day of school. Besides backpacks, many students were laden down with heavy bags of school supplies. First day of school photos were also taken before entering the classroom. Summer vacation starts in another 10 months.

**PHOTOS
BY
JULES
XAVIER**



Defence ethics survey returns

We want to hear from you

Shilo Theatre
(Located in the General Strange Hall)

Sept. 12 Earth to Echo Rated G
Sept. 19 Edge of Tomorrow Rated PG
Sept. 26 How to Train Your Dragon II Rated PG

Children aged 10 and younger require adult supervision at all times.
All movies start at 6:30 p.m. Doors open at 6:15 p.m.

For more info, contact the community recreation office at 204-765-3000 ext 3317/3588

Shilo Stag

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We appreciate and value your input, and ask that you encourage your peers and subordinates to complete the survey if selected. All personnel will be hearing about the results of this important survey.



Cyclists out with their children for a summer ride take a break across from the Base Engineering building.

Photo by Jules Xavier

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Simply call or register online and we will help connect you with a health-care professional in your area that best meets your needs.

Call or register online

To register, please call our contact centre between 8:30 a.m. and 4:30 p.m. Monday to Friday at: **204-786-7111 (in Winnipeg) or Toll-free 1-866-690-8260.**

You can also register online at Manitoba.ca/familydoctorfinder

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Shilo Stag
Your source for Army News in Manitoba



He served with a Michigan unit during the Civil War, but Chester Phillips is buried in a North Dakota cemetery (right), while Father David Keister served with a Ohio unit, but his final resting place is in Pewamo, Michigan (left). US graves of war veterans, from the Civil War to current wars in Afghanistan and Iraq. Photos by Jules Xavier

War veteran graves feature US flags, special markers

From Page 4

Civil War veterans laid to rest here also came from other states during that battle between the north and south. Like Father David Keister, who was with the 40th Ohio Infantry. Born in 1838, he was just 23 during the Civil War, and lived to age 67.

At a stop in Grand Forks, North Dakota, just off US Hwy 2, I stretched my legs and explored the Niagara cemetery which was established in 1882.

I came across one Civil War veteran, Chester Phillips, who actually fought with a Michigan unit. Again, the tiny marker did not give the onlooker any details as to date of birth, or death.

This was not the case for a First World War veteran, who died seven days before the Great War ended. Born in Niagara, North Dakota on June 23, 1897, John English died at Camp Lewis, Washington on Nov. 4, 1918. His large tombstone lying on the ground said he was with the U.S. Signal Corps, assigned to 1st Class, Coy B, 213 Field Bty.

Nearby, large white metal crosses marked adjacent graves with no bodies beneath for two Second World War soldiers who died in France in 1944. Tech 5 Lloyd McLean was 27 when he died on July 25. He's buried in Cherbourg, France. PFC James Knutson was just 21 when he was KIA on Dec. 2, his body buried in a military graveyard in Limey, France.

Fosston, Minnesota goes a step further recognizing American men and women who serve their country,

and sometimes pay the ultimate sacrifice. The town established a veterans memorial garden, with a tank and helicopter on display beside a cairn and memorial stones, which are laid out individually or in large clusters.

This location is "dedicated to our area veterans who gave their lives in our nations conflicts — Lest We Forget." And the USA has been in many conflicts, with its soldiers seeing action in two world wars, Korea, Vietnam, and of late, the Gulf and Afghanistan.

There are countless names, ranks, and where these soldiers fell in the defence of their country. Like Sgt Matthew Harmon of the US Army, who died in Afghanistan. Or two brothers, both army privates from Fosston, who died in the First World War, at the same battle in the Argonne Forest in 1918 — Severin and Ole Tangen.

Soldiers who died in Korea from 1950 to 1953 are well represented at this memorial, with PFC Bill Berry, Cpl Robert Roysland and Pte 1st Class Miles Hultberg losing their lives fighting the Communist North Koreans with the US Army's infantry.

The US involvement in the Vietnam War (1959 to April 30, 1975) does not go unnoticed with soldiers who called Fosston home losing their lives in the dense jungles of that country. Like WO Harold Lowell, Sgt Carl Kappedal, Cpl Daniel Grandbois and Cpl Harold Berglund.

Besides my US cemetery excursions, prior to driving south I was also able to visit PPCLI Victoria Cross

recipient Sgt George Mullin's grave in Moosimin, Sask. He survived the Great War, returned home, and died at age 71 in the spring of 1963.

While Canadian cemeteries often have designated burial areas for war veterans, like Brandon's graveyard, there is no consistent recognition of the final resting places for our military like what is done in the United States.

It would be nice to see a Canadian flag at each grave for those soldiers/sailors/airmen who survived our wars, and returned to Canada to live out their lives. Versus what's done in the graveyards for our fallen soldiers in Holland, Belgium, France or Korea.

We no longer bury our war dead where they fell alongside their comrades as was done in the First and Second World Wars, or Korea. Now they are brought home and are laid to rest in hometown graveyards or the Beechwood Cemetery in Ottawa.

We can take a lesson from our neighbours to the south and how they pay homage to their war veterans. Perhaps we could lay a Canadian flag and marker to let those standing over the grave know when and where this person served their country.

I know students place Canadian flags once a year to mark Remembrance Day in Kingston, Ontario, and in Edmonton, Alberta. I've also seen special markers at graves in Saskatchewan rural cemeteries. But what about the other 364 days in the year? Just a thought based on what I observed during my summer vacation.



Lloyd McLean and James Knutson have metal crosses over their North Dakota graves, but are actually buried in France where they died in 1944 during the Second World War.



US cemeteries use different markers to signify which graves belong to war veterans. In some states the marker will even signify which war the deceased soldier fought, including the War of 1812 to the country's own Civil War from 1861 to 1865. The American flag (left) is also included at the grave. Some cemeteries in Saskatchewan use the above marker at the graves of Canadian war veterans.

Got Bulk Garbage?

Bulk items, yard waste, tires, and electronics may be disposed of Monday – Friday from 8 a.m. – 4 p.m. at the Shilo dump located 2 km east of Rick’s Restaurant on Aldershot Road.



Items may be placed for curbside pick-up the following date ONLY:
October 14, 2014

Items are to not be placed earlier than the evening prior to pick-up.

STARTING OCTOBER 1, 2014

Announcing a minimum wage increase for

Security Guards

Starting October 1, 2014, Manitoba’s minimum wage for security guards will increase for four consecutive years at which time it will reach and remain at \$2.25 per hour higher than the standard provincial minimum wage.

The minimum hourly wage for security guards will be set according to the following schedule:

Date of Increase	Amount of Increase	Security Guard Minimum Wage
October 1, 2014*	\$0.25	\$10.95 <small>* (based on minimum wage of \$10.70/hr. As of October 1, 2014)</small>
October 1, 2015**	\$0.50	
October 1, 2016**	\$0.75	<small>**in addition to the provincial minimum wage during this time</small>
October 1, 2017**	\$0.75	

This means that after September 30, 2017, the minimum wage for security guards will be set to remain at \$2.25 higher than the provincial minimum wage.

For more information

To learn more, please visit our website at www.manitoba.ca/labourstandards, or email employmentstandards@gov.mb.ca. You may also call 204-945-3352 or toll free 1-800-821-4307.



After enjoying a pancake breakfast at L25, riders embarked on their relay ride. Photos by Jillian Driessen



Relay ride raises \$1,390

Stag Special

The 1 MP Regt Det Shilo’s Military Police National Motorcycle Relay Ride (MPNMRR) pancake breakfast and draw held Aug. 12 was a huge success.

All funds raised were donated to the MPNMRR in support of the Military Police Fund for Blind Children.

This event raised, \$1,390, with more than \$600 in prizes awarded during the draw held at the pancake breakfast.

The support we received for the

MPNMRR pancake breakfast from the CFB Shilo community was outstanding.

The participation from all units on Base contributed to the success of the event and we would like to thank the community for their support.

Lastly, we wish to once again thank our 2014 sponsors: Shilo and Region Service Club, Forbidden Flavours Shilo, CANEX, Shilo Automotive, Shilo Country Club, Westoba Credit Union, HMS Insurance, Rick’s Restaurant and SISIP FS. Sponsors provided food and beverages for the pancake breakfast, and prizes for the draw.

Butt out in DND vehicles

Shawn O’Hara

Stag Special

When it comes to smoking in Department of National Defence (DND) vehicles, Military Police are urging drivers and passengers to butt out.

According to DND driver policies the issue is pretty cut and dry, says MCpl Jodi Woolridge, who handles community relations for the Military Police.

“It’s a one line thing. ‘Drivers and passengers are not permitted to smoke in DND vehicles,’” he says. “It doesn’t come up too often, but it’s still needs to be remembered.”

While there are no rules against smoking while inside personal vehicles on DND property, it is prohibited in all DND-owned vehicles at all times.

Aside from the health risks and possible distractions associated with smoking while driving, MCpl Woolridge says in some cases it is a safety hazard as well.

“A lot of it is common sense,” he says. “For instance, if you’re driving a fuel tanker you probably should not be smoking. Too much can go wrong, no matter how unlikely it may seem.”

While MPs enforce the bylaws on Base, anybody can report a driver smoking in a DND vehicle to the respective unit’s chain of command. MCpl Woolridge says individual punishments are left up to the unit.

“We’ll write up the report, but for discipline it comes down to the violator’s leadership,” he says. “It can be anything from a fine to the revoking of driving privileges.”

While the law comprises a fairly small part of the driver policies, MCpl Woolridge says it is just as important.

“Especially in an organization which is founded on discipline, it’s important to remember to follow the rules.”

Have parents gone to the extreme with their kids?

Dana Thompson
MFRC Special

When I was a kid I could not wait to arrive home from school, change my clothes and go outside to play.

Once I got outside it was a matter of freedom, I could play anything and do anything. The only break my friends and I would get would be for dinner and homework. I still learned to skate; was in 4-H for many years; played baseball and volleyball, but these were generally saved for the weekends.

Weekdays were not about schedules and commitments — they were about downtime and play.

I understand life is not that way anymore. There are more opportunities in our communities and parents have more money in the households to spend on extracurricular activities.

They want the very best for their children and in some cases want to give them what they didn't get to do when they were little. Parents have the best of intentions for their children because they want them to have a rich childhood with happy memories.

But have we gone to the extreme? While we are busy filling every waking hour full of activities are we sacrificing time to play in a natural creative way?

Are we making time for our family relationships?

Does your child have time to read, write, build, create, fantasize and explore?

Children do not function well in an environment where they have lots of responsibilities. Their anxiety levels can increase.

In some cases, children get burnt out by the time they are in their teens. Even a sense of boredom can set in is one is not kept busy.

Always make sure your motivations are true.

Take time to think about the reasons and what will they get out of the activity.

Is it for your needs or has your child expressed an interest? Set limits, allowing them to pick one or two things. This will create a balance which is key to a well-rounded child.

For more information on the programs and services offered at the Shilo MFRC visit www.familyforce.ca/sites/shilo

Dana Thompson is director of children's service at the Shilo MFRC



Taking aim during RIMPAC

1RCHA Z Bty Forward Observation Officer, Capt Andrew Curr, runs through a scenario in the Supporting Arms Virtual Trainer during Ex Rim of the Pacific (RIMPAC).

Photo supplied

CLASSIFIED ADS

Email: stag@mymts.net • Phone 204-765-3000, ext 3013 • Fax 204-765-3814

**\$10 for first 20 words,
10¢ for each additional word
Deadline for next issue:
September 18 at noon**

*Free ads (non-commercial only)
restricted to members of the
CAF, employees of CFB Shilo and the
citizens of the surrounding area.*

Services



St. Barbara's Protestant Chapel
Sunday @ 10:30 a.m. with Sunday school & nursery
Padre Lee - ext 3088
Padre Neil - ext 3090
Padre Olive - ext 6836
Padre Costen - ext 3381

Our Lady of Shilo Roman Catholic Chapel
Sunday 10:30 a.m.
Wednesday 12:05 p.m.
Confession by appointment
Padre Inienwe - ext 3089

Services

Greg Steele, Canadian Firearms Safety Course Instructor/Examiner • Restricted and Non-Restricted • Manitoba Hunter Safety Instructor. Courses offered at least monthly and more often by demand. September 20, 21 Virden. Examinations by appointment • 204-725-1608 • e-mail: ggs57@wcgwave.ca. huntershooter.org

We buy and sell good used furniture/appliances and we deal in coins and coin/stamp supplies. People's Market Place, 32-13th St., Brandon, 204-727-4708.

Nad's Simply Clean For all of your cleaning needs weekly, bi-weekly, and monthly. Also available for offices, contract cleanup and single occasions. Receipts provided. 204-573-1509.

Employment

Clerk/Cashier (part time/permanent), wage \$11.12 - \$13.05/hr. Visit www.cfmws.com or contact npfhrshilo@cfmws.com for further details.

Swim Instructor/Lifeguard (casual). Visit www.cfmws.com or contact npfhrshilo@cfmws.com for further details.

Vendors Wanted

Looking for crafters/vendors - CFB Shilo's Little Big One Craft Sale & Tradeshow Saturday, November 22. 10 a.m.- 2 p.m. Tables are \$15 each or \$20 with power
Call 204-765-3000 ext 3588/3317 to book your tables.

Homes For Sale

Wawanesa - New in 2011 - 1,400 sq ft, 2- storey home with finished basement and double attached garage. 3 + 1 bedrooms, 3.5 bath/Geothermal heating and cooling. Custom maple cabinets. Large pie-shaped lot. Check out eBrandon.ca ad for pictures. Private sale, buying agents are welcome.
Contact Jennie 204-720-9197



We want you on our team

The Shilo Stag is looking for another sales consultant for its team. It's posting season, which is the perfect opportunity to sell the Brandon business market on advertising in the Stag. They have a captive audience — people are new to the community after being posted here from elsewhere in Canada. Where do you shop for new glasses; groom your dog; take the wife out for an anniversary dinner; buy a new car or have winter tires put on the van with the advent of winter; shop for back to school clothes and supplies? Working on commission, you can set your own hours. The more you hustle and sign advertisers up to promote their business in the Stag, the more you earn. Drop by the Stag's office in CANEX and see Jillian or Jules about the job. Or call 204-765-3000 ext 3013/3093. Be part of the award-winning Shilo Stag team.

Advertise with us!

To place an ad, e-mail hollysralph@gmail.com or call 204-720-3488

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www.canex.ca
CFB Shilo

*CANEX is celebrating our
46th Birthday...
And what's a birthday
without a party?*

Join us Saturday Sept. 20th
from 11am-2pm for a free BBQ

games, bouncy rides, cotton candy,
popcorn, face painting, prizes,
vendor booths on site, car show, and more

... and cake



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