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Volume 50 Issue 18

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September 15, 2011

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## **INSIDE** This Issue



Find Willy and score tix to Wheaties game. See page 3.



New hangout for Padre King. Story on page 8.

## 700 hit their stride in Terry Fox, Army runs

By Bruce Peever Shilo Stag

More than \$3,000 was raised for the Terry Fox Foundation following the Sept. 9 annual run for cancer research through

Some 700 participants took to the streets last Friday to walk, push and run either five kilometres, 10 kms or a half marathon. For the first time ever in Shilo, the Terry Fox Run was combined with the second annual Shilo Army Run. Having both at the same time was due to massive flooding this past spring and our CF personnel's commitment to battle that.

"Hats off to everyone who assisted in both events," notes Jim MacKenzie, Director of Fitness Sport and Recreation. The day's chief organizer adds this combination is unlikely to happen again.

"The base commander has said it will be two separate events next year. The Army Run is strictly a military event,' MacKenzie says.

At the finish line, Gnr Jonathon Podolas of A Bty, IRCHA took first place in the male half marathon finishing in a time of one hour and 41 minutes. MCpl Robyn Weedmark, 2 I/CMPSS at G1, placed first in the female half marathon with a time of 2:09.

In the male 10k, Cpl Chris Marmen of Base Transport won with a time of 37 minutes. Mandy Morgan, a Clerk at 2PPCLI, crossed the 10k finish line first for the females with a time of 48:20.

Before kicking off the morning's activities, LCol Richard Goodyear, BComd told the crowd that the Shilo



tre long Terry Fox Run attracted hundreds to the outdoor track Sept. 9. Photos by Bruce Peever

Army Run is quickly becoming one of the largest organized runs across Canada. Meanwhile, the Terry Fox Run is the largest in the world, he added.

"He (Terry Fox) ran a total of 5,400 kilometres, a full marathon every day. Your efforts today is in support of his journey. Good luck to all," he said.



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## Action from the Sept 9 Shilo Army, Terry Fox runs











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A participating supplier of the CFIRP program.



Counter-clockwise from upper left, female 10 km winner Mandy Morgan; male 10 km winner Cpl Chris Marmen; male half marathon winner Gnr Jonathon Podolas; female half marathon winner MCpl Robyn Weedmark and stretching under the direction of Fitness Instructor Melissa Griffiths.

Photos by Bruce Peever



You, count.

Saturday, Sept. 24 to Saturday, Oct. 1

Provincial election day is Tuesday, Oct. 4, but you can vote earlier if you choose.

- You don't need a reason to vote in advance.
- You can vote at any advance location in Manitoba.
- Advance voting locations are open from 8:00 am to 8:00 pm (noon to 6:00 pm Sunday) unless otherwise noted.
- Don't forget to bring photo ID or two other documents with your name.

Advance voting locations in your area are listed below.

For a complete list of advance voting locations in Manitoba, visit electionsmanitoba.ca

## **BRANDON EAST**

#### **Returning Office**

435 Rosser Avenue, Unit 1, Brandon

## **Additional Locations:**

Sept. 24 and Sept. 26-Oct. 1 Grand Valley Community Church, Brandon Sept. 26-30 Assiniboine Community College, Brandon

#### **BRANDON WEST**

#### **Returning Office**

Unit 206-1570 18th Street, Brandon

## **Additional Location:**

Brandon University,

Knowles-Douglas Students' Union Centre - Lower Level

#### For more information:

Call your returning office or Elections Manitoba Ph. **945-3225** • Toll-free **1-866-628-6837** 

electionsmanitoba.ca





Democracy is stronger with all of us.



September 15, 2011 The Shilo Stag 3

# Where's Willy?

Somewhere on the pages of this *Shilo Stag* is a picture of Willy, the Wheat Kings mascot. Tell us on what page, in what particular advertisement Willy was found and answer the following skill-testing question for your chance to win two tickets to an upcoming Wheat Kings home game.



Entry Form	·
Name:Address:	i
Phone:	
Answer to skill-testing question:	I
5 + 3 - 1 X 5 = (remember your grade school math)	I

Cut out your entry form and fax it to 765-3814, scan it and email it to stag@mts.net or drop it off at the Stag's office inside the Community Centre. Draw will be made on the Monday prior to game day.



## Start saving now with a FREE Power Smart Water & Energy Saver Kit.

The Power Smart\* Water & Energy Saver Kit can save you approximately \$27 per year on your residential energy bill.

#### Each kit contains:

- Low-flow showerheads;
- Low-flow faucet aerators;
- Water heater pipe wrap;
- Teflon tape;
- Weater heater temperature gauge;
- Refrigerator/freezer thermometer.

To order your kit, visit **ecofitt.ca/mbhydro** or call **1-877-ECO-FITT** (1-877-326-3488).



\*Manitoba Hydro is a licensee of the Trademark and Official Mark.

## To serve daily you need daily servings

## **By Anne Todd**

It's that time again: time to embrace nature's miracle and superfood and take on the challenge of eating four or more servings of vegetables and three or more servings of fruit per day. It's easy, inexpensive, and it does not require you to visit specialty stores.

In fact, you'll find this superfood in the produce aisle of your local grocery store in a variety of colours, tastes, and textures. Vegetables and fruit are naturally low in calories and packed with vitamins, minerals and phytochemicals. Any vegetable and fruit, particularly those bright in colour and high in flavour, help you power through and recover from your workouts; fight off cold and flus;

## What is it?

The 4&3 Challenge is a two week program running Wednesday, Sept. 21 to Tuesday, Oct. 4. Sign up started Sept. 14. For more info check out www.forces.gc.ca/4-3.

combat the effects of stress; naturally and safely cleanse your body; provide natural defence against such diseases as cancer, heart disease, obesity, and diabetes; and greatly enhance mental and physical performance.

Yet, with all these benefits and vast choices, over 80 percent of CF personnel are missing out by not eating the recommended seven to 10 combined servings, or more specifically four or more servings of vegetables and three or more servings of fruit every day.

Discover the new fast food of vegetables and fruit by signing up to the Strengthening the Forces Health Promotion Program 4&3 or more per day challenge.

By signing up, you will also have access to more tips on how to eat at least four servings of vegetables and three servings of fruit everyday. Remember, To Serve Daily, You Need Your Daily Servings: Stay Strong, Eat Your Vegetables and Fruit!

Anne Todd is Health Promotions Director at CFB Shilo.



## 2011 Manitoba AgriRecovery Program

Deadline - September 30, 2011

The 2011 Manitoba AgriRecovery Program provides Manitoba livestock and crop producers with a number of targeted programs to help them recover from excess moisture and flooding in 2011. It provides financial assistance to farmers for the restoration and maintenance of their operations through 2011, and for the rehabilitation of their farms in time for the 2012 crop year.

Your deadline to apply for any of these programs is September 30, 2011.

**2011 Manitoba Greenfeed Assistance Program –** assists producers affected by extended periods of excess moisture in 2011 to reduce the impact of the disaster on livestock and cropland. A \$15 per acre payment will be made on qualifying acres.

Contact: MAFRI GO Office

**2011 Manitoba Excess Moisture Assistance Program\* (Flooded Acres) –** provides financial assistance to Manitoba crop producers affected by extended periods of excess moisture in 2011 to reduce the impact of the disaster and rehabilitate their land. A \$30 per acre payment will be paid for qualifying acres too wet to seed or crop acres seeded and subsequently drowned out.

Contact: MASC Insurance Office

**2011 Manitoba Forage Restoration Assistance Program –** assists Manitoba forage producers to restore established tame forage and forage seed damaged by excess moisture in 2011. Assistance is \$50 per qualifying acre.

Contact: MASC Insurance Office

**2011 Manitoba Infrastructure and Individual Assessment Program** – assists Manitoba crop and livestock producers recover from flood losses related to restoration of damaged agricultural facilities, and inventory losses that are not eligible for assistance under Disaster Financial Assistance or the Lake Manitoba Financial Assistance Programs.

Contact: MAFRI GO Office

## For more information

Applications and program details are also available online at **masc.mb.ca** or by contacting your MASC office or Manitoba Agriculture, Food and Rural Initiatives GO Office.

\*Funded by *Growing Forward*, a federal-provincial-territorial initiative.



## **Letters & Opinions**



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The Shilo Stag is produced every second Thursday. Deadline for submissions is the Thursday prior to the week of publication.

Submissions can be sent to the Stag via email at stag@ mts.net, dropped off at the Stag office located in the Shilo Community Centre or via Inter-base mail.

#### Submitting articles and photos for print:

- Please submit articles as a MS Word Documen
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned - 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.



Cpl James Smith receives this Certificate of Appreciation from Lt Holly King, OIC of DSG Shilo during a goodbye popcorn party in late August. Cpl Smith was a Unit Family Rep for 2PPCLI since Oct. 2010. After leaving the forces, 'Smitty' is now a student in Calgary where he is closer to his fiancee and family.

Photo by Quinn Roberts

## Letter to the Editor

## CF stand ready against terrorism attack

Dear Editor,

September 11, 2011 marked the 10th anniversary of the attacks of 9/11. Canada and the United States have a long standing friendship and a long history of cooperation on defence and security issues, including a mutual commitment to continental and international security.

The tragic events of September 11, 2001, where Canadians were among the victims, were a key event in the history of our two nations. The events strengthened our relationship and our commitment to continental and international security. This has not been without sacrifice and so we should all have taken time to remember those of our comrades in arms, whether military or civilian, including our allies and partners, who have been victims of the events resulting from 9/11.

First and foremost, we want to make it clear that DND/CF will continue to use a threat-based approach to adjust our posture for any future eventualities. This approach ensures that DND/CF efficiently uses assigned resources to the greatest effect. We will, as always, continue to monitor the indicators and warnings and, if required, we will tailor our response to any changes.

Second, we want to emphasize our confidence in the current abilities of DND/CF to respond to domestic

incidents, when called upon by the Government of Canada. Since the attacks of 9/11, DND/CF has made significant investments in security and defence in the areas of interoperability, deployability, intelligence and the protection of Canada's people and critical infrastructure. These efforts have contributed to improved continental and international security.

Ås the 10th anniversary of the 9/11 attacks was revered, we will remember and honour all those who lost their lives due to the tragic events of September 11, 2001. We would also like to recognize the men and women of National Defence and the Canadian Forces who have made, and continue to make, extraordinary efforts to support Canada's contribution to global security.

The Defence Team stands ready to defend Canada and Canadians from all threats. The continued dedication and professional excellence you have shown gives us great pride and comfort in the knowledge that Canadians are being well-served.

Sincerely, General Walt Natynczyk, Chief of the Defence Staff and Robert Fonberg,

**Deputy Minister** 

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Minnedosa Legion

#### **Sprucewoods**

The Shilo Inn (Crang's) 340 Esso Station

## **Wawanesa**

Lucky Dollar

September 15, 2011 The Shilo Stag 5



## **September 16, 1965**

A \$50 cheque, along with the Rose Bowl were presented to Jerry Balteson of 12 Kingston Avenue after he won first place in the second annual Shilo Lawn and Garden Competition.

Our Lady of Shilo Chapel was the setting for a Sept. 4 wedding between Mary Louise Bourassa and Anthony Fraser of Camp Shilo. The reception was held at the Camp Shilo Country Club.

The Frosted Food Centre at 14th and Rosser offered big savings by buying food in bulk. For only \$12.79 weekly you could get 37 pounds of pork, 20 pounds of chicken, 36 pounds of a variety of meats and fish, 24 pounds of fresh and frozen vegetables, 12 pounds of frozen fruit and 10 pounds of laundry detergent.

For \$2.50 you can receive a yearly membership into the Camp Shilo Gun Club, where you can try your hand at pistols, archery, rifle, a ladies section and junior rifle.

The Shilo All Stars fastball team was calling for fan support as it was heading into a best of five championship to be played at Kinsmen Stadium in Brandon. Admission for each game was set at 25 cents.

Safeway was offering six tins of evaporated milk for \$1 and a handi-pak of new crop apples for \$2.39. Semi boneless rib roasts were selling for 59 cents a pound.

Camp Shilo was preparing to welcome back Col G.P. Marriott as Base Commander. The Montreal native had been serving as naval, military and air advisor to the Canadian High Commissioner in Karachi, Pakistan. Col Marriott was Commander here from 1960 to September 1962 when he left for Karachi.

A team of consultants was to begin study this month to provide the Canadian Armed Forces with the most modern and efficient telecommunication system. The team was hoping to streamline all army, navy and air force communications.

Leech Printing at the corner of 18th Street and Park Avenue was selling 300 personal, gummed labels for \$2.75.

## OSISS means you won't suffer alone

The Operational Stress Injury Social Support (OSISS) Program was created to establish, develop and improve social support for CF members, Veterans and their families affected by operational stress.

The program also provides support to bereaved families of military members and Veterans.

Operational An Injury Stress (OSI) defined persistent psychological difficulty resulting from operational duties performed by a member of the Canadian Forces and includes a host of problems such as anxiety, depression, alcohol abuse and post traumatic stress disorder (PTSD).

The OSISS Program consists of three separate support components to

help you:

• Peer Support Network, consisting of CF Veterans across the country who have experienced an operational stress injury (OSI), have regained control of their situations and now offer help to CF members suffering from an OSI, along with providing support to their families.

- Family Peer Support Network which provides support to spouses and other family members who are providing support to a loved one with an OSI.
- Bereavement Support consisting of trained volunteers who themselves have experienced a similar loss and provide caring, nonjudgmental and safe support to family members who have lost a loved one, serving

member or Veteran.

About us

The first role is to listen. Our staff have been there and they understand your situation, they will respect your privacy and your need for confidentiality. The Peer support and Family Peer support coordinators across the network country knows how to help regain your health and wellness. They can put you in contact with community resources and specially designed programs and OSI services with Veterans Affairs Canada and the Canadian Forces. They also organize support groups. How much they can help, and when, is up to you. Your Peer support and Family Peer support coordinators will listen, network suggest new ideas, and

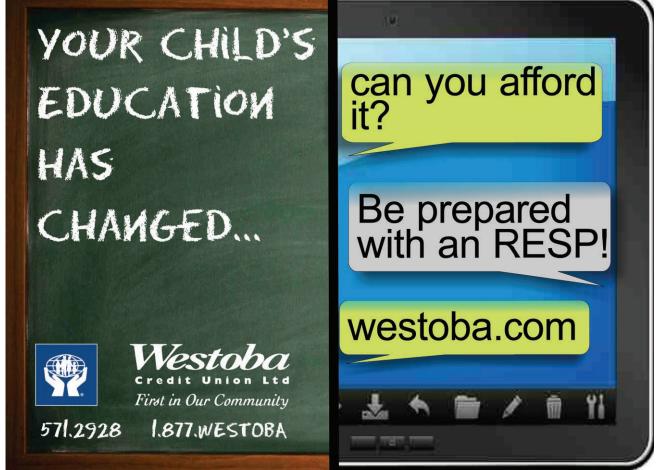
leave the choices to you. They can assist you to regain control of your life.

If you or someone you love is having difficulty and would like to speak to someone who has been through a similar experience, who understands, and will respect your need for privacy and confidentiality, please contact:

- Fred Connor, Peer Support Coordinator, 765-3000 ext. 4186, or
- Christine Howell, Family Peer Support Coordinator, 765-3000 ext. 4031

Visit our website at www.osiss.ca for more information and resources.

Submitted by Christine Howell, Family Peer Support Coordinator, Shilo and Saskatchewan.







## SUV FRESH TRADES



2006 Toyota Rav 4 Limited all wheel drive, auto, loaded, sunroof 80,330 ams Stock # M808-1 \$18,555 or \$168.83 bi-weekly



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heated leather
seats, sunroof, two
in stock, low ams
your choice
\$29,900 or \$230.37
bi-weekly



2011 GMC Acadia SLT all wheel drive, 7 passenger, heated leather bucket seats, loaded, 3 in stock Your choice \$37,995 or \$291.48 bi-weekly



2009 GMC Acadia SLT all wheel drive, 7 passenger, auto, loaded, heated leather seats, only 43,427 kms Stock #M838-1 \$29,700 or \$228.86 bi-weekly



2010 Traverse LTI FWD V6, auto, loaded, 22,032 kms Stock #Z5916-1 \$27,950 or \$215,65 bi-weekly



2008 Pontiac Torrent FWD V6, auto, loaded, sunroof, 6 disc, 70,330 kms Stock #Z5919-1 \$17,555 or \$160.02 bi-weekly









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2010 Kia Sportage all wheel drive, LX model, V6, auto, loaded, CD only \$30,814 kms Stock #M903-2 \$26,475 or \$204.51 bi-weekly



2008 Yukon Denali all wheel drive, V8, auto, loaded, navigation, sunroof, power step boards 63,915 ams Stock #Z5913-1 \$37,750 or \$328.51 bi-weekly



2009 Buick Enclave CXL2 all wheels drive, V6, auto, loaded, heated leather seats, 46,920 kms Stock #M939-1 \$33,250 or \$255.66 bi-weekly



2008 Saturn Outlook XE all wheel drive, V6, auto, loaded, power sunroof, CD, 71,188 ams Stock #Z5918-1 \$23,640 or \$207.67 bi-weekly



2007 GMC Envoy SLE V6, auto, loaded, navigation, sunroof, 6 disc, 79,440 ams Stock# Z5904-1 \$18,555 or \$168.83 biweekly









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## Shilo's Padre King tending a new flock at Kandahar Airfield

## By Sgt Lance Wade

The Canadian Forces (CF) comprises approximately trades and included in those specialized positions is the role of Chaplain or Padre. Major Harold J. King

is the senior chaplain for the Mission Transition Task Force (MTTF). Known as Padre Foz, he is currently working at the Kandahar Airfield (KAF) in Afghanistan.

Padre Foz's role is to advise the MTTF Commander on the spiritual, moral and morale well being of the troops. As the senior chaplain he is also responsible for overseeing the chaplain team and their ministry to the men and women entrusted into their care.

Chaplains privileged to develop deep relationships with CF men and women. They spend time with the troops in their workplaces, and also at those critical, life transition moments such as the death of a loved one or the birth of a new baby.

Padre Foz is from Bayfield, Brunswick but currently lives in Brandon, serving as the Base Chaplain at CFB Shilo.

While deployed he misses most the companionship his wife, Holly and mirth and the (entertainment value) of his children. He also misses the sanctuary of his workshop, and the chance to savour a good glass of wine around his fireplace.

When he is home again Padre Foz looks forward to taking his wife out on a date night at the Double Decker Pub in Brandon. He

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Photo by MCpl Dan Shouinard A familiar face here at CFB Shilo, Major Harold King is now the Senior Padre of the Mission Transition Task Force and holds his services at the Fraise Chapel at

wants to take the kids to see the horses out at Arthur Farm and blast his bike around the Brandon Hill trails.

Kandahar Airfield.

During deployments overseas a Chaplain builds relationships and helps shape discussions and guides people to an understanding of what has, and is, happening in Afghanistan. Chaplains offer light and hope in what are often very dark situations.

The Mission Transition Task Force is comprised of approximately 1,000 personnel of all ranks who will be responsible to conduct mission closure of Operation ATHENA in order to enable the Canadian Forces to transition to subsequent operations as directed by the Government of Canada.

As mandated by the Canadian Government, all Canadian Forces personnel will have all materials, assets and vehicles out of Kandahar by the end of December

Sgt Lance Wade is Media Manager at Mission Transition Task Kandahar Airfield.





Recreation Office

at 765-3000

ext 3317 or 3588

**GSH** Bowling Alley

Tuesdays 6-8 p.m. Saturdays 2-4 p.m. Adult \$2.25 per game Youth \$2.00 per game Child \$1.75 per game Shoe rental \$0.75

No bowling Oct. 8, Nov. 12 & Dec. 3 Ask about Glow Bowling Birthday Parties! Prices subject to tax



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September 15, 2011 The Shilo Stag 9



## Shilo Military Family Resource Centre



## New volunteer fair coming to Shilo this month

## By Christine Helgason

The Shilo Military Family Resource Centre is hosting our first annual Volunteer Fair on Wednesday, Sept. 28 from 6 to 7 p.m. at the Shilo Community Centre.

This event will be your chance to meet other volunteers – those who have been with us for many years as well as those who are brand new; share some refreshments; get to know the MFRC Program Coordinators who will be on hand

to talk about their program areas; and discover the exciting volunteer opportunities being unveiled during the event.

Some new ideas we are seeking volunteers for are: MFRC Reporter; Tumbleweeds Facilitator; and Pre-Kindergarten Scrapbooker. Your time commitment can be anywhere from an hour here and there to a regular daily or weekly assignment,

or even a permanent position. If your goal of volunteering is to develop specific skills related to your job search, we can develop a plan to get you there. If you need a high school credit, we can work with you to attain that goal, or if you would like to meet like-minded community members, we are definitely the place to be! Do you have a specific knowledge

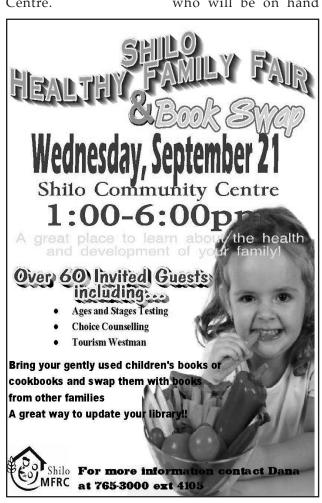
area you would like to share with us like baking, sewing, teaching a second language, computer training, martial arts, or crafting? We can make arrangements for you to offer evening sessions for adults, provide some leadership to youth, or whatever will best meet your needs. Why not check us out online at www.familyforce.ca and see if our organization will be a good

fit for you?

Intrigued? Want more details? Join us on the 28th to find out

If you have any questions, please contact Christine Helgason at 765-3000 extension 3227. See you at the MFRC!

Christine Helgason is the Employment & Education Coordinator and Volunteer Administrator at the MFRC.





#### Registration Deadline Program Time Cost Special Events Spaghetti Dinner & Healthy Family Fair - Wednesday, September 28 at the Shilo Community Centre 1-6 Healthy Family Fair & 4-6 Spaghetti Dinner. Adult October 4 8 - 12 p.m. & 1 - 4\$70 CPR Certification Register by noon on Friday, September 30 8 - 12 p.m. OR 1 - 4\$45 CPR Re-Certification October 4 Register by noon on Friday September 30 October 4 - Decem-French Second Language 6 - 9 p.m. Register by noon on Friday. September 30 Training Level 1 Deployment The Shilo MFRC Definition of Deployment Any occasion where your partner is away for 30 days or more on course; IR posting, training or operational duty, egardless of location. Contact Linda at 765-3000 ext 4553 for all deployment activities. September 17 Spouses of Spouses 6 p.m. at Boston You pay for your din-Register by noon on Friday. Away (505A) September 18 Deployment Coffee Break 7 p.m. FREE September 28 No registration required. Childcare available, book in <u>dvance)</u> No registration required. FREE Deployment Coffee Break 7 p.m. September 29 (Childcare available, book in in Brandon advance) Register by noon on Friday September 24 Deployment Playtime 2 - 5 p.m. FREE September 23 Youth Looking for a parent free zone? Drop in to the Teen Centre for Video games, TV, fooseball, high speed internet, musica nstruments and much more! Special activities planned throughout the month Hours of Operation: Monday, Tuesday, Thursdays - Tweens (12 - 14 yrs) 6 - 8 p.m. & Teens (14 - 17 yrs) 8 - 10 p.m. Fridays - Tweens & Teens 6 - 10 p.m. September 23 | Movie Night | 7 p.m. | FREE | No registration School Age FREE for Septem-September 21 Keel Kids 5 - 6 p.m. No Registration September 21 Kool Kids 6 - 7 p.m. FREE for Septem-No Registration September 21 Kooler Kids 7:30 - 9 p.m. FREE for Septem-No Registration Preschool - 11:30 \$1 drop in fee September 20 Tumbleweeds No registration a.m. September 21 Register at the MFRC any-Relaxation Station 1:30 - 3:30 p.m. time though out the year. & 28 9:30 - 11:30 \$5 for all sessions October 3 - 31 Tykes on Trails Register by noon on Wednesa.m. OR 1:30 day, September 28 3:30 p.m.

www.familyforce.ca

# What's on Your Agenda?

- The Quintessence Breastfeeding Challenge 2011 will be held in Brandon on Saturday, Oct. 1 at the Brandon Shopper's Mall. The event celebrates breastfeeding and demonstrates promotion, protection and support for breastfeeding women and their families. Registration is at 10:15 a.m. Participants can enter a free draw for door prizes and will receive a certificate of participation.
- 26 Fd Regt RCA/XII Manitoba Dragoons Museum The tiny Reservist Museum with the really long name would like to invite you to come visit us at the Brandon Armoury 1116 Victoria Ave., Brandon, on Tuesdays from 9-11:30 a.m. and 1-4 p.m. Admission is free. Come check out our "on loan" Order of Canada medal as well as thousands of other military artefacts. For more information, please call us at 728-2559 ext. 238.
- Make a difference in someone's life! Volunteer on the Klinic Crisis Lines in Brandon. No previous counselling experience is needed. Full training and supervision is provided. Next training session begins Sept. 27. For more information call 571-4182 or visit our website: www.klinic.mb.ca or www.ruralsupport.ca.
- The RCA Museum Temporary Exhibition of Manitoba Gallery held over until Oct. 31. October: Special Remembrance tours available all month. Open with free admission to celebrate Manitoba Culture Days on Oct. 1. Free admission for the Signals Branch birthday on Oct. 21. Open Monday to Friday from 10 a.m. 5 p.m.
- #60 Royal Canadian Sea Cadet Corp Swiftsure is enrolling youth ages 12 to 18 in the Sea Cadet program Learn Marksmanship, Seamanship, Sailing and more at little or no cost. Parades are at the Brandon Armoury 1116 Victoria Ave. Brandon on Monday evenings. For more info contact the Ships Office at 728-3168 or Commanding Officer Lt (N) Evelyn Gaboury at 761-5623.

- Shotokan Karate classes Tuesday 6:30-7:30 p.m. at GSH beginning April 5. Three free classes for all beginners. Come and try it out!
- Brandon Regional Health Centre Auxiliary is looking for volunteers. The Brandon and area community benefits from the efforts of the Auxiliary. If you are interested in being part of this volunteer organization and would like more information or have questions, please phone BRHC Volunteer Services at 578-2065.
- Visit Daly House Museum at 122-18th Street, Brandon. The museum will be exhibiting wedding dresses from the late 19th century onward in its latest rotating exhibit, Shades of White. The exhibit will include styles of wedding dresses and other wedding

artefacts spanning almost 100 years. The exhibit runs until Sept. 30.

- Shilo Al-Anon, Family Groups (for family and friends of alcoholics) Every Thursday 7 p.m. at Our Lady of Shilo Church. For more information call 724-9222. CONFIDENTIAL
- **Sprucewoods and Area Lions Club** meets every second and fourth Wednesday at 7 p.m. at the Sprucewoods Community Club Hall. Membership Chair: Lion Gerald Rubenuik, 763-4318.

## **BINGO**

Sprucewoods Community Hall
every Thursday evening
• Share The Wealth at 6:30 p.m.
• Early Birds at 7 p.m.
\$Win Cash\$
\$1,000 in 52 numbers
Canteen open!

## **September Fitness Sessions**

#### SPECIALIST TRAINING CAMP

(Open to all Military Members) Every Wednesday in September 11:45 a.m. - 12:45 p.m. Gym C Registration: Contact Amy Coveney, 765-3000 ext 3652

PRACTICE TESTS

(Open to all Military Members) Please register by 10 a.m. one day prior to test. Contact Amy Coveney, 765-3000 ext 3652

**EXPRES** 

Wednesday, Sept. 28 8:30-9:30 a.m. Gym C

## The RCA Museum

Canada's National Artillery Museum (204)765-3000 extension 3570

www.rcamuseum.com



# **CLASSIFIED ADS**

Email: stag@mts.net • Phone 765-3000, ext 3013 • Fax 765-3814

\$10 for first 20 words, 10¢ for each additional word Deadline for next issue: September 22 at noon

> Free ads (non-commercial only) restricted to members of the CF, employees of CFB Shilo and the citizens of the surrounding area.

#### **Services**



#### St. Barbara's Protestant Chapel

Sundays @ 1030 with Sunday School & Nursery Padre Lee – ext 3088 Padre Olive - ext 6836 Our Lady of Shilo

#### Our Lady of Shilo Roman Catholic Chapel

Sundays 1030 hrs Confession 1000 hrs Weekday Mass - Tuesday to Thursday, 1205 hrs Padre Boyden - ext 3089

Greg Steele, Canadian Firearms Safety Course Instructor/
Examiner • Restricted and NonRestricted • Manitoba Hunter
Safety Instructor. Courses Held
Regularly • Examinations by
Appointment • 204-725-1608
• Email: ggs57@wcgwave.
ca. Sept. 16, 17 & Hunter
Safety, CFSC, & CRFSC) in
Shilo at Community Centre in
multi purpose rooms. Subject
to minimum registration. Eligible students may write one or
both exams. Call or email for
training calendar.

## Services

Nad's Simply Clean For all of your cleaning needs weekly, bi-weekly, and monthly. Also available for offices, contract cleanup and single occasions. Receipts provided. 573-1509.

For military weddings performed in uniform, dress uniform, or mess kit, call Rob Lussier at 571-5911

## Wanted

Raise money for your club or charity. I will purchase any out of province license plates in any condition for \$1 unlimited quantities. Manitoba plates \$0.50 must be in good condition. All special plates i.e. firefighter, police, veteran, etc. good condition \$5 each. Contact Lou at 763-4924.

Do you like hiking, camping, crafts, games and working with kids five to 14 years of age, a couple of hours a week? Scouting is looking for you. For information on becoming a leader contact Linda at ext 3396.

Read the Stag and increase your IQ

## Wanted

Shipper-Receiver – Par Time

Under the supervision of the SuperMart Supervisor, the Shipper-Receiver receives all incoming, and processes all outgoing merchandise at CANEX. He/She verifies all shipments for any damage or shortages. He/She ensures the security of merchandise located in the receiving area. He/She delivers and picks up merchandise, mail and flyers by use of a motor vehicle and operates a forklift. He/She assists with shelf-stocking duties and maintains a clean, tidy, and safe receiving area. He/She performs heavy lifting, carrying, and/or pulling or pushing (i.e. 50 lbs/23 kg or more). A valid Manitoba Driver's License and Forklift Operator's License required (or obtained within two months of employment). Full Time: \$10.97 - \$13.02/ hr, 26 hrs weekly. For more information or to apply, visit our website at www. cfpsa.com or send your confidential résumé by Sept. 25 to: CFPFSS, NPF Human Resources, Box 5000 Stn Forces, CFB Shilo, MB R0K 2A0, by fax to (204) 765-3815, or by e-mail to npfhrshilo@ cfpsa.com.

## **Teachers Wanted**

École de Langues de L'Estrie est à la recherche d'un enseignant de français langue seconde pour les cours militaires qui débutera à la fin d'octobre. Le programme utilisé est un programme spécifique aux Forces canadiennes. Il faut que les candidats aient obtenu au minimum leur baccalauréat en enseignement du français ou dans un domaine connexe. Il faut que les candidats aient un minimum de 400 heures d'enseignement du français langue seconde. Il faut également qu'ils aient un excellent français écrit et parlé, et qu'ils soient capables de communiquer en anglais. Veuillez faire parvenir votre CV à Lilianne.Colter@forces. gc.ca, pour plus de détails Mme veuillez contacter Lilianne Colter au 765-3000 poste 4201.

## Found

Remote for satellite radio, found June 23 in the parking lot in front of the Community Centre. Identify it at the MFRC office.

Tree stand. Must know location. Call 728-2995.

## Farm Help

Hiring motivated individual for permanent position on potato/grain farm operation in Carberry, MB. Must have valid drivers license. Agricultural background & mechanical ability an asset but not necessary. Good work ethics and an interest in learning are key. Wages negotiable, start date as soon as possible. Please contact Gordon or Andrea Graham by phone 204-834-2791 cell 204-724-6515 fax 204-834-2669 or email bar77farms@ goinet.ca.

# Got a story idea? Write to us! stag@mts.net

Or drop by our office in the Shilo

Must know locaCommunity Centre

## Advertise with us!

To place an ad, email stag@mts.net or call 765-3000 ext 3013.



Visit The RCA Museum!

Call 765-3000 ext. 3570

www.rcamuseum.com

September 15, 2011 The Shilo Stag 11

# The Military Police NOTEBOOK

## Impaired driving on the rise in Shilo

Military Police in Shilo are noticing a disturbing trend of impaired driving. We have dealt with many impaired military and civilian drivers since January 2011; the majority of drivers are found driving between the Single Quarters or Residential Housing Units from the Mess. This creates a risk

for everyone in our community.
With everything on Base within walking distance and the availability of the Shilo Taxi, there simply is no reason to drive impaired. Those who drive while impaired face an automatic driver license suspension, an impounded vehicle and various legal and administration fees, all of which can add up to thousands of dollars. Military Police would like to encourage everyone to plan ahead. Walk, take a cab or arrange for a designated driver. Should anyone suspect an impaired driver, please call the Military Police at 765-3337 or 911.

Drivers are encouraged to consume no alcohol prior to operating any form of vehicle. Criminal sanctions for drivers begin with a blood alcohol content of .08 percent, and provincial sanctions begin with a blood alcohol content of .05 percent. New drivers participating in the graduated licensing program must have a blood alcohol content of zero percent. In addition to Highway Traffic Act and Criminal Code sanctions against impaired driving, it is important to understand that impaired driving will also affect your Driver Safety Rating, raising insurance costs considerably. And above all, impaired driving is an unnecessary risk to everyone.

Following are the consequences if you are caught driving while impaired:

**Highway Traffic Act (Provincial)** 

• applies to a blood alcohol content of .05 percent blood alcohol content or higher;

• immediate 24 hour license suspension for all

• \$50 driver's license reinstatement fee; and

• if two or more offences in three years, drivers are required to attend an impaired driver's assessment at personal cost.

Those who refuse to breathe or blood sample will face an immediate three month driver's license suspension for all vehicle types and a vehicle impoundment of not less than 60 days.

#### **Criminal Code of Canada (Federal)**

- several pertinent Sections apply to a blood alcohol content of .08 percent blood alcohol content
- minimum fine of \$1,000;
- minimum 30 days jail time for second conviction, 120 days jail time for any conviction thereafter; and
- minimum one year driver's license suspension on first conviction, two years for second conviction, and three years for any conviction thereafter.

Additional Highway Traffic Act fines, suspensions, and vehicle forfeitures may apply from Criminal Code impaired driving convictions.

Have a safe week.

#### **Military Police Contact Information:**

- Emergencies 911
- Dispatcher (non-emergency) 204-765-3337
- Platoon Commander, 3339, dane.nicholson@
- Identification 3383

## RIDE checks anywhere, anytime

Base personnel are reminded that Military Police will be conducting Base-wide RIDE (Reduce Impaired Driving Everywhere) checks at any time in any location. CF members, civilians and their families are encouraged to use a designated driver or call a taxi after consuming

## ANA's new digs thanks to LS Group

## By Sgt Lance Wade

Despite smoldering mid August heat, soldiers of the Logistics Support Group are fully kitted out and battleready, no corners cut, for the short trip to Camp Hero, an Afghan National Army training base located just outside Kandahar Airfield. They take their job seriously.

Today, the task is to deliver upwards of 20 pping containers 'sea cans' — to the shipping Afghan National Army. Thanks to the engineers of the Mission Transition Task Force (MTTF), the sea cans have been converted into modular temporary barracks, complete with bunk beds and air-conditioners. The sea can quarters will be useful to the ANA both in training establishments and in operational areas.

In projects like this, language barrier plays significant role. Lieutenant Tracy Allie



Photo by Sgt Lance Wade

MTTF logisticians use a Kalmar RT240 Rough Terrain Container Handler to load a sea can converted into an accommodation module onto a flatbed for the short trip from KAF to Camp Hero.

of the MTTF Engineer Regiment has to work with the Afghan chain of command at Camp Hero to establish where the converted sea cans should go. It takes a while, but when negotiations are complete and the sea cans are in place, the Afghan soldiers marvel at their amenities:

electric lights wired to a single plug for easy connection to a generator and a hard-stand for a heating stove, as well as air conditioners.

Diligent meticulous, the MTTF logisticians unload the sea cans and position them — another resource for the ANA to use in the counter-insurgency

campaign.
The Logistics Support Group is an organization of about 130 military and 60 civilian personnel who provide units of the Mission Transition Task Force with services such as food services, maintenance transport. The military side of the organization consists of four platoons: Transportation, Supply, Maintenance and Camp Services. The civilian component comprises the Personnel Support Program, provides welfare services to the Canadian Forces personnel deployed at Kandahar Airfield.

Sgt Lance Wade is Media Manager, Public Affairs team deployed at KAF.



## You may believe, but did you know?

## By Padre Lt(N) Kelly Boyden

What is the name of that strange looking building with the Greek columns across from the Community Centre?

On May 16, 2007, the Multi Faith Centre at CFB Shilo was officially opened. The centre was built to meet the needs of a wide variety of spiritual and religious groups, a raison-d'etre that, four years later, is more relevant than ever.

Religious diversity in Canada and the Canadian Forces continues to grow and change. The Faith Centre provides soldiers, their families and the wider community with a spiritual space conducive to worship, prayer and reflection of all faiths and traditions, as well as a facility capable of hosting a diversity of meetings and community celebrations.

The Faith Centre consists of a number of small meeting rooms, a multi-faith room ideally suited to quiet reflection and prayer, a large gathering room complete with a projector and big-screen, a fully functional kitchen, and washroom facilities. Dozens of paintings and religious artwork from a variety of traditions line the walls of the building. The centre also houses the Base Thrift Store and the offices of the Base Chaplain.

Overall, the Faith Centre aims to increase understanding and welcome the rich diversity of the area. It plays a pivotal role in promoting community cohesion.

All people of all faiths are welcome to worship, pray, or simply visit the Faith Centre between the hours of 8 a.m. to 4 p.m., Monday to Friday. Whether you are of the Islamic, Christian, Buddhist, Native Spirituality or any other faith tradition, you may book the Faith Centre for individual prayer or group worship, by calling the Chaplain Administrative Assistant at 765-3000 ext.

The Faith Centre is located on Notre Dame Avenue, adjacent to Our Lady of Shilo Roman Catholic Chapel and across the street from the Shilo Community Centre.



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