

SHILO STAG

Your Source for Army News in Manitoba

Volume 48 Issue 18

Serving Shilo, Sprucewoods & Douglas since 1947

17 September, 2009

Don't pay for
15 MONTHS!
0 DOWN! 0 INTEREST!
OAC

**WISHING OUR TROOPS
A SAFE TOUR**



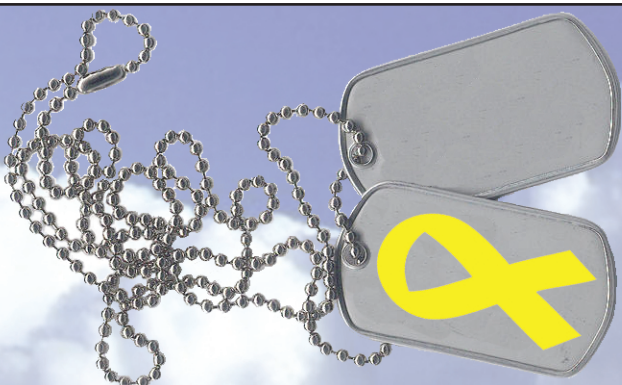
FURNITURE & APPLIANCES
3635 Victoria Ave 727-4444
Mon-Fri 9-9 Sat 9-6 Sun 12-5

First group departs Shilo



photo by Cara Czech

Flanked by local media, two soldiers prepare to depart on the long trip to Edmonton to join TF3-09 bound for Afghanistan. Members of the Provincial Reconstruction Team, as well as members of 1RCHA's advance party left in the early evening of September 15. For more photos of the first chock going out, turn to page 3.



Proudly
supporting
your
service

Shoppers
MALL

www.shoppersmall-brandon.com

Book Reviews

The Afghanistan Challenge - Hard Realities and Strategic Choices
Hans-Georg Ehrhart,
Charles Pentland

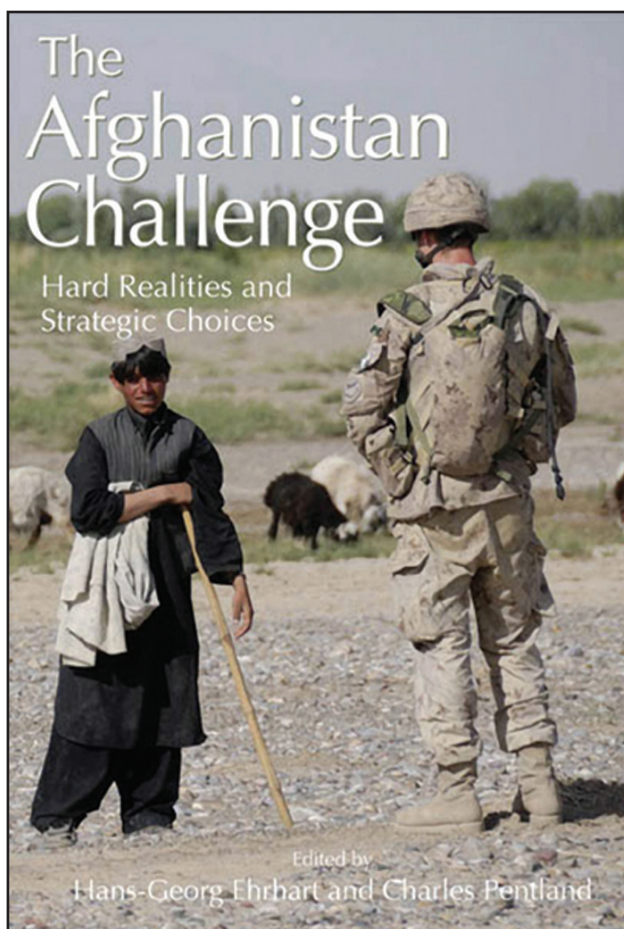
Canada and Germany are among the largest contributors to the international mission in Afghanistan, with troops in different parts of the country, fulfilling different roles. Canada's higher ratio of combat to development work is reflected in a higher rate of casualties. Canadians have sometimes joined in criticisms of Germany and other European allies for their unwillingness to take on riskier military tasks in Afghanistan's southern and eastern provinces. Some Germans, in turn, have chided Canada for stressing war - fighting at the expense of approaches more centred on develop-

ment.

This Canadian-German dialogue reflects a larger debate, both operational and existential, within NATO concerning Afghanistan and the future of the alliance. This collection of essays by leading German and Canadian experts assesses the present state and future prospects of the Afghanistan mission, both to advance the dialogue and to suggest better approaches to the policy questions that continue to confront the alliance.

Hans-Georg Ehrhart is director, Centre for European Peace and Security Studies, Institute for Peace Research and Security Policy, Hamburg

Charles Pentland is director, Centre for International Relations, Queen's University.



Triquet's Cross - A Study of Military Heroism
By John MacFarlane
Queen's University Press

Triquet's Cross - A Study of Military Heroism, by John MacFarlane, examines the personal, political, and public burden created by Paul Triquet's heroism in the Second World War.

MacFarlane tells the story of Paul Triquet, a French-Canadian soldier who was awarded the Victoria Cross for bravery in the battle for Casa Berardi during the Second World War.

One of only thirteen members of the Canadian Armed Forces to be awarded the highest military honour during the war, Triquet was later pressured to resign from the force due to the overwhelming public and political expectations that the award

entailed. The role of hero did not suit Triquet and weighed heavily on him and his family. MacFarlane shows how Triquet's story was changed by those who wished to make his hero status the cornerstone in a political debate between francophones and anglophones, particularly with regard to his representing the Commonwealth despite his French-Canadian heritage.

Military heroism has changed in the postwar period, and heroes are no longer expected to be perfect models. But in 1944 Paul Triquet - perhaps the most popular Canadian hero of the war - was asked to conform to political, social, and military agendas. His story reveals much about Canadian and Québécois society at the time and the history of French-Canadians in the Second World War.

Shoemaking alternative livelihood in Kandahar

Sgt Alexandre Auclair
Kandahar Provincial
Reconstruction Team

Drug addiction and unemployment are two very significant problems in Afghanistan, and they sometimes come hand in hand. It is extremely hard, if not impossible, for an unskilled addict to find someone willing to give him a job. At the same time, lack of jobs brings despair to the community, and many turn to drugs to help relieve their distress. It is a vicious cycle.

In Kandahar City and its outskirts, the Afghan government has launched a vocational training program for unskilled men recovering from addiction. The two-month program, which began on July 25, provides its 25 students with vocational training in shoemaking and knowledge of the dangers of drug addiction.

After graduation, these men will have the tools and skills they need to work as cobblers in Kandahar City and neighbouring villages. They will regain hope in achieving a better life for themselves and their families.

An initiative of the Department of Counter Narcotic and Alternative Livelihood, this program is funded by the Kandahar Provincial Reconstruction Team and conducted in facilities provided by the provincial Ministry of Labour, Social Affairs and Martyrs & Disabled. The shoemaking course is the first of its kind for addicted men, and the Counter-Narcotics Advisory Team is already planning a second shoemaking session along with a course in bicycle repair. A sewing course held some time ago for addicted women also proved to be a huge success.

Supporting those who serve for over 40 years.

CANEX

À votre service depuis plus de 40 ans.

Support Our Troops

www.canex.ca

Keep your money in your pocket!
At the Chemist's Cupboard Pharmacy,
we can bill your
Public Service Health Care Plan for you
- all you pay is your 20% share.
Inquire at the pharmacy for more
details - it's so easy!!!

RX

"Professional Service
With a Personal Touch"

Mon-Thurs
9-5 pm
Fri
10-1 pm

the
**Chemist's
Cupboard** inc.

Terry Dubyts
Owner/Pharmacist

Twyla Becker-Blad
Pharmacist

Daniel Barney
Delivery Service

Ph: 765-2520 Fax: 765-2575
chemrx@mts.net

Bonnie Korzeniowski

Special Envoy for
Military Affairs
Province of Manitoba
Rm 141 Legislative Building
450 Broadway
Winnipeg, MB R3C 0V8
204-945-7510
bonnie.korzeniowski@leg.gov.mb.ca

Standing behind
our troops

Write to Us!

We always welcome your submissions and letters to the editor. To submit, email us at stag@mts.net and include your name and phone number. We reserve the right to edit submissions for length, libel, spelling, and good taste.

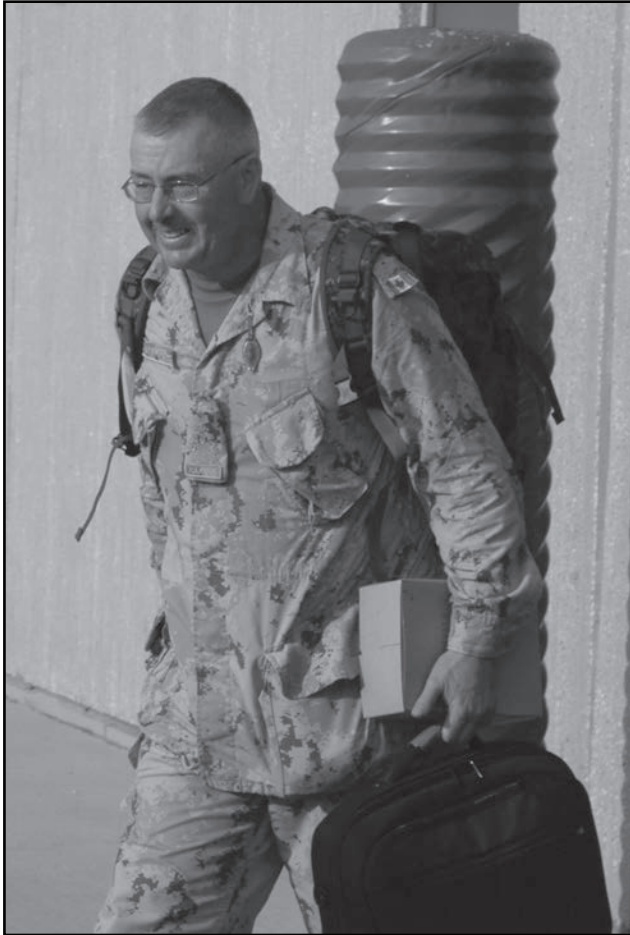
www.rcamuseum.com
Call 204-765-3000 extension 3570
CFB SHILO

EXPERIENCE HISTORY WITH A BANG!
THE RCA MUSEUM
CANADA'S NATIONAL ARTILLERY MUSEUM

LE MUSÉE NATIONAL DE L'ARTILLERIE DU CANADA
LE MUSÉE DE L'ARC
FAITES DE L'HISTOIRE AVEC UN BANG!

BFC SHILO
Contacter le 204-765-3000 poste 3570
www.rcamuseum.com

Emotional farewell to Shilo troops



Shilo's first chock of deploying soldiers left for Afghanistan on September 15. The group of about 20 was made up of four troops from 1RCHA, with the remainder of the group from the Provincial Reconstruction Team. The gunners are part of an advance team that will work with the Fire Support Coordination Centre to ensure a smooth transition into KAF for the remaining chocks, which deploy every few days over the next six weeks.

Photos by Cara Czech

Need a place to keep your baby?



Secure heated storage for all your toys



**Call Dwayne 724-3058
Military Discounts**



The family of a soldier bound for Afghanistan say goodbye at the first deployment of troops on Tuesday.

ROYAL LEPAGE

Martin-Liberty Realty
Independently Owned and Operated

**Are you being posted?
Let us help you sell your existing home.**

Ask us to provide a realtor for your next HHT.

765-2876

Barry Rabe 725-8830
Wendy Flannigan 725-8823
Brad Hardy 725-8841
Deena Bishop 725-8862

COME SEE US AT THE CANEX MALL

Free Foot Clinic

Make Your Appointment With

The Chemist's Cupboard

1-204-765-2520

2 locations

Canex Mall, Shilo &
Wawanesa New Horizons Halls

- Are you struggling with-
- Foot pain (toes, arches, HEELS)?
 - Bunions? • Knee Pain?

MIRRAN

Custom Orthotics

will provide foot analysis

Wednesday, Oct. 7th

Call Now! 765-2520

HUNT MILLER & CO. LLP
ATTORNEYS-AT-LAW

Tammy D. Baryluk

Lawyer in Attendance

148 Eighth Street
Brandon, MB, R7A 3X1
Ph: (204) 727-8491
Fx: (204) 727-4350

Wednesdays 1:30 - 5:00 pm
CANEX Mall, CFB Shilo, MB
Ph: (204) 765-5363
Fx: (204) 765-4752

A participating supplier of the CFIRP program.

Guild

INSURANCE BROKERS Inc.

DND Military Program

Go To
www.guildinsurance.ca

for details

Marathon of hope brings community together

Karen Griffin
Shilo Stag

Hundreds of members, civilians, their families and friends gathered at Shilo's building L-25 to participate in the Terry Fox run for their own reasons, to pledge or to make a difference.

For thirty years, Canadians have known the name Terry Fox to be synonymous with Cancer and with heroism in the face of adversity.

LCol Luc Généreux opened the run by welcom-

ing participants to the event and wishing them well.

"It was an excellent event and a great participation from the local schools and units. Cancer is a quiet killer that touches many lives. We speak a lot about soldiers getting hurt in Afghanistan but many members in the CF are also affected by cancer."

Like Terry Fox dream's, The participants has enable to raise money for cancer research and to continue Terry's run and journey called 'The marathon of hope'

CFB Shilo was running to keep his memory and dream alive."

Before the race began, runners turned in their pledges and donned their t-shirts as LCol Schreiber, CO for 2PPCLI took to the stage for a presentation. The unit raised \$350 for the run.

Flocked in the parking lot and lead by fitness instructor, Melissa Griffiths, the crowd of runners and walkers, children and their pets, did stretches and jumping jacks to get their muscles ready and their spirits high.

As the chilly rain poured from the sky, runners did the loop from L-25, around the base and back, one lap equalling 5km while the kiddie walk was a 1km loop.

The Shilo fire department lead the way, as the men and women from 2PPCLI and 1RCHA took up the front.

As walkers made their way back to the finish, they got the opportunity to win prizes in a raffle and help themselves to a hotdog lunch with veggies and cold drinks inside the building.

Right: PSP fitness instructor Melissa Griffiths leads the crowd in some warm up exercises before they embark on a rainy run around the base.

Below left: Left to right, Maj Neil Gregory, Shilo Chief of Staff, Col Andre Corbould and LCol Luc Généreux, Shilo Base Commander, pose before taking part in the run




This year, the organizers pulled together to raise over \$4,500 for the foundation.

According to the founda-

tion's website, "Each year, after Labour Day, thousands pledge, run and raise funds to find a cure for all Cancers in his name. The Terry

Fox Run is a volunteer-led event, all-inclusive, non-competitive, with no corporate sponsorship, incentives or fundraising minimums."



National Defence **Defense nationale**

WARNING

SHILO RANGES

Day and night firing will be carried out at the Shilo Ranges until further notice.

The range consists of DND controlled property lying approximately 32 kms SE from Brandon and N of the Assiniboine River in Townships 7, 8 and 9; Range 14 WPM, Townships 8, 9 and 10; Ranges 15 and 16 WPM and Townships 9 and 10; Range 17 WPM in the Province of Manitoba. If required, a detailed description of the Shilo property may be obtained from the Base Construction Engineering Office at Canadian Forces Base Shilo.


All boundaries, entry ways, roads and tracks into the Range are clearly marked and posted with signs indicating that there is to be NO TRESPASSING. Hunting is no longer permitted on the Shilo Ranges.

STRAY AMMUNITION AND EXPLOSIVE OBJECTS
Bombs, grenades, shells, similar explosive objects, and their casings are a hazard to life and limb. Do not pick up or retain such objects as souvenirs. If you have found or have in your possession any object which you believe to be an explosive, notify your local police and arrangements will be made to dispose of it.

No unauthorized person may enter this area and trespassing on the area is strictly prohibited.

BY ORDER
Deputy Minister
Department of National Defense

OTTAWA, CANADA
17630-77

Canada 



National Defence **Defense nationale**

AVERTISSEMENT

POLYGOUES DE TIR DE SHILO

Des tirs de jour et de nuit seront effectués aux polygones de tir de Shilo jusqu'à nouvel ordre.

Les polygones de tir sont des terrains sous le contrôle du MDN situés à environ 32 km au sud-est de Brandon et au nord de la rivière Assiniboine dans les cantons 7, 8 et 9; polygone 14 OMP, cantons 8, 9 et 10; polygones 15 et 16 OMP et cantons 9 et 10; polygone 17 OMP, dans la Province du Manitoba. Au besoin, une description détaillée de la propriété de Shilo peut être obtenue du Bureau du génie construction de le Base des Forces canadiennes Shilo.



Toutes les limites, voies d'accès, routes et sentiers menant aux polygones sont clairement marqués et ornés d'écriteaux d'ACCÈS INTERDIT. La chasse est dorénavant interdite aux polygones de tir de Shilo.

MUNITIONS ET EXPLOSIFS PERDUS
Les bombes, grenades, obus et autres engins explosifs similaires et leurs enveloppes peuvent causer des blessures ou entraîner la mort. Ne ramassez pas ces objets et ne les gardez pas comme souvenirs. Si vous avez trouvé ou si vous avez en votre possession un objet que vous croyez être un explosif, signalez-le à la police locale, qui prendra les mesures nécessaires pour l'éliminer.

Aucune personne non autorisée ne peut entrer dans ce secteur où tout accès est strictement interdit.

Par ordre du
Sous-ministre
Ministère de la Défense nationale

Ottawa, Canada





SERVING THOSE WHO SERVED
The Royal Canadian Legion Service Bureau Network

- Representation Services
- Advocacy
- Benevolent Assistance

The Legion Service Bureau Command Service Officers are here to serve members of the Canadian Forces, Veterans, RCMP members, and their families while representing their interests in dealings with Veterans Affairs Canada (VAC) and the Veterans Review and Appeal Board (VRAB) in claiming disability benefits under the Pension Act or the New Veterans Charter.

The Legion professional Service Officers, whose role is mandated through legislation, provide representation services, advocacy and benevolent assistance FREE OF CHARGE, whether or not you are a Legion member. Visit www.legion.ca/ServiceBureau.



WE CARE!

Call Toll Free at 1-877-534-4666

Terry Fox run in pictures



photo by Karen Griffin



photo by Sara Cumming



photo by Karen Griffin

Far left: Capt Lesley Hacault waves for the camera as she makes her way to the finish line.

Middle: LCol Schreiber, CO for 2PPCLI, presents a cheque for \$350 to Brette LeBlanc, Recreation Coordinator for PSP and one of the event organizers, and LCol Généreux, Base Commander.

Above, some younger participants join the wet walk.

TD Waterhouse* Investment Seminar

Join me on September 23, 2009 for a seminar featuring the following topics:

- Online Investing with WebBroker
- WebBroker: Markets & Research

Both presented by: **Davin Phonsavath, B.Comm**
 Business Development Manager
 TD Waterhouse Discount Brokerage

Date & Time: Wednesday, September 23, 2009 • 7:00 p.m.– 9:00 p.m.

Location: Victoria Inn
 3550 Victoria Avenue
 Brandon, Manitoba

RSVP: (306) 975-7373 (Davin Phonsavath)
davin.phonsavath@td.com
 (204) 729-2600 (Brandon TD Canada Trust Branch)



TD Waterhouse Discount Brokerage, is a division of TD Waterhouse Canada Inc., a subsidiary of The Toronto-Dominion Bank.
 TD Waterhouse Canada Inc. – Member CIPF.
 * Trade-mark of The Toronto-Dominion Bank. TD Waterhouse Canada Inc. is a licensed user.

Hail Damage?

Don't forget about us at

LEN'S RV

ALTERNATIVE RV PARTS & SERVICE

No claim is too BIG or too small we do it all.

- Reskinning your RV
- Wood Rot Repairs
- Water Damage

Get your **autopac** Job Done and



- Store your RV for FREE
- Winterize your RV for FREE

Remember We Do It All Big or Small!

Ph: 728-4457 Fax: 727-5471
www.lensrv.ca info@lensrv.ca

12 ½ miles west of 18th Richmond Ave. Brandon, MB

Concours de Photographie du MDN-DND Photography Contest



The 2009 DND Photography Contest

*All entries must be submitted in digital JPEG format, on a CD or DVD.

No other formats will be accepted.

*Contest closes October 1, 2009

*For rules, eligibility, and entry forms, please visit

www.dndphotocontest.ca

Not all supplements are created equal

Anne Todd
Health Promotion

Many CF members believe supplements and energy drinks will help them meet the increased physical demands of a deployment. Here's our take on s-u-p-p-l-e-m-e-n-t-s:

Seldom work - Despite what supplement makers say, very few supplements work.

Unnecessary - supplements aren't magic potions. The road to success is paved with hard work, intelligent training and proper nutrition.

Potentially harmful - supplements can cause serious side effects including the

death of soldiers and athletes. Some of these side effects could reduce your chances of survival in the theatre.

Protein powders - won't stimulate your body to build more muscle. On deployment your body's daily protein needs will be 1.2-1.4 grams of protein/kilogram body weight. This means, a soldier that weighs 100kgs needs to eat 120gms of protein/day - any excess will be stored as FAT!

Lying labels - many supplements aren't accurately labeled. These products often contain things they don't tell you about and don't have the things they say they do.

Ephedrine is dangerous

- despite being banned in Canada, many supplements still contain ephedrine - a drug that is chemically similar to amphetamines (Speed). Ephedrine is especially dangerous when combined with caffeine.

Medication complications - many substances in supplements can interact with your medications and cause serious problems. Tell your Health Care Provider about any supplements you use.

Expensive urine - supplements cost lots of money and since very few actually work you are simply peeing your hard earned money into the sands of Afghanistan.

Natural doesn't mean



Are you using vitamins supplements and so-called vitamin enriched energy drinks to bring your best game? Be careful and read those labels, just because it's natural, doesn't make it healthy or safe. There is no substitute for healthy eating, healthy training and working out safely.

safe - many potent poisons and medications are derived from plants and other "Natural" things.

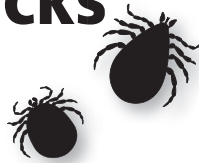
Training smart - is the

formula to success as a soldier and athlete. Train consistently, gradually progress your workload, rest regularly and ensure you eat well.

Say no to supplements! The bottom line is: supplements have nothing to offer you and have the potential to hurt you physically and financially.

Watch out for deer ticks

Lyme disease is caused by a bacterial infection that people can get from the bite of an infected blacklegged (deer) tick.



Manitobans can reduce contact with deer ticks by avoiding tall-grass habitats or wooded areas, wearing long pants and a long-sleeved shirt, tucking in clothing, using an appropriate mosquito repellent, looking for and removing ticks as soon as possible.

For more information about Lyme disease, its symptoms and how to prevent it, visit our website at www.manitoba.ca/health/lyme/

You can help

You can help in the study of Lyme disease in Manitoba by collecting and submitting deer ticks for research purposes:

- Deer ticks are smaller than the more common wood tick. Unlike wood ticks, they do not have white markings on their bodies.
- If you find a deer tick, remove it slowly from skin or clothing using tweezers and steady pressure; avoid twisting. Cleanse area with soap and water or a disinfectant.
- Place the tick in a small, crush-proof container (for example, a pill bottle) with a piece of slightly damp paper towel (to help keep the tick alive).
- Firmly tape the lid shut.
- Check the pictures and additional information on the website to determine if your tick might be a deer tick.
- Hand-deliver or mail the sample to the address below. If mailing, place the container in a sealed plastic bag then in a cardboard box labeled: RESEARCH SPECIMENS - FRAGILE - HANDLE WITH CARE
- Include your name, telephone number and information about where, when and on whom (ex: a dog, a person) the tick was found. Deliver or mail to:

Dr. Terry Galloway, Department of Entomology
Animal Science/ Entomology Building, Room 214
Fort Garry Campus, University of Manitoba
Winnipeg MB R3T 2N2

(Office hours: 8:30 am - 4:30 pm, Monday to Friday)

Manitoba 

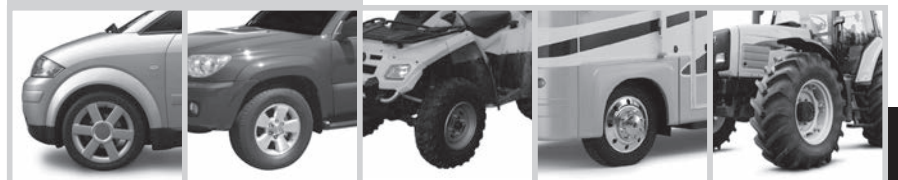
Write to Us!

We always welcome your submissions and letters to the editor. To submit, email us at stag@mts.net and include your name and phone number. We reserve the right to edit submissions for length, libel, spelling, and good taste.



Westoba
Credit Union Ltd
First in Our Community

On Now!



LOAN SALE

Let us put you in the driver's seat.

Cars! Trucks! Vans! Recreational Vehicles! Farm Equipment & Machinery! *
The loan you need at outstanding rates! *
Stop by your local Westoba Credit Union branch today for complete details!

**HOTTEST DEALS ON
WHEELS**

westoba.com



* Some restrictions apply.

CFB Shilo salutes the troops at Family Day

Cara Czech
Shilo Stag

Hundreds of friends and families of the soldiers who will be deployed to Afghanistan over the next month all gathered at 2PPCLI headquarters on September 12 to enjoy Family Day at CFB Shilo.

The event was planned to show appreciation and

support for the families of troops being deployed this month as well as a sendoff ceremony to all of Task Force 3-09.

The weather was sunny and clear as children participated in various fun activities while parents met one another and enjoyed the free food.

Deployment of the troops being sent to Af-

ghanistan begins this week and will continue into this month.

The day began for the families in attendance with a rousing speech from Col. Andre Corbould, who expressed his confidence in the troops being deployed to Afghanistan.

There was plenty for families to see and do, from face painting to Light Armored Vehicle (LAV) rides and even an inflatable bouncy castle. Both children and adults enjoyed the snakes and lizards at the Westman Reptile Gardens, which brought a few animals to the event. Children also enjoyed horse rides and many took the chance to sit inside a military police car.

"It's hugely important to get the public involved in supporting the troops," said Steve Morrison, Chair of Brandon Salutes, an organization dedicated to

fostering a good relationship between the civilian, military and business communities. Brandon Salutes also helped to organize past homecoming events as well as future events for the families of deployed soldiers.

As well as being a fun way to spend a Saturday, the event allowed families to meet and greet one another, and helped to strengthen friendships and ties within the Shilo community.

The event was organized by 2PPCLI, whose troops also ran the various events and served the attendees barbeque.

Dave Burgess, Mayor of Brandon, attended the event, and expressed his support and gratitude for CFB Shilo's troops. "This event is hugely important on our agenda. Brandon recognizes and supports the efforts of our neighbors in Shilo."

The first group of troops left Shilo on September 15 and will be followed by further deployments shortly after. 450 local troops are being sent overseas, and will embark on a six month tour.

"Families put up with alot. Late hours, last minute changes, going away. Events like this are a way

of showing our appreciation," said Maj Ludger Hacault, who helped in part to organize the event.

Family day served as a great final send off to the departing soldiers, and helped to assure that families awaiting the return of a loved one will be at home and supported with in the Shilo community.

CFB Shilo Base Fund salutes our troops

We support your efforts Come home safely!

Right: A soldier from 1RCHA wears a yellow python courtesy of the Westman Reptile Gardens at Family Day. Bottom: A young attendee of Family Day smiles after enjoying a ride in a light armoured vehicle (LAV).



Crang's

Shilo Inn

765-2157

Serving our soldiers since 1980

Our Canadian Soldiers

All gave some...Some gave all. Thank you.

For those being deployed - come home safe!



Photos by Karen Griffin

THE ANDREWS FOOT CLINIC

We support your efforts! Come home safely

Read a paper with you in mind

Your source for army news in Manitoba

One on one with the Shilo Chaplain Team



Capt Kevin Olive photos by Sara Cumming

Capt Kevin Olive

Hometown: Base brat - no hometown
Children: Three
Favourite food: Indian
Favourite musician: Cat Stevens
Favourite book: The Chronicles of Narnia
Deployment services: Church services; counselling; listening ear; advising on relationship issues; making sure people of all faiths have a place to express themselves
Local: 6836 **email:** KEVIN.OLIVE@forces.gc.ca



Shilo, meet your Chaplain Team! This is the team of padres who are available for counselling, prayer, church services, advice, or just a listening ear. The Faith Centre is open 7:30 am - 4:00 Monday to Friday, and visitors are always welcome. Main reception can be reached at 765-3000 ext 3091 or by email at JULIE.JOANETTE@forces.gc.ca. To reach a padre after hours, call the duty centre at 765-3000 ext 3044.



Maj Harold King

Maj Harold "Foz" King

Hometown: Moncton, NB
Children: Four daughters and one son
Favourite food: Roast beef with Yorkshire pudding
Favourite movies: Dead Poet's Society, Master and Commander
Favourite books: The Bible, Gentle Vengeance by Charles LeBaron
Deployment services: Support and direction to the Shilo Chaplain Team; support and advice to the Base Commander and the Unit COs; prayer; a ministry of presence to those in need; advocating for the needs, especially spiritual, of CF members and their families; a sense of humour
Local: 3381
Email: HAROLD.KING@forces.gc.ca



Rev David Wilson

David S. Wilson

Hometown: Salt Lake City, Utah
Children: Two daughters
Favourite food: Rack of lamb
Favourite movie: M.A.S.H.
Favourite musicians: Abba, James Ehnes
Favourite book: Lord of the Rings
Deployment services: presence; church services; chapel open at noon hour during deployment; study groups
Local: 3088
Email: DAVID.WILSON3@forces.gc.ca

Supporting Our Troops



GARY DOER

Premier of Manitoba



DREW CALDWELL

MLA for Brandon East



*We stand behind our troops.
 Come home safely!*
Guild Insurance Brokers Inc.
www.guildinsurance.ca



Lt(N) Kelly Boyden

Lt (N) Kelly Boyden
Hometown: Born in Powell River, BC, but grew up in Ottawa
Favourite movies: Old School, Billy Madison, American History X
Favourite musician: Jerry Cantrell of Alice In Chains
Favourite book: City of God by E.L Doctorow
Deployment services: daily mass; Sunday service; listening ear
Local: 3089 or 3090
Email: KELLY.BOYDEN@forces.gc.ca

Proud to support our Canadian Forces

Rick's
 Restaurant & Bar
 GOURMET PIZZA & PASTA

*"It is the soldier, not the reporter who has given us the freedom of the press. It is the soldier, not the poet, who has given us the freedom of speech."
 - Father Dennis Edward O'Brien, USMC*

Meet your Deployment Support Group team



Capt Lonnie Goodfellow
Hometown: Swift Current, SK (Go Riders!)
Pets: Four cats
Favourite sports team: Go Habs Go
Favourite musician: Getty Lee of Rush
Favourite movie: Anything with Clint Eastwood
Deployment services: A smiling face and a can-do attitude when assisting those in need of help



MWO Paul Parsons
Hometown: Port aux Basques, NF
Children: One daughter Ashley, 20
Favourite sports team: New York Islanders
Favourite musician: AC/DC
Favourite movie: Slapshot
Deployment services: A friendly environment here in the office where spouses can come by and have a coffee and just talk anytime.



Sgt Jennifer Greer
Hometown: Rapid City, MB
Pets: A golden retriever, Harley, and two cats, Sassy and Shadow
Children: Kirstin, 13, and William, 10
Favourite sports team: Edmonton Oilers
Favourite musician: Hedley
Favourite movies: Jaws, Grease
Deployment services: We offer whatever is asked for. If it is a pay problem, we help to solve it. If it is just someone to talk to, we do that too. We offer support to the families in order to get through a deployment or course/tasking. We are available 24 hours a day, seven days a week.



MCpl Wes Rushton
Hometown: Brandon, MB
Pets: Fish
Favourite musician: Ray Charles
Favourite movie: Crash
Deployment services: A 24/7 phone line, which is available to everyone, and will be answered by one of our spectacular staff members. Our staff always has energy and a positive attitude.



Bdr Rick Moran
Hometown: Valley East, ON
Children: Hailey, 10, Emily, 7, and Jaymee, 2
Favourite sports team: New York Rangers
Favourite musician: U2
Favourite movie: Reservoir Dogs
Deployment services: Family support calls with regards to issues such as how the family is coping with deployment, domestic maintenance, and general well being.



Bdr Becky Bonville
Hometown: Kipling, SK
Pets: Three dogs, four cats and one cow
Favourite sports team: Manchester United
Favourite musician: No Doubt
Favourite movie: Fast and Furious
Deployment services: We offer a variety of support for families, from pay issues to video conferencing, to just being somebody to talk to.

Come home safely...

Rick Borotsik
 Brandon West
 204-728-2410
 mlabdnwest@yahoo.ca

Cliff Cullen
 Turtle Mountain
 204-827-3956
 ccullenmla@mts.net
 cliff.cullen@leg.gov.mb.ca

Larry N. Maguire
 Arthur-Virden
 204-748-6443
 larry.mcguire@leg.gov.mb.ca

Leanne Rowat
 Minnedosa
 204-483-3745
 rowatl@mts.net
 lrowat@leg.gov.mb.ca



Bdr Preston MacIntosh
Hometown: McAdam, NB
Favourite sports team: Minnesota Vikings
Favourite musician: Nickelback
Favourite movie: Boondock Saints
Deployment services: We are always willing to do our best to help with unforeseen circumstances and questions of all kinds.



Cpl James Smith
Hometown: Nanton, AB
Favourite sports team: Calgary Flames
Favourite musician: Alicia Keys
Favourite movie: Inglourious Basterds
Deployment services: We are a point of contact for information and can refer families to organizations like the MFRC, counsellors, and emergency daycare.

The Deployment Support Group office is located in the Community Centre, Building T-114. They are open Monday to Thursday from 8:00 am to 9:00 pm and Friday from 8:00 am to 4:30 pm. To reach the DSG, please call 1-888-711-5533 any time - 24 hours a day, seven days a week.

Your city is behind you

Mayor Dave Burgess
 City of Brandon

MCKENZIE
 is proud to support
 our Canadian Forces
Come home safely

www.mckenzienseeds.com
 1000 Parker Blvd, Brandon
 571.7500

The Village of Wawanesa Supports our troops

Wishing you a safe return

Women's hockey team trains at Shilo



Photos by Karen Griffin

Cara Czech
Shilo Stag

On Sept 12 member's of the University of Manitoba's women's hockey team used the CFB Shilo's obstacle training course for team building exercises.

The girls arrived from Winnipeg at 9 am and were met by MCPL Rhind who briefed them on how best to tackle the obstacle course by utilizing military techniques.

The Bison's hockey team takes on the challenge of Shilo's military obstacle course once a year as a team tradition. They hope to increase their player's confidence, physical stamina and

teamwork skills.

The course consists of numerous obstacles, all designed to develop skills necessary in combat training. Dressed in protective body wear and headgear, the girls ran, climbed, swung, crawled and rolled through the very physically demanding course.

"The girls gain confidence in themselves, as well as their teammates," said Corporal Rhind, "Learning to overcome obstacles and fears is also a huge part of the exercise."

The weather was clear and sunny as the girls divided into groups and worked their way through



Left: U of M Bison Women's hockey team member scales the rope wall at Shilo's obstacle training course.

Above: U of M team member is assisted by a course facilitator from Shilo, who offered advice to the players.

Right: A member of the team smiles after completing one of the course obstacles.

the often-grueling course. As well as ensuring the safety of the team, a soldier from Shilo offered advice and guidance through each leg of the training course. Though some had difficulty during certain obstacles, the encouragement of their teammates seemed to help keep each player going.

Though some of the players had run the course in previous years, the experience was completely new to about half the girls.

Amy Coates, the team captain listed many benefits of practicing the obstacle course. "We come together to achieve a goal. Nothing can be harder than the wall, so we really realize that we can accomplish anything." The wall Coates mentions is the first on the

course, a vertical climb and descent that would be daunting to most.

As the girls fought through the course, they cheered each other on, and though the obstacles were physically demanding, the players kept positive and seemed to be having fun.

"We're really learning to communicate with each other," Coates said, "the team has great enthusiasm and we help each other push through." When asked how the exercise will help the team in hockey, Coates replied, "Mostly we've realized how important it is to trust in one another and how to cheer our teammates on."

With their season beginning later this month, the girls are prepared to use every skill and abil-



ity they possess to bring results to the hockey rink. Hopefully their time at Shilo's combat train-

ing course will prove beneficial and give them the competitive edge they need to win.



*Wishing our Shilo soldiers
a safe return*

Merv Tweed
Member of Parliament
Brandon-Souris
8-223-18th Street N
Brandon, Manitoba
726-7600
1-866-558-0555
twweedm1@parl.gc.ca
www.mervtweed.com

1655-18th Street

**We support
your efforts!**

We support our

CFB Shilo Troops!

From the staff & management
Brandon Chrysler Dodge

Painting the West Scarlet: A piece of military and policing history comes to Daly House

Karen Griffin
Shilo Stag

Among the artefacts of settlement in the west and the heritage of Western Manitoba at the Daly Museum this month, you can also learn about the Scarlet Force.

The North-West Mounted Police was Canada's first

policing force. Established in 1873, their purpose was to maintain law and order and enforce Canadian sovereignty.

They were the force to maintain order between settlers and aboriginal peoples during the late 1800s into the 1900s and sent to quell the North-West Rebellion of 1885 and served in South

Africa during the Boer War.

Not only was it the original organization from which today's RCMP was created from, but also the Royal Canadian Regiment.

Its jurisdiction fell under Alberta, Saskatchewan and further north to the territories.

"Royal" was added to its name in 1904, and in 1920

the RN WMP merged with the DOMINION POLICE to form the ROYAL CANADIAN MOUNTED POLICE.

The Daly House Museum will be showing images, displays and artefacts about the Scarlet Force from September 11 to November 23.

The main exhibit is a period home with a parlour, a

kitchen, and bedrooms and dining room, recreating an upper middle class home of the late 19th Century.

Daly House also includes a special exhibit of a 112 year old antique dollhouse.

In addition to the exhibits of an upper-middle class Victorian home, the museum also houses a gen-

eral store, the original City Council Chambers and many smaller displays in the basement.

The museum is located in Brandon and sits on the west side of 18th street just before the bridge. It is opened to visitors from Tuesday to Saturday, 10am to 5pm.

With files from Robert Booth



Photos submitted by Eileen Trott



Left: An officer's uniform in the Daly Museum's new Scarlet Force exhibit. Above: Greg Steele, his wife Carol and Roberta Baskier share a laugh during the opening.

TRANS CAN STORAGE
FOR ALL YOUR STORAGE NEEDS!

355 Park Avenue East
727-7867 (STOR)
www.transcanministor.ca

home of the

SOW
STORAGE ON WHEELS
PORTABLE STORAGE

Deploying?
Store With Us
Military Discounts
Quotes for Reimbursement
Indoor Vehicle Storage
Courtesy Trailer

Wishing you safety across the miles

CFB Shilo military & civilian employees

Looking for work transportation between Shilo & Brandon?

There's a service just for you

*No fare required - just show National Defence i.d for access *

Schedule:
AM
6:20 am - Richmond Ave & 18th Street in front of McDonald's restaurant
6:30 - Depart Town Centre in front of Royal Bank
Drop off - CANEX Mall, Shilo

PM
4:00 pm - Depart CANEX Mall
L-102 - Headquarters
L-105 - Flatlands Dining Hall
P101 - CE
L-158 - Hospital
2PPCLI HQ
A117 - 731 Signals Sqn.
G-400 - Base Maintenance
Drop off - Town Centre
Drop off - Richmond & 18th location

**For details and to confirm space call:
Base Transport Dispatch @ Local 3280
0730 - 1600 hr Monday to Friday or
Duty Dispatch Cell 204-573-5845 1600 - 2000 hr**

Base Safety Officer gets National Safety Award

Michelle Augustyn
Assistant BGSO

The Base Safety Office was proud to receive our first North American Occupational Safety & Health (NAOSH) award for the Best Representation of a Theme at the August 27th Awards Ceremony held in Winnipeg. NAOSH Week was May 3 to 9 and this year's theme was "Make It Home Safe Every Day!" The NAOSH Awards are presented to Manitoba organizations that promote the importance of preventing injury and illness in the workplace.

Both military and civilian staff of CFB Shilo

helped celebrate our inaugural NAOSH week this past May. A number of events were a part of the "Safety Fair" including WHMIS Wednesday, the "Good, Bad and the Ugly" ladder display, "Name that HazMat" game, and "Are you Safer than a 5th Grader" game. Other sections from the Base also participated, including the Fire Hall who manned the interactive electronic fire extinguisher training and brought their new fire truck for display, and Base Transport staff who acted as ground guides in the Safe Backing demonstrations. Manitoba Public

Insurance also attended as a guest presenter and showcased their "Safety on Wheels" Rollover truck display and education session. The highlight of the day however was the PPE (Personal Protective Equipment) fashion show with our talented guest models from across the base.

Without the support of both employees and management, we would not have been able to achieve this award. The Base Safety Office would like to thank everyone who participated and helped in making this event a success. See you again next year!!



photo by Karen Griffin

BGSO Noreen Goss, left, receives a North American Occupational Safety and Health award for Best Representation of a Theme from LCol Luc Généreux, BComd. Next to LCol Généreux are Michelle Augustyn, Asst BGSO, and Michael Weisgerber, BHMC.



Congratulations to Deborah McDonald, this year's winner of the CANEX 2009 Backyard BBQ contest. She and her party of 10 will enjoy rib-eye steaks, baked potatoes, garlic bread, Coke, Old Dutch and Hostess Frito Lay potato chips, and all the fixins...AND Deborah gets to keep the BBQ and Tank Trader tank. The total value of the prize is approximately \$500. Thank you to all who entered, and good luck next year!

Ready for the future?

Lt T.L. Dettrich
Base Personnel Selection Officer

Are you ready for the future? Are you approaching your long-awaited retirement or thinking about a second career outside the CF? The Second Career Assistance Network (SCAN) Seminar is your recipe for success!

Some members of the CF join the civilian workforce following their military service; others choose to hang up their uniform and retire. Either way, the CF recognizes that this transition is a major life-event. We address this issue by providing information and guidance to CF members and their spouses about how to effectively manage career changes or retirement. SCAN offers a variety of services to help you prepare for a successful

transition.

This fall's SCAN Seminar which includes one day of Medical Release briefs will be held on October 14-16 at the Multi-Purpose Training Facility (MPTF), Bldg C-106, on Portsmouth Road, CFB Shilo. The three-day event will be an exposition of information from some of our most popular speakers.

Director Military Careers Administration (DMCA), CWO J.P. Paquette and Director Canadian Forces Pension Services Robert Crépeau DCFPS will facilitate sessions on the financial and administrative aspects of release. In addition, SISIP Financial Services will be returning to discuss financial planning and insurance coverage after release. Doug Paterson, QC from Pat-

erson, Paterson, Wyman & Abel will be providing valuable information on wills and estate planning, power of attorneys, as well as litigation. Frank Strickland, Right Management will be taking an in-depth look at the Job Placement Program. Representatives from Brookfield Global and the Release Section will brief participants on current regulations and entitlements and Janessa Champagne, Education Coordinator will once again cover Education Reimbursements.

Day 3 which will focus on the medical aspect and will feature Marc Faubert, RTW Coord, IPSC Ottawa District from The Centre who will discuss transition services, vocational rehabilitation and clarify the multi-services and benefits they offer. As well, SISIP Voc Rehab, Operational Stress Injuries Clinic, Case Management and representatives from other areas will be present to provide information to both regular force members and reservists.

This seminar promises to be packed full of useful information that you will not want to miss. We invite you and your spouse to register by calling the BPSO office at 204-765-3000 ext 3086, or registering on-line by visiting <http://cfbasu.shilo.mil.ca/cfbshilo/g1/bpsocan.htm>. Please complete and submit the registration form no later than October 7, 2009. Seating is limited, so be sure to reserve your seats early. Dress is appropriate civilian attire.



Saturday, October 3
Wawanesa Rec Centre

9:00pm - 1:00am

Tickets \$15.00

Available at local businesses in Wawanesa or call 824-2772 for details

Enjoy some
German Sausage & Sauerkraut and much more!

Proceeds go to the Wawanesa Daycare New Building Project

Live Band
Diamonds & Dirt

No minors

For Sale!
Only \$9 998!



1993 BMW 320i

-3.2L Engine -176,457 km

-5spd manual trans

-All power equipment -New "2005 BMW" Rims

-Sunroof -Heated seats -New Michelin Tires

-New battery -New brakes -Fresh Manitoba Safety

3900 Victoria Ave, Contact Rob Fowler

(204)727-1461 - 1-800-847-6518

rob@fowlerpontiac.com

FOWLER
PONTIAC BUICK GMC LTD. BRANDON

New to the neighbourhood?

WELCOME WAGON
SINCE 1930

Call us to receive a complimentary Welcome Wagon visit.

TOLL FREE 1-877-675-8466

Or visit: welcomewagon.ca



Shilo Military Family Resource Centre



News from the volunteer corner

Wanda Janssens
Volunteer Coordinator

The MFRC and the PSP started September with a bang! It was record breaking numbers for the Dinner's on us BBQ in collaboration with PSP fall registration. Over 400 people attended the BBQ. Kids had a great time on the bouncy castle, while community members took full advantage of the one stop registration night to enrol into community events and programs.

The MFRC Thrift Shop is back to business. It's out with the old and in with the new.

The Volunteers have worked hard in cleaning and reorganizing the Thrift Shop. The Thrift

shop will take any second hand clothing in good clean condition.

As the Volunteer coordinator and the many Volunteer staff that work at the Thrift Shop we would like to thank Linda Beauchemin for all the work she has done at the Thrift Shop. We wish her the best in her new position of Deployment Coordinator.

If you have any questions or concerns about the Thrift Shop you can call me, and I will be happy to help.

Thrift Shop Winter Hours are :

Tuesday 1:30-3:00pm
& 6:30-8:00 pm

Thursday 9:30-11:00am
& 6:30-8:00pm

With fall now in full

swing we have plenty of things to keep our volunteers busy.

September 28th - Customer service training for volunteers' call Space is limited so register early. Supper is provided. Facilitated by Wendy Bulloch.

If you're looking to get involved in our events stop by the MFRC and ask for Wanda Janssens, Volunteer Coordinator or call 765-3000 ext 4558.

Chili & A Chuckle

The Shilo MFRC is proud to present the 3rd annual Healthy Family Fair with renowned children's entertainer

Lpkids

Wednesday September 23

Time: 1:00pm—6:00pm Healthy Family Fair
4:00pm—6:00pm Dinners on Us
6:00pm—7:00pm—Lpkids Children Entertainer

Cost: Free
Place: Shilo Community Centre & Faith Centre

For information contact Shilo MFRC at 763-3000 ext 3352

Missing out on events?
Join our electronic mailing list and get updated regularly.
Send an email to keepmeinformed@shilomfrc.ca

Shilo MFRC Brandon Playgroup

Shilo MFRC is proud to present the Brandon Military family Playgroup

Starting October 7th
1:00-3:00pm

at the Brandon Armoury
(1116 Victoria Avenue)

The Brandon Playgroup will be held regularly the first Wednesday of each month from 1:00-3:00pm.

Bring your kids to play and meet other Military families!

For more information or to volunteer call Karen at 765-3000 ext 3161

New Staff Member for MFRC

Courtney Brister
Deployment & Special Events Worker

Hello everyone! My name is Courtney Brister and I am the new Deployment and Special Events Worker at the Shilo Military Family Resource Centre.

I moved to Shilo last summer when my partner was posted here. I am originally from Carberry, Manitoba, just thirty minutes from here. I'm fairly new to the military life but I

have gained a lot of experience working in the community over the last two years as a lifeguard/swimming instructor, and also as the PSP Recreation Leader.

I am eager to begin my new position and becoming part of the team at the MFRC. If you have any questions please give me a call at 765-3000 ext 4503. I can't wait to meet everyone and get started on all our different upcoming events and programs!



Preparing for deployment

Linda Beauchemin
Deployment & Special Events

September has arrived and the base will soon become a ghost town when it comes to green. Not only is the ground preparing to be covered with snow but our military will be nowhere to be found. With the upcoming tour to Afghanistan as well as Op Podium (Olympics) this base will soon be very quiet. This brings us to a major question. What will we all

do with our partners away, how will we keep busy?

The Shilo MFRC has a variety of deployment activities just for you. If your partner is away for 30 days or more, then this is for you. On October 20 at 7:00 pm a Brainstorming session is planned so we can get ideas of what it is you would like us to offer. I have planned a few activities for the fall and I would really appreciate your input on what it is you would like to do, to make, or just take

part in. Please mark this day on your calendar and let your voice be heard in what will be happening in the Shilo MFRC Deployment area.

For those who have not been to the MFRC recently, we have set up a display of material for children dealing with deployment such as: Activities to Help Children Cope Through Deployment; Tool Box – For parents of children aged five and under who are or will be coping with the ex-

tended absence of a family member; Parents Helping Children & Youth Through Deployment; and more. These items are free for your taking.

If you have any questions about the deployment area, please feel free to call me at 765-3000 ext 4553 or drop by, I look forward to hearing from you. By the way, be sure to read over Courtney Brister's bio. She's our new Deployment and Special Events Worker. Welcome aboard Courtney!

Military Family Meet and Greet at the Carberry Legion

SUNDAY OCTOBER 4TH

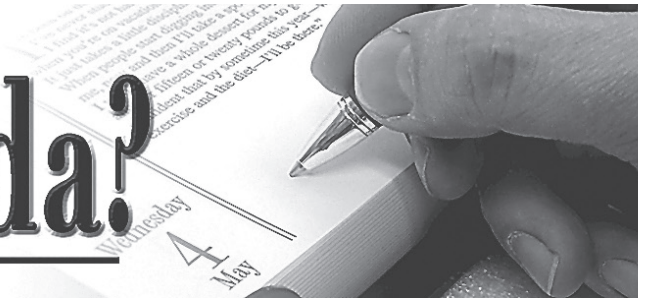
BRING THE WHOLE FAMILY CHILD MINDING PROVIDED

2pm to 4pm

Come and have some snacks on the Shilo Military Family Resource Centre and meet other military families and legion members

This event is open to military members, legion members and guests
For more information please contact Karen at the Shilo MFRC 765-3000 ext. 3161

What's on Your Agenda?



Need temporary use of a Wheel Chair Ramp or a Medi-Chair? If so the Shilo Service Club can help!

The Club is pleased to offer free temporary use of a Ramp and Medi-Chair. It is offered to all members of the greater Shilo and Sprucewoods communities and surrounding area for up to 90 days at a time or until more permanent arrangements can be made. For more information contact Mike McEwan at 763-4990.

*The Shilo & Region Service Club
Serving the Community
Since 1968*

Starting September 8
Dr. Stephan Engelbrecht will be coming to the Shilo Clinic from 9 am - 12 pm. For appointments call 765-2302

Hope Al-Anon
Family Groups (for family and friends of alcoholics) Every Tuesday 8 pm Knox United Church (back door) 451-18th St. 571-3684

Did you know?
The Base Personnel Selection Office (BPSO), located in Room 204 in Headquarters, has a laptop with Internet access for your use. If you would like to use the laptop to access the Internet, please call (local 4078) in advance to let us know when you would like to come by.

Shilo Minor Hockey is looking for an individual enthusiastic about hockey and willing to take on the role of President. We are also looking for anyone who is willing to help out in any way they can. For more information please contact the Recreation Office at 765-3000 ext 3317

St. John Ambulance invites you to become a volunteer with our community service groups. Registration for our First Aid Volunteers (age 16 and up) will be accepted on Monday evenings starting Sept 21. Registration and parent orientation for Community Service Youth Group (ages 6-15) will be held Sept 21 at 7:00 pm in the Shoppers Mall Business Centre. Registrations also accepted Sept 28 & Oct 5. For more info call 727-4466 or email Info.brandon@mb.sja.ca.

Squash Club
Please contact the Recreation Office at 765-3000 ext 3317 if you are interested in the creation of a Squash Club. Level: Beginners to Experts

Every one welcome! T.O.P.S. (Take Off Pounds Sensibly)
Held at Sprucewoods Community Hall, Tuesdays at 6:00 pm
Contact: Barb at 763-4768 or Betty at 763-8854

The Brandon & Area Suicide Bereavement Support Group
offers support to those who have experienced the death by suicide by a family member or friend. All are welcome. 4th Wednesday of every month 7:30 pm 217-10th St. (Unit 1) For more information please contact Cherie (727-3202) or Kim (571-4183) or the Manitoba Suicide Line toll free at 1-877-435-7170

Shilo Community Library
Monday: 6-8:30
Tuesday & Thursday 9:30-12:30, 1-4, 6-8:30
Story Time - Thurs @ 1:30

Biking anyone?
Wanna get out of the house and do something different? Wanna ride your mountain bike and explore some new trails? Wanna learn some new skills and take biking to the next level? Wanna learn about bike repairs? If you answer "yes", come on out and ride with us. When: Every Monday and Wednesday @ 1800hrs (day of the week subject to change) Who: Anyone (18+) who owns and rides a mountain bike (road rides might be added) Where: We meet in front of the Canex. Contact Cpl Jean Madore - local 3276, home 765-4495, cell 226-8181. Jean.Madore@forces.gc.ca or anythingaboutbikes@yahoo.ca

Daly House Museum
has an upcoming special exhibit called "The Scarlet Force, first steps of our heroes." The exhibit runs from Sept 11 until Nov 18. For more information, phone 727-1722. 122-18th St. Rear parking. Operation hours: Tues-Sat 10-12, 1-5.

Volunteers needed
for fall campaign. Are you available to volunteer in your neighbourhood for two hours during the month of October? The Canadian Diabetes Association (CDA) is now registering door-to-door canvassers to collect donations for its Fall 2009 Residential Campaign. For more information, please call Leah at 204-925-3800 x240 or email leah.wiens@diabetes.ca

ITF Taekwon-do (Kin-Rin Shilo)
Instructor: Mr. James Caldwell
Location: Faith Centre T-119 Notre Dame Road
Fees: \$40 per month + equipment
Practice Times: 6:00-7:00pm White Belts
7:00-8:00 pm Colour Belts
For more information and to register contact 724-6147. Alternate contact: Dwayne Bos 720-4684 or 726-8870
Classes are done for the summer, but will recommence in September.

BINGO

Sprucewoods Community Hall every Thursday evening
• Share The Wealth at 6:30pm
• Early Birds at 7:00pm
\$Win Cash\$
\$1000 in 52 numbers
Canteen open!

CLASSIFIED ADS

Email: stag@mts.net • Phone 765-3000, ext 3013 • Fax 765-3814

**\$10 for first 20 words,
10¢ for each additional word***
**Deadline for next issue:
September 24, 12:00 PM**

*Non-commercial ads only. Free ads restricted to members of the CF, employees of CFB Shilo and the citizens of the surrounding area (Sprucewoods, Douglas and Wawanesa, as well as local rural areas). Free ads will run for a period of two months, but can be extended upon request.

For Sale

2001 SIR Mobile home to be moved, open concept design with vaulted ceilings in kitchen and living room, large master bedroom with ensuite, jacuzzi tub, and walk-in closet, spacious kitchen with oak cupboards and walk-in pantry, electric forced air, blocking and skirting included, appliances negotiable, home is in great condition, call for viewing at 763-4139 or cell 724-5072.

Wawanesa area beautiful 2200 sq ft home, less than 2 years old, 3BR - 2 bath - double attached garage situated on 160 acres of rolling scenic land ideal for hunting & outdoor activity living. Price \$350,000. Countryland Realty - Dave Mooney 824-2094

Beautifully treed half acre lot for sale in Sprucewoods, asking price is 20,000. Feel free to call or email me for pictures at 765-5108 or cell 721-1738 or email kira_ledarney@hotmail.com.

For Sale

For sale: Large dog kennel \$100. Kitchen table & two chairs & extension \$75. Computer desk and chair \$75. Small wooden shelf \$20. Black wall unit \$100. Call 765-4556.

Wawanesa 3BR bungalow - finished basement - new garage - asking \$145,000 - willing to deal with agent - call 720-8768 or sendareply2@gmail.com

Glenboro - Charming 2 storey character home - quite original 3BR - sun room, fenced yard - well kept. Price \$87,000. Countryland Realty - Dave Mooney 824-2094

Home for sale in quiet Green Acres Neighbourhood. 1,115 sq ft Bungalow on a 60x123 Lot. 4 Bedrooms, 2 Baths, Finished Basement, Central Air, Garborator, New Dishwasher, New Laminate throughout, New Windows, Many Upgrades, Double Garage, New Door Openers, Shed, Cement Pad and Deck. Fully Fenced Yard. Close to school. Call Tammy at 571-8962 for more info

Services



St. Barbara's Protestant Chapel
Sundays @ 1030 with Sunday School & Nursery
Rev Wilson - ext 3088
Padre King - ext 3381
Padre Olive - ext 6836
Our Lady of Shilo Roman Catholic Chapel
Sundays 1030 hrs
Confession 1000 hrs
Weekday Mass - Wednesday to Friday, 1205 hrs
Padre Boyden - ext 3089

Hi my name is Melissa and I am a Mary Kay independent consultant. We have great gifts. I can do pamper sessions, foot spas or if you know what you want I can get it for you. Give me a call at 765-4692.

Advertise with us! Call 765-3000 ext 3013 or email stag@mts.net if you're interested in running a classified ad.

Services

Manitoba Hunter Safety Sept 11 & 12 (1.5 day course) Canadian Firearms Safety Course Sept 13 (one day) Manitoba Hunter Safety Course Sept 20 (one day) Combined Hunter Safety and Canadian Firearms Safety Course Oct 17 & 18 (1.5 day course) For costs, information and to register call Greg 725-1608 or email ggs57@wgcwave.ca. Challenges by appointment.

Child care

Babysitting services available. Evenings & weekends, simple cooking, no overnighters, no newborns. 763-4162 Kyle

Posting season has arrived and Kids R Kids Licensed Family Daycare has to say goodbye to 4 wonderful kids; but will have 4 openings coming available August 1 2009. The following spots are available - 3 school age, and 1 preschool. CPR and First Aid qualified, Criminal record and child abuse record done, snack and lunch provide. Hours are 7am-4:30pm, for more information please call Kerri @ 765-4626

For Rent

EDMONTON HOUSE FOR RENT: 4-bedroom 1850 sq. ft home; five minutes to base; hardwood & ceramic tile on open-concept main floor; large kitchen with island & maple cabinets; large bonus room above garage; 3 1/2 bathrooms; fully finished basement; large cedar deck; walking distance to park; family-friendly neighbourhood. Avail. Aug. 1st. \$2000 plus utilities. 12 month lease. Suits family or 2-3 individuals. No smoking, no pets. 780-237-5993. For photos see Edmonton Kijiji Ad ID: 127412191

2BR apartment for rent in Wawanesa. \$500 + utilities. 824-2248 or 729-7608

Wanted

Bilingual part-time job. Private school looking for senior teacher. Adult students. For more information or to send your resume email: claudage@sympatico.ca

Female personal attendant. No experience needed. Location Shilo. Perm/PT 765-2542

Wanted

Shilo GSH Swimming Pool is looking for casual lifeguards to commence employment immediately. Applicants should be NLS, first aid and CPR qualified. Starting wage is \$10.84-\$12.02, depending on qualifications and experience. Please submit a cover letter and resume to NPF Human Resources, PO Box 5000 Station Main, Shilo, MB R0K 2A0, by fax at (204) 765-3815, by email to nairn.dana@cfpsa.com or on-line at www.cfpsa.com.

Les Amis de La Source Inc. recherche: -un/une EJE (temps plein) -un/une EJE (temps partiel)

-un/une cuisinier(ère) (temps partiel)

Les postes à temps partiel pourraient être combinés pour faire un poste à temps plein
Les candidat.e.s doivent démontrer une bonne maîtrise de la langue française.
Salaire très compétitif.
Veuillez parvenir votre c.v. à: amislasource@atrium.ca ou Les Amis de la Source Inc. c.p. 118
Shilo (Manitoba) R0K 2A0
Pour plus d'infos. appelez : 765-3000 poste 3618.

IN MEMORIAM



Maj Yannick Pépin and Cpl Jean-François Drouin

CEFCOM

Two Canadian soldiers were killed and five injured when an improvised explosive device detonated near their armoured vehicle in the vicinity of Dand District, approximately 14 kilometres southwest of Kandahar City at around 12:00 p.m., Kandahar time, on 6 September 2009.

Killed in action was Cor-

poral Jean-François Drouin from 5e Régiment du génie de combat serving as a member of the 2nd Battalion, Royal 22e Régiment based in Valcartier, Quebec.

Killed in action was Major Yannick Pépin also from 5e Régiment du génie de combat serving as a member of the 2nd Battalion, Royal 22e Régiment Battle

Group based in Valcartier, Quebec.

The injured members were evacuated by helicopter to the Role 3 Multi-National Medical Facility at the Kandahar Airfield and are in good condition. The identities of the injured members will not be released.

Our thoughts and condolences go to the family and friends of our fallen comrades.

Canadian soldiers and their ANSF partners work together for the greater good of Afghanistan. Security operations sometimes require a heavy price to be paid, but the challenge we face cannot deter us from our ultimate goal and commitment we have toward Afghans.

CEFCOM

One Canadian soldier was killed and four injured when an improvised explosive device detonated near their armoured vehicle on a road in Panwjai District. The incident occurred approximately 10 kilometres South-West of Kandahar City at around 1:00 p.m., Kandahar time, on 13th September, 2009. Killed in action was Private Patrick Lormand from the 2nd Battalion, Royal 22e Régiment based in Valcartier, Quebec. Private Lormand was serving as a member of the 2nd Battalion, Royal 22e Régiment Battle Group, Quebec. Four other Canadian Forces members were injured during the incident. They were evacuated by helicopter to the Multi-National Medical Facility at the Kandahar Airfield. They have all since been



Pte Patrick Lormand

released. Their identities will not be made public. Our thoughts and condolences go to the family and friends of our fallen comrade. Members of Task Force Kandahar work with Afghan security forces for the greater good of Afghanistan. We remain focused and determined to bringing peace, stability and good gov-

ernance despite the challenge imposed on us by the insurgents. We remain committed to Afghanistan.

Stomp-n hill-billie hoedown
Sprucewoods Community Hall
September 26
 Bar open at 6:30 pm
 Supper 7:30 pm
 Dance to follow
 Dress up and win a prize!
 Advance tickets only \$12.50 each
 For tickets call Joyce 763-8811
 Barb 763-4768
 Rhonda 763-4614

TASMANIAN Travelling from Shilo to Brandon? Call

TAXI

Shilo Taxi **Give Taz a call!**
725-8549

Knight-Line Express Charters **or**
727-5635

LOOK MUSIC SERVICES

- RECORDED DANCE MUSIC
- KARAOKE
- LIGHTING & SOUND RENTALS & SALES
- BAND AGENTS
- SOUND REINFORCEMENT

DOUG KOOL, OWNER
204-726-0794
BRANDON, MB
 FAX: 204-728-0055
 EMAIL: LOOKMUSIC@WESTMAN.WAVE.CA

Pick up your **FREE** copy of the **SHILO STAG** at any one of the following locations:

Brandon

- Safeway - Corral Centre
- Safeway - Shoppers Mall
- Brandon Armoury
- Women's Resource Centre -
- Town Centre Mall
- Royal Cdn Legion #3

Sobey's

- 1645B 18th Street
- 3409 Victoria Ave
- Forbidden Flavours
- 1060 18th Street
- 3300 Victoria Ave
- ANAF - 31 14th St.

Carberry

- East Side Service
- Carberry Legion
- Douglas**
- General Store
- Minnedosa**
- Minnedosa Legion

Shilo

- CANEX Mall
- Forbidden Flavours
- Shilo Community Centre
- GSH
- Country Club (Rick's)
- All Messes

Sprucewoods

- The Shilo Inn (Crang's)
- 340 Esso Station
- Dock's Restaurant

Wawanesa

- Lucky Dollar



Volume 48 • Issue 17

Regular Circulation: 3,000

Delivered by The Shilo Scouts & Girl Guides
 Printed bi-weekly by the
 Brandon Sun, Brandon, MB



Contact The Shilo Stag - 204-765-3000 plus ext.
General Manager Mike McEwan ext. 3073
Editor-in-Chief Karen Griffin ext. 3013
Asst. Editor Sara Cumming ext. 3013
Production Asst. Cara Czech ext. 3013
Editorial Advisor Lori Truscott ext. 3813
Advertising Rep. Jennifer Roehl 761-5305

Fax: 204-765-3814 Email: stag@mts.net

Mailing Address:

Box 5000, Stn Main

CFB Shilo, Manitoba, R0K 2A0

This paper is issued by authority of LCol Luc Généreux, Base Commander, CFB Shilo. The views expressed herein are not necessarily those of the Department of National Defence or of the Editorial Staff. The Editorial Staff reserves the right to edit, to abridge, to reject copy or advertising to adhere to the policy, as outlined in CFAO 57-5, and for clarity and/or content.

We welcome your suggestions!

The Shilo Stag is produced every second Thursday. Deadline for submissions is the Thursday prior to the week of publication.

Submissions can be sent to the Stag via email at stag@mts.net, dropped off at the Stag office located in the Shilo Community Centre or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned - 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

Measuring what matters: A book review

Measuring What Matters in Peace Operations and Crisis Management

Sarah Jane Meharg

The first comprehensive overview of theories, mechanisms, and stakeholder approaches for measuring the success and progress of interventions

within the global community of nations.

The international community has become increasingly interested in measuring the effectiveness of its activities in war-affected environments. This interest is partially motivated by a need to calculate the

costs of these very expensive ventures and partially by the recognition that activities have not always been successful. While stakeholders are interested in measuring the effectiveness of their work in places like Afghanistan, they may be reticent to discover that

their military, policing, and humanitarian activities are ineffectual or, worse, have had negative effects on recipient populations recovering from armed conflicts. Sarah Jane Meharg analyses why various mechanisms - results-based management, measures of

effectiveness, log frames, essential task matrices - are used in attempts to reduce complex intervention activities to simple success stories. She argues that the stakeholders involved could benefit from a deeper understanding of the theories, concepts, philosophies, and

assumptions of other stakeholders in the peace operations and crisis management environment. She suggests ways to achieve this understanding through the strategic exercise of measuring effectiveness in relation to organizational requirements and recipient population's priorities in post-conflict societies. Measuring What Matters in Peace Operations and Crisis Management provides policy advice on stakeholder approaches and advances the thinking on measuring progress in general. Primary field research for this book was conducted by Canada's Pearson Peacekeeping Centre.

Get a low, low price on your home phone services.

I talked so much the hand-set melted.



Now get all the home phone services you need at a great, low price when you also have High Speed Internet service with MTS.

TOTAL HOME PHONE PACKAGE

- All your local calls
 - Unlimited long distance in Canada and to the U.S. anytime – day or night
 - 4 Calling Features of your choice
 - Low overseas rates to 39 popular countries
 - Exceptional quality and reliability you've come to expect
 - No installation fee*

TOTAL HOME PHONE PACKAGE

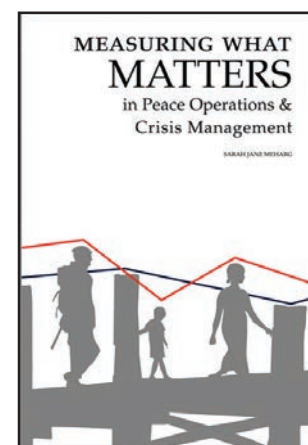
\$40

A MONTH

Visit mts.ca/thpp or call 1-800-331-0433 to sign up.

MTS

Residential customers only. Offer subject to change at MTS's option. Conditions apply. Geographical restrictions and other conditions apply. Offer available to residential customers in select areas of Winnipeg and surrounding areas. The \$40 voice package is comprised of two components: \$35 Voice and Feature bundle and a \$5 anytime Canada and U.S. Long Distance plan. As a condition of the \$35 Voice and Feature bundle, you must keep the service for a minimum of 90 days. *If you cancel, or become ineligible for the service within the first 90 days, you will be responsible for payment of the installation service charges that you had saved by being a new subscriber to this bundle. Voice and Feature Bundle is priced at \$35 per month if MTS is your long distance provider, or \$39 per month if you choose a different long distance provider. In order to be eligible for the \$5 anytime Long Distance plan, the customer must subscribe to MTS High Speed Internet, or have a pending order for either of these services. If you cancel your qualifying service, your monthly Long Distance plan will increase from \$5 a month to \$25. \$5 unlimited long distance calling available anytime on direct-dialed voice calls within Canada and the U.S. (including Alaska and Hawaii) and does not include Calling Card, Internet or data long distance minutes. Overseas rates are subject to change.



Write to Us!

We always welcome your submissions and letters to the editor. To submit, email us at stag@mts.net and include your name and phone number. We reserve the right to edit submissions for length, libel, spelling, and good taste.



Read a paper with you in mind

Your source for army news in Manitoba

Email us your story ideas today!
stag@mts.net