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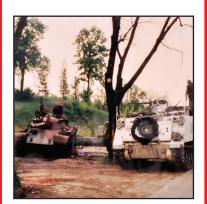


Volume 52 Issue 19

Serving Shilo, Sprucewoods & Douglas since 1947

September 26, 2013

INSIDEThis Issue



RCA Museum exhibit features Medak story. Page 4



Are you ready for minor hockey season? Page 5



Good turnout for annual Terry Fox run. Page 9



20th anniversary Battle of Medak Pocket

2PPCLI soldiers involved in the Battle of Medak Pocket 20 years ago had a reunion (above) on the Korea parade square during commemoration ceremonies. The Drum Line for 2PPCLI debuted with a performance. For more see pages 6, 7 and 12.

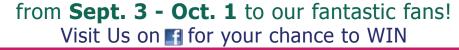


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Urban trail



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2 Shilo Stag **September 26, 2013**



Prepare for Ex Limber Gunner

Running from Sept. 23 to Oct. 4, 1RCHA soldiers are out in the field for the annual Ex Limber Gunner. The only difference will be a lack of snow and -37 C temperatures. Here, 1RCHA practiced setting up and tearing down the M777 gun placements in a field adjacent to the regiment. Photos by Jules Xavier





MINIMUM WAGE INCREASES **OCTOBER 1, 2013**

Manitoba's minimum wage increases from \$10.25 per hour to \$10.45 per hour on October 1, 2013.

To find out more, visit manitoba.ca/labour/standards

Or call Employment Standards Phone: 204-945-3352 Toll free: 1-800-821-4307

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SURVEY SAYS ...

Results assist CAF with sustaining healthy, deployable military force

Shilo Stag

Did you do your health and lifestyle information

It is the only population health survey of Canadian Armed Forces (CAF) personnel. The results assist in identifying priority areas for interventions aimed at sustaining a healthy and readily deployable force. It is completed anonymously, and looks not to de-

scribe individual behaviours but rather behavioural trends within the CAF.

Historically speaking, the junior non-commissioned member demographic has not been well represented in the survey due to a very low rate of response.

It is understood that training and workload have had an impact, but this year, in the wake of a decade of combat operations, it is vital that the numbers of

Junior non-commissioned officers may require tailored physical and mental health care programs so these responses are critical in ensuring a valid and ef-

The survey will be administered in three cycles during the coming year beginning this month.

About 4,300 Regular Force personnel and 4,000 Reserve Force personnel will be randomly selected to complete the survey by mail.

An additional 2,200 Regular Force personnel will receive an electronic version to evaluate the utility of using this survey mode in the future.

Are you a junior non-commissioned member?

Do you want to have a measurable impact on policies and programs within the CAF?

If you are selected, take the time and do the survey. Are you a supervisor with a team of junior noncommissioned members working for you?

If so, grant your subordinates the time to complete

the survey.

There are few tools which have such a direct and measurable impact on the quality of life on the men and women of the CAF than the health and lifestyle information survey. We are looking for you — take the time to respond; we are counting on you.

September 26, 2013 Shilo Stag 3



CANEX celebrates

To mark its 45th anniversary, CANEX had a barbecue with Fountain Tire cooking hotdogs.

Photos by Jillian Driessen



AMBER Alert system alerts public when young people go missing

This month we are marking the 10th anniversary of the AMBER Alert system in Manitoba. AMBER Alert is a system that alerts the public of missing young people when four conditions exist:

- a young person younger than 18 is missing;
- the police have reasonable grounds to believe the young person has been abducted;
- the police have reason to believe that the physical safety or the life of the young person is in serious danger; and
- the police have information that may help locate the child, the suspect and/or an involved vehicle.

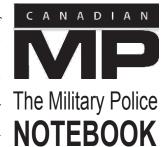
Every Canadian province and American state has an active AMBER Alert system available. AMBER alerts are distributed through numerous methods, including most local media, a multitude of social media accounts and via many businesses.

Most Canadians living in an area with an active AMBER Alert are sure to see or hear information about the missing young person in the course of their day.

How can you get AMBER Alert information sent directly to you? It is easy.

Free text messages can be sent to any wireless device. To register visit www.wirelessamber.ca and register for the service. Also searching on Facebook or Twitter for "Manitoba AMBER Alert" will bring up the official communication pages.

In the rare event that a local AMBER



Alert is issued, military units and civilian organizations at CFB Shilo would be notified by the Military Police. While Manitoba has been using the AMBER system since 2003, the origins of the program date to 1996 when a young American girl, Amber Hagerman, went missing and was later found dead.

Amber's family and the state government found that getting information to the public was a time consuming and clumsy process.

This led to the namesake AMBER Alert to standardize the way police communicate with the media and other organizations that can quickly distribute missing young person information.

For anyone supervising a young person it is very important that the police are contacted as soon as possible if there is a belief an abduction or other missing child incident is occurring. Depending on specific circumstances a determination will be quickly made on the appropriateness of the AMBER Alert system.

AMBER Alert, while a valuable reactive tool, does not replace the importance of a safe plan between a young person and their parents/guardians. Ensure young people know how to contact you, who they can leave the house with and how/when to contact 911

Capt Dane Nicholson is Platoon Commander 1 Military Police Regiment at CFB





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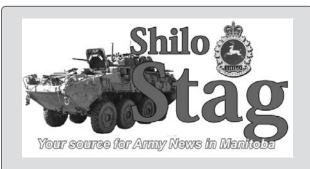
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The Shilo Stag is produced every second Thursday.

Deadline for submissions is the Thursday prior to the week of publication. Submissions can be sent to the Stag via email at stag@mymts.net, dropped off at the Stag office located in CANEX or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.



Follow the Shilo Stag on Facebook by visiting:

http://www.facebook.com/ShiloSTAG









Battle of Medak Pocket part of new exhibition

Shilo Stag

To coincide with the 20th anniversary of the Battle of Medak Pocket in the former Yugoslavia, the RCA Museum has a new exhibition.

Wars of Yugoslavia opened following the Sept. 13 memorial parade on the Korea parade square for 2PPCLI.

The battle which showcased the efforts of then Col Jim Calvin and the soldiers of 2PPCLI is considered to be one of the most severe fought by the Canadian Armed Forces (CAF) since the Korean War.

For their courage and professional execution of duty at the Battle of Medak Pocket, 2PPCLI was awarded the Commander-in-Chief Unit Commendation from former Governor General Adrienne Clarkson in 2002. She is the PPCLI's Colonel-in-Chief.

"To those of you who participated so gallantly in this battle I humbly offer my gratitude," she wrote to mark the 20th anniversary commemorations.

Wars of Yugoslavia tells the story of Canadians in the former Yugoslavia from 1991 to 2012.

Besides 2PPCLI's participation in the Battle of Medak Pocket, the exhibit also tells the story of the Canadians in the Royal 22e Regiment — better known

as The Van Doos — who fought to keep the Sarajevo Airport open for humanitarian aid flights in 1992, and also won a commendation.

Highlights of the exhibition, which features an array of artifacts, interpretive panels and video, are two vehicles in United Nations colours, both examples of the types used by Canadians in both engagements, as well as a M55 triple 200mm anti-aircraft gun captured by 2PPCLI in Bosnia in 1997. Three soldiers still at CFB Shilo were part of this capture: Capt Chris Waugh, Trg O at 3 Cdn Div TC C Coy, MWO Donald Askeland, the 2PPCLI QMSI, and Maj Darcy Wright, DCO of 2PPCLI.

Museum officials are looking at this exhibition to educate visitors about one of Canada's largest military commitments of the late 20th and early 21st centuries.

It honours more than 40,000 CAF personnel who served in the Balkans, of whom 23 were killed, 115 wounded and several hundred more were injured.

This exhibition will run until Nov. 15.

The RCA Museum is open Monday to Friday from 10 a.m. to 5 p.m., but closed following the summer season on weekends and statutory holidays.

Pick up your FREE copy at any of the following locations:

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CFB Shilo

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East Side Service

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<u>Sprucewoods</u>

The Shilo Inn 340 Esso

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September 26, 2013 Shilo Stag 5

Shilo Sentinels preparing for 2013-14 minor hockey season

Jules Xavier

Shilo Stag

Summer dust accumulated at Gunner Arena is be-

ing disturbed for a good cause — hockey season.

Arena staff are currently back at work inside the venue where Intersection hockey is played, as well as being home to CFB Shilo's minor hockey program.

The Shilo Sentinels will go into the 2013-14 season sometime in mid to late October with new uniforms which were introduced to the players at the end of the 2012-13 campaign.

"Our kids will be playing out of the Southwest Regional Hockey League, in the east division," said new Shilo Minor Hockey Association president Capt Kelly Holden. "We should be starting [with practices] Sept.

While registration numbers are not yet carved in stone, Capt Holden knows there will be no bantam program on the Base.

Instead, those kids will play out of the Wawanesa minor hockey program.

And the few players signed up for peewee will likely play down in atom for another season because numbers are not there to field a full roster.

"That's not a big deal for the peewee kids because there's no hitting in peewee [starting] this season," he said. "So, with those numbers we're likely to have two atom teams."

He added, "Our novice team will be young and inexperienced ... we only have three eight-year-olds playing. Our initiation program is healthy for the kids aged four to six."

The girls playing atom hockey for the Sentinels will also be affiliated with Wawanesa's girls' hockey program, joining that team Friday.

Novice and atom teams will practice Tuesday and Wednesday, while the initiation program — or called — will see ice time Wednesday night. All games are played on the weekend, with Gunner Arena host-

ing league tilts.

The Southwest Cougars AAA bantam squad is expected to feature a few Shilo kids this season, accord-

ing to Capt Holden.
What about tournaments for the upcoming season? Capt Holden has yet to set which teams will host tournaments at Gunner Arena, but the first will be held Dec. 7 and 8, followed by another Jan. 2 and 3. Other dates on the Sentinels schedule include tournaments Jan. 18 and 19 as well as Feb. 8 and 9. There's also the spring break shootout camp for novice and atom-aged players. Novice will hit the ice March 29 and 30, while atom players skate April 4 to 6.

"We have to see what other teams are doing for tournaments, then we will decide on what age groups

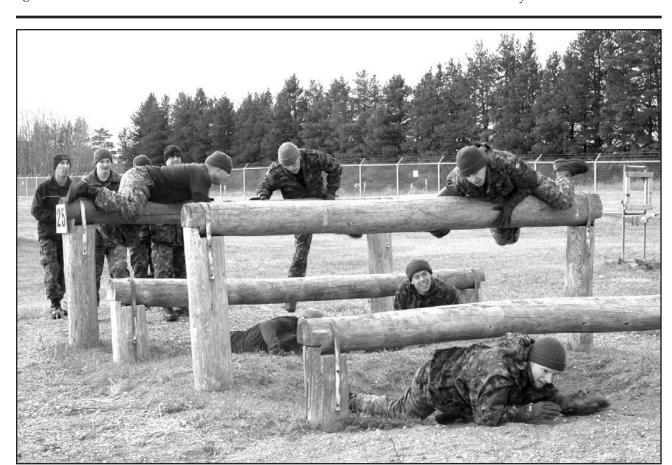
will host on those dates," said Capt Holden.

While players new to the Base are welcome to be part of the CFB Shilo minor hockey program, Capt Holden is also looking for additional coaches.

"We're always looking for non-military members to help out as coaches," he said. "With military guys going on courses, it would be nice to have these coaches to step in and help on the bench or at practices.

Have questions about CFB Shilo's minor hockey program, or where to register if you missed it earlier this summer, contact Capt Holden at ext. 3301.

Or use e-mail at shilohockey@hotmail.com.



Teamwork is important when dealing with mental and physical tasks as part of the annual Ultimate Challenge event at CFB Shilo which is slated for Oct. 4. Photo by Jillian Driessen

Is your team ready for an Ultimate Challenge?

CFB Shilo's fitness department will be teaming up Oct. 4 with Health Promotion to run the annual health and fitness Ultimate Challenge.

This event is intended to promote wellness and cohesion among soldiers on this Base, while integrating the CAF's health and fitness strategy.

The health and fitness Ultimate Challenge consists of multiple stations around the Base where partici-

pants will confront difficult mental and physical tasks.

Teams will consist of 10 people and they will travel by foot to each station. Members must work together using physicality and critical thinking to earn points towards their overall score.

The event will run from 8 a.m. to noon starting at building L25. Prizes will be awarded to the top teams.

Contact Ginger Lamoureux at ext. 3899 or e-mail ginger.lamoureux@forces.gc.ca by Oct. 2 to register.



Shilo's minor hockey program introduced new uniforms and moniker at the end of the 2012-13 season. With registration completed, young players on the Base will begin honing their skills at Gunner Arena. Photo by Jules Xavier



Ready to barbecue

Kelsey Drover is this year's winner of the annual CANEX backyard barbecue contest which ran from July 1 to Aug. 31. The prize package is valued at more than \$500. Drover's ballot was randomly drawn from amongst hundreds of others at the close of the contest by Shilo's mayor, Maj Reg Sharpe. CANEX manager Rick Kehler and his staff want to thank everyone for participating.

Photo by Jillian Driessen



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2PPCLI CO LCol Bob Ritchie (left) lowers his head in prayer, while officers march on to the parade square (right). The colour party arrived for the Battle of Medak 20th anniversary commemoration which was held Sept. 13.

Photos by Jillian Driessen & Jules Xavier

Victories in battle come at great cost

Retired colonel recalled his Medak experiences

Jules Xavier

Shilo Stag

"Successes and victories in our profession come at great cost. The cost is not in dollars and cents, its cost is usually in human lives."

Retired colonel and former 2PPCLI CO Jim Calvin (June 1992 to July 1994) made this observation after viewing the memorial to 2PPCLI soldiers — who lost their lives during Canada's involvement in Afghanistan — in Kapyong Barracks while here to "celebrate" the 20th anniversary of the Battle of Medak Pocket.

Calvin observed the cost for soldiers in any battle "is always high" as he recalled two infantry soldiers under his command who died in accidents. They were part of the 2PPCLI's involvement in the Balkans starting in the spring of '93.

Two years earlier, tensions boiled over in Yugoslavia, a multi-ethnic country with several constituent republics — Slovenia, Croatia, Serbia, Bosnia and Herzegovina, Macedonia, Montenegro — each one with a distinct identity. Both Croatia and Serbia declaring independence.

With these republics featuring substantial minority populations, such as ethnic Serbs in Croatia, the stage was set for years of ethnic and religious conflict.

With the advent of 1991, more than 16,500 Canadian Armed Forces (CAF) personnel deployed to the Balkans as part of the United Nations (UN) Protection Force. They were initially formed to protect civilians and demilitarize several UN protected areas in Croatia, but its mandate and mission extended into the wider region.

Virtually every Canadian infantry battalion and armoured regiment rotated throughout tours of duty in Croatia, Kosovo, as well as Bosnia and Herzegovina.

The prelude to the Battle of Medak Pocket saw the Canadian battle group, structured around 2PPCLI, depart for a six-month peacekeeping tour in the former



JIM CALVIN

Yugoslavia in March 1993.

Reservists comprised a large portion of the battle group, which included 875 soldiers. Calvin and the Second Battalion were initially responsible for a UN Protected Area in northwestern Croatia.

While operating in this area, 2PPCLI developed a reputation of being tough, but fair, while hindering raiding parties from both the Croatians and the Serbians.

Calvin pointed out in his speech that in the context of what his

battalion was up against facing the Croatian army and its heavy armour, his communication system was sketchy. Furthermore, he had no enablers, nor could he call in artillery support.

Calvin's infantry had no mortars to answer the Croats, nor could he call in attack helicopters to take out the tanks or anti-armour weapons being used on his position. He also had no drones flying overhead that could deliver Hell Fire missiles. Satellite coverage, too, was non-existent.

"We didn't even have maps for our section commanders," he recalled. "We were being told to interpose ourselves between two forces that had been fighting [each other] the better part of four days. Everyone knew it was all on us once we started. We were there for each other, but no one was coming to rescue us. It was a fail or success kind of situation." He pointed out that his soldiers counted more than 520 artillery shells falling on his position during a 24-hour period

Shrapnel from some of the explosions led to four Canadian soldiers being wounded — the only casualties suffered by 2PPCLI.

"The Croatian gunners were quite liberal with their shelling," he said. "While the Croats were attacking, it took Serbia more than 24 hours to bring up reinforcements."

Calvin called it a "tense time of the entire tour," especially when "Lady P" arrived to see her troops during a two-day visit. Fortunately, there was a lull in hostilities between Serbia and Croatia during the

How did 2PPCLI find its way to the Medak Pocket,

an area where his soldiers were hunkered down in what Calvin described as "600-yard rifle range."

In Sector South of the UN Protection Force's operations area, the heavily Serbian population had come under increasing Croatian military pressure. The Erdut Agreement, which created a ceasefire in Sector South, was very tenuous at best. In September 1993, the UN Protection Force commander French Gen Jean Cot, recognizing the professionalism of the Canadians and seeing the need to provide support to the ceasefire in Sector South, ordered 2PPCLI to deploy to the area in order to bring stability.



on us once we started. We were there for each other, but no one was coming to rescue us. It was a

See **2PPCLI** page 7

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A 2PPCLI officer is joined on the parade square by the shadows of his fellow officers during the Battle of Medak Pocket commemoration.

2PPCLI discover Croatians ethnically cleansed Serbian village

Continued from page 6

Within hours of arriving, Calvin and his force met a major Croatian offensive in the area known as the Medak Pocket. On Sept. 9, the Croatian Army attacked the Pocket by firing 6,000 artillery and mortar shells which fell in UNPA Sector South in the following days, most on or around the Canadians and civilians they were there to protect.

Six days later, Calvin and his soldiers began an intervention operation which would see them wedge themselves between the Serbian and Croatian forces and begin pushing the Croats back. They were reinforced by two mechanized infantry companies from the French Army. As the Patricia's breached the Serbian lines they immediately came under fire from the Croatians, despite having white UN marked APCs and UN flags.

The fighting, which at times was within 150 metres, continued, with 2PPCLI's counter-fire becoming more intense as the night wore on and progressed into the early morning of Sept. 16. This was the most significant and intense combat the Canadian Armed Forces (CAF) had been involved in since the Korean War.

Calvin said the Serbian Army took 24 hours before they reinforced their own lines with armour and another 1,000 troops.

"This was a tense time of our entire tour," he said. "After a lull, the Croats opened up on us and for the next 15 hours we were in close quarter firefights with the Croatian Army. The Serbians were not helping. They would take pot shots through our lines to stir the pot."

Calvin and his troops also had orders, based on instructions from the UN, not to fire unless they had been fired upon. This put them at a major disadvantage during wartime.

"It was a battalion that had been given broad orders and a bunch of hard-nosed sergeants and commanders out there that did the right thing at the right time," he said. "Until someone shot at us, we could not take preventive action. Until someone shot at you ... that puts you in a big hole when they get the first shot."

Calvin acknowledged the lessons and experiences learned at the Battle of Medak Pocket served the men of 2PPCLI well after they returned home that October.

"This Battalion has an edge, a bit of a chip on its shoulder that you don't see in the Canadian Army," he said, adding the quality of the Patricia's NCOs providing leadership and knowledge on the battlefield two decades ago must have rubbed off on two young lieutenants who went on to become the current COs for 1PPCLI, LCol Nick Grimshaw, and 3PPCLI, LCol John Errington.

Starting to move the Croats back in order to implement a ceasefire agreement started Sept. 15, fighting raged on until the early morning the following day. The Croatian general requested a meeting with Calvin, and it was agreed that the Croatians would move at noon the following day.

Calvin's soldiers then encountered a Croatian roadblock protected by a hastily laid minefield, a T72 tank and anti-tank missiles. It became clear the Croatians were resisting the Canadian advance.

While 2PPČLI and the French were stalled, smoke could be seen rising from several villages behind Croatian lines while explosions and bursts of automatic rifle fire could be heard.

An appearance by international journalists which Calvin brought forward to show how the Croatian Army was not abiding by the ceasefire agreement finally saw movement for the Croat Army commander, who then backed down and allowed the battalion to enter the zone. That's when Calvin and his soldiers were exposed to the harsh reality of the war.

"That's when we found the second bad news, that they had ethnically cleansed most of the area," he recalled. "There were bodies of animals, burning buildings, over 150 homes were destroyed, and all the cattle and barns were destroyed. People [and their families] that had lived there for 300 years, and we started finding their bodies — all had been murdered."

From Sept. 16 to 22, 2PPCLI swept the area and fi-

From Sept. 16 to 22, 2PPCLI swept the area and finally succeeded in establishing a buffer zone between the Serbian and Croatian armies. From the evidence his soldiers collected from the massacres, Calvin said only two Croatian fighters were ever charged under the War Crimes Act — Gen Mirko Norac and Brig Rahim Ademi. Norac was found guilty and received a seven-year prison sentence for failing to stop his soldiers from killing Serbs, while Ademi was acquitted.

"Not a true carriage of justice," said Calvin.

From this battle Calvin said there were 100 individual stories of soldiers demonstrating initiative and valour on the battlefield, from the individual who went into a minefield under cover of darkness to rescue three Serb soldiers.

Calvin acknowledged that in the past, Canada's UN involvement saw soldiers acting as peacekeepers when there was peace, not dealing with two armies still at war where UN participation required a country to have real war-fighting capabilities, and the soldiers

to have real weapons and the training to use them if fired upon. This mission was not about soldiers patrolling in white vehicles wearing their blue berets.

A few weeks after the Battle of Medak Pocket, 2PPCLI was relieved and returned to Canada.

For their actions, then Governor General Adrienne Clarkson, who is also PPCLI's Colonel-in-Chief, presented 2PPCLI with the rare and esteemed Commander-in-Chief commendation in Winnipeg on Dec. 1, 2002.

"In those 15 hours on Sept. 15, 1993, you represented the concerns and the credibility of the United Nations, putting yourself in harms way, exposing yourselves to deliberate, sustained machine-gun fire from Croat forces," she wrote in an address to mark the 20th anniversary. "It was a difficult and extraordinary situation to which you rightfully replied with unflinching courage and technical skill."

She added, "It must always be remembered that 44 per cent of the 875-strong contingent were reserve soldiers — 'once a Patricia, always a Patricia.' As a collective and cohesive group they acted gallantly under extreme pressure and an unexpected vicious attack.

"Their cohesive effort under horrendous conditions showed competence drive by determination, stead-fastness propelled by valour. These are values cherished and admired by all Canadians."

Acknowledging the work done by PPCLI is never far from her thoughts, Clarkson applauded the efforts of those Patricias who took part in a significant milestone in Regimental history around the world called the Battle of Medak Pocket.

"To those of you who participated so gallantly in this battle I humbly offer my gratitude," she offered.

Looking back at this moment in military history, a combination of political and military pressure backed by use of force made it possible to put a stop to the escalation of violence in Medak Pocket. The battle demonstrated that the UN was prepared to use force in peacekeeping operations, as allowed in the Charter of United Nations, Chapter VII.

In turn, the actions of Regular and Reserve soldiers resulted in an increased amount of respect for Canadians and the UN's Protection Force from both the Serbians and Croatians.

Since the Battle of Medak Pocket ended 20 years ago, Croatia has since joined NATO in 2009, and is currently a close ally and friend with Canada. The two countries are working alongside each other as they train the Afghanistan military to look after their own country once Canada departs in the spring of 2014.

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Author seeks 'human face' from Afghan mission

Melanie Graham

Special

The Afghan Legacy album film tour approached Winnipeg, midway across Canada, and the best turn out to a showing of these excellent films, to date, is

The poorest showing was — one — when the tour

arrived Sept. 9 at CFB Shilo.

These films are being toured across Canada, at the expense of no one but myself, to encourage those of you who served, or continue to serve Canada in Afghanistan, military or otherwise, to share your stories and images with the non-DND legacy album Afghanistan: A Canadian Story. And yet you are reluctant. And I am frustrated.

To those who served, a word or two on why your stories are so very important. First and foremost, a reminder that I am not looking for the big stories, the war diary stories, the academic treatises on the politics of the mission.



Cliff Cullen, MLA **Spruce Woods Constituency**

Constituency Office: Box 129, Glenboro, MB. ROK OXO Phone (204) 827-3956 Toll Free: 1-866-702-1241 Fax: (204) 827-3957 E-mail: ccullenmla@mts.net Website: www.cliffcullen.com

Somewhere on the pages of this *Shilo* Stag is a picture of Willie, the Wheat

Kings mascot. Tell us on what page, in what particular advertisement

Willie was found and correctly answer the following skill-testing question for



Wheat Kings home game in Brandon.

	Entry Form
	Name:
	Address:
	Phone:
	Answer to skill-testing question:
	How many casualties did 2PPCLI sustain during the Battle of Medak Pocket?
L	
	Cut out your entry form and fax it to 204-765-3814,

scan it and e-mail it to stag@mymts.net or drop it off at the Stag's office at CANEX. Draw will be made on the Monday prior to game day.

I am looking for the human face of the mission. The little victories, fears, sorrows, insights, and reflections. Visit the site www.afghanistanacanadianstory.ca and read a little of the 150 pages already collected to see what others have written.

Think of what you, as a soldier, like to read about in terms of earlier conflicts.

What you might write home to your partner, parent, son or daughter. Do you watch academic documentaries on war or are you drawn, instead, to the human stories that reflect a war?

Why is Hurt Locker, for all its technical inaccuracies, so popular, or Blackhawk Down?

Because these stories are about the soldiers, not the battles or the politics. We, however, have no contemporary Canadian stories like these.

Instead, we look back to the past and spend a fortune to reinvent the War of 1812. Really? When we still have almost 1,000 Canadians still serving in Kabul?

So why share these stories?

Because Canadians need to know their military, include them as a part of day to day Canadian identity. Right now they don't. Never have.

Change won't come easy, but it is possible. Most Canadians, when considering things military, immediately think in terms of US films, news releases and

They do not know you, members of the Canadian Armed Forces, as I do. And that is largely your fault.

You are otherwise ordinary Canadians doing extraordinary things in service to your country, in relative silence. As a result, when the dust of battle settles and the troops come home, Canadians forget you, forget what you have given, forget what your effort has meant to Canada in the increasingly connected global

And you fall back to trying, ever so quietly, to do more and more with less and less, again. You tell me you were just doing your job. But you have a job unlike any other in Canada. Tell me about it.



You tell me you just want to forget, it's too difficult to talk about. I have it on good professional authority that it's excellent therapy to talk about it, and that it's easier to put the memories behind you once you have told your story.

What better place to share your experience than in the safe company of many stories from your comrades in arms?

And once your story is printed there, you don't have to tell it again. Just hand the curious a copy of the book, perhaps with your story flagged, and say nothing more.

You tell me you are too busy, yet you spend hours and weeks trying to make shrinking budgets cover the demands of training and equipment replacement vital to the advanced state of combat readiness the twenty-first century environment demands of all nations, the state of readiness you have pledged to pro-

What's an hour or so of your time spent drafting a simple reflection from your deployment, with maybe a captioned photo, when that story might influence a polifical decision on next year's budget or a critical budget five years from now?

Obviously the connection will not be that direct or immediate. But without your stories and photos, it's a connection that will never be made.

Help me share with Canadians the human stories of the remarkable men and women who served, and continue to serve them in Afghanistan.

It's easier to support someone you know than it is to support a nameless faceless uniform, a stranger hidden in the convenient annual parade of Remem-

Help Canadians to know you, as ordinary human beings, doing extraordinary things, and include you as part of day to day Canadian identity, instead of strangers politely acknowledged at a distance once a

Send your stories to consult@mywrdwrx.com



Kudos for CANEX

LEFT TO RIGHT: CANEX manager Rick Kehler is a regular blood donor when clinics are held on the Base; He presented Padre Inienwe with a cheque for more than \$1,500 which they can use at the Base churches. This money was donated by customers via their CANEX cards.

Photos by Jillian Driessen

Canadian Army has a new look

The Canadian Army has given itself a new look by introducing a new primary badge, visual identifier and tagline in order to pay homage to its rich heri-

"I am pleased to announce the introduction of our new primary badge, visual identifier and tagline,' said the Commander of the Canadian Army LGen Marquis Hainse. "We are approaching an important period of commemoration during which we will mark the centennial of the First World War as well as other milestones in Canadian military history. The changes announced today help us to honour our past, celebrate our present-day achievements."

The new primary badge, based on the pre-unification badge of the Canadian Army, is encased in a modern version of the badge frame and features crossed swords bounded by three maple leaves.

"With this badge, we are bringing part of our heritage back to life and giving it new meaning," he said.

The visual identifier, derived from the primary badge, features a crown atop the maple leaves and swords. The words "Canadian Army" are also included on either side, in both French and English.

The new Canadian Army tagline — Strong. Proud. Ready. — captures soldiers' commitment to readiness for a wide range of operations and echoes the values of the Canadian Army.

In August 2011, the Government of Canada announced the reinstatement of the Canadian Army name thus restoring a significant part of Army identity. Earlier this summer, it also announced the restoration of features of the Canadian Army identity. These various symbols will help strengthen ties between present-day soldiers and previous generations September 26, 2013 Shilo Stag 9

Prepare for retirement after CAF career

Lt Noonan

Special

Are you ready for the future?

Are you five years or less from possible retirement or thinking about a second career outside the Canadian Armed Forces (CAF)?

Or are you interested in learning about financial, education, and other benefits to prepare a long-term plan for retirement or to develop yourself professionally?

The Second Career Assistance Network (SCAN) seminar is your recipe for success.

Many members of the CAF enter the civilian workforce following their military service; others choose to

hang up their uniform and live the good life.

Either way, the CAF recognizes that this transition is a major life-event. We address this issue by providing information and guidance to CF members and their spouses on how to effectively manage career changes or retirement.

SCAN offers a variety of services to help you prepare for a successful transition.

This fall's SCAN seminar, which includes a one-day medical release brief on day three, runs Oct. 23 to 25 at the 1RCHA theatre.

This three-day event will comprise a number of presentations by different agencies.

Director Canadian Forces Pension Services (DCFPS) will facilitate sessions on the financial aspects of release including excellent information on pensions and severance.

The release section will discuss administrative details regarding the release process and SISIP Financial Services will be returning to discuss financial planning and insurance coverage after release.

There is also valuable information on wills, estate planning, and powers of attorneys.

Representatives from Brookfield Global Relocation Services will brief participants on current regulations and entitlements.

If furthering your education is something you are considering, the CF education reimbursement programs and benefits will be discussed.

As well, representatives from Assiniboine Community College and the Adult Collegiate will provide information on continued learning and adult education.

The third day of this event focuses on the medical aspects of release and will feature transition services, medical employment limitations, and vocational rehabilitation, clarifying the multi-services and benefits.

Representatives from these services, as well as Operational Stress Injuries Social Support and Case Management will present information to both Regular Force and Reserve members.

This seminar promises to be packed full of useful information which you will not want to miss.

We invite you and your spouse to register by calling the BPSO office at 204-765-3000 ext 3086, or register on-line.

The link to the registration form is located on the Shilo home page/G1 Branch/BPSP. Complete and

submit the registration form no later than Oct 18.

Seating is limited, so be sure to reserve your seats early. Dress is appropriate civilian attire.

Lt Noonan is the Base Personnel Selection Officer



PSP accolades

Community rec co-ordinator Brette Olsen (above) accepted the Base Commander's commendation on behalf of her team during an CFB Shilo honours and awards parade. The commendation from BComd LCol Richard Goodyear was presented in recognition of the outstanding service delivery provided to the community by the PSP Shilo recreation staff that also includes Kristen Lucyshyn, Tasnim Banuga and Marie-Eve Gagnon. It further recognized that PSP recreation staff continually go well above the call of duty to provide this Base with first-class recreational programs and activities. Staff efforts have been a significant factor in maintaining the high sense of community spirit and excellent quality of life for residents of CFB Shilo. FS&R director James MacKenzie (below) garnered a PSP certificate of merit.

Photos by Jules Xavier



Vacation bible school 'epic' for participants

Padre Inienwe

Special

This summer's vacation bible school held at the Faith Centre from Aug. 12 to 16 was one with a difference.

With 12 volunteers, we had 32 kids participate.

The theme for this summer's vacation bible school was Kingdom Rocks — an epic adventure was a place where kids discover what it means to stand strong for God.

Kingdom Rocks was towering with fun for kids, teenagers, and adults. Everyone

involved in the vacation bible school jumped into God's word and never remained the same again.

Not only did our kids experience amazing bible adventures, they also watched for God in everyday life through something we call God sighting

At Kingdom Rocks vacation bible school kids and adults joined together to share the hope of God's love with hurting children in India and other parts of the world.

It was a spiritual and fun-filled week for the kids. There is no doubt





they enjoyed the week and wished it continued.

The closing day ceremony and lunch was graced with the presence of the acting BComd Major Scott Lloyd, and the CO of 1RCHA, LCol Stewart Taylor, who presented certificates of appreciation to the volunteers and bibles to the kids respectively.

We could not have done this without the help of all our volunteers. Thanks to our volunteers for their efforts and good job done.

On behalf of the chaplain team, I would like

to thank all those who supported us towards making sure that this year's vacation bible school was a huge success.

Padre Inienwe is acting Base chap-

1RCHA CO LCol Stewart Taylor handed out bibles to summer participants (above). Padre Capt Albert Lee performs for his attentive audience while in character as part of the Kingdom Rocks theme.

Photos by Jillian Driessen

Shilo Theatre
(Located in the General Strange Hall)

Sept. 27 RIPD, Rated PG, 6:30 p.m.

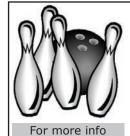
Oct. 4 Man of Steel, Rated PG, 6:30 p.m.

Oct. 11 Despicable Me 2, Rated G, 6:30 p.m.

Oct. 18 World War Z, Rated 14A, 6:30 p.m.

Children aged 10 and younger require adult supervision at all times

Doors open 15 minutes prior to movie start time
For more info, contact the community
recreation office at 204-765-3000 ext 3317/3588



call the community

recreation office

at 204-765-3000

ext **3317** or **3588**

GSH Bowling Alley

Open bowling for all ages Wednesday 6 to 8 p.m. Saturday 2 to 4 p.m.

> Adult: **\$2.50** per game Youth: **\$2.25** per game Child: **\$2** per game Shoe rental: **75** cents

Prices subject to tax

Ask about Glow bowling
birthday parties!



The Shilo Stag is now on Facebook.

Check out www.facebook.com/ShiloSTAG
for videos and more photos!

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For the 33rd consecutive year, CFB Shilo hosted its annual Terry Fox run. Starting at the Base track, there was an excellent turnout or more than 800. This total featured students and teachers from both schools, plus soldiers from 1RCHA and 2PPCLI. Base side participation was also strong, with even the kids crossing the finish line with their parents. This year's event raised more than \$2,500. For more photos check out the *Stag's* Facebook page.



33rd Annual Terry Fox Run



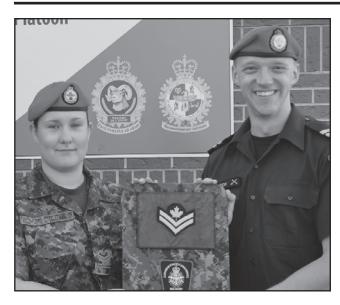








PHOTOS BY JULES XAVIER







Plaudits & Promotions

September 26, 2013 Shilo Stag 11

New moniker for grievance board important

Shilo Stag

The name of the Canadian Forces Grievance Board (CFGB) has been changed to Military Grievances External Review Committee (MGERC).

The new name became effective June 19.

"This is an important change we have been pursuing for several years to eliminate a common misconception that the committee is an organization internal to the Department of National Defence and the Canadian Forces (CF)," said MGERC chairperson Bruno

He explained that shortly after its inception, in 2000, the CFGB became aware that the inclusion of the words "Canadian Forces" in its name was responsible for this erroneous impression, thus creating some confusion as to its role within the grievance process.

"The new name will lead to a better understanding of the specific and unique mandate of this tribunal – to be the external and independent component of the military grievance process," explained Hamel.

"I am very pleased that, through the enactment of

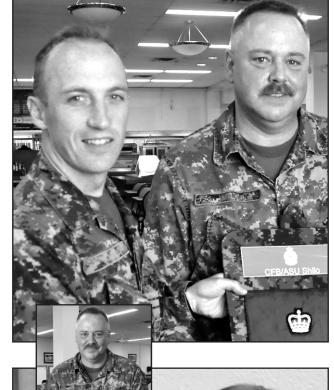
Bill C15 [an Act to amend the National Defence Act and to make consequential amendments to other Acts], the new name which underlines the committee's institutional independence is finally approved.

The MGERC, formerly the CFGB, reviews military grievances referred to it pursuant to section 29 of the National Defence Act and provides findings and recommendations to the Chief of the Defence Staff and the CAF member who submitted the grievance.

The committee consists of Governor in Council appointees supported by analysts and legal counsel.

The committee regularly publishes on its website www.mgerc-ceegm.gc.ca summaries of findings and recommendations issued for cases reviewed during the last three years, as well as recommendations on systemic issues affecting not only the grievor, but other CAF members.

Other committee publications available on the website include bulletins designed for CAF members, as well as several issues of perspectives, a publication intended for senior CAF decision-makers.



Basketball tryouts start Oct. 1

Shilo Stag

Are you interested in playing in the paint for CFB Shilo?

If so, CFB Shilo's basketball teams are holding practices every Monday and Wednesday from 4 to 6 p.m. at the GSH, in gym C, start-

ing Oct. 16.

The teams are for military members only — Regular Force, Class B

The teams will also play out of the Brandon Basketball League Sunday mornings starting in No-

This will prepare the teams for

being hosted by 17 Wing Winnipeg next year from Jan. 26 to 30.

If you want to dust off your basketball sneakers and hone your game wearing CFB Shilo's colours, drop by the weekly practice sessions, or contact sports co-ordinator Danny Hamilton at ext 3894.

CLASSIFIED ADS

Email: stag@mymts.net • Phone 204-765-3000, ext 3013 • Fax 204-765-3814

\$10 for first 20 words, 10¢ for each additional word **Deadline for next issue:**

October 3 at noon

Free ads (non-commercial only) restricted to members of the CF, employees of CFB Shilo and the citizens of the surrounding area.

Services



St. Barbara's **Protestant Chapel**

Sunday @ 10:30 a.m. with Sunday school & nursery Padre Lee - ext 3088 Padre Neil - ext 3090 Padre Olive - ext 6836

Our Lady of Shilo Roman Catholic Chapel

Sunday 10:30 a.m. Wednesday 12:05 p.m. Confession by appointment Padre Inienwe - ext 3089

We buy and sell good used furniture/appliances and we deal in coins and coin/stamp supplies. People's Market Place, 32-13th St., Brandon, 204-727-4708.

Nad's Simply Clean For all of your cleaning needs weekly, bi-weekly, and monthly. Also available for offices, contract cleanup and single occasions. Receipts provided. 204-573-1509.

Services

Greg Steele, Canadian Firearms Safety Course Instructor/Examiner • Restricted and Non-Restricted • Manitoba Hunter Safety Instructor. Courses offered at least monthly and more often by demand. Oct 4, 5,6 Brandon and Oct 25, 26, 27 Reston • Examinations by appointment • 204-725-1608 • E-mail: ggs57@ wcgwave.ca.

Volunteer **Opportunities**

First Shilo Scouts is seeking First Aid Trainers and Computer savvy individuals interested in volunteering time to instruct Cubs and Scouts (ages 8-13) on these Badges.

Contact Linda at 204-765-3000 ext 3396

1ST Shilo Scouts is looking for individuals who like children, outdoors, hiking, camping, and crafting to become leaders. Contact Linda at 204-765-3000 ext 3396

Employment

Clerk/Cashier (Part-time), wage \$10.84-12.67 Visit cfmws.com or contact npfhrshilo@cfmws.com further details.

Employment

Cook (Casual), wage \$13.87, Competition ends Oct. 1, 2013 Visit cfmws.com or contact npfhrshilo@cfmws.com for further details.

Fitness and Sports Instructor (Full Time/ Temporary), wage \$16.62- \$20.40, Competition ends Oct. 1, 2013

Visit cfmws.com or contact npfhrshilo@cfmws.com for further details.

Bartender (Part-time), wage \$10.84-12.67, Competition ends Oct. 1, 2013. Visit cfmws.com or contact npfhrshilo@cfmws.com for

Lots for Sale

further details.

Wawanesa - 2 large lots 100 x 150 five miles south at Noble Lake. Enjoy privacy and everything nature has to offer. Priced at 24, 900. Call Bob Daymond Sutton Harrison realty for more info. 204-571-5918

Homes for Sale

Wawanesa - Well-maintained 3+1 bungalow, large eat-in kitchen with double insulated & heated detached garage (22 x24). Many updates in the last two years, ideally located on large treed lot close to Waterpark. MLS # 1311181. Call Bob Daymond Sutton Harrison Realty for more info. 204-571-5918

1978 Bondix 14 x 72 mobile home in good shape. New energy efficient windows all round. Trailer is ready to have an additional layer of siding and insulation added to bring it up to 6" R20 from 4" R12. New floor in kitchen and two small bedrooms. Patio door onto deck as well as two main doors. Entrance vestibule (10 x 12), electric forced air 20KWhr - \$173 @ current rates per month over the last 6 years. To be moved by purchaser. Price is negotiable. \$30,000.

Can be seen at #18 Sprucewoods Trailer Court. Call 204-763-4051.

Advertise with us! To place an ad, e-mail hollysralph@gmail.com or call 204-765-3000 ext 3013



Off to Wainwright

Two staff from Shilo Food Services were promoted this past summer, and then were posted to CFB Wainwright. TOP: WO Michael Maher received his promotion from former BComd LCol Richard Goodyear, as well as a farewell gift for his work with Base foods. ABOVE: Besides her promotion to PO2 (below), Jody Hartling also received a going away gift like WO Maher. PO2 Hartling also was posted to Alberta, joining WO Maher at CFB Wainwright.

Photos by Jillian Driessen & Jules Xavier



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2PPCLI Drum Line debut

There was plenty of pomp and ceremony with the debut of the 2PPCLI Drum Line during the Battle of Medak Pocket 20th anniversary commemoration which featured retired colonel Jim Calvin, who led 2PPCLI during the confrontation with the Croatian Army in the former Yugoslavia. 2PPCLI found themselves in the village of Medak, guarding a ceasefire line between two fighting forces, the Serbians on one side and the Croatians on the other. The six-man Drum Line performed following the morning parade, and will be prominent during the PPCLI 100th anniversary celebrations starting in 2014.

Photos by Jules Xavier





Moving back into civilian work doesn't have to feel like you're giving up who you are. At Commissionaires, we value your military experience and provide jobs that let you continue to build on the skills you already have.