

Does your ability to pay off a loan depend on your health? **Kevin Martin** Phone: (204) 578-5500 635 - 10th Street

Financial on of London Life Insurance Company

Freedom 55

April 27, 2006

Volume 45 Issue 8

No passport required

Serving Shilo, Sprucewoods & Douglas

Members from A Bty, 1 RCHA, who are currently part of

Task Force Afghanistan (TFA) located at Kandahar Airfield aided by an American Army Chinook Helicopter practice lifting one of their new M777 guns.

CANEX





WHEN YOU U∫e tHe c∆Nex No intere∫t credit pLan between 26 ∆priL - 07 May 2006!

Photo by MCpl Doug Desrochers

www.canex.ca

## ployment New

## **A Bty active** in Kandahar



LCol PJ Williams CO 1 RCHA

t the time of writing, Hthe 1 RCHA contingent has been deployed in theatre for over 2 months. Since I last wrote. A Btv has been almost continually deployed, supporting Task Force ORION (based on 1 PPCLI). In discussions with CO 1 PPCLI, LCol Ian Hope, he continues to be very impressed with the abilities of and the excellent support provided by the soldiers of A Bty. Indeed, A Bty has been deployed continuously for longer periods than some of his infantry companies! Even the BC has deployed as a FOO. Both soldiers and equipment continue to perform well.

Members of 1 RCHA outside the immediate area of Kandahar continue to play an important role as well: Pte Sharpe (HQ Bty) is a cook with the Provincial Reconstruction Team (PRT) in Kandahar City

Bty) is a key member of the Kabul-based Strategic Advisory Team (SAT) working with the government of President Karzai.

At the Brigade level, things are taking on more of a multinational flavour: British forces have started to arrive in Helmand province to our west and the Netherland Theatre Activation Team has also started operations with a view to their contingent assuming control of operations in Oruzgan province to our north.

The 2IC and RSM have kept me well abreast of things on the home front, and we look forward to seeing them both visit here shortly. In addition we hope to have the Colonel Commandant, MGen (Ret'd) MacInnis, visit us here sometime in the next few months.

The recent announcement of the cancellation of TF 2-07 no doubt has everyone wondering about the future. From my perspective (and as we did with the 2 PPCLI Company attached to 1 RCR for TF 3-06), my intent would be for the 3 PPCLI Coy attached to TF 3-07 to take its affiliated C Bty FOO with them. Indeed, as I have said before, where I think the deployment of



A Bty conducting a fire mission in Northern Kandahar province.

an operational theatre can make a real difference, I'll push for that to happen. Having said that, we'll also use this opportunity to send additional soldiers on key courses to better prepare them for future responsibilities and to enable them to better compete for promotion with their peers.

On the Surveillance and Target Acquisition (STA) front, while news of delays in equipment purchases may be something we're used to hearing all to often, we expect to be loaned equipment from well placed to have B Bty assume the STA role when the equipment finally does arrive.

Recently there have been a series of General officer promotions and we send our congratulations to two former COs:

-Major-General A.B. Leslie, who on promotion will become Chief Land Staff/Army Commander; and

- Col A.J. Howard, who on promotion to BGen will be posted to the Strategic Joint Staff in Ottawa.

In addition, a former 1 RCHA Officer, BGen S.A.

Teleflora

Beare, will be promoted MGen and remain Commander Land Force Doctrine and Training System.

To the Home Front team, keep up the great work. To the families of those deployed, our solders are all well and are doing excellent work. We have every reason to be proud of what they are doing to help this country.

Good Shooting!





## A Coy hit hard on Ex THUNDERING BEAR



#### By 2Lt Jeff Tebo 2 Plt Cmdr

Coy of the 2 PPCLI Adeployed to CFB Petawawa from 6 - 17 Mar 06on Exercise THUNDERING BEAR II, complete with the remainder of the TF 3-06 Battle Group in preparation for deployment to Afghanistan on Operation ARCHER Roto 2. The Task Force commander, LCol Lavoie, saw the exercise as an opportunity to train a world-class, all arms team capable of full spectrum operations within a counter-insurgency context. Additionally, it was the first opportunity A Coy had to train with their new comrades in arms. In the words of the A Coy OC Maj Wright prior to departure, "You never get a second chance to make a first impression."

A Coy delivered a notable, if not unorthodox, first impression: slowly, but surely, soldiers began to contract a strain of the highly contagious Norwalk Virus. The explosive symptoms of the virus laid waste to the company in the field over a twelve hour period. By the end of the night, upwards of forty personnel had been diagnosed and sent to quarantine.

Rendered combat ineffective, and fearing cross unit contamination, A Coy would spend the following days quarantined on base. While the other subunits of the Battle Group now gave A Coy a respectable amount of distance, it was questionable whether the space was the type of respect sought. Those not attached to an IV for dehydration carried on with low-level training in preparation for a second chance to demonstrate A Coy's soldering prowess.

With the quarantine effective and A Coy cleared to resume duty, the operational tempo increased to

make up time lost to the virus. The training was centered on live fire ranges designed to challenge all participants with fighting in urban environments. The company completed a Level 4 (Company) and 5 (Company Group) range by day and night and had the opportunity to work with other Battle Group assets for the first time. For the final Level 6 (Battle Group) dry operation, the Coy conducted a dawn raid on High View Tower which included a five hour patrol the attack position by snow shoe. Each task allowed A Coy to become more closely integrated with the remainder of the Battle Group and laid the groundwork for a common identity and cohesion.

The highlight of these tasks was the live fire Company Group level objective located in a mock Afghan town. The ambience of the range was outstanding and included two main alleys and three crossroads, numerous buildings and rooms, a market place, 2 obstacle belts, enemy bunkers, scattered garbage, regional music and an enemy complex.

To complicate matters, "no shoot" targets were intermixed amongst the enemy to simulate the local civilian population. All the unconventional range additions added to the intensity and realism of the range and are a testament to the professionalism and ingenuity of the staff from 3rd Battalion Royal Canadian Regiment. The objective was to secure a known Anti Coalition Militia compound at the far end of the mock-up. Making use of Engineers to breech both doors with shotguns and obstacles with explosives, A Coy fought from room to room, street to street, by day and night to gain lodgment and secure the enemy compound.

Once the dust, the garbage and the sound of gunfire had settled, A Coy emerged successful in their mission. The observation staff's comment that A Coy had completed the range with the most aggression in the Battle Group provided some measure of redemption for the time lost in quarantine. More importantly, it was a successful second chance at making that first impression.

Overall, A Coy achieved the commander's intent by increasing their ability to conduct full spectrum operations in a counter-insurgency context. Now, with introductions and first missions complete, TF 3-05 collectively looks towards Wainwright, AB and Exercise MAPLE GUARDIAN – the final validation exercise prior to deployment to Afghanistan.



## Shilo troops don STAR FM gear



**Members of 1 RCHA** located in Shilo, Manitoba received care packages from 101.1 FM "The Farm" radio station. The members wish to say thank you to 101.1 FM for their support. The soldiers are happy to report that they wear their hats with pride. Left to Right; Sgt. Jason RA Ladouceur, Bombardier Mathew M. Corbett, Bombardier L. MacDougall, Capt Mike B. Smith and Master Bombardier Aaron A. Cutler. Task Force Afghanistan is part of Canada' s contribution to the International campaign against terrorism, which has the overarching goal to prevent Afghanistan from relapsing into a failed state that gives terrorists and terrorist organizations a safe haven. Canadian operations will continue to help improve the quality of life of Afghans by providing a secure environment under which Afghan society can recover after years of conflict. The Canadian Forces (CF) contribution in Afghanistan is comprised of about 2,000 soldiers, most of whom serve with Task Force Afghanistan at Kandahar Airfield and Camp Nathan Smith in Kandahar City. Additional personnel are assigned to various military headquarters, a support base, and civilian organizations.

HUNT MILLER & CO. LLP	Tammy D. Baryluk			
ATTORNEYS-AT-LAW	Lawyer in Attendance			
148 Eighth Street	Wednesdays 1:30 - 5:00 pm			
Brandon, MB, R7A 3X1	CANEX Mall, CFB Shilo, MB			
Ph: (204) 727-8491	Ph: (204) 765-5363			
Fx: (204) 727-4350	Fx: (204) 765-4752			
A participating supplier of the CFIRP program.				

#### EXCELLENT ACREAGE 7 MILES WEST OF GLENBORO

**Brian Canart 724-2779** 

HomeLife Home Professional Realty Inc.

MLS #2603633

1200 sq. ft. 4 bedroom bungalow with finished basement and double attached garage plus workshop. Fireplace, woodstove & main floor laundry.



#### ACCESS TOYOTA

PRECISION TOYOTA 404-18th St. North Brandon, Manitoba Canada R7A 6Z2

Business (204) 725-0508 Toll Free 1.888-725-0508 Fax (204) 725-1690 Cellular (204) 761-7418 angie@precisiontoyota.ca www.precision.toyota.ca



ANGIE BALL Product Advisor

## C Bty represents CF at Ex MENTON DAYS



By Gnr Furnival **1 RCHA** 

Dn 3 April, 1944, a combination of Canadian and American forces known as the First Special Service Force was officially disbanded due to heavy casualties suffered as a result of grueling operations behind German lines.

The MENTON DAYS event in Fort Lewis, Washington honours these feats of remarkable bravery and valour. We continue to maintain the memory of the unit by revering the victories and the men who died defeating the Nazis.

Members of C Coy, 3 PPCLI and C Bty, 1 RCHA, were honoured to represent the Canadian Forces, along side the Current American 1st Special Forces Group (Airborne), during the 61st annual MENTON DAYS week. The event commenced on 6 December, 2005 and concluded on 10 December, 2005. The week included many activities and ceremonies where American and Canadian units worked together just as they did during WWII.

Airborne activities and parachute wing exchanges was the main focus during the week. Canadians and Americans would exchange parachutes, jumpmasters, equipment and refreshers. Learning the American airborne drill and the functioning of the AT-1 steerable parachute was slightly un-nerving, but it was soon realized by everyone that the differences between the two units is small.

Wednesday was the day we descended by parachute under the command of American Jumpmasters, performing American drills, and wearing American equipment. The challenge to complete a successful jump and receive American jump wings was a big motivator. Shortly after making the proverbial "leap of faith" and landing safely on the ground, it was time to reap the reward of our performance. We exchanged jump wings with our American counterparts and felt a great sense of pride and honour. It was realized by all that the highly sought after insignia was more than just a pin, it was truly a mark of distinction.

On Thursday we played an exciting game of soccer under the cool mountain landscape at the Fort Lewis Sports Park. The First Special Forces Group was defeated 2 to 1, leaving us with our heads held high knowing we had beaten a most worthy opponent. Thursday morning featured a shooting competition that ended with MBdr Van Dame placing third overall against both Canadian infanteers and American Special Forces operators.

The final event took place on Friday evening. The MENTON DAYS Formal Ball was a surreal experience. All in attendance wore formal military dress and, throughout the evening, speeches were given by distinguished guests and

Photos submitted by 1 RCHA

C Bty jumpers hooking up in a US C-130 Hercules prior to conducting a ramp jump over Fort Lewis.

several interesting personal exchanges took place. Many of the soldiers from the First Special Forces Group recently returned from duty in Iraq and Afghanistan and conveyed their experiences while deployed.

The 61st annual MEN-TON DAYS event was a great event. The rare opportunity to mingle with American soldiers and to see their methods and professionalism brought our system into prospective. Despite any structural differences between our nations' armies, we have an underlying similarity. The guest of honour, Colonel of the Regiment for the PPCLI, MGen (retired) Stewart, said it best when he commented that "regardless of your rank, unit or occupation, when you scratch a piece off the surface, underneath you will find the very essence of a soldier."

#1 Barriefield Centre, Kingston, Ontario, Canada K7L 5H6

Toll Free 1-800-438-9953 Visit the Canadian Military Relocation Network Website at www.interbaserealestate.com

OR Email: donwvid@kos.net

subject to certain conditions



C Bty and American jumpers exchange wings after completing a jump under the order of the other countries jump master.

#### Read a paper with YOU in mind! Community news • Military news • STAG Local relevance & more!

Posted to Kingston in 2006? **Don Wyld**, CD **Military Authorized Realtor** Automatic Buyer Representation If a posting to our beautiful "Limestone City" of Kingston is where you are

"TOLL FREE" number below and I will send you a "Worry-Ender Kit of Kingston" (with video) containing maps ome prices, school information, shopping facilities, transportation and more NEW HOMES BY "CARACO' For a complete information package of new homes being built in Greenwood Park, minutes from CFB Kingston and RMC, and Cobblestone Please call or write: Don Wyld, CD, Sales Rep. Ridge in West End Kingston, see the whole package at www.c21wyld.com Fax 1-613-545-1101 or 613-545-3333 office Century R Air Miles when you buy or sell a home

TOWN & COUNTRY REALTY INC. with me!\*



- **Operational Stress Injury Social Support** \* Do you have a loved one who is suffering
- from an Operational Stress Injury (OSI)?
- \* Do you feel alone?
- \* Would you like more information on how you can cope with this?

OSI's from military operational duties can impact the family. If you are a family member living with someone who has such an injury and would like to discuss the impacts of OSI on your life, please contact Sandra Guenther, OSISS Family Peer Support Coordinator

(204) 782-3119 or familypscwin@aol.com **ALL** calls are confidential

#### TASMANIAN Knight-Line Shilo Express Taxi Charters ΤΔΧΙ

Due to the Shilo contract we can keep our flat rate of \$30 from CFB Shilo to Brandon only. Each rider Must be Military. We will require proof of ID. If any rider does not have military ID there will be charges of \$1.70/KM. All trips must originate or terminate at Shilo. Any other locations wil be metered at \$1.70/KM. This is due to a new Manitoba Transportation Law that came in effect as of October 31, 2005.

Call 765-2298 or 727-5635 for any questions or more information

## MP's require your help

#### By Cpl Dave Larocque MP Platoon

Diligent work of Military Police Patrol personnel lead to the arrest of a person intending on committing break and enter at various locations on and around Shilo. The subject was found in possession of numerous tools and elements required to fashion an improvised disguise.

On the 30th of January 2006, Military Police were forced to enter into a low-

speed pursuit with a vehicle t h a t failed to stop for a High-

way Traffic Act offence. A police roadblock was set up on Veteran's Way and the driver was eventually detained and arrest for numerous offences.

On the 29th of January 2006 a physical altercation outside the El Prado Club left one person in hospital with serious nonlife threatening injuries. All subjects have been identified.

On the 17th of February 2006, a home was searched in response to a report of unsafe storage of firearms and ammunition. As a result of the search, a number of weapons and ammunition including various un-

registered firearms were seized. As a reminder, all firearms must be registered and stored in a safe location in accordance with the prescribed regulations. Penalties for failing to do so can be severe.

Military Police have arrested four drivers for impaired driving offences since the beginning of 2006. These arrests bring to light a disturbing increase in the amount of impaired driving offences recently. Since the 1st of Janu-

ary 2004, the CFB Shilo Military Police have arrested over 28 impaired drivers.

The Military Police are also seeking information regarding the following unsolved crimes that occurred throughout the months of January to March 2006:

1. Between 16 December 2005 and 7 January 2006, unknown person(s) broke into a storage facility in building P-106, removing 2 fire simulator machines used by Shilo Emergency Services, as well as numerous camping items including tents, axes, camping stoves, knives and other necessities from the 1st Shilo Scouts;

Chot Breakfast

included with every guest room

Over 40 Menu Choices including:

French Toast • Omelettes • Hot Skillets • Bacon and Eggs Pancakes and many more... 2. On 19 January 2006, a white Polaris XRC snowmobile was stolen from a residence near Kingston Ave and Halifax Cres. Forensic evidence indicates that the snowmobile was placed on the back of a truck parked near the residence on Halifax Cres;

4. On 19 January 2006,
a black 13-drawer Mastercraft tool chest was reported as missing from the 2 PC-CLI Maintenance Section;
5. On 25 January 2006

g r e e n deposit bag containing between \$200.00 t o \$300.00 was tak-

en from a business in the Canex Mall; and

6. On 13 March 2006, unknown person(s) smashed a large hole through a wall near the Post Office, in the Canex Mall.

If you have information regarding an offence motioned in this article, or any other information that you feel may greatly assist the CFB/ASU Shilo Military Police, please contact the Military Police Platoon at 765-3000 ext 3337, or Manitoba Crime Stoppers at 1-800-222-TIPS (8477). Manitoba Crime Stoppers may pay for a cash reward for information that leads to a conviction.



#### Padre Bos Padre, 1 RCHA

would like to applaud all of the collective and individual efforts of collecting supplies and other items to support the children and people of Afghanistan. This good will should not go to waste, nor should it be curbed. Small requests for trinkets in care packages sent to your spouse or friends are okay, but larger scale concepts of Humanitarian Aid (HA) cannot be managed. As Chaplain to 1 RCHA I would love to see a way to do this, but at this point it is not possible. I have personally spoken with Padre Crawford in theatre, Maj Locke in theatre who is the CIMIC liaison. as well at the Head Offices of Red Cross (as well as the local Brandon Red Cross Office), CIDA and Care Canada. All of these people indicate that transportation of large quantities of items is not cost effective at this time, and several of the care organizations do not

have the ability to transport HA to Afghanistan. The primary suggestion that I have received from these HA organizations is to focus efforts that would raise funds, rather than supplies. These funds will be used to purchase the supplies locally in Afghanistan, thus stimulating their economy. The supplies would then be given out for free. This gives the HAs more flexibility and better ability to meet specific needs in Afghanistan.

The Local CIDA Office is: Henry Fast henry\_fast@ acdi-cida.gc.ca, Program Officer, (province) (204) 983-1502

Prairies Regional Office-Box 2609, 250-240 Graham Ave. Winnipeg, MB R3C 2V2

Fax: (204) 983-3852

You may also wish to contact the local office of the Red Cross in Brandon, which will also receive cash donations that can be forwarded to Afghanistan: Western Manitoba Office

www.redcross.ca

Unit #1, 613-10th Street Brandon, Manitoba R7A 4G6

Phone: (204) 729-4970 Fax: (204) 727-0349

We thank you for all of your efforts in raising materials for those less fortunate. If you have collected things and are at a loss to decide how to dispose of them, there are many local Brandon charities that can use the items you have collected thus far. You may wish to even have a sale to convert the items to cash.

This does not mean that in the future, methods of transporting HA to Afghanistan will not open up, but in this current context the deployment is still too new as infrastructure is being set and the HAs and NGOs build up their organizations in Khandahar. I will endeavour to keep exploring avenues should they arise, and if you should hear of one please contact me at 1 RCHA.

Keep up the good work, the responses have been overwhelming!





Start your day off the right way.

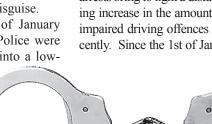
Enjoy a complementary hot breakfast per

This offer is valid everyday.\*

Brandon Locations Only

room when booking at a corporate rate or higher.

†FOR FULL REVIEWS VISIT WWW.CONSUMERGUIDE.COM. CONSUMER GUIDE⊕ IS A REG. TRADEMARK OF PUBLICATIONS INTNL, LTD. \* 36 MONTH 20,000KM/YR LEASE. OFFERS INCLUDE FREIGHT. ALL TAXES AND FEES EXTRA. LIMITED TIME OFFERS.



### 731 Sig Sqn awards outstanding achievement the Squadron's support to 14 Achievement' due to circum-



On 12 Apr 06, 731 Sig Sqn held a gathering for recognition of outstanding achievement. This award recognizes personnel whom performed above and beyond the call of duty during the period of 01 Jan - 31 Mar 06.

Mr. Sean Aitkenhead was recognized as 'Member of the Quarter' for providing a level of dedication that exceeds the demands of his position. During the workweek as well as during personal time, he developed various solutions to be implemented to enable to Squadron to reach its full potential. This was readily prevalent during the NOS Project Roll out. Mr. Aitkenhead spent considerable time accommodating the requirements of the contractors and team. He also worked diligently after their departures from sites, verifying their work to meet our specific support requirements. Mr. Aitkenhead's many dedicated hours to this effort, has eased

the Squadron's support to 14 sites including Shilo. 731 Sig Sqn recognizes and appreciates his contribution during this period.

Cpl D. Miller was recognized for 'Outstanding Achievement' for providing the Sqn with exceptional administrative support, as acting Chief Clerk, SOR Clerk, as well as training and supervising a Pte Reserve RMS Clerk. During this period she effectively managed the sqn administratively, while maintaining a positive and cheerful attitude.

Cpl A. Haight was recognized for 'Outstanding stances that left him as the only person in Tel Svcs Section. He displayed leadership and dedication as he assertively took over all functions of the section. Acting as Sect Comd, he provided sitreps to his Tp Comd on all taskings associated with the section. This ranged from telephone moves, to PBX programming and maintenance, as well the completion of a Comm Reserve project, which was completed to the highest standard, and finished on time.

The entire 731 Sig Sqn team extends their congratulations on jobs very well done.



Sean Aitkenhead receives a Member of the Quarter award for his work with 731 Sig Sqn. Cpl Haight and Cpl Miller also received Outstanding Achievement awards.

FIRST 12 MONTHS

Firepit placement and safety regulations



It is that time of year again when we will be enjoying the lovely warm days and nights of summer, and with that comes a wonderful backyard fire. Here in CFB/ASU Shilo the use of a backyard Outdoor Fireplace is permitted. You can purchase them at any hardware store for a reasonable price. There are many on the market out there, Masonry Brick with screen top, Molded Masonry (ex. Chimlea), Metal type with screen sides, and total enclosed with screen tops. These types can be used in the PMQ area.

From Shilo Emergency Services there are some guidelines that must be followed, it must be placed 10 to 15 ft from the PMQ, and no less the 6 ft to combustibles like Shrubs, fences, and sheds. Overhead try for at least a 12 ft clearance or even better nothing at all overhead. Add patio blocks, bricks, or sand to about 18 inches out from the edge of the appliance for a fireguard. After you have this all set up, you

must contact Shilo Emergency Service 765-3000 at ext.3296 or ext 3145 to have a look and see if you may need to make a change and then we will issue you an approval form. Now you can enjoy an evening in front of your outdoor fireplace. If you are unsure of the location or requirements, or there is any questions call Shilo Emergency Services Fire Prevention Branch at

765-3000 ext 3296 or ext 3467, we will be happy to answer any queries. Have a safe and fire free



summer.



- ZoneAlarm<sup>®</sup> Security Suite software
- Access to fully installed and supported MTS Home Networking
- 24/7 Tech Support and Network Performance Monitoring Only MTS gives you all this to keep your Internet needs covered.





Sign up today for MTS High Speed Internet at mts.ca/hsi or call 1 877 NET-4-ALL<sup>®</sup> or visit your nearest MTS Connect store or MTS Dealer.



MTS Internet service is available in a growing number of areas in Manitoba. Leadership claim based on independent customer polling results from November and December 2005. While no software can protect against all possible intrusions, ZoneAlarm Security Suite software v. 5.5 has been recognized in the industry as one of the best security suites available and their firewall sets the standard others must match— Source: PC Magazine, December 2004 and February 2005. First 12 months at \$29.95 a month offer available to new High Speed Internet customers only (defined as customers who have not had a High Speed Internet plan from MTS for the past three months) and is applicable to plans regularly priced between \$35.95 and \$50.95 and soft. Atten 12 months at \$29.95 are will be based on the thencurrent price of chosen plan. Offer is time limited. Other conditions apply. ZoneAlarm is a registered trademark of Zone Labs LLC, used under license. 1 877 NET-4-ALL and MTS design marks are registered trademarks of Manitoba Telecom Services Inc., both used under license.



**D**assover Thursday The St. Barbara's and Our Lady of Shilo chapels joined together to host a Christian Sedar Supper at the Faith Centre to commemorate the passover, but to also be reminded of the freedom we have received with God's gift of Jesus. The celebration started with a potluck supper that all enjoyed, and a traditional Matzah Ball soup. Padre Bos led the gathered people through the symbolic Sedar supper with Myrna Lane as the community female elder. The symbols of Matzah bread, bitter herbs, parsley, charoset, salt water, egg and 4 chalices of wine were explained, which form the basis for some aspects of the Holy Communion in the Christian tradition. Wine was generously donated by Mona Carey. After the celebration, the communities parted ways to celebrate Holy Communion.

ommunity Good **Friday Cross Walk** On Good Friday, Chris-

tians on base recalled the real reason why there is a holiday on Good Friday, and what the true meaning of "Good" means. Both St. Barbara's and Our Lady Shilo gathered at 1000 hrs to a beautiful summer-like day to carry the wooden cross to 7 points around the base: St Barbara's Chapel, the War Memorial, Cannex Mall, Base HQ, Fire Hall, MFRC and Our Lady of Shilo. At each station, we read a section of Jesus' last hours on earth to the time of his crucifixion and death. A final message was shared at Our Lady of Shilo by Padre Bos, and the community gathered at the Faith Centre for a luncheon

₹ood Friday **G** Children's Party In the afternoon, community children gathered at St. Barbara's Chapel for a fun afternoon of egg colouring, hunting, games, fish pond, activities and treats. Genie and Cher helped to organize the event and was enjoyed by all. E aster Vigil -

Saturday Night On the evening of SaturChapel community gathered in the parking lot for Bon Fire, as a symbol of light and anticipation of Jesus' resurrection. The fire light was brought into the dark chapel and the baptismal font was lit aflame, as well as many candles. As the congregation sat in darkness, our pianist Sharon, played haunting music to meditate on the death of Christ but also knowing that it was soon Easter. After the story of our salvation was recounted by Padre Bos, the lights were turned on and we began with the famous hymn, "Jesus Christ is Risen Today!". Shortly after the start of the service, The Shilo Firefighters extinguished the bon fire. The Chapel Life Coordinator would like to thank the Shilo Firefighters, Dan Barney - Chief Fire Inspector and Paul Tobin's team on Saturday night for their support in our Bon Fire plans.

day night, the St. Barbara's

Next year we hope to have even more people gathering with us for these celebrations which mark the true meaning of Easter and the special gift that was given to us on that day.



## New buildings among stops for MGen Langton

MGen Doug Langton (centre), CEO and President of CFPSA and Greg Pearson (left), Executive VP, stop to speak with Linda Foster, Recreation Co-ordinator, during a recent visit to CFB Shilo. MGen Langton spent two days at the base visiting various PSP entities, including the Community Centre and new Wood Hobby/Auto Club. He also took time to meet with PSP and CANEX staff and answer any questions about PSP and CFPSA. The visit was MGen Langton's first to the base.



A child carries a wooden cross towards one of seven points around the base in teaching with the true meaning of 'Good' Friday. As part of the Easter celebrations, Christians from both St. Barbara's and Our Lady Chapel's came together for the long weekend to share and learn about Christ's last hours on earth.

Mílítary Wíves Sísterhood

Invites you to attend .....

Dr. Ron Richert, doctor of psychology Guest speaker addressing separation anxiety, fears associated with the changing role of the military, and the benefits of belonging to a peer support group.

Thursday, April 27th

Doors Open @ 6:30pm

Speaker begins @ 7pm

First Presbyterian Church 339 - 12th Street, Brandon

Refreshments and networking to follow



The Military Wives Sisterhood is a non-profit organization founded by military spouses to provide empathetic support and friendship. We also ensure access to information, services and community resources.

Home... but not alone!

738 - 23rd St., Brandon, MB, R7B 1W3 (204)725-3210

# thousand words

**Stephanie Webster CFPSA** 

Photos capture aspects of military life difficult to describe with words. Mental toughness, teamwork, and endurance are some of the qualities that make our community unique. So too are isolated postings, deployments, CADPAT, airplanes, tanks, and ships!

Well, it's that time of the year again. Time to describe your community through the annual DND Photography Contest. The Canadian Forces Joint Imagery Centre and the Canadian Forces Personnel Support Agency, under the auspices of the Deputy Minister of National Defence, encourage the creation of imagery to illustrate the many facets of life in the military. It also aims to recognize members of the community who have attained a level of excellence in the art of photography.

The contest is open to all members of DND/CF, including families. It has

been run since 1968 and was originally part of an arts and crafts competition sponsored by Physical Education and Recreation personnel. The early contest was organized and run by CFB Uplands PERI staff and the winning entries were displayed at the Air Movements Unit. Due to lack of interest most of the competition was discontinued in 1972. Only the photography part remained.

Outstanding accomplishments are recognized through prizes donated by Hewlett-Packard (HP),NIKON, AMPLIS FOTO, DYNAMIX, and VALCOM.

The Canadian Forces Joint Imagery Centre and the CF Personnel Support Agency invite you to submit your photos from August 1st to October 1st, 2006.

Judging will occur at the Joint Imagery Centre in Ottawa on October 12 and 13, 2006

*Ms. Webster is the media* relations coordinator at CFPSA.







**Bdr Myles Mansell** 



Lt William Turner



#### CEFCOM Ottawa

our Canadian soldiers were killed when their vehicle was struck by an improvised explosive device near Gumbad, approximately 75 kilometres north of Kandahar. The incident occurred at approximately 7:30 a.m. on Saturday, April 22 (11 p.m. April 21 EDT).

Killed in the incident were

• Cpl Matthew Dinning, born in Richmond Hill, Ontario, stationed at 2 Canadian Mechanized Brigade Group Headquarters, Petawawa, Ontario;

• Bdr Myles Mansell. born in Victoria, British Columbia, of 5th (British Columbia) Field Regiment, stationed at Victoria, B.C.; • Lt William Turner,

born in Toronto, of Land Force Western Area Headquarters, stationed at Edmonton;

· Cpl Randy Payne, stationed at CFB Wainwright, Alberta.

Cpl Dinning, Bdr Mansell and Lt Turner died at the scene of the blast. Cpl Payne was evacuated by helicopter to Kandahar Airfield where he succumbed to his injuries after undergoing surgery.

All of the soldiers were

serving as part of Task Force Afghanistan; their next-ofkin have been notified.

The soldiers were travelling in an armoured "G Wagon" (Gelaendenwagen) vehicle as part of a multi-vehicle convoy when the blast occurred. Immediately after the explosion, Canadian soldiers established a security cordon around the incident site and a medical technician administered immediate first aid. A detailed investigation is being conducted to determine the circumstances of the incident.

Repatriation of the four soldier's remains is now being planned; details will be released as they become available.

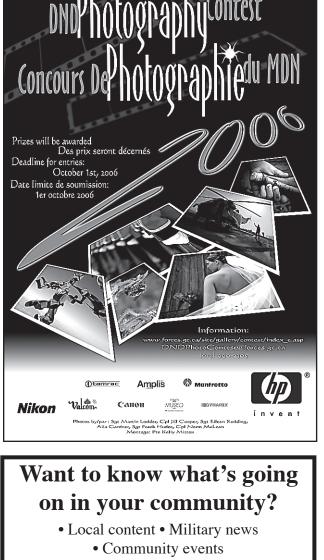
Canada's mission in Afghanistan is part of our contribution to the international campaign to help bring stability and security to the people of Afghanistan. The overarching goal is to help the Afghan people achieve peace by preventing their nation from relapsing into a failed state that gives terrorist and terrorist organizations a safe haven.

There are significant risks involved in these operations, but Canadian Forces members are among the best trained, and most experienced soldiers in the world. They are well led, well equipped, and fully prepared for the mission in Afghanistan.

Prior to this incident, 11 members of the Canadian Forces, and a civilian political director from the Department of Foreign Affairs and International Trade, have lost their lives in Afghanistan.



Scene of the roadside bomb incident where four Canadian Forces soldiers were killed while travelling in an G-Wagon near the Gumbad platoon house.



Read a newspaper with YOU in mind

SHILO

### Golf season is almost in full swing! Come and join Western Manitoba's premiere Country Club!

				-
	2006	Golf Seaso	n Rates	
		Regular	Associate	
	Adult	<sup>\$</sup> 527 <sup>90</sup>	<sup>\$</sup> 586 <sup>75</sup>	Men's, Ladies
	Restricted	<sup>\$</sup> 502 <sup>90</sup>	<sup>\$</sup> 524 <sup>30</sup>	& Junior golf
	Family	$^{\$}1,110^{00}$	<sup>\$</sup> 1,243 <sup>75</sup>	lessons available!
	Student	\$281 <sup>80</sup>	<sup>\$</sup> 303 <sup>30</sup>	
	Junior	<sup>\$</sup> 174 <sup>80</sup>	<sup>\$</sup> 206 <sup>90</sup>	
Call	Various pay 7 Golf Profe 765-3000 ex	xt. 3622 for n	lable including <sup>nts!</sup> Scinocca on s nembership de	etails Country
		•	call 765-3623	

Watch for Military Equipment displays throughout the golf season!



#### **POWER SUPPLY WORKER/POWER ELECTRICIAN**

We are seeking people interested in training for a career in one of the following programs:

- Power Supply Worker Program: a six-year apprenticeship program with two areas of specialization: Electrical or Mechanical Technician.
- Power Electrician Program: a four-year apprenticeship program.

Both programs include on-the-job training, trade schools and formal classes at Manitoba Technical Colleges.

You must have  $\ensuremath{\textbf{one}}$  of the qualifications listed below to be considered for either program:

- Two (2) year diploma in Electrical or Electronic Engineering Technology, **OR**
- High school diploma with Mathematics 40S (Applied or Pre-Calculus), Physics 40S and English 40G, **OR**

#### Qualifications unique to the Power Supply Worker:

- Two (2) year diploma in Mechanical Engineering Technology, **OR**
- Journeyman license (Construction Electrician or Industrial Mechanic) and a high school diploma

#### **ABORIGINAL PRE-PLACEMENT TRAINING PROGRAM**

Are you an Aboriginal person who is interested in the above programs but are not yet qualified? Consider our Northern or Southern Aboriginal Pre-Placement Training Programs. During the ten-month Program, you will have the opportunity to take high school courses and to gain on-the-job training experience in preparation for the Power Supply Worker or Power Electrician Program.

To be considered, you must have completed **one** of the following courses:

 Mathematics 40S (Applied or Pre-Calculus), Physics 40S or English 40G

Interested? Visit our Career Section at www.hydro.mb.ca for more information on these positions and the online application process. All applications must include a personal resume and a complete transcript of marks (high school and any post secondary).

The deadline for applications is **May 12, 2006.** If you are unable to access a computer, please call our Job Line at 204-477-7282 or 1-800-565-5200. We thank you for your interest and will contact you if you are selected for an interview.

The Aboriginal Pre-Placement Training Programs are employment equity initiatives and proof of Aboriginal Ancestry is required.

Manitoba Hydro is committed to diversity and employment equity.



This paper is issued by authority of Maj Chuck LaRocque, CD, Acting Base Commander, CFB Shilo. The views expressed herein are not necessarily those of the Department of National Defence or of the Editorial Staff. The Editorial Staff reserves the right to edit, to abridge, to reject copy or advertising to adhere to the policy, as outlined in CFAO 57-5, and for clarity and/or content.

### The Shilo Stag Phone Numbers: 204-765-3000 plus ext.

	I				
General Manager	Mike McEwan	ext.3073			
Editor-in-Chief	Janine Avery	ext.3013			
Assistant Editor	Becky Block	ext.3013			
Editorial Advisor	Lori Truscott	ext.3813			
Advertising Rep	Andy Jowett	ext.3013			
Fax: 204-765-3014	Email: stag@mts.net				
Regular Circulation: 3,000					
Mailing Address: Shilo Community Centre					
CFB Shilo, MB R0K 2A0					
Printed bi-weekly by: The Brandon Sun, Brandon, MB					

### Provincial Silver Medalists Daniel Finn weekend of the 8th of April

Program Director/YBC

Shilo Recreation Lanes is proud to announce that the 3 Player Team Combo of Marise Charles, Mathew Pelletier and Kendall Omeljanow have succeeded in attaining a silver medal standing in the 3 Player Combo Provincial Championships held in Winnipeg this 2006. This is a wonderful victory for these young people who have worked very hard to display their talents to various other bowlers throughout Westman. It just goes to show everyone that through perserverance and dedication to a sport you love, you can accomplish anything you set your mind to. Well done kids!

### **Closed for renovations**

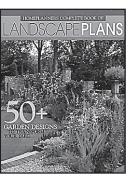
RCA Museum has closed all display galleries for renovations and new exhibition development. 18 April-2 June 2006 RCA Museum and RHQ RCA office and the Museum Library and Archives remain open for business. For information, contact the Museum Director at (204) 765-3000, x 3531.



(Left to right) Cpl Dave Larocque, MP; Bdr Cam Bell, 1 RCHA; and MS Mark Farrell, MP, stand beside the newly restored 1937 37mm Czech Anti-Tank Gun. The trio recently restored the rare historical piece as a hobby project. The two MPs will now begin restoring a M151-A Jeep that was used in the CF until around 1984.

### Whats New at the Library?





Perfect Bride The complete beauty, diet & exercise countdown By Janet Wright

Landscape Plans 50+ Garden designs to transform your yard By HomePlanners

#### PLUS!

Landscape Planning Practical techniques for the home gardener By Judith Adam



**ARIES** - You use charm, humor, and a light touch to get your point across now, and your friendly attitude makes a favorable impression on others. Serious and demanding mental work should probably be put off for another time, as either your mind is more on matters of the heart or you simply want to relax and think of lighter topics.

**TAURUS** - Your more conventional ways and habits may need reconditioning or updating in order to achieve your objectives. You are apt to put yourself down or compare your talents and skills to other individuals now.

**GEMINI** - You want to do something new and out of the ordinary. You also have a lot of energy and quick reflexes. Acting on your spontaneous impulses and following through on some of your more unusual or "crazy" desires will yield surprises.

**CANCER** - Your imagination and intuition are very keen now. If you are involved in an imaginative area such as art, music, theater, or writing fiction, you will find that fresh, new insights and creative inspirations give added zest and originality to your work.

**LEO** - Stifled anger and resentment over the frustrations and obstacles you confront now may complicate matters. This is not a good time to begin a new venture, ask for a promotion, or try to expand your activities in any way. Patience and perseverance are required of you now. Be willing to wait.

**VIRGO** - You realize that being with people and especially giving something of yourself and your talents to others with benefit you in the long run. However you want to be seen and noticed. You receive appreciation and a positive response and possibly an opportunity or personal contact which will be quite beneficial.

**LIBRA** - You are sharp, clear, decisive, and articulate. You can't stand being idle now; you are ready for challenging, intellectual activities and attacking difficult problems on the job. Self-confidence, physical energy, and courage run high, so this is a fine time to undertake any project or challenge that confronts you.

**SCORPIO** - During this time period you may begin planning big things for the future. You become excited about an idea that promises much greener pastures for you. If others question or doubt your plan, you quickly brush their concerns aside, as you pursue a grander vision. You can easily overlook the importance of practical details needed to successfully carry out a plan.

**SAGITTARIUS** - Your mood is conservative, quiet, reflective, and philosophical. You are more detached from your daily affairs than usual, and you step back to reflect on the overall course of your life. You are very concerned with your responsibilities to important people in your life and you may give a special gift or provide practical assistance to parents, spouse, or children.

**CAPRICORN** - Unsolved or puzzling problems and the hidden or behind the scenes aspects of a situation interest you most, and you delve and probe until you discover the truth. An interest in psychology or other peoples' secrets comes to the fore. A goal or vision you have been working toward comes into fruition now, or gains momentum and positive recognition from others.

**AQUARIUS** - You easily become fired up emotionally at this time, especially about people, places, or causes you have a strong attachment to from the past, such as your alma mater or your hometown. You care more passionately and respond instinctively and emotionally to whatever happens to you at this time.

**PISCES** - Your drive for freedom, independence, and absolute authority over your own life is quite strong. You tend to be very abrupt and inconsiderate of others. It's best for you not to try to cooperate or slow down your pace to suit other people too much. This is a time for getting a little loose and wild with friends.

## Shilo Military Family Resource Centre





## **Suzanne Linegar**

#### Tew to the Shilo MFRC Page!

**I** Every issue of the Stag we would like to spotlight a different staff. It's our way of letting the community know a little bit more about what the MFRC people are all about.

#### What is your title and what do you do at the MFRC?

My title is 'School-Age Program Supervisor'. My job at the MFRC is planning and running programs for school-age children. Some of these programs include special events, Kool Kids, weekly day camps in the summer and let's not forget themed Birthday Parties.

#### How long have you worked for the MFRC?

I have been at the MFRC for a little over 2 years. I started out as a casual with the Day Care, spent a year in the Occasional Child Care room and have been in this position since September 2005.

#### What is your favorite part of your job?

I like all parts of my job - everything about it is wonderful. I have a great boss and a corner that rocks!!! I enjoy planning events and still have the opportunity of working with children.

#### On a personal note, where do you come from?

I am from a little island in Newfoundland called Change Islands. It comes with a great story, ask me about it.

#### And last but not least, what is your favorite leisure activity?

I have two, playing scrabble and bike riding with my children.

#### Anything you would like to add?

I am married to a wonderful man of 14 years and we have two children ages 10 and 12. I have a stepson who is 20 and a step-grandson who is 2.

I'd like to say that working at the MFRC is so wonderful. It's like having family away from home. Everyone at the centre is great to work with. It's a pleasure knowing each and every one of them.

## And the winners are...





Eva Cameron

Jordyn Metcalf

The MFRC Always Ready Bunny has come and gone. Once again it has been spotted everywhere from the North gate to the South gate. It's awfully hard to ignore that big blue thing when it's staring you in the face giving you an Easter treat.

The proud winners of this year Bunny Sightings contest are: Jordyn Metcalf, Catrina Hickey and Eva Cameron. Thanks to everyone who participated and encouraged the bunny along the way. Those thumbs up really do go a long way.

## Jump on the Charm Bracelet Bandwagon in Support of Our Troops!

The MFRC Deployment program is pleased to announce a new addition to our yellow ribbon campaign! We will be selling Italian charm bracelets and yellow ribbon charms, with all proceeds going to deployment programs. Right now, there are three charms to choose from, if you're adventurous, you can take one of each home. If you don't want one for yourself buy one for your wife or daughter. Prices are as follows:

PRAY FOR OUR TROOPS - \$ 5.00/each PROUD WIFE - \$ 5.00/each YELLOW RIBBON - \$ 4.00/each CHARM BRACELETS - \$ 6.00/each

If you are interested in any of the above or have ideas on other charm designs please call Jennifer at ext. 3853.



## Summer Fun Playground Program Summer Jobs

The Shilo Military Family Resource Centre requires students for our summer playground programs.

#### Activities Coordinator and Crafts Coordinator

These positions are an excellent opportunity for post secondary students to gain experience in their related field. Students can apply what they have learned in school to the job and take the experienced gained to a future position.

Education Required: In order to receive funding we require students pursuing a career in Education, Child Care or Recreation, Post-Secondary Education. Knowledge in creativity with arts and crafts, wide background in sports and outdoor education. Experience in a playground program would be an asset.

#### Counsellor

Education Required: Minimum Grade 10, sixteen years of age. We require students with some knowledge of craft activities and some knowledge of sports activities (i.e. swimming ability). Experience including babysitting experience and/or prior supervisory experience in other programs such as sports groups. church groups, Brownies, youth clubs or teen clubs. Must like children and have a desire to work with children in the future.

> Please submit resume: Program Coordinator Shilo Military Family Resource Centre Building T-114 Shilo, Manitoba R0K 2A0

Applications must be received no later than 12:00 Noon, Friday, May 12, 2006

# LASSIFIEDS

#### **Homes for Sale**

**New Country Home** 1344 sq foot Country style home on 5 acre lot - 15 minutes from Shilo. Priced to go at \$176, 500. Call 834-3752 or 724-6580.

2003 Mobile Home - 1200 sq. ft. custom design mobile home. Possession date negotiable for "soon to be posted" Shilo troops. Ph: 728-3875

Affordable family home for sale. Three plus 2 bedroom bungalow style home on large corner lot located in Sprucewoods. Single attached garage. Extensive renovations including eaves, windows, carpet, etc. Fridge, stove, dishwasher stay. Taxes under \$1,000. Call 763-8872 to view. \$89,000 firm (no other offer considered) No agents please!

#### Ninette Acreage

45 acres with 4 bedroom home. Large addition with fireplace, small bard, cattle shed, spring fed creek, highway frontage, lots of trees, wild life, 30 miles to Shilo. Asking \$108,000. Countryland Realty, call Dave Mooney at 824-2094.



1157 SqFt, 4 bdrm Cedar bungalow on 5.15 acres. Basement 3/4 finished, new shingles and windows. Detached garage. 30x40 heated shop. Situated 6 miles west of Carberry, call 834-2341

Smaller 2 Bedroom House to Rent in Wawanesa. Fridge, stove included, available immediately, call (204) 824-2519 or 725-6303

Wawanesa: 3bdrm bungalow on beautiful large lot, close to school, partly finished basement including 4th bdrm & family room & wood stove all for \$100,000 Wawanesa: 4bdrm, 1 1/2 storey famiy home, new addition, fenced yard priced at \$65,000. Countryland Realty-Dave Mooney 824-2094.

1999 Bowes Mobile home for sale. 3 bdrm, located in Brandon, asking price is \$64,900. Call 571-9424 for more information

#### For Sale



Royal Canadian Artillery Officer's Sword with bright nickel scabbard. Maker is Wilkinson Sword Co. Ltd., London - Serial No. T4954. Wire bound fish skin grip with beautiful bright blade with 6 pronged star and 'RCA' symbols and markings etched theron. Excellent condition. \$790 Call (250) 767-6219 or email cz.ez@shaw.ca

Save \$10000! 05 Malibu LT Fully loaded including V6 automatic, sunroof, heated leather seats ,and factory remote start. Affordable buy at only \$21600 OR Lease for just \$341 per month taxes included 729-1925 Wanted

Childcare for 2 yr old (full day) & 6 yr old (half days) Monday - Friday. Will go to your home or can stay at our home. Please call Patsy or Leon at 765-4756, evenings.

A female to look after a disabled woman. Physical strength required. No experience necessary. Shilo/ Part-time/\$11.00/hour call 765-2542

The Shilo Library is looking for a substitute volunteer story teller for our Story Time program held on Thursdays. Please contact Pat Wells at local 3664 if you are interested.

#### **BRAND NEW!** WRAPPED!

Furniture

Chiropedic support pillow top bed set with edgeguard matching, sell for \$375. Ashley Microfibre sofa \$695 (loveseat & recliner available). Solid pine bunk set, bolted & separable, \$495. All wood 72" table & 6 chairs, \$795. Can deliver, call 571-1971 in Brandon.

#### For Sale

Craftsman 16" scroll Saw \$100.00, Testrite Drill stand w/tilt table \$20.00 B&D 209mm compound miter saw w/stand offers, Linda at ext 3396

Like new! One-double size mattress & box spring, onedouble mattress + couch + chair, call 725-4305/763-4007

Double sized three month old pillow top mattress for sale. \$250 or best offer. Call 763-4007

#### 1998 Ford F 150 XL

Ext. Cab with 3rd door. 6 Cyl Std trans, 123K km, Ex Cond, Air, Cruise, CD Stacker, Box Liner, Storage Box, \$9500 OBO. Call Mike at 763 4990.

2003 Jeep TJ sport, 4.0L, 6cyl, 21 000km Inc. soft and hard tops, \$18 500, Call Richard 765-4604

Little Tikes Blue Race Car Bed. With mattress and bottom support. \$100.00 765-4486.

Infant/Toddler Boy clothes 0-18 months and misc. items for sale. All items in excellent condition and worn only for one child. Prices range from .75-\$15.00. Please call 727-0017

#### ATV 2003 Yamaha Blaster asking \$3200.00 Call 765-2472

Two aquariums: 20 (2ft x 2ft) and 40 (3ft x 3ft) gallon. Each of them comes complete with filter, heater, lights, decorations, faux plants & aquarium stands. Asking \$80 for the the 20 gallon, and \$170 for the 40 gallon. ALSO-'life' magazines from the 50's,60's, and 70's, aswell as Cosmopolitan, US magazine, People, and a few others. Asking \$2 each. Call Lynn Linegar 765-2893.

#### Wedding Dress!

Size 8 wedding dress with veil asking \$650 call 763-4029

**Fish Tank for Sale** 10gal Fish tank w/ accessories \$20.00, Mens Nordica vertech downhill ski boots size 26.5cm(8 1/2) \$125.00, Marlin model 25N .22cal rifle w/ accessories \$150.00. All items o.b.o. call Troy or Carrie 765-4644.

#### For Sale

Magic Chef Dryer, approx 5 years old. Very good condition. \$250.00. Call 763-4663 after 4pm or leave

Washer/Dryer - 8 months old - \$300 each or \$500 pair. Stove - 8 months old \$300, Fridge, older but works - \$100. Package deal- All for \$800. Leave a

- 18 cubic foot frigedaire refrigerator (top freezer) excellent condition (2 yrs old) asking \$300.00 obo, - Kenmore quiet guard, ultra wash dishwasher - approximately 4yrs old asking \$150.00 obo.Call (204) 765-5257 (home) or (204)

**1988** Corsair

95000 KM, Need new carburetor and some TLC \$3000 O.B.O, Phone # (204)765-3000 ext 3415 After work (204)765-2893

pick the time and place. For appointments at your convenience, call Margaret Stock at 763-4728

#### **Dietrich Auctions**

Are available to conduct auctions in your area. If you are downsizing/moving, or wanting to sell unwanted items, give us a call. Dietrich Auctionss Ph 204-761-0201 in Brandon.

Melia's Piano Teaching I have 10 years of experience and live in the Shilo/ Cottonwood area. Theory included, call 763-8930.

Sandra's Sew Crazy! Hemming, Zippers, Heavy duty Textiles. Pick-up and delivery available, call 763-4202

Love to Decorate! Set own hours, pay, life style, holidays etc. Normal cost \$825.00 till April 28th \$159.00 Details contact Susan 726-0785



Yahooooo, Spring is here! The tanning industry is in full swing and there's lots going on. The best part is that you have everything you need is right here at BASE Hair & Tanning at the CANEX Mall, so there is no need to drive all the way back to Brandon to go tanning or buy lotions.

We have 2 beds for you to use. A 20 minute lie down for those of you who love to relax and enjoy the peace and solitude and a 9 minute quick tanning stand up booth for those of you who want to kick it up a notch. Our Wolff tanning bulbs are brand new so that you receive the optimum golden tan. When we get a great deal on lotions from our supplier, Uvalux, we pass the savings on to you. Drop by and check out our selection of quality Australian Gold and Swedish Beauty tanning lotions.

Our hours are Monday - Thursday 9 AM - 9PM and Friday & Saturday 9AM - 6PM.

#### Specials...Specials...Specials...

#### Save 15% off lotions

We understand the need to be competitive and give you excellent value for your money. We want to provide you with quality services here in Shilo and strive to be an oasis from the stress and commotion of everyday life. From the positive feedback we are getting we are on the right track.

Tanning Specials - 300 minutes for only \$35.00. This price matches our latest Brandon competitor.

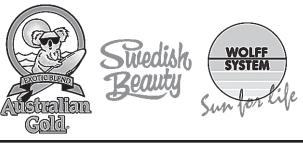
- 5 x 10 minute sessions for \$12.50. This package is great for a Mothers Day gift, for Grads, Weddings or someone new to tanning. Try it out and enjoy! **Tanning Lotions** - For the month of May all of our lotions will be 15% off. Our prices are already some of the lowest in the Brandon area so this is a bonus. This is a great time to upgrade your lotion and take advantage of the savings. Quality at a great price!

Here are a few of the many lotions we have. The prices include the 15% and the gst/pst are to be added. Australian Gold - Jaded \$63.74, Free Spirit \$59.49, Passion \$50.99, Cheeky Brown \$25.49, Iced Crème \$39.94, Hemp Accelerator Gelee \$21.24

Caribbean Gold - ATTITUDE - These have amazing fragrances, Boolicious \$42.49, Body Candy \$21.24, Sex Kitten \$19.54, Miss Me \$16.99

Swedish Beauty - Denim and Diamonds with a triple bronzing complex for rich instant dark color which lasts 5 - 8 days \$62.04 and Dangerously Dark with the Biotanning blend for dramatic dark color that lasts 5-8 days \$55.25

#### GIFT CERTIFICATES ARE AVAILABLE in \$10 AND \$25 denominations



Shilo's Coin Operated Car Wash is **NOW OPEN!** 

Open 24 hours a day, 7 days a week Located at M127 (new Wood Hobby/Auto club bdng) Please use east side entrance For info or to report problems, call Cpl Bursey at local 3171 or WO Pope at local 3528

# message.

Call 765-3000 ext. 3013

or email your free\* Classified Ads to stag@mts.net \*Non-commercial ads only. Free ads restricted to members of the CF, employees of CFB Shilo and the citizens of the surrounding area.

message 765-2676

3 piece living room set (sofa, love seat & chair) excellent condition, grey in color, approximately 8 yrs old, (non smoking / no pets) asking \$300 obo

761-5405 (cell).

**Supreme Motor home** 

Other Marriage Commissioner Available Licensed for the province of Manitoba. You

