

SHILO STAG

Your Source for Army News in Manitoba

Volume 46 Issue 14

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July 26, 2007

Pulling for Canada



LCol John Schneiderbanger, BComd, CFB Shilo, digs his heels in and gives a mighty heave at the International Peace Garden's Tug of Peace July 14th. The event, which was part of the Peace Garden's 75th Anniversary celebrations, settled a long-standing dispute between Canada and the United States after both sides claimed to have won the original tug 75 years ago. Visitors also enjoyed a classic car show, hot air balloon rides, concerts, and an evening barbeque. For more on this story, see page 6.

Photo by Layne Thiessen/Shilo Stag



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Deployment News

Photo: Combat Camera



Troops say farewell at Francis memorial



Photos by Bdr Longmire/1 RCHA

(Left) Padre Dwayne Bos reflects on the life of Captain Jeff Francis, C Bty at a private memorial held at the 1 RCHALines July 23rd. (Above) Soldiers from 1 RCHA remove their berets during the service honouring Capt Francis. Capt Francis died near Kandahar after his vehicle was hit with an IED.

Commander's tourney a hole in one



Photos by Layne Thiessen/Shilo Stag



(Left) LCol John Schneiderbanger, BComd, CFB Shilo, tees off on the first hole for his Annual Base Commander's Golf Tournament July 13th. (Above) LCol Schneiderbanger presents Matt Kowalchuk, a summer student working at Base CE with his prize for the Men's Longest Drive. Other awards given to the 73 participants including Women's Longest Drive, Longest Putt, Closest to the pin, and the Mystery Hole. All teams received prizes for awards such as the Most Honest Team and the Lowest Score. Thanks to all who came out for a great day of sport and competition.

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Mentorship program offers rewards

Layne Thiessen
Shilo Stag

In today's competitive job market, many young people aged 15 to 30 are finding it increasingly difficult to find rewarding, meaningful positions, at least according to YMCA-YWCA of Winnipeg Youth Employment Programs Director Cindy Rempel, who hopes to do something to positively affect the situation. Rempel is hoping volunteer employers and employees in Shilo will be able to serve as mentors and take part in the Federal Public Sector Youth Internship Program (FPSYIP) which will allow local youth a chance to gain the training and work experience many employers require.

"These people (youth) are serious about getting good employability skills. It's the whole 'no experience no job, no job no experience' cycle that they get stuck in that causes them problems and we're hoping to give them some valuable experience," says Rempel.

The YMCA, in partnership with Human Resources and Skills Development Canada, is hoping to expand the program at CFB Shilo starting this September, giving motivated but underemployed or unemployed youth the chance to gain confidence and marketable skills in a variety of internships with caring and skilled individuals in different professional areas.

"It's geared towards working with youth that are coming from disadvantaged settings or have had difficulty securing employment for reasons such as a lack of education, not having good family support, and other life issues. It gives them a job where they have one-on-one mentorship with the person working with them."

Rempel says that the rewards of the program are two-fold for volunteers. While youth gain necessary real world experience and new skills, mentors receive labour at almost no cost to them and will also feel the satisfaction of being valued by someone

who looks up to them as they help their interns reach their career goals or become more attractive to a wide-variety of employers across Canada.

"The program is very successful, about 60% of the youth that complete the program go on to further education or full-time employment, allowing them to become contributing members to society."

Rempel hopes that the program, which began in 1997 and had a successful run in Shilo at Base Maintenance in 2004, will appeal to other organizations, employers, and employees in 2007 who will choose to open up their hearts and workplaces to Manitoba's youth. While the requirements for mentors are flexible, Rempel says that it is important that mentors have an interest in youth and are willing to work with them.

"We're looking for mentors that are willing to pour a little bit of themselves into these youth to help them develop and grow, someone flexible who realizes how people have helped them in

their own life and want to give back a little."

The program will absorb many of the costs including wages and initial training, leaving the mentor to pay for minor incidental costs including office supplies or any uniforms needed for the position although the program is willing to help with costs such as footwear. Volunteers will not be on their own as the YMCA provides mentorship training as well as counseling to interns who need it.

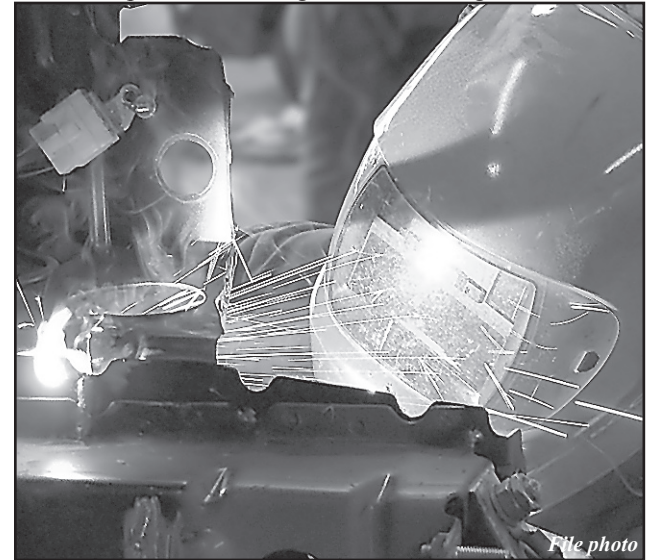
"Staff at the YMCA provide training and counseling to help them [interns] deal with their life issues and perform well in the workplace. The mentors can get as involved as they are willing to get. We step in as needed and keep in touch with volunteers very regularly."

Rempel, who was im-

pressed by the success of the program in Shilo in 2004, would like to encourage all interested individuals and organizations to contact her as soon as possible by phone at (204) 953-7318 or to check out the program's website at www.yyip.ca

"Our experience working

with the fellows from Shilo has been very positive and I think that there are more opportunities out there. It's a great program that can make a difference in the lives of both interns and mentors and it's a unique opportunity that would be great for people to take advantage of."



File photo

EXTERNAL REVIEW COMMITTEE

Share Your Views on Manitoba's Regional Health Authority System

The Manitoba government has established an independent external committee to review the province's regional health authority system. The goal of this review committee is to make recommendations to improve health care services for all Manitobans.

The external review committee consists of the following members:

- Dr. Jerry Gray, dean emeritus and senior scholar at the University of Manitoba's I.H. Asper School of Business
- Ms Shirley Delaquis, a recently retired nurse
- Mr. Tom Closson, the former president and chief executive officer of major hospitals in Ontario and a British Columbia health region

They are expected to achieve the following objectives:

- Examine the overall performance of the RHA system
- Identify areas where regional health authorities (RHAs) have shown innovation in improving patient care
- Recommend how best practices can be extended to all RHAs
- Ensure resources are focused on front-line patient care by reviewing administrative costs, including comparisons to other jurisdictions
- Examine how RHAs can increase their public accountability
- Identify ways to enhance community participation in regional decision making

Send your written submission

The review committee wants to hear what you have to say regarding Manitoba's RHAs and invites you to send a written submission related to topics within its mandate. You can send your submission by either post or e-mail.

Mailing address – RHA Review Committee, P.O. Box 48065 RPO Lakewood, Winnipeg, MB R2J 4A3

E-mail: rhareview@shaw.ca

Please send your written submission by **August 22, 2007**.

For more information

If you would like more information on the review committee's detailed terms of reference, please visit www.gov.mb.ca/health/rha/review.html

Any personal information, and personal health information, you provide to the review committee as part of the consultation is subject to *The Freedom of Information and Protection of Privacy Act* and *The Personal Health Information Act*. The information you provide will only be used to assist the review committee in carrying out its responsibilities. This will involve disclosure of the information to and between members of the review committee, persons providing administrative support, to other review participants, other interested parties and through various means, during and after the review process, including written reports. **Your personal identity will not be disclosed without your consent.** If you have any questions about the collection, use or disclosure of your personal information or personal health information, please contact the review committee coordinator at P.O. Box 48065 RPO Lakewood, Winnipeg MB R2J 4A3 or (204) 786-7347.

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**Please visit our website at www.gov.mb.ca
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Manitoba

Museum chair retires



Photo submitted by Ed James, Elkhorn, MB

At a recent Board of Directors Meeting of the CFB Shilo Royal Canadian Artillery Museum, Col Ian Barnes (Ret'd), the board chairman was recognized on his stepping down from the position. Col Barnes has been chairman of the board for 6 years and has turned over his position to Col Jim Jeffries (Ret'd). Col Jim Jeffries was the former commanding officer of the 26th Field Regiment. Col Barnes served in the Canadian Army as a member of the Lord Strathcona Regiment.

LCol John Schneiderbanger, BComd, made a presentation of a framed certificate and commemorative medallion to Col Barnes in which he praised him for his leadership and efforts over the past six years with the museum. During Col Barnes' time he has done much along with the museum staff and volunteers to develop a greater local awareness of the RCA museum. Col Barnes plans to continue to be an active member of the RCA Museum Board of Directors and is taking on a new challenge to help RSM (retired) Ross Niell, curator, with the 26th Field RCA Regiment Museum, located at the Brandon Armories.

The museum will be holding the grand opening of its Gun Vault on August 17. That will enable the museum to display to the public some of its historic small arms collections. Also, for the August 25 and 26 Brandon Military Tattoo, the museum will be supplying several pieces of his historic military vehicle collections.—Submitted by Ed James, Elkhorn, MB

Got wood? Get busy!



Photo by Donnie Pope, Wood Hobby President

Layne Thiessen
Shilo Stag

Need a new kitchen table? How about a sturdy set of drawers? You can make them yourself and receive instruction from members of Shilo's Wood Hobby Club in the new M-127 building just south of Base Headquarters.

Serving Shilo's home handymen and women for over twenty years, the club offers a wide variety of saws, lathes, shapers, and other equipment to both the experienced woodworker and the novice alike.

"We offer a place to do any type of woodworking. It's got a lot of industrial tools that people can use to make anything they want. We're open four nights a week Mon-

day, Tuesday, Wednesday, and Thursday," explains longtime club member and Vice President Donnie Pope.

Memberships range from \$100 a year to \$20 a month or residents can pay a fee of \$5 every time they stop by to use the club's equipment. Wood is not supplied but an extensive list of tools are available for members' use and several experienced club members are always on hand to help out. Projects vary and, according to Pope, no job is too big or too small.

"One guy built a roll-top desk and we've had people build bedroom units including dresser drawers and beds, we have the tools to do all that stuff."

The club relies on funding from new and existing

members to keep its tools in good condition as well as money from the car wash and the assistance of the Base Commander.

"The club has come a long way and we try to upkeep everything with the money we get from the carwash. It's pretty expensive to get blades sharpened and to buy new odds and ends for the club. The Base Commander also helps us because he allows us to get some equipment from Base Supply."

Pope says the club presently has a handful of members but is always looking for more.

"Come on in and join! We'll take all the membership we can get!"

Interested individuals should contact Donnie Pope at 3528 or President Micheal Bursey at 3171.

Calling all former ECEs

You may be eligible for a Recruitment Incentive Grant of up to \$3,000

Are you an Early Childhood Educator (ECE) II or III with an approved diploma or degree in Early Childhood Education? If so, and you haven't worked in a licensed early learning and child care centre in Manitoba for at least two years, you could be eligible to receive up to \$3,000 to return to the field.

The ECE Recruitment Incentive Grant program provides funds to returning ECEs hired anytime after September 1, 2005, by eligible, community-based, non-profit early learning and child care centres or nursery schools. You will receive half of the funds after three months of work and the remainder at the beginning of your second year of work.

The Manitoba government approved a funding increase to bring annual, full-time frontline ECE starting salaries from \$27,000 to \$30,000. Explore the opportunities today.

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81mm Mortar still delivers

Sgt Power
Army News

The 81mm mortar has a proven track record, and is hard to beat as an indirect-fire support weapon at ranges out to 5600 meters. With a good crew, and a high rate of fire this weapon can deliver a tremendous volume of fire on target within minutes of receiving a fire-mission request.

Canadian soldiers first trained on American made 81mm mortars in preparation for the Korean War, though with few available to Canadians for war service, the British 3 Inch mortar took the lead. Based on the success of the American 81mm in Korea, Canada and the UK began the development of their

own 81mm mortar during the late 50's.

Delivery of the L16, the earliest version of our current 81mm mortar, took place in the early 60's. It has seen a number of modifications since being introduced, and, coincidentally, was the model for the US Army when it developed it's current M252 81mm mortar.

"The power and accuracy of the M777 155mm howitzer is great, but if we need an immediate volume of fire anywhere out to around 5000 meters, it's more advantageous for us to use the 81," stated Master-Bombardier Jason Simpson from the Command Post during a shoot. During training and overseas operations the mortars are set-up right next to

the big guns, with ammo standing-by. The type of fire-mission dictates the system to be used, with no delay in the crew switching between the two.

"We can maintain a rate of ten rounds per minute (maximum) with each mortar," said Gunner Ryan Tapp, the number 2 on a mortar, responsible for dropping the bombs in the tube. "The number 3 checks the sights against the aiming stake between rounds to make sure we stay on target,... that's a lot of rounds coming down, and if we were a detachment with just the mortar we'd be able to move within minutes and set-up again just as quick to keep within range to support advancing infantrymen." The number 1

is the Detachment Commander responsible for the mortar and crew. Number 4, when employed, prepares ammunition.

During operations the mortars are typically set-up next to the howitzers and would not be packed-up and moved, the crews would switch to the howitzer if range became an issue. However, the mortar is easily transported by vehicle, and if there was an operational requirement the system could be man-packed by a crew of three, with additional soldiers carrying the ammo.

The 81mm mortar is a proven and reliable weapon system, currently used by artillery units, primarily as a local defence system. Although the mortars manned by the gunners in

Afghanistan are used regularly to support infantry operations, it is still the M777 used for most fire-support missions. With no clear frontlines in Afghanistan, artillery batteries can be

as vulnerable to attack as the troops they support, so having the mortars to provide a ring of fire around them provides some comfort as they do what they're good at.



Photos by Sgt Power Army News

Gunner Ryan Tapp of D Troop, B Battery, 1 RCHA is the Number 2 on an 81mm mortar crew. With a mortar bomb in hand he waits for the order for a fire-mission to begin. Bombs are loaded from the standing position, with the loader crouching to avoid the blast as the bombs launch.



Bombardier Jean-Michel Tanguay, of 1 RCHA in Shilo, adjusts an 81mm mortar using the C2 sight during a shoot.



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Canadians triumph over USA

Layne Thiessen
Shilo Stag

On a warm July afternoon as kites and flags flapped in the breeze, over a dozen soldiers from CFB Shilo, including LCol John Schneiderbanger, BComd CFB Shilo, dug into their positions along the Canada-U.S. border, preparing for the battle that was to come.

The Tug of Peace, part of the International Peace Garden's 75th Anniversary celebration on July 14 was a rematch of the original event that U.S. newspapers claim Americans won 75 years ago. The initial contest, which involved civilians from both countries, was an enormous event in its time as International Peace Garden's Marketing and Promotions Director Aggie Buhler explains.

"50,000 people showed up from the United States and Canada to dedicate this garden and celebrate the peace between our two nations. The most important event of the day was the Tug of Peace and the two countries pulled across the border against each other. Eyewitnesses over one-hundred years old have informed me that Canada won that day but the Americans claim that they won and there has not been a rematch for 75 years."

Due to conflicting accounts of which country had originally triumphed, soldiers from CFB Shilo and airmen from U.S. Air Force Base Minot had formally agreed to settle the score once and for all in front of witnesses from both countries. Curiously, the American contingent pulled out at the last minute due to a training conflict, leaving Canadians with what seemed to be an empty victory.

However, wanting to offer Canada's neighbors to the south a fighting chance, LCol Schneiderbanger threw down the gauntlet, challenging all Americans in attendance to take up the other end of the rope and see if they could beat some of Canada's finest and drag them across the border into American territory.

Several dozen took up the call and victory no longer seemed certain for the Canadian side. A well-prepared LCol Schneiderbanger, reviewing his troops and several eager Canadian volun-

teers, discussed his strategy before the battle.

"I brought a pair of gloves and I'm going to hold onto that rope and pull as hard as I possibly can."

A struggle ensued that, judging by the shouting and tense facial expressions exhibited, both sides seemed to take fairly seriously. Although slightly outnumbered, the Canadian team's organization and discipline eventually paid off, allowing a number of Americans to enter Canada without having to clear customs.

While Canadian pride was upheld and the title of the strongest nation is no longer in dispute, the Tug of Peace was not meant to represent conflict but rather a celebration of cooperation and peace between two neighbours at a place created to celebrate the world's longest unfortified border.

"The International Peace Garden is a symbol of peace between our two countries and also a symbol of the hope of peace for all of mankind," says Buhler.

LCol Schneiderbanger agreed, indicating that CFB Shilo took part in the event for that very reason.

"I am extremely glad that CFB Shilo was asked to be part of the 75 Anniversary International Peace Garden celebrations. Although Minot Air Force Base could not participate in the Tug of Peace, CFB Shilo personnel showed great spirit by honouring our commitment to the Gardens to participate. We were determined to strip the Americans of their title and we did. This celebration was an excellent opportunity for Canadians and Americans to get together and showcase a beautiful park that represents peace...a peace that we all want for the world. Along with our American friends, we're trying to keep the peace and help people out. What better place to show our solidarity and how we help each other then here at the Peace Gardens."

Three Canadian soldiers personally acted on this message, aiding cries for help after an American citizen collapsed and fell from his vehicle to the hard cement of the parking lot. The man was revived and attended to by CF medics Lt[N] Carl Hartman, Pte Petten, and Sgt

Cherniawski who took vitals and conducted a body survey as concerned passersby and American security personnel looked on. The man, who appeared to be intoxicated, had diabetes and was on a variety of medications. The medics cared for him until an ambulance arrived to take him to hospital.

Lt[N] Hartman said he was happy to help out the American citizen and, as a CF member, felt it was a necessary part of his job.

"We share a common border and there were no American medical personnel there. We felt it was our responsibility to assist our southern neighbour. Uniform doesn't matter, nationality doesn't matter, he was just a human being in need of help."

Many of the park's visitors visibly appreciated the effort put forward by Shilo's soldiers. LCol Schneiderbanger was also impressed with the diplomatic and responsible actions displayed by his troops as well as their efforts in the Tug of Peace.

"This event gave CFB Shilo personnel an opportunity to meet with U.S. citizens many of whom thanked us, the Canadian Military, for what we are doing on our current operational missions.

Fun was had by all and I thank all the Base personnel and their families who came out to the Gardens to help pull the rope to victory. Well done!"

Other events at the 75th Anniversary celebration included cultural dance and art displays, hot-air balloon rides, a classic car show, and an evening barbeque and gala concert. The International Peace Garden opened in 1932 to commemorate a commitment to world peace and to celebrate and officially commemorate the friendship that exists between Canada and the United States.



(Right) Pte Petten, a medic from 11 Health Field Services Shilo, attends to an American citizen at the International Peace Gardens while Lt (N) Carl Hartman and Sgt Cherniawski assist. The medics were able to stabilize the gentleman following their assessment.

Photos by Layne Thiessen/Shilo Stag

Tips on keeping the job

The
**Career Coach's
Cubicle**
CHRISTINE HELGASON
Employment &
Education Coordinator

Dear Coach,
I've just got a new job and I really want to keep it without being a "brown-noser". What are some things that I can do, or what should I avoid doing?

Love my job.

Dear Love My Job,
Your question is a good one. People usually focus on their resume and interview skills but pay little attention to keeping the job once they've been hired. Remember, you are on probation usually for at least 90 days and your employer will be watching!

Here are some things you can remember to do:

- Be on time (or even a bit early). Make sure to telephone as soon as possible if you are going to be late or absent.

- Be cheerful and co-operative with co-workers, but don't spend a lot of time talking when you're supposed to be working.

- Learn the rules – like how many hours you're expected to work and when breaks are allowed.

- Be willing to learn new skills and to help out when needed.

- Ask questions about anything you're unsure of, but try to think things out for yourself when you can.

Employees can expect to lose their jobs if the following areas become an issue:

- Attendance: if you're not showing up for work for whatever reason, you will be replaced rather quickly. Whether it's always calling in sick or simply not showing up for shifts, it's fair to expect that there may not be a job for you when you do finally show up.

- Punctuality: we all know what time we have to be at work and there can be many factors which cause us to be

late. Sometimes employers will use a "three strikes and you're out" policy in dealing with staff who are chronically late.

- Work ethic: remember that the employer is paying you to do a job and to do it the way they require. If staff are "slacking off", the work won't get done. It can be as-

sumed that if you do a good job, your job will be fairly secure. If the quality of your work is poor, expect to be looking for another job.

- Dishonesty: a large part of many employers' losses are due to employee theft or fraud. Employers no longer give chances for staff to apologize when these events occur. The result can be criminal action.

- Appearance/personal

grooming: this can be a touchy subject for an employer to raise, so let's be straight about it here. Dress codes and hygiene policies are very important to some employers and, in some cases, a legal responsibility. If your appearance doesn't meet the employer's standards (unwashed hair, dirty nails, body odour) they are within their rights to let you go.

Some of these points may

seem to be plain old common sense but you'd be surprised how many employees feel that employers are being mean or unfair by asking them to show up on time and stop making personal calls. These are some basic guidelines to follow. If you have more specific questions and your workplace, feel free to give me a call at 3227 or stop in.

Christine

If it's an emergency, come to the ER.

If it's not, there may be better choices.



Emergency Room Physician Dr. Ricardo Lobato de Faria

Hospital emergency rooms are busy places. And patients with life-threatening emergencies are always treated first.

That means if you have a minor injury or illness, you may have to wait. If you're looking for a second opinion about a long-standing problem, the emergency room is not the best solution. And unless it's urgent, the ER can't get the test your doctor ordered completed any earlier.

- If you think it's an emergency, go to the ER.
- If it isn't an emergency (e.g. mild or chronic headache, back pain, minor cut or burn, sore throat, cold, possible sprain) go to your family doctor or local walk-in clinic. In Winnipeg, you may also visit the Misericordia Urgent Care Centre or the Pan Am Minor Injury Clinic.
- If you're not sure what's right for you, call Health Links-Info Santé and talk to a nurse anytime day or night.

Health Links – Info Santé

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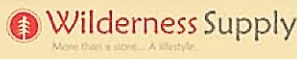
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What's on Your Agenda?



BINGO!

Every Thursday evening at the Sprucewoods Community Club. Share the wealth at 6:20pm with the Early Bird at 7pm. \$1000 in 52 numbers!

Bar 77 Ranch trail rides now open for boarding. Outdoor boarding available. Over 160 acres of pasture to ride out. Call 726-0231.

Are you hosting an event that the community should know about? Call 765-3000, ext. 3013 today to add it to our free community listing!

Hampton Gray Memorial School Reunion!

For former teachers, students, and parents on October 6,7th, 2007. Deadline date is 31 August/07. Please contact hamptongrayalumni@hotmail.com or phone Sheila (Lambert) McCalum at (902) 466-2611. Lots of activities planned!

Ceramic Club!

Tuesday Nights
6:30-10pm 20-22
Esquimalt.

Shilo Community Library

SUMMER HOURS

Mon, Tues, Thurs:
9-4pm, 6-8:30pm
Wednesday
9-4pm
Fridays
9-12noon

Sprucewoods Community

Weekly Events:

Mondays - CRIB, 7pm.
Tuesdays - TOPPS, 7pm.
Thursdays - BINGO, doors open at 6:30, game at 7pm.
For more information on what's happening in Sprucewoods, contact Andy Robichaud at 763-4843 or Frank Hambrook at 763-4919.

1st Shilo Scouting is looking for responsible, energetic adults who would like to become involved in the community and with youth. We are looking for Beaver Leaders (ages 5-8) and Cub Leaders (ages 8-12) and to fill some executive positions. If you are interested please call Linda at 763-8776 after 5pm.

Volunteer on the Manitoba Suicide Line. Next training session runs October 1st to December 13th. (6-9:30pm) in Brandon. Deadline for application is September 24th. For more information call 571-4182.

Royal Canadian Legion Branch #3

Summer Activities

- Weekly meat draws are held in the lounge Fridays and Saturdays at 4:30pm, all welcome.
- Weekly bingo's are held in the Hall every Thursday. Doors open at 5:30, early bird starts at 7pm. Regular games at 7:30pm, all welcome.

28 July - Dance in the lounge from 8:30-11:30pm, music by Popcorn. Admission \$7.

4 August - Maple Leaf dance in Hall from 8-midnight with lunch at 10pm, music by Tiger Hills.

11 August - Steak BBQ in lounge

X Company's PHAT Camp

4-6.5 days of Physical Arts Training
August 7-10th \$25-\$100 fee range

For more information, view xcompany.net

Play n' Park offers fun summer escape

Layne Thiessen
Shilo Stag

Staying at home with the kids for the summer has its ups and downs. A new program introduced by Shilo's Fitness, Sports & Recreation (FS & R) allows parents and caregivers flexibility and, if need be, a little bit of breathing room. Best of all, it's free!

"Play n' Park is a free drop-in program for kids three to twelve years of age. We've picked three parks within our community and have hired two young recreation leaders with experience working with youth and have bought lots of fun equipment. Our leaders go to the park and plan games for anyone who drops by. Children six and under must be accompanied by a parent or other caregiver," says FS & R Recreation Coordinator and

program organizer Brenda Cavanagh.

Play n' Park allows parents to play along with their children or drop of them off from 10-11:30 am and 1:30-3 pm on Monday, Tuesday, and Thursday every week.

"We started the program after realizing that there was nothing free for mom's that are at home with the kids all summer. The kids can be entertained and it gives parents some space and flexibility for their own lives."

All costs for the program have been covered by Base Fund and Cavanagh suggests that in addition to helping kids and parents have fun, the program helps serve a very important purpose.

"Obesity rates in Canada are rising largely affecting our young children that are inactive. This is another way of

allowing us to counteract that by providing a fun, free program in the community."

Cavanagh says that while the program is for kids, parents are more than welcome to join in on the fun.

"We welcome the parents to come and play. We have brand new parachutes, balls, scoops, hula hoops, it's a great program and a great way to spend time with your child."

The program is at the community centre park on Monday, Sapper park on Tuesday and Kingston park on Wednesday. There is no registration required and parents are encouraged to bring down their children at any time. Anyone interested in learning more about the program is encouraged to call Cavanagh directly at extension 3317. Schedules are available at the community centre.

For information on all recreation programs, contact the Community Recreation office at extension 3358.

CLASSIFIED ADS!

Call 765-3000 ext. 3013

or email your free*

Classified Ads to

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Homes/Property

1 1/2 story, 3 bedroom, in Wawanesa, only 15min to Shilo. with in the past two years it has had lots of work done, new kitchen cupboards, new corner shower, click floor in the livingroom and kitchen, new deck, fence, and has a dog pen. Has a one car garage with wood stove. all appliances can stay. New paint outside also. asking 69,900.00 as is where is. call after 5pm 824-2394.

2 New Homes on 5 Acre lots 15 minutes from Shilo
First home: 2300 Sq Ft walkin style, 3 bdrms, 2 and 1/2 baths and attached double car garage. Second home: 1368 Sq Ft Bungalow style, full basement, 3 bdrms, 2 baths and attached double car garage. Phone 824-3752; cell 724-6580

Have something to sell? Call our office today at 765-3000 ext., 3013 and find out how you can maximize your business!

Homes/Property

5.15 acres of privacy with trees & rolling hills, newly renovated 4 bedroom, 3 bath bungalow. Double garage. Low taxes. 30'x40' shop (in floor heat, wired 220). Horse Haven: Corrals, lean, heated dual wateringbowl & fenced pasture, unlimited water supply. 1/2 hr. east of Brandon on 351 Hwy. 20 mins to Shilo. MLS#2707628, \$249,000 call 725-8841

2 bedrooms, new laminate floors, new bathroom, big kitchen and living room, Central air, new shingles, double car garage, lot has a barn with other sheds. Lots of good water. 10.88 acres on #1, 17 miles east of

2 bedroom house for rent in Wawanesa. Fridge, stove, washer and dryer included. \$500/month plus utilities. Call 824-2248 ro 729-7608.

For Sale

1989 Jeep Cherokee Larado, 4x4, 4inch lift, 4.0L, cd, air, needs some work. \$1000 obo

1961 Renault caravell (2 of them) project cars, one is stripped and partially sanded. soft and hard top optional. 400 Call after 5pm 824-2394 ask for Preston

18 foot 2005 Glastron Boat. 190 Horsepower in-board Volve Penta-Drive, with Easy Haul Trailer and water toys. Fewer than 20 hours on the vesicle. Like new. Asking \$20,000 OBO. Call Mike at 761-5175 in Brandon.

1977 Triple E 17.5 ft Travel Trailer

Excellent Condition, Dry Weight 3600lbs - Sleeps 5, Convertible electric/propane Fridge & Furnace, Two piece Bath, Three burner range with oven, New H2O & Propane Lines - 2005, New Upholstery including foam/plywood - 2005. View @ 738-23rd St, Brandon or call Travis @ 725-3210

Child care

Experienced, Reliable Childcare Provider Has 2 Spaces Available Immediately!

Private Dayhome, Previous Experience with Military Families. No Smoking/No Pet Home. ECE Level I. Receipts and References Available. Brandon, Green Acres Area. Phone Tammy at 571-8962 for more info.

Licensed daycare with 3 Full-time Preschool spots and 2 School age spots open! Includes lunch program, experienced. References available call Crystal at 765-2617. Please leave a message

Licensed Daycare on base has 2 temporary openings open from June -October. Snacks and lunch are provided, crafts and activities, Inside and outside play, including water park, park, and walks. CPR and First Aid qualified, subsidy available, Receipts given For more information call 765-4626

Services

Experience the ultimate 'girls night' and discover what the buzz is all about. Have one of 'those' parties to celebrate anything or just the discovery of a whole new you! Email in-mysterious-ways@hotmail.com or call 573-3574 (to learn how to earn free product and a discount on your preferred products".

Canadian Firearms Safety Course Instructor/Examiner, Restricted & Non-restricted. Manitoba Hunter Safety Course Instructor. Greg Steele, 725-1608 or ggs57@wegwave.ca Next course dates. Hunter Safety Aug 12 or 18 or Sept 8. CFSC challenges by appointment.

**This space could be yours!
Call 765-3000,
ext 3013 and find out
how you can claim it!**

Services

Arbonne International is proud to be part of the Shilo community. ALL natural, no animal testing, vegan approved skin care products for babies to adults. SAMPLES available. Please call Audrey Brazeau at 765-5180 for more information

Looking for a way to enjoy a little girl time? Plan a Mary Kay party! Enjoy free makeovers. Rhonda Olson, Independent Beauty Consultant 727-4516 or 730-0542 or email at rolson@westman.wave.ca

St. Barbara's Protestant Chapel

Sunday's @ 1030 hrs with

Sunday School & Nursery

Padre Ohs - ext 3088

Padre Bos - ext 3090

Our Lady of Shilo Roman Catholic Chapel

Sunday's 1030 hrs

Douglas United Church
Sunday service: 9:30am
Sunday School

NSE often unsung heroes of mission

Kristina Davis
The Maple Leaf

KANDAHAR AIRFIELD - She's got a name a mile long. And a now a nifty "handle" - D-14.

From Saint-Jérôme, Que., Corporal Tania De Lasablonnière (count the letters) is a driver with the National Support Element (NSE) at the Kandahar Airfield (KAF).

Cpl De Lasablonnière says she didn't much like school-she doesn't mince

words-but she did like Cadets. So she found a home with the Army, and just the right mix of adventure and job security. Plus, she likes to drive.

It's a family thing, she explains. "My family's all in construction," she says. "They all drive whatever's big." And it's true: her dad is a heavy equipment operator, while her mom drives a school bus. And Cpl De Lasablonnière? She drives everything from a 16-tonne to a tractor.

Regularly outside the wire on re-supply convoys, she says they do any and all maintenance at KAF. "We need to make sure we don't break down on the road." So from oil to tire changes, they look for every little mechanical hiccup that could turn into a problem.

Once the mechanics have been ironed out, the crew rests. They'll need it. While en route, Cpl De Lasablonnière says she tries not to be paranoid or think too much. "Any dis-

traction," she says, "could get you off the road."

Plus, she adds, the days are long so it's critical to simply shut everything out, except the task at hand. Up for close to 24 hours, she and her co-driver chat. And while it might mean repeating the same story three times in one night, it keeps her awake.

She measures success once she's arrived back at KAF and has delivered much-needed supplies. "If the 'guys' are getting

what they need and if they are happy, so are we," she says.

And what of her family back home? Cpl De Lasablonnière says she tries to strike a balance. "You try to tell them as much as you can, without telling them too much," she explains. And while that's likely easier said than done, she also advises that they not focus too, too much on the news.

Outside the wire, she gets a first-hand look at local villages. She admits she gets a lot of stares. "The locals are surprised to see a girl, especially in a big truck." But she takes it all in stride. She's also not the only one-there are four other women in the transport section.

The children often amaze her. Cpl De Lasablonnière can't believe how small they are and the responsibilities they carry. She mentions one small boy, she estimates he was six years old, herding sheep. A six-year-old in Canada is starting school.

And being a driver, she notices the roads, many of which are in dire straits. "At least in Canada we have paved roads," she says with a laugh. "Sometimes they are crappy, but

they are paved." Back in the headquarters building at KAF, Lieutenant-Colonel Charles Mathé, commanding officer of the NSE, says their role is critical. "They count on us ...to keep them going."

So from drivers to maintainers to the behind the scenes specialists like supply clerks and even civilian employees from the CF Personnel Support Agency, the list of personnel at the NSE is long and varied.

Sometimes the unsung heroes of the mission, LCol Mathé says their role is no less dangerous. On the day we chatted, he had close to 140 personnel outside the wire.

It's necessary not only for re-supply missions; it's also fundamental to understanding what soldiers at the Forward Operating Bases are experiencing. When you get a supply request at 3 a.m. for mosquito netting, for example, he explains, and you've been out there and you've been bitten, you better understand the operational conditions of those you are supporting.

"Everybody, from the CO to the private, goes outside the wire," he says.



Sgt Craig Fiander, JTF Afghanistan Imagery Technician

Corporal Marcel Ouellette from 3 ASG Maintenance Company, CFB Gagetown ground guides Corporal Dave Fowler who is from the 14 Wing Greenwood while he is moving the TLAV ARVE in the maintenance compound at the Kandahar Air Field. Both personnel are Vehicle Technicians working with the Canadian Forces National Support Element (NSE) of the Joint Task Force, Afghanistan (JTF Afghanistan). About 2500 members of the Canadian Forces (CF) are currently serving as part of Joint Task Force Afghanistan. They play a key role in the NATO-led International Security Assistance Force (ISAF) mission whose goal is to improve the security situation in Afghanistan and assist in rebuilding the country. Canada is in Afghanistan at the request of the democratically elected government, along with 36 other nations, and as part of a UN-sanctioned mission to help build a stable, democratic, and self-sufficient society.

TAKE THE PLUNGE!



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Pre-registration at extension 3091.
Community BBQ on Friday August 10th at 11:45am

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Shilo Military Family Resource Centre



Don't cook tonight!

Toni Green
Deployment Coordinator

What mother (or father!) doesn't mind taking a night off from cooking supper? What about not having to cook supper AND the kids having an activity to do? Well that's exactly what happens at the Shilo MFRC's Dinner's On Us BBQ's! Families from Shilo and the surrounding community can come out for some free food and fun.

Now, if you've never attended one of the MFRC's Dinner's On Us BBQ's, you might be wondering what exactly goes on. To sum it up in one word...lots! We bombard the senses with so many different sights and smells, that passer-by's just can't resist popping in to see what all the commotion is about. After you join the long line of families,

you find that you are served a grilled summer delicacy, gratefully donated by Maple Leaf Foods Ltd and flame-broiled to perfection by hard-working staff and volunteers. It is then served up in a freshly baked bun from Safeway Canada, and wrapped just-so in a foil wrapper, to be handed out to the masses.

Proceeding down the line, you will find just the right fixings to complete this meal, courtesy of Sobey's West in Brandon, and to wash it all down, a thirst quenching punch from McDonald's. And just for a little snack, a bag of freshly popped popcorn compliments of the MFRC.

Whilst mom and dad are socializing with other families, they can relax as their children enjoy whatever activity is set up. From a distance it is easy to spot the large inflatable slides

and/or bouncers when Party Professionals is in town! Or if stopping in at the June BBQ in Brandon at the 26th Field Armouries, a small carnival setting inside kept the kids busy playing games for hours. And this doesn't even touch on the free door prize draws!

Some may be sad that they have missed these great events. You need not worry, as there is still one remaining BBQ this year! Our grand finale will be held on Thursday, August 16th, from 4:00 – 6:30 pm, here in Shilo. What is in store for our children's attraction? The return of Hickory Hollows Hobby Farm from Austin, MB...and we may have another trick or two up our sleeve. Can't wait to see you there!



Photos by Linda Beauchemin/MFRC



Employment Opportunities

Part time Office Assistant (term)

The Shilo Military Family Resource Centre Inc. is now accepting applications for the position of a part time office assistant. Hours: Monday – Thursday: 4:30 - 9:00pm. The Office Assistant will be responsible for general office duties.

Salary: \$ 10.00/ hr

Anticipated start date: September 4, 2007

Qualifications:

- Clerical/ business certificate
- Outlook Express
- Word
- Minimum of 1 year experience
- Typing speed of 40 wpm
- Excellent customers service skills
- Experience handling/balancing cash
- Must clear criminal record and child abuse registry check

Please send your resume by August 10, 2007 to:

Shilo Military Family Resource Centre
P.O. Box 5000, Station Main
Shilo, MB
R0K 2A0

Email: reception@shilomfrc.ca

Fax: 765-3859

Casual Childcare Workers Required

The MFRC is looking for individuals to work in a childcare setting on a casual basis.

Day, Evening and Weekend shifts available. Criminal Record Check and Child Abuse Registry check will be completed. Will work around other commitments. For more info contact Dana @ 765-3000 ext 3352 or drop off a resume at the MFRC

Lunchroom Supervisor (term)

The Shilo Military Family Resource Centre Inc. is now accepting applications for lunchroom supervisors – 2 positions Hours: School days Mon – Fri 11:30am – 1:00pm. The Lunchroom Supervisors will be responsible to set up/clean up before and after lunch; supervise school age children during the noon hour as well as participate in games/ activities with the children as planned by the School Age Program Leader.

Salary: \$ 13.80/ hr

Start date: September 4, 2007

Qualifications:

- Completion of high school
- Working with others
- Experience in record keeping
- Must clear criminal record and child abuse registry check
- Valid First Aid/CPR

Please send your resume by August 10, 2007 to:

Shilo Military Family Resource Centre
P.O. Box 5000, Station Main
Shilo, MB R0K 2A0

Email: reception@shilomfrc.ca

Fax: 765-3859

www.shilomfrc.ca

Note: Deployment programs will not be cancelled.

More than Spam and bikinis



Becky & Layne
Off the Spice Rack

Rick's Restaurant

Often overlooked due to its widely-celebrated predecessor July 4, July 5 has been an important and internationally recognized day in its own right for decades. On a dark July 5 in 1937, one of mankind's most horrific culinary creations was unveiled by scientists working under the auspices of the Hormel Foods Corporation. Spam, a ghastly and foul smelling meat substitute with almost no nutritional value, quickly evolved from an obscene experiment to a sandwich spread that remains wildly popular even today, appearing in the lunch bags of schoolchildren across the planet. On a much more appealing and appetizing note, in Paris, on the same day in 1946, a fashion plate was presented to our species that was as captivating and unforgettable as it was practical. The Bikini, a garment that has delighted and enticed both men and women for over

50 years was revealed and subsequently led to a revolution in swimwear design as well as forever ensuring the body waxing industry its rightful place in the world economy.

On July 5, 2007, ravaged by hunger and finding the thought of ingesting an entire loaf of spam or enduring yet another painful bikini wax extremely unsatisfying, Becky and I travelled to Rick's at the Shilo Country Club in search of a dining experience that, along with the previously mentioned events that occurred on July 5, would live forever in human memory.

Situated east of Base Headquarters at the Shilo Country Club and overlooking some of Shilo's most finely-manicured and expertly landscaped greenery, Rick's features a well lit, impeccably decorated interior which conveniently offers customers an ATM, relaxing music, and a number of televisions for their viewing pleasure. Considered by many to be Shilo's premier restaurant, a certain bias existed during our visit and the bar of expectation was set particularly high.

However, like the gallery watching a 350 yard tee-off that rolls right into the cup for a hole in one on the 18th hole, we were blown away by the entire

experience. Service was beyond friendly as, despite the usual busy and demanding lunch crowd, we were attended to by no less than four different servers, eager to refill our drinks and take care of our every need. An appetizer of Onion Scoops, a speciality completely unique to Rick's, set the tone as warm, crisp, battered and deep-fried onion slices with a hint of jalapeno were perfectly complimented by a delicious ranch dressing. Orders came out nearly as fast they went in and the friendly, humorous banter of the house matron and the owner himself, both of whom visited our table, was unexpected and greatly appreciated.

It was immediately clear after the first course arrived that this was no small town diner. A menu that included pizzas, pastas, burgers, steaks, salads, and sandwiches may have been sufficient but a wide assortment of Greek and other specialty items made Rick's something extra special that cannot be found anywhere else in Shilo.

Fresh Caesar salads accompanied our entrees and Becky's home-style Chicken burger, rolled in bread crumbs and fried to perfection, was clearly a slice of the finest and freshest of fowl, expertly cooked and exquisitely

prepared upon a thick roll with a number of generous garden toppings. My golden-brown Chicken Stromboli came sizzling out of the oven and was nearly bursting at the seams, packed with layer after layer of delicious mozzarella, chicken, and ham. The taste was beyond incredible and, completely satisfied, I looked on in disbelief as Becky demanded a desert personally made to order.

A smiling hostess returned minutes later with two banana splits made of billowy vanilla soft-serve ice cream blanketed with freshly minced pineapple and blueberries, a surprisingly rewarding combination, and topped with thickly drizzled caramel. The bill was similar to city restaurants with comparable menus but the freshness, variety, and quality of the food combined with the superior service and peaceful surroundings that only Rick's can offer, made the experience one that cannot easily be paralleled even in Brandon and the surrounding community.

Rick's in the Shilo Country Club, while not serving Spam and with a dress code that frowns upon Bikinis in the dining area, will provide hungry visitors and Shilo residents alike with a July 5 to remember, 365 days of the year.

MP honours veterans



Photos submitted by Pam Collen

MP Inky Mark, Dauphin-Swan River riding presents veteran Mr. Mansell with a Veterans Service to Canada medal, a commemorative medal struck to honour veterans in 2007, at the Minnedosa Legion Branch #138 in mid-July. Mark has written to the riding's 37 Legions for the names of veterans in hopes to provide all with one. Veterans that do not belong to a Legion can apply for one by contacting their MP.



Cpl Nichol receives his medal from MP Inky Mark.



Veterans who received their medal stand together for a photo outside of the Minnedosa Legion Branch #138.

Pick up your **FREE** copy of the **SHILO STAG** at any one of the following locations:

Brandon

Safeway - Corral Centre
Safeway - Shoppers Mall
Brandon Armoury
Women's Resource Centre
- Town Centre Mall
Royal Cdn Legion #3

7-Eleven

- Willowdale & 26th
- 34th & Victoria
- 10th & Van Horne

Carberry

East Side Service
Carberry Legion

Douglas

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Minnedosa Legion

Neepawa

Neepawa Legion

Shilo

CANEX Mall
Forbidden Flavours
Shilo Community Centre
Base Headquarters
GSH
Country Club

All Messes

Sprucewoods
The Shilo Inn
(Crang's)
340 Esso Station
Wawanesa
Lucky Dollar



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We welcome your suggestions!

The Shilo Stag is produced every second Thursday. Deadline for submissions is the Thursday prior to the week of publication.

Submissions can be sent to the Stag via email at stag@mts.net, dropped off at the Stag office located in the Shilo Community Centre or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned - 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

DEFENDING THE GUN LINE



Photos by Sgt Power/Army News

(Above) Lt Ferrera, Troop Commander of D-Troop, 1 RCHA, observes the impact of rounds from an M777 155mm Howitzer as he directs fire during an open action. (Far right) Bdr Hovelkamp of the 1 RCHA fuses rounds in preparation for a fire-mission during a local defence exercise. Lifting eyes, as seen on the rounds in the background, are replaced with fuses in advance of a fire-mission so that the guns are always ready. (Right) Gunners from B-Bty, 1 RCHA fire the M777 155mm Howitzer during a local defence exercise.



Sgt Power
Army News

Artillery units deploying to Afghanistan must have the skills to stand and fight to protect their positions because in theatre they may be isolated from other elements of the Battle Group. Isolation does leave them vulnerable to attack, but good training and a solid defence plan make them a hard target.

Gunners from the 1st Regiment, Royal Canadian Horse Artillery (1 RCHA) in Shilo are currently hard at their training for a deployment to Afghanistan with Task Force 1-08. An important aspect of that training is local defence, and having every soldier understand how the plan fits together. The foundation for understanding the defence plan was built through training, the result of that training is a solid fighting force.

"What we're doing here today is a live-fire defence of a Troop level gun deployment, simulating the envi-

ronment of Afghanistan," said Sergeant Rob Fraser of B Battery, 1 RCHA. "The object is to give the Troop Commander the opportunity to use all the weapons he has the way he might if his position was attacked. It's also a great exercise for the troops, it gives them an idea of how the defence of their position may be handled."

For safety purposes the troops participating in the exercise are all firing within the same arcs, with guns spread across a wide position. Once the troops are deployed, the defence plan will have guns covering 360 degrees around their position with dozens of weapons from howitzers down to C7's creating a blanket of fire in every direction. Every range from the horizon right up to the gun positions will be covered, there will be no safe approaches for anyone with hostile intentions.

"The point of having these local defence exercises is to practice our SOP's (Standard Operating Pro-

cedures), it's unlikely that we'll have to protect ourselves this way, but we're building confidence in the soldiers, and reactions that will be second nature," stated Lieutenant Dave Ferrera, Troop Commander, D Troop, 1 RCHA. "We train these troops to be more than just gunners, we're preparing them for whatever they may see overseas, and if that means getting into a fight without the howitzers, we'll be ready."

Back on the gun line, another troop is preparing for a run through another scenario where the enemy is attempting to over-run their position. The firepower to defend themselves is impressive, the determination among the troops to defend their guns runs high. No false bravado here, many of these troops have already been in the fight. Lieutenant Ferrera captured the spirit of the troops in saying, "anyone overseas who chooses to attack us would be making an unwise decision."

The BASE Hair and Tanning Salon Presents:

A BARK IN THE PARK

EVENT: DOG WALKATHON

DATE: SUNDAY, JULY 29TH

WHERE: Behind the CANEX building, SHILO

TIME: REGISTRATION 2:00 event finished 6:00

WALKATHON forms available at Forbidden Flavors Shilo + The BASE Hair and Tanning Salon



- Dogs needing homes will be brought to this event
- Prizes for pet contests
- Several businesses will have concession tables set up
- BBQ hot dogs/ pop \$2.50

All proceeds collected will be donated to the "Funds for Furry Friends" and "The Community of Kindness"

Thanks from: Coral Quinney 728-0960