

# SHILO STAG

Your Source for Army News In Manitoba

Volume 46 Issue 5

Serving Shilo, Sprucewoods & Douglas since 1947

March 22, 2007

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# Force Protection



*A C Bty soldier observes from a sentry position. Mid-march saw C Bty take to the Shilo ranges on Ex COMPLEX VALIDATION. The battery was in the field in support of the culmination of training for the Forward Observation Officer (FOO) Technician Course that began at the end of January. The seven-week course ended with soldiers validating their newly acquired skills with the live fire exercise. For more on this, see "VALIDATION" on page 15.*

Photo by Bdr Longmire/1 RCHA

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## Letter to the Editor

# Support appreciated in tough time

I am the father of MCpl. Jeffrey Scott Walsh who died of an accidental shooting in Afghanistan on the 09 August 2006. Our last seven months have been hard; we went through pain suffering and yes, the loss of our son, Jeff.

We have received tremendous support from Col. Sharpe, the Base Commander and the assisting officer to Jeff's spouse Julie and the children, Captain

Troy Grant. This assistance I have been assured will continue into the future.

As we live in Regina, I also receive calls from Captain Ryan Matthews at the Armouries and his support is also greatly appreciated. Captain Matthews is the Assisting officer for us in Regina.

This incident has caused hardship, sorrow, pain, and suffering for two families; my family and MCpl Robbie Fraser and his family.

Although we have lost a son, I ask for your prayers, for your continued support to Julie and the children, and for MCpl Robbie Fraser and his family.

My son Jeff would say "A person has to be punished but not persecuted"

Thanks for your continued support from CFB Shilo to our Families.

**Ben & Margie Walsh**  
(parents of MCpl Jeffrey Scott Walsh)

# Caring community shines through again

We would like to thank everyone who supported the benefit social held for our family on February 17th. Our sincerest thanks to the girls from the NPF Accounting Office and the mem-

bers of the Shilo Men's Club for organizing this event.

The support we have received from family, friends, and neighbours over the past few months has been overwhelming. We are truly

blessed to be part of a community of such caring people. Thank you all from the bottom of our hearts.

Sincerely,  
**Lois and Lauren Lambkin.**

# Freedom of the City

A military parade will be held in Brandon Saturday, April 14, as First Regiment Royal Canadian Horse Artillery (1RCHA) will exercise its Freedom of the City of Brandon. The event will get underway at 10:00am near Brandon City Hall.

The granting of the Freedom of the City is a traditional means for a municipality to honour a unit of the Canadian Forces. It had its beginning in medieval Europe, when cities were walled and the citizens looked to their defences at the approach of a threatening army. When the force was friendly, however, it was permitted to pass into or through the city without first being required to disarm; that is, with bayonets fixed, colours flying and drums beating.

The granting is a private matter between civic officials and the unit concerned and the decision to grant this symbolic freedom rests with the mu-

nicipal authorities. A unit may exercise its freedom as arranged between the civic authorities and the unit. 1RCHA was granted its Freedom of the City of Brandon on May 25, 1996.

Nearly 300 members of 1RCHA will march from the Armoury on 11<sup>th</sup> Street along Victoria Avenue to 9th Street, and stop in front of City Hall. During the ceremony the unit will march toward city hall, in column of route, bayonets fixed. As the unit approaches city hall, the chief constable stands in the centre of the road to bar the unit from proceeding further. The chief constable challenges the unit on its identity and the Commanding Officer responds with the unit's title. The chief constable then calls for the unit to "Advance one and be recognized".

The CO, accompanied by the chief constable then marches to the door to city hall. The CO knocks

on the door three times with the pommel of his sword. The mayor opens the door and the CO declares his name and that of the unit. The mayor, accompanied by the city council, forms up near the entrance to city hall. The mayor then reads the proclamation, welcoming the unit, inspects the troops, and invites it to exercise its freedom.

At about 11:00am, following the ceremony, the Regiment will march off to the Keystone Centre. They will march west on Victoria Avenue and south on 18<sup>th</sup> Street.

A public display of equipment and a performance by the Royal Canadian Artillery Band will be held from noon until 3:00pm in the Manitoba Room of the Keystone Centre. The public is welcome and encouraged to attend all parts of this event.

For more information please visit the unit's website at [army.dnd.ca/1RCHA](http://army.dnd.ca/1RCHA)

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Nous sommes le plus important fournisseur canadien de services de sécurité ayant pour mission de protéger les personnes, les biens et les données stratégiques d'un océan à l'autre.

Joignez-vous à des gens de votre calibre. Visitez notre site internet [www.commissionaires.ca/french/emplois](http://www.commissionaires.ca/french/emplois) ou appelez-nous dès aujourd'hui!

# Deployment News



## Phlat Phil reports for duty all over the place

Jack Chiang  
Kingston Whig-Standard

Don't be surprised if you see a woman carrying a life-size, cardboard-mounted photograph of a young man, attending parties and church services.

That is one military family's way of coping with the absence of their son, who is serving in Afghanistan.

"He wasn't home for Christmas, and I missed him. So I had a picture of him blown up to life-size," said Janet Pentney, whose son, Philip, has been in Kan-

dahar since Dec. 8. She calls the picture Phlat Phil.

"I've been taking him everywhere: to the Glenburnie United Church, to his friends' sleepover, a skating party,"

When the six-foot-two cardboard-mounted photo is not going places, it stands in the living room of the Pentneys' house in Glenburnie.

Janet and her husband, retired lieutenant colonel David Pentney, first lived in Kingston from 1995 through 2000. Then, Philip spent three years at Lundy's

Lane Public School and two years at La Salle Secondary School.

"We came back here three years ago, after David's retirement from the military. Why Kingston? We love Kingston. It's the place our children all went to high school and they have friends here. And I was brought up in Perth," she said.

Having wacky ideas is Janet Pentney's business. She is also known as Silly Sally the clown. She works at parties and other special events.

Phil was a reservist in Halifax while attending university.

"He did two years at Dalhousie. While he was down there, he joined the reserve to make some extra money while going through university. Last year, he decided to take a break and go to in Afghanistan.

"He put everything in a

storage locker. He's not interested in a full time career in the military. He got interested in the military because of his dad."

The Pentneys' other son, Adam, graduated from Royal Military College and is in the military full-time. He is a pilot, based in Moose Jaw, Sask. They also have a daughter, Heidi.

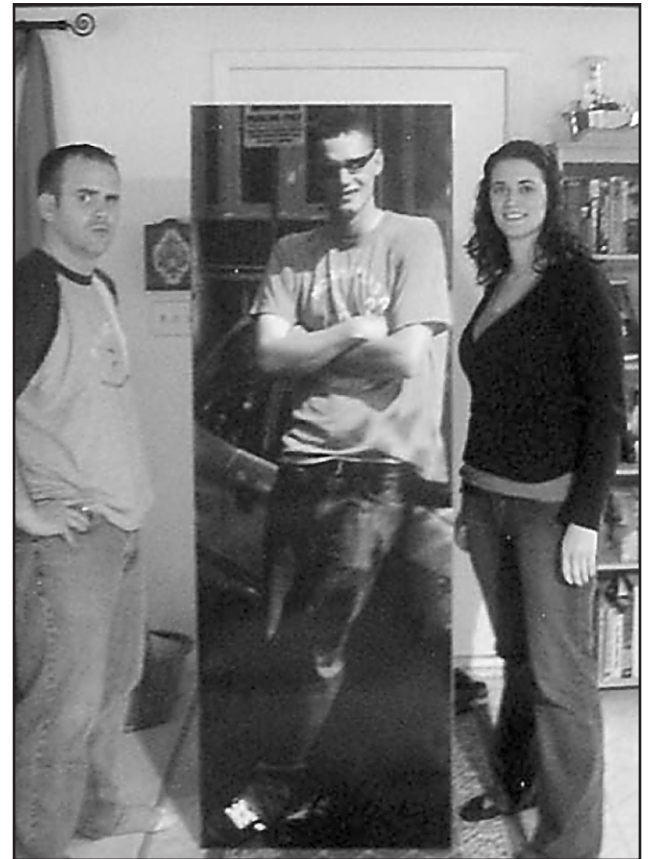
Janet Pentney said Phil also loves the cardboard picture of himself.

"He loves Phlat Phil. Some of his friends are coming home from university during reading week and I'm going to take Phlat Phil to their houses."

Like most parents of soldiers, she is worried.

"Yes, I'm worried about his safety, but he wanted to go. He's proud of what he's doing."

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Janet Pentney has been going places with a life-sized picture of her son, Phil. The real Phil is serving in Afghanistan.

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for details

## Having a baby?

Healthy Baby community programs provide support to pregnant women, new parents and their babies.

Having a baby changes your life. New babies can be demanding, especially for new parents. That's why the Healthy Baby community programs were developed.

Healthy Baby community programs are friendly, informal programs that provide you with support, information and resources before and after you have your baby.

Drop in to your local Healthy Baby group and you can:



- Ask questions about your pregnancy, your baby's development or parenting support
- Enjoy nutritious snacks, try new recipes and get information about nutrition and health
- Visit with other moms and dads and take part in activities with your baby

**It's what's inside that counts**  
It's important to eat well to help you and your growing baby when you're pregnant. If you live in Manitoba, and your net family income is less than \$32,000 a year, you can receive a monthly Manitoba Prenatal Benefit cheque during your pregnancy to help you buy the healthy foods you need.

**For more information**  
To learn more about the Healthy Baby program or to find out about locations of Healthy Baby groups, please call:

945-1301 (in Winnipeg)  
1-888-848-0140 (outside Winnipeg)  
945-1305 TDD (Telephone Device for the Deaf)

[www.manitoba.ca/healthychild](http://www.manitoba.ca/healthychild)  
or contact your local public health office

Healthy Child Manitoba  
Partnership Program and Public Health  
Manitoba

## Protect Manitoba's Water and Save Money

### Find out about the advantages of using a holding tank to manage your wastewater

.....

Water is Manitoba's most precious natural resource. Our province's lakes, rivers and streams provide us with drinking water, offer unlimited recreational opportunities and help generate the power we need for our homes and businesses.

A wastewater holding tank may be the best solution for your new home, cottage, or business or for upgrading or replacing your present wastewater system.

### What is a Holding Tank?

Holding tanks are large, single compartment, watertight vessels, usually constructed of concrete, fiberglass or polyethylene built to CSA standards. They provide short-term storage of untreated wastewater and are an ideal alternative to septic systems. They are simple to install and can even be installed above ground. They are mandatory in some areas.

### Protecting Manitoba's Water Supply


Holding tanks are an ideal alternative to septic fields because they prevent wastewater from draining into the soil. This is especially true in areas with thin or shallow soil, sand, bedrock, clay, sloping and restricted lot sizes. Used properly, pump-out systems like holding tanks provide the highest level of environmental protection.

### Saving You Money

Holding tanks will also save you money because installation and maintenance is much less costly compared to septic systems, disposal fields and treatment systems.

### For More Information

To learn more about holding tanks, please contact Manitoba Conservation at 204-945-2970 or visit us at [www.gov.mb.ca/conservation/envprograms/wastewater/index.html](http://www.gov.mb.ca/conservation/envprograms/wastewater/index.html)

**Manitoba** 



## Catch the Playoff Action!

Game 1 - Fri., Mar. 23 vs. TBA

Game 2 - Fri., Mar. 24 vs. TBA

For Tickets Call 726-3555 or visit [ticketmaster.ca](http://ticketmaster.ca)



thetraditioncontinues  
[www.wheatkings.com](http://www.wheatkings.com)

# Student bursary available

**Eugene Gondek**  
President

Historically the Shilo Men's Club has provided educational bursaries for high school graduates totaling \$1500 per year. Bursaries were disbursed to the top students from our community as identified by their High School. Presentations were made annually at graduation ceremonies.

Commencing with the current school year we have decided to take a more active approach to granting of bursaries by having students apply directly to the Men's Club for consideration. This should promote awareness of the bursaries amongst the community and student populations as well as an awareness of the Men's Club and its role within the community.

The criteria for granting of bursaries are as follows:

a. must be a resident

of Shilo and surrounding Community;

b. must be pursuing post-secondary education or training; and

c.

must be graduating high school in the education year of application.

The application proforma can be picked up from the Shilo Men's Club in L-25 after 3 pm on weekdays or electronically from [Larry49@mts.net](mailto:Larry49@mts.net) and can be submitted to the Men's Club at Building L-25 mail to the Shilo Men's Club, PO Box 252, Shilo, MB R0K 2A0. Applications should

be accompanied by transcript of marks and must be submitted no later than 15 April to achieve consideration. Successful applicants will receive their bursaries upon graduation.

Should you have any questions on this issue do not hesitate to contact the Men's Club at 765-3000 extension 3353 or the secretary at 727-3342.

## Correction

In the last edition of the *Shilo Stag* Capt Smith was wrongly identified as author of *A Bty prepared for anything*. The actual author was WO Damjanoff.



**Hire Education. Higher Savings.**

Find out how Manitoba's Co-Operative Education Tax Credit can Help you Build Your Business.

### Find the right employees for your business

The Co-operative Education Tax Credit (CETC) can help you recruit and retain the young workers you need to build your bottom line.

The CETC allows you to recruit qualified students in participating university and college co-op education programs for on-the-job training. This allows you to groom these students, evaluate their potential as full-time employees and earn tax credits all at the same time.

### Who is eligible?

Most Manitoba employers are now eligible. This includes private companies, co-operatives, Crown Corporations, municipally-owned businesses, not-for-profit organizations, and even unincorporated employers.

### Earn Tax Credits

You can participate in the CETC program in two ways:

- **Students** – Hire co-op education students for 16 or more consecutive weeks and you may be eligible for a CETC equal to 10 per cent of each student's salary and wages (net of government assistance) up to \$1,000 per placement.
- **Graduates** – Hire one or more recent co-op education graduates and you may be eligible to receive a Co-op Grad Hiring Incentive (COGHI) equal to 5 per cent of the new employee's net wages and salary in each of the first two full years of employment to a maximum of \$2,500 for each year.

### For More Information:

To learn more about how the CETC can help you attract and retain the qualified young employees you need to build your bottom line, please visit [manitoba.ca](http://manitoba.ca).

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# Rev up for Spring!



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2007 Ninja ZX-6R



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# Writing letters: are you the person for the job?



Dear Career Coach,  
I have been asked to write a letter of recommendation for a former employee. HELP!!

*Under the Gun*

Dear Under the Gun,  
When asked to write a letter of recommendation there are a couple questions to ask yourself before the panic sets in:

• **Are you the right person to write the letter?** If you do not know the individual well enough to speak about their reputation, work habits, and strengths there would not be much

point in you writing a letter for them – what would you say? Be up-front with the person asking for the letter of recommendation from you.

• **What is your company's policy on letters of recommendation?** Find out if you are allowed to write letters of recommendation in the first place – some companies have

very clear rules about who can/cannot provide letters of recommendation. Companies may also have a policy that only positive, factual recommendation letters can be issued. Knowing what your company policies are will help you in your decision to write a letter or not and to guide the content.

• **Do you qualify?** Can

you honestly write positive things about the individual? If you can't, bow out. If you can, brainstorm with the individual to determine the focus of the letter. Be aware of deadlines!

Here are some guidelines for writing a letter of recommendation:

1. Explain how you know the applicant. How long have you known the

person and what was your relationship?

2. State your qualifications for writing the recommendation letter. Why should the reader be interested in your recommendation?

3. List the applicant's exceptional qualities and skills.

4. Emphasize key points that you want the reader to note on the applicant's resume or job application. Be sure to elaborate, don't simply restate.

5. Give your judgment of the applicant, his/her qualifications and potential. Why should he/she be considered over other people? Would you hire this person again? Do not state weaknesses.

6. Give specific examples to back up what you have said about the person's qualifications and character.

7. Do not state (directly or by implication) the applicant's race, religion, national origin, age, disability, gender or marital status. (Human Rights violation)

8. Don't be too brief. Here is a rule of thumb: a letter of recommendation for employment should be one page.

9. Make the ending statement strong without overdoing it.

10. List your contact information if you are willing to field follow-up correspondence.

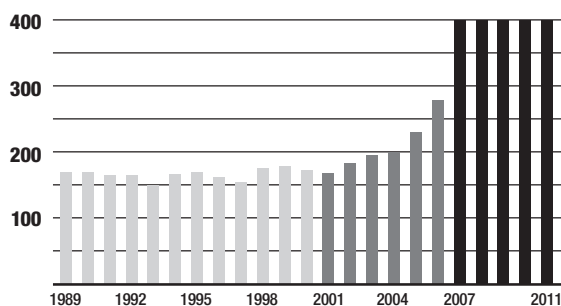
11. Proofread! The letter of recommendation represents both you and the applicant.

Letters of recommendation add credibility to an individual's resume; it isn't just the individual saying they are an applicant that needs to be seriously considered for a position - you are adding your endorsement. So, bottom line, if you can endorse the person, go ahead and provide them with a letter of recommendation. If you feel you cannot endorse them, respectfully decline to write a letter of recommendation for them.

## Find out what Manitoba's Highways Renewal Plan means to you

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(millions of dollars)



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The province's recent \$2-billion, five-year plan to rebuild our roads will impact all Manitobans – whether you use our roads for business or pleasure.

### Find out more

To learn more about how the largest highways investment in Manitoba's history will affect you and your community, please visit [manitoba.ca](http://manitoba.ca).

**Manitoba** 

Do you have questions that need answers and you don't know where to turn? Try the "Career Coach" Submit your questions to The Shilo Stag [stag@mts.net](mailto:stag@mts.net) Please indicate if you wish your name to be withheld. Editor reserves the right to edit for content and length.

# Grandpa's birthday gone wild!



**Patsy & Leon**  
Road Apples

It is so hard to believe that it's been 5 or 6 months since we started this article and we are still exploring our community and sharing our thoughts and experiences with you all. It just seems that we have only just started and just scratched the surface! Even I have been surprised by all the different events that we've taken part in. The sad thing is that if we hadn't been putting a little effort in to read signs or posters, or have many of our readers just pouring out of the woodwork telling what is exactly out there, then none of this would have been possible. Keep up the input folks!

Thinking of the wider community at large, this past week we were road tripping! But I'll let my loving, control

freak...ahem; I mean, take-charge wife take over here. That didn't come out right, did it? I was referring to her leadership abilities!

Yes, it was time to hit the road. Our community is great, but sometimes you just have to get away from it all and see something different and cultural. Husband and I had a bit of time to spend together in Winnipeg, to explore different stores, restaurants and activities. It's funny how your mind is set on a mental picture of all the things you want to do, but then you hit the city and realize just how long it takes to get from one place to another. Certainly not like Brandon, where it takes you ten minutes to drive the entire width of the city! We didn't get the chance to take in everything we wanted, but it was still a nice treat. There's nothing like hitting the road for a Costco trip!

The next day, we packed up the family, including Uncle and niece and headed north to Winnipegosis, tovi-

sit the in-laws for Grandpa's 75<sup>th</sup> birthday. Mom was driving, so unlike the day before, we had a smooth ride with no close calls!! It was a great time catching up with family and learning more about the history of the many generations that live in and around Winnipegosis. There is a hidden treasure just outside that small town that is a must see. Situated just off the main highway is a bed and breakfast. The owners feature a natural quarry that has an abundance of stocked perch and rainbow trout. The kids are entertained with a games room, satellite TV, walking trails, roasting marshmallows and a never-ending supply of fish in the quarry. As an added treat, the owner feeds the fish just after supper and watching the trout and perch jump up for a quick nibble is a great way to keep the kids...and adults, entertained. The warmth and hospitality is superb, the food is great home-cooking and the view from the kitchen is breathtaking. "The Quarry" is a definite family favorite.

Now as for me, I'd like to mention our beloved Wheat Kings! Anthony and I recently attended a game where the Wheat Kings beat out the Price Albert Rebels, once again. Now if there is something that will add some quality time with your kids, it's a good game of shinny. Now, at 7 years old, there are the usual comparisons with the X-box version of hockey and the real thing, but in the end I think I imparted some "real time" rules upon his young psyche of hockey. We munched on some popcorn, Gatorade and a few mini donuts along with a wonderful noise making horn from the pro shop. All of that was more than worth the price of admission! Admission, horn, food, 50/50 tickets cost me about \$45. The time I spent with my kid teaching him about real hockey...PRICELESS. The only thing I still don't like is this persistent thinking by pro or semi pro franchises across the nation that it's cool to sit in rock hard seats and that all fans are either tough enough or drunk enough to endure them! I hope Kelly McCrimmon sees this! I think I should also mention that the Wheaties are in the playoffs again this year. GOOOOO WHEATIES!

## New Platoon Chief



Photo submitted by Shilo EMS

Darren Woychyshyn (centre) of Shilo Emergency Services is seen being presented with his promotion to FR-03 Platoon Chief by Dennis Hurley (left) Base Fire Chief and Martin Haller, Deputy Fire Chief. Mr. Woychyshyn has over 13 years of emergency service experience, is a Technician Paramedic and recently completed his Fire Officer Level 2 training at the Manitoba Emergency Services College in Brandon.

### Changes to Employment Standards

## Manitoba's minimum wage is increasing

On April 1, 2007, it will rise to \$8.00 per hour.

The Employment Standards Code changes become effective on April 30, 2007.

Whether you are an employer, or an employee, you should find out what the changes to Manitoba's Employment Standards mean to you.

For more information on the changes, contact Employment Standards Branch at: Telephone: 945-3352 or toll-free in Manitoba 1-800-821-4307. E-mail: employmentstandards@gov.mb.ca Website: www.manitoba.ca/labour/standards



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# Finding your faith



**Padre Dwayne Bos**  
1 RCHA

It is too late to sort out your religious views on life during a firefight in the desert of Afghanistan.

It is too late to contemplate the afterlife, when your friend is dying beside you in the theatre of operations.

It is too late to question whether or not you can pull the trigger on your rifle, when the enemy is targeting you with his.

In the heat of battle, and in desperate times in operations, faith becomes an important element of self survival. Faith and spirituality are those things we often put on the back burner to look at sometime down the road. Perhaps we look at them when we want to baptize our child, or when we decide to get married, or occasionally when we attend a funeral for a loved one; but by and large, we don't really challenge ourselves to answer the big questions of life.

The **Big Questions of Life (BQL)** are now in the forefront because of the deployments we have experienced in Afghanistan. The flood works have been opened and questions, the big questions, are being asked: but where are the answers?

Even as a Chaplain, with strong faith in God and Jesus, I am challenged and sometimes jarred from what I believe is right and

good in the world. As I hear people's stories, experience their lives, support the families back at home, I begin to search for deeper meaning and to answer the Big Questions of Life.

I truly believe that the most important thing a soldier can do, before deploying, is to look at their faith/sense of spirituality and to begin to search for meaning in life before the time comes that you are put into a crisis situation. I'm not advocating that everyone become religious (but that would be way cool), but more so to take the time to explore life with your family, friends and spouses. Chaplains are always willing to hear your thoughts on the Big Questions and to help provide guidance. A spiritually strong soldier will be able to survive more trauma and crisis than a soldier who hasn't given the topic much thought. A

family left behind that has had time to talk about these things may have a slightly easier way to cope with the stresses of life and deployment. This it not to say that a heavy dose of spirituality makes you impervious to fear and trauma; however, it has certainly given an advantage in how to deal with the experiences.

One way you can engage yourself in spiritual life is to visit the Chapels on base. Both Chapels offer uplifting religious services every Sunday at 1030 hrs. The community is a community of military people and families all dealing with the same issues – we support each other.

On the 24<sup>th</sup> of April, a session on "How to Talk to Children about Death and Dying" will be offered at the Faith Centre from 1300-1600 hrs, and from 1800-2100 hrs. Child care will be provided at the Oc-

casional Child Care facility at the MFRC (please book thru ext. 3352)

These are some small ways to begin the process to building up your Spiritual hardiness. In the Theatre of Operations, it is almost too late to start thinking about it. There, you need to focus on the mission and to protect yourself and your buddies beside you. God Bless.

## Employment Opportunity Youth Program Leader

The Shilo Military Family Resource Centre requires a Youth Programs Leader. This is a full time position that requires the employee to perform responsibilities that relate to the delivery of Youth programming for ages 13-17, of military dependants residing in Shilo, Brandon, and the RMs of Cornwallis, South Cyprus and North Cyprus. Hours will be flexed hours; days, evenings and some weekends are required.

For a complete job description and qualifications, visit shilomfrc.ca or visit our reception desk.

Please submit resume:

Program Coordinator, Shilo MFRC, Shilo, MB. R0K 2A0

**Applications must be received no later than 12:00 NOON, Friday March 30<sup>th</sup>, 2007**

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**\$16.99** / person

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\* Cannot be combined with any other offer | Canad Inns - Club Regent Casino Hotel location offering Brunch and Dinner on EASTER SUNDAY ONLY! | Reservations are recommended!



# Shilo Military Family Resource Centre

# Building Understanding

Submitted by  
Brenda Cavanagh  
Community Rec Co-ord.

On Mar. 9th, five teens and two chaperones from Shilo embarked on their second half of the "Trip O Fun" Youth Exchange. The exchange is funded, in part, with funding from five communities; Shilo, Winnipeg, Dundurn, Edmonton and Wainwright

all got to experience life outside their gates.

The participants; Delaney Goller, Catrina Hickey, Josh Hoyer, Matthew Jensen, Chris Ukleja and Sarah Walker, were se-

lected from an essay-writing contest on why they should be chosen. These youth were required to commit to visiting and hosting other youth from various bases. Special

thanks to: PSP Recreation. Brenda Cavanagh, and Sandra O'Neill who chaperoned this exchange.

Our weekend was filled with a wide variety of events. Whether we were

bowling, go carting, yelling at the top of our lungs at the Manitoba Moose game, swimming, or doing our focus groups, we did it as a team. Did it matter if the kids were from Edmonton, Wainwright, Dundurn, Winnipeg or Shilo, not at all? Our youth face the same problems, and share in the same successes no matter where they come from.

To the youth of our community: thanks for showcasing our community with such pride. You

did us proud! And, we would also like to extend our thanks to the Base Commander for allowing us to host our new found friends here in Shilo and to Base Transport for our travel arrangements!

Now wrap things up, we all had a great time! We met and established new friendships and we undoubtedly know that Shilo is our home and a great place to live.

To our new friends, thanks for the great time and keep in touch!



To learn more about the National Youth Model, please visit [www.connectingyouth.ca](http://www.connectingyouth.ca)

## MFRC Bunny Sighting Contest

Have you heard? The MFRC Always Ready Bunny is making its rounds again this year. It will be hopping around the base and planting Easter treats from

**Monday, April 2 to Sunday, April 8**

Fill out a ballot and enter to win an Easter Basket.

To enter all you need to do is:  
• fill out a ballot with 3 sightings (whether you have seen the MFRC Bunny or heard of its whereabouts)

Ballots available and dropped off at the Shilo MFRC or Canex. One ballot per person please but make sure all your family and friends participate. Prizes will be drawn on Tuesday, April 10.

### Shilo MFRC Always Ready Bunny Sighting Contest - Monday, April 2 to Sunday, April 8

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

Day and location of Sighting:

1. Day: \_\_\_\_\_

Location: \_\_\_\_\_

2. Day: \_\_\_\_\_

Location: \_\_\_\_\_

3. Day: \_\_\_\_\_

Location: \_\_\_\_\_



One ballot per person please. Prizes will be drawn on Tuesday, April 10.

Check out the Community Events Calendar for all of our programming in this issue.

# [www.shilomfrc.ca](http://www.shilomfrc.ca)

Note: Deployment programs will not be cancelled.



# Teen Talk



Dustin & Lauren

rights activists and anti-racism poems. Our march break is also coming up quick, and the grade eight's are getting all there high school registration's filled out. So as you can see the past two month's have been gone by very quickly, so how's it been going at Wawanesa Dustin?

February and the beginning of March have gone past quick around O' Kelly. We had a spirit week during the week of Valentines Day. We were also preparing for parent/teacher/student conferences. We were busy preparing our portfolios and finishing up on assessments. Our class, Miss. Banks' 7/8's are working on a racism unit, which includes many different activities. A few activities we have done are anti-racism posters, biographies on

Well, we started a new book called "Let it Go". We were also preparing for parent/teacher interviews. We had also all working hard on our portfolios. We went skiing on Thursday March 15<sup>th</sup> and had Friday the 16<sup>th</sup> off. Not too much else has been happening.

**O' Kelly/Wawanesa**  
March 26<sup>th</sup> to 30<sup>th</sup>  
Spring Break!  
April 2 School re-opens

3

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|---|---|---|--|--|

Volume 46 • Issue 5

Regular Circulation: 3,000

Delivered by The Shilo Teens & Scouts  
Printed bi-weekly by the  
Brandon Sun, Brandon, MB

Contact The Shilo Stag - 204-765-3000 plus ext.

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This paper is issued by authority of LCol John Schneiderbanger, CD, Base Commander, CFB Shilo. The views expressed herein are not necessarily those of the Department of National Defence or of the Editorial Staff. The Editorial Staff reserves the right to edit, to abridge, to reject copy or advertising to adhere to the policy, as outlined in CFAO 57-5, and for clarity and/or content.

### We welcome your suggestions!

The Shilo Stag is produced every second Thursday. Deadline for submissions is the Thursday prior to the week of publication.

Submissions can be sent to the Stag via email at stag@mts.net, dropped of at the Stag office located in the Shilo Community Centre or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned - 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

# What's on Your Agenda?

## Ceramic Club is open

Tuesday Nights from  
18:30 to 22:00.

We are located at 20-22  
Esquimalt.

## BINGO!

Every Thursday evening at  
the Sprucewoods Commu-  
nity Club. Share the wealth at  
6:20pm with the Early Bird at  
7pm. \$1000 in 52 numbers!

## Seder Supper & Potluck

April 5th, 2007

Bring your food and gather at  
the Faith Centre at 4:30pm.  
Communion to follow.

Bar 77 Ranch trail rides now  
open for boarding. Outdoor  
boarding available. Over  
160 acres of pasture to ride  
out. Call 726-0231.

## PSA

Every other day another  
Manitoban dies by suicide.  
You can help. Join our team  
of dedicated, profession-  
ally-trained volunteer phone  
counselors at the Manitoba  
Suicide Line. Next volun-  
teer training session begins  
March 6th. Deadline for ap-  
plications is Feb. 28th. Call  
now for details: 571-4182.

## Royal Canadian Legion Branch #3

**March 24** - Dance in lounge  
from 9pm-1am. Popcorn  
Band

**March 27** - Branch Meet-  
ing, 7:30pm in Banquet  
Hall; for membership info,  
call Barbara at 727-3054

## Shilo Community Library Hours

Monday  
6:00-8:30pm  
Tuesday/Thursday  
9:30-12:30pm, 1-4pm,  
6:00-8:30pm  
**STORYTIME**  
Every Thursday 1000am

## Sprucewoods Community

### Weekly Events:

Mondays - CRIB, starts at  
7:30pm

Thursdays - BINGO, starts  
at 6pm, prizes.

### Upcoming Events:

April 7th - Childrens Easter  
Party, details TBA.

## Brandon Family YMCA Spring Run 2007

May 27th, starting at 9am.  
We are ready to start regis-  
tering you! Visit running-  
room.com to register. Don't  
miss the Earlybird deadline  
of April 27th!

Join us on Friday, March  
23<sup>th</sup> for the 12<sup>th</sup> Annual  
Alzheimer Society's Chili  
Cook-off held at Houstons  
Country Roadhouse in  
Brandon, MB. Competitors  
add their own secret  
ingredient to the traditional  
beef, beans, tomatoes, and  
spices to create their attempt  
at an award-winning chili.  
Diners pay \$10 for a bowl of  
their favourite chili, a drink,  
and a bun. To register a team  
or for more information,  
please phone Adam Brown  
at (204) 729-8320.

## Charitable Book Sale!

Thousands of selections sorted into  
more than a dozen categories.  
Hard and soft cover!

**The Town Centre**  
**800 Rosser Avenue**  
**March 29 - 9:30-9pm**  
**March 30 - 9:30 - 6pm**  
**March 31 - 9:30 - 2pm**

*Donations of used books may be made at The  
Town Centre, Superstore, and Co-op. Look for  
prominent drop boxes at those locations.*

Presented by The Rotary Club of Brandon

## Easter Egg Hunt and More!

**April 8, 2007**

Community Centre from 1:30-3:30pm for  
children 10 yrs and younger. There will be  
cookies and juice for children over 10 yrs.

## Hunt Schedule

Join us for an  
afternoon of  
games, crafts  
and face painting

0-4 yrs - 1:45 to 2pm  
5-7 yrs - 2:15 to 2:30pm  
8-10 yrs - 2:45 - 3pm

Phone Kristen for more info at 3588.

## Here's your opportunity to save lives.

## Blood Donor Clinic SHILO

**March 27, 11:30 am - 3:30 pm**  
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Dave, Wawanesa.

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barn & cattle shed, nice  
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**Wawanesa** - 315 acre or-  
ganic cattle farm. Beautiful  
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improved shed and heated  
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ces. For neat couple, no pets or  
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required. \$750 plus all utilities,  
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### For Sale

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information

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### St. Barbara's Protestant Chapel

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Padre Crawford - ext 6836

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Sunday's 1030 hrs  
Weekday mass will be  
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(below) MBdr McGowan commands his gun during Ex COMPLES VALIDATION.



Photos by Bdr Longmire/1 RCHA

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codebreaker

get in on the secret

april 5<sup>th</sup> • the shilo stag

## Lion's lines

### Birch Bursary

The Sprucewood and Area Lions Club are pleased to announce the "Birch Bursary"

for Shilo Grade 7 and 8 students. The complete criteria has not been worked out as yet but will involve volunteerism within the community. The bursary will amount to \$100.00. Mr. Birch is a Lion with the Binscarth Club who sent a donation to the Sprucewood Club in an effort to assist the military families in some way.

Inasmuch as Mr. Birch's parents were teachers in

Shilo at one time and since he is a volunteer through Lionism, the Bursary seemed appropriate.

### Special Donation

Recently, promoted by the Sprucewood and Area Lions Club, together with other clubs in Zone 10 such as Wawanesa, Belmont, Carberry and the Brandon Lions Club, a fundraiser was created to assist Lois Lambkin of Shilo with out-of-pocket medical expenses. The clubs sent their donations to the Lions Foundation Medical Assistance Program in Winnipeg and a cheque was issued.

The cheque made out to Lois was presented to her father, Lorne Lambkin, secretary of the Belmont Lions club at a recent Zone Meeting in Brandon.

### Special Olympics

The club held a special Bingo for the Special Olympics and presented Eppy Goumans with a cheque for \$500.00. Also through the Lions club, 9 individuals worked as Security during the games and our President Lion Grace Flynn even pulled a 14 hour shift.

### Adopt-A-Highway

As you may already know, the Sprucewood and Area Lions Club clean the ditches from the junction of Valour Rd. and 340 hwy to just south of the Main Gate.

We can announce, as a result of this project, the favourite fast food place of Shilo and Sprucewoods Residents is "Tim Horton's!"

We sponsored a bake-sale at the Shilo Theatre during the Westman Jam's Christmas Concert. The profits were presented to Westman Jam to provide

funding for children to attend Music Camp.

### Community Calendar

It's Community Calendar time again - watch for Lions at the table in the mall

In order to renew your calendar. If you don't have one stop by and we will be glad to show you one. For further information contact Lion Grace at 763-4372

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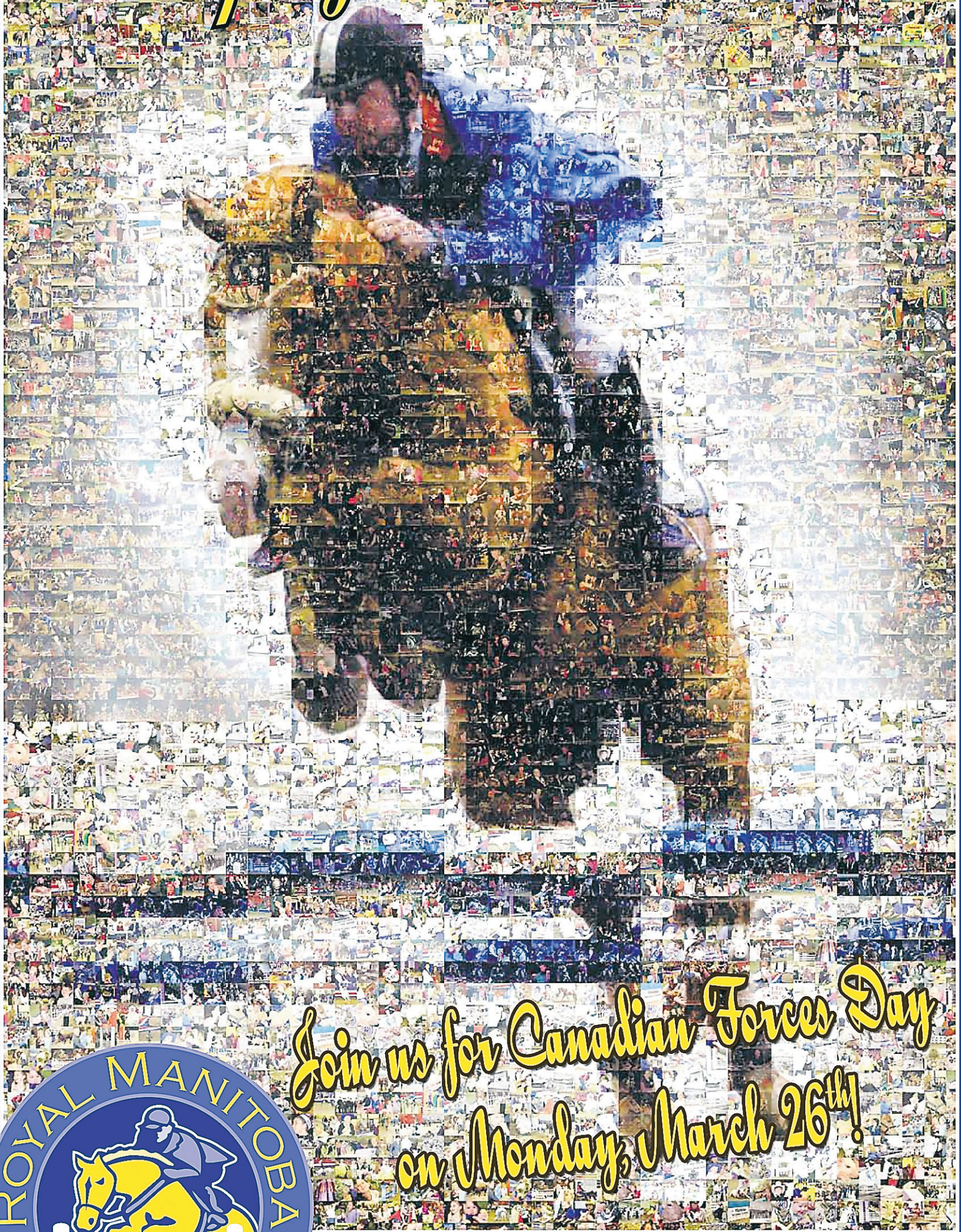
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MARCH 26-31, 2007

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