

SHILO STAG

Your Source for Army News in Manitoba

Volume 47 Issue 8

Serving Shilo, Sprucewoods & Douglas since 1947

May 1, 2008

Don't pay for
16 MONTHS!
0 DOWN! 0 INTEREST!
OAC
**FREE DELIVERY
TO CFB SHILO!**



FURNITURE & APPLIANCES
3635 Victoria Ave 727-4444
Mon-Fri 9-9 Sat 9-6 Sun 12-5

Celebrating a century in Brandon



Mayor Dave Burgess inspects soldiers of the 26th Field Regiment after they exercised the Freedom of the City on April 12. The regiment has been located in Brandon for 100 years, where until 1936 the unit was the Manitoba Rangers; at that time, the regiment was given a new role as an artillery unit and redesignated the 26th Field Regiment. For more on this story, see page 5.

Photo by Sgi Dennis Power/Army News



Happy Mother's Day

Sunday, May 11

No idea what to get Mom this year?
Pick up a Shoppers Mall Gift Card -
the perfect gift!

Shoppers

MALL

204-728-3255 • 1-888-834-2935
www.shoppersmall-brandon.com

Deployment News

Photo: Combat Camera

B Coy adapts to life in Afghanistan

Editor's Note: Capt Chang is deployed with B Coy as the 4 Platoon Commander in Afghanistan. He has written this submission as a viewpoint of life in Afghanistan for he and his platoon during their first two months in theatre.

Capt Andrew Chang
B Coy, 2 PPCLI BG

For over two months the 2 PPCLI BG's B Coy has been operating in the Zharey-Panjwayi area of Kandahar, Afghanistan. Though a relatively short period of time, the Company has already completed a large-scale operation and countless dismounted patrols. The Company's area of operation is considered the birthplace and heart of the Taliban, a challenging environment to begin a tour.

The first platoon from the Company arrived in Afghanistan in mid-February and a steady stream of buses from CFB Shilo to 17 Wing Winnipeg continued in the following weeks. Some changes, such as going from -40°C to +25°C weather, were definitely welcome. Other changes, mainly saying goodbye to family and friends, were more difficult. For most though, there was a feeling of exhilaration at finally being able to do what everyone in the

Company had trained so long for. After brief administrative routines in Kandahar Airfield upon arrival, members of the Company soon pushed out to Zharey-Panjwayi to begin their duties. With rigorous work up training completed and many of the Company's soldiers having served previously in 2002 and 2006, B Coy was well prepared.

In a short amount of time B Coy has immersed itself in everything Afghan, from the people, to the food, to the environment. Foot patrol members interact on a daily basis with locals, speaking with them through interpreters to build trust and learn their concerns.

Patrols and any other operation almost always include the local police or ANA. Suddenly, working with those who have different soldiering styles presents unique challenges, but at the same time, is greatly rewarding. Though initially wary of each other, it does not take long for Canadian and Afghan soldiers to develop a deep sense of mutual respect. At the end of any mission, all Canadians are glad their Afghan counterparts were there.

Working in the Zharey-Panjwayi area also includes sampling the local chai when meeting with elders or having



Photo courtesy Capt Bineau, PAO

Cpl James Arnal and Cpl Josh Vezina watch their surroundings during a routine patrol in a Zharey-Panjwayi village.

a feast of goat, rice and flatbread during Now Ruz, Afghanistan's New Year. The weather is of course mainly warm and sunny. Summer has not yet arrived, but patrolling often involves sweating through clothing and having a fine dust stick to almost everything. The wind picks up every so often, creating the occasional dust storm that limits visibility. There has also been the odd hailstorm. These changes in weather are usu-

ally taken with a casual shrug of the shoulders. Though far from Zharey-Panjwayi, CFB Shilo has done well in conditioning 2 PPCLI for extreme and varied weather.

By far, the most difficult part of the tour has been taking casualties. Sgt Jason Boyes and Pte Terry Street are two B Coy soldiers we have sadly lost. Their deaths have been felt across the BG and of course back home. The very nature of living and

working in western Manitoba, where everyone seems to know everyone, has made this loss even more profound. If you didn't know Jason Boyes or Terry Street, you probably know someone who did. The mission continues with the motivation to ensure

that no loss has been in vain. The bombs that kill Canadian soldiers can kill anyone—Canadian, Afghan, military or civilian. B Coy will continue to stabilize its area and improve the quality of life for those who live here. No better friend, no worse enemy.



At their police sub-station, 2 PPCLI's B Coy members partake in a Now Ruz feast of roasted goat, rice and flat bread prepared by their Afghan police brothers. Now Ruz is the Afghan equivalent of New Year.

RELOCATING TO CFB GAGETOWN

Born, raised and married military.
I know the issues with moving
from base to base to base.
Call someone that understands.



Crystal DeMont
Sales Associate

Cell: (506) 461-0659
Bus: (506) 455-3948
Fax: (506) 455-5841
E-mail: cdemont@exitadvantage.ca

461 St. Mary's St.
Fredericton NB. E3A 8H4



The Mortgage Centre

We work for you, not the lenders.

Getting mortgage advice
from a bank? From a Mortgage
Associate employed by a bank?
Whose financial future do
you think they have in mind?



Over 13 years specializing in government relocations gives us an incomparable and in-depth understanding of the relocation process. Our expertise allows us to provide custom solutions for the unique needs of government transferees.

What we care about is making sure you are completely satisfied with your new mortgage. What is best for you is in our best interest!

The Very Best Mortgage Company Inc.
Diana White and her relocation team
1-888-282-3133

Online application available at:
www.verybestmortgage.ca
Email: info@verybestmortgage.ca

Each Mortgage Centre is independently owned and operated.

Med Techs integral part of support

Editor's Note: Pte Dennis is deployed with the Evacuation Platoon of HSS Role 1 Coy in Afghanistan. She has written this submission as a viewpoint of life in Afghanistan as a Medical Technician.

Pte Ellie M. Dennis
HSS Role 1 Coy, Evac Pl

After almost a year of training—reviewing basic soldier skills, learning advanced soldier skills, refreshing medical skills and acquiring advanced combat medical skills, along with maintaining our physical fitness—we felt prepared for the challenges ahead for the Op ATHENA Roto 5 Health Service Support Role 1 Medical Technician (Med Tech). Still feeling a little apprehensive and not really knowing what to expect when we finally arrived in Afghanistan, all of us Med Techs did not let our fears get in the way of our professional-

ism and the task ahead. It really goes both ways: we put our faith in the troops we support to keep us safe, and they put their faith in us to save their lives when required. We are anxious to just get out there and do our jobs keeping the troops healthy and alive.

The Role 1 (integral medical support) Med Tech plays a multitude of roles and has numerous responsibilities. The Role 1 Med Tech is attached to a company, squadron or battery. These dismounted Med Techs are with the platoons and troops 24/7, becoming a part of the team and are a very vital specialist asset. Med Techs give combat arms troops the confidence they need to go out and do the dangerous jobs they do. It all depends on the mission of the platoon or troop. For instance, the Med Techs will do almost everything an Infantry soldier would do, ranging

from dismounted patrolling, urban operations, communicating with the local populace through interpreters, to general camp duties. They are also responsible for setting up casualty collection points (CCP), casualty evacuation, patient triage, refreshing the Tactical Combat Casualty Care (TCCC) qualified soldiers on their medical skills, and most importantly, ensuring the health of the troops. These Med Techs will often look after members of the ANP, ANA and Afghan civilians working in or around the Forward Operation Base (FOBs).

The dismounted Med Tech also provides medical support to the National Support Element—the organization responsible for supporting forward deployed units, conducting re-supply convoys and providing convoy escort.

Since there are threats on

the roads, Med Techs also travel with these convoys in case an IED strikes.

The Role 1 Med Tech is also part of an armoured Ambulance Crew, responsible for the treatment of the patients that come to the company, squadron or battery CCP.

When not employed forward, the dismounted or Ambulance Crew Med Tech is employed at the Role 1 Unit Medical Station (UMS) in KAF. If required, in the event of a significant incident leading to a mass casualty (MASCAL) scenario, they report to the Role 3 Multinational Medical Unit. The Role 1 facility is responsible for the routine and daily care of Canadian troops at KAF, much like a walk-in clinic at home. Med Techs are responsible for making sure medical supplies are pushed out to the medical assets in the FOBs and for replenishing armoured am-



Pte Dennis as she provides medical support to a mounted patrol.

bulances as required. When on patrol, we often provide basic medical aid to the local population. This is one of the most fulfilling aspects of the Med Tech's work here in Kandahar.

All medics have important jobs here in theatre, whether they are being integrated into an infantry platoon, working with an Ambulance Crew, providing

medical support on supply convoys or working in the UMS. All medical assets have one goal: to care for our fellow soldiers. We are only a quarter way through our tour and I would like to speak on behalf of all Medical Technicians when I say we are proud to represent Canada and to support our comrades in their daily operations.

Wide range of care provided by medical staff

Cpl Craig Bellamy
KPRT UMS

Imagine leaving the cold Canadian prairie winter for a land of sun and sand. While most Canadians dream of being able to do just that, members of the KPRT UMS were leaving behind family and friends for a tour of duty with OP ATHENA Roto5.

The Kandahar Provincial Reconstruction Team Unit Medical Station (KPRT UMS) numbers 11, with one medical officer, one Sergeant, and 7 other ranks. Augmenting the core bunch is a Bison Ambulance crew from the Health Service Support Unit Evacuation platoon. This mix brings a broad range of knowledge and experiences for all to draw on. While most have a civilian EMT licence, the UMS also has an ALS paramedic included in the mix as one of the two reservists

taking time from their civilian jobs to deploy.

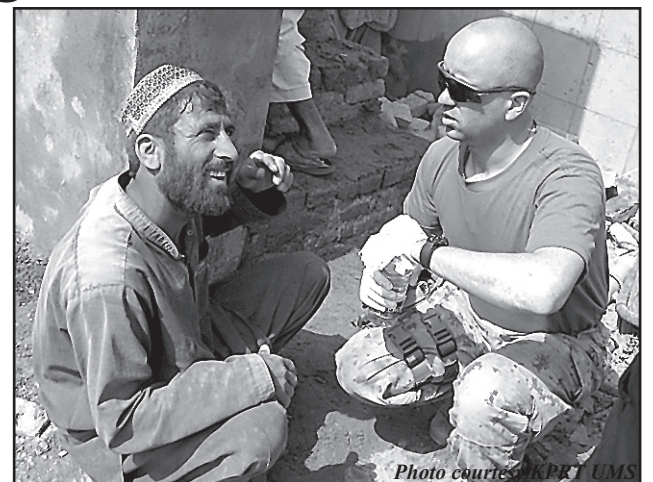
The role of the UMS is to provide emergency and non-emergency care to not only the military occupants of Camp Nathan Smith, but to the other governmental personnel and local populace as well. There is no civilian equivalent that compares to the structure of the UMS. Picture if you will a family doctor's office that could, in very little time, transform into a small emergency room. This capability allows the medical staff to handle everything from a simple cold to a heart attack, sprained ankle to drug overdose. The population on Camp poses its own unique challenges, and the staff are quickly becoming experts in medical situations that they might not be exposed to in Canada. The local nationals that get seen in the UMS also pose a puzzle for the medical staff. Not only are there

differences in nutrition, sanitation, and access to health care, but there is frequently a language barrier that needs to be overcome. In addition, nearly every patrol that leaves the Camp has a medic imbedded with them, regardless if it is to be for an hour or a week. This allows the medics to gain exposure to the local population and customs, lend a medical opinion in the locations where CIMIC is conducting their projects, and provide immediate medical care if needed.

The Bison Amb and its crew are dedicated to the

QRF 24/7. They are augmented by a member of the UMS on a rotating basis each and every time they get ready to respond to a call. This could be a call for assistance from a Canadian unit, or to go to an IED explosion where there are casualties.

The UMS is a tight crew, with a pleasant mix of mischief and professionalism. They are eagerly anticipating and embracing the challenges that await them during the remainder of their tour, but are also anticipating when they are able to return to Can-



Cpl Bellamy irrigating the eye of a local worker as part of his duties providing medical care to military personnel as well as government officials and local Afghans.

ada and embrace the loved ones they left behind. One go.

TASMANIAN

TAXI

Shilo Taxi

Knight-Line Express Charters

Travelling from Shilo to Brandon?

Call 729-8549 or 727-5635

Deena Bishop
sales associate
204-761-5258
1040 Princess Avenue, Brandon • deenabishop@hotmail.com
www.deenabishop.ca

Quality Care & Service for all your real estate needs

Experienced with Military Relocation, personally and professionally

Call for your FREE Competitive Market Evaluation

RE/MAX
Valleyview Realty
Independently Owned & Operated

REAL loans

for real people

- Superior Rates
- Flexible Financing
- Repayment Options

westoba.com

Westoba
CREDIT UNION LTD
First in Our Community

Renovations	• home • cabin • out-buildings <small>including building & other property improvements</small>
Existing Loans	• re-financed from ANOTHER financial institution
Ag Equipment	• tractor • combine • other equipment
Leisure	• boats • trailers • motorcycles

get a REAL loan today!

* Restrictions apply. Rates subject to change without notice. Some conditions apply. See your branch for complete details.

get approved before **July 4th** and be entered to **WIN** a \$2500 yard improvement package from **ALTERNATIVE** Local Landscaping Professionals

Surpassing the goal Greetings from home



Photo by Stacey Brown/Shilo Stag

Mayor Dave Burgess of Brandon congratulates the participants and the organizers of the Walk to Afghanistan during the wrap-up ceremonies on April 11. LCol John Schneiderbanger, BComd (centre) and Fiona Jefferies, former Health Promotions Director, also joined the Mayor in thanking everyone for contributing to the challenge. The Walk's goal of 10,400,000 kms – the 13,000 kms from Shilo to Kandahar multiplied 800 times for each soldier deploying – was exceeded through activities such as walking, skiing, and swimming, to a final total came to 10,618,957.774 kms. A binder of messages of support was compiled during the Walk and will be sent to Afghanistan. Health Promotions would like to thank Forbidden Flavours Shilo, Westman Foot Clinic, Shilo Community Council and Base Fund for their support. Health Promotions is considering walking the soldiers home and encourages people to sign up to their mailing list at walktoafghanistan@gmail.com to receive updates.



Stacey Brown/Shilo Stag

101.1FM The Farm host Tim Black records a message from Nadine Williston to the troops in Afghanistan during a live remote from CANEX Mall on April 11. Her message, along with many others recorded that day, will be included in the 101.1FM The Farm broadcast to the soldiers in Kandahar. Brandon-based 101.1 FM The Farm is one of only two Canadian radio stations being broadcast to the troops overseas - Edmonton's 100.3FM The Bear is on the air on opposite days to The Farm.

Muesum showcases mission with new exhibit

Sgt Dennis Power
Army News

Not all museums are strictly focused on what happened in the past, as demonstrated by the Royal Canadian Artillery Museum in Shilo with the opening of the Afghanistan exhibit showcasing a current event.

Highlighting the exhibit are a LAV III, the Armoured Fighting Vehicle (AFV) used by our troops in Afghanistan, and a multimedia display with combat

footage involving Canadian soldiers on patrol. Another vehicle, additional equipment, photos, and displays, give visitors an impression of what our soldiers experience while they are deployed.

"The staff at the museum deserve a pat on the back for doing a great job here at the museum," said an exuberant Peter Ewasiuk, minutes before the opening ceremony of the new exhibit. Ewasiuk, the Vice President of Unit 17 (Manitoba) of the Korean Veterans Association, was

delighted to see focus put on Canadian soldiers at a time when they are doing dangerous, but important work.

"The Afghanistan exhibit is fantastic, it's great to give the public a view of what our soldiers are doing in Afghanistan," Ewasiuk added. "There hasn't been a lot of exposure for our troops, and this is a good way to shed a little more light on the hard work they are doing over there," he also said.

"From the point of view of the Second Battalion, Princess Patricia's Canadian

Light Infantry (2 PPCLI), support to the museum here in Shilo is very important," affirmed Maj Chris Lunney, Officer Commanding, A Coy, 2 PPCLI. Some of the equipment on display, including the LAV III, is on loan from 2 PPCLI.

"Supporting this exhibit is important to us (PPCLI) due to the fact that we've had so many Patricia's overseas, and it's incredibly important that Canadians here in Manitoba, and visiting from across Canada, understand what's happen-



Dennis Power/Army News

ing in Afghanistan," said Maj Lunney. "It's important to understand the current conflict, see some of the equipment the soldiers use in daily life, and what the troops on the ground are experiencing," Lunney also said. The exhibit opened on 14 April, and will remain open until sometime in October.



A Division of the Canadian Forces Personnel Support Agency
Une division de l'Agence de soutien du personnel des Forces canadiennes

Your Financial Solutions for Today...and Tomorrow!
Vos solutions financières pour aujourd'hui...et pour demain!

Dedicated exclusively to the Canadian Forces community...since 1969!

Dévoués exclusivement à la communauté des Forces canadiennes...depuis 1969!

- Life and Disability Insurance • Financial Planning • Financial Counselling • CF Personnel Assistance Fund • Financial Education
- Assurance vie et invalidité • Planification financière • Counselling financier • Caisse d'assistance au personnel des FC • Éducation financière

www.sisip.com • 1-800-267-6681 • Shilo 204-765-7120

ROYAL LEPAGE

Martin-Liberty Realty
Independently Owned and Operated

Are you being posted?
Let us help you sell your existing home.
Ask us to provide a realtor for your next HHT.

765-2876

BARRY RABE

725-8830

WENDY FLANNIGAN

725-8823

BRAD HARDY

725-8841

COME SEE US AT THE CANEX MALL

Artillery unit exercises Freedom of the City

Sgt Dennis Power
Army News

One of the first mild weekends of spring was ushered in by the 26th Field Regiment as they marched through the streets of Brandon with their colours flying, drums beating, and bayonets fixed.

The event, known as a Freedom of the City Parade, is a tradition that goes back centuries to when armies roamed Europe on foot. Today, towns and cities throughout Canada grant Freedom of the City to associated military units to show respect and support for the commitment they have made to their communities.

"It's good to do this,

probably more for the soldiers than for the citizens, because it shows the soldiers that we really are appreciated," said Bdr-Gen (Ret'd) Ernest Beno, Col Comd RCA. "Reserve units are a vital link to Canadian communities, and it's wonderful to see the support that comes from those communities towards the army," he added.

The 26th Field Regiment marched through the streets of Brandon, stopping at City Hall, to celebrate 100 years of service in Brandon. It was in April of 1908 that the unit moved to Brandon to occupy the newly built Armouries on Victoria Avenue. It has been their home in the city since that

time, and will be for many years to come.

Known today as the 26th Field, the unit originated in the late 1800's as The Manitoba Rangers, they took their current name and role as an artillery unit during a restructuring of the Army in 1936. From their earliest days in action during the Riel Rebellion, through the Boer War, two World Wars, and the Korean War, they fought as an integral unit.

After the Korean War, the 26th Field became a Reserve unit, but the tradition of service remained strong. Hundreds of members of the unit have augmented Regular Force units deployed on peacekeeping missions in the Middle



Photo by Sgt Dennis Power/Army News

A guard of soldiers from the 26th Field Regiment steps off on a Freedom of the City Parade in early April. In the background is the Armouries in Brandon that they moved into 100 years ago in April of 1909.

East and the Balkans from the 1970s until recently,

and they continue to make an important contribution

by serving as gunners in Afghanistan today.

JTF 2 recruiting for new opportunities



One of several CANSOFCOM recruitment posters.

Submitted by
CANSOFCOM

Joint Task Force 2 (JTF 2), the Canadian Forces counter terrorism unit launches its 2008 recruiting drive at CFB Shilo June 5th at the GSH Theatre at 1330 and 1830. JTF 2 annually recruits serving members from across the CF adding to its operationally focused rank and file. The recruiting process is competitive and challenging, with the selection process identifying those individuals who can best fill positions as an assaulter, coxswain or specialist/supporter.

JTF 2's mission is to provide a force capable of rendering armed assistance in the resolution of an issue that is, or has the potential

of, affecting the national interest. The primary focus is counter-terrorism; however, the unit can expect to be employed on other high value tasks.

JTF 2 is among the world's finest Special Operations units. Unit members have and are prepared to conduct worldwide operations in direct support of Canadian national security interests. In 15 years since the units inception JTF 2 has earned a proud reputation for excellence among our allies and coalition partners.

JTF 2 is part of the larger Canadian Special Operations Forces Command, which includes the Canadian Special Operations Regiment (CSOR), the Canadian Joint Immediate Reaction Unit (CJIRU)

and 427 Special Operations Aviation Squadron (SOAS). While each unit has their respective recruiting processes all are dedicated to the recruitment, selection, training and deployment of highly motivated and operationally focused members. As CANSOFCOM grows so do the opportunities to join a part of the CF that commands respect around the world and to work with like-minded people ruthlessly focused on the mission to safe guard Canadians from current and future

threats. Recruiting sessions will be held at bases across Canada with dates, times and location available on-line at www.JTF2.forces.gc.ca. Representation and information for the other units within CANSOFCOM will also be available at each session.

For further information call the JTF2 recruiters at 1-800-959-9188 today, or visit the JTF2 website (www.JTF2.forces.gc.ca) and download an application form.

Posted to Kingston in 2008?
Don Wyld CD Military Authorized Realtor
 Automatic Buyer Representation
 If a posting to our beautiful "Limestone City" of Kingston is where you are headed, please give me a call at the "TOLL FREE" number below and I will send you a "Worry-Endor Kit of Kingston" (with video) containing maps, home prices, school information, shopping facilities, transportation and more.
NEW HOMES BY "CARACO"
 Get a complete information package of new homes being built in Greenwood Park, minutes from CFB Kingston and RMC, and Cobblestone Ridge in West End Kingston. See the whole package at www.c21wyld.com
 Please call or write: Don Wyld, CD, Sales Rep. #1 Barriefield Centre, Kingston, Ontario, Canada K7L 5H6
 Fax 1-613-545-1101 or 613-545-3333 office
 Toll Free 1-800-438-9953
 Visit the Canadian Military Relocation Network Website at www.interbaserealestate.com
 OR Email: donwyld@kos.net
 *subject to certain conditions
 1,000 AIR MILES when you buy or sell a home with me!
 Century 21 TOWN & COUNTRY REALTY INC.

Employment Opportunity

Sobey's Brandon South
 1645 18th Street
Positions Available
 Cashier
 Courtesy Clerk
 Produce
 Meat Cutter
 Baker
 Apply in person at 1645 18th Street

Emploi d'été - Les Amis de la Source
 Emplois d'été: La garderie coopérative de Les Amis de la Source inc.
 Titre du poste: Coordonnatrice de la francisation
 Lieu du poste: Shilo, Manitoba (Nous avons une garderie et prématernelle dans l'école française)
 Durée de l'emploi: 16 semaines (du 5 mai au 22 août)
 Salaire horaire: 14,00\$, salaire négociable pour candidat avec formation de EJE II
 Brève description: éducatrice va animer des activités de francisation auprès de petits groupes d'enfants préscolaires et leurs parents:
 Titre: éducateur/animateur
 Description: animer des activités en français auprès des groupes d'enfants ayant-droits au niveau préscolaire: Ces activités visent à aider les enfants ayant-droits en milieu minoritaire à améliorer leur niveau de français oral en vivant des expériences stimulantes, riches et variées, tout en formant des liens sociaux avec d'autres francophones.
 Requids: expérience et ou/désir de travailler avec jeunes enfants, connaissance de la culture (français (chansons, activités, histoires), habileté de travailler en équipe et suivre les conseils/suggestions d'une superviseur, maturité et responsabilité, permis de conduire - un atout, formation en premiers soins et R.C.R.
 Description: animer des activités de langue et culture française pour petits groupes d'enfants ayants-droits et francophones
 Emplois d'été: La garderie coopérative de Les Amis de la Source inc.
 Titre du poste: Animatrice des activités estivales
 Lieu du poste: Shilo, Manitoba
 Durée de l'emploi: 11 semaines (du 15 juin ay 29 août)
 Salaire horaire: 11,00\$
 Brève description: éducateur/animateur
 Description: animer des activités en français auprès des groupes d'enfants scolaires et préscolaire: Ces activités visent à aider les enfants francophones en milieu minoritaire à garder ou à améliorer leur niveau de français oral pendant les vacances d'été en vivant des expériences stimulantes, riches et variées, tout en formant des liens sociaux avec d'autres francophones.
 Requis: expérience et/ou désir de travailler avec jeunes enfants, connaissance de la culture française (chansons, activités, histoires), habileté de travailler en équipe et suivre les conseils/suggestions d'une superviseur, maturité et responsabilité, permis de conduire - un atout, formation en premiers soins et R.C.R.
Intéressé(e) par ce poste?
 Pour démontrer un intérêt à ce post, vous devez avoir soumis une demande générale pour la campagne de recrutement 2008. Si vous avez une demande, accédez à votre compte en-ligne maintenant. **Allez voir le site web: www.youngcanadaworks.ca** et envoyez-nous votre curriculum vitae et une lettre de présentation à Les Amis de la Source C.P. 118 Shilo (MB) ROK 2A0 (amislasource@atrium.ca)

Family...

it's what we celebrate

Sobeys INC.

2 Locations in Brandon
1645B - 18th Street • 3409 Victoria Avenue

Saying
thank you
in our own
special way

**ACADEMY
FLORIST**

535 Princess Ave Brandon 726-0382
www.academy-florists.com afbrdn@mts.net

stages clothing co.
baby & maternity boutique

904 • rosser • BDN
p: 726.4797

must present this ad
for discount
• expires May 31, 08

25% OFF
ALL REGULAR
PRICED MERCHANDISE

LADY OF THE LAKE
SHOP, CAFE & PUB

**MOM'S NIGHT
ON THE TOWN**
FRI. MAY 9TH 5-9PM
DESIGN WORKSHOP
DINNER FEATURE
PRODUCT UNVEILING
FASHION SHOW

N.E. OF THE 18TH STREET RAILWAY BRIDGE
BRANDON, MB 726-8785 FOR RESERVATIONS

Celebrating Motherhood

Great ways to say 'I love



News Canada

In North America Mother's Day is celebrated on the second Sunday in May (and this special occasion is actually the most popular gift-giving occasion, here's a checklist of other great gift ideas.

- Buy annuals or perennials and plant them for your mom.
- For mom's who love to cook, buy a collection of pots and pans including basil, rosemary, sage and thyme and make her an herb garden.
- Homemade art gifts are cherished especially when they are personalized. But anything creative - a picture, poem or photo - is a great gift.
- Photos are always a hit. Portrait packages are available at many prices - hire a professional, have a portrait package done by a friend or ask a friend who has a good eye, to take pictures. Cut up the photos (make several copies of the photos to preserve the original) onto a half sheet of paper, fill a memory photo album or box or load a digital picture into a photo album. Of course, a single framed picture is a lovely gift.
- Have photos put on a t-shirt, calendar, mouse pad or other items. Photo departments and stores for these specialized photo gifts.
- Package up a homemade treat such as your mom's favorite cookies or even a fresh fruit flan. Check out www.robinhughes.com for recipes.
- Help your mom clean her house. Hire her a week of housework or offer to do the housework yourself.
- Offer to help with home repair or updating projects such as wall papering or hire someone to help.
- Treat your mom to a pedicure or manicure. The gift of a pedicure if you have your own nails painted right alongside your mom's.
- Plan a special outing to a museum or live play and include a picnic lunch in the invitation whether you pack a scrumptious picnic or eat at a restaurant.
- At the end of the day, remember that spending time with the people you care about is a great way to spend Mother's Day too.

Celebrating what makes
a family

MAPLE LEAF
passionate people;
passionate about food

WINNERS

Mother's Day Shopping

Exclusive For Military Families
Private shopping on Sunday, May 4
10:30am - 12:00 pm
Coffee/Juice & Treats!
Coloring contest for the kids!

Enter to win a \$50 gift card

Name: _____
Phone: _____

Drop in ballot box Sunday morning

NO TAX SALE

50% OFF

THE JACUZZI ANNUAL MODEL INTRODUCTION SALE
Ask Us About FREE Financing on your New Jacuzzi® Hot Tub.
Ask your sales assistant for details.

Jacuzzi

CREASY'S HOT TUBS
HOT TUBS • BILLIARDS • PIANO'S
2500 PARK AVENUE
WWW.CREASY.SA
877.241.9580 204.729.8827

COME & VISIT US!

Proudly supporting the troops at CFB Shilo

AMBUSH

DND Discount!

Summer

Uniform **Gun Rental**

Book your Game

Recognizing the
role of the
family in the
Canadian
Forces team



The Amber Store

Troika Treasures



Thanks for
everything you do

"The Amber Store"
The Town Centre
800 Rosser Ave.
Brandon, MB R7A 6N5
1-204-729-9110

Come see us!
Visit our website!
Shop online!

www.troikatreasures.com

To Moms everywhere:

Thank you



MERV TWEED
MP, Brandon-Souris

8-223-18th St. N.
Brandon, Manitoba
726-7600
www.mervtweed.com
tweedm1@parl.gc.ca

& Family

Sunday, May 11

you'

Celebrating mothers through the ages

News Canada

Every day of the year, mothers are there to help us, nurture us, nudge us and care for us. Now, it's their turn. Mother's Day is the one day of the year when we can all put mom in the spotlight and express how much we appreciate her.

"Celebrating mothers is actually an ancient ritual that dates back centuries," says Jennifer Kinnon of Hallmark Canada. "Of course, our traditions for celebrating mom have changed over the years to reflect the way our culture and family relationships have evolved."

Initially, Mother's Day was devoted to honouring goddesses that represented motherhood. The Greeks honoured Rhea, the mother of the gods. The Romans celebrated Cybele, a mother goddess. And in the British Isles and Celtic Europe, people celebrated the goddess Brigid - along with the first milk of the ewes in spring.

In the 1600s in England the fourth Sunday of Lent was designated as Mothering Sunday. Servants were given the day off to spend time with their mothers. Across the Atlantic Julia Ward Howe was troubled by her Civil War experiences in the 19th century so she initiated the idea of creating a Mother's Day as a celebration of peace.

In 1907, Anna M. Jarvis established the first Mother's Day through her church on the second anniversary of her mother's death. The concept was widely accepted, and by 1911, Mother's Day was made official in the United States, followed by Canada in 1914.

The first Mother's Day card appeared in the 1920s. Over the years these cards have evolved to reflect the attitudes of the day, as well as changing technology. Today, a wide variety of cards are available including a song card that lets you record a personal message for mom as well as cards that address the various relationships that make up today's families - stepfamilies and ex-in-laws to dads-as-moms, dad's wife, and friends.



Supporting the family

Rob Lussier CD1
571-5911
Your CFB Shilo Real
Estate Connection!

Sutton

Sutton-Harrison Realty

445 - 10th Street, Bdn
russier@sutton.com www.sutton.com/harrison
www.roblussier.com

Canada's #1

LAWN CARE PROFESSIONALS

- Free Healthy Lawn Analysis
- Seasonal Combination Programs
- Gov't Certified-Professionally Trained

728-9333

www.weedmancanada.com

Weed Man

TRUST THE PROFESSIONALS

OUTDOOR PAINTBALL

Sale - \$50⁰⁰

NOW OPEN!

includes

500 Paintballs 4 hrs Playing Time

Book today! 725-1444



JO BROOK FIREARMS

MAY SPECIALS

All clothing - No Tax with this Ad

500 22 l.r. Hollow point \$15⁹⁵

Swat Boots \$99⁰⁰

No Tax with this Ad

Clay Pigeons, Box of 135 \$15⁹⁵

With this Ad

Bow Packages

Remington 870 Express Shotguns \$339⁰⁰

Bushnell trail camera \$99⁰⁰

#C 909 24TH STREET, R7B 1Y5, 727-3552

Hammers & High Heels



Better safe than sorry Keep your kids active

News Canada

Today's life is chock full of a multitude of small repetitive acts, most of them completely ordinary, where electricity plays a lead role. Now, although "Electricity" is not a synonym for "danger", it can nevertheless bring about accidents of many kinds, from insignificant to life threatening.

By following Hydro-Québec's tips for household security, you will be able to avoid accidents and truly enjoy a power source that will give you both comfort and well being.

Household Security: Remember...

- Keep your eyes open at all times. In your home, there are many sources of danger, and the possibilities of an accident

wherein electricity is a causal factor are numerous. Rooms where water is present - bathrooms, kitchens - require greater vigilance because the presence of water increases the risk of electric shocks. Be careful when using electrical equipment in these rooms: dry your hands as well as possible, and do not allow any electrical appliance or tool to make contact with water.

- Do not use any electrical apparatus whatever - hair dryer, razor, etc. - in the bathroom if the electric outlet is not equipped with a protection system (differential circuit breaker).

- Always unplug electric cooking devices (electric frying pans, casseroles, etc.) before cleaning them.

- Always disconnect the humidifier, steam iron, and



Graphic courtesy News Canada

coffee machine before filling them with water.

Overloaded circuits cause headaches!

- Do you use several electrical devices? Use several different electrical outlets.

- Do you have unused electrical devices? Unplug them.

- Do you need additional outlets? Use a power bar equipped with a surge protec-

tor.

- Is your device already plugged in? Use extra caution.

- Did a slice of bread get caught in the toaster? Disconnect the toaster BEFORE removing the bread.

- Does a light bulb need to be changed? Unplug the lamp BEFORE removing the old bulb.

Think green when you clean

News Canada

Cleaning the house in spring is a great way to lighten up your mood. Less clutter and a refreshed home makes everyone happy-and cleaning in an environmentally savvy way will make you feel even better.

Unfortunately, cleaning often includes activities that can be wasteful. Follow these easy tips this spring to make sure your spring cleaning is planet friendly:

1. Use dust cloths and rags instead of paper towel. It is easy to go through rolls of paper towel when cleaning a house from top to bottom. Cutting down on paper towels or using a reusable cloth will result in less waste. Microfiber cleaning cloths are a great alternative because they attract and hold dust and dirt.

2. Use natural cleaning products. Some natural cleaning products have a bad reputation for not cleaning as well as other cleaners, or for being

too expensive. This however, is not true. Take a look at the new Green Works line of affordable natural cleaners. You can get a highly effective all-purpose cleaner, a dilutable cleaner, a glass and surface cleaner, a toilet bowl cleaner and a bathroom cleaner. All products are 99% natural, come in recyclable containers and are biodegradable. More information on this is available online at www.greenworks-cleaners.com.

3. One person's trash is an-

other person's treasure. What is clutter to you could be useful to someone else. Think about where items could be used before tossing them. For instance, old clothes can be donated to shelters and clothing drives, old magazines can be donated to doctor's offices and hospital waiting rooms and old furniture can often be donated to your local salvation army. Items can also be sold online or at a garage sale - you will be surprised at how much sells.

News Canada

Kids of all ages need to get up and play up all the positive things about being active. Like having fun, learning new skills, keeping themselves healthy and living longer. Kids can reduce their risk of developing Type 2 diabetes by moving more and eating healthier. Overweight and inactive children are at higher risk of remaining overweight and inactive as adults, so now is the time for kids to start moving.

According to the Public Health Agency of Canada's Physical Activity Guides (www.paguide.com) kids should combine three types of physical activity:

- Endurance activities make you breathe deeper, make your heart beat faster and warm your body. Get your kids to play soccer or hockey, or run, swim or bike. When done regularly and for continuous periods of time, aerobic activity strengthens the heart and improves the body's ability to deliver oxygen to all its cells. Endurance activities can be fun for both adults and kids, so make it a family activity.

- Strength activities build muscles and stronger bones.

Structured exercises like push-ups, stomach crunches, pull-ups all help tone and strengthen muscles-and so do daily tasks such as carrying groceries and shovelling snow or cutting the grass. Strength activities are often incorporated without real thought in the way kids play: climbing, doing a handstand, wrestling or playing on monkey bars all build strength in kids.

- Flexibility activities involve bending, stretching and reaching and other activities that keep joints moving. Activities like dance, gymnastics and yoga naturally incorporate flexibility.

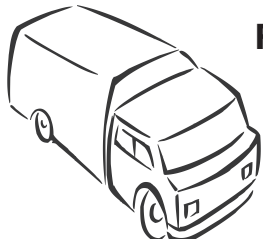
Physical activity is critical to child development, and if the adults, who influence kids in their lives, help them learn to like physical activity, kids are more apt to be active and stay active and healthy.

Concerned Children's Advertisers (CCA) has developed a new public awareness and education campaign called "Long Live Kids" to help get kids moving more. Download the public service messages, parent and teacher information guides and a wealth of other health, nutrition and physical activity information at www.cca-kids.ca.

Thanks to our soldiers

We're showing our appreciation to the soldiers in Shilo with these great deals!

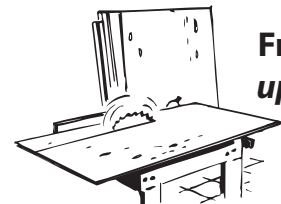
Offers valid for Military Personnel only (with ID)



FREE DELIVERY
in Brandon,
to the base or
in the area



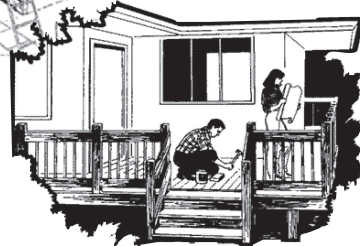
FREE computerized
deck & garage
design & planning
services



Free cutting
up to 10 cuts

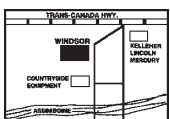


EVERY SATURDAY
Pay no GST
on all
purchases



Free great service
everyday!

Expires May 31, 2008



The experts you
need to know!

Windsor Plywood

1840 18th Street North Brandon, MB 728-4243





Shilo Military Family Resource Centre



Soldier Bears helping with support

Colleen Talbot
Deployment/Special
Events Coordinator

February 2008 saw CFB Shilo's largest deployment in recent memory. With a large number of our military members heading to Afghanistan, the Shilo MFRC wanted to do something special for the children of the departing soldiers.

The Soldier Bear program was launched at the end of February. The purpose of this program is to offer every child who is

dealing with deployment a Soldier "teddy" bear and journal. The Soldier Bear can be used as a coping mechanism and the journal is designed to capture thoughts, feelings and/or special moments that the child is experiencing each month. The Soldier Bear program has been incorporated into the Children Deployment Afternoon, where each child in attendance is given an opportunity to do their journal entry, have a photo taken and attached it to their journal for that month. There is a different

theme each month.

It has been heart warming to see the excitement on the children's faces as they receive their Soldier Bear and journal. The younger children embrace their bears tightly, while some of the school-aged children have opted to take the Soldier Bear everywhere they go, including to school.

The MFRC could not do this alone. Sponsorship was requested and local business and community members in the Westman area have delivered. It is this generosity that makes

the Soldier Bear program a reality. The response has been amazing. To date, 193 bears have been given out to children in the Westman area as well as children residing in other provinces. If your loved one is currently serving on TF 1-08 and you have not received your child's Soldier Bear, please contact the Shilo MFRC. It's not too late for your child to take part in the Soldier Bear program.

I would like to acknowledge the following business and local supporters that make this program possible:

Brandon Rotary Club
Kiwans Club
Canadian Tire
Restaurant Marketing System
Inventronics
Barry LaRocque
Mrs. Mulligan
Patrons of the Brandon Shopper's Mall
Minto School
St. Michaels Ladies Guild
Brandon RV Trailer
Darlene Wilk
Patrons of the Royal Manitoba Winter Fair
Yvonne Smith
Sobeys
Anonymous donations
Thank you Westman!



Riley Porier (above) and Dawson Flynn and their Soldier Bears at a Child Deployment Afternoon, put on by the MFRC.



Photos submitted by Linda Beauchemin/Shilo MFRC
Gary Reid, Program Coordinator for the Shilo MFRC, accepts a cheque from the Brandon Rotary Club for \$1,500 for the Soldier Bear program.

Because of You...

A community collaboration to honour Canadian Forces Personnel and their families.

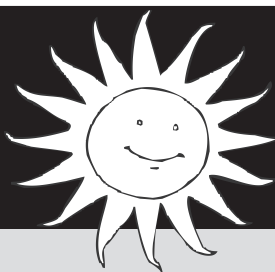
Sunday, May 11
12:30 - 4:00 pm
440 Richmond Avenue

Free Lunch for military and their families -
Ticket Required

Guest Speaker: General Rick Hillier
Singer/Songwriter: Tia McGriff
Children's Entertainer: Fred Penner

A bus will be departing from the Shilo Community Centre at 11:45 am. Please reserve your spot on the bus.

Tickets Available at
Shilo MFRC
Bethel Christian Assembly
Military Wives Sisterhood



Summer Fun Day Camp Program Summer Jobs

The Shilo Military Family Resource Centre requires students for our summer day camp program.

Activities Coordinator and Crafts Coordinator

These positions are an excellent opportunity for post secondary students to gain experience in their related field. Students can apply what they have learned in school to the job and take the experience gained to a future position.

Education Required: In order to receive funding we require students pursuing a career in Education, Child Care or Recreation. Post-Secondary Education.

Knowledge in creativity with arts and crafts, wide background in sports and outdoor education.
Experience in a day camp/playground program would be an asset.

Counsellor

Education Required: Minimum Grade 10; sixteen years of age. We require students with some knowledge of craft activities and some knowledge of sports activities (ie. swimming ability). Experience including babysitting experience and/or prior supervisory experience in other programs such as sports groups, church groups, Brownies, youth clubs or teen clubs. Must like children and have a desire to work with children in the future.

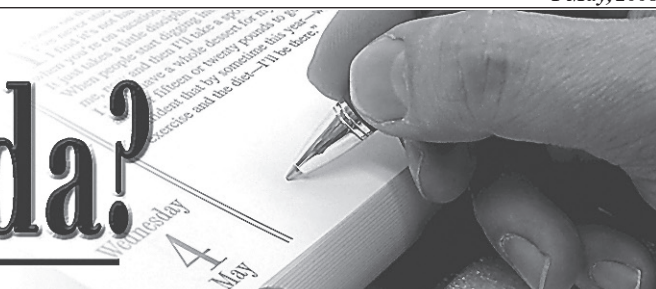
Please submit resume:
Program Coordinator,
Shilo Military Family Resource Centre,
Box 5000 - Stn Main
Shilo, Manitoba
R0K 2A0

Applications must be received no later than 12:00 NOON, Friday, May 9, 2008

www.shilomfrc.ca

Note: Deployment programs will not be cancelled.

What's on Your Agenda?



Prayers for the Fallen

*A time to remember
A time to come together
A time to grieve in
community
A time to strengthen faith*
Memorial prayers will be offered at both chapels during Sunday worship at 1030 hrs on these dates for all Fallen Shilo Soldiers:
18 May
15 June
13 July
10 August
14 September

Did you know?

The Base Personnel Selection Office (BPSO), located in Room 204 in Headquarters, has a laptop with Internet access for your use. If you would like to use the laptop to access the Internet, please call (local 4078) in advance to let us know when you would like to come by.

Can You Help?

Our need for foster homes is urgent! We need homes for all aged children and sibling groups. Of critical need are emergency spaces and homes for teens. If you know of person(s) that could be considered for the vital job of fostering, please ask them to call:

Nancy Hunter
Child and Family Services of Western Manitoba
726-6109 or
1-800-483-8980 (toll free) or email
nancy.hunter@gov.mb.ca

1st Anniversary of the Dedication of the Faith Centre

Come and Go Coffee Hour with Dainties
1000 hrs - 1100 hrs
No official program, just fellowship and social Individuals, Units/Sections are encouraged to phone ahead their attendance for planning purposes ext 3091

Shilo Community Library

Monday: 6-8:30
Tuesday & Thursday
9:30-12:30, 1-4, 6-8:30
Drop In Sports Nite for Teens. Every Thursday evening @ GSH, 7:30-9pm.

Volunteers Needed

The Canadian Cancer Society has volunteer positions available for every interest and time constraint, including data entry, phoning, poster delivery and organizing events. Call Kristen at 571-2804.

Spotlight on Shilo Presents: Plays A' Plenty

Dinner Theatre
El Prado Club, Shilo, Sunday May 11
Cocktails 5:30pm • Show 6:00pm
Tickets \$25 - Available at Forbidden Flavours or from cast members
Call Linda Beauchemin 763-4720 for information
Last date for ticket sales: Wed. May 7

Looking for Shrine Circus Tickets? May 10, Westman Place If so, we have a deal for you!

The Shilo Men's Club and HMS are proud to be able to bring you the lowest prices available anywhere for this fun-filled event!
Prices subsidized down to cost value as a gift to the greater Shilo/Sprucewoods Community in appreciation for their outstanding support of the Shilo & Region Men's Club and HMS Insurance. Adults \$13, Children 8-14 yrs \$8, 7 & under free
Limited quantities, so don't delay. Available at HMS Insurance in the CANEX Mall.

Home for a Change: Home & Garden Decor.

Open every Thursday, Friday and Saturday. Don't forget our Annual Mother's Day Tea. Homemade pie!
Free draws.
Brandon, 724-7247

The BrandonYMCA Spring Run May 25, 2008 9:00 am

Registrations are being taken for the event - our goal is 400 participants - be the next one to register!
Go to **www.runningroom.com** before Friday, May 23 at 9am to register. No registrations will be accepted on race day, so register early to avoid the rush! Pledge forms can be picked up at the YMCA member services desk - collect money and earn great prizes as well as a chance in our Grand Prize draw for a treadmill.
For more information, contact Cindie at the YMCA 727-5456

Need temporary use of a Wheel Chair Ramp or a Medi-Chair?

If so the Shilo Men's Club can help!
The Club is pleased to offer free temporary use of a Ramp and Medi-Chair. It is offered to all members of the greater Shilo & Sprucewoods communities and surrounding area for up to 90 days at a time, or until more permanent arrangements can be made.
For more information contact Mike McEwan at 763-4990

BINGO

Sprucewoods Community Hall Thursdays
• Share The Wealth from 6:20pm
• Early Birds at 7:00pm
• Regular Games at 7:30pm
Intermission Games - Progressive Games - And More!

CLASSIFIED ADS!

Call 765-3000 ext. 3013 or email your free* Classified Ads to **stag@mts.net**

*Non-commercial ads only. Free ads restricted to members of the CF, employees of CFB Shilo and the citizens of the surrounding area.

Homes/Property

Wawanesa - Shilo area 5 acre wooded residential lot, lots of trees, wildlife, privacy. 12 miles to Shilo, 6 miles to Wawanesa. Priced to sell @ \$20,000. Countryland Realty. Dave Mooney 824-2094.

Wawanesa - Handyman appeal. 2 BR bungalow, part basement. Good lot, close to school, garage. Asking \$36,000. Offers considered. Countryland Realty. Dave Mooney 824-2094.

House for Sale - Carberry \$104,900. 1182 sq. ft., 3 bed, 1 bath, parial unfinished basement, newer shingles, new HWT, new washer & dryer, new stainless appliances, laminate/ceramic throughout. New paint, trim, 1 block to schools. Lots of closets, new cupboards, tile countertop. Summer possession 841-3007 leave message

Wawanesa-Glenboro area - 45 km from Shilo. 6 acres on wooded, beautiful, landscaped yard overlooking small river running through property. 1 1/2 storey older home in good condition, 3 BR, triple-pane windows, 1 1/2 baths, full basement, small pasture & orchard. School bus to door. 1/4 mile off Hwy#2. Price \$138,000. Call Herby Hutlet 827-2794 after 8pm.

Homes/Property

2 New Homes on 5 Acre lots 15 minutes from Shilo
First home: 2300 Sq Ft walkin style, 3 BR, 2 and 1/2 baths and attached double car garage. Second home: 1368 Sq Ft Bungalow style, full basement, 3 BR, 2 baths & attached double car garage. Phone 824-3752; cell 724-6580

For Sale

For Sale: Treadmill \$100, Safety 1st Jogging Stroller \$100, Baby Bassinet \$50, Ocean Wonders Baby Swing \$75, Graco Infant Carseat \$50. If interested please contact Jaime 765-5144

Extra lean ground beef 1lb packages \$2.50 per pound. Government inspected. Call Perry 726-0231

Furniture

Posted In/Out or just looking for great deals?
We Buy and Sell good used Furniture/ Appliances/Beds!
Visit **People's Market Place 32-13th Street, Brandon or call 727-4708**

For Sale

2004 Honda Interceptor Motorcycle. Black, 800 cc, 9078 km, \$8,000. Contact by email: **zirka_girl@hotmail.com**

Help Wanted

100% Tuition Funding for Truck Driver Training!
• Exciting & challenging opportunities
• A high-demand occupation
• Paid on-the-job training

For more info visit **www.mpi.mb.ca** or call **(204) 632-6600 or 1-866-820-1317**

Child care

Licensed daycare - 2 spots for school age (before and afterschool care available and inservice days coming up), 1 full-time spot for preschooler age 2-5. Call Crystal at 765-2617 for interview. Filling up fast!

Wanted: Reliable, mature person to care for 2 children in my home on Mondays, starting end May. Crystal 765-2484.

Child care

Home daycare has spots open, flexible hours, healthy snacks and lunch provided. Call Mel at 765-4962

Kids R Kids Licensed home daycare is currently accepting names for 2 daycare spots starting in January. CPR and first aid qualified, snacks and lunches provided following the Canada Food Guide, lots of crafts and activities. Subsidy available. 765-4626

Wanted: Reliable, mature person to babysit our 3 kids in our home, full-time days. If interested, please contact Jaime at 765-5144

Services

Canadian Firearms Safety Course Instructor/Examiner, Restricted & Non-restricted, Manitoba Hunter Safety Course Instructor Greg Steele 725-1608 or ggs57@wgc-wave.ca call for next course dates, challenges by appointment. Non-restricted Canadian Firearms Course May 10. Combined Manitoba Hunters Safety CFSC June 13-24. Canadian Restricted Firearms Course June 15.

Services

Stress-free holiday shopping! Get gifts for everyone on your list or just enjoy a FREE pampering session. Call for an appointment today or shop online. Brice Dodds 765-2868, **www.marykay.ca/bdodds**

Sew Crazy Services - Reliable Service, Great Rates! Providing a full range of tailoring, repair work and custom sewing! Zippers replaced, Pants hemmed, Garment repair, Mess Kits, Custom Kit modifications. Tailor Shop 765-3000, ext 3224. Home 763-4202, cell 573-9278

"Baking by Crystal" Homemade cakes, cookies, squares, ect. Made to order. Dozens of recipes to choose from. I can also do desert trays, sandwich trays, and many different theme cakes. Call Crystal 765-2484

Dick & Jane went to a Passion Party. Their order came in. Now they don't answer their phone anymore. Curious?? 204-573-3573 **www.daphnewilson.com**

Services

Arbonne International is proud to be part of the Shilo community. ALL natural, no animal testing, vegan approved skin care products for babies to adults. SAMPLES available. Please call Audrey Brazeau at 765-5180 for more information



St. Barbara's Protestant Chapel
Sunday's @ 1030 with Sunday School & Nursery
Padre Donnelly - ext 3090
Padre Bos - ext 3088

Our Lady of Shilo Roman Catholic Chapel
Sunday's 1030 hrs
Weekday Mass - Tuesday to Friday, 1205 hrs
Padre Persaud - ext 6836
Padre McLeod - ext 3089
Both chapels will be open Wednesday afternoons from 1200 - 1500 hrs during the deployment for prayer and quiet reflection.

Take care to protect your property

Submitted by
IMP Det Shilo

With the milder weather upon us, thoughts turn to spending time outdoors enjoying various activities like walking, biking or riding the ATV/motorcycle. However, there are those who are out taking advantage of the good weather as well; those who are looking to acquire property from unwary victims. Each year the MP receive numerous complaints of stolen property (which include bicycles and ATVs/motorcycles) from residents of CFB Shilo. These activities have al-

ready begun with the theft of two off-road vehicles (ORVs) from MQs in the area of Lundy's Lane on 21/22 Apr 08. Thefts like these are not just targeting residents in the MQ areas, but also include residents of the barracks and those in the unit lines. There are several easy steps you can take to protect your bicycles/ORVs. They include:

- Keep a record of the make, model, type, colour and serial number of the bicycle or ORV (in the case of the ORV, also note the license plate number and CFB Shilo ORV pass number). Without a serial number to positively

identify the bicycle/ORV, there is little hope of having it returned should it be recovered in another police agency's jurisdiction;

- Properly secure bicycles with approved, quality bike locks. These bike locks should permit the owner to lock one, or both, wheels to the bicycle's framework, and where possible also securing the bicycle to an immobile object. (A person carrying a locked bike away is more likely to draw attention than one riding a bike away);

- ORV owners should take similar steps in securing their units by utilizing

cables/chains with high quality padlock; and store the locked bikes/ORVs in a securable structure (a shed or garage) or in a well-lit area as close to your residence as possible.

Owners should also be aware that failure to take suitable steps to secure/protect your property has

ramifications. Should you wish to make a claim against your homeowner or vehicle insurance for the theft of the property, the insurance company may turn down your claim if it is determined that inadequate steps were taken to secure/safeguard the bicycle/ORV against theft.

While the members of 1 Military Police Unit Detachment Shilo are taking every step possible to safeguard you and your valuables, with your assistance in following the preceding tips, we hope that you will be able to enjoy a relaxing, crime-free summer.

Place your bets!



Photo by Kristen Lucyshyn/FS&R

Volunteers watch anxiously to see where the Crowns and Anchors wheel will land at the Volunteer Recognition Evening April 15. The WO's and Sgt's Mess was transformed into the land of Mardi Gras for the evening of April 15. Over 170 volunteers from Shilo and surrounding area were recognized for making Shilo a great place to live. Our volunteers were treated to an evening of flashing lights, great food and casino type games, a certificate of appreciation and gift as our small way of saying thanks for all they do. Because of their dedication, our community is able to offer many great programs and activities to be enjoyed by all. Thank you for all that you do! Special thanks go to SISIP and Base Fund for their continual financial support of our Volunteer Recognition event and to the Air Command Band for their entertaining live music. See you all next year!

Kyra and Kate by S. Joudrey

Pick up your FREE copy of the **SHILO STAG** at any one of the following locations:

<p>Brandon Safeway - Corral Centre Safeway - Shoppers Mall Brandon Armoury Women's Resource Centre - Town Centre Mall Royal Cdn Legion #3</p>	<p>7-Eleven • 34th & Victoria Sobey's • 1645B 18th Street • 3409 Victoria Ave Forbidden Flavours • 1060 18th Street</p>	<p>Carberry East Side Service Carberry Legion Douglas General Store Minnedosa Minnedosa Legion</p>	<p>Neepawa Neepawa Legion Shilo CANEX Mall Forbidden Flavours Shilo Community Centre GSH</p>	<p>Country Club (Rick's) All Messes Sprucewoods The Shilo Inn (Crang's) 340 Esso Station Wawanesa Lucky Dollar</p>
--	--	---	--	--

Volume 47 • Issue 8

Regular Circulation: 3,000

Delivered by The Shilo Scouts & Minor Hockey
Printed bi-weekly by the
Brandon Sun, Brandon, MB

Contact The Shilo Stag - 204-765-3000 plus ext.

General Manager	Mike McEwan	ext. 3073
Editor-in-Chief	Becky Block	ext. 3013
Assistant Editor	Stacey Brown	ext. 3013
Editorial Advisor	Lori Truscott	ext. 3813
Advertising Rep.	Gayle Raynor	761-5305

Fax: 204-765-3814 Email: stag@mts.net

Mailing Address:
Box 5000, Stn Main
CFB Shilo, Manitoba, R0K 2A0

This paper is issued by authority of LCol John Schneiderbanger, CD, Base Commander, CFB Shilo. The views expressed herein are not necessarily those of the Department of National Defence or of the Editorial Staff. The Editorial Staff reserves the right to edit, to abridge, to reject copy or advertising to adhere to the policy, as outlined in CFAO 57-5, and for clarity and/or content.

We welcome your suggestions!

The Shilo Stag is produced every second Thursday. Deadline for submissions is the Thursday prior to the week of publication.

Submissions can be sent to the Stag via email at stag@mts.net, dropped off at the Stag office located in the Shilo Community Centre or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned - 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

Smoke-free winners Right on target



Maj Laroque presents Cpl Biro with his CANEX gift card as the first-place winner in the Mar. 1st I Quit Challenge, the national challenge encouraging people to remain smoke-free for the month of March. There were 35 registrations this year, an increase from 2007. Additional winners of the challenge included Cpl Mercado, in second place, Cpl Livyj, third place, and Kristen Munro, the supporter winner. Thank-you to SISIP FS and Canex for supporting this event nationally. A special thank-you to CANEX for donating the cake as well as Forbidden Flavours Shilo for the coffee.



Members of the 1 RCHA, ROTO 2, shown with modified C-1 105 mm Howitzers used to fire at a predetermined and registered target on one of over 140 avalanche paths during Op Palaci. Soldiers from CFB Shilo were deployed for Op Palaci in three rotations over the 2007/08 avalanche season. 1 RCHA has used artillery fire to assist Parks Canada with avalanche control in Rogers Pass in Glacier National Park, British Columbia for over 45 years.

Any Pizza \$16.50

Homefire Cafe
 *NEW*Hours of Operation
 Mon - Fri 8am - 3pm
 Offer expires May 15, 2008
 No coupon required.
 Located in CANEX Mall

Happy 22nd Birthday Melissa

gml-81@hotmail.com

Westman's largest selection of new & used vehicles

Don Parent
 Military discounts available
 761-6900 (cell) 728-0139 (work)
 donp@murraychevbrandon.com
 1500 Richmond Avenue Brandon
MURRAY
 CHEVROLET • CADILLAC • BRANDON

CANEX www.canex.ca **CFB Shilo**

Mother's Day draw!

1st prize: \$50 CANEX Gift Card, Forbidden Flavours Gift Basket, Chemist's Cupboard Inc. Gift Basket, Base Hair & Tanning Salon Gift Basket.

2nd & 3rd prize: \$25 CANEX Gift Card, Base Health Promotions Water Bottle & Stress Ball, SISIP Backpack & Ball Cap.

The CANEX merchants want to spoil one lucky Mom this Mother's Day by giving the lucky winner a hamper of goodies from the various CANEX mall merchants.

Visit any concession in the CANEX, and receive a ballot to enter our Mother's Day hamper giveaway. The draw will take place on May 9th, 2008

CANEX 40 Years
 Serving Those Who Serve 1968-2008

- CANEX Mall Merchants**
- Shilo CANEX 765-2343
 - Shilo Barber Shop 765-4979
 - Base Hair & Tanning Salon 765-4247
 - McPhail Travel 765-4412
 - HomeFire Cafe 765-5000
 - Royal LePage 765-2876
 - Canada Post 765-4955
 - Base Health Promotions 765-3000 ext. 3868
 - Family Medical Clinic 765-2302
 - Shilo Automotive 765-2143
 - Shilo Taxi 727-5635, 729-8549 or 728-9003
 - SISIP Financial Services 765-4675
 - Forbidden Flavours 765-5022
 - HMS Insurance 765-4412
 - Hunt, Miller & Company 765-5363
 - The Chemist's Cupboard 765-2520
 - We Sell Showcase 726-8899
 - Westoba Credit Union 765-6350
 - Fountain Tire 725-1523
 - Forman Honda 729-0594
 - Andrei Master Tailors 866-826-1059
 - Krevco Leisure Products 728-9507
 - Midas Muffler & Brake 727-2250
 - Shilo Automotive 765-2143