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Volume 46 Issue 20

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October 18, 2007

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Casualty care training



Sgt Peter Dunwoody renders assistance to a simulated casualty. Sgt Dunwoody is a Section Commander with 7 Platoon, C Company, 2 PPCLI. Task Force 1-08 are on Ex DESERT RAM as part of their pre-deployment training for Afghanistan at CFB Wainwright. Part of this work-up training consists of counter Improvised Explosive Device and live fire training. For more on this story, see page 2.

Photos by Sgt Steve Hofman/Army News



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Deployment News

Photo: Combat Camera



Ex DESERT RAM prepares troops for IEDs



Sgt Steve Hofman
Army News

One of the main concerns any soldier has when leaving the relatively safer confines of the bases in Afghanistan (also known as leaving the wire) is Improvised Explosive Devices or IEDs. Soldiers from CFB Shilo took part in Exercise DESERT RAM at CFB

Wainwright last month to prepare for the potential threat of IEDs during Task Force 1-08.

MCpl Shaun Seaton, C Company, 2 PPCLI, was part of the combat team practicing their tactics techniques and procedures in the IED environment. "Today we were going through several different scenarios that help train us. One of the scenarios involved going through a village in order to continue with our mission. There was a VBIED (vehicle borne improvised

explosive device) in place. It went off and the scenario ran off of that."

"Overall it went extremely well," said MCpl Seaton. "We pick up on a lot of the things that we did well and things that we need to improve on. That is our goal, to continue to train and to improve every time." This is not MCpl Seaton's first tour to Afghanistan, he said this about the training, "I have been in the Kandahar region and this is by far, the best training I have had. It is the best training to prepare for Afghanistan."

"I hope they continue with this and that every soldier takes home something good from the training."

One of the possible results from an IED attack is casualties, and the soldiers were given this simulated environment to deal with this scenario. Pte Kyle White, C Company, 2 PPCLI, a TCCC (Tactical Casualty Combat Care) provider, explained his duties during the scenarios. "TCCC is like a first responder for the battlefield. We are there to help the Platoon Medic. I employed these skills in two of the scenarios today."

"(In) the second scenario we came up to an ANA (Afghan National Army) vehicle that hit an IED. We had five ANA casualties. I arrived on scene before the Medic so I started assessing the casual-



Photos by Sgt Hofman/Army News

A soldier from the Combat Team escorts a Leopard C2 tank through the simulated village of Loy Kerezak in Wainwright.

ties. Three were priority one with burns to their faces and two were two were walking wounded," Pte White said, describing one of the scenarios. "I started doing a quick blood check to make sure no one was going to bleed out, then the Medic arrived and took over the triage."

"Everything went pretty good," said Pte White. "We got all the casualties pulled back to a casualty collection point, stabilized the patients and then waited for the chopper to come in and extract them." When asked what he thought of the training, Pte White replied, "It is really good. I am looking forward

to Ex MAPLE GUARDIAN in October."

As the soldiers continued to practice their drills on Ex DESERT RAM and confirm them with Ex MAPLE

GUARDIAN in October, they ultimately hope to improve their skills and be prepared for worst-case scenarios during the deployment in the new year.



Pte Matthew Shaw, 2 Company, 2 PPCLI, provides security while an American Blackhawk helicopter extracts casualties from the outskirts of the simulated village of Loy Kerezak.



Pte Lance Beaven provides rear security while an Improvised Explosive Device is disarmed further ahead.

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Investors Group Welcomes

Grant Starko, Regional Director at our Brandon office, is pleased to announce that **Marylou Desbiens** has joined Investors Group in our Brandon office as a Consultant.

Ph: (204) 729-2000

Marylou.desbiens@investorsgroup.com

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Expansion to provide more efficient care

Stacey Brown
Shilo Stag

In order to meet with the CF Clinic Model of Care, CFB Shilo's 11 CF Health Services Centre will be expanding to meet the needs of members by June 2008.

A new addition to the clinic will house mental health and social services for members and their families to use in times of need. "The expansion represents a significant milestone in the evolution of this clinic and the adoption of the primary care clinic model," LCdr Shaun Beach said prior to a groundbreaking ceremony at the Centre on October 5.

"By building a complete mental health extension, it allows us then to re-utilize or re-adapt the space that Mental Health is currently in," LCdr Beach said, noting that for staff it would mean better working conditions to provide outstanding support to soldiers. "It

allows us to better support the soldiers in the Shilo area. This is a very important step forward in that respect."

The 300-square meter expansion, located north of the current centre, will cost \$1.3 million. While there are mental health and social services being provided in their current location within the Centre, limited space has affected the level of service provided.

"This (groundbreaking) today signifies a move forward in terms of a capability that we will have to provide better services, better clinical or health care to our members," said LCol John Schneiderbanger, BComd, CFB Shilo.

The CF Clinic Model of Care is a recent initiative to see that primary medical services are available to all CF members. Previously, members would visit various health care providers for their needs with little to no communication between the providers; the new system provides continuity be-

tween providers, allowing for optimum care and support.

"One of the issues identified was the continuity of care. A soldier would have to see different doctors for different appointments; that still happens, but the goal is to break down the clinical services into a unit called the Care Delivery Unit (CDU). That CDU is staffed by a number of physicians – civilian and military, physician's assistants, med techs, nurses and nurse practitioners. The intent for that is that patients are rostered to a CDU. In the case of Shilo, we have one CDU," Capt Kevin Pennock, BSurg said.

"As a whole, that group is responsible for the primary care given to that member, so that if the patient is seeing myself as a military MO and I'm detached away on deployment or on training, there's still a civilian MO that the member is familiar with and can bring on that continuity."



Photo by Stacey Brown/Shilo Stag

LCdr Shaun Beach addresses his staff as LCol John Schneiderbanger looks on during the groundbreaking ceremony for the expansion of the Mental Health Services at 11 CF Health Services Centre on October 5.

The centre will be hiring a military social worker for next summer. The hiring will provide a uniformed presence in the extension and will bring a level of expertise, knowledge of military culture and leadership. By the expansion's scheduled opening next summer, LCdr hopes to have, in addition to the Military Social Worker, five social workers, an addictions counselor, two mental health workers, two administrators, 1.5 psychologists and a .6 psychiatrist on staff.

"When I arrived here in June 2005, we had one social worker and one clerk in Mental Health Services," LCdr Beach said. "We've hired, since then, four social workers, an addictions counselor, a second clerk and obtained the services of Dr. Ron Richert, who's our psychologist. But that is the extent of what we could hire given the existing infrastructure."

"The thing that can never be overstated is that despite the fact that three-quarters of the staff of this clinic as a whole

are civilians, this is still a military clinic and we're still providing care to military personnel. We have to maintain that certain level of military ethos in our culture here, and the military and civilians have to adjust to that, because what it amounts to is meeting our clients' expectations," LCdr Beach said. "Their expectations are that they are treated a certain way as a military member."

For more information on the CF Clinic Model of Care, visit www.forces.gc.ca/health

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Manitoba 



REMINDER NOTICE OF PUBLIC HEARING

HEARING:

The Public Utilities Board (board) will conduct public hearings to determine the maximum allowable charges and fees for payday loans at the following times and places:

Thompson

Nov. 5 at 1:00 p.m.
Council Chambers
226 Mystery Lake Road

Winnipeg

Nov. 13 to 28, 2007, at 9:00 a.m.
Hearing Room
4th Floor, 330 Portage Avenue

Brandon

Nov. 7 at 1:00 p.m.
Council Chambers
2nd Floor, 410 – 9th Street

Closing Arguments

Winnipeg
Dec. 3, 2007 at 9:00 a.m.
Hearing Room
4th Floor, 330 Portage Avenue

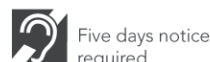
PARTICIPATION:

Parties wishing to submit a brief, or express comments to the board, should advise the board secretary no later than October 31, 2007. Those wishing to address the hearing in French are required to notify the board secretary before October 20, 2007.

GENERAL INFORMATION:

The board's Rules of Practice and Procedure will apply to the conduct of these hearings and all interveners must familiarize themselves with these requirements. This document is viewable on the board's website or is available upon request from the board secretary at 400-330 Portage Avenue, Winnipeg, Manitoba, R3C 0C4, or by calling 204-945-2638 or 1-866-854-3698 (toll free in Manitoba). The board's e-mail address is publicutilities@gov.mb.ca.

Gerry Gaudreau, CMA
Secretary,
Public Utilities Board



Manitoba 

Training continues on road to deployment



Maj Stephen Joudrey
DCO, 2 PPCLI

The Second Battalion Princess Patricia's Canadian Light Infantry Battle Group (2 PPCLI BG) has truly been put through its paces as Exercise DESERT RAM wraps up and prepares for an even higher training tempo during October's Exercise MAPLE GUARDIAN.

The 2 PPCLI BG's Road to Kandahar is now at the mid-way point after its first opportunity to bring its sub-units together and begin training as cohesive elements. In May, sub-units conducted low-level training designed for the individual soldier and for small groups of soldiers. This training progressed to challenging platoon and troop sized groups.

August brought the BG leaders together in Shilo for a two week professional development period and headquarters staff exercise, called Exercise MAPLE SENTRY. This exercise pushed the BG leadership and its staff to plan and execute operations within a completely digital environment. This method allowed the BG's Commanding Officer, Lieutenant-Colonel Dave Corbould, to exercise his sub-unit commanders and headquarters staff without requiring physical assets

on the ground. This digitized battlefield simulation training was the first of its kind for a deploying BG so early on in its training billet. In addition, on-site role-playing media tested commanders' interview techniques based on the digital battlefield scenarios forcing the staff to react.

The BG sub-units are now operating together in Wainwright. The primary training audience's working and living landscape resembles the Kandahar area of operations that the BG will be parachuted into in February. The BG and the other elements of Task Force Afghanistan - the National Support Element, the Observation Mentoring and Liaison Team as well as its higher headquarters, Joint Task Force Afghanistan - totaling approximately 2500 soldiers - are housed at a camp simulating Kandahar Airfield or KAF. The Provincial Reconstruction Team works out of a simulated Camp Nathan Smith, a much smaller organization, hosting about 300 troops. several kilometres away from the KAF.

Exercise DESERT RAM was designed to train sub-unit elements at the Company followed by the Combat Team levels. These ranges tested the company commanders' ability to use the various combat and support resources available to them during their operations in

addition to challenging their soldiers to fight in complex situations using live ammunition. With every new mission, a new layer of training complexity was injected, which included live close air and direct artillery support. Range construction included simulated grape fields and grape huts, irrigation canals, clusters of Afghan-like villages and improvised explosive devices, as well as employing Afghan civilians, soldiers, police and media role players. These combined elements forced sub-unit commanders to react to the numerous events that played out before him on the simulated battlefield.

The BG is now under control of the Canadian Manoeuvre Training Centre as it prepares for its deployment confirmatory exercise, Exercise MAPLE GUARDIAN. This exercise employs a high-tech digitally operated force-on-force programme.

Currently, the BG is in a preparatory period. Sub-units are conducting further individual battle task standards and enhanced platoon and company-level training. The tempo for Exercise MAPLE GUARDIAN will be one that challenges the BG to deal with the most intricate scenarios with a view that the 2 PPCLI BG will be prepared for any situation it faces in Afghanistan next year.

CANEX launches new clothing line

Susan Davis

Army Public Affairs

CANEX launches a new line of Army-branded clothing that will be in stores and on the web by late October.

"It is for the benefit of the soldiers. We're trying to put a line together that the soldier can relate to," said Gilles Charlesbois, a clothing buyer with CANEX. "We are very interested in their comments and want to know if we're on the right track."

"I'll do whatever I need to do to help out in supporting the troops. We all have a contribution to make, and CANEX's contribution is supplying merchandise at reasonable prices."

The new line features shirts, pants and jackets in a variety of colours and styles. The clothing is made in Canada and is priced in the mid-range of sports clothing carried by CANEX.

While most of the pieces simply feature the Army's maple leaf and crossed



File Photo

A sample of the Army-branded clothing available in CANEX stores and on their web site by late October.

swords crest, two novelty t-shirts illustrate the theme behind the clothing line—daring, dusty and doing our duty. Canadian CADPAT uniforms may be dusty from deployed operations but the soldiers wearing them still stand proudly and do their duty. And duty is one of the core military values also appearing on the shirts along with loyalty, integrity

and courage.

Plans will soon be underway for the spring line. The goal is to expand the line to include more varieties of clothing and material and reflect feedback received from soldiers, including designs for two new novelty t-shirts which reflect one of the core values.

To check out the clothes online, visit www.canex.ca.

Shortened season for big game hunting

Public access to the CFB Shilo ranges for the fall big game (white-tail deer) hunting season is reduced by one week this year. The CFB Shilo ranges are closed to hunting November 12 to 18. Hunting will be permitted from Monday, November 19 to Saturday,

December 1. Hunting access to the CFB Shilo range and training area is being reduced due to required military training involving aerial bombardments.

Hunters may call (204) 765-3000 extension 3333 (Range Control) for gen-

eral information. The Hunters' Safety Briefing will be held Thursday, November 1 at 7:00 p.m. at the General Strange Hall Theatre at CFB Shilo. From November 19 to December 1, briefings will be held at 8:00 a.m. and 1:00 p.m. daily at Building R4-34 (Range Control).

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Training medics on the road to war



Pte Jessica Hewett
1 Fd Amb

Three months ago, the upper echelon of 1 Field Ambulance in Edmonton was faced with an extraordinary task; take 84 people, a large number of them inexperienced privates, and prepare them for Task Force 1-08 in Afghanistan.

The road to war thus far has been like any other road. It has been straight during some points, while

at others the curves are so sudden, you may veer off the road if your eyes are not focused on it. Hence focus, no matter what rank or position we hold, was, and still is, the main factor in ensuring progress and success in completing our training.

Training started as early as December 2006 for some, with courses that included International Trauma Life Support, communications, driver wheel and Emergency Medical Training provincial licensing. Health Services Support (HSS) Company stood up Role 1 and elements of Role 3 officially on April 1.

HSS successfully brought together Canadian Forces medics from Edmonton, Cold Lake, Dundurn, Shilo, Esquimalt, and Petawawa.

Training began with many lectures. A tedious task some might bravely admit, but still a vital component in our preparation for Afghanistan. A few of the topics that were touched on included information operations; foreign weapons; sighting a medical facility; media awareness; information on the environment and wildlife in Afghanistan; and Rules of Engagement. These classes aided in our cultural awareness and shaped how to deal with "civilians" and other key players during our level two and three training. Though this time in the classroom seemed to be the most difficult to get through, it will likely prove to be essential education for the troops deploying overseas.

Despite long hours of verbal education, the time indoors was broken up with the refreshing of everyone's Basic Soldiering Skills. This task is required on a yearly



Photos by MCpl EM Newman

Soldiers from 2 PPCLI, with medics from HSS, advance toward a ridge at CFB Shilo.



Soldiers from Task Force 1-08 secure a compound during training.

basis, so the undertaking was a smooth one. HSS company blasted through the ELOC training and concentrated most days on the ranges, getting as comfortable as absolutely possible on the C7A2, 9mm, C6 and C9.

Next came the exercise in Shilo. The purpose of the exercise was to complete the live pairs firing with 2 PPCLI as well as meet, some for the first time, the soldiers we will accompany on TF 1-08. Many of the newcomers got the chance

to spend some time in the field with Bravo and Charlie Company. They were exposed to battle movements with the LAVs as well as having the opportunity to fire weapons that are not usually at the disposal of 1 Field Ambulance.

HSS has now completed the necessary training for levels two and three. Many were sceptical of spending three days in the compounds of 1 Field Ambulance, but in the end those three days were probably the most efficient and beneficial training days yet. Activities covered were convoy operations, quick reaction force and dismounted patrols. The objective was to give each soldier a basic introduction to how these three principal roles operate in theatre. By this point, people began forming friendships and building trust with their comrades, and morale was high during this stage of training. If people were having doubts regarding their role in Afghanistan, this particular exercise seemed to reiterate

each individual's personal reasons for wanting to be a part of the team going overseas next year.

Overall, there is a huge learning curve for the majority of HSS personnel. Medics from all over the country were taken away from their clinics, Field Hospitals, Field Ambulance units, and their 'comfort zones' in order to come together and train for war. The soldiering knowledge now has to mesh with the medical knowledge, so each individual can help win the fire fight, triage and treat beyond the best of their ability, and with a lot of skill together with a little bit of luck, save our soldiers' lives. The road is just beginning for HSS company. There are several months to go before deployment, but with the continued effort of the leadership and the positive attitude of the troops, the team of TF 01-08 is sure to be one that is prepared, competent, and eager to serve Canada and our fellow soldiers.

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Committee visits Wainwright on mission



Sgt Steve Hofman
Army News

The Senate Committee on National Security and Defence (or SCONSAD) Committee members recently visited Canadian Forces troops training for the continuation of Canada's mission in Afghanistan in 2008.

Visiting committee members included the Honourable Senators Colin Kenny, Chair (Ontario), Tommy Banks (Alberta) and Rod Zimmer (Manitoba). SCONSAD has been studying Canada's involvement in the Afghanistan mission for over two years, in particular operations, equipment and training needs. In February 2007, the committee released a report on their findings to date, en-

titled Canadian Troops in Afghanistan: Taking a Hard Look at a Hard Mission. The committee's visit to the base coincided with Exercise DESERT RAM, a month long work up training exercise.

The committee had previously visited the troops previously in Kabul, Afghanistan in May 2005 and more recently in Kandahar, Afghanistan in December 2006. Having seen operations on the ground in Afghanistan, the visit to CFB Wainwright will serve as a gauge to the training received prior to departure as well as the equipment being used in Afghanistan.

"It has been fascinating," said Senator Colin Kenny. "It is a remarkable facility. We knew that it was going to be big, but we did not know it would be this big. It has been intriguing looking at the different aspects of the base."



Cpl Nathan Seal, left and Senator Rod Zimmer discuss how the cordon and search went at the simulated village of Saville farm. Cpl Seal is a member of A company 2 PPCLI, he acted as OPFOR for the training.



Brigade Commander Col Vance, right, briefs members of the Senate during their visit to Ex DESERT RAM. Soldiers participating on Ex DESERT RAM in Wainwright, as part of their pre-deployment training for Afghanistan, were visited by members of the Senate Committee on National Security and Defence (SCONSAD).

"The more we learn about how the CF operates, we hope the better our reports will be. We already have a little list of issues that have come up, just on this visit, that we will be taking back with us and we hope we can assist in finding solutions," Kenny said, when asked how visits like these will affect soldiers in the future.

"We are very impressed with the operations that we saw. How the soldiers operate together with tanks and Light Armoured Vehicles, Infantry, Engineers dealing with the IED's. The whole thing was an interesting exercise in coordination and cooperation," Kenny added.

"We are really pleased to be here and we are really impressed with the men and women that we are meet-

ing."

Senator Tommy Banks said the visit allows the committee to better understand the challenges faced by CF members.

"This is where we get the straight goods. Every time we go and meet the soldiers we get a better impression of them," Banks said. "Whether it's in Kandahar or in Eu-

rope or here, these folks are all getting ready to go and we are always impressed by the quality of the people and their determination."

"How good they are, how well trained they are, how well spoken and how clearly they understand the mission makes it always a pleasure to do this," he added. "It helps us understand the way

the soldiers are thinking. It helps us to know the things that maybe we can help with in respects to the things that soldiers need. It helps us out when it comes time to ask the people that make those decisions."

For more information on the committee's findings, visit their website at www.sen-sec.ca.



Brigade RSM Clifford Eells, left and Senator Colin Kenny observe troop manoeuvres in the Wainwright training area during Ex DESERT RAM.

CALL FOR NOMINATION

Westman Media Cooperative Ltd. (WMCL) officially announces the **Call for Nomination** of candidates for election to the Board of Directors. Nominations are now open. All WMCL members, 18 years of age or older are eligible, as outlined in the WMCL Charter Bylaws. Each nominee must be supported by at least 2 other WMCL members.

Completed nomination applications **must be received** at: Westman Communications Group, 1906 Park Avenue, Brandon, MB R7B 0R9 by **5 p.m., Friday, October 19, 2007**. For a nomination application or more information, call 571-7310, 1-800-665-3337 ext. 2010 or write to the above address.

Westman Media Cooperative Ltd. (operating as Westman Communications Group) is locally owned by over 27,000 members/customers providing cable television to Brandon and 35 rural communities in Western Manitoba. Westman is a customer-focused cooperative providing leadership in communication and information technology products and services in cable TV, fibre optics, computer networks, data transport, Internet, and advertising. Westman owns and operates local radio stations 880 CKLQ and 94.7 STAR FM that broadcast to the western area of the province. As a customer-owned cooperative, Westman is proud of its strong commitment to its customers and the communities it serves.



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Boomer's Legacy honours fallen soldier

Sgt Dennis Power
Army News

There is little we can do to prepare ourselves for the sudden loss of a friend or loved one. Soldiers deploying to Afghanistan have a clear understanding of the risks involved in the mission, and though they patrol and operate in a war zone, none believe they will be the next casualty.

That belief helps carry the soldiers on what is often a dangerous and difficult mission. Back home, families and friends worry, particularly for those who are constantly out on patrols and operations. To date 71 families have received news that a loved one has been killed. Knowing that their loved ones were at risk going over did not make the news any easier to bear.

The family of Corporal Andrew Eykelenboom, a medic, is one of them. Cpl Eykelenboom was killed on August 11, 2006 when a suicide bomber attacked

a convoy he was traveling in near Spin Boldak, close to the border of Pakistan. When the news of his death reached the family it was understandably devastating. A year later there is still mourning and grieving, but there is also celebration of the life of a man described as dynamic, caring, and professional.

"It made sense that he joined the army as a medic," said his older brother Gord. "When we were kids on family adventures he was always fooling around, but if anyone ever got hurt, he was always the one who would try to help them, or make them better. He has always had that sense of wanting to take care of people."

In Afghanistan he was highly regarded by the infantrymen that he patrolled with. At 23 he was fit, outgoing, and loved to uncover the fun in any job at hand, so he blended well with the soldiers he was meant to care for.

In one of a number of

firefights, he distinguished himself by saving the life of an interpreter who had his legs blown off by a 75mm rocket. His platoon was caught in a ferocious ambush, triggered by the destruction of the G-Wagon carrying the interpreter. With the help of Master Corporal Leblanc he applied tourniquets and prepared the interpreter to be moved as a battle raged around them. An hour later, a safe distance from the ambush site, a helicopter landed in the dark and whisked the interpreter away to a field hospital. Days like this were common.

"I tried to talk him out of going over there," said Gord. "I was worried that something might happen, so I set him up with a good job in the oilfields. Easy job and much better pay, but he was determined to go to Afghanistan."

Taking care of the soldiers in his platoon was his primary mission, but 'Boomer', as his friends knew him, had a real af-



Photo by Eykelenboom family
Corporal Andrew Eykelenboom and an Afghan interpreter take a breather while on operations in Kandahar Province, Afghanistan.

finity for the people of Afghanistan. "He really cared about the kids," said Maureen, his mother. "He did whatever he could to help them."

Boomer's Legacy (Assistance to Afghanistan Trust Fund) is the family's way to honour his commitment to the people of Afghanistan. On September 9, a fundraising dinner was held in Courtenay B.C. to celebrate Boomer's life and raise money to fund projects that are typical of what he would have supported. 250 supporters attended the dinner paying \$100 a plate. General Rick Hillier, Chief of Defence Staff, was in the area for a conference and attended as a special guest and gave a stirring address.

By the end of the evening Maureen Eykelenboom was able to present General Hillier with a cheque for \$48,000, hinting that

this would become an annual event raising much more money. A committee of soldiers working with the Provincial Reconstruction Team (PRT) at Camp Nathan Smith (CNS) will administer the fund.

The genius of this fund is that it will be immediately accessible to soldiers on patrol who find worthwhile

projects, projects that may fall through the cracks if left to larger agencies. It could be shoes for kids, or a generator for a water pump, but most of the projects that will be supported are likely to be found by soldiers meeting locals and wanting to help them directly. It's the way Boomer would have done it.



Photo by Sgt Dennis Power/Army News
During presentations at a fund raising dinner for Boomer's Legacy, Maureen Eykelenboom thanks General Rick Hillier, Chief of Defence Staff, for his support and the support of the Canadian Forces during the year since her son Cpl Andrew Eykelenboom was killed in Afghanistan.



Base Personnel Selection Office



SCAN Seminar
Second Career Assistance Network

21 & 22 NOVEMBER 2007
0800 - 1600 hrs

Location: Multi-Purpose Training Facility

*If you are releasing, retiring within 5 years,
or medically releasing,
you must attend this seminar!*

Call 765-3000 ext 3086
For more information and to register

Spouses & common-law partners
are encouraged to attend.



PRODUCTION ASSISTANT

Non-Public Funds

Personnel Support Programs - Shilo Stag
CFB Shilo

Permanent Part Time Position

Under the direction of the Shilo Stag Editor, the Production Assistant determines the layout of materials and photos, proofs articles and pictures, and receives customers' orders for advertising. He/She assists in the development and distribution of promotional materials and assists the Editor with special projects and campaigns. He/She also assists with researching, writing and reporting of news stories, and with reporting of Base events. He/She takes pictures as required. He/She must be able to perform moderate lifting, carrying, pulling and/or pushing (i.e. more than 10 lbs/4.5 kg but less than 50 lbs/23 kg).

Salary: \$ 10.30/hr - \$ 12.49/hr
**Successful candidate will be prepared to
commence employment as soon as possible.**

For more information or to apply, visit our web site at cfpsa.com or submit a resume clearly outlining their ability to fulfill all position requirements by mail to: NPF Human Resources, PO Box 5000 Station Main, Shilo MB R0K 2A0, by fax at (204) 765-3015, by e-mail to nairn.dana@cfpsa.com. Applications must be received before 1600 hrs on 21 October 2007.



Shilo Military Family Resource Centre



New Youth Programs Leader introduced

Submitted by
Shilo MFRC

Hello! My name is Lori Gwyer and I am the new Youth Programs Leader at the Shilo MFRC. I have a background working with youth and am looking forward to this new opportunity. I moved around lots as a kid, so I'm not really from anywhere, but I'm here now and that's what counts. I have two cats and a little brother I like to talk about. Other than that, I'm just eager to create some new opportunities for youth involving our teens, tweens and local community. Come find me at the Gateway Teen Centre most evenings or drop by my office to discuss any ideas you might have!



Photo submitted by Shilo MFRC

Shilo MFRC Teen Advisory Council

We welcome Lori Gwyer to the fold. Lori is our new Youth Programs Leader. She brings a wealth of experience and knowledge to the Shilo MFRC. Lori was involved in the development of the Skateboard Park in Minnedosa, she directed an employment program helping youth become "job ready" in Birtle and Russell, and has experience working in group homes with youth.

So what can she offer?

We have made a few changes that we think will make the whole Teen Program area more exciting.

Parents have expressed concerns over having their 13 year-olds being in the same group as the older teens, so we have split the group into two:

Tweens (ages 12-14) - Tuesdays 6:00 - 7:30 and Friday 6:00 - 8:30 pm

Teens (ages 14-17) - Tuesdays 7:30 - 9:00 and Friday 8:30 - 11:00 pm.

Thursday will be Java nights with guest speakers - open to teens ages 13-17.

We have secured a facility in Brandon to offer Java night there. Youth For Christ has a youth drop in centre called the Back Alley that we can use which is teen appropriate for Java Nights.

Special Weekly Activities:

Guitar Heroes and Dance Dance Revolution

Night - Every Friday night we will offer competition on our new Guitar Heroes game and our new Dance Dance Revolution game. Battle for prizes! Starts Friday, October 19th for both Tweens and Teens during regular Friday night hours.

Saturday Night Movies - We supply the free popcorn and movies. Come in and tell us what you would like to see! First one will be Saturday, October 20th at 8:00 pm

Java Night - special guest speakers. Some of the topics covered will be Peer Pressure, Date Rape, and Crystal Meth as well as

others that you tell us you would like to hear about! More information to follow.

Band Night - Did you know we have a bass guitar, electric guitar, keyboards, and an electric drum kit? Plus we have amps stands and all the stuff you need to play. We will bring in musicians to give workshops so you can learn how to play your favourite instrument! First up is a Drum Clinic by Tyler Reimer Drum Student extraordinaire from Brandon University. Look for the posters on the upcoming Drum Clinic!

Special Events:

Haunted Corn Maze Walk - Friday, October 26th - Free for all teens however permission forms are required!

Bus Trip to Winnipeg - Saturday, December 8th - Details TBA

New Membership Fees! We will now charge user fees for all events.

We only charge \$12.00/year (prorated to \$1.00/month depending on when you sign up).

Parents are still responsible to come in and do an orientation. Teens are still responsible for any guests they sign in.



Photo by Linda Beauchemin/Shilo MFRC

Lori Gwyer, the new Youth Programs Leader at the Shilo MFRC.

All events will be open to all teens, not just members; but parents must sign permission forms.

We offer programs and services to teens in Shilo as well as Brandon. Pick-ups in Brandon will be at the Brandon Armouries. Military kids can invite a friend but are responsible for them.

Are you interested in being the VOICE of the Teens?

Teen Advisory Council - Our aim is to provide a voice for teens to plan activities and events for teens. You don't need to be a

member of the Teen Centre.

Lori will be looking to you to join our council. The benefits? Free food at every meeting, leadership development, looks great on a resume, lots of fun and most importantly, having a say in what happens and what is important for teens!!

We want teens from military families in Brandon and other areas to take part. After all, these programs are for you too! So tell your friends!

Give Lori a call 3847 or email her lgwyer@shilomfrc.ca.

Shilo MFRC needs YOU!

We are currently seeking adult volunteers for our:

Board of Directors

Do you have leadership skills and an ability to focus on the 'big picture'? Those are 2 essential qualities in being a Director! At this time, we are especially encouraging parents of children in Pre-K or Daycare to consider joining our Board. Remember on-site childcare is available at OCC free of charge while volunteering!

Warm Line

Are you an empathetic person? Do you feel you can relate to spouses/ kin of military members who are deployed? Would you prefer to volunteer from your home? If you answered "yes!" consider joining our Warm Line Team. Orientation and on the job training/mentoring are provided.

Shilo MFRC volunteers are your neighbors, friends, colleagues and newcomers.
What do they say about volunteering here?

"I love the community spirit and the friendship I have found through volunteering."
"Connecting community - youth/older people/middle age...military and non-military."

Be part of something good...Give to your community and yourself...

VOLUNTEER NOW!

Call Valerie Liske at 765-3000 ext 3858 to discuss these or other volunteer opportunities!

Check out our new look!

GRAND Re-Opening

Shilo MFRC Thrift Shop

DATE: Tuesday, October 23, 2007

TIME: 1:30 - 3:30 and 6:30 - 8:00 pm

PLACE: Faith Centre

Yummy Refreshments

Hunt for Halloween Costumes

Door Prize Draw at 7:30 pm

www.shilomfrc.ca

Note: Deployment programs will not be cancelled.

Rescue story comes to the big screen

Donna Miles
American Forces
Press Service

It was a movie premiere like few others. As the credits rolled down the screen at Andrews Air Force Base, Maryland in mid-June, a Vietnam veteran in the audience -- not the Hollywood star with some 40 credits to his name -- got the louder applause and the standing ovation.

Retired Air Force Col. Eugene Deatrick, 82, slowly ambled to the stage of the base theater here after watching the premiere of "Rescue Dawn." There, he joined actor Steve Zahn, who plays Air Force 1st Lt. Duane Martin in the movie, to autograph posters of the movie, scheduled to hit theaters in New York and Los Angeles July 4, then go na-

tionwide July 13.

"Rescue Dawn" is based on the true story of Navy Lt. Dieter Dengler, who was shot down in 1966 during a top-secret mission to destroy Viet Cong strongholds in Laos. Dengler, played by actor Christian Bale, was captured and subjected to brutal torture. He met Martin and four other U.S. and Vietnamese inmates in a makeshift POW camp and began planning an escape.

Five months after Dengler's arrival, the starving and ailing POWs broke free of the camp, then scattered to face another inhospitable enemy in the nearly impenetrable jungle. Dengler and Martin endured the elements and evaded capture together as they worked their way toward freedom.

Twenty-three days after the escape, Dengler was

on a rock along a riverbank -- alone now, desperate and losing hope -- when an Air Force A-1E "Skyraider" plane flew overhead. He began frantically waving a palm frond at the aircraft, catching the pilot's eye.

That pilot was Deatrick, then a lieutenant colonel, who was on a bombing mission at the time.

"As I banked, I saw him waving," Deatrick recounted during an interview with American Forces Press Service. "I came back around, and he was still waving."

On his third pass, Deatrick realized that Dengler had used discarded chutes from parachute flares to spell out "SOS" on the ground. He called his control aircraft to determine if an American had been shot down in the area, and was told that none had been.

In fact, Dengler was shot down six months earlier, 80 miles away.

"Finding Dieter was an act of God," Deatrick later told the audience -- about 200 servicemembers and their families -- during a question-and-answer session that followed yesterday's showing of the film.

Deatrick relayed how he took a chance and called in a rescue helicopter, an HH-3 "Jolly Green Giant," to pick up Dengler. He said he watched nervously overhead as Dengler grabbed the rescue harness and was lifted aboard, fearing all the time that he might actually be an enemy soldier. Deatrick said he was "tickled to death" when he learned the truth.

It was months later, when Deatrick was stationed at the Air Force Test Center

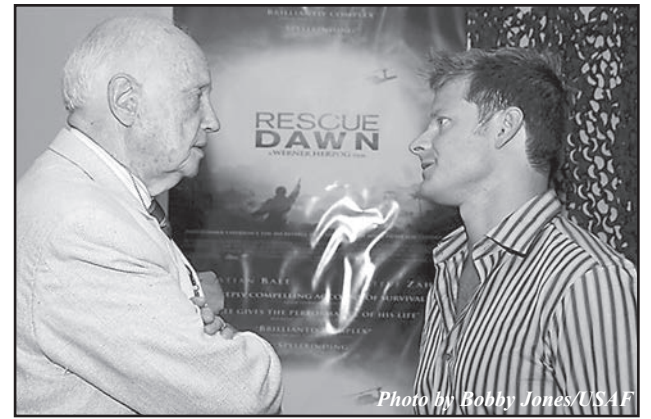


Photo by Bobby Jones/USAF
Retired Air Force Col. Eugene Deatrick, left, who rescued Navy Lt. Dieter Dengler, a POW during the Vietnam War, chats with Steve Zahn, who plays Air Force 1st Lt. Duane Martin in "Rescue Dawn," a new movie about Dengler's capture and escape. Deatrick and Zahn met during a June 18, 2007, premiere at Andrews Air Force Base, Md.

and School at Edwards Air Force Base and Dengler was at Marine Corps Air Station Miramar, both in California, that the two men finally met.

"It was quite a reunion," Deatrick recalled, and it marked the beginning of a close friendship that continued until Dengler died of Lou Gehrig's disease in 2001.

Deatrick downplayed his role in the story last night, praising Dengler for the fortitude he demonstrated to make it through his ordeal.

"Dieter was quite an unusual man," he said. "He was a walking survivalist."

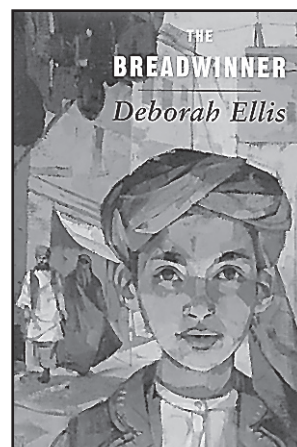
Zahn, better known for playing comedic roles, said he found Dengler's story so compelling that he had to be a part of telling it. "It's so much bigger than life,"

he said. "Dieter's persona embodies all those great American qualities: perseverance, integrity, the determination to get back up on that horse and be whatever it is you resolve to be. It's an amazing story."

Preparing for the movie was no picnic; Zahn had to drop 40 pounds and work out twice a day to play an emaciated POW. But remembering his boyhood days in Minnesota, where models of World War II planes dotted his bedroom ceiling, Zahn said that "in many ways, I've been preparing for this part all my life."

Forty years after Dengler's dramatic rescue, Deatrick said he's "just delighted that this film came out," and he hopes it inspires men and women serving in a different war today.

Writer visits students



Sarah Babin
O'Kelly School

I hope that everyone had an awesome first month of school. In last month's article I said that guest author Deborah Ellis would be coming to our school. During her visit, she spoke about the

books that she has written, what she writes about, and where she travels to interview people. Some of the books Deborah has written include *The Bread Winner*, *The Heaven Shop*, and *Mud City*, among others. Deborah writes about children that are victims of war. She has traveled to Afghanistan and Iraq.

Last month we also had a fantastic BBQ. There was hot dogs, cookies, and drinks. The school pictures also went great. Everyone smiled and looked very pretty or very handsome. Last but not least, the parent council meeting went well.

I hope that you have a spooktacular Halloween!

Family Violence week begins

Submitted by
Health Promotions

The week of October 14-20 is the launch of the CF Family Violence Prevention and Awareness campaign. The Shilo Family Violence Crisis Team members, with support from the CF Family Violence Awareness Committee at the national level, are working together to raise awareness and coordinate the local response to this important issue. This week was chosen as it coincides with the YWCA's Week Without Violence.

Family violence means any abuse of power within a relationship of family, trust, or dependency. There are many kinds of abuse, includ-

ing physical abuse, sexual abuse, social abuse, emotional abuse and economic or financial abuse. Family violence can affect anyone. It occurs in all cultural, racial, and religious groups and at all income and rank levels.

The safety and well being of all members of the family where abuse or violence is occurring are our primary concerns. However, family violence affects the whole community, not just the family involved. Historically, family violence was viewed as a private family matter and kept secret. This approach is not helpful, as violence often escalates. This is why the CF community is coming together to raise awareness of this issue

and encourage the community to take a stand against family violence.

One of our main goals is to assist those who are experiencing, witnessing or engaging in abusive behaviors. The main thrust of the campaign is to encourage people to step forward early and ask for help. This will minimize or avoid the negative consequences of family violence, such as: family or relationship distress and breakdown, or legal or career consequences.

Help is available through the Shilo Family Violence Crisis Team, which consists of Base Social Services, Shilo MFRC, and Health Promotion, with links to the Military Police, Chap-

lains, and Child and Family Services. Supports within the military also include Medical Officers, and the CF Member Assistance Program. Other supports outside the CF include Emergency services, Westman Women's Shelter, and Mobile Crisis Services.

Watch for campaign materials around the community. This is more than a one-week campaign. We will continue to provide CF members and families with information throughout the year. For more information about the campaign, or to access confidential, supportive services, please contact Social Services at 3177, Shilo MFRC at 4106, or Health Promotion at 3867.

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BRANDON WHEAT Kings
the tradition continues

Catch the Action at the next Home Game...

Fri., Oct. 19 vs. Lethbridge Hurricanes
Sat., Oct. 20 vs. Medicine Hat Tigers

For Tickets Call 726-3555 or
visit ticketmaster.ca

www.wheatkings.com

What's on Your Agenda?

Weight Loss Support Groups!

Drop in, everyone welcome and NO COST!

Tuesdays - 10:30am at Public Health, Brandon

Thursdays - 7pm at 20-7th Street, Brandon and Starting September 10th! - **Mondays** - 6:30pm at Public Health. For more information call Arlene at 571-8359.

Brandon RHA Annual General Meeting will be held Tues., Oct. 30, 2007. Immediately following the regular board meeting at 7pm. Brandon City Hall, Council Chambers, 410-9th St. Everyone welcome!

NNHL (No-Hit-Hockey League). Starts Oct. 25, game nights Tues/Thurs/Sun 6-8pm. Cost \$60 per player. League open to all military/public/NPF employees & dependants. Register by Oct. 19. draft Oct. 22, 15 players/team. Due to ROTO 08 I/S Hockey League will be taking 1 year leave of absence. For more info, contact Sports Co-ord 3894

Sprucewoods Community

Weekly Events:

Mondays - CRIB, 7pm.
Tuesdays - TOPS, 6pm.
Thursdays - BINGO, doors open at 6:30, game at 7pm.
For more information on what's happening in Sprucewoods, contact Andy Robichaud at 763-4843 or Frank Hambrook at 763-4919.

Douglas United Church invites you to their Fowl Supper @ Douglas Community Hall, Sun. Oct. 21. Advance tickets only. Three sittings: 4pm, 5pm & 6pm. Adults \$10, 5-12yrs \$5, preschool free. For tickets call Douglas Store 763-4313, or visit Mansfield's Western Shop. For more info, call Donalee @ 728-0076. Everyone welcome!

Shilo Community Library REGULAR LIBRARY HOURS

Monday: 6-8:30
Tuesday & Thursday
9:30-12:30, 1-4, 6-8:30

Drop In Sports Nite for Teens. Every Thursday evening @ GSH, 7:30-9pm.

Royal Canadian Legion Branch #3

October Activities

• Weekly cribbage held at Legion No. 3 in the Lounge, Tues. 7:30pm

• Weekly soft dart league held at Legion No. 3 in Lounge, Thurs. 7pm. For more info, call Jack @ 727-5869

• Weekly meat draws are held in the lounge Fridays and Saturdays at 4:30pm, all welcome.

• Weekly bingos are held in the Hall every Thursday. Doors open at 5:30, early bird starts at 7pm. Regular games at 7:30pm, all welcome.

October 20 Karaoke will be held in the Legion No. 3 Lounge from 9pm - 1am.

October 21 Ladies Auxiliary Family Fall Pork Supper. Legion No. 3 Lounge Banquet Hall, 5pm. \$10 Adults, \$5 6-12 yrs. Reserve table or buy tickets from Rene 727-5536, Maureen 727-8958, Linda 727-3879 or Legion Lounge 728-2881

Kids N' Us - Skip on over every Saturday for our new and exciting drop in games and story time with our recreation leader. Runs Sept. 22 - Nov. 24 @ the Community Centre. For more info, call Brenda @ 3317. Times: 3-5 yrs, 9-9:45am; 5-7 yrs, 10-10:45am; 7-9 yrs, 11-11:45am.

Crafters Wanted! CFB/ASU Shilo is holding their annual Christmas Bazaar on Sat. Dec. 1/07 from 12-4pm, L-25. Tables (4x6) are \$10 each. Please book enough tables as additional tables will not be available the day of the Bazaar. All proceeds to the Shilo Christmas Hamper Campaign. For more info, contact the Community Recreation Office @ 765-300, ext. 3588 or 3317.

FS&R Presents Halloween Display Contest - Oct. 31. 1st prize \$150, 2nd prize \$100, 3rd prize \$75. No need to register, just decorate!



Rob Gater and Dawn Henrikson are delighted to announce the celebration of their one year anniversary on October 7th



THE CURLING CLUBS OF WAWANESA INVITE YOU TO JOIN THEM FOR A WINTER OF ENTERTAINMENT!!

MEN'S LEAGUE ON MONDAY AND WEDNESDAY NIGHTS
\$140 FOR ONE NIGHT, \$215 FOR BOTH, RUNS NOV-MAR
LADIES LEAGUE ON TUESDAY NIGHTS
\$140 FOR THE SEASON, RUNS NOV-MAR
SENIORS LEAGUE ON THURSDAY AFTERNOONS
\$90 FOR THE SEASON, RUNS NOV-MAR
MIXED LEAGUE ON FRIDAY NIGHTS
\$25 PER PERSON, RUNS NOV-JAN
JOIN AS A TEAM OR AS AN INDIVIDUAL
CALL PERRY @ 724-4661 FOR MORE INFORMATION
CURLING: ALL ABOUT HAVING FUN ON THE SHEETS!!!

CLASSIFIED ADS!

Call 765-3000 ext. 3013

or email your free*

Classified Ads to

stag@mts.net

*Non-commercial ads only. Free ads restricted to members of the CF, employees of CFB Shilo and the citizens of the surrounding area.

Homes/Property

2 New Homes on 5 Acre lots 15 minutes from Shilo

First home: 2300 Sq Ft walkin style, 3 bdrms, 2 and 1/2 baths and attached double car garage. Second home: 1368 Sq Ft Bungalow style, full basement, 3 bdrms, 2 baths and attached double car garage. Phone 824-3752; cell 724-6580

St. Claude, 4 BR, 2 story, 1570 s/f, 140' x 173' double lot, sunny kitchen with french doors to 4 season sunroom, patio doors to deck in large backyard, double attached garage, 18' x 18' shed with cement floor, \$92,000 negotiable, priv. sale, 237-6109

2 bedrooms, new laminate floors, new bathroom, big kitchen and living room, Central air, new shingles, double car garage, lot has a barn with other sheds. Lots of good water. 10.88 acres on #1, 17 miles east of Brandon. If interested, please call 763-8840.

Homes/Property

5.15 acres with trees & rolling hills, newly renovated 4 bdrm, 3 bath bungalow. Double garage. Low taxes. 30'x40' shop (in floor heat, wired 220). Horse Haven: Corrals, lean, heated dual watering bowl & fenced pasture, unlimited water supply. 1/2 hr. east of Brandon on 351 Hwy. 20 mins to Shilo. MLS#2707628, call 725-8841

For Rent: 2 bedroom house (upper level) in Wawanesa. \$500 per month plus utilities. Call 824-2248 or 729-7608

For Sale

1989 Jeep Cherokee Larado, 4x4, 4inch lift, 4.0L, cd, air, needs some work. \$1000 obo

1961 Renault caravell (2 of them) project cars, one is stripped and partially sanded. soft and hard top optional. 400 Call after 5pm 824-2394 ask for Preston

For Sale: King size Sears-O-Pedic, Tranquility firm support mattresses and box spring. \$400. Call 763-4990.

For Sale

18 foot 2005 Glastron Boat. 190 Horsepower in-board Volvo Penta-Drive, with Easy Haul Trailer and water toys. Fewer than 20 hours on the vesicle. Like new. Asking \$20,000 OBO. Call Mike at 761-5175 in Brandon.

2002 Kawasaki KLR 650, OD Green & Black, excellent commuter & trail bike; 50 mpg; strong 4-stroke motor with good top end speed for hwy cruising, very reliable, incl. 2 helmets, 2 manuals, spares, etc. \$4500 as is or, \$4900 safetied (won't safety with current knobby tires). Tom @ 573-7887 or 537-2412.

Ladies' 14kt white gold, 4 prong solitaire engagement ring. 1 Rd brilliant cut diamond - 0.79 ct, clarity L-1, colour F-G, good cut. Replacement value \$6800, orig. paid \$3899, only 1 yr. old. Exc. cond. To view, call 526-0566.

For Sale

For Sale: 2005 Chev Aveo, 1 yr warranty left, 4 dr hatchback, A/C, sunroof, elec. windows, MP3/CD player, exc. on gas. \$11,500. Call 765-4613

2000 Jeep TJ Hard Top and 2 full size doors - green. Jeep recently written off, hard top and doors not on at time of accident. Call 765-2619 for price/info.

Child care

Home daycare has spots open, flexible hours, healthy snacks and lunch provided. Call Mel at 765-4962

Looking for care for my 3 1/2 yr old daughter. Either in Shilo or Brandon. Please call 573-0148.

Tutoring

Teacher available to tutor students in: Writing skills, Math, Homework/Assignments, Basic French. Please contact Chantal at 765-2959

Services

Canadian Firearms Safety Course Instructor/Examiner, Restricted & Non-restricted. Manitoba Hunter Safety Course Instructor. Greg Steele, 725-1608 or ggs57@wegwave.ca Next course dates - Hunter Safety Nov. 4, Brandon. CFSE, Nov. 25, Brandon. CFSC challenges by appointment. Unwated guns? Amnesty questions? I buy guns working or not - Licensed dealer.

Dick & Jane went to a Passion Party. Their order came in. Now they don't answer their phone anymore. Curious?? 204-573-3573 www.daphnewilson.com

Furniture

Posted In/Out of just looking for great deals?

We Buy and Sell good used Furniture/Appliances/Beds!

Visit

**People's Market Place
32-13th Street, Brandon
or call 727-4708**

Services

Arbonne International is proud to be part of the Shilo community. ALL natural, no animal testing, vegan approved skin care products for babies to adults. SAMPLES available. Please call Audrey Brazeau at 765-5180 for more information

Looking for a way to enjoy a little girl time? Plan a Mary Kay party! Enjoy free makeovers. Rhonda Olson, Independent Beauty Consultant 727-4516 or 730-0542 or email at rolson@westman.wave.ca

St. Barbara's Protestant Chapel

Sunday's @ 1030 with Sunday School & Nursery Padre Donnelly - ext 3090 Padre Bos - ext 3088

Our Lady of Shilo Roman Catholic Chapel

Sunday's 1030 hrs Weekday mass will be announced every Sunday Padre Persaud - ext 6836 Padre McLeod - ext 3089

Show returns for Christmas

Submitted by
Westman Jams

Westman Jams' third annual Christmas show was held on Sunday, December 6, 2006 in the General Strange Auditorium at CFB Shilo. Approximately two hundred people enjoyed an afternoon of entertainment along with a silent auction and door prizes. The show was dedicated to Canadian Forces personnel serving in the Middle East and those who have given their lives in that service. During the show, Padre Crawford, Base Chaplain, addressed those present and conducted a minute of silence. The performers then went on to treat the audience to three hours of Christmas carols, skits and country music selections with the able assistance of their backup band, "Helen and the Heartbreakers."

Westman Jams is a group of approximately 150 musicians and supporters throughout the Westman area, twenty or thirty of whom gather twice a month to enjoy jam-

ming together. The organization has a loyal following of fans who attend on the second Sunday of each month at the Army, Navy & Air Force Hall in Brandon, and on the last Sunday of each month at the Sprucewoods Community Hall next to CFB Shilo, where everyone is welcome, free of charge to enjoy the music.

Over the past three years, approximately \$5,000 raised at Westman Jams special events has been donated to Westman Dreams For Kids along with an additional \$1,000 to Brandon Helping Hands. The \$2,000 raised at the 2006 Christmas show will be used to sending a number of aspiring, underprivileged musicians from the Westman school system to the annual Music Camp held at the International Peace Gardens where they will receive a week of professional musical instruction.

This year's Christmas show will be held at the General Strange Auditorium at CFB Shilo on December 2 at 2pm.



We're moving!

Over the next few weeks, The Shilo Stag will be undergoing a renovation to serve the community better. The Stag office will be moving into the Thrift Shop space

Same building, new look!

What on earth am I here for?



Rev Dwayne Bos
Base Chaplain

I can't count the number of times I have asked myself that question, as I try to figure out what I'm really supposed to do with my life, and what why I am here. Sometimes the question is more time specific such as: Why have I been posted to Shilo? What am I to do in my new job on the Base? But major life questions can come up from time to time, especially in transitions in life. When I was struggling with my calling to be a pastor during seminary, I wrestled regularly with the whole "meaning of this stuff". Why do I have to learn this? Why is this relevant? Will this really make me a good person? Do I even care?

The struggle would sometimes beat me down,

leaving me partly depressed and angry at life. My friend, Andy, and I often went to the local university Pub to discuss these faith issues as we tried out all the different flavours of beer. I don't think we solved any problems and my credit card bill demonstrated that there were new problems when one goes to the bar a little too much in a month. Andy left the seminary after the first year, I stayed in. I couldn't drop away from something I knew I felt called to, but really didn't know how this whole "faith" thing would pan out.

For me, it wasn't until I really began my work as an Anglican Priest in a small 3 point parish in Bruce County, Ontario, that I finally figured out what in the world I was supposed to be doing - at least for then. I still wondered why the Bishop sent me out to a parish, where I had far more energy and sense of evangelism than they had, and wondered what I was supposed to ac-

complished. It wasn't until I started working with youth, that Jesus, God and Church started making a whole lot more sense.

I know we all have similar experiences of struggling through the situations we have been put into. I know, for myself, it never really ends, it just get better and better. More questions always come up, but I have found that is the fun part of life and the challenge. As soldiers and military families, we often find ourselves in situations that are abnormal, where the questions become too large to figure out in one session of thought and contemplation. Death, PTSD, injury, postings, deployments and time away from home are unique stressors, but it is how we process those stressors which will determine our long-term spiritual stability.

Have you ever asked the question: "What On Earth Am I Here For?" Rick Warren, produced a 40 day spiritual improvement

book called, "The Purpose Driven Life". For life to be meaningful, we need to discover our purpose, long term and short term. Starting in November, a Faith Discussion Group will be facilitated at St. Barbara's Chapel after Sunday service (around 1145 hrs) to look at these topics from a Christian perspective and our relationship to God. Your life is not without purpose and meaning. I have discovered, even when things seem depressing or confusing, that my life has purpose (not because of my rank, uniform or title of Reverend) because I hold God close to my heart.

Faith development can lead you through many difficult times. Please contact me at ext. 3088 if you would like to join our discussion group, all people are welcome regardless of their level of experience and faith tradition. This is not a bible study; you need not have experience with God or Church, just experience with life.



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We welcome your suggestions!

The Shilo Stag is produced every second Thursday. Deadline for submissions is the Thursday prior to the week of publication.

Submissions can be sent to the Stag via email at stag@mts.net, dropped off at the Stag office located in the Shilo Community Centre or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned - 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

It happened in your community...



Photo by Health Promotions
 Grace Flynn drops some change into the Alzheimer's fundraising box as Forbidden Flavours owner Leita Piche looks on. The annual Alzheimer's Coffee Break Day, organized by Health Promotions, raised over \$400 for the cause, which more than tripled previous efforts. The team at HP wishes to thank the several businesses, canteens and coffee rooms who put out coin boxes and several of whom donated a portion of their coffee sales that day. Forbidden Flavours, Dock's, Duke's, Rick's Restaurant, Aramark, Base Dental Clinic and Base Maintenance. Rick's Restaurant also donated a portion of their pizza sales proceeds from September 1st through 20th. Thank you all for your support!

(Right) Children bravely touch and hold live snakes at the Community Block Party which took place October 5th. Participants were treated to inflatable bouncer toys, a free BBQ supper cooked up by the Shilo Men's Club, cotton candy, popcorn and a movie. On hand were displays from the Westman Reptile Gardens and the Flewin Flyers Club. Thanks to all who came out!



Photo by Becky Block/Shilo Stag
 Dr. Barclay, Brandon Animal Clinic, prepares to vaccinate Sandy, age 7, as owner Nancy Miller assists. The Pet Vaccination clinic was held on October 13th at the Community Centre. This service is offered twice annually to the CFB Shilo community with the next one scheduled for April.



Photo by Kristen Lucyshyn/Community Rec

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Happy Halloween!

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Pumpkin Carving Contest



Enter your Jack o' Lantern 24 - 31 October in store and get a chance to win a CANEX gift card.

1st Prize: \$50

2nd Prize: \$35

3rd Prize: \$25



Judging will take place in store 31 October at noon.

You can pick up your pumpkin in the afternoon to bring it home.