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Volume 49 Issue 21

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October 30, 2008



Dream Team 2008

Photo by Quinn Roberts

BComd LCol Schneiderbanger and Len Isleifson, 2008 United Way Campaign Chair raise the United Way flag at the Community Centre while WO Crowder looks on. Full story on page 2.



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United Way kicks off Shilo campaign

Karen Griffin
Shilo Stag

Donning bright red hockey jerseys over a sunny and cool lunch hour on October 23, members of the United Way for Brandon and District came to help kick off the campaign at Shilo.

The campaign for 2008, *The Dream Team*, is helping to make the dreams of community members and the United Way come true. That dream is to close the gap between members of our community with few resources

Gathered in front of the

community centre for the official raising of the United Way flag were community members, LCol. John Schneiderbanger and Debbie Arsenault, CEO of the United Way for Brandon and district.

"We're extremely proud to help the United Way. Our dream should be to make society a better place and our community a better place. It takes the effort of people like the United Way to continue to understand the needs out there," Schneiderbanger said.

As part of the kick off, the Shilo Men's Club host-

ed a fundraising barbecue with all proceeds going to the United Way campaign.

Hungry participants added a toonie to the cause and enjoyed hamburgers, hot-dogs and a pop.

The United Way in Brandon and District supports more than 32 programs and service including some at Shilo. This community, says Arsenault, is one she appreciates working with every year.

"It doesn't matter where you go, people are very generous with their time and with their money," she says.

Already under way for some time, annual initiatives like the pennies by the pound campaign have become a mainstay in a variety of offices.

Warrant Officer Lyndon Crowder spent October 24, gathering pennies from departments—around the base and turning them in to be counted. Other ways to raise funds will include a boot blitz on November 4 and a payroll deduction campaign.

The impact of the United Way is felt in our own back yard, with the Military Family Resource Centre



Photo by Karen Griffin

WO Crowder, Shilo's United Way Campaign Co-Chair, accepts a pound of pennies from MCpl Mulvihill of Base Maintenance.

(MFRC) and the teen centre being just two of a variety of recipients.

In a note on Campaign 2008 on the United Way website, Len Isleifson, 2008 Campaign Chair, says "To watch a community grow because of my support is a great feeling, but to volunteer with an organiza-

tion that does so much for so many, is an unbelievable journey.

It gives me great pleasure and satisfaction knowing that both my volunteer hours and my financial contributions to this community, stay in the community and help those who need it most."





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Did You Know?

Each United Way is unique, and the dollars it raises stay in the community to support the community.

For more information visit the website www.brandonuw.ca




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SISIP manager wins award

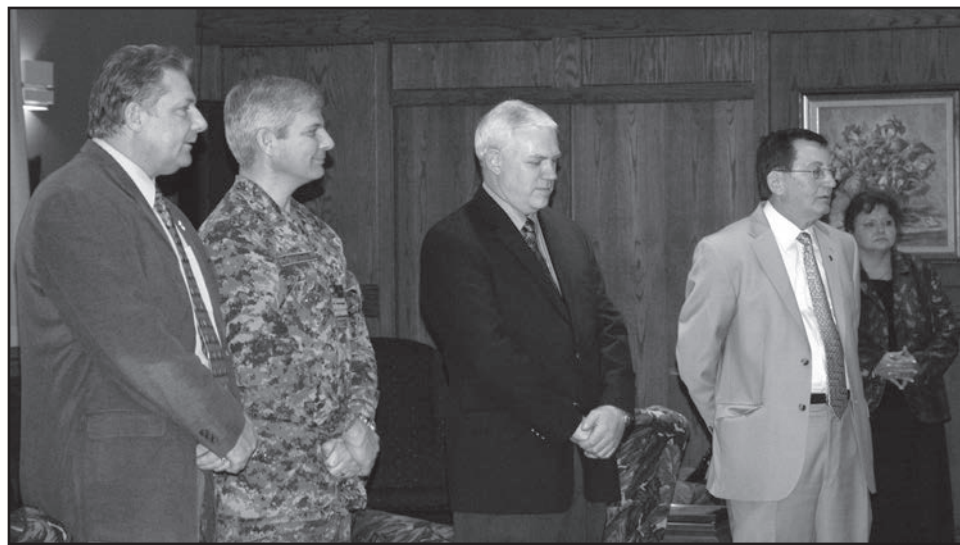
Karen Griffin
Shilo Stag

On October 22, BGen. Martin (ret'd) visited Shilo to honour John Clarey, SISIP Branch Manager with the CEO's award of excellence.

According to a memo distributed by Mike McEwan, PSP Manager, Clarey was nominated for the award by a Canadian Forces member.

"Mr. Clarey has done a great deal of noteworthy work on behalf of our soldiers and their families. In fact [he] was nominated for this award by a soldier that he provided assistance to who was obviously very impressed by his efforts."

While examples cannot



Left to right, PSP Manager, Mike McEwan, BComd J.J.S. Schneiderbanger and BGen Martin (ret'd) look on as John Clarey, award recipient, thanks attendees

be provided because of confidentiality concerns, there are many examples of Clarey's unfailing dedication to members.

Working at both 17-Wing

Winnipeg and Shilo, one co-worker says Clarey always goes the extra mile for his clients, often literally.

"It was nothing for him to not finish work until five or

six o'clock in the evening and drive back to Winnipeg at seven or eight o'clock at night only to get up for work at 8 o'clock the next morning."

Clarey has helped countless military families with financial advice, information and support.

Martin recognized Clarey for making it easy to keep the bar high for the Canadian Forces Personnel Support Agency (CFPSA).

"5600 employees work for Non-Public Funds (NPF) in Canada and in Europe. John made it easy to keep the bar high in our mission to support the Canadian Forces members and their families. What we do enhances operational readiness and [Clarey] does an outstanding job representing all of us in that."

"I am deeply humbled by this award," said Clarey standing, arms folded at the front of the room at the Officer's Mess.

"I came from St. John's three years ago and the dynamics of Shilo, the operational tempo, is so different from anything I've ever experienced," he said.

Representatives from all of Shilo's NPF outlets came out to honour Clarey who was chosen from dozens of nominations throughout the organization to represent customer service and support.

"John has done some really exceptional work for lots of folks and he really cares about the individual," said Sharon Fleming, Vice President of Human Resources for NPF.

"There's a circle of people here who know what kind of commitment John has to this community and that makes a huge difference to our operational readiness."



Photos by Quinn Roberts

Sisip Branch Manager, John Clarey, right, receives the CEO's Award of Excellence from BGen Martin (ret'd). He was nominated by a grateful Canadian Forces member.

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Make an unusual Remembrance visit this year

Marc George
RCA Museum

November will see The RCA Museum take part in two joint exhibitions that will feature our artifacts in some non-traditional spaces. These exhibits will make the Museum collection more accessible to the public during this time of year when our thoughts traditionally turn to remembrance.

From 30 October to 29 November, the Museum will be participating in "Aircraft, Arms & Art" with the Art Gallery of Southwestern Manitoba (AGSM) and the Commonwealth Air Training Plan Museum (CATPM). Five Canadian

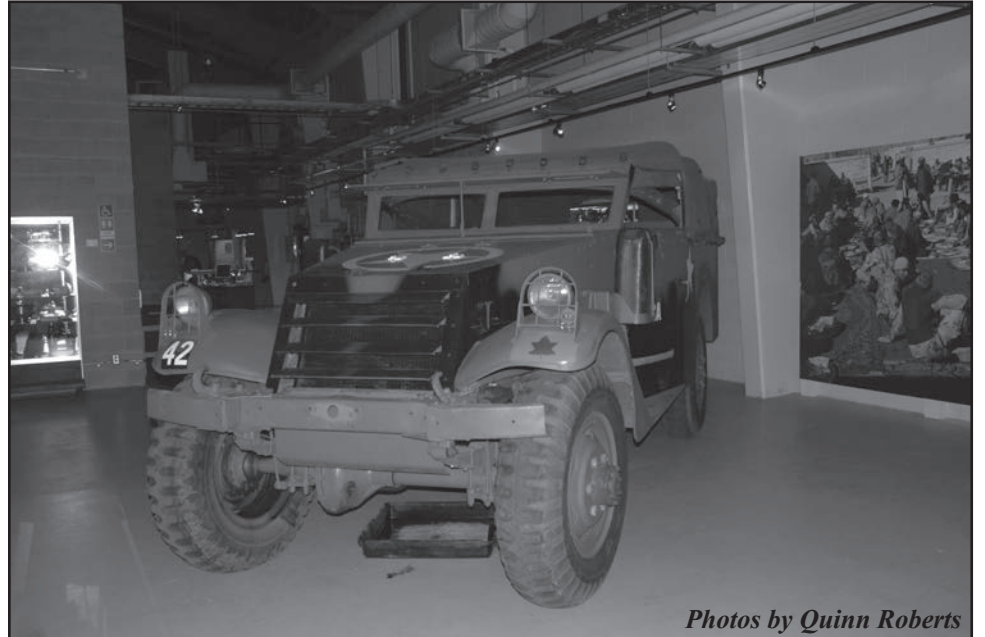
artists will be displaying their work in all three locations and military artifacts from our collection will be in the Art Gallery. AGSM Executive Director Jennifer Woodbury says, "These five very different artists reveal the basic truth that we all share in the pain, joy, loss and victory that is war." Visitors should start at the Art Gallery where they will pick up a "passport" which will give them free admission to all three venues.

We have also teamed up with the CATPM and Brandon car dealers for a Remembrance Week special display called "Wheels of Victory". From November 4-12, local dealerships will be displaying vintage World

War 2 military vehicles in their showrooms.

Forman Honda, 2080 Currie Boulevard, Fowler Pontiac Buick GMC Ltd, 3900 Victoria Avenue, Kelleher Ford Sales, 1445 18th Street North, and Murray Chevrolet Cadillac, 1500 Richmond Avenue have partnered with us to display some of the Canadian-made vehicles that helped to win the Second World War. Visitors are welcome to come and see the vehicles any time during normal working hours, but should note that all of the dealerships are closed on 11 November in honour of our fallen.

The RCA Museum will be open free of charge 1-5



Photos by Quinn Roberts

This 1942 White Scout car will be in the window at Forman Honda from November 4-12.



The 1941 Chevrolet/GMC Field Artillery Tractor (FAT) will be on display at Fowler Pontiac.

pm on 11 November. Come out and enjoy a free coffee courtesy of the Corral Centre Starbucks. In addition, all visitors will be entered into a draw for the book "Digging Up The Trenches". The book is a behind the scenes look at past seasons of the documentary series "Finding The Fallen". The new third season will air on History TV from 8 to 10 pm every night from 11 to 14 November. The RCA Museum will feature in the episodes on 11 and 13 November.

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Life imitates art

James Forsythe
Pet Projects Theatre

On November 10th and 11th a window on the mission in Afghanistan will open in Westman. Men and women of the Canadian Armed Forces and their families are going to let their neighbours in Brandon and Shilo know what 'supporting the troops' means from the inside.

"Soldier Up!" is a play based on hours of interviews done by, and stacks of written material given to,

Karen and James Forsythe of Brandon's Pet Projects Theatre. Over the last year, soldiers, their spouses and parents have answered the question, "What does serving in Afghanistan mean to you?" That raw material has been edited into a series of monologues, scenes and original songs that honestly and explicitly reveal the impact of the mission on those who have served. All the words are theirs.

This is a unique opportunity to get beyond the sound

bites. This is a chance for the military community to share with the outside community. As one soldier said in an interview, "The best way to appreciate what a Canadian soldier does is to show them what a Canadian soldier does." That is exactly what Pet Projects set out to do.

Soldiers have been known to tell a joke or two,

and the humour from both inside and outside the wire is featured prominently in the two hour presentation. And four original songs have been composed based on soldiers' poetry.

The cast features performers well known to Brandon audiences - Carolyn Gwyer, Karen Forsythe, Jared Weir, and Altair Vincent. Rounding out

the cast is Toronto actor/singer Tim Machin.

It is Pet Projects' mandate to give back to the community. All profits from "Soldier Up!" will be donated to the Wounded Warriors Fund.

Pet Projects' production of "Soldier Up!" will be presented at the Evans Theatre on the Brandon University Campus on

Monday November 10th at 8:00 pm and Remembrance Day, Tuesday November 11th at 3:00 and 8:00 pm. Tickets are 15 dollars and are available in Brandon at the Art Gallery of Southwestern Manitoba and CANEX in Shilo or at the door.

For more information please call 725-5219.

Welcome Home Our Troops

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AND JARED WEIR DIRECTED BY JAMES FORSYTHE
EVANS THEATRE NOVEMBER 10 AT 8:00 PM AND
NOVEMBER 11 AT 3:00 AND 8:00 PM
Tickets at The Art Gallery of SW Manitoba, CANEX and at the door. \$15.00
Proceeds to the Wounded Warriors Fund
For information please call 725-5219

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Under the direction of the SuperMart Supervisor, the Clerk/Cashier scans customer purchases, tabulates bill using cash register and states amount of bill to customer and accepts payment. He/She gives change and issues receipts and places merchandise in bags or boxes. Stocks shelves, counters and display area.

Salary: \$9.00-\$10.55/hr

Shipper/Receiver (part-time)

Under the direction of the CANEX Manager, the Shipper/Receiver, is responsible for shipping and receiving all merchandise. He/She ensures the security of merchandise in the receiving area. He/She is responsible for the delivery and pick-up of merchandise, mail, and flyers by use of a motor vehicle. Heavy lifting, carrying, and pulling or pushing (i.e. 50 lbs/23kg or more) is required. Requires a valid Manitoba Driver's License and Forklift Operator License.

Salary: \$9.00-\$10.55/hr

For more information or to apply please visit our website, www.cfpsa.com or, send your confidential resume by November 02, 2008 to: CFPFSS Human Resources, P.O. Box 5000, Stn. Forces, Bldg. L-102, Shilo, MB R0K 2A0, Fax (204) 765-3815

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cfcommunitygateway.ca/en/Shilo/

Out with the old

Chuck Roeder
Range Control

On October 16 and 17, the bunker at King Observation Post was demolished by a 1 Construction Engineer Regiment (ICER) section from Edmonton during exercise Vulcan Forge.

The bunker was built in 1934 for a cost of \$700. It's primary function was to provide protection to forward observers while firing high explosive ammunition in close proximity of the bunker.

It was demolished as it served no practical purpose for the Shilo Range and Training area and would make room for the expansion of the LAV III Static Firing Platform as part of the overall Range & Training Area Developmental Plan (RTADP).

Additionally, ICER, as-



Photos submitted by Chuck Roeder

sisted by the Shilo Special Purpose Vehicle section (SPV) commenced the start up works for the Forward Operating Base (FOB).

Their task was to build an

Elevated Op and Gate entrance for the FOB.

The FOB is an ongoing project and designed to simulate, not replicate, conditions found in

our Current Operating Environment (COE) of Afghanistan and allows flexibility in terms of sustainability and adaptability for future shifts in Operating Environments.



Above, Members of ICER set explosive charges to prepare the bunker for demolition.

Left, crane operators and construction workers assist by deploying blast mats. The mats are used to contain blast debris during demolition.

Below Left, the remnants of the demolished bunker are surveyed.



Congratulations



G1/MPSS Branch are proud to announce the promotion of AB Hunt effective 23 October 2008. Bcomd LCol Schneiderbanger presents OS Hunt her first chevron. Congratulations from the entire HQ Bldg.

November 11th is a day of Remembrance

Remembrance Day is a day to take time out from work and reflect on the sacrifices made for all of us by Manitobans and Canadians in uniform.

On this day we honour our men and women engaged in efforts to keep peace, defend human rights and promote democracy in wars and international conflicts.

Manitobans are encouraged to pause, remember and acknowledge the sacrifices made for freedom.

We must never forget.

Most non-essential businesses are required to be closed on Remembrance Day. Retail operations in Manitoba are prohibited from opening between the hours of 9:00 a.m. and 1 p.m.

For more information about retail hours and employment legislation, call the Employment Standards Branch:

Phone 945-3352 Toll free 1-800-821-4307

Information is also available at: manitoba.ca/labour/standards



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COME SEE US AT THE CANEX MALL

Read a paper with you in mind

Alcohol as stress management: *finding the balance*



Jo-Anne Douglas
Health Promotion

So, you've just got home from a long, stressful day at work and you want to relax. You go to the fridge, take out a nice cold beer and go sit on your patio. You start to relax after your first sip, and by the time the beer's done, you've forgotten all about what happened at work.

Many people use alcohol to relax, but does it actually work? Does alcohol really have some magical soothing property, or do we just imagine the connection? And, if alcohol does relax us, is this an appropriate stress management technique?

The answer to these questions is in no way straightforward. Alcohol is a central nervous system depressant, which basically means that it "slows down" our brain. So, in this sense, alcohol does relax us. However, this effect is only temporary – it wears off once our body has processed the alcohol in our blood (for one standard drink, this can be as little as an hour). Afterwards, we are just as stressed as before. Additionally, even one or two drinks can increase the amount of time required to fall asleep and can reduce the amount of time spent



courtesy of clickart.com

There are many other, more effective ways of dealing with stress, including exercise, getting more rest, and meditation.

in deep sleep. This means that our body gets less rest, which can result in more stress and being less able to deal with that stress.

More importantly, however, is that alcohol serves to "cover up" problems. Thus, if we are stressed due to some chronic problem (e.g., depression, marital difficulties, etc.), alcohol will not reduce our stress

over the long term. Once the alcohol has worn off, the problems are still there – we haven't dealt with anything. Furthermore, the more serious the problem, the more alcohol is needed to (temporarily) reduce the stress – this is a slippery slope that can lead to problem drinking.

Having said this, drinking a glass of wine or a

Tips for safe drinking

pint of beer with dinner to help us "unwind" from the workday is NOT the same thing. As long as we are staying within the low-risk drinking guidelines (i.e., no more than two standard drinks a day; maximum of nine standard drinks per week for women and 14 standard drinks per week for men), using alcohol in this manner is not problematic. However, if alcohol is being used chronically or excessively, or if alcohol is being used as an alternative to dealing with problems in a constructive way (e.g., talking to a professional or otherwise seeking help), this is a problem.

Overall, alcohol is not a very good method of stress management. There are many other, more effective ways of dealing with stress, including exercise, getting more rest, and meditation.

For more information on adaptive and effective stress management, consider taking a stress management course, such as the Strengthening the Forces' Stress Take Charge course.

For more information on Addictions Awareness Week and the Health Promotion programs, please contact the Health Promotion office or visit our website at http://www.forces.gc.ca/health/services/en-graph/health_promotion_home_e.

REMEMBER - STOP AND THINK BEFORE YOU DRINK!

If you choose to drink here are a few tips to reduce the risk and help keep yourself safe:

Always, ALWAYS assign a designated driver. If you can't find someone in your group willing to drive arrange to take a cab or another form of transportation (e.g., bus etc) to get home.

Space out your drinks. Try to limit yourself to one alcoholic beverage per hour so that you give your body a chance to metabolize the alcohol already in your system before you add more. This will help keep you from getting too drunk too fast, which is very dangerous. Also remember that alcohol will dehydrate, so alternate with water or another non alcoholic beverage. Better yet, set a limit before you start to reduce the risk of overdrinking

Try eating something before you start drinking. Food will slow the absorption of alcohol into the blood stream. On an empty stomach, alcohol is absorbed very rapidly, which can contribute to alcohol poisoning.

Avoid doing shots. These contain higher concentrations of alcohol than beer, wine, coolers or cocktails. Also, because they are so small (1 oz.), you will be tempted to drink more of them. This can lead to the ingestion of a lot of alcohol over a very short period of time, which can lead to significant drunkenness, passing out, or alcohol poisoning.

Avoid playing sports. Drinking impairs your judgment and reflexes. You will be more likely to injure yourself or others.

Alcohol combined with prescription, over the coun-

ter medications and other illegal drugs can sometimes be a very dangerous mix. Don't take certain prescription drugs with alcohol, especially antidepressants, sleeping aids, anxiolytics (anxiety-reducing medications like Zoloft), and any narcotics (e.g., Tylenol 3, morphine).

Do not mix alcohol with caffeine. Because it is a central nervous system (CNS) stimulant, caffeine will make you feel more awake and alert, thus tricking you into thinking you are more sober than you actually are. This increases the likelihood that you will drink and drive, mistakenly thinking that you are sober enough to do so. Also, ingesting alcohol (a CNS depressant) and caffeine at the same time is mixing "uppers" and "downers". Many people think that in doing this, the drugs "cancel each other out". This is not true – the effects are actually additive. So, since both can produce heart-beat irregularities, and can cause dehydration, mixing them enhances these effects. Most dangerously, perhaps, is that, since you feel more sober, you are likely to drink more, even though you may already be drunk – alcohol poisoning becomes a real possibility. For more on how to keep safe while drinking, www.drinkingfacts.ca/english/downloads/facts_safety.pdf contains an impressive list of tips to help you out..

Brandon Salutes StarFM and CKLQ

George Haggerty
Brandon Salutes

Star FM/CKLQ Radio is the sixth recipient of a Brandon Salutes "Salute" recognizing the significant contributions and volunteer efforts made toward building a strong and healthy community and strengthening the ties between the military and civilian communities.


The entire management and staff of Star FM and CKLQ have been continuously supportive of all as-

pects of promoting unity between the military and civilian communities here in Brandon. They have been leaders in actively supporting the many projects that show care and concern for our soldiers and their families. They are terrific corporate citizens who work hard to foster the unity between Brandon and our Shilo friends.

Brandon Salutes Chairperson, George Haggerty will present Tyler Glen on behalf of Star FM and CKLQ with a certificate of

"Salute" as formal recognition of the significant contributions toward achieving Brandon Salute's mission: "to foster unity of the military and civilian communities in the Brandon area" on Thursday, October 23 at 11:00 a.m. at Shoppers Mall Brandon.

The salute is as old as history itself and is at once a greeting and a mark of respect. It is also a mark of trust and confidence and an act of courtesy, good manners and loyalty.



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Debt our dirty little secret

NewsCanada

Many of us buy now and pay later, thanks to introductory low interest rates, easy loans and rising credit card spending limits.

Statistics Canada says our savings are at an all-time low, while our debt loads are almost 124 per cent of disposable income. Even though "debt" can be a weighty four-letter word, many of us carry more than we'd like to admit—especially to our financial advisor.

In 2007 Manulife Bank surveyed 1003 Canadians and found almost half simply collect financial products when they're needed, without any real plan. Debt tools and products such as loans, lines of credit and credit cards can come with different fees and interest rates, so sometimes it's hard to see exactly how much debt we've gained and how much is spent on service fees and interest charges until it's too late.

A first step to clean up your finances is to talk to

a financial advisor. Once they see your whole financial picture—including your mortgage and credit card balances—an advisor can help you create a personalized plan. Your plan might include an all-in-one account which consolidates your debts at one low rate and then uses your savings and income to reduce your overall debt when deposited. With their help, you could simplify your finances, reduce your monthly expenses and be debt-free sooner than with your cur-



Photo courtesy of newscanada

rent collection of financial products. For more information on managing your

finances, visit SISIP in the Canex Mall, or call them at 765-7110. They are also

available online at www.cfpsa.com

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Fall Sale

Sale dates: October 23rd to November 8th

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Canadian heritage returns home

**2Lt Wright Eruebi
Public Affairs Officer
1 CMBG HQ**

Col (retired) J.E.N Roderick, the Colonel of the Regiment of the Lord Strathcona's Horse (Royal Canadians) said it was like, "Discovering your roots and having a prized piece of Canadian heritage come home."

He was referring to the extensive collection of Sir Samuel Steele memorabilia which a United Kingdom museum returned to Canada and will be held by the University of Alberta Libraries museum.

"It was like finding the diaries of your great, great, great grandfather and learning about roots and family you didn't know you had before," said Col Roderick during a well-attended Wel-

come Home Ceremony at the Fairmont MacDonald Hotel in Edmonton.

"As you probably know, he was an icon of the Lord Strathcona's Horse (Royal Canadian) Regiment, a fact I am deeply proud of, but Sam Steele is more than that now. He's a national heritage," he said.

Col Roderick helped organize the repatriation. In early 2007, the University of Alberta, which masterminded the return from the UK of this important national treasure, invited Col Roderick in his capacity as Hon Colonel to travel to the UK and oversee the final arrangements of the return.

"It is certainly the most important role I have played yet for the LdSH (RC) during my tenure to date", said Col Roderick.



Photos courtesy of University of Alberta Communications Department

Four members from Countess Mountbatten's Own Legion of Frontiersmen attended the event on Oct. 21 in the Hotel MacDonald. The association was formed in 1904 and currently provides mounted re-enactment and historical study.

In 1900, Sam Steele was responsible for the raising and training of the group of mounted riflemen named Lord Strathcona's Horse. Later that year, Steele left Canada to go to South Africa, where he was instrumental in the creation of the South African Constabulary.

*Welcome Home
Troops*

RM of Cornwallis Council



Front Row L to R Valerie Thoman, Reg Atkinson (Reeve). Bob Brown, Heather Dalglish
Back Row L to R Sam Hofer, Emil Egert, Michael Cranford

We're proud of you!



Col (retired) John Roderick (right), Colonel of the Regiment of the LdSH (RC) and his Aide-de-Camp Lt Stephen Mackillop (left) are interviewed during the event.

WELCOME HOME

**CAN-NECTION
TRAILERS
AND OUTDOOR SUPPLY**

**Cargo/Equipment/ATV Trailers
& Army Surplus**

Can-nect to quality!

Doug & Monica 725-0771

Operation ARAY

Capt. Krzysztof Stachura
3 RCR Battle Group

It's the morning of the 5th of October: first light. Aside from the unusually high number of vehicles gathered at one of the Forward Operating Bases, the day is eerily familiar to every other day. The difference is that today is D-day for Operation ARAY.

Just four days earlier, the details of the six-day operation were being discussed around a terrain model in the Battle Group compound at Kandahar Airfield. In the tent, members of the 3rd Battalion, The Royal Canadian Regiment Battle Group (3 RCR BG) gathered with British counterparts to discuss the final details. "The purpose of Op ARAY is to disrupt and dislocate insurgent operations in Eastern Panjwayi and prevent insurgent influence into Kandahar City," says Lt.-Col. Roger Barrett, Commanding Officer of the BG. "We want to better define the area so we can understand it from the enemy point of view and also from the local populations point of view." Operation ARAY is the first major Battle Group operation since the 3 RCR BG took control of

the Area of Operations from the 2nd Battalion, Princess Patricia's Canadian Light Infantry Battle Group. Still the 'new kids on the block', the Battle Group ventures into an area where Afghan National Security Forces and ISAF do not maintain a permanent presence and where the task of security largely falls onto the shoulders of the local villagers. As the Battle Group leaguers at the end of the first day, they face little resistance from an elusive enemy who, no doubt, has either fled or hidden. True to form, the battle-hardened Taliban fighters would rather blend into the background than face a large military force in direct combat. Each day, Afghan National Army (ANA) soldiers, supported by members of the Battle Group, venture deeper and deeper into Nakhonay and into, what Lt.-Col Barrett would later call "a suspected insurgent safe-haven and logistics node". Soldiers in Afghanistan walk a very fine line between combat and diplomacy. Engaging with the people is equally important to the success of any operation as is fighting the Taliban. It's for this reason that throughout the operation, regular shuras are

conducted to reassure the people of why the operation is taking place and gather their support. It is through rigorous dismounted patrols and contact with the local population to understand the pattern of life that information about a possible weapons cache came to light. The Battle Group and ANA exploited this information and conducted several detailed searches resulting in substantial finds. These finds yielded IED equipment, explosives, weaponry, ammunition and a very large cache of medical supplies. The munitions were blown in place and the medical supplies were carried out. "Seizing this equipment will have a direct impact on the insurgents' ability to mount future operations," said Lt.-Col Barrett. "We wanted to disrupt the enemy and learn about the area; six days later we have a much better understanding of the ground and we certainly disrupted and dislocated the Taliban." As the sun sets on October 10, both the Canadian and British Battle Group let out a collective sigh of relief and the most complicated phase, a deliberate withdrawal, is successfully executed.



credit/source: Master Corporal Karl

Major Rob McBride, Officer Commanding November Company, 3rd Battalion, The Royal Canadian Regiment Battle Group, listens attentively to a village elder at one of the shuras conducted during Operation ARAY on October 7, 2008.

The Stag is now available online



www.cfcommunitygateway.ca/en.shilo

Death in Petawawa

DNEWS

The Honourable Peter Gordon MacKay, Minister of National Defence and Minister of the Atlantic Canada Opportunities Agency, issued the following statement today on the death of a Canadian soldier: "I am deeply saddened by the loss of Gunner Arielle Keyes-

Oliver, who was killed yesterday in a training accident in Petawawa, Ontario. On behalf of the Department of National Defence and the Canadian Forces, I would like to offer our utmost sympathies to her family and friends during this very difficult time. I would also like to wish a quick recovery to the four other Canadian soldiers injured in the acci-

dent. Our thoughts are with you. Canada and the Canadian Forces have lost a bright, young and talented soldier. Her loss is a tragedy and she will be missed." Gunner Arielle Keyes-Oliver was a member of 30th Field Regiment, Royal Canadian Artillery based out of Ottawa, Ontario.

Mission accomplished

CEFCOM

HMCS Ville de Québec has completed its task of escorting ships carrying World Food Programme (WFP) food assistance in the coastal region of Somalia in response to a global request from the WFP and the International Maritime Organization, both United Nations organizations.

Beginning in August 2008, HMCS Ville de Québec provided a naval escort to 10 ships under contract to the WFP to protect them from piracy and armed robbery. Around 36,200 tonnes of food — enough to feed about 400,000 people for six months — were successfully delivered to Somalia by ships escorted by HMCS Ville de Québec.

More than 3.2 million Somalis need food assistance, of which 90 percent arrives by sea. Although pirates have launched more than 70 attacks on vessels in Somali waters so far this year, no ship carrying WFP food assistance has been attacked while under Canadian escort. Over the past 10 months, naval escorts have

also been provided by France, Denmark and the Netherlands.

"The Government of Canada was proud to respond to the request from the United Nations to provide security, while ensuring the safe arrival of critical food supplies at designated ports," said the Honourable Peter Gordon MacKay, Minister of National Defence and Minister of the Atlantic Canada Opportunities Agency. "By escorting World Food Programme supplies, the brave men and women of our Canadian Forces continue to contribute to humanitarian efforts and international peace and stability." "

For the 253 Canadian sailors, soldiers and airmen on board, our efforts in support of the World Food Programme have been an eye-opening experience," said Commander Chris Dickinson, commanding officer of Ville de Québec. "Our success is attributable to my crew, who I believe have made a difference in this area of the world through their efforts, while being themselves changed for the bet-



253 Canadian sailors, soldiers and airforce personnel assisted in escorting ships carrying World Food Program food assistance

ter by their experiences here." HMCS Ville de Québec

will return to her initial mission, Operation SEXTANT,

Canada's participation in the Standing NATO Maritime Group 1 (SNMG1) fleet in support

of the NATO Response Force (NRF). She is scheduled to return to Canada in December.



Shilo Military Family Resource Centre



Teen Centre calls for action



Photo submitted by the MFRC

Caroline and Alex getting ready for the "Haunted House". You too can be a part of the fun. Why not find out how?



Libby hangs out in the Teen Centre, helping them get ready for Halloween.



Samantha and Libby "chillaxing" at the Teen Centre

Lori Gwyer

Youth Programs Leader

Help! We are seeking fun, enthusiastic adults capable of connecting with teenagers. Have you ever been interested in working with youth? Or do you know someone who would be perfect for the job? The Teen Centre in the Shilo Military Family Resource Centre is looking for adults who have a genuine interest in kids ages 12-17. We need someone who would be able to commit a few hours a week to lend a hand.

What do we do at the Teen Centre?

We offer a variety of activities for youth to do in the Centre from pool to videogames, computers to board games. However,

our main purpose is simply to offer the youth on base a safe environment to hang out in and do their own thing without being at risk. Our staff are trained to provide appropriate supervision and maintain healthy boundaries, but we can't train someone to like teenagers. We're looking for people who can connect with kids and who find the idea of working with youth invigorating.

What else might staff be called upon to do?

Renovate!!! The Teen Centre on base has just finished renovations. Thanks to a self-help project, staff and youth finished the job with a few closing details this month after an intensive summer of painting. We warmed the room with bright colours – yellow,

green, blue, pink and purple. (Don't fear, we have a few white walls left!) You never know what we have up our sleeve, or what project staff decide to embark on next... for example, I hear there's something spooky happening for Halloween.

Where can I apply?

At the Shilo MFRC, of course! Feel free to call or drop by the MFRC with questions or to apply for the job! We require your resume, references and a cover letter, and please clearly state in your letter why you want to work with teenagers. Garry Reid, Program Coordinator, can be reached at 765-3000, ext 4557. Or else you can give me a call, Lori Gwyer, Youth Programs Leader, at 765-3000, ext 4547.

A Family Project Set to Run

Linda Beauchemin Outreach & Information Coordinator

Want to spend some quality time with your loved ones? Enjoy a meal together, play, get creative and in the end, have an album that will capture these moments?

Sign your family up for this 5-session portfolio project that will bring your family together to share and celebrate strengths.

What does your family look like. Families come in different sizes and shapes. You need not have chil-

dren to participate, as well, children can be of any age. Activity can be adjusted for many age groups.

Each session includes:
Mealtime (provided)
Event/Craft for your family to complete together
Creation of a family port-

folio to keep and share.
Wednesdays, November 5-
December 3
5:00-7:30 pm
No cost
Register by: Noon, Fri-
day, October 31
Call the MFRC at 765-
3000 ext 3352

SISIP budgets

Linda Beauchemin Outreach & Information Coordinator

SISIP will be conducted to gain hold on budgets. Come out and discover some tricks to put you in better control. This is open

to everyone. Couples are strongly encouraged to attend.

Thursday, November 19
Time: 7:00-9:00 pm
Cost: no charge
Register by: Noon,
Wednesday, November 18 -
MFRC @ 3352

www.shilomfrc.ca

Note: Deployment programs will not be cancelled.

CANADIAN FORCES NEWSPAPER READERSHIP SURVEY

Drop off by November 13

As a reader of our Base Newspaper, are you getting the information you want? We want to make sure that you do, so we're asking for your help. By filling in this questionnaire, your input will count toward making your Base Newspaper more reflective of you, our reader. It should take 10 minutes or less.

This survey is sponsored by the Director General Personnel and Family Support Services (DGP FSS) under the approval of the Chief of Personnel Support Programs and through the Chief Military Personnel.

All information will be treated confidentially and will be analyzed by the Managing Editor of the local Base Newspaper. No individual or organization will be identified in any way. To safeguard your anonymity and privacy, you should not write your name, service number or personal record identifier anywhere on this questionnaire. Also, please ensure that any written comments you offer are sufficiently general that you cannot be identified as the author. Information retained by DGP FSS is at all times administered and protected by the Government of Canada's Privacy Act. Your participation is voluntary, and we want to hear your views.

Une version française de ce sondage est disponible au www.ASPFC.com/journaux

DHRRE authorizes the administration of this survey within DND/CF in accordance with CANFORGEN 145/02 ADMHRMIL 079 UNCLASS 131028Z DEC 02. Authorization number: 676/08.

1) What Base Newspaper do you currently read?

- a) Comox Totem Times
- b) Esquimalt Lookout
- c) Edmonton Western Sentinel
- d) Cold Lake Courier
- e) Shilo Stag
- f) Winnipeg Voxair
- g) Petawawa Post
- h) Borden Citizen
- i) Trenton Contact
- j) Bagotville Phare Beacon
- k) St-Jean/Montréal Servir
- l) Valcartier Adsum
- m) Gagetown Post-Gazette
- n) Greenwood Aurora
- o) Halifax Trident

2) Where do you receive this Base Newspaper?

- a) Home
- b) Work
- c) From an acquaintance
- d) Pick up from Drop Box
- e) Read it online

3) On average, how much time do you spend reading a copy of your base newspaper?

- a) Less than 15

minutes

- b) Between 15 and 29 minutes
- c) Between 30 and 44 minutes
- d) 45 minutes and more

4) Which of the following features do you always read? Pick all that apply.

- a) I read everything.
- b) Editorial/Opinion
- c) Letters to the Editor
- d) National Defense News
- e) Operational local news
- f) Operational international news
- g) Military Police Report
- h) Financial articles
- i) Lifestyles articles
- j) Health articles
- k) Business articles
- l) Museum features
- m) People & Unit profiles
- n) Church News
- o) Mil. Fam. Res. Ctr (MFRC)
- p) Seniors' features
- q) Community Page
- r) Sports and Recreation
- s) Retail store ads
- t) Flyers/Ad inserts
- u) Cartoons
- v) Miscellaneous games (Crossword,

Sudoku etc.)

- w) Classifieds
- x) Calendar of Events
- y) Dining information
- z) Schedule Film / Movie listings
- aa) Horoscope
- bb) Kids' section
- cc) Legion News
- dd) Cadet news
- ee) Mess Events
- ff) Health chronicle
- gg) Reading choices
- hh) History chronicle
- ii) Vox populi
- jj) Other specify _____

5) How many other people do you share your copy of the paper with? _____

6) Do you regularly read a newspaper other than the Base Newspaper?

- a) Yes
- b) No

7) Do you read the Base Newspaper online Internet/Intranet?

- a) Always
- b) Sometimes
- c) No--didn't know it

was online

- d) No--not available for my paper
- e) No--I don't have internet
- f) No--prefer printed edition

8) Please assess the Base Newspaper by rating the following factors on a scale of 1 (very poor) to 5 (excellent).

- 1 Very Poor
- 2 Somewhat Poor
- 3 Neutral
- 4 good
- 5 Excellent
- a) Relevant content
- b) Entertaining/Interesting
- c) A useful source of information
- d) Accuracy of news stories
- e) timeliness of stories
- f) Follow-up on stories
- g) News coverage on DND including missions information
- h) News coverage on local military community
- i) coverage of local military community personnel
- j) General layout
- k) Writing/Grammar
- l) Variety of store ads

m) availability at drop-box
n) Delivery (if applicable)

9) Considering the current content of the Base Newspaper, would you like to see more coverage on any of the following topics? Pick all that apply.

- a) National Defense issues
- b) Base news
- c) Ship news
- d) More news from _____
- e) Deployment news
- f) People features
- g) Unit profiles
- h) Information on military occupations
- i) Entertainment info
- j) Events Calendar
- k) Education
- l) Sports
- m) Travel
- n) Crime
- o) Employment
- p) Environmental issues
- q) Housing
- r) Religion
- s) Senior issues
- t) Other (Please specify) _____

10)

What else could the Base Newspaper do to improve? _____

To insure that the newspaper meets your needs, we would like to ask a few questions concerning your shopping habits.

11) How often do you refer to the retail ads in the printed Base Newspaper before shopping for a particular item?

- a) Never
- b) Rarely
- c) Sometimes
- d) Often
- e) Always
- f) N/A

12) How often do you refer to the retail ads in the online internet/intranet Base Newspaper before shopping for a particular item?

- a) Never
- b) Rarely
- c) Sometimes
- d) Often
- e) Always
- f) N/A

CANADIAN FORCES NEWSPAPER

READERSHIP SURVEY

Drop off by November 13

13) In the past twelve months, did you purchase goods or services through the Base Newspaper's classifieds?

- a) Yes
b) No

14) Do you regularly shop outside the local area you live in?

- a) Yes
b) No

15) Do you have access to the internet?

- a) At home
b) At work
c) Other
d) No (go to question 43)

16) Do you shop online?

- a) Never
b) Often
c) Sometimes
d) Used to but not anymore

17) Do you use online banking services?

- a) Yes
b) No

18) Did you go to the CFPFSS web site (www.cfpsa.com) in the past 12 months

- a) Yes
c) No
b) Prefer not to answer

19) What products or services do you intend to purchase during the next 12 months? Mark all applicable boxes.

- a) Car or truck
b) Automotive parts or repairs
c) Real estate
d) Rental property
e) Furniture, appliances
f) House renovations
g) Gardening, landscaping
h) Dry cleaning
i) Wedding goods
j) Babysitting
k) Health food, vitamins
l) Membership to a Fitness centre
m) Life or home insurances
n) Glasses, lens
o) Finances
p) Training courses/q)
q) Legal counseling
r) Chiropractor
s) Veterinary
t) Computer
u) TV
v) Internet provider
w) Cellular phone
x) Cable TV provider
y) Sports equipment
z) Camping, fishing and hunting equipment
aa) Camera
bb) Jewelry
cc) Boat, sea doo

dd) ATV, motorcycle
ee) Caravan, RV, camping vehicle
ff) Trip

20) What other advertising would you like to consult when reading your base newspaper?

- a) Private schools and colleges
b) Hair and esthetic services
c) Physiotherapy and alternative medicine
d) Pharmacy
e) Hardware/decoration
f) Hotels/motels
g) Restaurants
h) Florists and balloon shops
i) Where to go out (shows and entertainment)
j) others _____
We'd like to ask a few questions about you, to better understand who reads the Base Newspapers. All information is anonymous and confidential.
21) What is your year of birth? _____

22) Gender

- a) Male
b) Female

23) Marital Status

- a) Single (never married)
b) Divorced or Separated

c) Married or common law

d) Widowed/Widower

24) Please select the category to which you belong:

- a) NPF employee at CFPFSS or base/wing/unit
b) CF member, regular force
c) Family member living with a regular force CF member
d) CF member, Reserve
e) Family member living with a Reserve CF member
f) Retired or former CF member
g) Family member living with a retired or former CF member
h) Parents of CF member (father or mother)
i) Civilian DND employee
j) Military member from another country
k) General public/other

25) If you are a CF member or NPF employee, are you presently deployed overseas?

- a) Yes
b) No
c) N/A

26) Do you have a family

member presently deployed overseas?

- a) Yes
b) No
c) N/A

27) What is your environment?

- a) Army
b) Navy
c) Air
d) N/A

28) What is the highest level of education you have achieved?

- a) Graduated high school
b) Trades certificate
c) Graduated college or CEGEP
d) Graduated university
e) Post-graduate degree

29) Annual gross household income

- a) Under \$20,000
b) \$20,000 to \$39,999
c) \$40,000 to \$59,999
d) \$60,000 to \$79,999
e) \$80,000 to \$99,999
f) \$100,000 and over
g) Prefer not to answer

30) Number of children under 18 in your household? _____

31) What is your primary residence?

- a) Own single-family home
b) Rent single-family home
c) Rent apartment
d) Married quarters
e) Barracks/ships
f) Own townhouse/condo
g) Rent townhouse/condo

32) What are your main leisure activities, interests and hobbies?

- Sports
 Fitness
 Arts and Culture
 Travel
 Outdoor pursuits
 Computers or Electronics
Other _____

33) Date of survey completion: _____ mm/dd/yr

Thank you for your assistance.

Pick up your FREE copy of the  at any one of the following locations:

Brandon

Safeway - Corral Centre
Safeway - Shoppers Mall
Brandon Armoury
Women's Resource Centre -
Town Centre Mall
Royal Cdn Legion #3

Sobey's

• 1645B 18th Street
• 3409 Victoria Ave
Forbidden Flavours
• 1060 18th Street
• 3300 Victoria Ave
ANAF - 31 14th St.

Carberry

East Side Service
Carberry Legion
Douglas
General Store
Minnedosa
Minnedosa Legion

Shilo

CANEX Mall
Forbidden Flavours
Shilo Community Centre
GSH
Country Club (Rick's)
All Messes

Sprucewoods

The Shilo Inn (Crang's)
340 Esso Station
Dock's Restaurant

Wawanesa

Lucky Dollar



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This paper is issued by authority of LCol John Schneiderbanger, CD, Base Commander, CFB Shilo. The views expressed herein are not necessarily those of the Department of National Defence or of the Editorial Staff. The Editorial Staff reserves the right to edit, to abridge, to reject copy or advertising to adhere to the policy, as outlined in CFAO 57-5, and for clarity and/or content.

We welcome your suggestions!

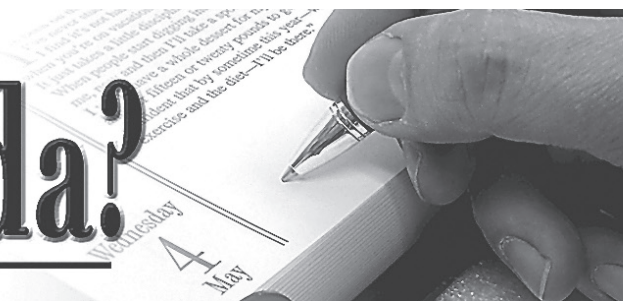
The Shilo Stag is produced every second Thursday. Deadline for submissions is the Thursday prior to the week of publication.

Submissions can be sent to the Stag via email at stag@mts.net, dropped off at the Stag office located in the Shilo Community Centre or via Inter-base mail.

Submitting articles and photos for print:

- Please submit articles as a MS Word Document.
- Include the author's full name, rank, unit and contact information.
- Include photos with your articles whenever possible, however, do not embed photos in word documents.
- Please submit photos as high resolution jpegs (if scanned - 300 dpi), digital images or in hard copy format.
- With photos, include a caption that names the individuals in the photo; what is taking place; and the name, rank, and unit of the photographer.

What's on Your Agenda?



Need temporary use of a Wheel Chair Ramp or a Medi-Chair?

If so the Shilo Men's Club can help!

The Club is pleased to offer free temporary use of a Ramp and Medi-Chair. It is offered to all members of the greater Shilo and Sprucewoods communities and surrounding area for up to 90 days at a time or until more permanent arrangements can be made. For more information contact Mike McEwan at 763-4990.

The Shilo & Region Men's Club

Serving the Community Since 1968

Do you or someone you know have an acquired brain (head) injury?

Caused by stroke, illness, accident, fall or assault Help us assess what supports you need!

What are your issues in dealing with or supporting someone with a brain injury? Those affected must be 16-64 years of age and live in the Assiniboine or Brandon RHA regions to participate.

For more info call 578-4500 or go to www.brandonrha.mb.ca

Shilo Community Library

Monday: 6-8:30
Tuesday & Thursday
9:30-12:30, 1-4, 6-8:30
Story Time - Thurs @ 1:30

Widow/Widowers Support Committee

Meet on Weds, times vary contact Lorna-729-5367 or Janice-726-0972 for more information

Friday, October 31 Safe Indoor

Trick-or-Treating
Shoppers Mall
4pm-6:30pm
728-3255 for information
Monster Mash
Keystone Centre
6:30pm-11pm
For more information call 726-3500

CFB Shilo Halloween

Display Contest
October 31
1st Prize-\$150
2nd Prize-\$100
3rd Prize-\$75
Judging at 6pm
No need to register, just decorate!
Presented by Fitness, Sports & Recreation

Deer Hunting Season

Hunters' Safety Briefing
Thursday, October 30
7 pm
GSH Theatre, Shilo
Hunters who want to hunt in the Shilo Range and Training Area must attend this briefing to be permitted access. The Shilo Range and Training Area will be open for public access during the white-tailed deer hunting season from Mon, Nov 10 to Sat, Nov 22. To ensure their safety, hunters are reminded to report to Shilo's Range Control office before entering the Range. Range Control 765-3000 ext. 3333

Welcome Home Our Troops

Manitoba Room
Keystone Centre
Saturday, November 15
1-5pm
Everyone Welcome!
for more information call 726-3500

CFB Shilo Christmas Craft Sale

Saturday, November 1
9am-2pm
Bldg L-25
Come experience over 90 different craft tables FREE Admisson!
For more info please contact the Community Recreation Office at 765-3000 ext 3317/3588

Welcome Home Our Troops

Saturday, November 1
Shoppers' Mall (Brandon)
(by SportCheck near the Food Court)
11am to 3pm
Record a message of welcome and support. It will be broadcast during the Homecoming Event Saturday November 15 in the Manitoba Room- Keystone Centre, Brandon

Maple Leaf Dance

Saturday, November 1
Legion Branch #3
8pm to 12am
Lunch served
Music by Musical Mates
Admission \$10

Wheels of Victory

The Commonwealth Air Training Plan Museum and The RCA Museum have teamed up with Brandon car dealers for a Remembrance Week special display. From 4-12 November visit the following dealerships and see a vintage WW2 military vehicle in each showroom:

Forman Honda

2080 Currie Blvd.

Kelleher Ford Sales

1445 18th St. North

Murray Chevrolet Cadillac

1500 Richmond Ave.

Join author and journalist Chris Wattie as he reads and shares stories from his new book

"Contact Charlie; The Canadian Army, The Taliban and the Battle that Saved Afghanistan"

Thursday, October 30

7 pm

Pennywise Books
1031 Rosser ave.

BINGO

Sprucewoods Community Hall Thursdays

• Share The Wealth from 6:20pm

• Early Birds at 7:00pm

• Regular Games at 7:30pm

Intermission Games - Progressive Games - And More!

CLASSIFIED ADS

**\$10 for first 20 words,
10¢ for each additional word***
**Deadline for next issue:
NOVEMBER 6, 12:00 PM**

**Non-commercial ads only. Free ads restricted to members of the CF, employees of CFB Shilo and the citizens of the surrounding area (Sprucewoods, Douglas and Wawanesa, as well as local rural areas). Free ads will run for a period of two months, but can be extended upon request.*

Email: stag@mts.net • Phone 765-3000, ext 3013 • Fax 765-3814

For Sale

Beautiful River Front Property

7.25 Acres only 10 minutes from Shilo Asking \$75,000 Call 204-724-6719

Sprucewoods House

Professionally renovated 1276 sq. ft. - 5 bdrms, 2 baths- smoke free, many upgrades including custom kitchen, top of the line laminate flooring, bathroom, exterior, central air, new attached garage and deck, large yard
Contact Dave or Jennifer Montgomery at 465-4296 or 725-9572

Green Acres House

Brandon's East end. 1565 sq. feet, 3+1 bdrm, 3 baths, 2 garages, main floor family room & laundry, Jacuzzi tub, finished basement with wet bar and large yard. Pictures available. Please call 726-4373

1997 GMC 1 Ton crew cab 4x4 with leather interior, goose-neck hitch installed, well maintained. \$6000.00 Call 728-1521 after 8pm

For Sale

Mason & Rich Upright Piano with matching bench in good condition, excellent for beginner and intermediate players, \$450; wooden glider with cushions, \$25; 2 position high chair, also converts to chair and table for toddler, \$35. Call Nathalie at 763-4139. Pictures can be emailed.

Fridge/Freezer

24 cubic side x side fridge/freezer, 3 yrs old, white. Asking \$800.00. If interested call 765-4556

25 gallon Fish Tank

Fully equipped, all ready to go plus 11 fish. Asking \$125.00. If interested call 765-4556

Computer Monitors

17in. Samsung SyncMaster 753DF CRT monitor, with 1280x1024 max. res, 0.20mm dpi and dyna-flat screen \$50. 19in. Samsung Sync Master 950P CRT monitor 1920x1440 max. res., res. 0.26 dpi \$100. All monitors are in perfect condition and come with cables. Reason for selling: I have too many monitors. Call 865-4495 or 226-8181

Homes to Move

1974 Mobile home to be moved. Asking \$12,900 Call 728-7749

1998 Moduline 16x76 Mobile Home. 3 bedrooms, 2 full baths. Skylight. Good condition. Price \$62,500.00 Phone: 763-4250

Child care

Are you looking for a babysitter or child minder? Then look no further - I am first aid and CPR trained and am available Mon, Tues, Wed, Fri and Sat evenings only. Please call 765-4556

Licensed Family Daycare
Preschool spots open now!

Age 2 and up. Meals and snacks provided. Subsidy and References available. Fun, family learning environment.

Call Crystal Miles 765-2617
Looking forward to meeting you!

Childcare available for before and after school and in-service days for either O'Kelly or the Pre-Kindergarten program at the MFRC. Snacks and lunch provided. Please call Katie - 765-4874. Prices negotiable.

Wanted

Female personal attendant required. No experience needed. Location Shilo. Permanent/Part time. Phone 765-2542

Kim's Grocery in Wawanesa is now hiring. Full and Part-time positions are available. Apply in person between 9am and 6pm. Please call Monica or Daniel at 824-2481 for further information.

Services

"Baking by Crystal" Home-made cakes, cookies, squares, etc. Made to order. Dozens of recipes to choose from. I can also do dessert trays, sandwich trays, and many different theme cakes. Call Crystal 765-2484

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Services

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Call for next course dates, challenges by appointment. 725-1608 or ggs57@wcgwave.ca

Arbonne International is proud to be part of the Shilo community. ALL natural, no animal testing, vegan approved skin care products for babies to adults. SAMPLES available. Please call Audrey Brazeau at 765-5180 for more information

Stress-free holiday shopping! Get gifts for everyone on your list or just enjoy a FREE pampering session. Call for an appointment today or shop online. Brice Dodds 765-2868, www.marykay.ca/bdodds

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Services



St. Barbara's

Protestant Chapel

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Padre Donnelly - ext 3090

Padre Bos - ext 3088

Our Lady of Shilo

Roman Catholic Chapel

Sundays 1030 hrs

Confession 1000 hrs

Weekday Mass - Tuesday to

Friday, 1205 hrs

Padre McLeod - ext 3089

Hi my name is Katie and I am a Tupperware Consultant in the Shilo area! Orders go in EVERY Friday! First person to place an order over \$100 gets a FREE Quick Shake Container!!! To get a catalogue or for more information, please call Katie at 765-4874 or email katie.wiseman@mts.net

Storytime invitation



Each Thursday at 1:30pm, the Shilo Public Library hosts story time. Everyone is invited to attend.

Shilo library picks

A Military History of Canada- Desmond Morton

Three Cups of Tea- Greg Mortenson & David Oliver Relin

The Lucky One- Nicholas Sparks

Communicaing with the Archangel Michael- Richard Webster

Dewey - The Small-Town Library Cat- Vicki Myron

Happy Birthday Christopher LaHaye



Christopher Francis LaHaye Born September 5, 2008 to Jennifer & Andre LaHaye

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